

Beachwood Buzz

March 2018

Every Resident. Every Business. Every Moment.

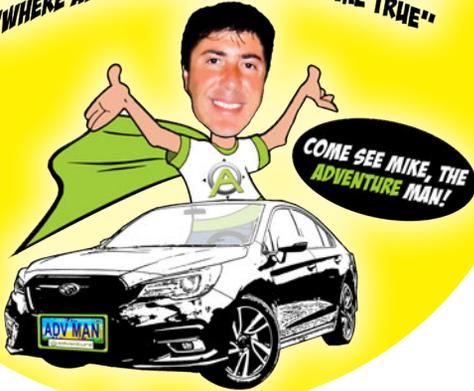
MAGAZINE



Beachwood Senior Trips
TAKE FLIGHT

Also Inside:
Meet Our Newest City Council Members
Village in the Heights
City Council Update
Beachwood City Schools 2017 Annual Report
The ONE Campaign
Who's Buzzin' in Beachwood?
and much more!

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Exciting News!

I am very excited to let you know that I have accepted a job at Adventure Subaru and Adventure Chrysler, Jeep, Dodge, Ram as Vice President of Operations.

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Last month I received information from Menorah Park about ageism. The article stated, “Don’t accept it. Don’t excuse it.” This information struck a chord because of the time I regularly spend with some seniors who are in their 80s and 90s. I believe age is just a number. A 94-year-old woman in my art class shows up with a smile on her face each week, while younger people I know convince themselves they are old and act accordingly.

“The longer I live the more beautiful life becomes.”

~ Frank Lloyd Wright

“I suppose real old age begins when one looks backward rather than forward.”

~ Mary Sarton

“Know that you are the perfect age. Each year is special and precious, for you shall only live it once. Be comfortable with growing older.”

~ Louise Hay

“You don’t stop laughing when you grow old, you grow old when you stop laughing.”

~ George Bernard Shaw

“None are so old as those who have outlived enthusiasm.”

~ Henry David Thoreau

“You can’t help getting older, but you don’t have to get old.”

~ George Burns

The ageism article shared results of a longitudinal study done at Yale University of individuals 50 years and older. It showed that people who had more positive self-perceptions of getting older had life expectancies of more than seven-and-a-half years longer than those with negative attitudes about aging. Those with negative attitudes about aging experienced more memory issues and had lower self-esteem.

This article shared the following bits of wisdom:

- Your age does not define you. Don’t let stereotypes convince you otherwise.
- Retirement doesn’t mean you are retiring from life or giving up your identity.
- Opting for assisted living instead of remaining in your house doesn’t mean you are dropping off the grid. You can be more active than ever.
- Mentor! Share your experience. Yours is unique to anyone else in the world.
- Stay in touch with the younger generation. They need your wisdom.
- Be open to new things. Be your ageless self.
- Don’t silence your voice. Be in charge of your choices.
- There are new adventures and memories of a lifetime still to be made.

With a good attitude, motivation and making the choice to live in the present, aging may be a positive time in our lives. At any age, there are many opportunities to pursue interests and utilize talents right here in Beachwood. In this issue, we introduce Village in the Heights, a local chapter of an organization that puts the word “neighbor” back into our neighborhoods. As our population ages, many people desire to remain in their homes and may need some help. We are often so focused on our own lives that we don’t know what’s going on with our neighbors. The Village matches up volunteers with neighbors who can use a helping hand – whether it’s to take out the rubbish, change some light bulbs, or help with other light tasks. Be sure to read this article on page 14.

People with positive self-perceptions of getting older may extend their lives more than seven-and-a-half years. We all have a lot for which to feel grateful and aging is one of them. It is a privilege denied to many.

Also, if you or someone you know like to travel, the City of Beachwood plans great trips for seniors. Most participants are 65 years and older. Your guides, Esther Rutman and Shannon Diamond, serve as your personal concierges. This year, you can visit Santa Fe, NM; Wisconsin and the Dells; and Newport, RI. You can also go on a 7-day cruise to Florida and the Bahamas. Please see our cover story on page 6.

Continuing education is always an option, too. The Laura and Alvin Siegal Lifelong Learning Program offers plenty of opportunities. As quoted in the article on page 22, “With lectures, non-credit (audit) courses and other educational programs such as informal conversations offered year-round, the brain stands no chance to rest.”

There are additional programs and opportunities offered on these pages. And, if you know of programs of interest that I can publish in future issues of *Beachwood Buzz*, please send me information at beachwoodbuzz@gmail.com.

All of us have adversity in our lives and things we cannot control. What we can control is our attitude and how we want to live today. As mentioned above, people with positive self-perceptions of getting older may extend their lives more than seven-and-a-half years. We all have a lot for which to feel grateful and aging is one of them. It is a privilege denied to many.

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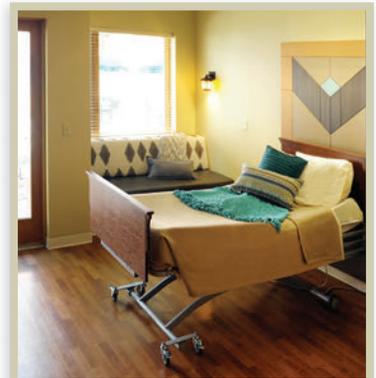
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Beachwood Buzz welcomes all Letters to the Editor. Please send all letters via email to beachwoodbuzz@gmail.com.

Calendar Section

Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

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Beachwood Buzz is distributed via the U.S. Post Office to every resident and every business, every month. If you live outside our distribution area, subscriptions are available by sending your name, address and a check for \$30 (12 issues) to Beachwood Buzz P.O. Box 22194 Beachwood, Ohio 44122

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Beachwood Buzz
MAGAZINE

2016
Beachwood Chamber of Commerce
Business of the Year

Cover Photo



Cover Photo

Seventeen years ago, Esther Rutman accepted a position as program coordinator for the City of Beachwood's Community Services Department. She was hired to plan trips for seniors that included sightseeing and cultural components.

More than one-and-a-half decades later, programming continues to take flight, with Esther still piloting the program. This year, trips are planned to Santa Fe, New Mexico; Newport, Rhode Island; Wisconsin and the Dells; and a 7-day Cruise to Florida and the Bahamas. Complete story is on page 6 and 7.

Photos by Scott Morrison, Discovery Photo.

City Council Update • Pages 28-31

June Taylor Appointed to Open City Council Seat

City Council Establishes New Housing Committee

Summer Day Camps – Early Bird Registration

Be Smart About Your Personal Safety

Sunday Music

Upcoming Meetings

New Recycling Guidelines

Prevent Identity Theft

Keep Walkways Clear

Art Exhibit

Use Caution & Be Seen

We Can't Alert You If We Can't Reach You

Beachwood City Schools • Pages 32-37

Beachwood MathCounts Headed to States

Fame, The Musical

BHS Musician Chosen for Elite Orchestra

Beachwood Teachers in the Spotlight

Color My World Art Show

Bison Feast + Fest

2017 Annual Report

Beachwood Buzz thanks Landmark Luggage for providing luggage for our photo shoot. Pictured are Rimowa, Swiss Bags, Tumi, and Jump from Paris suitcases. For quality luggage and accessories, be sure to visit their store, located at Eton on Chagrin Blvd. For more information, visit <https://landmarkluggage.com/pages/woodmere>.

The City of Beachwood offers Sunday Music. For complete information, see page 29!



Beachwood Senior Trips TAKE FLIGHT



Seventeen years ago, Esther Rutman accepted a position as program coordinator for the City of Beachwood's Community Services Department. She was hired to plan trips for seniors that included sightseeing and cultural components.

More than one-and-a-half decades later, programming continues to take flight, with Esther still piloting the program. This year, trips are planned to Santa Fe, New Mexico; Newport, Rhode Island; Wisconsin and the Dells; and a 7-day Cruise to Florida and the Bahamas.

Esther plans full itineraries, with one stipulation from the city – charge what the trips cost, no more and no less. These trips are available to residents and non-residents alike with no financial subsidy from the city.

When Esther started hosting these programs, her late husband, Bernie, traveled with her. "He was my Vanna White," she said with a smile. Today, Shannon Diamond, who has worked for the City of Beachwood since 2000, is Esther's co-program director, and together, they select cities that are rich in culture. The duo also takes into consideration that people may want to venture off on their own, which is encouraged. "Whatever it takes to make them happy," Esther said. "It's their vacation. They've paid for it and they deserve to enjoy it."

When we asked Shannon what attracts participants, she said, "Our trips generally fill up because people want to create new experiences without much effort and we make it really easy to do so. All they have to do is show up. We do the rest."

"Many seniors become isolated and these trips provide opportunities to socialize," Esther added. "We've seen friendships reignited from years past, and new friendships formed."

For the most part, participants are 65+ years of age, although younger people have accompanied a parent or aunt. "These trips provide a great opportunity to spend time with a loved one," Esther said, "There are usually about 30 people in a group and participants can pretty much go at their own pace. Since some physical activity may be included, people may opt out of selected activities."

For those who have an older relative who is still able to travel, these city trips are ideal. You would have a copy of the itinerary, so you'll know where they are at every minute

of the day. It is recommended that all participants purchase travel insurance.

Motor coaches are equipped with restrooms, and water and snacks are provided. Buses stop every two to three hours for breaks. Hotels generally have three- and four-star ratings with complimentary continental breakfasts. Goody bags are prepared for all participants too. When something is requested, Esther and Shannon do their best to be accommodating. "It's like traveling with your own personal concierge," Esther said.

For those who enjoy traveling, Esther and Shannon share these sentiments: Try it, you'll like it. It's the best way to travel. It's planned, stress free, safe and convenient. All you have to do is pay and get ready for a good time. We are the only city that does something like this – in this dimension – and that's because this is Beachwood!

For additional information on programs offered through the City of Beachwood, be sure to see the city's Recreation Guide and Upperclassmen publications, which may be found at beachwoodohio.com. If you wish to travel, don't have a travel partner and want to share a room, call 216.595.5433. Esther and Shannon may be able to match you up with someone. These trips make perfect gifts!



Marty Silverman and Marlene Goodman, both R.H. Myers residents, go on most of the trips because they love visiting places they haven't seen before – and always see something new even when revisiting an area. "Everyone is friendly and there are no conflicts," Silverman said. "The itineraries are always good, it's very relaxing, and we always have time to do everything," Goodman added.



Harriet Golden began participating in city programs after her retirement in 2003. She exercises at the Community Center three times a week to stay in shape, and enjoys traveling with Esther and Shannon. Her family lives out of town, so when she travels on her own she goes to visit them. "These trips provide opportunities to see places I would never choose to visit," she told us. "Esther and Shannon are great hosts and they treat us wonderfully. I can't speak highly enough about the trips!"

Tammy and Martin Schneider often travel on their own, and began going on one or two trips each year with the city about 14 years ago. They've always enjoyed trips to Chautauqua and Niagara on the Lake, and love that Esther continues to lead the programs. "They're organized and everything is planned well," Tammy told us. "We have enough time to do our own thing and it's always interesting."



**For more information
or to register, call the
Beachwood Community
Services Office
at 216.595.3733.**

Upcoming Trips

Santa Fe, New Mexico

- Departure: April 29
- Return: May 3
- Cost: \$1,825/person, double occupancy; \$2,100/person, single occupancy
- Includes airfare, motor coach transportation, four breakfasts, four dinners, four nights' hotel lodging, and all entrance fees and gratuities. Highlights include a guided city tour, the Georgia O'Keefe Museum and Home, Canyon Road, The Plaza, Ghost Ranch, Loretto Chapel, Taos, a performance by pianist Daniil Trifonov at the Lencis Performing Arts Center, a performance of Flamenco Dancers and much more.

Newport, Rhode Island

- Departure: August 19
- Return: August 23
- Cost: \$1,655/person, double occupancy; \$2,000/person, single occupancy
- Includes airfare, motor coach transportation, four nights' lodging, four breakfasts, one lunch and four dinners, all admissions and gratuities. Highlights include a tour of the Ten Mile Ocean Drive, The Breakers, Rosecliffe Mansion, Marble House, Rough Point, Touro Synagogue, Green Animal Topiary Garden, a performance at the Newport Playhouse, a cruise on Narragansett Bay, time in Pawtucket and Providence, and more.

Wisconsin and the Dells

- Departure: October 14
- Return: October 18
- Cost: \$1,195/person, double occupancy; \$1,470/person, single occupancy
- Includes motor coach transportation, four nights' lodging, four breakfasts, three lunches, four dinners, all entrance fees and gratuities. Highlights include a performance at Fireside Theatre, Taliesin – the home of Frank Lloyd Wright, Circus World Museum, Cedar Grove Cheese Factory, Mineral Point, The House on the Rock, a day in the Wisconsin Dells and so much more.

7-day Cruise to Florida and the Bahamas

- Departure: Newark airport on November 11
- Return: November 18
- Cost for an inside cabin: \$1,775/person, double occupancy; \$2,625/person single occupancy
- Includes airfare, transfers, 7-night cruise, port charges and taxes. Participants will spend time in Orlando, Great Stirrup Cay and Nassau; and will also take part in the activities on the ship while enjoying some well-deserved relaxation at sea.



Eric Synenberg, Newly-Elected City Council Member, Relishes Role

By June Scharf

It's hard to believe how well a bunch of 8th graders could predict the future, but those in Eric Synenberg's class did exactly that when they voted him "most likely to become a political leader." This prognostication is preserved for posterity in the 1993 Beachwood Middle School yearbook.

Synenberg reports this fact with pride, validating what he says is almost a family tradition. The newly-elected member of Beachwood's City Council is referring primarily to his grandfather, Alvin "Buddy" Krenzler, who served as a judge for more than 20 years, about 11 of which were in federal court, while later working as a real estate developer who maintained deep political and civic involvement.

"My grandfather was a key mentor and role model," says Synenberg during a conversation over coffee at a local establishment.

Despite having this figurative guidepost in his life while growing up, he still felt uncertain about the path he wanted to follow professionally. There were, however, some obvious themes emerging as time went by, and they related to community connection. This manifested while attending University School, from which he graduated in 1997 and where he volunteered to lead school tours and delivered Thanksgiving meals to those in need.

As a student at Miami University majoring in political science, he volunteered at a crisis hotline center, something that required compassion and honest engagement, qualities and inclinations that have been obvious throughout his life.

His first up-close exposure to politics came when he interned for Congressman Steve LaTourette during a summer break

from Cleveland Marshall College of Law. After law school, he moved to New York City to be with his girlfriend, now wife, Jamie Gottlieb Synenberg. While there, he worked on a candidate's mayoral campaign.

"I've always been interested in the political process," he admits.

He also seems to have an aptitude and the right instincts for politics. With his campaign to become a Beachwood City Council member, he started his process early and plotted a full, strategic approach. "I knew what had to be done and when, in order to run a positive campaign as a first-time candidate."

He also pounded the pavement. "I knocked on the vast majority of doors in this city," he reveals. But that's not all. He also mailed hand-written thank you notes to every person who signed his petition to become a candidate. That amounted to about 200 messages (300 signatures, but some were in the same household), something he tackled in the early morning hours until they were done.

Synenberg claims that many people he encountered on the campaign trail were skeptical about him, clearly evidenced by their comments:

"Everything is great in Beachwood, why should I vote for you?"

"Are you an incumbent?"

"Why should anything change?"

He seems to have handled all of it in stride.

Synenberg is proud to report that he is a third-generation Beachwood resident with a home on Brian Drive. He also seems pleased to share that his childhood home on Meldon Drive once belonged to his grandparents, the Krenzlers, who gave it to his parents, Roger Synenberg and Debra Krenzler. "That house had been in the family for 45 years," he mentions.

"I want to teach (my children) about the need to get involved and to engage, just as it was taught to me."

~ Eric Synenberg

Before residing in Beachwood, he lived in Columbus, where he worked as deputy general counsel in the office of Ohio State Treasurer Josh Mandel, beginning in 2011. He is now employed at Synenberg & Associates, LLC, his father's downtown firm, which he intends to help grow.

Other family members include his brother Reid, BHS Class of 2002, who resides in Palo Alto, California, and sons, Ari, 9, Noah, 7 and Asher, 3. At the City Council swearing-in ceremony in January, he expressly had his sons present to impart an indelible impression. "I want to teach them about the need to get involved and to engage, just as it

was taught to me. I want to pass down that understanding."

To expand on this notion, he says he's excited to execute a plan that involves teaming up with fellow City Council members and visiting students throughout the Beachwood schools to act as mentors for those who want to be active in government. They will talk about how City Council functions and answer any questions students have about government and the political process.

