

Beachwood Buzz

June 2016

Every Resident. Every Business. Every Month.

MAGAZINE



Beachwood Chamber of Commerce

Business, Citizen and Civic Organization of the Year

Beachwood Buzz

Beachwood Chamber of Commerce

2016 Business of the Year

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I was honored when Beachwood Buzz was selected as one of the top-three businesses, and truly surprised, humbled and even more honored to have been named the Beachwood Chamber of Commerce 2016 Business of the Year.

On Thursday, May 5, the Beachwood Chamber of Commerce held its 6th Annual Beachwood Chamber Awards program at the Embassy Suites-Beachwood at which Citizen, Business and Civic Organization of the Year were recognized. I was honored when *Beachwood Buzz* was selected as one of the top-three businesses, and truly surprised, humbled and even more honored to have been named the Beachwood Chamber of Commerce 2016 Business of the Year.

When *Beachwood Buzz* was created in 1996, I joined the BCC to establish credibility. As time lapsed, I recognized that the chamber offers so much more than credibility by association. The contacts I've made and relationships I've built have been significant, on both business and personal levels – and the more active I've become, the more value I receive.

The BCC offers numerous networking opportunities throughout the year at which I regularly see familiar faces and meet new people. Networking After 5, monthly luncheons, a fitness challenge, B2B show, golf outing and Taste of Beachwood are some of the events that provide opportunities to network with area professionals. Additionally, there are benefits tied to products and services.

When working on committees and participating as board secretary, I benefit even more by getting to know the inner workings of the organization.

I am grateful that I really love publishing this magazine each month. Since this column is generally used to share something motivational or inspirational, and I believe in the law of attraction and that a positive attitude goes a long way, I share "The Paradoxical Commandments," by Dr. Kent M. Keith, which can apply on both business and personal levels.

Again, I thank the BCC for selecting *Beachwood Buzz* as its 2016 Business of the Year. I also thank my business partners, the City of Beachwood, Beachwood City Schools, advertisers and all of you who read the Buzz and support our advertisers. It's because of all of your continued support that *Beachwood Buzz* will celebrate its 20-year anniversary in October.

Congratulations to Rosemary Nemeth, Citizen of the Year; to the Mandel Jewish Community Center, Civic Organization of the Year; and to all of this year's finalists. Beachwood is a great community and I'm proud to be associated with all of you!



The Paradoxical Commandments

by Dr. Kent M. Keith

People are illogical, unreasonable, and self-centered.
Love them anyway.

If you do good, people will accuse you of selfish ulterior motives.
Do good anyway.

If you are successful, you will win false friends and true enemies.
Succeed anyway.

The good you do today will be forgotten tomorrow.
Do good anyway.

Honesty and frankness make you vulnerable.
Be honest and frank anyway.

The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds.
Think big anyway.

People favor underdogs but follow only top dogs.
Fight for a few underdogs anyway.

What you spend years building may be destroyed overnight.
Build anyway.

People really need help but may attack you if you do help them.
Help people anyway.

Give the world the best you have and you'll get kicked in the teeth.
Give the world the best you have anyway.



Free Family Health and Safety Days

Join your University Hospitals neighborhood experts for our annual family health and safety day events. These FREE community celebrations offer family-friendly activities featuring the UH Rainbow Babies & Children's Safety Squad – plus wellness screenings, safety tips and educational materials that promote healthy lifestyles for people of all ages. Mark your calendar for the event near you.

SATURDAY, JUNE 18

9 A.M. – 1 P.M.

UH Ahuja Medical Center

3999 Richmond Road
Beachwood, Ohio 44122

SATURDAY, JUNE 25

9 A.M. – 1 P.M.

UH Geauga Medical Center

13207 Ravenna Road
Chardon, Ohio 44024

SATURDAY, JULY 16

9 A.M. – 1 P.M.

UH Ashtabula Health Center

2131 Lake Avenue
Ashtabula, Ohio 44004

SATURDAY, JULY 23

9 A.M. – 1 P.M.

UH Portage Medical Center

6847 North Chestnut Street
Ravenna, Ohio 44266

SATURDAY, AUGUST 6

9 A.M. – 1 P.M.

UH Richmond Medical Center*

27100 Chardon Road
Richmond Heights, Ohio 44143

SATURDAY, AUGUST 13

10 A.M. – 2 P.M.

UH Elyria Medical Center

UH Amherst Health Center
254 Cleveland Avenue
Amherst, Ohio 44001

THURSDAY, AUGUST 18

4 – 8 P.M.

Lifelong Health & Safety Day

UH Bedford Medical Center*

44 Blaine Avenue
Bedford, Ohio 44146

TUESDAY, SEPTEMBER 13

3 – 6 P.M.

UH Streetsboro Health Center

9318 State Route 14
Streetsboro, Ohio 44241

*A campus of UH Regional Hospitals

Preregistration is required for select health screenings.

For more information, visit UHhospitals.org/FHSD or call 216-767-8435.



Who We Are

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Vice President of Operations

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Letters to the Editor

Write to us and tell us what you think. Beachwood Buzz magazine welcomes all Letters to the Editor. Please send all letters via email to beachwoodbuzz@gmail.com. Letters must have the contact's name and phone number. Phone numbers will not be published.

Calendar Section

Please send information about clubs, organizations, events and meetings. The deadline is the 10th of each month. Email information to beachwoodbuzz@gmail.com

Article Submissions

Beachwood Buzz welcomes your story ideas. If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com. All articles and photos will be reviewed by the publisher, and the person submitting the information will be contacted.

Subscriptions

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COVER STORY

On Thursday, May 5, the Beachwood Chamber of Commerce held its 6th Annual Beachwood Chamber Awards program at the Embassy Suites-Beachwood, at which Citizen, Business and Civic Organization of the Year were recognized. Full story on page 8 •

Pictured from left:
Debby Zelman Rapoport, Beachwood Buzz editor/publisher
Rosemary Nemeth, Citizen of the Year
Heather Marcus, Mandel JCC graphic designer

Cover story photos by Scott Morrison, Discovery Photo

City Council Update • Pages 28-32

Yarn Repurposed as Nesting Material

Arbor Day 2016

Rescheduled Shred Day

Town Hall Meeting

New County Recycling Website

Attention Pet Owners

All Rise Presidential Tour

Upcoming Meetings

Beachwood Family Aquatic Center Memberships

Celebrate Beachwood City Park

Senior Police Academy

50-Year Resident Salute

American Red Cross Blood Drive

Art Exhibits

Mulch Now Available to Residents

Attention Bicyclists

Beachwood Outdoor Movie Nights

Summer Concert Series

You and Your Schools • Pages 28-31

EntrovationCLE

The PTO Garage Sale

Bison Senior Athletes Sign Letters of Intent

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Every Month.

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Sunday 10am - 6pm

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Howard Alan Events

Community Messages

Town Hall Meeting Beachwood Community Center Wednesday, June 15 • 7 pm

On Wednesday, June 15 at 7 pm, County Councilwoman Sunny Simon is hosting a Town Hall meeting, featuring Mike Foley, director of sustainability and Shanelle Smith, deputy director of sustainability. The meeting will provide information on the county's sustainability programs, including their newly created local sustainability toolkit (http://executive.cuyahogacounty.us/pdf_executive/en-US/SustainableCuyahogaToolkit.pdf) and potential opportunities for residential rooftop solar initiatives. Residents are invited to attend and learn more about the county's sustainability efforts.



Beachwood Boosters Back-to-School Bash Fairmount Temple Saturday, August 20 • 7 pm

Beachwood Boosters Back-to-School Bash tickets are now on sale. The event, which is Saturday, August 20, 7 pm at Fairmount Temple, has become an annual event and an important start to the new school year for our entire community. Last year's event was spectacular and we expect to top it this year by distributing \$5,000 in cash prizes and a \$2,000 grand prize. I invite you to attend the bash and to spread the word! The cost is \$50 per person and each reverse-affle ticket is also \$50. The raffle is open to the community – you do not have to be present to win. Purchase tickets now at <http://www.beachwoodschoools.org/Boosters.aspx>, as this event will sell out again this year.

At last year's event, more than 250 people gathered to kick off the start of the athletic season. Parents, community members and coaches mingled with City Council members and members of the Beachwood School board and Beachwood administration to celebrate the upcoming season. The event was a success, raising nearly \$50,000 for the Beachwood Athletic Boosters, and we look forward to another successful event this year!

Thank you for your continued support. If you have any questions, please call me.

Sincerely,

Robert Marks
216.570.6641

Race for the Place – Last Call! Beachwood Place Sunday, June 5

On Sunday, June 5, thousands of people throughout the Northeast Ohio area will head to Beachwood Place for The Gathering Place's sixteenth annual Race for the Place, presented by University Hospitals Seidman Cancer Center. In celebration of National Cancer Survivors Day®, participants can help raise funds to support those touched by cancer in Cleveland's local communities. The event offers a one-mile and chip-timed 5K for both walkers and runners alike.

The race starts, rain or shine, at Beachwood Place at 9 am on the upper-level parking deck between Nordstrom and Dillard's. Race day registration begins at 7:30 am. A National Cancer Survivors Day ceremony will be emceed by WKYC evening news anchor Jim Donovan and senior health correspondent Monica Robins beginning at 8:45 am. A number of family activities, including face painting, games, music and more, will be held in Celebration Village starting at 8 am.

Following the race, an awards' ceremony will take place at 10:15 am, recognizing the teams with the most members and those that raised the most money in five categories: corporate, community, school, health/fitness and new team. Awards will also be presented to the overall male and female winners, male and female cancer survivors and overall winners in each age category.

Register individually or start a team online at www.racefortheplace.com, by calling The Gathering Place at 216.595.9546 or by visiting The Gathering Place's Beachwood or Westlake locations.

Editor's note: Kim Gray and I invite you to join TEAM ZELMAN & ASSOCIATES as we honor my sister and Kim's co-worker and friend, Darcy (Zelman) Alter, who lost her battle to cancer late last year. At last year's race, Darcy proudly crossed the finish line. She told us this was a special event that was close to her heart, and she felt so much love on this day. Let's show her our LOVE again this year! Please walk or run with us – or make a donation in support of our fundraising efforts. Our goal is to raise more than \$20,000, and we know we can do it for Darcy! All donations help us get closer to reaching our goal and all proceeds benefit The Gathering Place. To make a donation, visit racefortheplace.com and do a team search for Zelman & Associates. Thank you!



Pictured: Max, Sophie, Darcy, Sadie and Randy Alter at last year's race.

Everybody's got a story. Tell yours in *Beachwood Buzz*.

Please call or email personal or business story ideas to be published in future issues of *Beachwood Buzz*.

216.297.0200 • beachwoodbuzz@gmail.com

Thank you!

Beachwood Chamber of Commerce

Citizen, Business and Civic Organization of the Year.



On Thursday, May 5, the Beachwood Chamber of Commerce held its 6th Annual Beachwood Chamber Awards program at the Embassy Suites-Beachwood, at which Citizen, Business and Civic Organization of the Year were recognized.

The program, free and open to the community, also included networking, appetizers and a motivational, upbeat conversation with Bernie Moreno, president of Bernie Moreno Companies, and Jim Doutt, City of Beachwood economic development director.

Event chair Larry Mattes, donned in a tux, did an elegant job as master of ceremonies.

The program began with Moreno and Doutt's relaxed conversation, which focused on entrepreneurial spirit and how Moreno built his company to 31 automotive dealerships after purchasing his first one, in 2005, which is now Mercedes-Benz of North Olmsted.

Next, winners of the 5th Annual Fitness Challenge, Sports & Spine Physical Therapy and DDR, were presented awards by Marybeth Mack who served on the event committee; and awards from Taste of Beachwood were presented by Donnamarie Cook, BCC board president, to Maplewood Senior Living for being voted "Best Display," and Choolaah Indian BBQ for "People's Choice."

Debby Zelman Rapoport was then recognized as the 2015 NOACC (Northern Ohio Area Chambers of Commerce) Bright Star and presented an award by Cook. NOACC Bright Stars from about 40 chambers of commerce across northern Ohio were recognized in October at Windows on the River for their contributions.

Congratulations to the following 2015 finalists and winners:

Business of the Year: **Beachwood Buzz**

Presented by Donnamarie Cook

Beachwood Buzz was established in 1996 with a mission of enriching the lives of Beachwood residents by being a publication about the Beachwood community, for the Beachwood community and by the Beachwood community. Almost 20 years later, that mission is still in effect. *Beachwood Buzz* contains communications from the city, schools and Beachwood Chamber of Commerce, as well as information about Beachwood residents, businesses, events and other items of interest. It saturates the market with 9,000 copies distributed each month, through the U.S. Postal Service, to every Beachwood resident and business. Thanks to the Beachwood community and *Beachwood Buzz* advertisers, this business model continues to be the most effective way to reach the Beachwood market. You can learn more about *Beachwood Buzz* and see archived issues at www.beachwoodbuzzmag.com.



Donnamarie Cook, Debby Zelman Rapoport and BCC executive director Cindy Caldwell.

Additional Finalists - Business of the Year:

TechnologyXperts

TechnologyXperts, Inc. (TXI) helps businesses achieve their business goals and objectives by maximizing the effectiveness of their information technology investment while minimizing the associated costs and risks. They take risk out the equation by making IT transparent to the operation of the business, meaning it runs smoothly, thereby helping staff work more productively while avoiding costly business disruptions and data loss; when improperly managed, IT resources ultimately fail. From their Beachwood headquarters, TechnologyXperts serves customers in the Greater Cleveland area, Northeast Ohio and the Midwest. Single-site or multiple-site businesses receive the same level of professionalism and responsiveness regardless of geographic location. The TXI business philosophy is predicated on understanding your business and the industry within which it operates, providing services that have strategic and tactical impact on the performance of the business. Industry segments served include: education, healthcare, professional services, retail, manufacturing, logistics, hospitality and small, medium and enterprise businesses. You can learn more about TechnologyXperts at www.technologyxperts.com.

The NRP Group

The NRP Group, founded in 1995, is a full-service developer, general contractor, and property manager of multifamily, senior and student housing throughout the United States. From start to finish, every development NRP Group works on is carefully contemplated and executed to maximize investment return cost efficiency, productivity and satisfaction. The NRP Group has been recognized as a three-time recipient of the National Association of Builder's Multifamily Development Firm of the Year and has been consistently ranked one of the Top 25 Developers and Contractors by Multifamily Executive. The NRP Group LLC has offices in Cleveland, Ohio; San Antonio, Texas; Raleigh, North Carolina; Tampa, Florida; and Buffalo, NY devoting significant resources to providing high-quality housing to residents. You can learn more about the NRP Group at www.nrpgroup.com.

From start to finish, every development NRP Group works on is carefully contemplated and executed to maximize investment return cost efficiency, productivity and satisfaction.

