



# OUR CHILDREN OUR COMMUNITY OUR FUTURE



# THE **NEW** ISSUE 2 IS AN **OPERATING LEVY ONLY**

- Raises \$4.3 million to replace money lost to state cuts and mandates
- Maintains Bryden and Hilltop Elementary Schools
- First additional operating levy since 2005
- Keeps our tax rate lower than any neighboring school district
- Critical for:
  - Academic, extracurricular, gifted and special needs programs that prepare our children for the future
  - Attracting and retaining the best teachers that make our top-rated programs possible
  - Maintaining and securing our facilities to keep our children and staff safe
  - Continuing to attract families with young children to Beachwood and keep property values high
- Levy raises \$206.50 per year for every \$100K in home value (Note: Ohio law prevents Beachwood Schools from collecting additional revenue proportional to increases in home values)



# VOTE YES FOR OUR CHILDREN

- "A" Overall Grade on 2018 State Report Card
- Beachwood High School
   #1 in NEOhio in Washington
   Post National Ranking
- Aaa Bond Rating awarded to district for prudent fiscal management
- Steadily increasing enrollment

# Letter from THE EDITOR

By Debby Zelman Rapoport



# 22 Observations in 22 Years

October marks the 22nd anniversary of *Beachwood Buzz*, a milestone for which I am grateful. It's unbelievable that 22 years have passed since since this magazine's inception and I thank each of you for its success. I'm grateful for support from the city, schools, chamber, advertisers, contributors, readers, and those who work with me on a day-in, day-out basis (*see page 5*). I couldn't do this alone!

Last month I had the privilege of speaking on a panel to high school students about entrepreneurship, and in addition to telling my story about *Beachwood Buzz*, I shared the following thoughts. When we're grounded, feel a sense of inner peace and take calculated risks, we make our own luck. Again, THANK YOU. I look forward to many more years of serving the Beachwood community.

When we're grounded, feel a sense of inner peace and take calculated risks, we make our own luck. Again, THANK YOU. I look forward to many more years of serving the Beachwood community.

- 1. Be true to yourself. Follow your own passions, not those of your parents or friends.
- 2. Don't let your skills define you. Take risks and step out of your comfort zone.
- 3. Seek out internship opportunities.
- 4. Nothing ventured, nothing gained.
- 5. Believe in yourself and let your ideas come to life. We're all creative!
- 6. Check your details.
- 7. Build relationships and surround yourself with people who know more than you do. If you're the smartest person in the room, you're in the wrong room!
- 8. Keep learning. Education is a lifelong process.
- 9. You will come across naysayers. Ignore them! Don't let them crush your dreams.
- 10. Challenge yourself you'll come out stronger.
- 11. Focus on solutions not problems how things CAN be done, not why they can't.
- 12. A positive attitude trumps a negative one 100% of the time.
- 13. Don't keep the key to your happiness in some one else's pocket. You're in charge.

- 14. Be transparent when communicating, and when you make mistakes, own them.
- 15. Regrets are for things we didn't try.
- 16. Failures are stepping stones that lead to success.
- 17. The greater the challenge, the sweeter the victory.
- 18. Luck is where preparedness meets opportunity.
- You can always change your plan, but only if you have one. Small daily adjustments lead to big changes.
- 20. Create your own success story.
- 21. Believe in your dreams, and be the BEST at whatever you choose to be.
- 22. Look in the mirror. You are much more than your major or career.

#### **Bonus:**

 Take time to see the beauty that surrounds you.
 Be kind, forgiving, and always make time for those who are important in your life.
 Tomorrow is guaranteed to no one.



#### PROVIDING HOSPICE CARE TO THE COMMUNITY SINCE 1992

# Care and compassion for the entire family.

When the time comes to make difficult end-of-life care decisions, you will find the comfort, dignity and loving care you and your loved ones desire when you choose **Vinney Hospice of Montefiore** as your care partner.

Our compassionate hospice team, led by a board-certified medical director, is dedicated to providing exceptional levels of physical, emotional and spiritual support. Integrative therapies—art, music, massage and Reiki treatments—are also available to help soothe body, mind and soul.

Hospice care may be provided in the familiar comfort of your residence or in Beachwood at **Maltz Hospice House**, Montefiore's "quiet gem."

To learn more, please call **216.910.2650** or visit **montefiorecare.org** for a virtual tour.









One David N. Myers Parkway Beachwood, OH 44122



## **City of Beachwood Public Safety Center Opens**



After seven years of planning and construction, the City of Beachwood's new Public Safety Center, a multi-purpose facility that incorporates state-of-the-art technology, is now open. This building replaces Fire Station #2, built in the early 1970s to support a squad of volunteer firefighters. On Sunday, August 26, the city held a ribbon-cutting ceremony attended by hundreds of city employees and residents, along with twoand four-footed guests from the Western Reserve Dalmatian Club. *Full story starts on page 7.* 

Pictured: Firefighter/Paramedic Greg Liggett, Fire Chief Patrick Kearns and Fire Captain Phil Corpora.

Cover and lead story photos by Scott Morrison, Discovery Photo. Additional photos by BThomasHart Photography.



# **Never worry** about your home again

#### Scheduled monthly and seasonal maintenance for your home.

Just like oil changes for your car, your home requires regular inspections and repairs. GrayWolf Residential Services, a unique preventive home maintenance service, takes the worry out of home ownership by keeping your home in peak condition throughout the year.



#### MORE TIME FOR YOU. MORE VALUE FOR YOUR HOME.

Scheduled monthly and seasonal maintenance for your home's systems and structure – to keep your home in prime condition.

#### MONTHLY INSPECTIONS INCLUDE:

- INTERIOR
- EXTERIOR
- ELECTRICAL
- PLUMBING
- HVAC
- APPLIANCES
- FIRE AND SECURITY

#### FREE MONTH OF SERVICE

Go to graywolfresidential.com and view the services we provide each month  $\theta$  seasonally. Call 216.831.3200 to learn how you can receive a FREE month of service.

Visit: graywolfresidential.com or call 216.831.3200

#### Who We Are

#### **Debby Zelman Rapoport**

Editor/Publisher

#### **Marcia Krantz Bakst**

Senior Account Executive

#### **Scott Morrison**

Staff Photographer

#### **Tybee Zuckerman**

Proofreader

#### Stephen Valentine

Art Director

#### **June Scharf**

Contributing Writer

#### Jen Stern

Contributing Writer

#### Jerry Zelman

Vice President of Operations

#### Letters to the Editor

Please send letters via email to beachwoodbuzz@gmail.com.

#### Calendar Section

Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

#### **Article Submissions**

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

#### Subscriptions

Beachwood Buzz is distributed via the U.S. Post Office to every resident and every business, every month. If you live outside our distribution area, subscriptions are available by sending your name, address and a check for \$30 (12 issues) to Beachwood Buzz P.O. Box 22194 Beachwood, Ohio 44122

Beachwood Buzz is published monthly. Reproduction in whole or in part in any manner without the written permission of the publisher is strictly prohibited.

#### **Editorial Information**

email beachwoodbuzz@gmail.com

#### **Advertising Information**

call 216.297.0200 or email beachwoodbuzzsales@gmail.com P.O. Box 22194 Beachwood, Ohio 44122



**Beachwood Chamber of Commerce Business of the Year** 

# Beachwood Band and Drill Team Fundraiser

As a fundraiser, the Beachwood Band and Drill Team are selling raffle tickets, and the winner will receive a performance from the BHS Band and Drill Team – at any location in Beachwood proper!

The winner is able to request a repertoire from a list of songs they perform during the season.

The performance will take place on Friday, October 19, prior to the last away football game, at 5:30 pm.

Tickets are \$5 each or 5 for \$20, and my be purchased through halftime at the Friday, October 12 football game, when the winning ticket will be drawn. You may purchase tickets at all home football games, or by contacting Laura Anderson at 216.287.0028.

#### **Cabaret Night**

Beachwood's Second Annual Cabaret Night will take place Thursday, October 25, 7 pm, in the BHS Auditorium. More than 100 choir students from Beachwood Middle and High Schools will sing songs of their choice in solos, duets or group ensembles. Bryden's Children's Choir, the Middle School Sign Choir and Solid Gold Show Choir will also be performing.

There will be a calendar raffle, "Star Grams" and flower stems sold before the performance and during intermission. A dessert reception will follow. Tickets for this fundraiser will be available online and at the door. Prices are \$10/adult, \$7/senior and \$5/student. For more information, please email Darlene Haight at dah@ beachwoodschools.org.



#### November 6 General Election

n November 6, voters have important decisions to make. There are federal, state, county and judicial candidates on the ballot, as well as state and local issues.