He describes a recent experience, however, where his son Noah actually imparted some election wisdom on his own. In the fall, Noah ran for a spot on the student leadership council in his 2nd-grade class at Bryden. He gave a speech, but failed to get elected. He told his parents he'd run again, no problem. His father took note, imagining that he could share this experience, if he lost in his bid to get elected to City Council. Noah offered another lesson: he ran again and won.

During his tenure in office, Synenberg hopes to see increased connection with residents through the formation of new committees. He personally chairs the Intergovernmental Relations and Economic Development committees. Although he's still getting established, he already has demonstrable evidence that he's delivering on his campaign promise to work hard, be accessible and always have an open mind.



INVEST IN THE BEST COMMUNITY

VOTE YES MAY 8 - BEACHWOOD SCHOOLS

We can all be proud that Beachwood was named Cuyahoga County's #1 suburb in *Cleveland Magazine*.

However, our aging elementary schools need replacing. Our operating budget has been stretched for 13 years.

The time is NOW to rebuild and replenish.

Your **yes** vote for Beachwood Schools will help keep our community right at the top.

**VOTE
YES**

MAY 8

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Top-ranked Beachwood City Schools improve our home values and attract families with high expectations for their children's success.

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Invest in the best fiscal stewardship.

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KEEP OUR COMMUNITY #1

Invest in the best future.

A new, consolidated PreK-5 elementary school is the final piece to our modernization of schools that will support education for the next half century. In addition, a yes vote will also allow for new single-family home construction in Beachwood for the first time in many years and a new community park.

Paid for by Beachwood Citizens for Quality Schools.



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Meet Beachwood City Council Member June E. Taylor

Beachwood City Council, by a vote of 6-0, appointed June E. Taylor to fill the vacant Council seat of recently-elected Mayor Martin S. Horwitz. Taylor will serve the unexpired two-year portion of that term. City Council members made the appointment after a lengthy interview process. There were 17 residents who submitted applications in response to public and published notices announcing the vacancy.

"It is an honor and privilege to have been chosen to join the Beachwood City Council," said Taylor. "It is my hope to share my skills and talents with the Council, which will ultimately continue to contribute to the wonderful success of Beachwood."

June Taylor is the president of MAC Installations & Consulting, LLC of Cleveland, Ohio. The 14-year-old company provides

telecommunications and technology services for financial and healthcare industries.

From 2007 to 2015, Taylor was the president of MWV Pinnacle Advisory Services, a \$30 million private equity advisory firm based in Cleveland. She received her Bachelor of Science and Master of Management degrees from Northwestern University and has worked for almost 30 years in the areas of financial services, marketing, engineering, business management and strategic planning.

Taylor has been a civic leader for many years on both local and state levels. She currently serves as a trustee of The Cleveland State University and as chairperson of the Ohio Casino Control Commission. She is a past chair of the Ohio Minority Business Advisory Council, a past board



June Taylor, with her daughter, Elizabeth Metz, and husband, Conrad Metz.

member of Montefiore, and a current member of the Beachwood PTO.

A Beachwood resident for more than 20 years, Taylor is married to Conrad Metz, an investment manager. Their daughter, Elizabeth, is a freshman at Beachwood High School.

To learn more about Taylor, see the Q&A article on the next page.

The Beachwood Arts Council presents:

Tray Stenciling Workshop
Saturday, March 24
10 am – noon
Metheny Weir Painted Finishes
13001 Larchmere Blvd.
Shaker Heights

Decorate a wooden tray at this fun, hands-on workshop. Participants will learn to create a variety of eye-catching designs with the use of stencils and paint. The cost is \$25/BAC members; \$30/non-members. Fee includes all materials. To register, please call 216.595.3400 and leave your name and phone number. A volunteer will get back to you shortly. The registration deadline is Friday, March 16.



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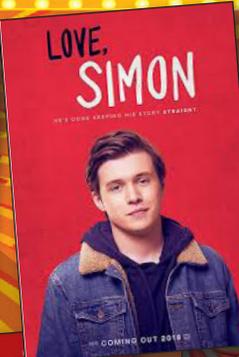
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Taylor-Made for Beachwood City Council

By Arlene Fine

To help Beachwood residents get a picture of our city's newest councilperson, I spoke with June Taylor a week after her appointment. We discussed her projected role on Council, her insights into the current and future state of Beachwood, and some personal details about her life.

Question:

What motivated you to seek the vacated council seat?

June:

I felt that the time was right for someone to complement Beachwood City Council and continue to contribute to the success of the city from a business, financial and economic development perspective. We need citizens who truly believe in servant leadership, and who understand that means serving others ahead of themselves and lending a hand to help our community strive to be its best.

Question:

What are some of your goals as a councilperson?

June:

First and foremost, my goal is to support and contribute to the City of Beachwood leadership. Next, help maintain the city's budget, financial plans and resources in a positive manner to ensure that Beachwood has the resources to meet the rapidly evolving needs of our residents, business community and visitors. I would like economic development to include attracting businesses in the high tech and medical-related sectors, as well as employers who will grow and contribute to the success of the city overall.

Question:

What do you see as Beachwood's greatest challenges?

June:

In 2017, Beachwood was voted the number one place to live in Cuyahoga County. When a city is on top, it has to work extra hard to remain the leader. Our challenge is to remain in an undisputed number-one position. Therefore, we need to

be ahead of the game in terms of advances in infrastructure, which includes safety, technology and transportation – complemented by smart real estate development – to attract and retain the best employers and best talent to reside in our city.

With a recognition of our aging housing stock and our growing number of seniors, we need to develop properties that allow residents to successfully "age in place," utilizing universal design, while simultaneously researching our real estate development options to live, work and play.

Question:

What are Beachwood's greatest strengths?

June:

The city is fiscally sound and maintains a wonderful demographic mix of residents and businesses. Another strength is our enviable services run by a dedicated team of city employees.

Question:

What special projects interest you?

June:

I'm keeping my eye on the technology that our city needs to assume a leadership capacity in Northeast Ohio and in our state.

I recognize the need for Beachwood to reorient our transportation priorities and embrace multi-modal transportation. Rather than always relying on cars to get us places, we need to create dedicated trails, bridges and pathways to allow people who live, work, play and visit Beachwood to access our community by foot or bike. Employers are focused on employee retention and want to be located where their employees can live

close to work, or have access to excellent transportation options other than a car.

Question:

Lessons you want young women to learn from your civic involvement?

June:

Number one - I want young women to be confident about what they can achieve and to know when to ask for advice to remove obstacles. You don't have to know everything, but you need to be able to admit what you don't know and ask questions to obtain the help you need.

Second, every young woman must believe she deserves to be in the room. Even if people at the table are a different sex, ethnicity, or of different backgrounds, what matters is your ability to contribute and help solve problems.

Third is the importance of education and preparation. You must do your homework and be prepared. Take time to read, research, and meet experts to learn about subjects or issues unfamiliar to you.

Fourth, be an excellent listener.

There is a reason we were born with two ears, and one mouth: listen twice as much as you speak. Know when to listen, and know when to speak and add value.

Question:

What are your passions?

June:

I am passionate about excellence for our city. I am open to new ideas and concepts that are not only local, but truly best in class. I have a blue-sky approach where I embrace dreaming big, thinking big and acting as though there are no boundaries.

Question:

Hobbies?

June:

I love to travel the world and read.

Question:

The best advice anyone ever gave you?

June:

Trust but verify. The phrase you will most hear me say is, "Show me the research, because I need to verify and understand the background."



Gerald Chattman had the honor of swearing in June Taylor at the City Council meeting on February 5, 2018.

Lisa Goldman Awarded 2017-18 OSTA Teacher of the Year

Congratulations to Lisa Goldman on being awarded 2017-18 Ohio String Teachers Association (OSTA) School Teacher of the Year. OSTA is the state chapter for the national American String Teachers Association (ASTA).

Goldman has been teaching in Beachwood for 20 years and was surprised to have been recognized with this prestigious award. She said, "This would never have been achieved without the amazing support I have received from our learning community, which includes parents, administrators, Friends of the Beachwood Orchestra (FOBO), staff, Beachwood School Board, and of course, our student orchestra members."

Goldman's nomination was

submitted by Rebecca Holthaus, Hilltop Elementary School principal.

Goldman received her award from Dr. BettyAnne Gottlieb at the annual Ohio Music Education Association (OMEA) Professional Conference in Columbus on Thursday, February 8. Dr. Gottlieb and Goldman have a rich history. Goldman earned her B.M. from the Cincinnati Conservatory Department of Music Education (CCM) in 1981 and her B.M.Ed in 1984, and Dr. Gottlieb is currently a profes-



Dr. BettyAnne Gottlieb presents the 2017-18 OSTA School Teacher of the Year award to Lisa Goldman.

sor there. When Goldman first taught at CWRU, Dr. Gottlieb was in her class. Then, Dr. Gottlieb taught all three of Goldman's children at the Cleveland Institute of Music.

"It was super fun having her (Dr. Gottlieb) present the award!" Goldman said.

Redistricting and Gerrymandering in America and Ohio:

The Effort to Reform How Districts are Drawn

Case Western Reserve University's Siegal Lifelong Learning presents this program on Tuesday, March 20, from 7 to 8:30 pm, at 25700 Science Park Drive, #100, Beachwood.

This forum will look at the redistricting issue from a national and local perspective, with experts in each area on the panel. The latest information and the expectations for 2018, the 2020+ census and more will be discussed.

This program is free and open to the public. For additional information and to register, visit www.lifelong-learningcleveland.org and type "redistricting" on the search line.

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Village in the Heights

Assists Older Adults with Domestic, Social Needs

By June Scharf

While many older adults in Beachwood will want to stay in their homes as they age, life circumstances may challenge that wish. That's when help is needed, and family and friends aren't always available to offer assistance. In January, Beachwood resident Paul Sobel introduced a solution.

As executive director of the non-profit Village in the Heights, he is leading the local Village movement, part of a 16-year-old, grass roots network that has spread nationwide. Its mission is to see neighbors helping neighbors. Currently, there are more than 250 villages in 43 states and four other countries, totaling 40,000 members. In all locations, the Villages focus on helping seniors who join as members to age in place, meaning comfortably in their homes, by relying on volunteers to provide support services at no charge.

In Beachwood, we are a close-knit community where grown children often return with their families to settle down. But because not all families remain here, some of our seniors are left without that immediate network, especially considering that some of their friends have died.

The organization also seeks to deliver on another important need, to prevent loneliness and isolation. Both contribute to cognitive decline, increased rates of illness and higher morbidity, according to Sobel.

Ultimately, it's all about neighbors helping neighbors. The target area is Cleveland's eastern Heights area suburbs. "The Village empowers seniors to age in place," Sobel states. "Our population is getting older and demographics are changing. The number of people who are 65 and older will double within the next 30 years."

He describes how we live in a time when many pull in their driveway, open their garage,

shut it and go on with their lives. Sobel says this pattern leads to isolation.

"It's critically important to engage with seniors," says Sobel.

He delivered this message at a launch meeting to an invited gathering of 105 "thought leaders" from a cross section of the area, including those involved in the faith, business, medical, educational, non-profit, social work, elder care and governmental communities. The organization already has a seven-member board in place, who have surveyed seniors in the area to determine their greatest needs. The results: transportation, light home services, and regularly-scheduled programs to engage members socially and educationally.

"We're member driven, so if someone expresses a need, we'll try to fulfill it," he states. The only requirement of seniors is for them to be ambulatory (due to insurance requirements). Sobel notes that Village in the Heights is fully insured for liability, and all volunteers complete an application process that involves a criminal background check, DMV records check and a thorough orientation process. Security and privacy is a top priority for the Village's members, he reports.

Two months ago, a pilot program was introduced in Beachwood to assist seniors with hauling trash cans to the curb-side and back during inclement weather, so they could avoid slips and falls. The program runs through April, with Beachwood residents and students from

nearby colleges aiding 120 Beachwood residents. The City of Beachwood will survey participants after the pilot ends, to determine the program's next steps.

"Now that these residents have been exposed to Village in the Heights and the quality of our support, I hope to be of additional service to them." He'd also like to think that the Village's efforts at fostering a sense of in-community support will now lead to more neighbors helping neighbors on a regular basis.

Volunteers need not be members of the Village. Annually, dues are set at \$200 per person, or \$350 for a household of two or more. For additional revenue, the organization will rely on grants, institutional donors and community fundraising efforts.

Sobel says he decided to start this Village here because he is aware of the need, particularly with people who want to remain active as they live longer. "The face of aging is rapidly changing," he says. He overlays this with the reality that "younger" people seem not to be looking out for their neighbors as they did in days gone by, and he believes intergenerational support needs to become commonplace again.

But he has an additional motive for his involvement.

"This is my passion. Also, at this point in my life, instead of just wanting to 'do well', I want to do good." He also invokes the notion of tikkun olam, a Jewish theme relating to doing what's necessary to repair the world.

"To the world, you may be one person, but to one person, you may be the world."

~ Paul Sobel,

Executive Director,

Village in the Heights

For the time being, meetings for Village in the Heights are held in local libraries and other public venues, but Sobel says he hopes to find some office space within the faith or business community through an in-kind donation.

With an organizational mission to help seniors "live better longer...at home," Sobel believes the community will succeed in delivering the required support services. He reminds community members that "to the world, you may be one person, but to one person, you may be the world."

Volunteers are Needed!

To register to volunteer or become a member, contact Village in the Heights at 216.512.1844, info@villageintheheights.org or VillageInTheHeights.org.

FACTS ON AGING

(source: Village in the Heights)

- 10,000 Boomers turn 65 every day
- By 2030, over 20% of Americans will be 65 and older
- Longer and healthier lives can challenge even the best retirement planning
- Aging can involve outlasting resources, making “comfortable” at 65 feel “tight” at 95

“It makes me feel good. I like the idea of paying it forward, too. Maybe someday I’ll need some help, and someone will do something like this for me.”

~Jane Mayers,
Village Volunteer

Takin’ it to the Street

Through a combined coordinated effort between Beachwood and the Village in the Heights, residents in need of assistance with hauling trash cans to the curb, particularly during inclement weather, can be paired with volunteers who can handle the task.

Jane Mayers, a Duffield Road volunteer, helps two residents – one on Duffield and the other on neighboring Wimbledon – take out their trash cans. She says she’s not providing this valuable service for the appreciation. Instead, she’s doing it to be a kind and caring person.

“It makes me feel good. I like the idea of paying it forward, too. Maybe someday I’ll need some help, and someone will do something like this for me.”

She says it’s no big deal for her to throw on a pair of boots and handle the task. She brings the trash cans to the curb on Monday, after work, and returns

them to the garages on Tuesday, after work.

She notes that she wishes her mother and mother-in-law had such a service where they live. She hasn’t met the people she assists, but she did enjoy catching one lady watching from the window who mouthed “Thank you.”

Tobi and Larry Mattes are Ramsay Road residents in their 80s who are recipients of assistance with their trash cans.

“We have a long driveway and in the winter, this sounded like a great idea. We thought we’d give it a try,” says Tobi.

Beachwood resident Paul Sobel, Village executive director, offered the boots on the ground. He also helped the couple change some light bulbs that were out of reach.

They view the help as a great preventive measure because a fall could have dire consequences.

“We very much appreciate having this option,” Tobi adds. She believes many other people in the community could use this type of help, too.

Pictured: Paul Sobel, Village executive director, provides assistance to Tobi and Larry Mattes.



Purim Fun at Fairmount Temple

Come celebrate Purim at Anshe Chesed Fairmount Temple (23737 Fairmount Blvd., Beachwood) on Sunday, March 4, with a PurimSpiel and a Carnival.

The PurimSpiel begins at 10:30 am and will be enjoyed by the entire family. This year’s theme is A Very Disney Purim and will include the story of Esther told with familiar tunes you’ll recognize from Frozen, Snow White, Mulan and more, performed by the Fairmount Temple clergy and members of Fairmount Temple.

The annual Purim Carnival will run from 11:30 am to 1:30 pm and includes children’s games, Jungle Terry, cotton candy, pizza and more. The carnival is sponsored by the temple’s youth group, ACTY (Anshe Chesed Temple Youth).

To learn more about Purim at Fairmount Temple, call 216.464.1330 or visit the website at www.fairmounttemple.org.

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Making Healthy Changes Stick

Last month, Hayley Dubin was one of four health panelists at the Beachwood Chamber of Commerce monthly luncheon. Dubin is a certified health coach through the Institute for Integrative Nutrition, and founder of reVIVE wellness. As a 19-year ovarian cancer survivor, her passion is to help people overcome the physical, mental and emotional challenges that the cancer journey can bring.