Civic Organization of the Year:

Mandel Jewish Community Center

Presented by Donnamarie Cook

Mandel Jewish Community Center builds and strengthens our community by providing exceptional programs and services in the following areas: fitness, wellness and recreation, preschool/early childhood education, day and overnight camps, and cultural arts. Mandel JCC's beautiful facilities offer adults, families and children opportunities to enjoy leisure, recreation, culture, sports and fitness all within a vibrant and welcoming setting. The J's programs and services include a state-of-the-art fitness center, year-round swimming in its indoor and outdoor pools, four-court gymnasium and running track, a seven-classroom early childhood wing and spacious conference and public meeting rooms. The J has been voted Best Fitness Center four years in a row by *Cleveland Magazine Circle East* readers (2012, 2013, 2014 and 2015), Best Family-Friendly Gym, Best Swim Lessons, Best Youth Theatre and Best Day Camp by *Macaroni Kids* online magazine. The J's Early Childhood program was awarded Five Stars, the highest ranking, in the State of Ohio Step Up to Quality Early Childhood initiative. Mandel JCC is a nonprofit agency that is open to all ages, religions and races and has been serving the greater Cleveland community for more than 68 years. You can learn more about the Mandel JCC at www.mandeljcc.org.



Donnamarie Cook, JCC membership director Jake Krider and Cindy Caldwell.

Additional Finalists - Civic Organization of the Year

Effective Leadership Academy

The Effective Leadership Academy (ELA) exists to help young people develop their most valuable asset – themselves. Through its innovative, award-winning club and camp programs, ELA provides world-class experiential leadership and life-skills training to local youth and strives to provide broad access regardless of economic circumstance. ELA is dedicated to providing a transformational experience that provides students with the essential 21st century tools and skills they'll need to become the pilots of their own lives, successfully solving challenging problems in their own schools, colleges and workplaces. Based in Beachwood and founded in 2008, ELA has impacted more than 12,000 students and has partnered with over 90 local schools and organizations. You can learn more about ELA at www.effectiveela.org.

Menorah Park Center for Senior Living

For more than a century and within a framework of Jewish values, Menorah Park Center for Senior Living has remained steadfast in its tradition of providing vital, quality services to help people stay healthy, safe and happy throughout the aging process. At Meno-

rah Park, they are dedicated to personalized care and a standard of excellence with a strong national reputation of innovation, and act as a model for care facilities and programs around the country. Continuous forward thinking helps ensure that they will be able to meet the needs of the community's seniors long into the future.

The Menorah Park Campus encompasses Ohio's largest skilled nursing facility with both short-term and long-term care. Inpatient short-term, post-hospital care is provided within the Marcus Rehabilitation Center. Other residences include the R.H. Myers Apartments, an independent living residence for older adults; Stone Gardens, comprehensive assisted living; Helen's Place, an assisted-living, memory-care apartment community within Stone Gardens; and Wiggins Place, providing a menu of assisted-living services. The Menorah Park Campus is also known for its comprehensive assortment of community services for individuals still living in their own homes, as one campus with many solutions tailored to the needs of each person. You can learn more about Menorah Park Center for Senior Living at www.menorahpark.org.

Citizen of the Year: Rosemary Nemeth

Nominated by and Presented by Steve Rosen



Steve Rosen and Rosemary Nemeth.

Many of you know Rosemary Nemeth by her front lawn. In addition to an inflatable snow globe for every holiday, she has one of the greatest political signs of all time, which she uses before just about every election. It doesn't endorse a candidate or an issue; it doesn't compel you to vote for or against anything. It simply reads "Stop kvetching and vote."

There is evidence of her commitment to Beachwood on the other side of the street. A few days after Rosen's winning his first election to the school board, he got a congratulatory call from Nemeth saying that the woman who lived in the house in front of the high school had passed on and that her husband Jim was the estate's executor. She asked if the schools would be interested in purchasing the property and the adjacent vacant lot. Rosen shared it with the district's superintendent and a deal was quickly made. No price gouging, no back and forth; just a fair, easy deal. That's the kind of resident Rosemary Nemeth is: if it is right for Beachwood, it's right for her.

You've all heard the adage, "Those who forget the past are doomed to repeat it." Nemeth is determined not to let anyone forget Beachwood's past. Along with her husband, Nancy Hart and a few other dedicated volunteers, Nemeth ensures Beachwood's history is celebrated. That's the kind of Beachwood resident Nemeth is. She rolls up her sleeves and does what needs to be done.

She also ensures that the brave men and women who fought for our great nation are recognized in the proper way by organizing an annual Veteran's Day ceremony at the Beachwood cemetery.

Nemeth is a proud 51-year resident of the City of Beachwood.

Congratulations to all finalists and winners, all who make contributions, making Beachwood stronger.

BRAVISSIMO!

On June 26, the community is invited to attend Menorah Park's BRAVISSIMO! "Job Well Done" Gala. The evening will include cocktails at 5:30 pm and dinner at 6:30 pm at Executive Caterers at Landerhaven. Menorah Park will be honoring Steve Raichilson on his retirement after 29 years as executive director and celebrating its 110th Anniversary. This celebration promises to be an event not to be missed, with entertainment provided by Howie Mandel. For more information, please contact Jane Furth, Menorah Park Foundation, at 216.839.6688 or jfurth@menorahpark.org. Sponsorship opportunities are available. Visit menorahpark.org for more information.

Distance Learning

The community is invited to attend the following Distance Learning programs offered by Menorah Park's Rose Institute. Programs take place on the Menorah Park campus. To participate, please RSVP to LaStuver@menorahpark.org or call 216.831.6500, ext. 244.

Monday, June 6 • 2:30 – 3:15 pm • "Composer Spotlight: Wolfgang Amadeus Mozart" by the Cleveland Institute of Music

Monday, June 20 • 2:30 – 3:15 pm
"Weather Science" by LEARNnco (Tiffin, Ohio)

Monday, June 27 • 2:30 – 3:30 pm
"Daily Life in Ancient Rome" by Penn Museum (Philadelphia)

Multiple Chemical Sensitivity Awareness Month

Multiple organizations around the world have put forth great effort to establish May as Multiple Chemical Sensitivity (MCS) awareness month. MCS affects more than 48 million men, women, and children of all races. Even though it is widespread, public awareness of the toxicity of common household and yard products and ways to manage and accommodate MCS remains limited.

Patients with MCS must learn to live with symptoms that are often devastating and debilitating. Sufferers report wide-ranging symptoms, including headache, fatigue, dizziness, nausea, congestion, itching, sneezing, sore throat, chest pain, changes in heart rhythm, breathing problems, muscle pain or stiffness, skin rash, diarrhea, bloating, gas, constipation, trouble concentrating, memory problems and mood changes.

As MCS awareness increases, improvements in nutrition and safety, as well as safer household and yard products, are being made. In addition to helping MCS sufferers, by using the least toxic products and improving the environment in which we live, work, and play, we will create a healthier environment for all of us.

In recognition of MCS, Mayor Merle S. Gorden and City Council proclaimed May 2016 as "Multiple Chemical Sensitivity Awareness Month" to better inform the community about its effects and how to create a healthier environment.

As MCS awareness increases, improvements in nutrition and safety, as well as safer household and yard products, are being made.



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Brian Friedman,
President

Entrepreneurship Is Selling Point at Annual Event

By June Scharf

Mike Kritzell, a senior at North Canton Hoover High School, was playing around in his basement on his computer last year when he discovered thermochromic pigment on a website. After the ingredient used in sprayable paint dries, the surface will instantly and magically have the ability to change colors when heat is applied, typically through touch. With the help of some friends, Kritzell took this concept and developed a product for the iPhone: a color-changing phone case. Thus, a business was born, logically christened with the name Chameleon Inc.



The case is captivating as it changes from purple to pink, or orange to yellow, black to white or green to blue. Several other color combinations are available, most accessibly from the company website, chameleonja.com. The target demographic is that of his peers, high school and college students, with a price point starting at \$5.

"It's activated by a heat threshold of 86 degrees," Kritzell explains from his post for the day in front of a booth at the annual EntrovationCLE, a celebration of entrepreneurship + innovation (= entrovation) inside Beachwood High School, April 30, 11 am – 6 pm. This represents a change in time and venue, with last year's event held at the Beachwood Community Center on a Friday. It was also formerly branded as the Green Dream.

The event reached maximum capacity with 180 exhibitors, thousands of attendees, a host of food and other truck-based businesses, all assembled for this showcase of products and services that demonstrated entrepreneurialism. Under the direction of Greg Perry, who teaches marketing at BHS through ExcelTECC, a vocational education consortium of eight schools, his 43 senior-level students helped plan the day from inception to completion.

The addition of "CLE" to the event's title reflects a new approach to branding, says Perry, and demonstrates the students' pride in Cleveland. He also noticed a growing entrepreneurial spirit among the show's student participants.

"Their tech savviness allows them to compete in a global market from anywhere with limited expenses and overhead," he reports.

Beachwood Junior Achievement (which operates as a business and EntrovationCLE serves as its company) is advised by the city's community services director Karen Carmen. The group contributed to the day's events by discussing the \$40,000 budget. Some of the money was used to train students in leadership development and to attend a professional marketing conference in Orlando. Also, a donation of \$3,500 was made to Youth Outdoors, a program offered for inner-city children through the Cleveland Metroparks. Some remaining money was allocated as seed funding for next year's undertaking. The net result of Junior Achievement's efforts was having EntrovationCLE named Company of the Year, which merited a trophy and a \$1,000 prize.

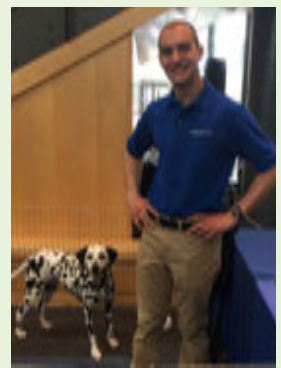
"The more students see what can be done, the more it serves as an inspiration for others to try," says Carmen. "Sales skills are invaluable in all walks of life."

New this year was the Young Entrepreneurial Market, which featured 50 Northeast Ohio middle school, high school and college participants from 27 schools who came stoked to sell their wares. The market was a partnership with University School's Young Entrepreneur Institute and sponsored by the Burton D. Morgan Foundation.

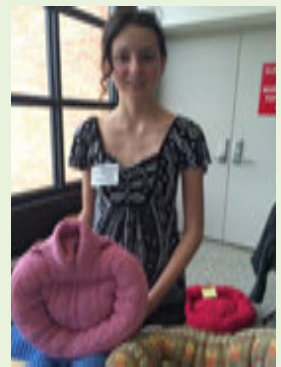
Booths Offer Full Range of Random Products

A stroll through BHS's halls leads to the discovery of many random start-ups, such as PuppyMatch LLC (PuppyMatchLLC.com), whose 21-year-old owner, Anthony Gasparro, will coach you on dog breed selection, then locate, pick up and deliver an appropriate puppy for a fee not exceeding what a breeder might charge, he reports.

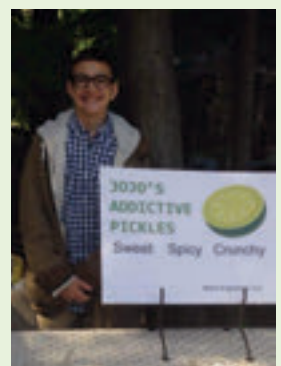
"I'm a dog trainer, too, so that's part of the value in using my services," Gasparro says. "This is a responsible way to choose a puppy."



If one were to contract with his business, then one would likely be in need of proper resting quarters for the new family member, and Gillian McNamara, a 14-year-old Solon student, has the solution. Her Hug-A-Bed creations draw from repurposed sweaters as source material, which she crafts into snug beds for either dogs or cats. So far, she has sold about 50 beds, most priced at \$18. She can be reached at Gillian.m@att.net.



Alongside McNamara's booth was one manned by Shaker Heights High School student Joseph Attias, who was selling a seductive product: Jojo's Addictive Pickles. They're marinated in a trippy, tasty liquid that's sweet and spicy. He started the business as a way to raise money to fund his participation in a band trip to Spain, and he has stuck with it. His mom helped him create the secret recipe, and he's been selling the pickles at a brisk pace for nearly two years, particularly at his youth group events. Each container is priced at \$6, or three for \$15, and he can be found on the Jojo's Addictive Pickles Facebook page.



MULHOLLAND & SACHS

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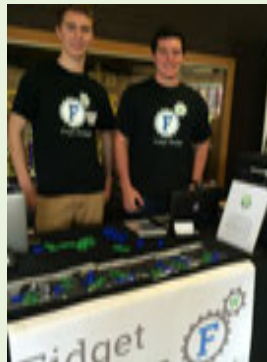
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If singing is your jam, then Brandy Armstrong, 24 and from East Cleveland, has a piece of technology to meet your recording needs. He created the Studio Stick, dubbed as "the first portable recording studio for smart phones and tablets" that mimics what a real studio could offer. His excellent website offers a product demonstration at studiostick.net.



For those like University School senior Marc Frankel, who like to fidget and has taken apart and broken many pens in the process, he has the ultimate solution. It's the Fidget Widgets he creates with the help of schoolmate Nick Orlando, which serve active fingers' needs without sacrificing necessary stuff. The students produce their widgets with a 3D printer, purchased for \$700 and drawn from the \$1,000 prize money won in a school business competition. The widgets are professionally packaged and sold for \$12, with new designs coming out monthly. The plastic is environmentally safe, according to Frankel, and made from PLA, a cornstarch derivative. To optimize your fingers' free time, go to fidgetwidgets.net.



If sports tickle your fancy, there's a cohort of local sports enthusiasts whose fingers essentially do the talking when they post to the Cleveland Sports Talk website (clesportstalk.com, @CLEsportsTalk). The page is packed with content relating to all of Cleveland's teams, featured in videos, slide shows and lots of posts with news and analyses.

"We get 25,000 hits per month, and we have 119,000 Twitter followers," according to Zach Shafron, the CST founder and CEO, Solon High School graduate, Class of '15, and Kent State University



sophomore. He's aided by Cam Carmen, director of marketing and communications, and student contributors David Kalk, Peter Zeid, Christian Hinton and Max Alter.

"It's a site by fans for fans," Shafron notes.

Taking their business to the kitchen are BHS Class of '15 graduates Adam Pearl and Taylor Nash, who own Three Kings Bakery (threekingsbakery.org). They make pastries and breads, and their selection includes banana nut, crusted cinnamon, carrot apple and pumpkin glazed.

"Some of the recipes come from my great grandparents who owned Parkview Bakery in Cleveland," reports Pearl. They sell the fruits of their labor mostly online.



"Their (students') tech savviness allows them to compete in a global market from anywhere with limited expenses and overhead."

Greg Perry,
BHS marketing/
junior achievement instructor

New Beginnings

by Jennifer Stern, LISW

New beginnings can be as scary as they are exciting. The opportunity to begin again. To reinvent yourself. To become a person you admire, respect, enjoy! Try not to put your energy into the fears of the "what ifs." Life is fluid. Nothing is set in stone. So don't worry!