The Election Board advises people to be prepared to vote by taking a few simple steps.

- Check your registration status and select your voting method.
- Make sure you're registered at your current address.
- The deadline to register and/or update voter registrations is on or before Tuesday, October 9, at 9 pm.
- Voter registration is now available online at www.443vote.
   com; registration cards are available at all public libraries.
- Early voting is available from October 10 through November 5 at the Board of Elections,

located at 2925 Euclid Avenue, Cleveland. Early voting hours are posted on the Board's website.

- Voters may also submit voteby-mail ballot applications if they wish to vote from home.
   To request an application, visit www.443vote.com, or call 216.443.VOTE (8683). Applications are also available at all public libraries.
- Voters who plan to cast their ballots on Election Day can confirm their polling location online, and must bring identification to the polls, which are open from 6:30 am to 7:30 pm.

The Board is seeking thousands of poll workers to assist voters on Election Day. Poll workers are paid up to \$200 and may apply online, or by calling the Election Officials Department at 216.443.3277.

The Board is seeking thousands of poll workers to assist voters on Election Day. Poll workers are paid up to \$200 and may apply online, or by calling the Election Officials Department at 216.443.3277.

# Facts on 2018 Sexennial Reappraisal

Following the sexennial reappraisal and concerns from property owners that their property values have risen, Cuyahoga County has extended the informal appeal process.

September 14 was the appeal cut-off date, but you may still file a formal appeal with the County Board of Revision between January 1 and March 31, 2019.

Residents who have experienced value increases should also be aware that, in 1976, the State passed House Bill 920, which is designed to protect residents against an increase in their taxes just because their property value goes up.

#### **Key Facts:**

Will my taxes go up if my property value did?

- Your taxes will not increase proportionately with the value increase; they may not increase at all.
- Property owners are protected against significant tax increases by House Bill 920.

The county will also be releasing an online calculator that
allows residents to get an estimate of their taxes by inputting
the new valuation. It is important to note that the calculator
only provides an estimate.

If I'm still concerned, how can I appeal my valuation?

- The Board of Revision provides a formal complaint process from January 1, 2019 to March 31, 2019. To see a video about what to expect at your Board of Revisions hearing, visit https://www.youtube.com/watch?time\_continue=1&amp=&v=s-ma6lN9BqkQ.
- Homeowners do NOT need a professional appraisal for their homes as part of the appeal process.
- Suggested documentation for an appeal may include any of the following:
- Complete Appraisal Report (prepared within the last 12 months)

- Total cost of new structure (certified by builder)
- Photographs of structural damage, and estimates for repairs
- Purchase agreement with closing statement
- Certified estimates from a contractor for repairs cited as the reason for a change in
- Sale prices of comparable homes in the neighborhood

September 14 was the appeal cut-off date, but you may still file a formal appeal with the County Board of Revision between January 1 and March 31, 2019.



# CITY OF BEACHWOOD

# **PUBLIC SAFETY CENTER OPENS**



fter seven years of planning and construction, the City of Beachwood's new Public Safety Center, a multi-purpose facility that incorporates state-of-the-art technology, is now open. This building replaces Fire Station #2, built in the early 1970s to support a squad of volunteer firefighters. On Sunday, August 26, the city held a ribbon-cutting ceremony attended by hundreds of city employees and residents, along with two- and fourfooted guests from the Western Reserve Dalmatian Club because historically, Dalmatians would run out of the firehouse, barking, to alert bystanders to get out of the way because the firefighters' wagon would soon come roaring by.

Grand-opening festivities began with the entrance of the Color Guard, followed by the Beachwood High School Marching Drum Corps. After a flag was raised on the extension ladder of one of the fire engines. Mayor Martin S. Horwitz, City Council member Justin Berns, and Fire Chief Patrick Kearns delivered welcoming comments.

"Today is an historic day in the life of our city," Mayor Horwitz stated. "We join together to dedicate a building that stands not just for the safety and well-being of Beachwood, but for our neighbors and region for decades to come."

Mayor Horwitz shared highlights of the center and emphasized that a city needs vision and leadership to plan for its future needs.

"Much credit for this project goes to Mayor Merle S. Gorden and past City Council members who were forward thinking and purchased the land nearly 20 years ago," he said. "Through Mayor Gorden's leadership, support from past and present City Council



From left: Eric Synenberg, James Pasch, Brian Linick, Mayor Martin Horwitz, Fire Chief Patrick Kearns, Barbara Bellin Janovitz, June Taylor, Alec Isaacson and Justin Berns assist in cutting the ribbon at the Public Safety Center.

members and extensive research by Chief Kearns and his team of fire and rescue personnel, this building embodies the high standards and innovation that Beachwood's residents, business community, and visitors have come to expect.

"We are proud of this facility and the people who will serve within it because together, they represent Beachwood quality in the truest sense of the term," he added. "We are confident that this building has been designed to help us keep our region safe for many decades to come. Let us bless all who serve in this house and pray that it keeps them safe."

Berns then acknowledged the many people who brought the Safety Center to fruition: Mayor Horwitz for appointing him as council's representative for the weekly construction meetings; former Mayor Merle Gorden and his vision; former council members Fred Goodman, Mark Mintz, Mark Wachter and Mel Jacobs; literally every department in the city; and fellow-City Council members.

Earning special mention were Fire Captain Phil Corpora and firefighter/paramedic Greg Liggett, who spent numerous days looking at fire stations around the country and were involved with every facet of building the Public Safety Center. He also recognized and thanked Chief Kearns for his persistence throughout the process and thanked the residents of Beachwood for their trust in City Council for seeing this project through.

"As someone who deals with construction issues on a daily basis, I don't always have the opportunity to deal with multiple end users or the uniqueness that the Safety Center presented," Berns said. "Meeting with many department directors on a weekly basis gave me a broader perspective of the city's needs. My time as Council's representative to the Safety Center was very rewarding."

Fire Chief Kearns then took the spotlight. "Today we celebrate the culmination of more than seven years of careful research and planning for the creation of the Beachwood Public Safety

#### Captain Phil Corpora

Greg and I visited numerous newly built fire stations to incorporate the best design concepts to maximize the functionality of the facility. During those tours, we asked both the fire chiefs and firefighters that worked in the buildings what aspects they were happy with and what they would have done differently. In addition, we had numerous meetings (online and in person) with architects that specialized in fire station design. We knew that reducing turnout time through building layout would be critical. By placing the living quarters on the first floor near the bay entrance, that goal will be realized.

We were fortunate that City Council selected an architectural firm, LeMay Erickson Willcox, that specialized in fire station design.

All their stations we visited maximized functionality, not only through building layout, but also by integrating training features in spaces that could have multiple uses. For example, the training room doubles as an emergency operations center, or the hose tower can simultaneously be used for multiple training opportunities.

#### **Favorite Aspect:**

The most exciting aspect is the training potential that exists with the three-story training tower and mezzanine. We will be able to rappel from the building, and flow water through the standpipe that exists within the tower, while utilizing theatrical smoke to simulate a high-rise fire.

"This building is NOT just a fire station; it is also home to a dispatch center, an emergency operations center and a multi-faceted training facility. It was built to meet our current needs, while keeping in mind the future needs of our rapidly expanding city and region."

- Fire Chief Kearns

Center, which will serve multiple needs for Beachwood's growing community," he said. "This building is NOT just a fire station; it is also home to a dispatch center, an emergency operations center and a multi-faceted training facility. It was built to meet our current needs, while keeping in mind the future needs of our rapidly expanding city and region."

He explained that many different service providers will function through this facility, including fire-fighters, paramedics, hazmat technicians, tech rescue teams, SWAT medics, and regional dispatchers who get to direct the safety forces every day of the week!

In addition to wholeheartedly reiterating Mayor Horwitz's and Justin Berns's sentiments about current and former City Council members, administrators and employees, Chief Kearns mentioned Homewood Suites by Hilton, Cleveland-Beachwood, for their donation of all the cardio equipment: Beachwood 100 for funding the free-weight section of the building's fitness center in the name of Captain Michael Palumbo; Paul Erickson and Christopher Kehde, principals of the firm LeMay Erickson Willcox Architects; Jim Fantozzi, principal of Infinity Construction, and his team; and Assistant Chief Shaun Lutz for his endless hours of support.

#### Firefighter/Paramedic Greg Liggett

Phil and I were invited to serve on the design committee to offer a firefighter's perspective of operations. We took our responsibilities seriously and put every effort into achieving the best outcome for the City of Beachwood's future. Many hours of research were involved throughout this process since there was only one opportunity to get this building right. Our objectives were laid out by Accreditation, NFPA, ISO and the members of council, which I strongly believe we achieved in every aspect of this process.