Whether or not you have been touched by cancer, these goal-setting tips may help you get and stay on track for a healthier today and tomorrow:

- **Set a realistic goal – something that is attainable and measurable.**
Example: Saying you want to lose 35 pounds in a month may not be realistic. Set something that may be attainable, such as 5 or 10 pounds.
- **Set specific, small action steps that will help you reach your goal.**
Example: Walk 10,000 steps a day and pack your lunch or prepare meals at home

three times a week. When you control your food source, you are more aligned to staying on track. Also, put goals on your calendar so you don't forget.

- **You must have a big WHY – What is the reason behind your goal?**
The underlying reason behind your WHY will be your fuel to attain your goal. For example, I knew that I never wanted to go through chemotherapy again, if I could help it, so made the decision to change my diet and lifestyle for good; or, I want to lose weight, so I can be healthy and energetic to watch my grandchildren grow up; or I want to look good in a dress for

my child's wedding. What gives you the fuel to make better short- and long-term decisions?

- **Recognize that imperfect action is alright.**
People think that if they had a cookie with lunch they blew their diet and might as well start another day. This is not so. You can always make a better choice at your next meal. When you start something new, it takes time to create momentum because you're stuck in old habits. It takes about 90 days to create a new habit. Be easy on yourself! If your goal is about being more active, you don't need the perfect workout, just do something you enjoy.

- **Have an accountability partner.**
Hire a coach to keep you accountable, or have a co-worker, friend or family member with a similar goal hold you accountable.
- **Give yourself props**
Reward yourself for accomplishments. Think of something you would love to do for yourself when you meet your monthly goal that you normally don't do. Also, provide positive reinforcement to those around you when they succeed at working toward their own goals.

For more information, visit Dubin's website at www.revive-wellness.com.

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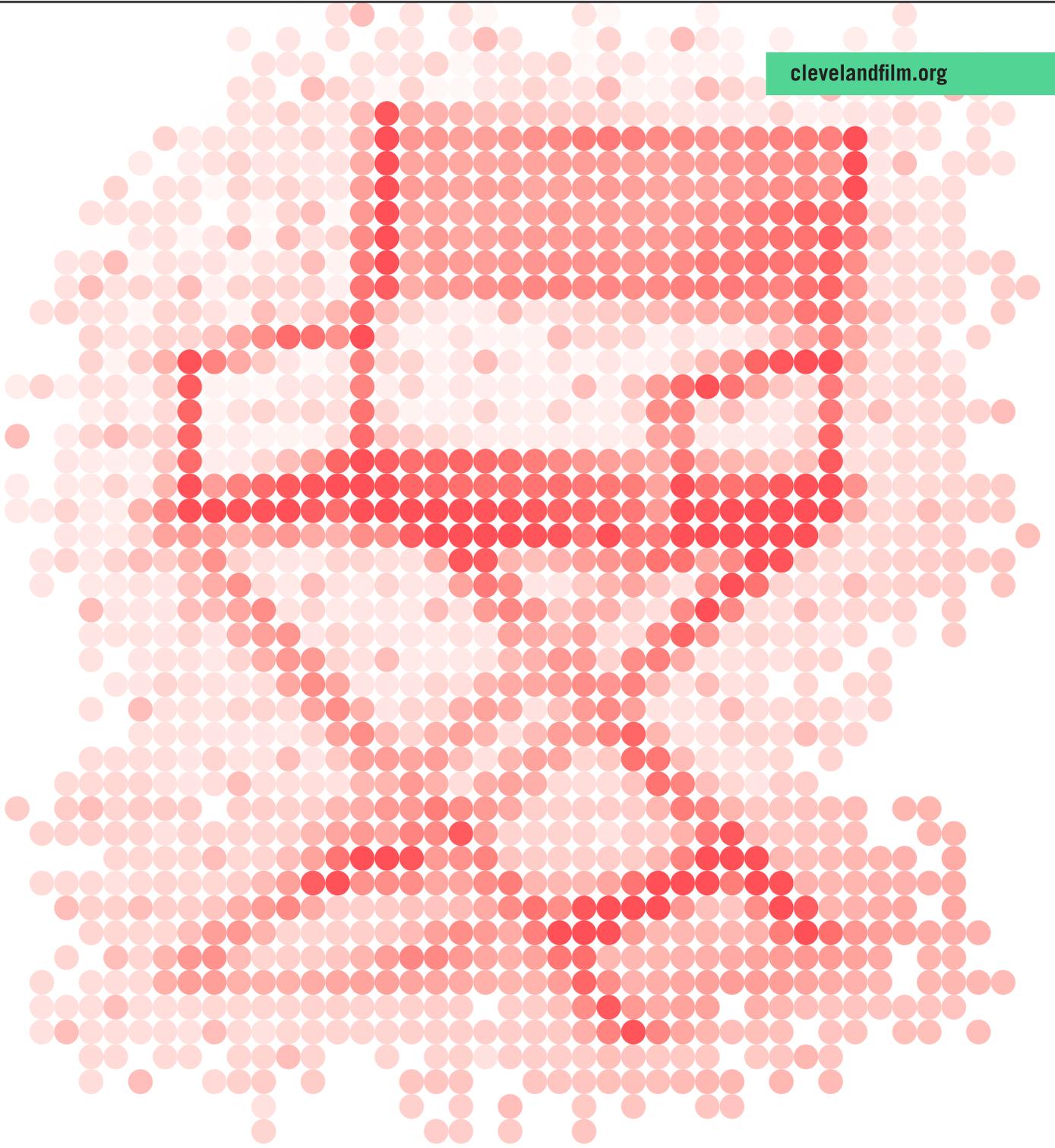
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Beachwood 100 Offers Safety Net to Public Safety Team Members

By June Scharf

Beachwood's police and fire department members have a unique, 45-year-old resource not offered in many other cities. Through the Beachwood 100, composed of committed community volunteers, the city's emergency personnel can tap financial assistance, skilled professional advice, donations of material goods and college scholarships for children during times of critical need.

The Beachwood 100 is driven by a convivial, dedicated group that genuinely seeks to support those who take risks and offer protection to all residents 24 hours a day.

"We want to make sure that those in our public safety departments are taken care of," says Marc Soroka, Beachwood 100's vice president. He notes that the not-for-profit organization would like to grow its membership and see greater energy and involvement from additional community members.

The Beachwood 100 has a long history of reaching out and providing valuable resources to squad members. Currently, the organization is donating fitness equipment for use in the new fire station, in memory of Fire Captain Michael Palumbo, a fitness enthusiast who died of brain cancer last year. Also, several years ago, when a police-woman succumbed to cancer, the Beachwood 100 reached out and delivered Christmas gifts to her family after her passing.

About 30 years ago, when the city's budget was tight, the organization bought bulletproof vests for police officers. In another example of their charitable work, its members chose to offer funds for an emergency team member's in vitro fertilization procedure, resulting in the birth of healthy twins. In another situation relating to medical need, an officer who was hurt in the line of duty received financial assistance to bridge a gap in health insurance plans.

Continuing this longstanding tradition of support is very important to Beachwood 100 members, which is why they seek to expand its membership. Most recently, community member Tony Alexander joined to support first responders who he says often can go unappreciated. As the owner of the Chick-Fil-A in Beachwood Place, he says he intends to deliver trays to squad member at Christmastime this year.

"Our members like to get involved," says treasurer Alan Berger. As an organization, they also make appearances at community events and will be present at the upcoming district-wide "BISON feast + fest" event for students, school staff,

teachers and families on Sunday, March 18, 2-5 p.m.

Dr. Michael Rollins, a longtime participant, mentions that by having more Beachwood 100 members, "we can get more done." The city departments are well aware of the Beachwood 100, and when they identify a need among their ranks, "we have a dialogue to determine how we can help," explains Soroka.

To date, 160 members have paid the tax-deductible \$40 annual fee. The organization also receives support from Beachwood-based Capital Planners.

Early evening meetings are held every other month. The atmosphere among members

is friendly and free-wheeling. The gatherings also offer good networking opportunities and occasions for the exchange of some solid, professional advice.

To become involved, call 216.373.0844 or visit beachwood100.org.

"We want to make sure that those in our public safety departments are taken care of!"

~ Marc Soroka,

Vice President, Beachwood 100



Beachwood 100 members exhibit a plaque that hangs on the wall in the Police Department's gym. The plaque commemorates gifted gym equipment donated in 1993. Beachwood 100 is now donating additional equipment for the new Fire Department. *Pictured from left:* City Councilperson Eric Synenberg (president), Marc Soroka (vice president), Beachwood Police Chief Gary Haba, Ivor Kiwi (board member), and Todd Felder (board member). *Photo by Scott Morrison, Discovery Photo.*

Evicted by Matthew Desmond Selected for First-Ever Countywide “One Community Reads” Program

Honorary Chair Armond Budish and program partners launch “One Community Reads” with book giveaway

The launch of the One Community Reads provides an opportunity for everyone to read the same book at the same time. One Community Reads is a partnership of all nine local library systems, the City Club of Cleveland, Cuyahoga County and Playhouse Square to foster a sense of community and awareness of critical issues facing the community through reading and discussion.

Modeled after similar programs in Seattle, Chicago and New York City, Cuyahoga County’s first-ever One Community Reads program will include book discussions at locations throughout Cuyahoga County as well as community programs on the themes explored in the Pulitzer Prize-winning book, *Evicted: Poverty and Profit in the American City*, and a free public

lecture by the book’s author, Matthew Desmond. For more information on book discussion groups and how to join in on the discussions, please visit www.onecommunityreads.org.

One Community Reads launched the program on January 11 with a book giveaway at Heinen’s of Downtown Cleveland. According to One Community Reads honorary chair Armond Budish, “*Evicted* tackles the very important issue of housing insecurity that is faced by people all across America. This is a problem we take very seriously and are working hard to address. Not only will One Community Reads bring our residents together through a shared reading experience, but it will

provide the community with the opportunity to discuss challenging issues of economic inequality and housing.”

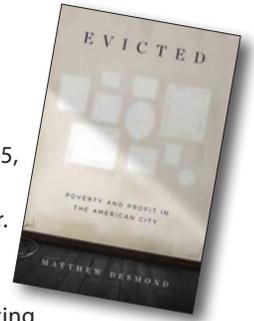
“The mission of the City Club is to create conversations of consequence that help democracy thrive,” says Dan Moulthrop, City Club CEO. “We know that books can serve as an important spark to generate conversations, and that’s why we are excited to partner on this One Community Reads effort. A shared reading experience of *Evicted* may foster an important dialogue that can bring us closer as a community and closer to solutions for economic inequality.”

One Community Reads will conclude with a free public lecture and book signing by Matthew Desmond on Thurs-

day, March 15, 7 pm, at the Ohio Theater. Ticket

information and a full listing of public programs and book discussions are available at www.onecommunityreads.org. Visit your local library to check out or download a copy of *Evicted: Poverty and Profit in the American City*.

One Community Reads is made possible, in part, by Ohio Humanities, a state affiliate of the National Endowment for the Humanities. Any views, findings, conclusions or recommendations expressed in this program do not necessarily represent those of the National Endowment for the Humanities.



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Milestones to Strike it Big with 6th Annual Bowling Fundraiser

Milestones Autism Resources, a local autism organization dedicated to improving the lives of individuals on the autism spectrum, is hosting its 6th annual Strike It Big Bowling Extravaganza, presented by Davis Automotive Group, to support local families affected by autism. The entire community is invited to attend this family-friendly event, which will take place on Sunday, March 11, from 11 am to 3 pm at Spins Bowl in Independence.

Proceeds from the fundraiser will help support Milestones' free Autism Helpdesk, a service which allows families to contact professional staff for personal guidance, local resources and individualized information at each and every stage of their child's development.

"Strike It Big for Milestones represents everything the larger Northeast Ohio autism community works to accomplish together: inclusion and support for one another. This family-friendly bowling event provides a no-judgment zone in which

children can be themselves," said Edie Ungar-Shafron, co-chair of Strike It Big.

The fun-filled event will feature face painting, balloon artists, a raffle and more. Here are ways to get involved:

- Register to bowl at the event and raise or pay a minimum of \$200 as a team to bowl.
- Attend as a walk-in for \$35 per person the day of the event.
- Donate to your favorite team or individual at <http://milestones.everydayhero.do>.
- Sponsor the event by contacting Milestones at bowling@milestones.org.

In addition to our presenting sponsor Davis Automotive group, Milestones would like to recognize Deloitte Services LLP and Hickman & Lowder Co., L.P.A. as premier sponsors for this event.

For more information about Strike It Big or to register, visit <http://milestones.everydayhero.do> or contact Laura Kravitz at lkravitz@milestones.org.

The Next Step: Navigating Life Changes

Yachad and Friendship Circle present "The Next Step: Navigating Life Changes," a program for parents and caregivers of teens and adults with disabilities who would like information on different life transitions and the opportunity to network with other parents.

The evening will include a panel discussion with clinical psychologist Dr. Alex Bailey, and Toby Bresky, Yachad parent and community inclusion advocate. Community experts from the Cuyahoga County Board of Developmental Disabilities will join in

the panel discussion.

Yachad and Friendship Circle participants and peers will enjoy an improv comedy workshop led by trained improv expert and mental health advocate Deena Nyer Mendlowitz for \$5 per person.

The program is Wednesday, March 7, 7-9 pm, at Friendship Circle, 27900 Gates Mills Blvd., Pepper Pike. There is no charge for the adult program, which also includes a dessert reception.

Register at yachad.org/Cleveland or contact Sara Cooperman at Clevelandyachad@ou.org or 216.299.1004.

NCJW/Cleveland Seeks Nominees for 2018 \$10,000 Roslyn Z. Wolf Grant Award

The National Council of Jewish Women/Cleveland (NCJW/Cleveland) seeks nominations for the twelfth annual Roslyn Z. Wolf Award for Youth, Family and Education. The \$10,000 grant (double the amount of the previous years) will be awarded to a community non-profit organization proposing a program that demonstrates an outstanding contribution to our community in the areas of youth, family and education for the coming year.

Qualified organizations are encouraged to apply. The award will fund a project outlined in the application at <http://ncjwcleveland.org/2016/01/roslyn-z-wolf-award-application-available/>.

Last year's award to the Twinsburg Library helped fund their Learn, Play and Grow program at Pinewood Gardens, an Akron Metropolitan Housing Authority housing development in Twinsburg Township. The focus of the Learn, Play and Grow program is to work with children who are not getting the benefits of a weekly preschool program because the library is inaccessible to residents.

"Organizations with programs that are consistent with NCJW's mission to improve lives for women, children and families are eligible," said Myrna Arlen Bloch, co-president, NCJW/Cleveland.

"Past winners have included Fostering Hope, a three-year-old nonprofit that enriches lives of children living in foster care and residential treatment; and Girls with Sole, a six-year-old nonprofit that uses fitness and wellness to empower the minds, bodies and souls of girls who are at risk or have experienced abuse," added Susie Gordon, co-president.

The award was established to honor the late Roslyn Z. Wolf's ideals. Mrs. Wolf was devoted to the mission of the National Council of Jewish Women in her concern for improving the lives of women, children and families. She was a lifelong participant in the academic, fine arts, and Jewish communities. Born in Cleveland, she graduated from Cleveland Heights High School and received a B.S. degree in Art History from Case Western Reserve University. She served on many civic and cultural boards in Cleveland including The Cleveland Orchestra, Jewish Family Service Association and Bellefaire/Jewish Children's Bureau. Roslyn was married to Milton A. Wolf, former United States ambassador to Austria.

The \$10,000 grant will be awarded to a community non-profit organization proposing a program that demonstrates an outstanding contribution to our community in the areas of youth, family and education for the coming year.

Visit www.ncjwcleveland.org for the award criteria and application form to be completed by March 31 and emailed to president@ncjwcleveland.org, faxed to 216.378.2205, or mailed to President, NCJW/Cleveland, 26055 Emery Road, Cleveland, Ohio 44128. The award will be presented at NCJW's Annual Spring Meeting on June 7. Contact Myrna Arlen Bloch or Susie Gordon, co-presidents at 216.378.2204, ext. 102 with any questions.



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Educational Nirvana Exists with Local Learning Program

By June Scharf

If your mind is a muscle, then there's plenty of opportunity to strengthen it here in Beachwood through The Laura and Alvin Siegal Lifelong Learning Program, operating in Landmark Centre in Science Park, among other sites around Cleveland. Since the program merged with Case Western Reserve University nearly six years ago, the diversity, quality and quantity of its offerings has mushroomed. With lectures, non-credit (audit) courses and other educational programs such as informal conversations offered year-round, the brain stands no chance to rest.

Judaic studies remain a prime component in the program (formerly known as The Cleveland College of Jewish Studies) and most of those classes, directed by Dr. Alanna Cooper, are concentrated in the Beachwood location. But the reach of topics has expanded far beyond those original parameters. Would you like to participate in an educational travel program that takes you to Greece to learn about its ancient civilization? What about exploring the issues surrounding Brexit? Have you ever considered composing some creative non-fiction? Maybe you want to learn about artificial intelligence or computer coding?