Be open, be brave, be curious, and be flexible.

Life is lived through experiences and from those experiences you discover who you are, what you like, what you don't like. Every experience is a stepping stone taking you closer to discovering who you wish to be. If you take a step in a direction that takes you away from your vision don't worry, it's just a teachable moment, there will be millions. Learn from it, pick yourself up, and move on.



Move beyond any limiting narratives about who you are or where you "fit in."

- Recognize and lead from your strengths.
- Be open to your vulnerabilities.
- Recognize that starting over isn't easy for anyone.
- Everyone wants to be seen, heard and valued.
- Everyone seeks connection.

- Be authentic so the connections you make and the experiences you have support your growth in healthy, strong directions.

Say yes to clubs, groups, classes that might interest YOU. In doing so you will meet others with similar interests.

- Explore your options. It doesn't matter if you have always seen yourself one way – you are multi dimensional and starting a new chapter allows you to explore, discover and grow the many facets of your self.
- New beginnings are opportunities for discovery, of yourself and your world.
- Move beyond any set beliefs about who you are or "should" be and empower yourself to grow and diversify your life experiences.
- Compare yourself only to the "you" you want to become not to your perception of others.
- Open yourself up to the infinite possibilities!

As Steve Jobs so wisely said, "Your time is limited, so don't waste it living someone else's life. Don't let the noise of others drown out your own inner voice, and most important, have the courage to follow your heart and intuition."

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, she can be reached at 216.464.4243.

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Stone Gardens Residents Pool Resources to Help the Kosher Food Pantry

Something fishy was going on at Stone Gardens in Beachwood. For the past month, residents were busy collecting tuna fish cans to donate to the Kosher Food Pantry.

"Devorah Alevsky, director of the Kosher Food Pantry, spoke to our resident counsel about the work her pantry is doing," said Stone Gardens resident counsel president Alice Sayre. "She told us of the need for protein to distribute to needy Jewish families in our community and we all agreed we wanted to do something to help."



Al Gray with Stone Gardens resident counsel president Alice Sayre.

With the support of their families, friends and Stone Gardens staff, including activity directors Sarah Taub and Noah Budin, the residents collected a whopping 108 cans of tuna, which were immediately distributed to Kosher Food Pantry clients.

"All of us here understand the need to help others," says Al Gray, former Stone Gardens resident counsel president. "Many of us have been involved in philanthropy all of our lives, so when we were called to serve, we stepped up to the plate."

Alevsky is overjoyed with the residents' contributions. "The number of needy families we are serving grows each month and our greatest need is to supply them with protein, along with the fruits, vegetables and other goods we get from the Cleveland Food Bank and other donors," she says. "We welcome donations of all kinds, especially financial and volunteer services. No one in our community should ever go to bed hungry. As Jews, we are committed to taking care of our own, and our thanks go to the Stone Gardens residents who proved just that."

Women4Women Knitting4Peace



Women4Women Knitting4Peace recently celebrated its 10th anniversary and its Beachwood pod is going strong! If you are a knitter and want to participate, upcoming meetings will take place on Fridays, June 4, July 1 and August 5 at the Beachwood Library from 10 – 11:30 am. Yarn and patterns will be provided. The organization is in need of mittens, socks, baby blankets, adult caps and shawls, as well as pocket peace pals with medium-to-dark faces. Join the group to knit, chat and meet new friends. For more information, email Iris at lbrtyclub@gmail.com.

Mens Health Checklist

Education around men's health provides an opportunity to call attention to the importance of a healthy lifestyle and the benefits of seeking early detection and treatment of diseases. Heart disease and cancers of the prostate, colon and testicle remain a serious concern for men. Fortunately, the long-term outlook is often favorable if these afflictions are diagnosed early.

Join your neighborhood experts on the second Wednesday of each month for these health-minded talks, which are held at 9 UH locations. The next Health Matters talk on June 8 is "Men's Health Checklist." Recognizing and preventing men's health problems is not just a man's issue. Because of the impact on wives, mothers, daughters and sisters, men's health is truly a family issue.

UH Ahuja Medical Center
Simon Kim, MD

*Campuses of UH Regional Hospitals

UH Bedford Medical Center*
Kim Fitzgerald, MD

There is no charge to attend Health Matters events, but space is limited and reservations are required. To register, call 216.767.8435 Monday through Friday between 9 am and 5 pm or go to UHhospitals.org/HealthMatters.

UH Conneaut Medical Center
Benjamin Bryant, MD

UH Elyria Medical Center
William Larchian, MD

UH Geauga Medical Center
John Tumbush, DO
UH Geneva Medical Center
Pranav Periyalwar, MD

Coming up on July 13 is "Common Muscle and Sports Injuries." Exercising is good for you, but sometimes you get injured when you play sports or exercise often caused by accidents, poor training practices, or improper gear. Learn how you and your family can prevent these everyday mishaps.

UH Parma Medical Center
Carson Wong, MD

UH Portage Medical Center
Ian Suzelis, DO

UH Richmond Medical Center*
Riccardo Autorino, MD, PhD

Participate in the conversation on social media using #UH-HealthMatters.

City of Beachwood • Dates to Remember

June 3 • American Red Cross Blood Drive

June 4 • *All Rise* Presidential Tour

June 26 • Shred Day

June 15 • Town Hall Meeting

June 17 • American Red Cross Blood Drive

For complete information, see this month's City Council Update.

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NEO Jewish Singles Pot-Luck Dinner

Fairmount Temple's group for singles 45-65ish is hosting a Pot-Luck Dinner at Fairmount Temple, on Saturday, June 26. Come enjoy good food and meet some nice people! RSVPs are preferred at <http://www.meetup.com/NEO-Jewish-Singles-45-65-ish/>. If you don't want to join Meetup, please email Sally at lvzgadgets@yahoo.com and let her know what you plan to bring to share. (All dishes must be brought ready to serve at room temperature or in a crock pot to be kept warm.) Group participants hope to see you there!

Cuyahoga County Department of Consumer Affairs Warns Residents of Growing iTunes Gift Card Scam

The Cuyahoga County Department of Consumer Affairs warns county residents of all ages to hang up on impostor scams that seek payment in iTunes gift cards.

Consumers across the country have been frightened into sending thousands of dollars' worth of iTunes gift cards to scammers who pose as police, attorneys, debt collectors or IRS agents.

Scammers who previously targeted grandparents have expanded their target groups to include younger consumers, including those who owe money on student loans.

In a typical call, a consumer is told to purchase iTunes gift cards to:

- Avoid arrest for an unpaid student loan or other debt.
- Pay bail or court fees for a relative who has been jailed.

- Avoid being jailed or fined for unpaid taxes.

No legitimate government agency or debt collector accepts payment in iTunes or other gift cards.

"Scammers' game plans are to get you so upset that you overlook holes in their story," said Sheryl Harris, director of the Department of Consumer Affairs. "They push you to pay fast, while you're still in a panic, so you won't check out what they're saying with someone else, be that a relative, police, the IRS or your lender."

Protect yourself:

- Hang up on any caller who makes threats or asks you to pay fines, debts, fees or bail with an iTunes card.
- Never read off the numbers or codes from a gift card to someone who calls you demanding

payment – that's all a scammer needs to steal the card's value.

- Know that, by law, debt collectors are not allowed to threaten you with jail or scare you into making payments.
- No government office accepts iTunes payments.
- Don't tell scammers how you spotted them – it helps them perfect their game. Just hang up. Report scam calls to the Cuyahoga County Department of Consumer Affairs at 216.443.7035 or www.consumer-affairs.cuyahogacounty.us.

No legitimate government agency or debt collector accepts payment in iTunes or other gift cards.



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Michael Friedman • Beachwood Resident

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Celebrity Birthdays

June 8th	Joan Rivers (83) Barbara Bush (91) Matthew Friedman (15)
June 9th	Johnny Depp (53) Michael J. Fox (55) Dick Vitale (76)
June 10th	Elizabeth Hurley (51)
June 11th	Joe Montana (60)
June 12th	George Bush (92)
June 13th	Mary Kate and Ashley Olsen (300)
June 14th	Boy George (55) Donald Trump (70)
June 15th	Courtney Cox (52) Jim Belushi (62)



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Dr. Elma Baron

Beat the Heat This Summer

Summer is finally here! The living is easy and everyone wants to be outside enjoying the fresh air and sunshine. Long, warm days offer the perfect setting for picnics, camping, swimming and family barbecues. However, just as cold weather can pose certain threats to our health, so can the hot and humid conditions of an Ohio summer.

“It is important to keep in mind that intense heat is most dangerous for the very young, elderly, obese and chronically ill; therefore, extra precautions should be taken by individuals who fit into those categories.” says Elma Baron, MD, Director of Lasers and Photomedicine in University Hospitals Department of Dermatology.

For most of us, Dr. Baron recommends following these simple tips which can help us to enjoy a safe and happy summer.

- Wear lightweight, light colored clothing
- Wear a wide-brimmed hat, sunglasses, protective clothing and sunscreen when in the sun
- Drink plenty of fluids, avoiding alcohol and caffeinated beverages. Dehydration can be a serious and potentially life-threatening problem so keep those water bottles handy
- Avoid outdoor exertion and sun exposure between 11 am and 3 pm, the hottest time of the day with the highest UV rays. A simple way to remember is: Short Shadow = Seek Shade
- Whenever possible, seek out air conditioned surroundings when the temperature really soars

“Perhaps the most important safety tip for summer is to protect yourself against the cancer-causing and skin-aging effects of the sun.” states Baron. “Your first line of protection is clothing so backlight your hat and clothing to test for sunlight “leakage” and look for clothing lines that come with built-in sun protection. Pick a sunscreen with UVA and UVB protection and an SPF of 30 or more and use it liberally and often.”

Sunburn, which has been termed a “precancerous glow,” can be a serious condition, sometimes leading to severe pain, redness and even blistering. In such cases, you should always seek medical attention. For milder cases, aloe vera gel, ice packs, nonprescription pain relievers and hydrocortisone cream may provide relief. However, prevention is always the better choice.

Remember, a tan is just another word for damaged skin that leads to sagging, splotching, wrinkles and premature aging. And, cumulative exposure to the sun can lead to skin cancer. Artificial tanning beds and lamps are just as dangerous as natural sunlight. In fact, their prolonged use can double your risk of skin cancer. Check your skin regularly and, if you discover new spots or raised marks, see your doctor or dermatologist immediately.

Dr. Baron sees patients in Beachwood at Two Chagrin Highlands in suite 125. To make an appointment with her or to get a list of University Hospitals physicians in the area call 1-866-UH4-CARE (1-866-844-2273). If you need immediate care, visit one of our Urgent Care Centers or Emergency Rooms. Always call 9-1-1 in an emergency situation.

“Remember, a tan is just another word for damaged skin that leads to sagging, splotching, wrinkles and premature aging. And, cumulative exposure to the sun can lead to skin cancer.”

Waste & Recycling Sense for Your Workplace

A Seminar to Teach Businesses About Recycling at Work

The Cuyahoga County Solid Waste District offers free recycling and waste reduction seminars for businesses, schools and organizations. "Waste & Recycling Sense for Your Workplace" will take place June 28, at 4750 East 131 Street, in Garfield Heights.

Businesses will learn how to recycle at work, and save money by doing it. Learn how to start a workplace recycling program or improve the one you currently have. The seminar also covers how to contract for waste and recycling services. The plan is designed for businesses and non-profits that are interested in beginning or improving upon their recycling program or need contracting assistance.

Waste & Recycling Sense for Business is comprised of two sessions, both taught by the District's business recycling specialist.

Session 1: Successful Recycling in Your Workplace • 9 – 11 am

Learn about the different recyclable commodities, commercial composting, waste haulers and specialty recycling companies, performing a "dumpster dive" or waste sort and how to analyze the results, choosing the proper indoor recycling containers and signage for them, choosing a waste hauling and recycling company, educating employees/students/visitors about the program, changing recycling behaviors, marketing your recycling program, and how to make your recycling program sustainable.

Session 2: Contracting for Waste and Recycling Services • 11 am – 12 pm

Discuss the terms and conditions of the contracts, types of contracts, fees, and how to structure an agreement to best suit your business.

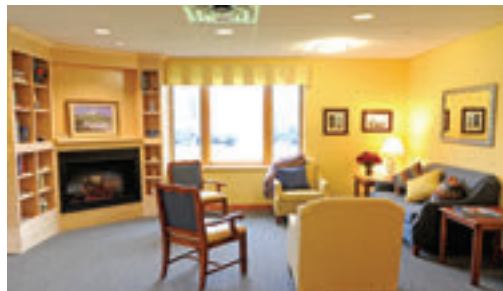
Registration is required and seating is limited. Multiple attendees must be registered individually. Register at <http://cuyahogawd.org/en-US/SYN//68471/EventTemplate.aspx>. For more information, contact Doreen Schreiber at 216.443.3732 or dschreiber@cuyahogacounty.us. The Cuyahoga County Solid Waste District works to support environmentally-sustainable and economical solid waste management practices within the communities, institutions and businesses of Cuyahoga County.

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For more information about our Memory Care Network, contact Kristen Morelli, program manager, at 216.910.2323 or kmorelli@montefiorecare.org.



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BCC Volunteer Appreciation Luncheon

On Wednesday, April 20, the Beachwood Chamber of Commerce held its 2016 Volunteer Appreciation Luncheon at which attendees heard about the importance of volunteering and recognized those who do so much in leading and assisting the Beachwood Chamber of Commerce. The event, sponsored by PNC Bank and underwritten by the Cleveland Clinic, took place at Maggiano's Little Italy. Congratulations go to the following chamber members:

Volunteer of the Year – Dr. Carmen Centanni

Dr. Centanni has been a chamber fixture for quite some time. He volunteers at and attends almost every chamber event. Whether he's timing participants at the Fitness Challenge or directing patrons at the B2B Show, Dr. Centanni is always present with a positive attitude. He said, "No matter what organization you join, get involved! That is the only way to receive any benefits from the group."



"It's a great way to meet new people. Trying out new ideas is my way of doing things and I enjoy giving back to the community."