#### **Favorite Aspect:**

My favorite aspect is the positive reception of everyone – from city residents to City Council members, and the firefighters who are based in this new building. I believe we have achieved the new standards for a public safety center, and I look forward to witnessing how this will keep the City of Beachwood in the driver's seat of public safety.

Chief Kearns closed his remarks by recognizing Fire Captain Phil Corpora and firefighter/paramedic Greg Liggett, who have "literally put their lives on hold for the past seven years to develop and oversee the construction of this facility," Chief Kearns said. "I owe you both a debt of gratitude."

Without further ado, all firefighters placed a hand on ladder truck 1025, the first to be backed into the building, and escorted it into its new home, in keeping with a 200-year-old fire service tradition.

With the first fire truck in place, Mayor Martin S. Horwitz and City Council lined up to officially cut the "ribbon," a Dalmatian-painted firehose, with axes instead of scissors.

Guests were then welcomed to tour the building, with fire personnel serving as guides along the way. Many also enjoyed treats, including a make-your-own sundae bar with Mitchell's Ice Cream, punch served in reusable IV bags, and popcorn, including a red and blue "safety-mix" candied variety.

Giveaways included a commemorative buff that celebrated fire and police forces and a silicone bracelet touting "Pull to the Right for Sirens and Lights."



Service providers through the facility include firefighters, paramedics, hazmat technicians, tech rescue teams, SWAT medics, and regional dispatchers.













# About the Beachwood Public Safety Center

Form and function were watchwords throughout the process. Everything was planned with the health and wellbeing of the fire fighters, and all the teams based out of the Center, in mind.

#### **Historic Timeline:**

1998 – Land was purchased.

2012 - A committee was convened to determine requirements and best practices.

2017 - Groundbreaking

2018 - Ribbon Cutting

#### **Energy Savings**

The building was designed to reduce energy costs. There is an abundance of natural light throughout the building, along with all LED lights. The building was also designed for rapid firefighter response, with all living quarters on the first floor, adjacent to the bays.

#### **Hot Zone Design**

The Hot Zone Design ranks locations by hot, warm and cold zones based upon the location of contaminants. Firefighter turn-outs - exterior clothes worn over their uniforms during firefighting - are stored and washed in a hot zone, far from the living quarters. Living and administrative areas are positively pressured with air. Hot and warm zones are negatively pressured, to push contaminants that are trying to make it in the cold zone out to the hot and warm zones. This model will help to reduce future firefighter cancers and serious illnesses.

#### **Power**

The entire building has triple-redundancy power through a battery back-up, followed by an external generator, and, if needed, a mobile generator.

The bay's full-visibility, bi-fold doors open in seven seconds, a significant improvement over the 23 seconds required by the bay doors of Fire Station 1. The doors do not have springs and the openers are smaller, which will result in a significant cost savings for maintenance. The bay floor features radiant heat, which extends the life of each vehicle by an estimated five years since fire engines rust from the bottom-up.

#### Bunkrooms

Bunkrooms (10) are gender-neutral, each equipped with four lockers - one for each of the three shifts, plus a linen locker.

#### Weight Room/Exercise Room

The weight room and exercise room overlook the bays, are fully visible from outside the fitness facilities in case of a health emergency, and are fully equipped for physical-fitness needs.

#### **Dispatch Center**

The new shared dispatch center can accommodate up to eight dispatchers. Currently, Beachwood and Pepper Pike are dispatching from the center, and there is adequate capacity to expand. The dispatch center was built for growth, with a vision of regional dispatching.

#### 9/11 Memorial

A 9/11 Memorial, relocated from Fire Station #1, is prominently placed on the second floor. It features a remnant of steel from 9/11, photographs, news clippings and memorabilia, part of a collection established by the late Richard Barson, a Beachwood resident.

#### **Multi-Discipline Training Facility and Emergency Operations Center**

Also on the second floor, a 60-personcapacity room doubles as a multi-discipline training facility and an Emergency Operations Center (EOC), equipped with videoconference capabilities with microphones for distancelearning events. It can accommodate local, regional and state law enforcement and emergency services personnel in the event of a natural disaster or other crisis.

#### Mezzanine/Training Tower

The center also offers space for hands-on training for fire, police, tech rescue, SWAT and other disciplines. The mezzanine area, adjacent to the training tower, holds props for different fire and rescue scenarios, and includes a framed-out space for training with situations involving windows. A threestory training tower has a balcony on levels two and three, plus grates in the floor for confined-space containment and tech-rescue training. The tower's interior can be filled with non-hazardous theatrical smoke or water. The roofline has two tiers and the tower is suitable for interior and exterior rappelling. When not being used for training, the tower will be used for hose drying.





# Jamie Elwell Selected to Fill Vacancy on Beachwood School Board

n August 5, Michael Zawatsky resigned as president of the Beachwood Board of Education for personal, family reasons. The following week, Dr. Brian Weiss, former board vice president, filled the role of president.

In accordance with the Board of Education Bylaw 145, Beachwood City Schools solicited applications from interested parties to fill the vacant seat and serve through December 31, 2019. Twenty excellent candidates - ranging from a recent high school graduate to empty nesters - showed interest, and all were interviewed by remaining board members, Dr. Weiss, Maria Bennett, Josh Mintz and Steve Rosen. The application deadline was August 19, and Jamie Elwell was appointed to fill the vacant seat at the August 27 School Board meeting.

The Board was looking for "the right person," and after Jamie's interview, they knew they'd found that person. "Jamie is a kind, caring, committed, positive individual who is passionate about our schools and the education we provide," said Brian. "During her interview, she expressed what we as a board represent, which is a desire to serve our community and, most importantly, our children."

Dr. Weiss also said that Jamie's involvement in our schools set her apart. "Jamie volunteered as a room parent, participated in STEM education programs in our Middle School and participated in the Parent Diversity Committee at Hilltop School. She's also hands-on with her own children and has met other families through Destination Imagination, swimming and wrestling, confirming that she has a pulse on the community. Jamie works as a leadership development consultant at Progressive Insurance, helping people and teams think through short- and long-term goals, diversity and inclusion initiatives, all of which will benefit the board and our schools."

Jamie applied to serve on the board because she's been impressed with the Beachwood school district since day one, saying that the teachers and school community are incredible. "They have instilled a love of learning in our kids, and I want to help to continue that tradition," she said. "I also want to better support student success, offer new perspectives in an increasingly diverse Beachwood community, and promote open communication with families about their evolving needs and concerns.

"As school board members, it is our job to ask questions, bring up new perspectives, guide new goals and initiatives, and ensure that the school leadership is aware of the different voices and experiences of families in the community. Additionally, we are here to listen, to understand questions and concerns, and to connect people with appropriate resources," she said. "We need to care about our schools and kids: be approachable, objective, and willing to represent more voices than just our own; and guide and support the success of the schools, much of which is done by hiring experienced, capable leaders."

During her interview, Jamie shared her views about the recent operating/bond levy and the operating levy that will be on the ballot on November 6. She recollected that twice last year when her son was at Hilltop students had to be relocated to the high school because of electrical issues. "The building needs work," she said, directing the comment to the bond levy that failed. "I feel that mixed information was being sent out about the combined levy,



Pictured clockwise: Jamie, Jack, Colin and Justin Elwell.

which made it difficult for people to make informed decisions."

With the operating levy standing on its own next month, Jamie is confident that it is less controversial than pairing the two together. "From what I've learned so far, I am supportive and confident that it will pass," she said.

"On behalf of the entire board, I welcome Jamie," Brian said.

He then thanked each candidate for showing interest, and asked them to please stay involved in our schools and to consider running for a board position in November 2019.

"We need to care about our schools and kids; be approachable, objective, and willing to represent more voices than just our own; and guide and support the success of the schools, much of which is done by hiring experienced, capable leaders."

- Jamie Elwell

#### **About Jamie**

Jamie is married to Jack, and they have two children, Colin (age 10) and Justin (age 8). They moved to Beachwood six years ago because they wanted to live in a diverse community with excellent schools. They love the outdoors, and spend family time camping, hiking, swimming, fishing and skiing,

although the boys do most of the fishing. They are always up for the next adventure or place to explore.

Jamie swims about two miles almost every morning, and she finished her first half Ironman (triathlon) this summer. She also shared that they have one hedgehog, two fish and a snail.



# SPEND SOME TIME WITH SIEGAL LIFELONG LEARNING THIS FALL

## MINI-MED SERIES IS BACK

Medical school for the rest of us



Learn how your body works and how new medical breakthroughs may affect you in this Mini-Med Series. Space is limited. No math or science background is necessary. Lectures are in plain English and there are no exams!