Leaning toward Jewish content, there's "Tribe Talk: New Jewish Conversations," an edgy, informative monthly conversation on trending Jewish news led by local news junkie moderators. There's also current information covering the opioid epidemic, staffed by local experts and law enforcement officials.

This is all possible at mostly minimal or no expense. Membership is not mandatory, so anyone can sign up, but paying the \$36 membership fee allows for reduced class costs and special learning opportunities.

Your gray matter is in good hands since the program engages hundreds of instructors who are experts in various disciplines. These include full-time and part-time CWRU faculty

members, adjunct faculty from other colleges and universities, retired faculty from CWRU and other institutions, as well as active professionals in their fields with corporate experience. For many classes and events, the instructors are world-renowned experts in their areas of study.

The program is ideally suited for "those who love to learn and enjoy being social with like-minded people," says Brian Amkraut, executive director. The mantra he subscribes to – and passes along to others – is that "it's never too late to learn." The program's overarching theme relates to personal and professional enrichment. And there's no barrier to entry – there's only an application, not admissions, process.

Amkraut anticipates further expansion of what's offered due to the changing global commercial environment. "We are entering the continuous learning economy," he reports. This reality dramatically affects recent graduates, too. "Students are anxious now – they know that what they're currently learning will run out of steam in roughly three years." With resources available through CWRU, Amkraut believes the Lifelong Learning Program will be able to deliver to this growing market of those needing additional training.

The program now offers 250 different learning opportunities, availed by more than 4,000 individuals on an annual basis. Students signed up for 9,000 pro-

gram units last year, according to Amkraut. New partnerships exist now with dozens of other local institutions, including the Cleveland Museum of Art, the Beck Center for the Arts, nursing homes and libraries.

The program is ideally suited for "those who love to learn and enjoy being social with like-minded people," says Brian Amkraut, executive director.

Amkraut finds that it's not necessarily the class topics that draw interest but the instructors who gain a following. In those situations, he simply asks the instructors what they want

to teach, since it's a good bet that students will sign up. That being said, history and literature classes have proven to be very popular.

Further, students enrich what transpires in the classrooms. "Our teachers tell us they enjoy hearing from the well-traveled person or the surgeon or rocket scientist in their midst who shares his/her life experiences, as they might relate to a topic." The learning environment, in other words, is highly rewarding for everyone. The courses are often designed to be conversational, with a seminar style that encourages this type of engagement.

Funding largely depends on philanthropy, much of which is funneled through the Jewish Federation of Cleveland. Am-



Pictured from left: Sheryl Hirsh, assistant director of Jewish Lifelong Learning; Alanna Cooper, director; and Brian Amkraut, executive director.

Photo credit: Pollack Studio.

kraut mentions that the whole gestalt of the program reflects Jewish values of lifelong learning and a hunger for knowledge, debate and discussion. And when it comes to adult learning, "No one is as robust and comprehensive as we are," he says proudly. With the Boomer retirement here, he is particularly looking to capture those minds.

'We're still in the early stages here, and we're con-

stantly on the lookout for new growth opportunities," Amkraut states. Online learning might be one of those areas, he notes. With a vision to set a national standard for the highest quality university-based continuing education program, the seeds have been planted and are beginning to grow.

For more information, call 216.368.2090 or 216.368.2091, or visit case.edu/lifelonglearning.

Hebrew Storytime

סיפורים ושירים בעברית לילדים

at the

Cuyahoga County Public Library, Beachwood Branch
25501 Shaker Boulevard

**Wednesday,
March 14, 2018
4:00 pm**



Led by: Zehava Galun
Early Childhood Educator & Hebrew Specialist



Brought to you by the
Jewish Education Center of Cleveland and the Cuyahoga County Library

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Cuyahoga County Department of Consumer Affairs Warns Residents of County Imposter Scams

Cuyahoga County's Department of Consumer Affairs and Sheriff's Department are renewing warnings about "county impostor" scams in which someone posing as a sheriff's deputy or court official attempts to scare county residents into paying bogus fines with gift cards or reloadable payment cards such as Money Pack.

In earlier versions of the scam, impostors called county residents to threaten them with arrest for allegedly failing to show for jury duty. The Sheriff's Department received calls this week that indicate scammers may be targeting people who have been defendants in the criminal justice system.

The threatening scam calls can sound real, and in recent cases, impostors have used the names of real deputies.

The threatening scam calls can sound real, and in recent cases, impostors have used the names of real deputies. Some scam targets were told to go to the Justice Center, but all victims known to have lost money were eventually directed to give their card numbers to scammers over the phone.

The Cuyahoga County Department of Consumer Affairs and the Sheriff warn residents to be alert to these signs of a scam:

- **Phone calls threatening citizens with arrest or jail.** Deputies do not call people to warn them they are about an impending arrest.
- **Directions to pay court fines or fees with Green Dot Money Packs or similar reloadable cards, gift cards (such as Home Depot, iTunes or Amazon) or money wires (such as Money Gram or Western Union).** Government agencies do not accept any of these forms of payment.

Residents can report this, or any scam, to the Cuyahoga County Scam Squad at 216.443.7226. Victims who lost money to a deputy impostor scam should contact the Sheriff's Department at 216.443.6000.

Montefiore Happenings

Caregiver Education and Support Group

Tuesday April 3, 2018
5-6 pm at Montefiore

One David N. Myers Parkway

Feeling burnt out from caregiver stress or alone in your journey with no one to lean on? Do you have questions about what is coming next and how to deal with it? Montefiore is here for you! This monthly caregiver education and support group provides tips on how to cope and how to receive support as a caregiver. This program is free and open to the community. To RSVP or for more information, contact Kristen Morelli, memory care program manager, at 216.910.2323 or kmorelli@montefiorecare.org

Attention High School Parents!

Your teen can sing their way to a \$10,000 college scholarship!

If your high school student loves to sing, if they want to showcase their talent in front of a large audience and if you can imagine them performing on stage under Playhouse Square lights, you'll want your child to participate in the second annual Shining Star CLE

This unique solo-singing competition gives high school students from Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Medina, Portage and Summit counties (including home-schooled high school students) the chance to compete for college scholarships

and perform at the renowned Ohio Theatre. The first place winner will also perform with the renowned Cleveland Pops Orchestra at Severance Hall.

All participants must have a 2019-2022 high school graduation date. Students can submit their online video audition to shiningstarcle.org between April 1-July, 2018. In-person auditions will follow. All genres welcome.

For more information, visit shiningstarcle.org or contact Debbie Rothschild, foundation director, at 216.910.2633 or drottschild@montefiorecare.org.

Proceeds from this event benefit Montefiore and The Weils, nonprofit organizations and leaders in senior healthcare.

Volunteer at Montefiore

If you have a passion for fashion and enjoy helping others find their perfect outfit or matching accessories, then volunteer at The Shoppe! Flexible hours to fit your schedule are available and volunteers receive a 20% discount on regular-priced merchandise. All sales directly benefit the residents at Montefiore.

For more information, contact Diane Weiner at 216.910.2741 or dweiner@montefiorecare.org.

If you have a passion for fashion and enjoy helping others find their perfect outfit or matching accessories, then volunteer at The Shoppe!

"I love living. I love that I'm alive to love my age. There are many people who went to bed just as I did yesterday evening and didn't wake this morning. I love and feel very blessed that I did." ~ Maya Angelou

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A message from
Executive Director Cindy Caldwell



“Reinventing the Q and the Cavs,” presented by Cleveland Cavaliers CEO Len Komoroski



Each month, The Beachwood Chamber of Commerce hosts a networking luncheon, sponsored by a local company, at which a guest speaker shares his/her expertise in an area of interest to businesses in and around Beachwood.

This month, the chamber is excited to welcome Cleveland Cavaliers CEO, Len Komoroski. His topic is “Reinventing the Q and the Cavs.”

Komoroski is also CEO of the Quicken Loans Arena organization, which includes the Cleveland Monsters (AHL), Cleveland Gladiators (AFL), and Canton Charge (NBAGL).

Additionally, Komoroski has a leadership role for business operations and business-related endeavors for Cavs majority owner Dan Gilbert’s family of sports and entertainment interests in Ohio; is a principal in JACK Entertainment, which operates JACK Casino Cleveland and JACK Thistledown Racino; and held a significant leadership role in Cleveland to secure the 2016 Republican National Convention.

The chamber invites you to join us at this luncheon. Registration is open and will sell out. The fee for the luncheon is \$25 for BCC members and \$30 for non-members. Reserve your seat now at www.beachwood.org or call 216.831.0003.



Cleveland Cavaliers CEO, Len Komoroski

“Reinventing the Q and the Cavs”

March 21 • 11:30 am – 1:10 pm

Fairfield Inn and Suites

3750 Orange Place • Beachwood

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Get Hip to Total Joint Replacement



William Petersilge, MD

Total joint replacement is now one of the most common surgeries performed in the United States – more than 300,000 a year. But how do you know if you should be thinking about a new hip or knee?

Pain is one of the first indicators, according to the orthopedic surgery experts at University Hospitals Ahuja Medical Center. If “it only hurts when” you walk, sit, get in and out of the car, stand, garden, sleep, golf, play tennis, pick up your grandchild or climb stairs, it’s time to give serious consideration to joint replacement surgery.

“When medication, physical therapy and a walking aid are no longer working and you experience sore joints followed by periods of relief, loss of mobility, stiffness, pain after extensive use or increased discomfort in humid weather, you may be a candidate for joint replacement,” explains William Petersilge, MD, Director of the Division of Orthopedic Surgery at UH Ahuja Medical Center.

Consider the Benefits

Although joint replacement is major surgery, advances in surgical techniques and pain management have improved the experience, Dr. Petersilge says. “Today, the hospital stay is relatively short, usually just two or three days,” he says, “and postoperative pain is very manageable with non-opioid medications.” Most patients can stand the day of surgery and begin exercise with a physical therapist that same day.

“Most people have excellent results after surgery,” Dr. Petersilge adds. More than 90 percent of people nationwide who have had joint replacement surgery report that they have less pain and greater mobility than before. And that generally means people enjoy a better quality of life, greater ability to exercise, play sports or enjoy hobbies and have an easier time performing their usual daily tasks.

Seek Expert Advice

A UH Ahuja orthopedic surgeon can guide you through the process to determine whether the surgery will address your problems. Some of the factors they consider include:

- Age - Joint replacement surgery is most often recommended for people between the ages of 55 and 80, but patients in their 80s and 90s often are good candidates for surgery.
- Pain and mobility - Your surgeon will determine whether your pain and mobility limitations are severe enough to make you a candidate for a joint replacement.
- Other medical conditions.
- Lifestyle – Your surgeon will help you set realistic expectations for your activity level after surgery.
- Smoking and weight – To improve your outcomes and reduce your risk of complications, you will want to quit if you’re a smoker and attain a healthy weight before surgery if you are overweight.

To learn more about total joint replacement surgery at UH Ahuja Medical Center visit <http://www.uhhospitals.org/cleveland/services/orthopaedics> to download a free guide. For an appointment with a UH orthopedic surgeon, call 216-844-7200. UH Ahuja is at 3999 Richmond Road in Beachwood.

Do I Need a New Hip or Knee?

If you have any of the following symptoms, it’s time to talk with an orthopedic surgeon about joint replacement surgery.

- Persistent, recurring hip or knee pain
- Aching pain during and after exercise
- Reduced mobility
- Pain relief medicine doesn’t seem to work anymore
- Stiffness from sitting too long
- Pain during humid or rainy weather
- Difficulty sleeping due to pain
- Reduced range of motion and flexibility
- Stiff or swollen hip or knee joints
- Difficulty walking or climbing stairs

CITY OF *Beachwood* Council Update

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MARTIN S. HORWITZ



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JUNE TAYLOR



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JUNE TAYLOR APPOINTED TO OPEN CITY COUNCIL SEAT

Beachwood City Council unanimously appointed June E. Taylor to fill the vacant Council seat of recently elected Mayor Martin S. Horwitz. Ms. Taylor will serve the unexpired two-year portion of that term. The appointment was made after a lengthy interview process by City Council members. There were 17 residents who submitted applications.



"It is an honor and privilege to have been chosen to join Beachwood City Council," said Taylor. "It is my hope to share my skills and talents with the Council, which will ultimately continue to contribute to the wonderful success of Beachwood."
— June E. Taylor

FOR MORE INFORMATION ABOUT TAYLOR SEE PAGE 11

COUNCIL ESTABLISHES NEW RESIDENTIAL HOUSING COMMITTEE

Beachwood City Council has formed a Residential Housing Committee. The Committee will be chaired by Councilwoman June Taylor and will also include a resident homeowner in Beachwood.

The Committee will focus on challenges of our aging single-family housing stock and explore opportunities to attract young families while helping the older population age at home. It will research ideas to spur improvements and make our housing stock more attractive; and work with the Beachwood School Board, residents, builders, realtors, lending institutions, etc. to take a comprehensive look at our residential housing component.

For more information, please contact Whitney Cook, Clerk of Council, at 216.595.5462.

City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



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CLERK OF COUNCIL
216.595.5493

WHEN YOU'RE IN *Beachwood*, YOU HAVE ARRIVED!

SUMMER DAY CAMPS LAST MONTH FOR EARLY BIRD REGISTRATION

Beachwood Summer Day Camp registration for residents is underway. Register for Kidz, Bison, Sports, Teen Travel and Theater Camp between 8:00 A.M. and 4:00 P.M., Monday through Friday at Beachwood City Hall (Recreation Office). Proof of residency required.

An early-bird fee will be offered to all residents who register until March 9. Non-resident registration begins March 11.

For more information please refer to your Winter Rec Guide or visit www.beachwoodohio.com.

BE SMART ABOUT YOUR PERSONAL SAFETY

The City of Beachwood introduces **The Salon**, an open forum that brings together current events and our community, providing an opportunity for good old-fashioned conversation and to meet Police Chief Gary Haba. Reservations are required by calling 216.595.3733.

Beachwood Community Center
Monday, March 12 • 1:30 – 3:00 p.m.



Seen the news lately? Carjackings, purse snatchings, home invasions, scams... We owe it to ourselves to be vigilant and prepared. Physical strength isn't the only way to protect ourselves. Come hear what experts recommend to help reduce your chances of becoming a victim.

DON'T CROWD THE PLOW



Give snow plow operators space to work. A fully loaded snow plow vehicle can weigh between 20–40 tons and cannot easily stop. In a contest between a snow plow and other vehicle, the snow plow will be the clear winner. When driving behind a snow plow stay behind at least 100 ft.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

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216.292.1915

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216.292.1913

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216.595.5462

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216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

FREE

SUNDAY MUSIC

MARCH 11
**Configured
in Threes** OPUS 216 explores repertoire for from the Baroque era to modern day featuring violinist Ariel Clayton Karas, violist Matthew Ross, cellist Andris Koh

MARCH 25
**Shall
We Dance?** Classical guitarist Robert Gruca and flutist Linda White as the The Gruca White Ensemble explores dance music

APRIL 15
**Dancing in
the Spring** The Aurora Trio (Piano, Violin & Clarinet) presents a mix of chamber music based on various eras of dance Join pianist Caroline Oltmanns, hornist

APRIL 29
**Musical
Dialogues** Stacie Mickens, and tubist Brian Kiser for a program featuring creative works

BEACHWOOD COMMUNITY CENTER
3:00 – 4:00 PM



UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Monday, March 5, 19 and April 2. Questions? 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, March 29. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Monday, March 5, 19 and April 2. Questions? 216.292.1914.

CHARTER REVIEW COMMISSION

Upcoming meetings: Tuesday, March 6 at 7:30 a.m. & Wednesday, March 21 at 7:00 p.m. Questions? 216.595.5462.

NEW RECYCLING GUIDELINES

We provide weekly curbside recycling for the majority of our residents. For recycling efforts to be effective, the following guidelines need to be followed. Please include these items only. Trash contaminates recyclable materials.

All items should be placed loose (unbagged) in the provided wheeled cart. When done correctly, it will cut your trash in half and help the environment.

WHEN RECYCLING PLASTICS

Any plastic bottle, jar, jug or tub can be placed in your curbside recycling. Recycle plastic food and beverage bottles, shampoo, conditioner and personal products and laundry detergent and bleach bottles. Bottles should be emptied and rinsed. Replace the cap and put in your curbside recycling.

If it's shaped like a bottle and it has a neck, cap or lid, it belongs in your curbside recycling.