Next, the board of directors was introduced and presented with certificates:

- Leon Anderson – Sports & Spine Physical Therapy
- Eli Auerbach – EPCO Energy Planners
- Dr. Carmen Centanni – Chiropractic Physician
- Steve Dlott – Meyers, Roman, Friedberg & Lewis
- Tulio Garonzi – Embassy Suites Beachwood
- Lori Kaplan – Eagle Strategies
- Jeff Martin – DDR
- Marc Paige – APG Office Furnishings
- Andrew Somich – Pease & Assoc.
- John Newburger – Retired from AT&T
- Jim Doult – Economic Development Director, City of Beachwood
- Robert Hardis – Beachwood City Schools Superintendent
- Ken Nicholas – FirstMerit Bank (Treasurer)
- Debby Zelman Rapoport – Beachwood Buzz (Secretary)
- Christin Barone – Ohio Educational Credit Union (Vice President)
- Ben Light – The Gathering Place (Vice President)
- Donnamarie Cook – Cleveland Clinic (President)
- Heathyr Ullmo – Geauga Savings Bank (Immediate Past President)

Board Member of the Year – Ben Light



Since holding the role of board vice president, Light's impact on the chamber has spread to members as well as the Beachwood community as a whole. Light is the chief operating officer at The Gathering Place. He said, "In my role at The Gathering Place, my job is to enable others to succeed, to

provide our board and our staff with the tools they need to be successful and then to stay out of their way. I hope that my contributions can have a similar impact on the chamber. My goal as a board member is to challenge the organization to find ways to improve and help develop the tools that our staff, our board and our members need to succeed."

Richard Adler Distinguished Service Award, presented by Adler's wife, Adele Adler, to John Newburger

This award is presented to someone who has the same spirit as Adler's. Adler, a founding member and past president of the chamber, passed away in 2011, and his service to the community was unprecedented. He served as a Beachwood School Board member and was an avid community volunteer. As a retail store owner, Adler understood the importance of promoting and doing business in Beachwood. This award was created by the Beachwood Chamber of Commerce to recognize board members who have given of themselves with the same spirit as Adler during their tenure on the board.

Adele proudly presented the award to John Newburger, retired from AT&T, saying, "In the roles of family, work, friendship and community, you always give 100%. Dick would have been so thrilled, John. It is with honor that I present this award to you."

Newburger expressed his thanks to the chamber and Adele, saying that he enjoys being an active member of the chamber.



In closing, Cook said, "Please take the coming weeks and months to reflect and see the impact that you can have on those around you. You will find it more rewarding than you think."

For more information about the Beachwood Chamber of Commerce, visit beachwood.org or contact executive director Cindy Caldwell at 216.831.0003 or cindy@beachwood.org.



Pictured, sitting: Ben Light, Debby Zelman Rapoport, Donnamarie Cook, Christin Barone and Ken Nichols. Standing: Marc Paige, Lori Kaplan, Eli Auerbach, Dr. Carmen Centanni, John Newburger, Robert Hardis, Jeff Martin and Heathyr Ullmo.

Need help reaching your target weight?

Cleveland Clinic Beachwood Family Health and Surgery Center now offers shared medical appointments (SMAs) for weight loss. Nayer Homa Varghai, MD, a primary care physician, oversees the SMA designed to help participants reach and maintain their target weight.



Nayer Homa Varghai, MD

To participate, individuals must have a body mass index (BMI) of 28 or higher (considered overweight). Participants typically attend once a month.

The weight loss SMA team – Dr. Varghai, a pharmacist, a dietitian and two support staff – participates in every session. Sessions include group discussion and education focused on individual strengths and weaknesses, different types of diets, medication use, and lifestyle changes including healthy diet and exercise.

“We encourage participants to continue

in the SMA as long as they are making progress on their weight loss journey,” says Dr. Varghai. “It could take up to a year, maybe more, for some to reach and maintain their target weight.”

Health insurance typically covers the SMA cost; however, patients should verify coverage with their insurance provider before starting the program.

For more information about weight loss SMAs or to make an appointment with Dr. Varghai, call 216.839.3900.

Welcome

Three new primary care physicians have joined the staff at Cleveland Clinic Beachwood Family Health and Surgery Center.

Ron Adams, MD; Mary Grace Purisima, MD; and Jameelah Strickland, MD, are board-certified in internal medicine. All three are accepting new patients.

For an appointment at Cleveland Clinic Beachwood, please call 216.839.3000. Cleveland Clinic offers same-day appointments.



Ron Adams, MD



Mary Grace Purisima, MD



Jameelah Strickland, MD

Ask the Experts: Pathways to Wellness

Thursday, June 23 | 5:30 to 6:30 p.m. – registration, health screenings and wellness vendors; 6:30 p.m. – dinner and expert panel discussion

**Executive Caterers at Landerhaven
6111 Landerhaven Dr., Mayfield Heights**

Unlock the mysteries of holistic medicine and learn how alternative therapies can complement your lifestyle for optimal wellness.

Bring your questions. Bring a friend. Join us for a sit-down dinner and informal Q&A discussion. Cleveland Clinic Integrative and Lifestyle Wellness experts will share their tips for taking control of your health. Enjoy pampering, demonstrations, giveaways and more.

Cost: \$15 (includes meal)

Reservations required: clevelandclinic.org/wellnessevent

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appointments**
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clevelandclinic.org/hospitals

 **Cleveland Clinic**

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Barre Cleveland's female-only, boutique fitness studio is a supportive community of all ages and fitness levels where regular attendance guarantees success since all classes are taught by the owner and founder, Yana Salwan, a Group Fitness Instructor with 25 Years of experience. See what some of her students have to say:

“Barre Cleveland is a Very Special Place” “My body has never looked or felt better”
“Nothing seems to transform me mentally or physically the way BarreFit does”
“I saw results in the first 2 weeks” “Yana Salwan has changed my life”

Go online to barrecleveland.com and read more success stories from clients and for a limited time treat yourself to one month of unlimited BarreFit classes at **60% OFF** by using the discount code **“MARKET”**. Schedule all your classes online or by using the Barre Cleveland App.

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3737 Park East Drive #209 Beachwood, OH 44122 216-342-4229



Health Insurance Questions?

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- Self-Employed
- Individuals and Families

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216.292.8700

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The Gathering Place Warehouse

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Beautiful Home Furnishings & Home Accessories

Saturday, June 25 • 9 a.m. – 2 p.m.

Sunday, June 27 • 10 a.m. – 1 p.m.

4911 Commerce Parkway • Warrensville Heights



Great Finds! Come Shop with Us!

Cash or Credit Card Only

Proceeds help The Gathering Place support, educate & empower those touched by cancer through programs and services provided free of charge.

For more information, call 216-595-9546 or visit www.touchedbycancer.org/warehouse.

Beachwood Place Expansion

By Donna L. Robinson

In the sustainability of shopping malls in the region (indoor and strip malls), Beachwood Place, developed by Rouse Company in 1978, has maintained and endured its own valuable presence in Beachwood with class, sophistication, and upscale stores to serve the community of Beachwood, and notably the landscape of Northeast Ohio.

The original anchor stores were Higbee's (which became Dillard's) and Saks Fifth Avenue. Nordstrom was added in 1997. Residents are attracted and gravitate to the ambiance and the community of Beachwood, and truly appreciate both Beachwood Place and La Place to meet their shopping needs for every season of the year.

In 2004 General Growth Properties acquired Beachwood Place and it is currently home to more than 100 retailers and restaurants, according to Neisha Vitello, senior general manager of General Growth Properties. "An expansion of Beachwood Place is currently underway with the first tenant expecting to be open sometime in the 4th quarter," said Vitello.

When asked what the expansion entails, Vitello explained, "The current phase of the expansion includes Zara, an international fashion brand owned by Inditex, one of the world's largest fashion retailers. This will be its first-in-market location in Ohio. We are also adding additional parking spaces.

The expansion plans and

goals for Beachwood Place and La Place are at the forefront for General Growth Properties. "We are constantly negotiating with retailers to open new shops at Beachwood Place and La Place," said Vitello. "In addition to Zara, Altar'd State, a popular women's fashion boutique, has plans to open by the end of this year. We hope to be able to share additional information in the near future."

From the public's view on Richmond Road, the construction site will include parking as well as expanded retail and restaurant space.

"Beachwood Place has provided our community with an immense tax base that helps us provide top-of-the-line amenities and services to our residents," said Mayor Merle S. Gorden. "We are proud to be home to one of the region's premier shopping destinations, and we appreciate General Growth Properties' efforts in working closely with the city as they plan for the future and improve their property. We have a great working relationship with the management team of Beach-

wood Place."

When asked about bringing a coffee place back to the Peets/Caribou location in La Place, Vitello said they've had some interest in the location from a couple of local and regional coffee shops and are currently trying to determine the best fit for that location.

Although Vitello could not share specific information, she is focused on successes to date, saying, "Within the past year, we have brought Tommy Bahama MAC Cosmetics, Pink and White Barn Candle Company, and we now look forward to the opening of Zara. We hope to bring in

additional retailers that have not previously been seen in the market."

"Beachwood Place has provided our community with an immense tax base that helps us provide top-of-the-line amenities and services to our residents," said Mayor Merle S. Gorden

Rendering provided by the Beachwood Building Department.



GGP

BEACHWOOD PLACE EXPANSION | CONCEPTUAL RENDERING
B E A C H W O O D , O H I O

ka

The Conversation on Brain Health is Global

By Krystal L. Culler

Recent brain health research has found that the way we live our lives is more important than genetics, when it comes to mental wellness and brain health. The modern pillars of brain health focus on mental, emotional, spiritual, physical, social, nutritional and psychological lifestyle factors and determinants of health for all adults. Retaining brain health and cognitive fitness as we age are two topics that have recently been gaining national and global attention from researchers, providers and healthcare professionals.

Last fall, the Administration on Community Living launched its \$4.1 million campaign, which defines brain health as an individual's ability to remember, learn, plan, problem-solve, concentrate and maintain a clear, active mind. Simply stated, brain health is about

staying sharp and making the most of individuals' brains as they age.

For the past two years, AARP has conducted nationwide studies examining these brain-healthy lifestyle factors: attitudes and behaviors toward healthy living, attitudes and behaviors toward brain health, self-perceptions of brain health, primary resources used by consumers for brain health information, desirable brain health information, awareness of brain training and identification of brain health activities that consumers engage in or are willing to try.

AARP found that most adults think maintaining a healthy lifestyle is important, and respondents ranked brain health as the second most important lifestyle factor following heart health. Luckily, research has shown a strong connection between heart health and

brain health. According to AARP, three-quarters of adults, ages 40 and older, reported concerns about their brains' health declining in the future. This study also found that adults think it is important to maintain or improve their brain health.

But what is brain health? Although normative cognitive changes occur in the brain with aging, it is important for people to consider their brain health from a life-course perspective. Research offers suggestions for modifiable lifestyle factors or exercises that can help our brains stay sharp. Individuals have the ability to change their daily routines to help strengthen their minds and challenge their memories through a variety of tasks and intellectual pursuits.

Such lifestyle changes are important to support brain health, and it is never too late to

begin a new brain-healthy habit. However, reliable information and evidence-based programs or recommendations for brain health exercises are not streamlined for older adults, which has led to the formation of recent brain health initiatives at the global and national levels.

Krystal L. Culler, M.A., is the inaugural Director of the Center 4 Brain Health at Menorah Park. It's the first non-pharmacological, non-hospital based Brain Health Center in the Cleveland area. The Center's summer schedule is now available. Connect with Culler at kculler@menorahpark.org or 216.839.6685 to find out more about the upcoming 16 brain health classes and events, to gain general information about the Center or for brain health resources.



It isn't about giving up, it's about more time in their garden.

Hospice of the Western Reserve's compassionate care can reduce stressful hospital visits so you can spend more time together. **It isn't about giving up, it's about taking control.** If you or a loved one has been diagnosed with a serious illness, **we can help.** Learn more at hospicewr.org or call 800.707.8922 to get started.



Ask for us by name.

Mark Your Calendar for Family Health and Safety Days!

University Hospitals is filling your summer with fun and educational family events across the region. Its Family Health & Safety Days will be offered at five locations (see list below) and each will be held from 9 am – 1 pm. Each event will offer free health screenings, education and demonstrations and family-friendly activities featuring the UH Rainbow Babies & Children's Hospital Safety Squad.

UH Ahuja Medical Center – Saturday, June 18
UH Geauga Medical Center – Saturday, June 25
UH Ashtabula Health Center – Saturday, July 16
UH Portage Medical Center – Saturday, July 23
UH Richmond Medical Center – Saturday, August 6

And, on Thursday, August 18, UH Bedford Medical Center will host its Third Annual Lifelong Health and Safety Day (formerly the Musical Extravaganza). This event will take place from 4-8 pm and will feature a free picnic dinner, a variety of health screenings and live music throughout the evening. This year, there will also be a cooking demonstration by celebrity chef Tiffany Derry. Complimentary valet parking is available at the east end of the hospital and the golf cart patrol will be on duty to assist attendees as needed.

Preregistration is required for some health screenings. For more information or to register, call 216.767.8435.

County Executive Budish Releases the Cuyahoga County 2015 Overview

Following the recent State of the County address, Cuyahoga County Executive Armond Budish released the 2015 Overview which tells how the county's work impacts residents, businesses and partners. This report describes the county's support with an emphasis on the Executive's three priorities: Job Growth and Opportunity, Fairness and Equity, and Government that Gets Results.

"I am very pleased to share the year-end review of this administration's first year of service. What we accomplished was truly remarkable," said County Executive Budish. "We wanted to give a sense of what drives us, from our strategic priorities to the good work that was done to move them forward to, literally, what inspires some of the members of our team."

The overview highlights key activities in:

- Economic and Community Development
- Workforce Development
- Universal Pre-Kindergarten 2.0
- Justice Services
- Regional Collaboration
- Innovation and Entrepreneurship
- Sustainability
- Placemaking and Attraction

The Cuyahoga County 2015 Overview is available online at <http://executive.cuyahogacounty.us/en-US/reports-publications.aspx>.

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*EXTRA FOR 3D

CITY OF *Beachwood* Council Update

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MERLE S. GORDEN



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mayor@beachwoodohio.com

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YARN REPURPOSED AS NESTING MATERIAL

Last year, as part of the City's centennial celebration, students and community services staff wrapped over 100 tree trunks in brightly colored yarn as a cheerful installation to herald the return of Artist Legend Peter Max to Beachwood.

Instead of disposing of the yarn, it has been cut into small pieces to be repurposed as nesting material for birds and small animals.

Brightly-colored nesting material can be seen hanging from City trees. These yarn balls can be spotted throughout the city park and on city property. If you would like one for your yard call 216.292.1970.



ARBOR DAY 2016

For the 20th consecutive year, The City of Beachwood earned the honor of "Tree City USA" by the Arbor Day Foundation for its commitment to effective urban forest management. In May, the City of Beachwood held an Arbor Day celebration at the Beachwood Cemetery where an Ohio Buckeye tree was planted in the same location where the Moreland Garden Club had planted a tree in 1934.

RESCHEDULED SHRED DAY

FREE PERSONAL SHRED DAY FOR RESIDENTS

Bring personal documents, mail and files to be shredded for FREE!
Proof of residency required.

SUNDAY, JUNE 26 from 9 A.M. – 12 P.M.
BEACHWOOD COMMUNITY CENTER PARKING LOT
Rain or shine. Limit: 12 blue bags or 6 banker boxes.