All sessions are led by faculty experts from CWRU.

Mondays, October 8-November 5 | 6:30-8:30 p.m.

Tinkham Veale University Center, Case Western Reserve University

#### MOVING SCIENTIFIC BREAKTHROUGHS TOWARD THERAPIES: NEW OPPORTUNITIES FOR DRUG DEVELOPMENT AT CWRU

Host: Drew Adams, Assistant Professor, Department of Genetics and Genome Sciences Monday, October 8

## THE FUTURE OF CANCER CENTERS

Host: Stan Gerson, MD, Director, Case Comprehensive Cancer Center

Monday, October 15

# DISORDERED BREATHING AND SLEEP APNEA

Host: Kingman Strohl, Chief of Pulmonary, Critical Care and Sleep Medicine Monday, October 22

#### LYMPHOMA AND LEUKEMIA

Host: Marcos de Lima, MD, Hematology and Oncology **Monday, October 29** 

#### **LUNG CANCER**

Host: Afshin Dowlati, MD, Rosalie and Morton Cohen Chair in Lung Cancer

Monday, November 5

REGISTER AT **CASE.EDU/LIFELONGLEARNING/MINI-MED-SERIES**OR CALL **216.368.2090** OR **216.368.2091** 

#### **COURSES**

#### DNA 101: HOW TO USE GENETIC TESTING FOR GENEALOGICAL RESEARCH

Lara Diamond, Genealogist
Sunday, November 11 | 1:30–2:30 p.m.



# SORTING OUT DISTANT COUSINS FROM CLOSE FAMILY: GENETIC TESTING IN CASES OF ENDOGAMY

Lara Diamond, Genealogist Sunday, November 11 | 3-4 p.m.

Landmark Centre-Beachwood

Free to Members of Lifelong Learning; Nonmembers: \$5 per lecture

Lara Diamond's appearance is co-sponsored by the Jewish Genealogy Society of Cleveland and Siegal Lifelong Learning Program at Case Western Reserve University



#### **ROGER COHEN**

New York Times Columnist

#### CRISIS WITHOUT CATASTROPHE: THE MYSTERIES OF TRUMPWORLD

Tuesday, October 9 | 7 p.m.

Maltz Performing Arts Center



Member of Lifelong Learning cost: \$15 Nonmember cost: \$25

In Loving Memory of Dr. Roland Moskowitz

LEARN MORE or REGISTER at the Maltz Performing Arts Center website case.edu/maltzcenter/calendar or call 216.368.6062

#### ROBERT WATSON

Professor of American Studies, Lynn University; Author

#### TRUMAN AND ISRAEL

Thursday, October 11 | 7 p.m.

The Temple-Tifereth Israel

Members of Lifelong Learning, Maltz Museum or The Temple cost: \$15

Nonmember cost: \$25

#### THE GHOST SHIP OF BROOKLYN

Friday, October 12 | noon-2 p.m.

The Temple-Tifereth Israel



Members of Lifelong Learning, Maltz Museum or The Temple cost: \$25 Nonmember cost: \$35 Includes lunch.

Co-sponsored by Maltz Museum of Jewish Heritage & The Temple-Tifereth Israel



EXCELLENCE IN CARING™

The Menorah Park
Aging Resources Center Presents:

#### Happy and Safe at Home

Featuring Expert Speakers:

#### Ray Scafuro

Physical Therapist Assistant
Peter B. Lewis Aquatic & Therapy Center

#### Jamie R. Van Doren

North Coast Accessible Homes

- Understand risks to your physical well-being
- Learn what you can do to reduce your chance of falling
- Find solutions to live with dignity and be empowered
- Discover innovative, creative ways to modify your home, while keeping it beautiful

#### Thursday, November 8, 2018

Dinner Hour 5:30 p.m. Conversation 6:30 p.m. Menorah Park Saltzman Auditorium 27100 Cedar Road, Beachwood

Program and Dinner are Free of Charge

Seating Limited – Reserve Space Early

RSVP to Beth Silver, 216-839-6678 or bsilver@menorahpark.org no later than Wednesday, October 19, 2018

Aging Resources Dinner Conversations are sponsored by the Earl and Barbara Franklin Fund Kosher Dietary Laws Observed

Encouraging the spirit of learning for adults ages 45 and up.

Powered by the Expertise of Menorah Park and Its Community Partners



# Center 4 Brain Health™ Offers Free Screenings

Menorah Park Center 4 Brain Health™ will offer, free, confidential memory screening appointments on November 13-15, from 10 am – 3 pm. A memory screening is a simple and safe "healthy brain check-up" that tests memory and other thinking skills.

The memory screening is a series of questions and/or tasks that takes approximately 10 minutes to complete and can indicate if someone might benefit from a comprehensive medical evaluation. It is not used to diagnose any particular illness and does not replace consultation with a physician or other clinician. The expert staff of Menorah Park will be available to offer the screenings and answer your brain health questions.

# Wondering if you may benefit from a screening?

These questions might help you decide if you should be screened. If you answer "yes" to any of them, you might benefit from a memory screening.

- Am I becoming more forgetful?
- Do I have trouble concentrating?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Do I sometimes forget where I am or where I am going?
- Have family or friends told me that I am repeating questions or saying the same thing over and over again?
- Am I misplacing things more often?
- Have I become lost when walking or driving?
- Have my family or friends noticed changes in my mood, behavior, personality, or desire to do things?

To schedule your free, confidential brain health check-up, call Dr. Krystal L. Culler at 216.839.6685 or email center4brainhealth@menorahpark.org.

# An Evening with David Gregory at Park Synagogue Main

In celebrating Park Synagogue's 150th year, the very popular Park Forum Series makes a return with current CNN Political Analyst, former moderator of NBC News' Meet The Press, author, and journalist, David Gregory. He will speak, just two weeks before the November midterm elections, about Promoting Dialogue in a Polarized World, on October 18, 7 pm, at 3300 Mayfield Road, under the historic dome in Cleveland Heights.

The legendary Park Forum featured various well-known figures such as Reverend Martin Luther King, Eleanor Roosevelt, Abba Eban, and President Jimmy Carter.

In celebrating Park
Synagogue's 150th year, the
very popular Park Forum
Series makes a return with
current CNN Political Analyst,
former moderator of NBC
News' Meet The Press,
author, and journalist,
David Gregory.

To purchase tickets (\$75/patron, \$25/general admission, \$18/student) or for more information about Park's upcoming year, visit https://www.parksynagogue.org/park-150.

# **Beachwood Arts Council Happenings**

#### **Beachwood Fall Festival**

Sunday, October 7 • noon-5 pm Beachwood City Hall Parking Lot

Visit BAC's booth at this family-friendly event and create fun crafts. This free festival is sponsored by the City of Beachwood, the Beachwood City Schools, and the Beachwood Chamber of Commerce.

#### **Gunter Schwealer:** The New Silk Road Art Exhibit

Saturday, October 13 -Sunday, November 4 Beachwood Community Center **Gallery Hours:** Mon.-Fri. 10am-4pm •

Sat. 10am-3pm • Sun. 10am-1pm **Opening Reception:** 

Saturday, October 13 • 5-7 pm

Renowned fiber artist Gunter Schwealer will exhibit his collection of colorful paintings on silk. His works include landscapes, cityscapes and abstract designs. Free and open to the community.

#### **Silk Scarf Painting Workshop:**

Saturday, October 27 • 9am-noon

Design and paint a silk scarf. No experience necessary. \$35/BAC members, \$40/non-members. Fee includes all materials. To register, please call 216.595.3400, leave your name and telephone number, and a volunteer will return your call. Registration deadline is Friday, October 12.

#### **The Cleveland Bluegrass Orchestra Concert**

Sunday, October 21 • 2-3pm **BHS Auditorium** 

Join five Cleveland Orchestra musicians in their alternate identities, The Cleveland Bluegrass Orchestra, for an afternoon of bluegrass classics, original arrangements, and more than a few surprises. Free and open to the community.

For a complete list of programs, visit www.beachwoodartscouncil.

# "The Way We Were: What Photos Tell Us"

Patty Edmonson, Museum Advisory Council Curator of Costume & Textiles at the Cleveland History Center of the Western Reserve Historical Society, will be the featured speaker at the October 10 meeting of the Jewish Genealogy Society of Cleveland. In her presentation, "The Way We Were: What Photos Tell Us," she provides guidance on understanding and preserving family photos dating from the late nineteenth to early twentieth century.