WHY DO PLASTICS HAVE NUMBERS INSIDE RECYCLING SYMBOLS IF THEY'RE NOT RECYCLABLE?

The numbers on plastic containers are resin codes used by the plastics industry to identify the type of chemicals used to make the container. The codes do not always mean that the item is recyclable, so we no longer look at the numbers on plastics to determine if it goes in curbside recycling.

Not all plastics with the 1-7 symbols are recyclable. The shape of the container determines if it belongs in curbside recycling.

These plastics **SHOULD** be included:

- Water and Beverage Bottles with Caps On
- Beverage Jugs (milk, juice, etc.) with Caps On
- Food Jars (mayonnaise, peanut butter, etc.) with Caps On
- Plastic Tubs and Lids (yogurt, cottage cheese, etc.)
- Laundry, Shampoo and Soap Bottles with Caps On

Questions? View the complete guide at <http://cuyahogarecycles.org/beachwood> or contact Chris Vild, City of Beachwood Environmental Manager, at chris.vild@beachwoodohio.com or 216.595.3722.

RECYCLE CLEAR:

- Cans • Cartons
- Glass • Paper
- Boxes • Plastic bottles
- Jugs



These plastics **SHOULD NOT** be included:

- Fruit and Lettuce Containers (thermoform trays)
- Produce, Deli and Bakery Trays
- Plastic Bags, Wraps, Film
- Cups (Solo cups, coffee cups)
- Utensils, Plates and Serveware
- Fast Food Containers and Cups, Take-Out and Storage Containers (Styrofoam and molded plastic)
- Bulky Plastic (lawn chairs, crates, buckets, Little Tikes/ Step 2 Products)
- Clothes Hangers



CANS



CARTONS



GLASS



PAPER & BOXES



PLASTIC BOTTLES & JUGS

PREVENT IDENTITY THEFT

Identity theft is a crime where a thief steals your personal information, such as your full name or social security number, to commit fraud.

Take steps to protect yourself from identity theft:

- Secure your social security number. Don't carry your social security card in your wallet or write number on checks. Only give out your SSN when absolutely necessary.
- Don't respond to unsolicited requests for personal information (your name, birthdate, social security number, or bank account number) by phone, mail, or online.
- Collect mail promptly. Place a hold on your mail when you are away from home for several days.
- Update sharing and firewall settings when you're on a public wi-fi network. Consider using a virtual private network, which can give you the privacy of secured private network.
- Review your credit card and bank account statements. Promptly compare receipts with account statements.
- Shred receipts, credit offers, account statements, and expired credit cards, to prevent "dumpster divers" from finding.
- Install firewalls and virus-detection software on your home computer.
- Create complex passwords. Change passwords if a company that you do business with has a breach of data.
- Review your credit report once a year to be certain that it doesn't include accounts that you have not opened. You can order it for free from Annualcreditreport.com.

If you fall victim, report it to the Federal Trade Commission at IdentityTheft.gov or 1.877.438.4338.

KEEPING WALKWAYS CLEAR

Part of home and commercial building ownership is the responsibility to maintain outside surfaces when it snows or temperatures cause water to freeze and form ice on driveways and walkways. Keep walkways clear so they are safe for everyone and are easily accessible for emergency services if needed.



ART EXHIBIT

Beachwood
Community Center
MON - FRI • 9 A.M. - 4 P.M.
SAT • 10 A.M. - 3 P.M.,
SUN • 10 A.M. - 1 P.M.

MARCH MADNESS
MARCH 9 - APRIL 2

Featuring the works
of Eva Ellis, Larry Walker
and David Grager

OPENING RECEPTION:
Sunday, March 11 from
1:00 - 2:30 p.m.



USE CAUTION & BE SEEN

Use caution when walking at dawn, dusk and evening hours. Add reflective items to your clothing. When and if it is necessary to walk in the street, please walk facing traffic and if in a group, single file.

WE CAN'T ALERT YOU IF WE CAN'T REACH YOU

SIGN UP FOR CODERED
EMERGENCY ALERTS

CodeRED is our free emergency notification system. Beachwood officials can notify residents and businesses about time sensitive emergencies and alerts via phone calls, texts and emails. Visit www.beachwoodohio.com and click the **CodeRED** logo. It only takes a minute. Data collected will only be used for emergency notifications.



BEACHWOOD CITY SCHOOLS

BOARD OF EDUCATION MEMBERS

Michael Zawatsky, President, 292.9916 • mzawatsky@beachwoodschoools.org
Dr. Brian Weiss, Vice President, 347.6678 • bw@beachwoodschoools.org
Maria Bennett, 440.725.1450 • mbennett@beachwoodschoools.org
Joshua Mintz, 245.0000 • jmintz@beachwoodschoools.org
Steve Rosen, 292.5562 • srosen@beachwoodschoools.org

Beachwood MathCounts Headed to States

The Beachwood Middle School MathCounts team competed in the Regional competition at the University of Akron in early February. The team placed 2nd overall and earned a spot to compete in the State competition in March.

The students competed as individuals in two rounds and as a team in one round. Both their individual scores as well as their team score averaged together to determine their final ranking among all the schools. Each member of the Beachwood Middle School team ranked in the **top 11 students out of the 124 students competing individually.**

Their ability to both work as a team and their individual mathematical expertise were key in their strong showing. MathCounts is a National level competition that challenges students with difficult problems that requires students to have strong number sense, analytical thinking, algebraic and geometric knowledge. Locally, our MathCounts team is coached by BMS teacher, **Amy Hazelton.**



Evelyn Zhang- 8th grade, Grace Yan- 8th grade,
David Kuang- 8th grade, Dhruv Seth- 7th grade

BHS Musician Chosen for Elite Orchestra



Emma Joo

Congratulations to Beachwood High School musician and 9th-grade student Emma Joo, who was selected following a challenging audition process to be a violinist in the 2018 Ohio All State Honor Orchestra! Emma spent several days in February in Columbus rehearsing and performing with this prestigious ensemble during the Ohio Music Educators Association conference.

Beachwood Teachers in the Spotlight



Alesha Trudell

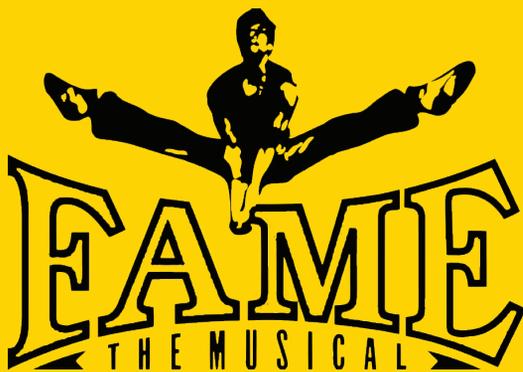
Beachwood is proud to recognize Alesha Trudell and Lisa Goldman for the recognition they received from their state-wide peers.

Alesha, a language arts teacher at Hilltop Elementary School, was recognized as the 2018 recipient of the Ohio Council of Teachers of English Language Arts (OCTELA) Outstanding English Language Arts Educator Award. She was recognized at the OCTELA Spring Conference luncheon in late February.



Lisa Goldman

Mrs. Goldman, Beachwood's orchestra director, was recognized as the Ohio String Teachers Association (OSTA) School Teacher of the Year and was recognized during the annual Ohio Music Educators Association State Convention in Columbus in early February. Congratulations to our stellar educators! Read more on pg 13.



March 9 and 10 @ 7:30pm
Beachwood High School
Auditorium

Tickets online

<https://beachwoodoh-ticketroar.eventbrite.com>

Adults \$15 • Seniors \$12 • Students \$8

ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, 464.2600 ext. 299 • rph@beachwoodschoools.org
Michele E. Mills, Director of Finance/Treasurer, 464.2600 ext. 239 • mm@beachwoodschoools.org
Lauren J. Broderick, Director of Pupil services, 464.2600 ext. 234 • ljb@beachwoodschoools.org
Dr. Ken Veon, Director of Operations & Technology, 464.2600 ext. 230 • kev@beachwoodschoools.org
Linda LoGalbo, Director of Curriculum & Instruction/Human Resources, 464.2600 ext. 289 • lh@beachwoodschoools.org
Kathleen Stroski, Assistant Treasurer, 464.2600 ext. 240 • ks@beachwoodschoools.org
Shana Wallenstein, Director of Marketing, Communications & Development, 464.2600 ext. 237 • swallenstein@beachwoodschoools.org



Color My World Art Show Brightens Beachwood Place

Nearly 150 monochromatic self-portraits were on display last month at Beachwood Place, at an all schools art show featuring grades 3, 5, 8 and 9-12. Led by Fine Arts chair and high school art teacher **Heather Grano**, with assists from middle school art teacher **Tucker White** and elementary school teachers **Alison Loeb-Munson** and **Chunny Hahn**, students worked on their self-portraits during art classes throughout the fall and winter.

The high school AP Arts students traveled to the elementary schools to help the younger students with the finer details of portraiture work, known to be one of the most difficult artistic styles. After a month on display at Beachwood Place, the exhibit travels to the Beachwood Library on March 4. Congratulations to all of the student artists!



COME **TASTE, SHARE** AND **LEARN** FROM THE
INCREDIBLE FAMILIES IN OUR SCHOOL COMMUNITY!

SAVE THE DATE!

SUNDAY, MARCH 18, 2018

2PM - 5PM

BEACHWOOD HIGH SCHOOL, SOUTH GYM



**EACH AND EVERY HOME COOKED DISH, PERFORMANCE AND ACTIVITY AT THE EVENT
WILL BE PROVIDED BY OUR OWN PARENTS,
STUDENTS AND SCHOOL FAMILIES.**



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Joshua Mintz, 245.0000 • jmintz@beachwoodschoools.org
Steve Rosen, 292.5562 • srosen@beachwoodschoools.org

Dear Beachwood Residents,

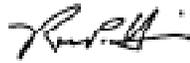
Beachwood City Schools' 2017 Popular Annual Financial Report highlights our students' academic achievements, contains a profile of our district and its offerings, and reports our district's financial data for Fiscal Year 2017. It is available on our website at beachwoodschoools.org.

The following pages provide a synopsis of this Annual Report with snapshots of information that are most significant to Beachwood taxpayers. Beachwood City Schools continues to be one of the few Aaa bond rated districts in the state and received a clean audit again for FY2017. Despite consistent fiscal stewardship, state legislative actions are reducing Beachwood's funding by \$3.5 million each year, requiring the district to request its first operating levy in 13 years. Replacing our aging elementary schools requires the district to simultaneously request a bond levy this May.

Thank you for taking a few minutes to browse this report and for your continued and unparalleled support of our children and schools.



Michael D. Zawatsky
President



Robert P. Hardis
Superintendent



Michele E. Mills
Treasurer/CFO

NET POSITION

In total, Net Position decreased by \$2,822,155 which represents a 19.7% decrease from 2016's net position. The District continues to pay down its outstanding debt and shorten repayment periods. The Middle School bonds were originally set to mature in 2022. Now refinanced, the bonds mature in 2021. However the increased net pension liability offsets the pay down of debt. Net Investment in Capital Assets increased from \$26,560,370 to \$31,984,915.

Governmental Activities	2017	2016	2015	Restated 2014*
Assets				
Current and Other Assets	\$62,836,068	\$63,625,244	\$59,229,202	\$61,206,905
Capital Assets	67,069,117	64,770,402	61,907,281	62,836,677
Total Assets	129,905,185	128,395,646	121,136,483	124,043,582
Deferred Outflows of Resources				
	10,884,043	4,860,569	3,295,525	2,943,357
Liabilities				
Long-term Liabilities	37,657,775	40,528,965	38,216,588	41,148,367
Net Pension Liability	59,242,905	49,746,888	44,469,762	52,805,467
Other Liabilities	4,161,671	4,264,708	4,002,116	3,381,194
Total Liabilities	101,062,351	94,540,561	86,688,466	97,335,028
Deferred Inflows of Resources				
Property Taxes	26,612,998	20,597,657	20,858,273	22,232,256
Pension	1,603,147	3,785,110	7,993,289	-
Total deferred inflows of resources	28,216,145	24,382,767	28,851,562	22,232,256
Net Position				
Net Investments in Capital Assets	31,984,915	26,560,370	25,923,161	23,764,063
Restricted	4,251,489	6,583,452	4,560,481	4,657,530
Unrestricted	(24,725,672)	(18,810,935)	(21,591,662)	(21,001,938)
Total Net Position	\$11,510,732	\$14,332,887	\$8,891,980	\$7,419,655



REVENUE

The District's revenues in 2017 were \$39,912,668, a decrease of 9.3 percent over 2016 due primarily to a decrease in property taxes available for advance as of fiscal year end. This decrease was because of a deadline change to when taxes are payable by property owners. The district also received \$1.2 million as settlement in a property tax dispute.

Program Revenues of \$6,556,640 are for specific program areas and comprise 16.4 percent of the District's total revenues.

General Revenues of \$28,223,728, excluding grants and entitlements, accounted for 70.7 percent of all revenues. The largest portion of general revenues is property taxes levied on commercial and residential properties.

Grants and Entitlements of \$5,132,300, are from the State of Ohio and the federal government. The revenues from the State of Ohio consist of rollback and homestead taxes, through which the state pays 12.5% of each residential property owner's taxes. The State also pays the district through its Foundation Funding program with funds earmarked in the State budget for education. This category of revenue also contains the tangible personal property (TPP) tax hold-harmless provision in the amount of \$2.5 million which is in the process of being phased out.

	2017	2016	2015	2014	2013
Program Revenues					
Charges for Services and Sales	\$2,943,721	\$2,522,404	\$3,752,253	\$2,837,045	\$4,346,756
Operating Grants and Contributions	3,612,919	3,375,368	3,494,260	3,322,815	3,026,362
General Revenues					
Property Taxes	25,380,072	30,469,897	27,731,492	33,708,619	27,450,186
Grants and Entitlements	5,132,300	5,515,570	5,504,910	5,687,462	5,647,472
Investments	395,352	389,609	309,666	176,869	73,323
Other	2,448,304	1,752,422	632,226	2,712,099	5,436,826
Total Revenue	\$39,912,668	\$44,025,270	\$41,424,807	\$48,444,909	\$45,980,925



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LOCAL TAXES COLLECTED

Property Taxes include amounts levied against all real and public utility property located in the District. They are levied and assessed on a calendar year basis, while the District's fiscal year runs from July through June. The first half (January-June) tax collections are received in the second half of the fiscal year, and second half distributions (July-December) occur in the first half of the following fiscal year.

- Local property taxes collected from Commercial Real Estate for Fiscal Year 2017 totaled \$16,768,239, or 52.4 percent of total taxes collected.
- The District collected \$14,058,916, or 44.0 percent, in Residential Real Estate taxes in Fiscal Year 2017.

Public Utility Taxes are assessed on tangible personal property, as well as land and improvements, at true value (normally 50 percent of cost).

- The District collected \$1,143,752, or 3.6 percent of total taxes collected, from public utility property taxes in Fiscal Year 2017.

Residential Effective Tax Rates for Schools (General Fund only)

School District	Millage
Beachwood	34.05
Rocky River	39.31
Orange	41.41
Mayfield	43.60
Solon	43.96
Chagrin Falls	48.46
South Euclid/Lyndhurst	64.04
Cleveland Hts./University Hts.	71.29
Shaker Heights	91.26



PROSPECTS FOR THE FUTURE

Beachwood City Schools understands the critical role our district plays in the ongoing vitality of the overall Beachwood community along with our city's government, corporate and retail sectors. High-ranking public schools increase our home values and attract families with high expectations for their children's success.

The strength of our school district is a part of the reason *Cleveland Magazine* named Beachwood the #1 suburb in Cuyahoga County.

For the past few years, we have shared with you the need to replace our aging Bryden and Hilltop Schools, both built in 1959. Extensive study indicates that the district can save half a million dollars annually in operating costs by consolidating into one PreK-5 school. This project is the last school modernization our district will need for many decades.

In addition to our facility needs, the district is coming to the end of a 13-year cycle since our last operating levy. We will seek your support in May 2018 for a combined operating and bond levy to carry our school system into the future.

EXPENSES

Governmental Activities totaled \$42,734,823, a slight increase of 10.7 percent from Fiscal Year 2016 (from government-wide statements), primarily due to and increase in instructional expenditures and the rising cost of health care.