City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



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EMERGENCY
Dial 9-1-1

CLERK OF COUNCIL
216.595.5493

WHEN YOU'RE IN *Beachwood*, YOU HAVE ARRIVED!

TOWN HALL MEETING

County Councilwoman Sunny Simon is hosting a town hall meeting featuring Mike Foley, Director of Sustainability and Shanelle Smith, Deputy Director of Sustainability. The meeting will provide information on the County's sustainability programs and future initiatives. Residents are invited to attend and learn more about the county's sustainability efforts. Open to all at [Beachwood Community Center on Wednesday, June 15 at 7:00 p.m.](#)

NEW COUNTY RECYCLING WEBSITE

Cuyahoga County Solid Waste District recently launched a new recycling website. In Beachwood, we can co-mingle paper, cardboard, cans, glass and plastics in our provided wheeled cart. This website spells out specifics about what should and shouldn't be recycled. Visit www.cuyahogarecycles.org/beachwood.

RUBBISH RULES

- Place rubbish and recycling carts on the curb, spaced 3 ft. apart, with the metal tracks on your containers facing the curb. Containers can be placed curbside after 6:00 pm the evening preceding the collection day or before 7:30 am the day of your collection.
- Remove empty containers or other non-collectible rubbish items by 9:00 a.m. the next day.

ATTENTION PET OWNERS



Beachwood Police reminds you to please keep your dog on a leash and clean up after it. City ordinances state:

- No person shall permit a dog to run at large anywhere within the city, except upon the owner's property.
- No person shall keep any dog which by barking, biting, howling or in any way or disturbs the quiet of any other person or damages any other person's property.

OF SPECIAL NOTE

Since 2009, more than **\$700 MILLION** has been invested by Beachwood Businesses



All Rise PRESIDENTIAL TOUR

Presented by Beachwood, Moreland Hills and Solon Historical Societies



Explore our area's connection to The Oval Office Highlights include: Visit President Garfield monument, tour a log cabin, meet 'President and Mrs. Garfield', learn insights about President McKinley and more.

CONTESTS • PRIZES • LIGHT REFRESHMENTS!

SATURDAY, JUNE 4, 8:45 A.M. – 12:30 P.M.
PER PERSON: BUS \$15, BIKE \$10, CAR \$10
Call 216-292-1970 to register!

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Mondays, June 13 and July 18. Questions? Call 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, June 30. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Mondays, June 13 and July 18. Questions? Please call 216.292.1914.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

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216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

BEACHWOOD FAMILY AQUATIC CENTER MEMBERSHIPS



MEMBERSHIPS ON SALE NOW

REGULAR REGISTRATION DATES/TIMES

Monday – Friday,
8:00 – 4:30 p.m. in
the Recreation Office,
25325 Fairmount Blvd.

Beachwood Residents are eligible to purchase a season membership. Proof of residency is required at the time of registration. Two (2) forms of proof of residency identification must be presented. A current utility bill AND current driver's license OR current picture ID with address.

Individuals employed within the City of Beachwood are eligible to purchase a season membership (*restrictions apply*). Proof of employment necessary: must present current paycheck stub or letter from employer on company letterhead.

PASSES MUST BE PURCHASED IN-PERSON

QUESTIONS? CALL 216.292.1970 OR VISIT
WWW.BEACHWOODOHIO.COM

SEASON
STARTS
May 28

PRE-SEASON
DATES
May 28, 29, 30

FIRST
FULL DAY
June 3

Celebrate BEACHWOOD CITY PARK

ALL PROGRAMS MEET IN THE PAVILION - PARK WEST

RICHMOND ROAD & FAIRMOUNT BLVD. INTERSECTION
Collaboration between Beachwood Historical Society, Cuyahoga Arts & Culture & City of Beachwood

- | | |
|-------------------|--|
| Saturday, July 2 | Self Defense Class for Women with David Jones, 10:00-11:00 am |
| Sunday, July 3 | Tai Chi with Jennifer Stepien, 10:00-11:00 am |
| Saturday, July 9 | Live Animal Show - Presented Cleveland Metro Parks, 1:30-2:30 pm |
| Sunday, July 10 | Tai Chi with Jennifer Stepien, 10:00-11:00 am |
| Saturday, July 16 | Hiking & Backpacking with LL Bean, 11:00-12:30 pm |
| Sunday, July 17 | Tai Chi with Jennifer Stepien, 10:00-11:00 am |
| Saturday, July 23 | Bird Identification by Museum of Natural History, 10:00-11:00 am |
| Sunday, July 24 | Tai Chi with Jennifer Stepien, 10:00-11:00 am |
| Saturday, July 30 | Survival Skills/Self Defense by David Jones, 10:00-11:00 am |
| Sunday, July 31 | Tai Chi with Jennifer Stepien, 10:00-11:00 am |



SENIOR POLICE ACADEMY

Beachwood Police Department is accepting applications for the Senior Police Academy.

Learn about real-life crime prevention and receive “hands on” experience with the help of knowledgeable instructors. Learn self-defense, CPR, safety and more.



BEACHWOOD CITY HALL FROM 1:00 – 3:00 P.M.
WEDNESDAYS , JULY 27 – SEPTEMBER 14

PLEASE NOTE: Must be at least 50 years of age or older
TO REGISTER CALL 216.595.3733



Council Update

50-YEAR RESIDENT SALUTE

FREE



**50 YEAR
RESIDENTS**

TUESDAY, AUGUST 9 • 6:30 PM
BEACHWOOD FAMILY AQUATIC CENTER

We invite all residents who have lived in Beachwood for 50 years or more to join us for special recognition.

Newly minted 50-year residents will receive a special gift. FREE but a reservation is needed. *RSVP by calling 216.595.3733.*

MULCH NOW AVAILABLE TO RESIDENTS

\$2 A BAG

Beachwood produces mulch from the brush it collects from our community. The City is offering mulch to residents for \$2 per bag.

Mulch can be purchased at the Service Dept., 23355 Mercantile Road, Monday – Friday, 7:30 A.M. – 3:30 p.m.



American Red Cross

AMERICAN RED CROSS BLOOD DRIVE

FRIDAY, JUNE 3 & FRIDAY, JUNE 17
1:00 – 7:00 P.M.
BEACHWOOD COMMUNITY CENTER
WWW.REDCROSS.ORG

ART EXHIBITS

Beachwood Community Center Art Gallery

MONDAY – FRIDAY • 9 AM – 4 PM
SATURDAY • 10 AM – 3 PM
SUNDAY • 10 AM – 1 PM

ABSTRACT TO CONCRETE

FREE

MIXED MEDIA EXHIBIT – PAINT, PRINTS, PHOTOS

Featuring Abbey Blake, Nicole Schneider, Catherine Spencer and Jan West

May 25 – June 17 • Opening Reception: Sun., June 5 from 1 – 2:30 p.m.

OUT OF THE ARCHIVES

WORKS FROM THE ARTISTS ARCHIVES OF THE WESTERN RESERVE

Art Interprets Alzheimer's featuring George Roby and Herbert Ascherman Jr.

JUNE 22 – JULY 17 • Opening Reception: Sun., June 28 from 1 – 2:30 p.m.

ATTENTION BICYCLISTS:

Slow down in parks and share paths. The maximum bike speed is 10 mph and bicyclists should pass on the left, use verbal signals and wear helmets.



Beachwood Outdoor Movie Nights

Join us under the stars for a **FREE** movie night! Bring your blankets and lawn chairs. We'll be serving popcorn.

June 26 • *Kung Fu Panda 3*
July 24 • *Enchanted*
August 14 • *Minions*

Beachwood Community Center Parking Lot
Starts at 7:00 p.m.

Questions? Call 216.292.1970

FREE

City of Beachwood



MISSED A COUNCIL MEETING?

To listen to audio recordings, just visit www.beachwoodohio.com and click on the link.



SUMMER CONCERT SERIES

FREE
OPEN TO PUBLIC

OUTSIDE TUESDAYS

Beachwood Family Aquatic Center*
6:30 p.m. - 8:00 p.m.

- JUNE 7 - Dan Zola Orchestra**
- JUNE 14 - That 80's Band**
- JUNE 21 - Kyle Primous and K Street**
- JUNE 28 - Revolution Pie**
- JULY 5 - Swizzle Stick Band**
- JULY 12 - Saborit Latin Soul**
- JULY 19 - Cruise Masters**
- JULY 26 - Red Light Roxie**
- AUGUST 2 - Blue Lunch**
- AUGUST 9 - Cleveland T.O.P.S. Swing Band**
50-Year Resident Salute

NON-MEMBERSHIP HOLDERS PROHIBITED FROM USING POOL
*INCLEMENT WEATHER LOCATION BEACHWOOD COMMUNITY CENTER

Brought to you in cooperation with:

STEINWAY PIANO GALLERY
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COMPETITION



INSIDE THURSDAYS

Beachwood Community Center
6:30 p.m. - 8:00 p.m.

- JUNE 9 - Time Canvas: violin, cello and guitar trio**
- JUNE 16 - Pizzicato 4: Cello Quartet**
Heidi Albert - Nick Diodore - Ida Mercer - Derek Snyder
- JUNE 23 - Jazz Through the Decades with
The Marshall Griffith Quartet**
- JUNE 30 - "You've Got a Friend"**
Lisa Bell Benedetto & Greg Benedetto
- JULY 7 - Songs from Europe and the Americas**
Soprano and guitar duo Diane & Brian
- JULY 14 - Piano and violin featuring African
American composers**
Dianna Gould & Janice Lee
- JULY 21 - NEOVocE: A World of Light Opera**
*An evening of music from Viennese and English
Operetta, Zarzuela, and American Musical Theater*
- JULY 28 - Duo Anime: "Worlds of Inspiration"**
*Percussion & piano duo Mell Csicsila and Andrew
Pongracz, with guest artist flutist Kyra Kester,*
- AUGUST 4 - American Voices: Jason & Ralitsa Smith**
*A program of all American composers, featuring works
written for (and borrowed by) trombone and piano.*
- AUGUST 11 - "Stories from France"**
Jerry Wong and Friends: piano and piano and voice



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Hole Sponsor: \$100

For \$100, Let over 100 Golfers See your Name:

Sponsor at Hole at the Chamber Golf Outing!

Reserve a hole NOW!

There will also be a 50/50 held at the dinner with the proceeds benefiting the Beachwood Chamber Business Scholarship and Harland Diamond Culinary Arts Scholarship.

Register at beachwood.org/golf2016

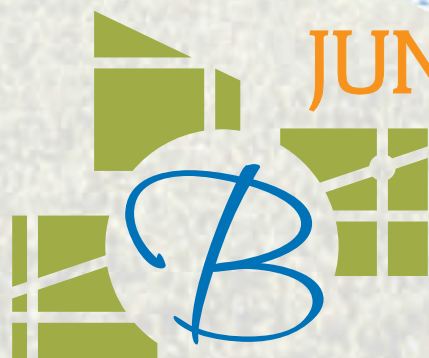
For information call 216-831-0003.

golf2016 Souting

FRIDAY



JUNE 10TH



Check in Begins at 8 a.m.
Shotgun Start at 9:30 a.m.



8745 Tanglewood Drive
Chagrin Falls, Ohio 44023

Beachwood High School Marketing Class Presents EntrovationCLE

The Beachwood High School marketing class, one of three Excel TECC programs housed at Beachwood Schools, held an overwhelmingly successful business expo last month. More than 4,000 visitors interacted with 180 vendors from all over Northeast Ohio, including 50 youth entrepreneurs as young as thirteen. The vendors were a diverse group, featuring tech start ups, gourmet food options, enhancements for home, business and personal services.

Incorporating the Junior Achievement Company Program, the class operates efficiently as a business throughout the school year. CEO's lead the company's different departments showcasing the importance of teamwork. Each student develops professionalism through real world networking experiences. The class, taught by **Greg Perry**, was named Junior Achievement Company of the Year for the second year in a row.



The PTO Garage Sale

On behalf of the Beachwood Schools PTO, thank you to the Beachwood community for the tremendous support of the Garage Sale. From the hundreds of workers to the hundreds of shoppers, you made a difference! The Garage Sale is the PTO's largest fundraiser of the year and your support means more funds available to provide extraordinary learning opportunities for students throughout the Beachwood schools. THANK YOU!

ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, 464-2600 ext. 299 • rph@beachwoodschoos.org

Michele E. Mills, Director of Finance/Treasurer, 464-2600 ext. 239 • mm@beachwoodschoos.org

Lauren J. Broderick, Director of Pupil Services, 464-2600 ext. 234 • ljb@beachwoodschoos.org

Dr. Ken Veon, Director of Operations & Technology, 464-2600 ext. 230 • kev@beachwoodschoos.org

Linda LoGalbo, Director of Curriculum & Instruction/Human Resources, 464-2600 ext. 289 • lhl@beachwoodschoos.org

Kathleen Stroski, Assistant Treasurer, 464-2600 ext. 240 • ks@beachwoodschoos.org

Shana Wallenstein, Director of Marketing & Communications, 464-2600 ext. 237 • swallenstein@beachwoodschoos.org

Bison Senior Athletes Sign Letters of Intent with Local Colleges

Several winter and fall season student athletes signed letters of intent to continue their athletic careers with local colleges and universities this past month.



Congratulations to all of our scholar athletes!



Charles Colson, baseball
Sinclair Community College



Shawn May
baseball, Hiram College



Desmond Crosby
basketball, Cincinnati State



Hannah Kahn
track, Mount Union



Maishe Dailey
basketball, Iowa



Maurina Nunn
basketball, Pitt Johnstown



Tyrone Gibson
basketball, Sinclair Community College



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 (440) 250-0374

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Atherton Awarded Scholarship to Study in Scotland



Blake Atherton, a Beachwood High School 2012 graduate, has been awarded the Saint Andrew's Society of New York Scholarship to study at the University of St Andrews, Scotland. He will be pursuing a Master's Degree in International Security Studies beginning this fall, and will then be attending Georgetown Law School the following year.

Atherton is a recent graduate of Georgetown University's School of Foreign Service, majoring in International Political Economy. He was on the Model United Nations team while at BHS, as well as at Georgetown. Atherton was also goalie and co-captain for the Beachwood soccer team and was on Georgetown's 2012 team, which reached the NCAA Championship Game. In his junior year at GU, he studied abroad in St. Petersburg, Russia.

Taryn Lackritz – Gymnastics State Champion

Congratulations to Taryn Lackritz, an 8th-grade Beachwood Middle School student, who recently qualified for the State championship in her division for gymnastics. She placed 1st in the state of Ohio in uneven parallel bars and 1st in the state of Ohio in balance beam. Lackritz placed 4th overall in the state and qualified for regionals at Bowling Green College-Ohio, at which she was one of eight gymnasts representing Ohio in her division.

Lackritz started taking gymnastics at the age of two in a mommy-and-me-gymnastics class, currently practices at Jump Start gymnastics and is finishing up her third year in competition. She said, "I still plan to compete to improve on my skills, advance to higher levels and hopefully represent Beachwood High School!"