Edmonson draws on her expertise to help researchers identify family members through articles of clothing, hair styles and other physical evidence presented in sample photographs taken between the 1870's and 1920's. She will also advise members and quests on how to create a photographic family tree as well as the proper way to store archival materials.

The Jewish Genealogy Society of Cleveland meets on the first Wednesday of the month starting at 7:30 pm in the Miller Board Room at Menorah Park, 27100 Cedar Road, Beachwood, Board members are available at a help desk to assist with individual research questions from 7 pm. Guests are welcome. RSVP at Programming@ClevelandJgs.

#### **Hey Beachwood! Help Your Neighbors!**



**N**early **Every day** Individuals who are Good people Help By supporting Our friends -Reach out to Support them



The word "NEIGHBORS" is all of the above, plus more!

In BEACHWOOD, a volunteer team helps more than 100 older neighbors (80+) by taking their trash cans to the curb and back each week for collection.

THEY NEED YOUR HELP NOW.

When you help 1-3 neighbors on your street, you will:

- Make life easier for someone unable to do this
- Treat your neighbor as you would like to be treated
- Teach your children about helping others
- Get to know others living nearby
- Feel good for your good deed

#### So Many Benefits for Such Little Time To volunteer, call 216.512.1844 or email info@villageintheheights.org

Village in the Heights is a member driven organization of neighbors who live in Beachwood and neighboring suburbs. Our purpose is to support one another as we get older and to enhance our quality of life in the communities we know and love.

Whether you need assistance or would like to lend a helping hand, please get involved. It's the neighborly thing to do!

> For complete information, visit www.villageintheheights.com.

This is a joint project of the City of Beachwood and Village in the Heights (a 501(c)(3) nonprofit organization).



# Calling all 6 – 12<sup>th</sup> Graders, Educators & Parents



# STOP THE HATE® ESSAY CONTEST ENTER NOW!

MALTZMUSEUM.ORG/STOP-THE-HATE

#### Stand up. Speak out. Be the change.

Each year students and schools are awarded \$100,000 in scholarships and anti-bias education grants. Will you or your school be the next winner?

Essays due for Grades 6-10: Jan. 9, 11:59pm Essays due for Grades 11-12: Jan. 16, 11:59pm

#### **GENEROUSLY SUPPORTED BY:**

Presenting Sponsor



Signature Sponsors



BERNSTEIN









@STOPTHEHATEUS

# "Stop the Hate" Essay Contest

he Maltz Museum of Jewish Heritage is now accepting applications for its annual Stop the Hate® Youth Speak Out essay writing contest, which provides an opportunity for students to speak out in support of diversity and inclusion, and win big!

The contest has engaged an estimated 30,000 student participants across 12 Northeast Ohio counties and awarded \$1 million to students and schools in scholarships and anti-bias education grants over the last ten years. This milestone year kicks off the second decade of the Stop the Hate, and it is as timely as ever.

Last year's \$40,000 grand prize winner, Hannah Shuffer of Orange High School, wrote of her brother Nathan who has cerebral palsy, saying:

It is inexpressibly hard to watch people treat my brother like he has no feelings, like he is lesser than, like he is not human. I soon began to realize that like most forms of discrimination, people's preconceived notions had blinded them from truth.

Hannah's full essay reading is available on the Maltz Museum's You-Tube channel (https://bit.ly/2INkRVS) along with the other remarkable top ten finalists (https://bit.ly/2OjkAt1).

#### **ABOUT STOP THE HATE®**

Stop the Hate® Youth Speak Out celebrates the voices of young people in Northeast Ohio who stand up and speak out against hate. By reflecting on real life situations and sharing ways to create a more inclusive community, students can win big for themselves and their schools.

Each year, through the generosity of a donor, the Maltz Museum of Jewish Heritage awards \$100,000 in scholarships, awards and anti-bias education in recognition of 6-12th grade upstanders in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Mahoning, Medina, Portage, Stark, Summit, Trumbull and Wayne counties.

#### ABOUT THIS YEAR'S THEME

Each year, a new theme is selected. This year, the Museum honors the memory and influence Anne Frank. As a Jewish teenager living in hiding during the holocaust, Anne Frank wrote:

How lovely to think that no one need wait a moment, we can start now, start slowly changing the world! How lovely that everyone, great and small, can make their contribution toward introducing justice straight away!

The application asks students to consider, "Over 75 years later, what can be learned from Anne's perspective on human nature? Can everyday, average people change the world? Think about your own life. Have you witnessed or experienced acts of injustice, racism, bigotry, or discrimination? How were you impacted by what you experienced, saw, or heard? What did you do, or what will you do, in response to these circumstances in order to create justice and positive change in your community?"

In 500 words or less, students are encouraged to share their experiences and submit their essay by the deadline based on grade category.

- For students in grades 6 through 10, essays are due Wednesday, January 9, at 11:59 pm.
- For students in grades 11 and 12, essays are due Wednesday, January 16, at 11:59 pm.

For more information, please contact Ben Becker, Stop the Hate manager of Public Programs, at 216.593.0577 or bbecker@mmjh.org; or visit www.maltzmusuem.org/stop-the-hate.



# A NEW WAY TO MEET



# AC HOTEL CLEVELAND BEACHWOOD FEATURES TIMELESSLY MODERN INTERIOR WITH EUROPEAN ROOTS AND A GLOBAL MINDSET

Event space accommodating up to 100 people Featuring an executive boardroom for small, intimate meetings

# Sylvia Morrison Recognized as IMPACT! Volunteer of the Month

IMPACT!, a volunteer initiative through the Jewish Federation of Cleveland, is designed for Baby Boomers to use their skills, passion, and leadership to make a difference in people's lives. Since the program's inception, Beachwood resident Sylvia Morrison had been receiving monthly emails, and one program in particular caught her eye – one that she knew was a perfect fit.

Sylvia is a writer by training, with a 42-year career in advertising and marketing, so when she saw an opportunity that would allow her to enhance the lives of nursing home residents, while using her skills, she knew it would be a perfect fit.

"I visit individuals who are living in area nursing homes, from Strongsville to Garfield Heights, and points in between," she said. "Basically, I listen to them and

document their life stories."

LifeBio, an organization located near Columbus, created a terrific booklet that follows a process to capture life stories. They work with thousands of people in the U.S. and around the world to help them share their unique background, lessons learned, and the details of their life's journey. The company was started after CEO Beth Sanders interviewed her own grandmother on an old tape recorder. That day, she watched her grandmother "light up" while she shared priceless memories. She also saw her grandmother as a whole person for the first time. Their approach is built on key principles: Every person is unique, every person has a life story, and every person deserves a legacy.

As a volunteer, Sylvia follows the company's format and asks the right questions to bring out the best memories and stories that are then published, with photos, and shared with each individual's friends, family and staff who care about them.

"Being involved with IMPACT! has shown me the breadth of opportunities available where I can participate in a meaningful way – especially now that I am retired and able to give back more of my time to this community," Sylvia told us. "This program is gratifying. It's such a phenomenal experience."

She then said that sitting with and showing an interest in these wonderful people who have lived full lives truly brightens their days. Each time Sylvia interviews someone, she learns something from the older generation.

Sylvia continued, "After I completed my tenth interview, Tina,



the woman with whom I had just chatted, asked me if I had enjoyed interviewing her and writing up her LifeBio. I assured her that I had. Then, she took my hand and kissed it. That really says it all."

Because of Sylvia's dedication and involvement, she was named the September IMPACT! volunteer of the month.

For more information about IMPACT! and volunteer opportunities available, visit http://www. jewishcleveland.org/involved/Impact/. For more information about LifeBio, visit www.lifebio.org.



#### Super Sunday

Sunday, October 14 9 am - 7 pm Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building 25701 Science Park Drive

Be a part of Super Sunday! New this year, community members can get involved by participating on-site or online.

Learn more and register at www.jewishcleveland.org.



Teen volunteers, from left: Orly Einhorn, Reagan Anthony, Jonah Rubanenko, Ryan Muencz, Jeremy Gimbel, Zoey Zelman, Gabriel Shapera and Sam Eisner.

#### Jewish Cleveland Volunteer Showcase

Volunteers of All Ages! Sunday, October 28 • 1-3 pm Mandel JCC **Stonehill Auditorium** 26001 S. Woodland Road Co-sponsored by the Federation's Jewish Volunteer Network and the Mandel JCC

In January 2016, the Jewish Federation of Cleveland held its IMPACT! Volunteer Showcase for the 50+ crowd, with 32 agencies represented. More than 150 community members in attendance enjoyed speaking with the representatives to learn about their needs.