Program Expenses	2017	2016	2015	2014	2013
Instruction					
Regular Instruction	\$14,185,332	\$12,686,194	\$13,447,648	\$12,503,062	\$12,322,813
Special Instruction	6,515,516	5,632,796	6,253,498	5,554,774	6,073,357
Vocational Instruction	1,221,206	1,250,493	1,399,055	1,727,730	1,306,835
Adult/Community Ed. Instruction	73,772	70,675	70,303	106,568	101,993
Other Instruction	312,115	289,608	265,444	282,232	267,839
Support Services					
Pupil Support	2,627,312	2,233,497	2,647,582	2,483,137	2,659,540
Instructional Staff	2,074,132	1,836,681	1,920,330	1,948,494	1,383,760
Board of Education	355,408	357,340	408,141	446,035	606,698
Administration	2,472,009	2,276,591	2,334,232	2,276,927	2,425,348
Fiscal Services	996,628	1,167,782	1,061,998	830,832	789,311
Business Services	418,986	356,635	326,285	284,773	418,499
Operation and Maintenance of Plant	4,162,520	3,944,032	3,547,759	4,465,843	3,481,534
Pupil Transportation	1,938,172	1,722,149	1,715,068	1,881,013	2,011,020
Technology/Communications	291,687	247,360	188,585	75,288	375,875
Operation of Non-Instructional Services					
	2,230,197	1,833,317	1,885,836	1,826,020	1,562,013
Extra-Curricular Activities					
	1,310,192	1,191,246	1,115,356	909,220	1,224,793
Debt Service					
Interest and Financial Charges	1,549,639	1,437,967	1,365,362	1,663,812	2,093,321
Total Expenses	\$42,734,823	\$38,584,363	\$39,952,482	\$39,265,760	\$39,104,549



Local Expert Decodes Teenage Behavior

By June Scharf

The teenage brain and the behavior it controls may baffle many parents, but not Dr. Lisa Damour. She has decoded and demystified the teenage playbook, and regularly shares those secrets by serving as a monthly *New York Times* columnist, a frequent CBS News contributor, an international speaker and a bestselling author. Last month, she spread her wit and wisdom at a speaking engagement held at the Joseph and Florence Mandel Jewish Day School, which was very well attended by a balance of women and men.

Damour's local ties include holding positions as the executive director of Laurel School's Center for Research on Girls and the senior advisor to the Schubert Center for Child Studies at Case Western Reserve University. The mother of two daughters also has a private psychotherapy practice, and in 2016, she published the bestseller, *Untangled: Guiding Teenage Girls Through the Seven Transitions to Adulthood*.

With her long track record of offering advice on raising teens, Damour admitted that many refer to her material as a *What to Expect When You're Expecting Teenagers*, a humorous play on words, relating to the wildly popular book about pregnancy, *What to Expect When You're Expecting*.

She began by explaining what's happening with third and fourth graders, around age nine. Typically, "their self-esteem bottoms out, and they become less confident in their abilities." She contrasts this with previous behavior where younger children believe they are "all that," meaning invincible and capable of being potentially a surgeon, artist and Olympic winner. "Nine-year-olds are undergoing a correction to a more normative level."

As children adjust their self-perceptions, Damour believes parents can simultaneously begin to offer more honest responses to their thoughts and suggestions. But parents should understand that, as an extension of children's shifting self-perception and social perspective, some matters may begin to feel like a crisis, even though

parents may not share that vision.

Her parenting hack to these heightened circumstances: respond with "Tell me more." If they are feeling bad about themselves, it's helpful to let them know that there are always people who can do more. But parents can note the virtue in surrounding themselves with people who are more capable. "It will help them stretch and grow." To gain a deeper understanding of these issues, she recommends the book *Mindset: The New Psychology of Success, How We Can Learn to Fulfill Our Potential* by Carol S. Dweck, Ph.D.

What's most important, Damour stressed, is not the words we say but the tone we use to say them. "It's 10% lyrics and 90% tune."

As children approach age 10, they need to pull away and be more private. "Their door closes and they stay in their room for hours...but they're doing the same things in there as before."

For parents who say, "I'm good until they turn 13," Damour offers a modification to that thinking. "Adolescence begins at 11." She notes that parents may feel their children are "out of the gate too soon," but this is a maturation reality. She believes their room may mentally become their apartment and the parents are their landlords. Her key takeaway in this situation is to be aware that the distancing is not personal.

She describes sixth and seventh grades as a time when kids complain much more. The best way to handle these situations is to serve as a good listener, but realize that

they don't want your help. "They just want to unload some of the emotional trash they've acquired during their day." Sometimes simply agreeing with them by saying, "that sucks" is all that's required.

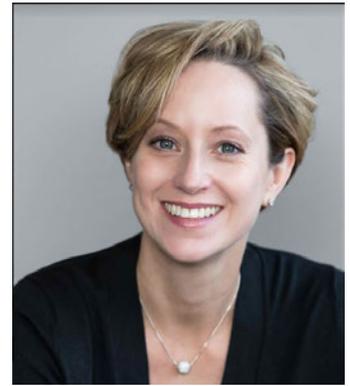
At times, parents will experience the opposite of disclosure and wish their child had told them more. This reluctance to talk is normal, and she likens it to a day filled with lots of meetings and at the end of the day, you don't want to rehash any of it. Generally, she believes a parent can instinctively tell when silence is a symptom of something else. Another factor surrounding kids' issues is that by the end of the day, they may have processed their problems and be "90% over them."

When teens become moody, Damour suggests imposing the paradigm that they are suffering from an emotional flu, and parents should offer comfort and the assurance that they'll be ok.

Damour points out how seventh grade introduces the uses and abuses of social power. Kids begin to form groups, and this is usually a recipe for semi-disaster. Research shows that clusters of five to six children is a more difficult social arrangement than two to three. It's very hard for members of larger groups to like each other equally, she explains.

She also urges parents to not encourage children to try to be popular. A lot of stress surrounds it, and research shows that those with fewer friends are happier.

Another strategy to make everyone's lives more manageable



Dr. Lisa Damour

is to not hold children to standards that make no sense for them. "A 13-year-old is unbelievably emotional!" The brain is remodeling itself, she added. Your role can be a calming influence. When they see that a parent isn't being reactive, they may understand that their situation isn't so bad.

When talking to children, parents should remember: "It's 10% lyrics and 90% tune."

~ Dr. Lisa Damour

Eighth grade is when children become allergic to us, Damour said. Parents can't do anything right. Children perceive their parents as a reflection of themselves, and that's generally not going to go well. Again, she advises parents to not take the issues that arise personally. However, she cautions that parents shouldn't let kids mistreat them.

While parents may often feel rejected, she stresses the importance of being present, both physically and emotionally. "We become potted plants – we need to be around, but don't expect to have conversations." She explains how parents should connect with their teens on their terms, but realize that their children also feel a connection, even when they're ignoring a parent.

Damour concluded by admitting that there are bumps along the path to maturity, but growth will be achieved by everyone.



ONE Can Change the World – And You Can Be Involved!

The ONE Campaign is the 2017-18 Beachwood Marketing/Junior Achievement’s current Company Program. It is a societal marketing endeavor designed to promote unity, diversity and acceptance in our global community. The ONE Campaign will culminate in a public art installation in Beachwood this spring.

Students are currently selling framed banners, inspired by the artwork of Romero Britto, that will be displayed on the grounds of Beachwood City Schools and the City of Beachwood. Each framed banner will include a positive word that supports the mission of unity, diversity and acceptance. Banners will be on display for three months and will include the logo of the sponsoring company or organization. In addition to the framed banners, the students are seeking underwriters to support The ONE Campaign. Benefits and costs for Banner Sponsors and Underwriters are available at www.onebeachwood.com.

Highlights of The ONE Campaign include thousands of hand-painted rocks. These rocks, each unique, will be assembled into pathways forming a community. Seven hundred step-stake signs with

positive messages will be installed on city and school grounds. Each sign will contain one of five words: Community, One, Global, Hope and Love. The Marketing/Junior Achievement students are also creating spoken word poetry videos, with lyrics by Grace Yoo, to share on social media.

The ONE Campaign’s objectives are:

- To provide knowledge of differences and to embrace the opinions and thoughts of others
- To create a lasting impact on the world
- To build awareness of the weight of your actions
- To develop respect for others
- To celebrate what makes us unique

Through The ONE Campaign, students hope to create a diverse and more unified community by promoting acceptance and equality. They

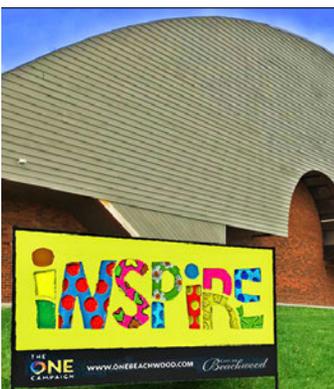
strive to successfully reach out to growing communities and spread this global idea, since each person, at some point in their life, has experienced instances of ignorance, bigotry and prejudice.

The ONE Campaign hopes to bring people together by illustrating this message through public art and meaningful personal connections. Students believe in their tagline: ONE CAN CHANGE THE WORLD.

The Marketing/Junior Achievement Program is composed of seniors from ten area school districts through the Excel TECC Career Consortium. Past events produced by these students include the NOISE Expo, Entrovation, 100 Leaves and The Green Dream. Karen Carmen, City of Beachwood community services director, is the Junior Achievement consultant and Greg Perry is the marketing teacher and JA advisor at Beachwood High School.

Through the ONE Campaign, students hope to create a diverse and more unified community by promoting acceptance and equality. They strive to successfully reach out to growing communities and spread this global idea, since each person, at some point in their life, has experienced instances of ignorance, bigotry and prejudice.

To learn more and become involved, please watch The ONE Campaign promotional video about love and acceptance at <https://www.onebeachwood.com/get-involved-1>.



Creating a Legacy of Meaningful Impact

by Jennifer Stern



On January 20, 2018 I went to the Women's March at Public Square with my youngest son and two friends. As I listened to the speakers, absorbed the energy, read the signs, I felt inspired, empowered, connected and hopeful. I also felt that familiar nagging pull to reframe from the "us against them" mentality to the notion of "us along a continuum"; from "we are mad," to "we are motivated to find a way to work together, to create change, to create meaningful impact." I have become oh so familiar with that nagging pull to reframe, to find a middle path (an us along a continuum perspective) no matter how harrowing and at times painful the pursuit.

There are many words spoken, thoughts shared and choices made that leave me confused, saddened, disgusted and honestly at times, outraged. Yet, I try to not lose hope in humanity, civility, integrity, and the commitment to having solution-focused and respectful dialogue with those who see things differently than me. From family, to friends, to colleagues, to people on my Facebook feed (some familiar

and some complete strangers), I try to find the respectful middle path in debate. How can I maintain respect towards you, recognize the good in you, when I disagree with your perspective?

This is not easy, in fact at times this effort feels herculean, yet always worthwhile. As Justice Antonin Scalia so wisely said, "I attack ideas, I don't attack people – and some very good people have some very bad ideas." It is

possible to find and connect to the good in people although you may disagree with their opinions.

Justice Antonin Scalia and Justice Ruth Bader Ginsburg had a close and enduring friendship in spite of their differing views on everything to do with politics. Their shared focus, they said, was about making the institution work no matter their disagreements.

These are tumultuous and polarizing times. I wonder what it would take for our elected officials to find common ground rooted in respect and regard for the humanity in one another, the work they were elected to do, the obligation to reach compromise, to prioritize greater good over ego and personal or political agenda, and to create meaningful impact in spite of their obvious disdain for each others politics. The ability to stay focused on attacking ideas (in a productive, respectful, and solution-focused manner) instead of attacking each other is the "us continuum" of which I write.

Justice Scalia was quoted as saying, "If you can't disagree ardently with your colleagues about some issues of law and yet personally still be friends, get another job."

How can we create space in our thinking to respond with curiosity and respect to those with whom we disagree? How can we work to find that "us continuum" in which our opinions may differ but our commitment to being

respectful, productive, and solution focused still exists? How can we make it a goal to respectfully attack ideas and not each other?

Whether among family, friends or opponents in thought; whether at home, work, or in our communities trying to affect change, let us try to follow in the footsteps of Justice Scalia and Justice Ginsburg and work to find common ground for the greater good. Meaningful impact occurs when we show up for ourselves and each other, when we use our influence, our power, to try and make things better in our homes, our schools, our jobs, our community.

As Justice Antonin Scalia so wisely said, "I attack ideas, I don't attack people – and some very good people have some very bad ideas." It is possible to find and connect to the good in people although you may disagree with their opinions.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativegrief.com, and sign up for monthly posts.

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HEY NEIGHBOR!

by Arlene Fine

Dancer Tapped to Lead St. Pat's Day Parade

I know it sounds corny, but I love a parade. And nothing beats Cleveland's St. Patrick's Day Parade – where you'll find leprechauns dancing the Sham-rock and roll, and pub signs proclaiming green beer is a vegetable (until you realize the jig is up).

But there's something even better than watching the St. Patrick's Day Parade this year. That's being its Grand Marshal.

Just ask Sheila Murphy Crawford, owner and president of the Murphy Irish Arts Center on Mercantile Road in Beachwood.

The United Irish Societies of Greater Cleveland selected Sheila as its Grand Marshal of the Cleveland's St. Patrick's Day parade, whose theme is "Prominent Irish Pioneers of the 21st Century."

Along with being a pretty big deal for Sheila, her appointment is a nod towards diversity. Sheila is one of only three women in the parade's 176-year history to earn the Grand Marshal title. Standing by her side on the Grand Marshal float on March 17 will be three other women, also a rarity in the St. Patrick's Day tradition. They include the Mother of the Year, and the parade's two co-chairs.

As she doffs her shiny black top hat and waves to a crowd expected to be 100,000-plus strong, Sheila is carrying on

the family tradition. Her father was Grand Marshal in 1981, her mother was Irish Mother of the Year in 1970 and her sister was Irish Mother of the Year in 2006.

But Sheila doesn't need a decorated float to remind her of her Irish roots; she can feel them in her feet. "My mother grew up watching her dad dance and wanted one of her children to dance Irish – and I was the child who took to it," says Sheila.

At the time, the only Irish dance studio in Cleveland was on the west side of town. Despite the distance from Sheila's eastside home, she crossed the river and took lessons for many years. Along the way she honed her Irish dancing skills and made enduring friendships.

Forty years ago Sheila, an award-winning Irish dancer, turned her passion for Irish dancing and Irish culture into a full-time business and formed her own Irish dancing school.

Her first studio was in South Euclid, but she relocated to Beachwood 20 years ago. Her renowned dance classes draw

boys, girls and adults from all over the area.

Over the years the Murphy Irish Arts Center dancers have won many regional, national and world Irish dance-championship titles - even beating a team led by Michael Flatley of Riverdance fame. And while Lebron and the Cavs get all the glory, it was Sheila and the Murphy Irish Dancers who brought Cleveland its first championship title, winning the Irish Dance World Championships in Montreal in 2015 for their performance, "Miracle on Whiskey Island," beating out 5,000 Irish dancers from around the world.

"Irish dance is a beautiful art form, the steps are challenging and intricate, and the music is absolutely beautiful," says Sheila. "Dancing builds teamwork, discipline, cooperation and close friendships."

As Sheila described the joy she has derived from Irish dancing and her upcoming role as Grand Marshal, where she assures me leprechauns will be at her side, it was true – her Irish eyes were smiling.



Sheila Crawford, the 2018 St. Patrick's Day Parade Grand Marshal.

Photo by Pollack Studios.

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Open to the Community!

The Montefiore Foundation's 4th Annual Home Run 5K Run/Walk & 1M Walk "Home Run" Event

The Montefiore Foundation invites the community to participate in its 4th annual 5K Run/Walk & 1M Walk on Sunday, May 6, 8:30 am, at Ursuline College. All proceeds from this Run/Walk event will support the 2018 Annual Sustaining Campaign, which benefits both Montefiore and The Weils senior communities, enabling them to provide the exemplary care that their residents, patients and families have come to depend on each day – regardless of ability to pay. Baseball-themed event

sponsorships are available at the grand slam (\$5,000), home run (\$2,500), triple (\$1,250), double (\$750) and single (\$500) levels.

Pre-registration is \$20 by Friday, May 4, or \$25 May 5 through race day. The Run/Walk will be held rain or shine. For more information about sponsorship and event registration, visit montefiorecare.org/homerun.

For questions, contact Alyssa Rothstein, development associate, at 216.910.2636 or arothstein@montefiorecare.org.

JCC Men's Club

The JCC Men's Club is a Beachwood gem that offers its members the chance to socialize, meet new friends, and take part in discussion groups every Monday morning. The club meets from 11 am to noon and community gentlemen are invited to enjoy coffee and presentations by interesting speakers. Stop by as the group's guest for a few weeks before you decide to become a member. Get up, get out and learn something. You'll feel better for doing it!

Monday, March 5

Ron Soeder, CEO of The Boys and Girls Club of Cleveland, will speak about the organization.

Monday, March 12

Rap Session

Stop by as the group's guest for a few weeks before you decide to become a member.