Studio photo credit: Kim Cassidy.



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Prestigious Volunteer Award Presented to Mary Ellen Saltzman

For more than 35 years, the Jewish Federation of Cleveland's Irene Zehman Award has recognized women who demonstrate the highest ideals and practices of volunteer service. This year, the award goes to Mary Ellen Saltzman of Beachwood, founder of Treasures Gift Shop at the Mandel Jewish Community Center (JCC) and Siegal College. Saltzman was honored at the Federation Women's Spring Luncheon on May 18 at Landerhaven.

Saltzman has been the driving force behind Treasures for the past 24 years, selling jewelry, Judaica and crafts from Israel. An entirely volunteer-led shop, Treasures has raised more than \$250,000 for the JCC and formerly "Friends of the

Aaron Garber Library" at Siegal College.

As Treasures raises funds for Cleveland organizations, it also helps support Israeli artists. Saltzman brings original Israeli art and Judaica to Cleveland to sell at Treasures, creating and restoring connections with Israel for many community members. She has been able to bring Israel to the people of Cleveland, without their ever leaving home.

"Treasures Gift Shop has been my connection to the Jewish community," Saltzman said. "I see it not only as a fundraiser in support of Israel, but as a way for people to connect to Israel in a positive way."

In addition to the presentation of the Irene Zehman Award,



the Women's Spring Luncheon featured keynote speaker and former Jewish Clevelander, Jessica Fechter, author of the national bestseller, *Stir: My Broken Brain and the Meals that Brought Me Home*. Luncheon attendees donated non-perishable foods and essential toiletries to benefit our community food pantries.

The luncheon is an annual event for Federation Women's Philanthropy that attracts more than 800 diverse women.

HaZamir Cleveland Performs at Carnegie Hall

On April 3, HaZamir Cleveland, a teen program hosted by @Akiva in Beachwood, had reason to be proud! After seven months of rehearsing weekly with their conductor, Lynne Leutenberg Yulish, they joined the other 30 chapters from the U.S. and Israel in New York to perform in a sold-out gala performance at Carnegie Hall. To catch glimpses of HaZamir's local singers, check out the following youtube videos:

- <https://www.youtube.com/watch?v=kXBdl97FvBU>
- <https://www.youtube.com/watch?v=DDk3TGBqsUs>
- <https://www.youtube.com/watch?v=yT-w3eNWgO8>

HaZamir Cleveland is a chapter of HaZamir, The International Jewish High School Choir. For audition information for the 2016-2017 season, please call Sandy Laserson at 216.849.1551.

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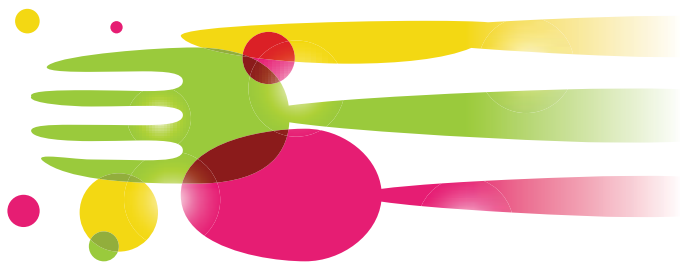
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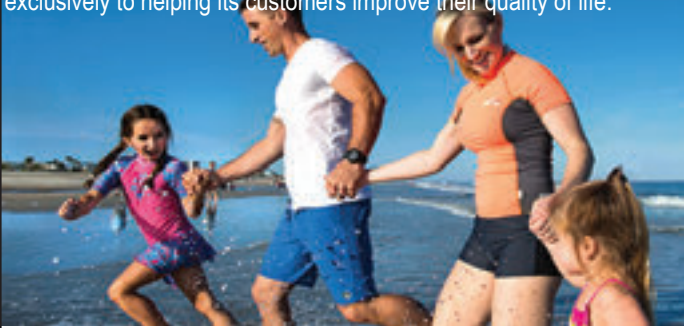
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Alzheimer's and Brain Awareness Month – Raising Awareness and Taking Action

June is Alzheimer's & Brain Awareness Month. Everyone who has a brain is at risk of developing Alzheimer's, a fatal disease that is often misunderstood. During the month of June, you can help by raising awareness and taking action.

Your brain is the command center of your body – and just like your heart, lungs and other critical organs, it deserves to be a priority when it comes to your health. Here are 10 tips to help reduce your risk of cognitive decline.

HIT THE BOOKS – Formal education will help reduce risk of cognitive decline and dementia. Take a class at a local college, community center or online.

BUTT OUT – Smoking increases risk of cognitive decline. Quitting smoking can reduce risk to levels comparable to those who have not smoked.

FOLLOW YOUR HEART – Risk factors for cardiovascular disease and stroke – obesity, high blood pressure and diabetes – negatively impact your cognitive health.

HEADS UP! – Brain injury can raise risk of cognitive decline and dementia. Wear a seat belt and use a helmet when playing contact sports or riding a bike.

FUEL UP RIGHT – Eat a balanced diet that is higher in vegetables and fruit to help reduce the risk of cognitive decline.

CATCH SOME ZZZ'S – Not getting enough sleep may result in problems with memory and thinking.

TAKE CARE OF YOUR MENTAL HEALTH – Some studies link depression with cognitive decline, so seek treatment if you suffer from depression, anxiety or stress.

BUDDY UP – Staying socially engaged may support brain health. Find ways to be part of your local community or share activities with friends and family.

STUMP YOURSELF – Challenge your mind. Build a piece of furniture. Play games of strategy, like bridge.

BREAK A SWEAT – Engage in regular cardiovascular exercise that elevates heart rate and increases blood flow. Studies have found that physical activity reduces risk of cognitive decline.

During Alzheimer's and Brain Awareness Month, honor those facing the disease by participating in the Alzheimer's Association The Longest Day on June 20.

The Longest Day is a team event to raise funds and awareness for the Alzheimer's Association®. Held annually on the

summer solstice, the duration of this sunrise-to-sunset event symbolizes the challenging journey of those living with the disease and their caregivers.

Teams are encouraged to create their own experience by fundraising, while participating in an activity they love to honor someone facing the disease. The event will take place at The Cleveland Racquet Club, which will be open to the public for tennis matches. Two-hour slots will be available, and the minimum donation is \$50. One hundred percent of the proceeds will be donated to the Alzheimer's Association Cleveland Area Chapter Sign up or donate at alz.org/thelongestday. Reserve your space today at: <http://tinyurl.com/j9233m3>.

For more information, visit alz.org/abam.

Programs at The Gathering Place

The Gathering Place is a caring community that supports, educates and empowers individuals and families touched by cancer through programs and services provided free of charge. The programs and services offered provide education, information, support and tools to help manage the stress of a cancer diagnosis. The Gathering Place has two locations in Beachwood and a location in Westlake. Below is a listing of upcoming programs at The Gathering Place, located at 23300 Commerce Park in Beachwood. All listed programs require advance registration by calling 216.595.9546 unless otherwise noted. For more information visit www.touchedbycancer.org.

Prostate Partners

Thursday, June 9 • 6:30-8 pm

Come learn tips and tools for coping with a cancer diagnosis from a panel of prostate cancer survivors. Spouses or significant others are welcome to attend this meeting. No registration required.

Resilience in the Face of Uncertainty: All Day Retreat for Young Adults Surviving Cancer

Saturday, June 11 • 9:30 am-3 pm

Spend a day learning to adjust more easily even when your future is unknown. Spouses, partners, friends, siblings welcome. Advance registration required by calling 216.595.9546 or registering at bitly.com/YAalldayretreat

Hope for Tomorrow: Group for Those with Gynecological Cancers

Wednesday, June 15 • 6-7:30 pm
No registration required.

Group for Older Adults with Cancer

Friday, June 17 • 11 am-12:30 pm
No registration required.

Race for the Place

Sunday, June 5
Beachwood Place
For complete information, see article on page 7. To register, visit www.racefortheplace.com.

Howard Alan Events Presents Two Local Art Shows

Howard Alan Events presents art lovers, craft enthusiasts and festival patrons with back-to-back weekends featuring events that will showcase the finest artists in the country and offer unique and affordable gift items. The 26th Annual Art in The Village with Craft Marketplace, at Legacy Village, will take place Saturday, June 4, 10 am – 8 pm and Sunday, June 5, 10 am – 6 pm; and the 11th Annual Crocker Park Fine Art Fair with Craft Marketplace will take place Saturday, June 11, 10 am – 8 pm and Sunday, June 12, 11 am – 6 pm.

Both shows are free and open to the community. For more information, visit www.artfestival.com, email info@artfestival.com or call 561.746.6615.

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Fairmount Properties Announces AC Hotel by Marriott To Open at Pinecrest

Fairmount Properties, developers of Pinecrest, at I-271 and Harvard Road in Orange Village, is pleased to announce a signed purchase contract with The DelMonte Hotel Group of Rochester, NY for a 145-room AC Hotel by Marriott. The hotel will be centrally located above the planned 400,000 square feet of retail within the Pinecrest district completing a true live, work, play, stay destination.

"While Fairmount Properties had the good fortune to discuss this project with many interested hotel operators, we held out for this particular brand from the very beginning," stated Chris Salata, CIO at Fairmount Properties and lead project executive for Pinecrest. "Everything at AC Hotels by Marriott was designed with clean, simple and crisp lines combined to provide sophisticated European style with a modern feel. A true home away from home!"

With site work 75% completed, Pinecrest looks forward to additional construction in late spring. When finished, this 58-acre mixed-use development will offer 400,000 sq. ft. of retail space, featuring an eclectic blend of best-in-class national brands, specialty regional boutiques, chef-driven culinary experiences, and entertainment venues. It will also include 150,000 square feet of cutting-edge office space and 90 new apartments, all within easy access along Interstate 271. Phase II will feature hundreds of new residences tailored to a wide range of lifestyles – young professionals and empty nesters alike.

With site work 75% completed, Pinecrest looks forward to additional construction in late spring.

Milestones 14th Annual Autism Spectrum Disorder Conference, June 16-17

Conference Offers Two Days of Evidence-Based Workshops to Local Autism Community

Milestones Autism Resources is pleased to announce that the 14th Annual Autism Spectrum Disorder Conference will take place on Thursday, June 16, and Friday, June 17, from 8 am – 5 pm, at Landerhaven. Registration and scholarships are available at milestones.org.

Milestones encourages family members, educators, administrators, therapists, clinicians, and individuals with Autism Spectrum Disorder (ASD) to attend the must-attend autism event to learn evidence-based strategies for all ages, stages, and ability levels. Complimentary lunch and parking are provided for all attendees.

"I attend the Milestones Conference to be part of a

larger community in support of the 12 kids I teach," said Gina Edgehouse, teacher and past attendee. "This gives me a place to go so I can lead my students in a better direction."

Highlights include:

- Straight from the Source Workshop Series – Based on popular demand, the Individuals with ASD panel is expanding to feature additional panel sessions with siblings, moms, and dads.
- Nine exciting tracks: Behavior Analyst Certification Board (BACB); Behavioral Health; Communication & Technology; Individuals with ASD; Medical; Occupational

Therapy; Parent, Family and Caregiver; School Team; Teen/Adult Services

- 75 evidence-based workshops
- 40+ exhibitors
- Continuing education for nine disciplines
- Parent Guidance
- Networking

This year's national keynotes include James Ball, EdD, BCBA-D, and Jennifer McIlwee Myers, Aspie at Large.

Ball, Autism Society executive chair, has provided educational, employment, and residential services to children and adults who are affected with autism for more than 25 years. Myers provides personal

insight and understanding to individuals like her with sensory-processing disorders and ASD.

Sponsors include the Cuyahoga County Board of Developmental Disabilities, Cleveland Clinic Children's, University Hospitals Rainbow Babies & Children's Hospital, MetroHealth, Monarch Center for Autism, Robert W. Baird and Company, Westminster Technologies, Cleveland State University College of Education and Human Services, and others.

For more information about the 14th Annual Milestones Autism Spectrum Disorder Conference, please visit milestones.org.

Tuesday, June 14th
11am to noon

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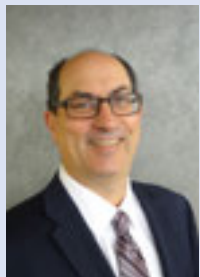


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Beacon Financial Partners Welcomes Alan Yanowitz



Beacon Financial Partners is pleased to welcome Alan Yanowitz, financial planner,

to the Cleveland-based wealth management firm. Yanowitz is a recognized financial educator, author and investment advisor whose passion is evident whether he is educating and serving clients, active in his industry at the Estate Planning Council of Cleveland, or serving his community as an active leader and member of several organizations. Yanowitz has worked with the Jewish Community Federation of Cleveland, United Way, Cleveland Jewish News Foundation, Cleveland Metropolitan Bar Association and Estate Planning Council of Cleveland.

"Yanowitz's rigorous legal education and training, plus his decades of estate- and tax-planning experience equip him to bring a unique multi-disciplinary perspective and skill-set to the firm," stated Gregory Randall, CEO. "We are thrilled to add him to our already established team of experienced professionals."

Yanowitz received a Bachelor of Science degree in business administration from Northeastern University in Boston, Massachusetts and earned his Juris Doctorate from Case Western Reserve University School of Law.

The J Show Announces Call for Art Entries

Juried art show will be held from September 19 – November 28

The Mandel JCC announces a call for entries for its J Show, a juried art show and sale that features an eclectic mix of artwork from established, emerging and amateur artists. Artists who reside in Northeast Ohio are encouraged to submit artwork June 1 through August 15. Works selected will be displayed in the high-traffic Mandel JCC lobby in Beachwood, from September 19 through November 28.

Artists may submit up to four pieces of original 2-dimensional work. Media

acceptable for submission include works on paper, paintings, photography, mixed media and digital media. Work of more than 3-inch depth, or heavier than 25 pounds, will not be accepted. Entry fees are: students \$15, Mandel JCC member \$20 and general community \$25. Work may be priced to sell or marked NFS (not for sale). All work must be submitted through www.wetransfer.com.

The curators for the juried show and sale are Dr. Jennifer Finkel, curator, Cleveland Clinic Art Program, Arts

& Medicine Institute; and Shawn Godwin, independent curator and executive director/curator of the Davis Sculpture Foundation.

The J Show opening exhibit will be held on September 22 from 7-9 pm with prize awards presented at 7:30 pm. Visit Mandeljcc.org/jshow to download an application or pick up an application at the Mandel JCC membership desk. For questions, contact Julie Frayman at jfrayman@mandeljcc.org or 216.593.6216 or visit mandeljcc.org/jshow.

Mandel JDS Students Act as Museum Docents at Cleveland Museum of Art

The Cleveland Museum of Art recently had an additional 13 docents. On April 17, the eighth-grade class of Mandel JDS was tasked with presenting the work of a master painter to an audience filled with parents, siblings, and community members.