Because of IMPACT!'s success, this year's showcase is being marketed to B'nai Mitzvah/ teens, adults and families, and more than 50 agency representatives will be on site. An added component is a "hands-on virtual Mitzvah opportunity," so little ones (children ages 5-12) can give back, while their parents shop for volunteer opportunities.

For a complete list of participating organization, to learn more and to register, visit www.jewishcleveland.org.

#### Kenneth & Deborah Cohen Lecture Series at presents:

Wednesday, October 24 • 2:30 pm Menorah Park's Saltzman Auditorium Anthony Wexler, Ph.D. Full-time Lecturer Case Western Reserve University

#### **Why Phillip Roth Matters**

- What is the literary and cultural significance of Roth's long and remarkably productive career?
- · How did Roth's relation to Jewishness and the Holocaust evolve with the passage of
- How has Roth's work inspired a new generation of Jewish American writers?

This program is free and open to the community. For more information, call 216.360.8208.



# for he Future



We ensure the long-term health and vibrancy of our diverse community. We provide the critical strategic planning and oversight needed to make life better today and for generations to come. We provide a wide-range of educational programming for all ages that celebrates Jewish values and traditions. We also develop the next generation of leaders through mentoring, teaching, and hands-on experiences.



#### **DONATE TODAY**

www.jewishcleveland.org/cfjn19

#### Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month on Tuesdays at the Beachwood Library. Meetings are from 7 to 9 pm and guests are always welcome!

#### October 16

Critique Session

Enjoy this critique on wildflower imagery, where contributed images will receive constructive feedback from a panel of fellow members – including insights for additional workflow treatments. Submissions are currently limited to existing members; but even if you don't have a photo on display, these sessions are a great way to learn what other photographers look for when viewing a picture.

#### November 6

Featured Speaker: Errol Bellon Enjoy a presentation by Errol Bellon, a long-time CVCC member and a very well-regarded photographer in the Cleveland area. Errol is also an expert on wildlife photography - a life-long passion that he has pursued throughout the world.

In this session, Errol will will talk about animal behavior and why developing this type of knowledge contributes to creating outstanding wildlife images. Whether your interests range from birds in the Metroparks to elephants charging on the Savannah, you will certainly find Errol's presentation lively and informative.

For a complete overview of meetings, speakers, and events, please visit www.chagrinvalleycameraclub.com.

#### Leaf It To Bartu By Arlene Fine

ryden Road resident Bartu Hatipoglu, 16, likes leaves – a lot. In fact, he takes a fistful of leaves with him pretty much wherever he goes. This summer, Bartu's distinctive leaf collection caught the attention of campers and lifeguards at one of his favorite spots – the Beachwood Family Aquatic Center.

"Bartu is autistic and, although he has a hard time interacting and communicating socially, he relates instinctively to nature, especially to leaves of all colors, textures and varieties," says Bartu's mother, Cleveland Clinic endocrinologist Dr. Betul Hatipoglu. "When he has leaves in his hand he feels secure, calm and exceptionally joyful."

The joy that Bartu receives from leaves led to an unanticipated, but much welcomed, consequence during the summer months. Campers from the **Beachwood Recreation Depart**ment who swam in the outdoor pool during the week began to interact with Bartu, joining him in the water and singing a chorus of "leaf party, leaf party," as they played alongside Bartu and his leaves in the pool.

"Here is my son, with very limited communication skills, surrounded by young campers who were totally accepting of him, and celebrating his leaves," says Dr. Hatipoglu. "I have never seen Bartu so happy. It was a miracle for me and my husband to watch this natural, playful interaction. These children were communicating on a level that did not require words."

The lifequards and staff at the Beachwood pool also got into the act. At the end of the summer, they surprised Bartu by organizing a special pool party iust for him.

"They wrote a song about leaves that they sang to Bartu throughout the afternoon, and wore 'Leaf Party Day' T-shirts, which they also gave to our family," says Dr. Hatipoglu. "It was all so miraculous and reaffirmed our faith in the goodness of people.

The experience and the feeling we had is almost impossible to put into words. This was an unbelievable gift."

Now that his special education classes have started, Bartu still finds time after school and on the weekend to collect leaves from his backyard and around his wooded neighborhood. He continues to radiate joy and unbridled happiness and proves that just as no two leaves are exactly alike, neither are people - everyone is unique and special in his or her own way.

Just like Bartu.

These children were communicating on a level that did not require words."

> ~ Bartu's mother, Dr. Betul Hatipoglu





Top: Beachwood Family Aquatic Center staff with Bartu Hatipoglu (fifth from left) wearing their "Leaf Party Day" t-shirts.

Bottom: Bartu Hatipoglu, Dilara Hatipoglu, Dr. Umur Hatipoglu and Dr. Betul Hatipoglu celebrate at the Leaf Party Day event at the Beachwood Family Aquatic Center.

# WE ARE THE DIFFERENCE IN DEALERS



# LEIKIN MOTOR COMPANIES

1968 CELEBRATING 50 YEARS 2018

- FAMILY OWNED & OPERATED -

Mercedes-Benz of Willoughby



Leikin Motor Companies, family owned and operated for 50 years, is your source for quality luxury vehicles.



Brett Leikin



# EXCEPTIONAL OFFERS on all of our new and pre-owned vehicles!





Leikin Volvo Cars Cleveland

We have a large inventory of new and certified pre-owned vehicles available for immediate delivery. Our sales, service, parts and body shop departments are here for you!



Brian Rapoport

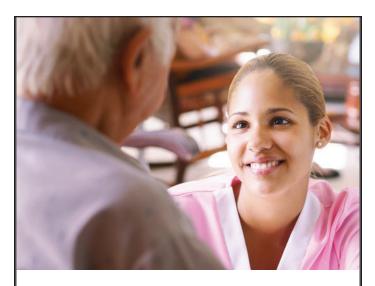
#### LEIKIN MOTOR COMPANIES

IF YOU LIKE LUXURY, YOU'LL LOVE LEIKIN

38750 Mentor Ave. • Rt. 20 • Willoughby • Only 15 min. from Cedar & I-271

LEIKINMOTOR.com • 440-946-6900





# **Have Confidence** with Your Home Care.

When you choose JFSA as your home care provider, you not only receive the highest quality care and plenty of services to choose from, you get something extra: Confidence.

Our nurses and home health aides want you to be as independent as possible and enjoy the confidence you gain when working with our supportive and caring staff.

- Skilled Nursing
- · Medical Social Worker
- · Physical, Occupational & Speech Therapy
- · Home Health Aides
- · Medication Management
- · Lifeline Medical Alert
- Home Cleaning
- · Kosher Home Delivered Meals
- · Holocaust Survivor Support Services
- JFSA Shuttle On-The-Go! Free Transportation

Call 216.378.8660



# NCJW/Cleveland Celebrates 50th Anniversary of Designer Dress Days with Special Promotions

ashionistas who are looking for the best bargains in town will find designer clothing, such as Rag and Bone, Chanel and St. John knits, for better-than-affordable prices at Designer Dress Days 2018 (DDD), held from Friday, October 12 through Tuesday, October 16, excluding Saturday, October 13. The annual sale will take place at the Mandel Jewish Community Center, 26001 S. Woodland Road, Beachwood.

In honor of the iconic anniversary, DDD will feature gifts on the 50th minute of the hour, discounts for Monday shoppers when they return on Tuesday, and special treatment for 50-vear-olds.

DDD is National Council of Jewish Women/Cleveland's (NCJW/Cleveland) yearly fourday sale of new or gently-worn and previously loved women's designer clothing, fabulous jewelry, stylish handbags, luxurious furs and fashionable accessories. Designers represented include, but are not limited to, Free People, Vince, Theory, Alice and Olivia, Escada, Rag and Bone, Tory Burch, Gucci, Kate Spade, Marc Jacobs, Ferragamo and Giorgio Armani.

DDD combines the fun of bargain shopping, fashionista finds, and philanthropy. More than 250 volunteers make DDD an easy-to-navigate shopping experience that supports NCJW/ Cleveland's many programs that change lives for women, children and families.

The Preview Day for premier choices is Friday, October 12, from 10 am to 4 pm (\$20 admission). The sale continues with no charge on Sunday, October 14, 10 am to 4 pm; Monday,

October 15, 12 noon to 8 pm; and Tuesday, October 16, 10 am. to 7 pm.

Michele Kaminsky, Beachwood resident, and Debbie Rosenthal of Orange are vice-presidents of Retail Operations for NCJW/Cleveland. Elaine Geller of Beachwood is president of NCJW/Cleveland.

For more information, call 216.378.2204, or visit www. facebook.com/DDDCleve, or http://ncjwcleveland.org/whatwe-do/designer-dress-days/.