Monday, March 19

Sue Krey, Sisters of Charity Health Organization, will speak about the organization and its service.

Monday, March 26

David Karpinski, VP of the Lake Erie Energy Development Corp., will talk about developing energy by building wind terminals in Lake Erie, which will create a new industry in Northeast Ohio.

"I embrace dreaming big, thinking big and acting as though there are no boundaries." ~ June Taylor, Beachwood City Council

THE SPRING MARKET IS COMING SOON. THINKING OF SELLING? CALL YOUR LOCAL EXPERTS FOR A FREE MARKET EVALUATION.



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216-496-4212
GeoffreyHoffman@howardhanna.com



Liza Dardashti-Wolf
216-403-6294
LizaDardashti-Wolf@howardhanna.com



Real Estate Services



Chocolate Seder Plates

The Women of Fairmount Temple are once again selling their chocolate seder plates, which make great hostess gifts and are a delicious addition to your seder table.

- All plates are made with more than a pound of excellent quality dark chocolate and are nut free.
- The chocolate used is kosher/dairy. The plates are not sold as kosher as they are not made in a kosher kitchen.
- The cost of each plate is only \$25.
- Orders can be packed for mailing for an additional \$3.
- The last date to place your order is March 11.
- Pick up dates: Sunday, March 18, and Tuesday, March 20, from 9 am to noon, in front of the temple gift shop.
- Passover begins the evening of March 30.

To place your order, please email Bernice Goldman at lbgoldman@roadrunner.com and pay when you pick up your seder plates. You may also order by calling Bernice at 216.378.9478.

This is the group's largest fundraiser. Proceeds benefit Women of Fairmount Temple and their many mitzvah projects.



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Seeking Nominations for 2018 Family Physician of the Year Award

The Ohio Academy of Family Physicians (OAFP) is now accepting nominations for the 2018 Family Physician of the Year Award. This award recognizes a family physician who has exhibited extraordinary, beyond-the-call-of-duty merit, articulating and encouraging members and students to pursue the ideals of family medicine, and convey these ideals to the public.

"Family physicians are committed to the overall health of all Ohioans," said Donald Mack, MD, president of the OAFP. "By recognizing our members for their contribution to their communities and years of service, we hope to inspire the next generation of leaders to consider family medicine."

With nearly 3,600 family physicians providing healthcare across the state, Ohio is one of the largest, most active chapters of the American Academy of Family Physicians (AAFP). Nearly 80 percent of all family physicians are members to the OAFP.

To be nominated for this award, the family physician must:

- Have 10 years' post-residency (or equivalent) experience
- Be a member of the OAFP
- Currently be in practice

Nominations may be made by any current OAFP member, a local constituent chapter, a family medicine residency program, departments of family medicine, or a community individual. To nominate your physician, complete the nomination form or send a letter of recommendation to: OAFP Awards Workgroup, Ohio Academy of Family Physicians, 4075 N. High St., Columbus, OH 43214-3296. Letters may also be sent by fax to 614.267.9191 or email to mpelt@ohioafp.org.

To check if a physician has membership status with the OAFP, call 800.742.7327 or e-mail mail@ohioafp.org.

The 2018 Physician of the Year will be recognized on Saturday, August 18, during OAFP's Academy Awards Dinner, which is part of the annual Family Medicine Celebration held at The Grand Event Center in Columbus, Ohio.

Learn more about the award at www.youtube.com/watch?time_continue=47&v=Sl-B3A70CqPM.

16th Annual Walk, Rock and Run #WalkTogether

The Diversity Center of Northeast Ohio and Presenting Sponsor, Medical Mutual of Ohio, are excited to host the 16th Annual Walk, Rock and Run on Saturday, May 5. This family-friendly community event will feature 1- and 3-mile walks and a chip-timed 5K run. It will also offer free food, live entertainment, Mitchell's Ice Cream, kids' activities, and more. All activities begin and end at The Rock and Roll Hall of Fame Plaza.

Each year, proceeds donated to Walk, Rock and Run help support The Diversity Center's camps, conferences, retreats, and in-school programming where more than 10,000 students are empowered to become agents of change in their communities and beyond. Come join us as we celebrate diversity and inclusion in Northeast Ohio communities.

Registration is required, and all participants gain FREE ENTRY to the Rock and Roll Hall of Fame,

Great Lakes Science Center, and the USS COD Submarine Memorial on the day of the event. Participants must arrive at the check-in/registration tent by 9:30 am to get their wristbands for admission into the museums.

Please visit <http://www.diversitycenterneo.org/events/walk-rock-run/> to register or call 216.752.3000 with questions.

16th Annual Walk, Rock and Run
Saturday, May 5
1- and 3-Mile Walks
Check-in at 7:30 am
FREE (Donations appreciated.
Registration is required.)
T-shirts: \$25 (Payable through registration or first come, first serve on event day.)
5K Chip-timed Run
Check in at 7:30 am
\$35 by April 30/\$40 May 1-5
(includes Walk, Rock & Run t-shirt)

Both races begin at 9 am (Route maps available on website above.)

Community Pesach Seder with Fromovitz Chabad Center

The Fromovitz Chabad Center invites the community to join them at a Pesach Seder, Friday, March 30, 7:15 pm, at Waxman Chabad Center, 2479 S. Green Road, Beachwood.

The Community Pesach Seder, led by Rabbi Moshe Gancz, features a four-course meal, hand-baked Shmura Matzah, four cups of wine, Hebrew/English Hagaddahs, traditional

Pesach songs and insights into the Festival of Freedom.

Costs are as follows:

- Adult: \$45
- Child (3-12): \$25
- Co-Sponsor: \$180
- Sponsor: \$360

To reserve your space, visit www.clevelandjewishlearning.com or call Rabbi Gancz: 216.647.4884. No Jew will be turned away for lack of funds.



Jewish National Fund's Third Annual WOMEN FOR ISRAEL GAME DAY

Featuring Mahjong, Canasta, & Bridge

Thursday, March 22, 2018
1:00 – 4:00 pm

Beechmont Country Club
29600 Chagrin Blvd, Beachwood, OH 44122

RSVP by March 15 at jnf.org/gameday or 216.292.8733

Featuring a chance raffle. Bring your own cards & mahjong sets. Complimentary event. Snacks served.

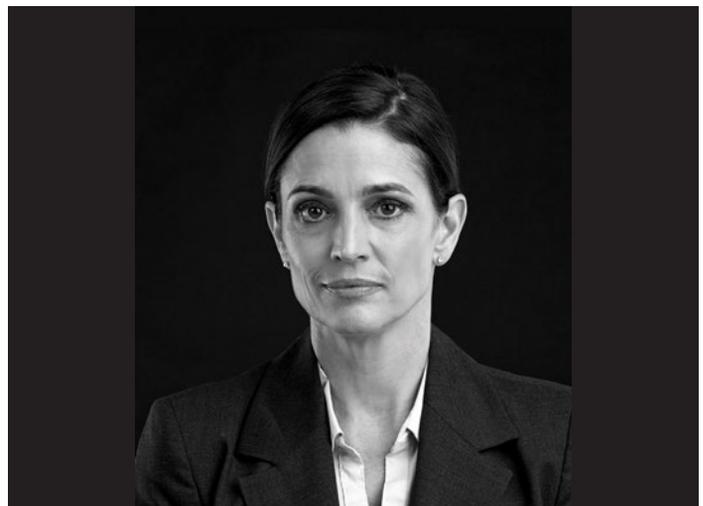
EVENT CHAIRS Tammy Brosse, Loren Frieder, Penny Greenberger & Lori Raichilson



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~ Franz Kafka

Upcoming Programs at The Gathering Place

The Gathering Place is a cancer support center that provides FREE programs and services to help individuals and families currently coping with the impact of a cancer diagnosis in their lives. Programs are provided for adults, teens and children and include support groups, family and individual support, a lending library, a wig salon, exercise programs, hands-on cooking classes, art therapy and more. The Gathering Place has locations in Beachwood and Westlake. Visit www.touchedbycancer.org for a listing of all programs and services or call 216.595.9546 to talk with a staff member. Our upcoming Beachwood programs listed below require advance registration by calling 216.595.9546 unless otherwise noted. Our Beachwood address is 23300 Commerce Park.

Balance 101

Tuesdays and Thursdays,
March 6-29 • 1:15-2 pm

Learn exercises that address balance issues related to cancer treatment. Participants are encouraged to attend all eight sessions.

KidShop/TeenShop

Mondays, March 12 & 26
6:30-7:30 pm

A workshop for children and teens who have an adult family member with cancer.

Prostate Cancer Information Session

Tuesday, March 8 • 5:30-6:15 pm

For men (only) diagnosed with prostate cancer in the last six months. Connect with prostate cancer survivors, hear about treatment options and available resources. No registration required.

Mindfulness Movement

Wednesday, March 14 • 6:30-8 pm

Focusing on the breath, practice some gentle movement exercises and walk the labyrinth.

Group for Those with Gynecological Cancers

Wednesday, March 21 • 6-7:30 pm

No registration required.

Moving Forward

Orientation:
Wednesday, March 28 • 6-7 pm

Program:
Mondays, 6-8:15 pm and
Wednesdays, 6-8:15pm,
April 2-May 23

An eight-week program for men and women who are currently in treatment or have finished treatment within the last year. The program includes twice-weekly fitness training, healthy cooking classes and a weekly support group. Written permission from your physician is required.

Jewish Genealogy Society of Cleveland Elects New Board

The Jewish Genealogy Society of Cleveland announces its 2018 board:

Sylvia F. Abrams was elected president. Dr. Abrams is Professor Emeritus of Jewish Education and former Dean of Siegal College of Judaic Studies. She is past president of CAJE (the Coalition for the Advancement of Jewish Education), is a past member of the Ohio Council on Holocaust Education and immediate past chair of the Jewish Archives Advisory Committee, Western Reserve Historical Society. Dr. Abrams teaches short courses for Siegal Lifelong Learning of Case Western Reserve University that are co-sponsored by the Cuyahoga County Library.

Stewart Hoicowitz was elected first vice president; Don Golden, second vice president; Pamela Turner, secretary; Marilyn Baskin, treasurer; and Murray Davis, Jane Riedel and Jeff Morris, trustees.

The mission of the Jewish

Genealogy Society of Cleveland is to foster Jewish family history and genealogical research. The Society educates the public and disseminates information on Jewish records, sources, techniques, archives and libraries, and has done so since its inception in 1982. The Society maintains its own research library, which is available to any researcher and housed at Anshe Chesed Fairmount Temple.

The mission of the Jewish Genealogy Society of Cleveland is to foster Jewish family history and genealogical research.

The Jewish Genealogy Society meets on the first Sunday afternoon of the month at Park Synagogue East. Meetings are free and open to the public. For more information, visit www.clevelandjgs.org.



The Jewish Genealogy Society of Cleveland elected officers and trustees for 2018. Seated from left: Marilyn Baskin and Sylvia Abrams; Standing: Don Golden, Pamela Turner, Jeff Morris, Jane Riedel and Stewart Hoicowitz. Not pictured: Murray Davis.



There Are New Recycling Guidelines in Beachwood. For complete information, see City Council Update.

At the Maltz Museum

Beyond Chicken Soup: Jews & Medicine in America – Last Chance – Program runs through April 8!

Beyond Chicken Soup, featuring 200+ artifacts, photographs and documents, including highlights from Cleveland's own Mt. Sinai Hospital, tells the story of how Jews were forced to create access to their own healthcare in the face of discrimination, challenging visitors to consider how they can be upstanders to support diversity and inclusion.

Beyond Chicken Soup tells the story of how Jews were forced to create access to their own healthcare in the face of discrimination, challenging visitors to consider how they can be upstanders to support diversity and inclusion.

Beyond Chicken Soup is included with Maltz Museum ad-

mission: \$12 adults, \$10 seniors (60+) and students, \$5 youth (5-11) and FREE for Maltz Museum Members and children under 5. Groups of 10 or more are eligible for guided tours and a discount with advance registration.

Exhibition/Museum hours are: Tuesday – Sunday, 11 am - 5 pm, and Wednesday, 11 am - 9 pm. The Maltz Museum is closed Mondays.

Guided "Drop-In" Tours: Docent-led tours of Beyond Chicken Soup are available Tuesdays and Sundays at 2 pm with regular Museum admission.

Maltz Museum of Jewish Heritage celebrates culture and identity to encourage connection and promote a greater appreciation of Jewish heritage and the diversity of the human experience. For more information, visit maltzmuseum.org and follow us on Facebook and Twitter @maltzmuseum.



Ed Decker joins HW&Co. as Tax Principal

HW&Co., a leading CPA and business advisory firm located in Beachwood, is pleased to announce that Ed Decker has joined the firm as a principal in its tax department.

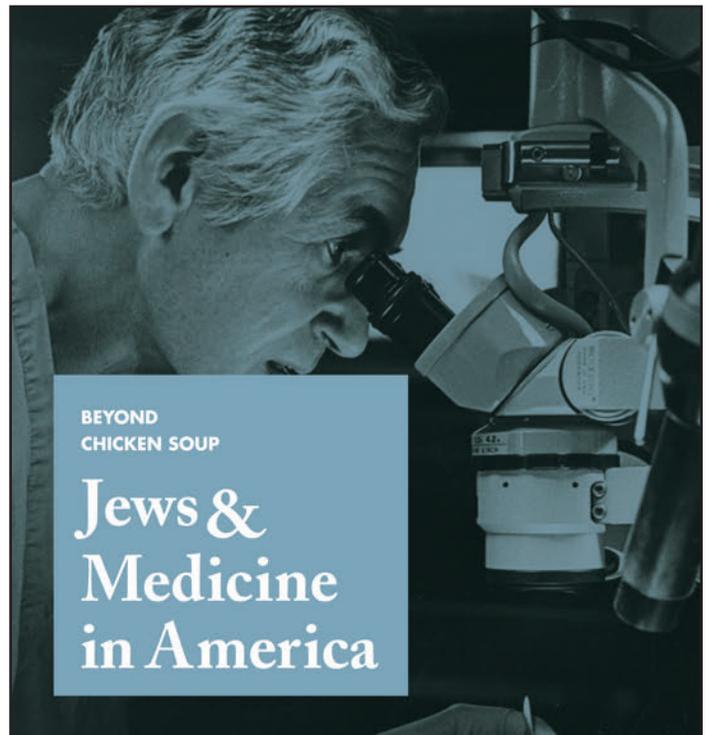
Ed Decker, CPA, MT is a Certified Public Accountant with a strong background in tax planning, consulting and compliance for corporate, partnerships and individual clients. He services clients in a wide variety of industries, including professional services, wholesale distribution and manufacturing.

Decker has done extensive work in tax-planning strategies and compliance for closely held

businesses and high net-worth individuals. In addition, he has successfully represented clients in Internal Revenue Service examinations and examinations at the state and local levels.

Decker earned his BS from Indiana University of Pennsylvania and then his Masters of Tax from the University of Akron.

"Ed's achievements in the tax arena will allow us to continue to give the highest level of tax service to our clients. With the changing tax regulations, you can never have enough high quality tax professionals to meet our clients' needs," says John P. Fleischer, HW&Co president and CEO.



BEYOND CHICKEN SOUP

Jews & Medicine in America

**EXHIBIT RUNS THROUGH APRIL 8, 2018
LAST CHANCE, ONLY ONE MONTH LEFT!**

AN EDUCATION ON THE HISTORIC FIGHT FOR EQUALITY IN HEALTHCARE AND A LOOK TO THE FUTURE OF MEDICINE IN AMERICA.

Beyond Chicken Soup: Jews & Medicine in America tells the story of how Jews were forced to create access to their own healthcare in the face of discrimination.

BRING A GROUP OR HOST AN EVENT

Contact 216.593.0595 or events@mmjh.org

THE EXHIBITION IS GENEROUSLY SUPPORTED BY



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MALTZ MUSEUM OF JEWISH HERITAGE
The Museum of Diversity & Tolerance

2929 Richmond Rd. Beachwood, OH
216.593.0575 | www.maltzmuseum.org

Enrich Your Judaism

Whether you want to take a crash course on Passover, discover your best self at a Tanya study group, attend a mom-and-me program or experience hands-on matzah baking, "Enriching Judaism in Cleveland" has something for you:

Wednesdays, March 14 and 28
12:30 – 1:30 pm

Jewish Moms Meet, Lunch 'n' Learn

Take a useful lesson from the weekly Torah portion, followed by baby circle time.

Thursday, March 15
8 – 10 pm

The Chassidic Brotherhood – Monthly Farbrengen

Share l'chaims, lend support and gather strength from fellow Jewish men ages 21+.