The presentation is the culmination of a year-long art history study in which each student learns about the life of their selected painter, and ultimately emulates the style of their painting through a work of their own. Finally, the students pack up their paintings and head to the museum, where they give a five-to-ten-minute presentation about the life of that painter, directly in front of their work.

Artists spanned from Renaissance to contemporary, from Henri Matisse to Rene Magritte, Sandro Boticelli, Vincent Van Gogh, and Claude Monet. Five



Pictured from left: Elana Spiegel and Leora Joseph.

students studied living artists, one of whom, Jake Moses of Solon, communicated back and forth with his artist, Carol Schiff, of Florida.

"This is something we have been doing for 23 years," said Barbara Weiss, veteran Mandel JDS art teacher. "One thing we

always notice is that, as we go through the museum, acting as docents, we pick up random museum visitors along the way who are drawn to our students as sources of intriguing, factual information. What a special opportunity for the students to get to share their knowledge."

Zika Virus Information

The Cuyahoga County Board of Health continues to work closely with the Ohio Department of Health and conducts surveillance to monitor for mosquitoes that may transmit disease, including the Zika virus. Although local transmission of Zika virus through the bite of a mosquito has not been identified in the continental United States, the U.S. mainland does have two species of mosquitoes that can become infected with and spread Zika virus. The primary vector for transmitting Zika, the *Aedes aegypti* mosquito, is not established in Ohio and is found in the Southeastern States. A possible second vector, the *Aedes albopictus* mosquito, also known as the Asian Tiger mosquito, is rarely found in Northeast Ohio.

These species of mosquitoes do not breed in storm water control basins or woodland pools. They prefer to breed in water that collects in artificial containers (tires, buckets, garbage cans, flower pots, children's toys, etc.). Residents can help reduce the local mosquito population by removing any type of container that can hold enough water for a week or more.

U.S. travelers who visit a country where Zika is found could become infected if bitten by a mosquito. Any spread of the Zika virus in the U.S. would have to start with the introduction of infected persons, who would need to be once again bitten (within a week of becoming ill) by the specific mosquito species mentioned previously. These infected mosquitoes could then transmit the virus when they bite and feed on others.

Although there is very limited potential for local transmission to occur in the U.S., it is extremely unlikely that we will see any widespread local transmission of Zika here, in Northeast Ohio.

Please keep in mind that nearly every year we continue to have local human cases of West Nile virus and/or LaCrosse encephalitis. We need to be aware that these mosquito-borne diseases are still here and that we must take necessary precautions to help prevent mosquito bites, especially in mid-to-late summer and early fall.

We ask the public to help prevent mosquito breeding in your neighborhood by:

1. Disposing of containers that collect water (tires, buckets, cans, flower pots, etc.)
2. Eliminating areas of stagnant water
3. Repairing leaky outdoor faucets that leave puddles
4. Emptying and refilling bird baths at least once a week
5. Cleaning, draining and covering pools or hot tubs if not in use
6. Covering rain barrels and unclogging all gutters so they drain properly
7. Filling tree holes with tar or cement
8. Tightly screening all openings of your home
9. Keeping children indoors during times of peak mosquito activity (1 hour before and 1 hour after sunset)

The Cuyahoga County Board of Health also asks the public to help prevent personal exposure to mosquitoes by using insect repellents containing DEET, picaridin, or lemon eucalyptus oil and following label directions.



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Sunday: 11 am-5 pm

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- Kids activities
- Street performers

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Entertainment schedule & details at
bit.ly/ShakerAMFest

The Festival is supported in part by the residents of Cuyahoga County through a public grant from Cuyahoga Arts & Culture.



Kimberly Rorick

Shaker Heights Middle School
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44122

JFSA Announces New Services; Welcomes Dr. Philip Goldberg and Dr. Mirfee Ungier to Alyson's Place



Jewish Family Service Association is pleased to announce that Ophthalmology services are now available to clients at Alyson's Place – JFSA Medical Clinic. To provide

these services JFSA also welcomes two new board-certified physicians with more than 30 years of clinical experience.

Dr. Philip Goldberg is a Staff Physician at the Cleveland Clinic's Cole Eye Institute. His specialty areas include cataracts, glaucoma, and laser surgery. Dr. Goldberg earned his medical degree from the University of Louisville School of Medicine and completed his residency at University Hospitals.

Dr. Mirfee Ungier is an ophthalmologist at University Hospitals, Parma Medical Center. Her specialty areas include glaucoma and lens implants. Dr. Ungier received her medical degree from Case Western Reserve University School of Medicine and completed her residency at University Hospitals.

Alyson's Place is a collaboration with University Hospitals which gives JFSA clients and their family members access to quality healthcare services, improved care coordination, reduced hospital admissions and re-admissions, lower rates of hospital emergency department use, and reduced healthcare costs.

Beachwood Resident Earns Volunteer Award from Nonprofit Association in Ohio

Elaine Geller of Beachwood was named 2016 Outstanding Ohio Nonprofit Volunteer for the Northern Ohio Region by the Ohio Association of Nonprofit Organizations (OANO), a statewide membership association of more than 550 nonprofit organizations. The award was presented at the 2016 Ohio Nonprofit Conference and Excellence Awards in Columbus on May 3.

The award recognizes a dedicated volunteer who goes above and beyond the norm to support the success and achievements of an Ohio nonprofit organization. She was nominated by the National Council of Jewish Women/Cleveland for her vol-

unteer leadership in researching, teaching and initiating projects in human trafficking; for her leadership and continuing work with youth aging out of foster care, and for her commitment to the mission of NCJW.

"Elaine Geller has turned a passion for the socially marginalized into a full-time volunteer position," said Linda Barnett, NCJW president, in her letter of nomination. "In the process, she has changed the way the community – and our organization – views and supports the most vulnerable members of society."



Formerly a vice president for the Federal Reserve System, Elaine currently sits on the executive committee of NCJW as recording secretary. She also held the position of vice president, finance and treasury.

"Working with NCJW since my return to Cleveland after many years in California has inspired me to learn more about our social issues and become increasingly more involved with the groups that seek to create change," said Elaine. "I consider it my full time 'retirement' career."

New Presidents Named for NCJW/Cleveland

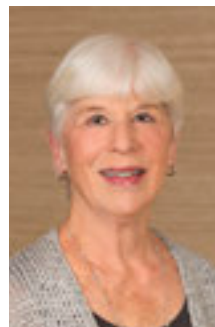
New officers and board members appointed

Two women will lead NCJW/Cleveland as co-presidents, serving a two-year term beginning July 1 and extending through June 30, 2018. Both Myrna Arlen (pictured, top) and Susie Gordon (below) have extensive experience with NCJW, having chaired major meetings and served as vice presidents of almost every position on the executive committee.

"Each woman brings a special skill set to the leadership of NCJW/Cleveland and they have worked together often to co-chair events," said Faye Bass, chair, leadership development committee and former president from 2012-14. "The organization is constantly investigating needs in the community and adding to our responsibilities to improve lives of women, children and families locally, regionally and in Israel. It's more than a full-time job overseeing the outreach and managing the

internal operations of a 2,000-member organization with a wide range of advocacy initiatives, community service projects, education programs and retail operations," Bass added.

The following were named to the executive committee as officers to serve two years beginning June, 2016: Jill Braun, Kelly Markowitz, and Michele Kaminsky*, co-vice presidents, retail operations; Debbie Joseph, vice president, community service; Elaine Geller*, recording secretary; Roberta Herman, vice president, advocacy; Leslie Royce Resnik, vice president, communications; Barbara Shane, vice president, fund develop-



ment; Sue Cutler*, vice president, finance; Leslie Levine*, vice president, membership; Esther Spott, vice president, program/education.

New board members, beginning the first year of a two-year term, are: Arlene Fine*, Laura Kuntz, Debbie Rosenthal, Liz Rumizen, Gail Sands, Shani Spigle and Dana Trau.

Continuing on the board are: Cyndy Fellenbaum, Cheryl Gutmacher*, Debbie Hoberman, Ellen Leavitt, Marilyn Oif*, Wendie Forman, Betty Naft, Ellen Young, Arielle Cohen and Rochelle Solomon.

* Beachwood Resident.

JFSA Ascentia and PLAN Client Art Exhibit Goes on Tour

Jewish Family Service Association and the Planned Lifetime Assistance Network (PLAN) are pleased to announce that the 2016 Client Art Exhibit "Beyond the Cherry Blossom" will go on tour this spring and summer. The traveling exhibit is a culmination of a nine month study in which JFSA and PLAN clients participated in weekly art therapy sessions focusing on the history, art, drama, architecture, music, and fashion of Asian culture. The annual project provides adults with mental illness a creative outlet to aid in their mental health recovery while also increasing awareness and understanding of mental health recovery in the general community.

The traveling exhibit is a culmination of a nine month study in which JFSA and PLAN clients participated in weekly art therapy sessions focusing on the history, art, drama, architecture, music, and fashion of Asian culture.

Upcoming venues include:

- July 14 – 21, Legacy Village
- August 5 – 20, Heights Arts gallery
- September 24, Heights Music Hop

Tour details can be found online at www.jfsa-cleveland.org or by calling Jacquie Houser, PLAN Holistic Recovery Program Coordinator, at 216.504.6483.

PLAN is a membership organization for individuals with mental illness, cognitive disabilities and Autism spectrum disorder. Since 1989, PLAN of Northeast Ohio has provided help to those living with chronic mental illness and their families. PLAN's approach provides the tools individuals need to achieve enduring emotional and cognitive growth.



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Geauga Savings Bank Expands Beachwood Team

Geauga Savings Bank announces that Dell R. Duncan, executive vice president, has joined the bank in a senior management position. Duncan will assist in developing competitive loan and deposit services as well as lead the establishment of a corporate office and a lending office in Beachwood.

Geauga will be looking to actively grow commercial relationships in the Northeast Ohio market and expand the availability of community banking services.

Duncan has a 40-year banking history with experience in a number of Northeast Ohio financial institutions. He began at Midwest Bank/Provident Bank as vice president of operations; and later founded two community banks in Beachwood – Commerce Exchange Bank in 1986 and Ohio Commerce Bank

in 2006, where he was president, ECO and a member of the board of directors.

Duncan is a founding director, former president and a member of the executive committee of the Beachwood Chamber of Commerce. He is a past chairman of the Cleveland Pops Orchestra, and former chairman and treasurer of the Beachwood Convention and Visitors Bureau.

“With the growing strength of Geauga and my knowledge of the local market, I am eager to bring community banking back to Beachwood. This area has been my home for more than 30 years and the market deserves a community bank with vision, execution and commitment to the local businesses,” said Duncan.

Heathyr Ullmo has also joined the bank as a senior commercial banking officer. Ullmo will be located out of the new GSB lend-

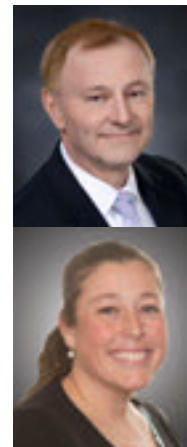
ing office in Beachwood. She will be responsible for generating and managing client relationships and treasury management services.

As Geauga is looking to actively grow commercial relationships in the Northeast Ohio market, Ullmo’s treasury management expertise will be a great benefit for the bank. “We are very excited to have Heathyr in Beachwood,” said Jim Kleinfelter, president and CEO of Geauga Savings Bank. “We are constantly looking to enhance our business customer experience and expand our service offerings. By adding knowledgeable experts who are uniquely client focused, we deliver on our promise to bring local community banking to the area. Heathyr will be a huge asset to local business owners.”

Ullmo has a broad 15-year banking background with prov-

en excellence in commercial account management. Prior to joining Geauga Savings Bank, she served as a business development officer and treasury management sales officer at Peoples Bank, formerly Ohio Commerce Bank. As a senior commercial banking officer, Ullmo will provide vision and solid financial advice for local businesses.

Ullmo recently completed a successful two-year term as president of the Beachwood Chamber of Commerce and will continue to have an active role on the Chamber of Commerce Board of Directors.



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Federation Programs

Are you 50+, and looking to make a difference? **IMPACT!** is for you. **IMPACT!**, a new volunteer initiative for Baby Boomers, offers a myriad of opportunities that will enable you to share your professional expertise, time, and energy to assist those less fortunate in the Cleveland community. Get to know other volunteers, like yourself, who are discovering a new phase of their lives through the Federation's social and enrichment programs. Check out our list of upcoming events and register online at www.jewishcleveland.org.

Planning for Retirement: Reinventing Your Life and Realizing Your Dreams

June 7 • 7 – 8:30 pm • \$5/person
Mandel Jewish Community Center
Build a plan to achieve success in all your personal and professional endeavors for post-work life. Led by experts Jennifer Cohen and Gregg Levine, this interactive program will leave you feeling empowered as you walk away with your own personal starter plan for retirement.

Volunteer at Providence House

June 28, 10 am – noon
2050 W. 32nd Street, Cleveland
Volunteers will be doing an inventory of donated items at Providence House, one of the nation's oldest operating crisis nurseries among the 70+ in operation in the U.S. and Canada offering emergency shelter and care to children who are actively at risk for abuse and neglect due to family crisis.

8th Annual Summer Soirée

June 9 • 7:30 pm – 12:30 am • Acacia Clubhouse, Lyndhurst
\$36/person pre-register or \$45/person at the door

Celebrate summer at Jewish Cleveland's social event of the season: the 8th annual Summer Soirée! Join Federation's Young Leadership Division (YLD) and JCLE for refreshing summer cocktails, an awesome DJ, and great food. Plus smile for the photo booth, stop at the Ben and Jerry's ice cream bar, and win some awesome raffle prizes. Learn more and register at www.jewishcleveland.org.



Event chairs, host committee members and staff celebrate summer at YLD and JCLE's 2015 Summer Soirée.

PJ Library Goes to Camp for Family Fun Day

June 26 • 10 am – 3 pm • Mandel JCC Day Camp at Halle Park in Burton
Register by June 22: Kids (under 12) FREE, Adults \$5
Walk-in Registration: Kids (under 12) \$5, Adults \$10

Meet other young families, celebrate summer, and have fun! Enjoy swimming, boating, arts and crafts and more at this annual event. Learn more and register at www.jewishcleveland.org.

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Beachwood Library Programs

The Cleveland Museum of Art: A Portrait

Wednesday, June 15
7 pm

Acclaimed photographers Jennie Jones and her assistant, Stuart Pearl, had the great privilege of photographing the Cleveland Museum of Art as it stands today, an international star in interior design, art presentation and preservation with great social spaces. After a year and a half, the images were assembled by the museum staff for a celebratory publication, *The Cleveland Museum of Art: A Portrait*, which was released in the fall of 2014. Tonight, you will see the real inside story of what makes the CMA so very special. Sponsored by the Friends of the Library.