National Council of Jewish Women/Cleveland is a volunteer organization inspired by Jewish values that works through a program of research, education, advocacy and community service to improve life for women, children and families and strives to ensure individual rights and freedom for all.



DDD's 50th Gold Collection, with name brands that include Bigio, Ralph Lauren, Carlyle, Sadimara, Michael Kors and Tahari.



The Buzz Spotlight features our loyal customers. We are grateful for their support and that they recognize the benefit of keeping their names in front of the Beachwood Community. Please patronize our advertisers and say you saw them in Beachwood Buzz!

#### Smylie One Heating & Air Conditioning

#### How can homeowners maximize the efficiency of their air and heating systems?

- Have your home comfort system maintained for peak efficiency. When you have a regularly scheduled Pro-Max Tune Up & Safety Inspection performed on your system, it will ensure that your system will be running safely and if there are problems found, they can be addressed pre-season before the weather hits.
- Purchase a programmable thermostat. The Department of Energy estimates that by dropping the temperature of your home in the winter and increasing it in the summer by 10 degrees or more for eight hours, you can save around 5-15 percent annually on your energy bills.
- Change your air filter on a regular basis. Dirty air filters will block air flow which will cause your system to be less efficient.
- Keep your air conditioner clean. Most malfunctions relate to debris. Pick up leaves, twigs, or other debris that is trapped on the outside of your unit, gently hose your unit down, or consider having a professional chemical cleaning on your air conditioner.
- Seal your ductwork! This will keep your system from working harder than necessary. Keep that conditioned air in your house, not your basement.
- If your home comfort system is between 10-15 years old, consider upgrading to a more energy efficient system. Although this is a large investment, the energy savings, comfort and improved air quality can go a long way to im-

proving your family's health. If you have repairs on your older system totaling more then \$500-\$1,000, that money can be better spent on a much needed upgrade.

#### What are the benefits of a whole home humidifier?

Simply put, humidifiers can help your sinuses resist bacteria and viruses and can reduce coughing and sneezing if you get a cold. Proper moisture levels can help prevent dry itchy skin, static shock, and dry wood and furnishings, which often comes in the winter months.

#### What are the benefits of a whole home Air Purifier?

- They ensure that your family is breathing clean air. Indoor air is up to five times dirtier then outdoor air.
- They will remove unpleasant odors, trap airborne allergens released by pets such as pet dander, help neutralize smoke, trap dust, remove up to 99 percent of airborne bacteria, and fight seasonal allergens.
- True HEPA air purifiers with UV bulbs will capture and neutralize up to 99.97% of airborne germs that you want to avoid. Not all air purifiers will do all of these great things in your home. Let a professional come out and analyze which air purifier is best for your family, your home, and your comfort system.

This information was provided by Smylie One Heating, Cooling & Plumbing. For more information, call 440.449.4328 or visit www.smylieone.com.



FONDUE RESTAURANT

MELTINGPOT.COM

Celebrate Sweetest Day at The Melting Pot in Legacy Village.

Book your fondue experience today.

24741 Cedar Rd | Lyndhurst, Ohio 44124 216-381-2700

#### by Arlene Fine

# HEY NEIGHBOR!

# Kneading It – Challah in the CLE 2018

hairing this year's Challah in the CLE 2018 is not for loafers, and Beachwood resident Cheryl Fox has risen to the occasion.

This is the third time Cheryl is heading the event. At last year's Challah Bake, 1,500 women gathered at Landerhaven to celebrate their solidarity with the global Jewish community and to take home an oven-ready pan of unbaked challah dough they made themselves.

This year's Challah in the CLE will be held on Thursday, October 25 at 7:30 pm. The occasion is an essential part of The Shabbat Project, a grassroots Jewish-identity movement that has partnered with the International Worldwide Shabbat Project. First launched in South Africa in 2013, this global initiative now spans more than 1,000 cities worldwide, bringing together Jews from all backgrounds and traditions to celebrate Shabbat together on the weekend of October 26/27.

"It's so thrilling to include our Cleveland Jewish community in this vibrant, global celebration and to show our unity with other Jewish communities around the world," says Cheryl. "Friends, neighbors, grandmothers, mothers, daughters, sisters, aunts and cousins join together for an incredible, uplifting night of celebration, making challah together." Because of its universal appeal, Challah in the CLE attracts women from all segments of Cleveland's diverse Jewish community. "No matter the level of a woman's religious observance or background, this activity is all about women coming together in friendship, doing what Jewish women have been doing for thousands of years – making challah and enjoying the camaraderie of other women," says Cheryl.

"It is so thrilling to include our Cleveland Jewish community in this vibrant, global celebration."

~ Cheryl Fox, Challah in the CLE 2018 chair

And for people who think challah is, well, the best thing since sliced bread, this year's challah recipe will not disappoint.

"Our recipe is delicious, vegan and has been taste-tested by a trusted group of challah mavens," says Cheryl. "We are using flour with gluten, but if someone is gluten-free, she can



From left: Karen Lockman, Sharon Lockman, Rita Lockman, Cheryl Fox and Marian Singer at Challah in the CLE 2017.

bring her own flour and still make a great challah."

The success of Cleveland's past four Shabbat Project challah-baking events is apparent in the positive feedback Cheryl has received. "Women have told me that learning to make challah prompted them to start hosting Shabbat dinners for friends and family," she says. "And when mothers come with their daughters and learn how to make challah together for the very first time, they have begun a whole new family tradition."

So, if you want to be a breadwinner, Challah in the CLE 2018 is for you. Talk about flour power.

Note: Additional challah bakes will be hosted throughout Northeast Ohio. For details, visit www. shabbosprojectcle.com/events/.

#### What:

Challah in the CLE 2018

#### Time:

Doors open at 7 pm Event from 7:30 – 9 pm

#### Date:

Thursday, October 25, 2018

#### Where:

Landerhaven 6111 Lander Drive • Mayfield Hts.

#### Who:

Women and girls age 8 and up

#### To volunteer or register:

www.shabbosprojectcle.com

#### Cost:

Sponsorships and individual tickets are available.
Available options are listed at www.shabbosprojectcle.com

# The Gathering Place Founder and CEO to Retire

#### Year of Special Events Planned Leading Up to Organization's 20th Anniversary in 2020

The Gathering Place founder and CEO Eileen Saffran will retire at the end of 2019, after leading the organization for 20 years.

"It is time for me to celebrate our accomplishments as we approach our 20th year of service and move on to the next chapter of my personal and professional career," said Eileen. "I will continue to help sustain the mission of The Gathering Place in an advisory capacity and will forever be grateful to all our donors, funders and community partners."

In July 1998, Eileen began her mission to "complete the circle of care" for people on a cancer journey. Hundreds of people gave generously of their time, talent and money to open the center in Beachwood in January 2000. A location in Westlake opened in 2008. The Gathering Place has carved out a vital and valued niche in the delivery of comprehensive cancer care in Greater Cleveland, providing over 40,000

people on a cancer journey with free programs and support services.



"We are incredibly grateful for the work Eileen has done in founding The Gathering Place and helping to lay a strong foundation as we look to our 20th anniversary and years to come," said board chair David Ostro. "We look forward to celebrating our past accomplishments and our future successes with Eileen."

A number of events are planned for 2019 to celebrate the 20th anniversary and honor Eileen's vision and impact, including a gala on October 12, 2019.

The Board has identified a transition team to conduct a search for the organization's next CEO.

To learn more about The Gathering Place and upcoming anniversary events, visit www. touchedbycancer.org.

# 2018 Beachwood **Business Expo**

October 4 • 3-6:30 pm • Embassy Suites, Beachwood

Area business persons are invited to attend the 2018 Beachwood Business Expo to interact with exhibitors from multiple industries in and around Beachwood, including: technology, financial services, food and beverage, education and culture, media, productivity, lifestyle, health and wellness, and more.

There is no charge or pre-registration required to attend the show.

The Chamber offers:

- Free goody bags to the first 250 participants
- · Free professional head shots, courtesy of Discovery Photo
- CEU credit opportunities and

For more information, call 216.831.0003 or email chamber@ beachwood.org.

Advertise in Beachwood Buzz. Every resident, every business, every month!



# "Beachwood,

have you scheduled your furnace tune-up?"