Saturday, March 17
8:45 – 10 pm

Monthly Ladies Night Out

Learn, laugh and schmooze with Jewish women of all ages and backgrounds at an elegant evening to rejuvenate the mind, body and soul. Ages 21+.

Wednesday, March 21
7:30 – 9:30 pm

Music & Meaning

Join us for a tour through the Passover haggadah with all five senses.

Sunday, March 25
6:30 – 9:30 pm

Movie Night:

Patterns of Evidence; Exodus

Find yourself in the Exodus story, followed by a discussion with cast member Rabbi Manis Friedman.

Friday evening, March 30
Passover Seder 1

Contact us to be included in a meaningful communal or private seder.

Saturday evening, March 31
Passover Seder 2

Contact us to be included in a meaningful communal or private seder.

All classes and events are designed to appeal to people at all levels of knowledge, including those without prior experience or background in Jewish learning. Attendees need not be affiliated with a synagogue. Programs are conveniently located at 25400 Fairmount Blvd. For more information and to RSVP, visit www.enrichingjudaism.com, contact Rabbi Shmuli or Rivky Friedman at 216.282.0112, or email info@EnrichingJudaism.com.

Prehab before Surgery for Better Healing

Menorah Park's Peter B. Lewis Aquatic & Therapy Center is your partner in healing before and after surgery. While therapy cannot always prevent the need for surgery, an individualized rehabilitation program can certainly quicken healing time after your surgery. Research shows that "prehabilitation," a targeted exercise program before surgery, can result in significant reduction in your post-operative care due to a quicker recovery. For best results, it is recommended that prehabilitation start four to eight weeks prior to your surgery.

According to Kelly McNeal, PT, DPT, director at the Peter B. Lewis Aquatic & Therapy Center, opting for land-based and aquatic prehabilitation before surgery does make a difference in your rehabilitation after surgery. "Exercising in water helps you because the buoyancy of your body in warm water (88 degrees) makes moving less painful or even pain-free. It keeps you interested, engaged, and ready for recovery."

With prehabilitation, you will also enjoy the use of the Center's fitness rooms.

Prehabilitation includes:

- A thorough, individualized Physical Therapy Evaluation to begin your pre-operative program
- A prescribed land and/or water exercise program to reduce pain, increase strength and improve range of motion.
- Two to four individual pre-operative visits with a licensed

- physical therapy professional.
- Education about realistic expectations
- Gait analysis and training

Research shows that "prehabilitation," a targeted exercise program before surgery, can result in significant reduction in your post-operative care due to a quicker recovery.

Therapy evaluation, exercises, and equipment prescriptions are billed to your insurance. The Center also offers many types of exercise classes and workout equipment, and is open six days a week, including early mornings and evenings, for your convenience.

Call 216.595.7345 to schedule your appointment.

Nanny's Muffins



Last month, we published a story about Amy Babbush Eisenberg and how she was inspired to start her business, Nanny's Muffins. Since publishing last month's article, Amy obtained her home-bakery license, which now permits her to ship college care packages, holiday gifts and get-well goodies locally and across the country. To read last month's article, visit www.beachwoodbuzzmag.com, click on archived issues, February 2018, page 42.

Cleveland Restaurant Week

In an effort to boost guest visits during first quarter, Cleveland Independents announces Cleveland Restaurant Week. Approximately 40 member restaurants will be participating in the promotion between March 5 and 16.

The promotion will feature three-course, \$33 prix fixe menus (plus tax and gratuity), although members have the option to deviate up or down on the price point based on their offerings.

“Since introducing this concept four years ago, our members have discovered that the promotion helps kick start their warmer weather business while

aiding in getting them through what is typically a winter slump,” says Myra G. Orenstein, president, CATV, Inc. and acting executive director of Cleveland Independents.

Menus and participating restaurants may be found at www.clevelandrestaurantweek.com. The page also features real-time online reservations with Open Table and RESO.

“The path of spiritual growth is a path of lifelong learning.”
~ M. Scott Peck

The Jewish Learning Institute Movie Night Patterns of Evidence: Exodus

Later this month, Jews will retell the story of the Exodus as part of their celebration. But will they relate to what they are reading?

This question inspired Rabbi Shmuli Friedman to present Patterns of Evidence: Exodus at the Jewish Learning Institute in Cleveland. The movie will be shown on Sunday, March 25, from 6:30-9:30 pm, at The Jewish Learning Institute, 25400 Fairmount Blvd. in Beachwood. There is a suggested donation of \$36. RSVP is requested.

Patterns of Evidence: Exodus, searches for answers to the question, “Is the Bible just a myth, or did the archaeologists get it wrong?”

For more than 50 years, the vast majority of the world’s most prominent archaeologists and historians have proclaimed that there is no hard evidence to support the biblical Exodus story. In fact, they say that the archaeological record is

completely opposed to the Bible’s account. The case against the Exodus appears to be so strong that even some religious leaders are labeling this ancient account as historical fiction.

This movie is geared to benefit families, teachers, historians and anyone who wants to learn and relive this biblical story. As with all programs offered by JLI, this movie is designed to appeal to people at all levels of knowledge, including those without any prior experience or background in Jewish learning. All JLI offerings are open to the public, and attendees need not be affiliated with any synagogue, temple, or other house of worship.

For information or to RSVP call 216 282 0112 or visit EnrichingJudaism.com. The local JLI chapter is sponsored in part by the Fund for the Jewish Future of the Jewish Community Federation of Cleveland.

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PATTERNS of EVIDENCE
EXODUS

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PLAYING AT:
The Jewish Learning Institute
25400 Fairmount Blvd Beachwood
Suggested Donation \$36 | RSVP 216-282-0112 or info@EnrichingJudaism.com

DATE AND TIME:
Sunday, March 25, 2018
6:30 - 9:30 pm

Beachwood Library Programs



Registration is requested for all programs except storytimes.
Please call 216.831.6868 or visit www.cuyahogalibrary.org to register.

It's About Time:

Time Management for Retirees!

Thursdays, March 8, 15 and 22
6:30 - 8:30 pm

This 3-part workshop series teaches a unique approach to time management, walking you step by step through setting up your days and weeks in a way that is right for you.

Harp and Piano Recital

Sunday, March 11
2 - 3:30 pm

Join us for a music recital by harp and piano students of Jody and Caryl Guinn.

Through the Eyes of the Artist - Pierre Renoir

Friday, March 23
10 - 11:30 am

Art historian Felicia Zavarella Stadelman returns with her popular series on the lives and works of beloved artists. This month, learn about Pierre Renoir - the story behind the man, not the icon, who refused to think of himself as an impressionist. He believed that "a work of art must seize upon you, wrap you up in itself, and carry you away."

Registration required. Sponsored by the Friends of the Beachwood Library

Northern Ohio Opera League - Operatic Adventures:

Henry VIII I Am X 6

Tuesday, March 27
7 - 8 pm

Please join us for this informative and entertaining monthly program about the music, history, story and performance of classic Operas with Dr. Michael Blauner. King Henry VIII ruled England in the mid 17th Century. The decisions he made in his personal and political life have ramifications for us. And of course, these historical currents

provided ammunition for some gorgeous and melodic dramatic operas. Join us to see history come alive!

Sign Language Is Fun

Tuesdays, 2:30 - 4 pm
April 3, 10, 17 and 24; and
May 1, 8, 15 and 22

American Sign Language teacher Valerie Williams teaches basic signing with the use of role playing and other fun activities. The class is progressive, building from one skill to another. Expect homework each week for this eight-week series of classes.

Through the Eyes of the Artist - Remington

Friday, April 13
10 - 11:30 am

To Frederic Remington, the bond between the horse and the rider was powerful and lifesaving, as symbols of freedom on the frontier. His work inspires appreciation for the rustic life of the West.

A Gentleman in Moscow (Series: 4 sessions)

Siegal Lifelong Learning

Fridays, 2 - 3:30 pm
April 13, 20, 27 and May 04

Siegal Lifelong Learning will facilitate an in-depth discussion on *A Gentleman in Moscow* by Amor Towles.

Count Alexandar Rostov has been sentenced to house arrest in Moscow's Metropol Hotel by a Bolshevik tribunal. How Rostov constructs a meaningful life is the center of Amor Towles best selling novel, *A Gentleman in Moscow*. We will contrast the elegant world-class Metropol to the events in the Soviet Union in this surprisingly light-hearted novel.

Steam Tuesdays:

Marvelous Mazes

Tuesday, March 6
4 pm
Grades 3 to 6

Put your maze-building and maze-solving skills to the test as we tackle fun challenges and activities.

Chinese Storytime

Saturdays, March 10 and 24
10:30 am
Families

Join us for stories, songs and rhymes in Mandarin Chinese and stay for a craft and playtime after. Presented in cooperation with the Chinese Language and Culture Center.

Afternoon Art Adventures

Tuesday, March 13
4 pm

Students in grades 2 through 5 are invited to create fun art projects based on favorite children's books.

Hebrew Storytime

Wednesday, March 14
4 pm

Children ages 2 to 8 (with a caregiver) are invited to join us for a Hebrew/English storytime where we will hear stories and songs in Hebrew and English. This program is presented in cooperation with the Jewish Education Center of Cleveland.

Build-O-Rama

Thursday, March 15
4 pm
Grades 1 to 5

Attention LEGO lovers - Join us for our building blocks program. Bring your mad skills and create your own masterpiece using our LEGO pieces and a different building challenge each month.

Friday Family Fun:

Sounds All Around Us

Friday, March 16
10:30 am

Let's explore the world of sound, from animal noises to mystery sounds, to rhythm and music. We'll even make our own instruments.

Magic Treehouse Club:

Afternoon on the Amazon

March 22
4 pm
Grades 1 to 4

Travel with Jack and Annie on magical adventures through space and time. This month, we will discuss *Pirates Past Noon* and enjoy games, crafts and activities.

Toddler Storytime

Mondays at 4 pm and
Wednesdays at 10 am
Ages 19-35 months with a caregiver

Join us for books, rhymes, songs and fingerplays.

Baby & Me Storytime

Tuesdays at 6:30 pm and
Thursdays at 10 am
Caregivers and their babies from birth-18 months

Join us for rhymes, songs, fingerplays and books perfect for baby.

Preschool Storytime

Wednesdays at 1:30 pm
Ages 3-5 not yet in kindergarten and their caregivers

Enjoy stories, books, rhymes, songs and fingerplays with your little one.

Pajama Party Storytime

Wednesdays at 6:45 pm
Ages 19 months to 5 and their caregivers

Wear your PJs and join us for stories, songs and fingerplays.

Ileen Kelner Juried High School Art Show

On Sunday, February 11, the Beachwood Arts Council held its opening reception for the Ileen Kelner Juried High School Art Show. Artwork was submitted by talented students from 25 schools across Northeast Ohio. Judges were Sandra Noble, part-time lecturer, art education, Department of Art History and Art, Case Western Reserve University; Grafton J. Nunes, president and CEO, Cleveland Institute of Art; and Kevin O'Donnell, managing director, Lee Hayden Gallery, Beachwood Place.

Paula Rollins, Linda Boardman, Shari Wolf and Karen Levinsky served as co-chairs.

Winners included:

- First Place: *5 More Minutes*, by Josie Hydell, Aurora High School
- Second Place: *Gloomy*, by Allison Maust, Bay High School
- Third Place: *The Side of Jamaica You Can't See*, by Maria DiLallo, Bay High School

Five students also received

honorable mentions.

Artwork by Beachwood students included:

- *(S)miles Away* by Sarah Borow
- *Back Home* by Kelsey Hunsaker
- *Springtime in the Studio* by Amanda Leizman, and
- *Shakespeare* by Yufei Li

Upcoming BAC programs include a Tray Stenciling Workshop, on Saturday, March 24 (details on page 11); and the Beachwood Schools K-12 Art Show, Saturday, April 7 – Sunday,

April 29, with an opening reception on Wednesday, April 11, 5-7 pm (details to follow in next month's *Beachwood Buzz*).



Gloomy, by Allison Maust



5 More Minutes, by Josie Hydell



The Side of Jamaica You Can't See, by Maria DiLallo



"Every child is an artist. The problem is how to remain an artist once we grow up."

~ Pablo Picasso



Ileen Kelner Juried High School Art Show co-chairs Paula Rollins, Linda Boardman and Shari Wolf. (Not pictured, Karen Levinsky.)



(S)miles Away by Sarah Borow



Back Home by Kelsey Hunsaker



Springtime in the Studio by Amanda Leizman, and



Shakespeare by Yufei Li



The mission of the Beachwood Arts Council is to encourage the development and appreciation of the visual and performing arts and provide access to quality art that reflects the diversity of Beachwood and Northeast Ohio.

To learn more about upcoming programs and membership opportunities, visit www.beachwoodartscouncil.org.

Who's Buzzin' in Beachwood?

by Arlene Fine

Kids Valentine's Day Workshop

Rainbows, ribbons, glitter, stickers, magic markers and red hearts were artfully used by Beachwood children to decorate Valentine's cards and gifts in time for the holiday. The arts and crafts workshop, supervised by Beachwood Schools art teacher Chunny Hahn, was held in the Beachwood Community Center and was sponsored by the Beachwood Arts Council.



Scarlett and Alex Adler



Max Vlad



Noor Alsadah



Houra Alsadah



Sophia Wang



Jasmine Powell



Beachwood Schools art teacher Chunny Hahn with Jayden Catanese





Music, Music, Music

An enthralled audience filled Beachwood Community Center for an hour-long performance by the Beachwood husband and wife

musical duo, clarinetist Dan Gilbert and "Steinway Artist," pianist Donna Lee. The couple performed a variety of pieces, including works by Schumann and Beethoven. A dessert reception and a

meet and greet with the musicians followed the concert. The free program was presented by the Beachwood Arts Council and made possible by a grant from Cuyahoga Arts & Culture.



Marty and Barbara Flowerman with concert musicians Donna Lee and Dan Gilbert



Shirley Goldberg and Rita Frankel



Harriet and Steve Friedman



Neal Flowerman



Judith Shapiro



Susan and Fred Valins

The Big Stew

B'nai Jeshurun Congregation's Men's Club 19th annual Sheila Radman Balk Cholent Cookoff was a gas. The popular event, spearheaded this year by Richard Berkowitz, drew hundreds of congregants and community members who feasted on 15 different cholents (slow-cooking Sabbath stews) made by competing Cholent teams. The cookoff was held in memory of beloved Jewish educator Sheila Radman Balk.



Ruth Dobres



Tova Cohen and Debbe Rabinowitz



Richard Berkowitz

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Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month on Tuesdays at the Beachwood Library (unless another location is indicated below). Meetings are from 7 to 9 pm. Guests are always welcome!

March 6

Our first meeting in March will feature a special session focused on selecting images to be used in an upcoming competition with colleagues from two other Northeast Ohio photo groups – the Western Reserve Photo Club and the Erie Shores Photo Club. In an evening resembling our critique sessions, members will submit images and a lively discussion will ensue around crafting the best possible "group portfolio" for entry into the competition. (Note: This competition will be held in April.) Submissions are limited to existing members; but, as always, even if you don't have a photo on display, these sessions are a great way to learn what other photographers look for when viewing a picture.

March 20

Errol Bellon, a long-time CVCC member and well-regarded photographer in the Cleveland area, will be speaking on the

topic of "Wildlife Photography." Whether your interests range from birds poised to take flight, or to images of animals at the watering hole, you are sure to find Errol's presentation lively and informative. Please join us for this stimulating discussion.

For a complete overview of meetings, speakers, and events, visit <http://www.chagrinvalleycameraclub.com/>.



Photo by Errol Bellon.

"Women in STEM" Focus of Federation's Community Relations Committee Annual Meeting

Join the Jewish Federation of Cleveland to discuss the role of Women in STEM at the 71st Annual Meeting of the Community Relations Committee (CRC) and Sidney Z. Vincent Memorial Lecture. The event is free and open to the public on Tuesday, March 20 at 7 pm at the Cleveland Museum of Natural History (1 Wade Oval Drive, Cleveland).

A panel of renowned experts will look at the role of women in STEM locally and in Israel. How do women access STEM education and careers in the field? What are the barriers? What kind of progress are we making, and what are our hopes for the future?

Panelists include:

- Noga Tal, Head of Global Strategic Initiatives at Microsoft for Startups, Israel
- Me'lani Labat Joseph, Director of

Engineering, Gelfand
STEM Center at Case
Western Reserve
University

- Kirsten Ellenbogen,
President and CEO, Great
Lakes Science Center
(moderator)

In addition to the panel discussion, the CRC will share how it builds relationships across diverse communities and helps mobilize our community into action.

For more information or to register, please visit www.jewishcleveland.org.



Pictured from top: Noga Tal, Me'lani Labat Joseph and Kirsten Ellenbogen.

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