Cleveland Music History: From Bach to Zelenka

Friday, June 17
1 pm

This program traces music history, culture and institutions in the City of Cleveland and Northeastern Ohio from the 1800s to the present day. Special emphasis will be given to the Cleveland Orchestra, including its two venues, Severance Hall and Blossom Music Center, the Cleveland Pops, the Cleveland Institute of Music, the Music Settlement, City Music Cleveland and Apollo's Fire. Sponsored by the Friends of the Beachwood Library.

Father's Day Music at the Library:

The Sounds of Jazz
Sunday, May 19
2 pm

Celebrate Father's Day with a program featuring a father/daughter team backed by some of the area's finest musicians: Nancy

Redd on flute and vocals, Reggie "Daddio" Redd on saxophone, Leo Coach on piano, John Stebal on drums and Christopher Vance on bass. Sponsored by the Friends of the Library.

Coloring Happy Hour For Adults

Tuesdays, July 5, July 12,
July 19, July 26
4 pm

Relax and socialize while enjoying the newest hobby for adults – coloring. Supplies will be provided by the Friends of the Beachwood Library. No registration required.

Play Reading with Mamai Theatre Company: Lady Windemere's Fan

Wednesday, July 6
7 pm

Join Michael Parker of Mamai Theatre Company to discuss *Lady Windemere's Fan* by Oscar Wilde.

Oscar Wilde fans the flames of Edwardian social change with his typical adroitness. Comedy and manners offer a tongue-lashing, suspenseful assault on Victorian values. An attractive stranger invades the domestic bliss of Lady & Lord Windemere, and her past has the potential to drastically alter their future. Lord Darlington plays a hand. All bets hinge on chance, fate, accident – and a fan.

Meet Author Irene Shaland

Sunday July, 10

2 pm
Local author Irene Shaland will share familiar as well as unknown stories from Jewish communities around the world when she introduces you to her newest book, *The Dao of Being Jewish*.

CHILDREN'S PROGRAMS

Jr. Robotix Club

Thursday, June 9
3 pm
Ages 8-11

Love to build with LEGO and looking for a new adventure? Join in, build STEM skills and explore the world of WeDo robots.

Friday Family Fun: Journey to South America!

Friday, June 10
10:30 am
Ages 3 to 6 with a caregiver

Take an imaginary trip to South America, site of the Summer Olympics, and experience the culture through stories, songs and crafts.

Harry Potter Party

Wednesday, June 22
6:30 pm
Families

Bring the whole family to celebrate the magical world of everyone's favorite wizard with games, crafts and activities. Costumes recommended!

Stevens Puppets Presents: Rumpelstiltskin

Monday, June 27
6:30 p.m.
Families

Rumpelstiltskin is a fast paced, action filled, rhyming rendition of the classic tale, following the Miller as he weaves a web of lies to convince the King that his daughter can spin straw into gold! Enter the outrageously outspoken and never happy villain, Rumpelstiltskin, whose preposterous demands create even more mayhem in the land of Stiltskin. Top it off with a famous, ground-breaking marionette that "flies to pieces" right

before your eyes. Couple that with the Stevens Puppets touch of humor and authenticity, and you get one of the most highly rated, happily pleasing programs ever.

Storytimes:

Toddler Storytime

Mondays at 4 pm and
Wednesdays at 10 am
Ages 19-35 months with a caregiver

Enjoy books, rhymes, songs and fingerplays.

Baby & Me Storytime

Tuesdays at 4 pm and
Thursdays at 10 am
Caregivers and their babies from birth-18 months

Enjoy rhymes, songs, fingerplays and books, all perfect for baby.

Preschool Storytime

Tuesdays at 2:30 pm and
Wednesdays at 1:30 pm
Ages 3-5 not yet in kindergarten and their caregivers

Enjoy stories, books, rhymes, songs and fingerplays with your little one.

Registration is required for all programs except storytimes, unless otherwise noted. To register, please call 216.831.6868 or visit www.cuyahogalibrary.org.

For a complete listing of library programs, visit www.cuyahogalibrary.org.

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Tee-Off at 9:00am

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\$35.00 per Non-Golfer: Includes Admittance to Ceremony Dinner, Raffle, Silent Auction

Buffet Dinner begins at 3:00pm in the Club House

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Free Family Summer Fun at Legacy Village

This summer at Legacy Village, children will be able to get behind the wheel of a firetruck, learn about exotic animals, dance their hearts out to live music, win cool prizes and much more. From weekly Little Legacy educational series, to Kids Village and a new Meet the Machines event, Legacy Village's free summer programming for children is sure to be a hit for parents and youngsters alike.

Little Legacy

Turn Wednesdays into fun days for the little ones at Little Legacy, June 1 through August 31. Little Legacy offers educational, cultural and wellness-based events all summer long, with entertaining programming for children, pre-K and younger, and their parents. Sessions will be led by Barre3, Goldfish Swim School, L.L. Bean, Jungle Terry and more. Held at the Lawn each Wednesday from 10:30 to 11:30 am, Little Legacy is free and open to the public.

Kids Village

Legacy Village will be transformed into Kids Village on Sunday, July 10, from noon until 5 pm for an afternoon of kid-friendly activities, entertainment, demonstrations, and more. The 10th annual Kids Village will be presented by UH Rainbow Babies & Children's Hospital and Hawken School.

Activities for the free public event are scheduled to include interactive booths and displays, safety information, live entertainment, demonstrations on the stage, cool prizes and much more.

Meet the Machines

On August 13, Legacy Village will host Meet the Machines, a new event that offers a unique opportunity for youngsters and families to touch and explore construction, emergency and service vehicles, and more machines of all makes and sizes. This hands-on experience will feature games, live music, safety information and more! Meet the Machines is a free public event made possible with the support from The City of Lyndhurst.

For more information, call the Legacy Village Management Office at 216.382.3871 or visit us online at www.legacy-village.com.

Free Weekend Concert Series

Thursday evening concerts an added mid-summer bonus

Legacy Live, the Legacy Village free concert series, returns with the music of summer beginning Friday, May 27 and continuing with free concerts every Friday and Saturday through September 3. From pop and Motown to rock and jazz, concert-goers will enjoy some of their favorite music beginning at 6:30 pm and ending at 9:30 pm.

"There's an amazing ambiance and sense of community that attracts Legacy Live concert-goers to what has become one of Northeast Ohio's most popular free concert series," said Legacy Village General Manager Susan Windle. "The Legacy Village Lawn comes alive with families, friends and couples who often make dining at one of the center's restaurants part of their Legacy Live tradition."

The new Legacy Live Thursday evening concerts will begin June 23 and run through August 11 from 6 to 8 pm. All concerts take place at The Lawn, located between California Pizza Kitchen and Bar Louie and are subject to cancellation in cases of inclement weather. Listed are concerts scheduled through July 15. Here's the schedule:

- Friday, June 10 - Evil Ways (Santana Tribute)
- Saturday, June 11 - Revolution Pie (Beatles Tribute)
- Friday, June 17 - Rule 11 and the Sanctions (Classic Rock)
- Saturday, June 18 - Big Ship (Acoustic Funk)
- Friday, June 24 - The Recyclers (Rock, Blues, R&B & Soul)
- Saturday, June 25 - Light of Two Moons (60's & 70's Acoustic Rock)
- Thursday, June 30 - Saborit (Latin Soul)
- Friday, July 1 - The Swamp Boogie Band (Blues/Rock)
- Saturday, July 2 - The Discovery Band (Pop/Dance/R&B)
- Thursday, July 7 - Big Ship (Acoustic Funk)
- Friday, July 8 - Ricky & the Rockets (Classic Rock/Oldies)
- Saturday, July 9 - Replay (Oldies)
- Thursday, July 14 - Blue Lunch (Jazz/Swing/Blues)
- Friday, July 15 - Backtraxx (Oldies)

For more information, visit www.legacy-village.com.

Food Trucks Roll into Legacy Village This Summer

Extend your weekend fun one more day at Food Truck Mondays

"Food Truck Mondays" are now back at Legacy Village from 11:30 am to 1:30 pm featuring an array of food trucks that will help satisfy virtually any craving. Local bands will amp up the lunch hour, for an atmosphere sure to chase away the Monday blues. The food trucks will return twice a month through August.

"Food Truck Mondays is one of the largest food truck gatherings in Northeast Ohio and is an ideal way to kick off the week," said Legacy Village general manager Susan Windle. "It's a great way to enjoy some great food, cool music and warm weather during the work week."

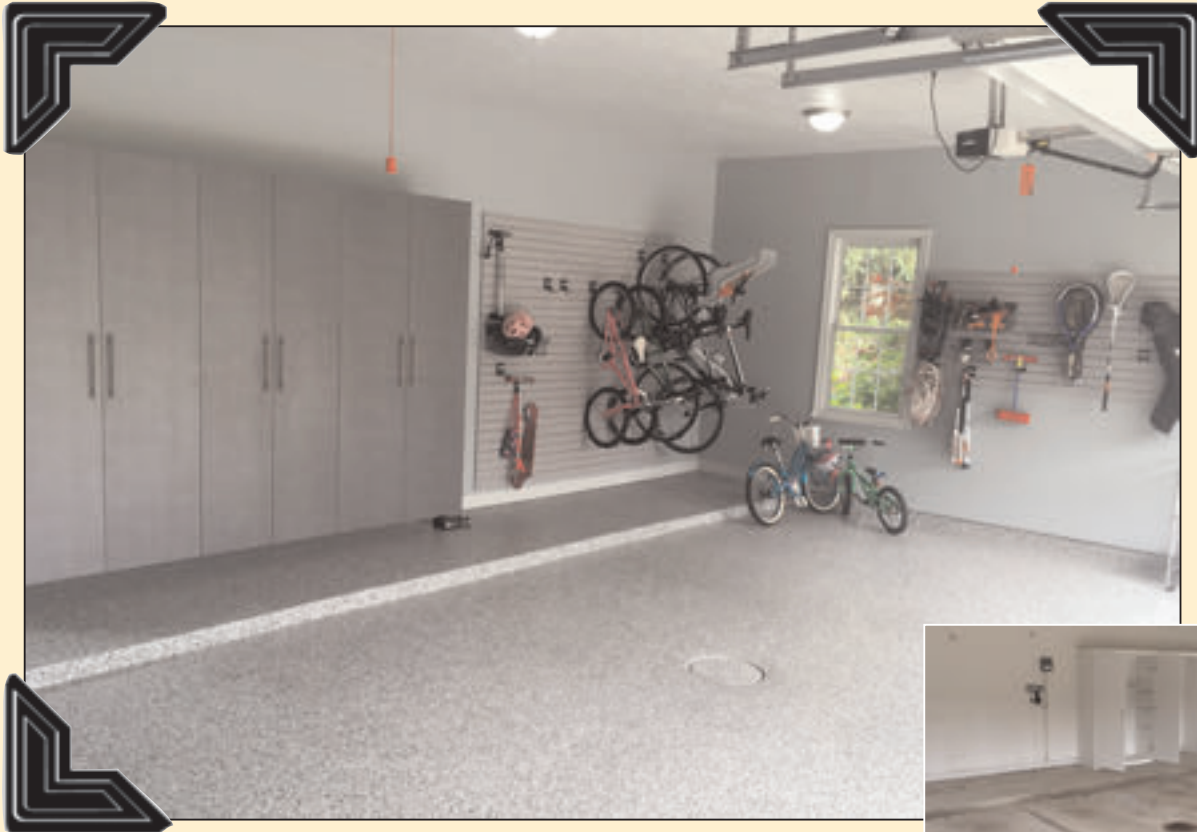
Upcoming dates are June 6, June 20 and July 11. Events take

place rain or shine. For more information visit the Legacy Village Facebook page or www.legacy-village.com.

"Food Truck Mondays is one of the largest food truck gatherings in Northeast Ohio and is an ideal way to kick off the week," said Legacy Village general manager Susan Windle. "It's a great way to enjoy some great food, cool music and warm weather during the work week."

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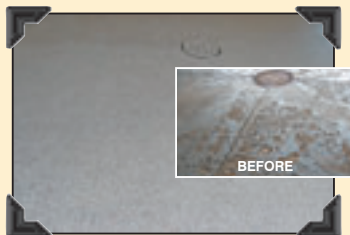
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*Scott Kravitz is a 2007 graduate of BHS's student marketing program

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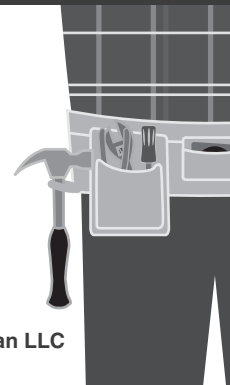
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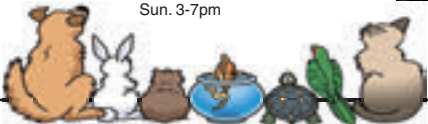
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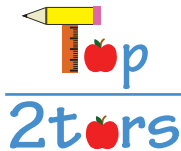
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Local Residents Cycle to Stop Diabetes at Annual Tour de Cure

The American Diabetes Association invites riders of all levels to join the celebration and the Stop Diabetes® movement by taking part in the 25th Annual Tour de Cure®. The cycling event, happening on Saturday, June 11 at the Great Lakes Science Center in Cleveland, helps raise funds to change the future of diabetes and help stop this devastating disease.

This year Tour de Cure is celebrating its 25th anniversary. Since 1991, Tour de Cure riders have raised over \$250,000,000 to help advance the American Diabetes Association mission. The Tour de Cure is more than just a cycling event; it's a day packed with excitement and energy where riders of all levels join forces to raise critical funds for diabetes research, education and advocacy.

In Northeast Ohio, these cyclists will gather at one of five routes to ride through downtown Cleveland and along Lake Erie. They will join more than 65,000 other Tour de Cure® cyclists and volunteers from across the country. Individuals and teams, composed of co-workers, families and friends, will take the ride of their lives to help raise funds for the nearly 30 million Americans living with diabetes.

Tour de Cure is designed for anyone. There are routes from the occasional rider to the experienced cyclist with trails from a 1-mile family loop to a 100-mile century ride. The route will feature rest stops with food to fuel the journey and volunteers to cheer the riders on. Cyclists who live with either type-1 or type-2 diabetes are designated as Red Riders and receive a commemorative jersey and VIP treatment on the day of the event. Red Riders ride away from the event feeling a sense of support, knowing they are not alone in battling this disease.

"The Tour de Cure is more than just a bike ride; it is a celebration of hope and a chance to raise critical funds to help Stop Diabetes. Every mile you ride and every dollar you raise brings us that much closer to stopping this disease that affects more than 350,000 people in our community," said Erin Reddy.

The Tour de Cure raises funds through registration fees and pledges collected by the cyclists. To register, cyclists or volunteers can call the American Diabetes Association toll-free at 1.888.DIABETES or register online at www.diabetes.org/tour.

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