Tune-up Special



Brian Friedman Owner and President



Schedule your tune-up today by calling

216-600-0811

or visit www.goarco.com

# Buy Local, BuyRite.



#### **Buy Right, Always!**

At BuyRite, customers buy right, always, without slippery tactics or gimmicks. We are transparent and always go out of our way to personalize customer service. Small things make a big difference when it comes to earning your loyalty, and next-day delivery is always free. Additionally, BuyRite customers enjoy:

- Free Shredding Service is available to office-supply customers. We provide bins as needed, free of charge. Bins can be locked to preserve client privacy. Residents may bring items in to be shredded.
- Free Keurig Coffee Makers are available for officesupply customers when you order your coffee supplies from us. Streamline your purchasing and save time by tacking coffee on your regular office-supply order.
- Free Paper Dispensers for customers who order janitorial supplies from us. This includes dispensers for paper towels, toilet paper, hand soap and hand sanitizer.
- Test drive your office chair! You spend a lot of time on your chair. Stop in for a test drive and make sure you love it before you buy it. If there's ever a problem, we're dedicated to servicing products you buy from us.
- Know what you're getting. Online shopping is a gamble. Come in and browse through our Beachwood showroom. It is stocked with a large inventory of high-quality new and used office furniture.

#### **Your Business Matters!**

When you support small businesses, your purchases support the local economy in a meaningful way, rather than adding a fraction of a point to the bottom line of a national company. To us, every customer is valued and appreciated, and we ask for the opportunity to earn your loyalty. Please call or stop in today.



#### **Buy Rite Office Products**

23715 Mercantile Road • Beachwood 216.292.7112 Michelle Ryb, President

# Pen Pals Forever

n 1937, the Cleveland Press offered to young readers a chance to connect with a pen pal somewhere in the world. At age nine, I was excited at the opportunity and was matched with Chandra Perera, from Ceylon, a small island on the southern tip of India.

Our first letters were introductory, and we discovered that our birthdays were on the same day, June 5. She was one year older than I.

It took three months to deliver each letter since it was sent by boat; then another three months for the response to be delivered, so we exchanged only two letters a year.

During World War II, I received one letter that had been opened and marked "censored," and after that, letters were not delivered.

In January 1946, I was studying at Ohio State University and my mother forwarded a letter from Chandra. I was thrilled to have my old friend back!

In the early 1960s, Chandra wrote and asked if I could sponsor her brother, Walter, who wanted to come to America. When I couldn't help, Walter chose to emigrate to Canada. He and their younger brother, Reggie, with their families, moved to Toronto.

In October 1971, my husband, Aaron, and I drove to Toronto to meet this family that I had known for so many years.

Chandra and I kept in contact with each other and shared of our life events. In 1952, She married Karuna Gunaratne, a college professor, and had three children, Lalith, Chandrika, and Ranmali. In 1951, I married Dr. Aaron Fine, an allergist, and had two children, Edward and Debra. It was ironic that in addition to sharing the same birthday, we were both early childhood education teachers!

Today, I'm grateful that our relationship is one that will continue through my contact with her wonderful children. One never knows where writing a letter may lead.

#### The Women of Fairmount Temple invite you to attend the following programs at Fairmount Temple:

Jerry Graham Sunday, October 21 9:30 am · Coffee 10 am • Talk Begins

Cleveland's political expert Jerry Graham will speak about the November elections in his talk, "Mid-term Election: Math 101."

#### Cleveland Jazz Orchestra

Sunday, October 28 7:30 pm • Brookner Auditorium Enjoy an evening with the Cleveland Jazz Orchestra, featuring the music of Rodgers & Hammerstein, Each \$20 ticket includes the concert and a dessert reception. For more information, call Gloria Fine at

440.247.7844, or Trina Miller at

440.442.8421.

In 1973, Chandra and Karuna joined their family and moved to Canada. Although their former country, now Sri Lanka, had made it very difficult for people to emigrate, their family persisted and made this change a reality. Overall, living there was a big adjustment and for the first time, they learned how to live with snow and cold weather.

In May 1974, Aaron and I went to Toronto to meet my lifetime friend for the first time. It was a glorious, happy, wonderful feeling to meet face to face. In 1983, when our daughter, Debra, married, Chandra and Karuna came to the wedding, and we went to Chandrika's wedding in 1998, an educational experience as we observed their customs.

In 2000, Chandra became seriously ill and decided to die in her homeland. It was a great loss after sustaining this relationship and building a loyal friendship after 63 years. Today, I'm grateful that our relationship is one that will continue through my contact with her wonderful children.

One never knows where writing a letter may lead.



Lifelong friends Polly Fine and Chandra Perera became pen pals in 1937, and finally met in 1974.

# Power Outage?

Whether from an accident or force of nature, such as high winds, lightning, or winter storms, there are times when our power goes out. When an outage happens, First Energy service crews and employees who support them do their best to restore power as soon as possible.

If your power goes out, please call First Energy at 888.LIGHTSS (888.544.4877). This will allow the power company to track and

attend to outages, while also allowing dispatchers to handle emergencies.

You may also report outages by texting REG to 544487 (LIGHTS). You'll need your 12-digit account number and your ZIP code to get started.



IITH ANNUAL BEACHWOOD CHAMBER OF COMMERCE



Sample foods from the area's finest restaurants and caterers

### Thursday, November 8, 2018 5:00 p.m-7:30 p.m.

Embassy Suites Cleveland-Beachwood • 3775 Park East Dr., Beachwood, OH 44122

Individual Tickets: \$30 • RSVP Early Purchase tickets online at Beachwood.org Sponsored by:





#### **LIVE MUSIC**

Entertainment by the Beachwood High School Orchestra Ensemble

#### **SILENT AUCTIONS**

Here's your chance to bid and win. There will be mulitple silent auctions all night long.







#### **PARTICIPANTS**

Beachwood Bistro Benihana Blue Canyon Kitchen & Tavern BOMBA Tacos & Rum Buffalo Wild Wings Chagrin Falls Popcorn Shop Culinary Appeal Culinary Occasions DiBella's Subs Graeter's Ice Cream Hilton Garden Inn Cleveland East Nervous Dog Coffee Bar Noce Gourmet Pizza Paladar Latin Kitchen & Rum Bar Park East Bar & Grill PF Chang's Piccolo Italian Restaurant Pinstripes Rascal House Silverspot Cinema

Vegan Sweet Tooth New restaurants added daily

Taza Lebanese Grill

UH Ahuja Medical Center



Purchase tickets eachwood at Beachwood.org

# Beachwood Council Update



216.292.1901 mayor@beachwoodohio.com

COUNCIL PRESIDENT BRIAN LINICK

216,496,0202 brian.linick@beachwoodohio.com

**IAMES PASCH** 



IUSTIN BERNS

216.509.6509 justin.berns@beachwoodohio.com

**ALEC ISAACSON** 

216,291,2797 alec.isaacson@beachwoodohio.com

**BARBARA** BELLIN **IANOVITZ** 

216.406.5914 barbara.janovitz@beachwoodohio.com

## **BEACHWOOD OPENS PUBLIC SAFETY CENTER**

Our new Beachwood Public Safety Center (PSC) opened to the public last month. The PSC serves as a Fire Station, Dispatch Center, multi-functional training facility and Emergency Operations Center. Firefighters, HazMat, SWAT and other first responders will utilize the space. The facility will serve our safety needs today

and for decades to come.









#### FALL LEAF PICK-UP NOW - MID-DECEMBER

Loose leaf pick-up has begun and runs through mid-December.

- Leaves need to be raked into piles on the tree lawn
- Keep piles free of other debris such as grass, twigs or branches
- Vehicles parked in the street may impede our City's ability to collect



## **MULCHING THE LEAVES ISN'T A TRICK**

IT'S A TREAT FOR YOUR LAWN

Researchers found that mulching leaves in the fall resulted in a greener lawn and up to 80% fewer dandelions the following spring.

- Mulch leaves with a lawn mower. Leaves provide nutrients for healthy soil
- · Apply a good-quality compost along with grass seed while seeding the lawn

**ERIC SYNENBERG** 

216.401.0074 eric.synenberg@beachwoodohio.com



# **City Contact** Information

CITY OF BEACHWOOD 25325 Fairmount Boulevard Beachwood, Ohio 44122

216.464.1070 www.beachwoodohio.com



LIKE US ON FACEBOOK www.facebook.com/ BeachwoodOH



**FOLLOW US ON TWITTER** twitter.com/ BeachwoodOH



**FOLLOW BEACHWOOD POLICE** ON TWITTER twitter.com/BeachwoodPolice TV PROGRAMMING Spectrum - Ch. 1020 AT&T U-Verse - Ch. 99

**EMERGENCY** Dial 9-1-1

**CLERK OF COUNCIL** 216.595.5493

#### **POLICE ACADEMY GRADUATES**



Congratulations to 27 seniors for completing Beachwood Police's Senior Police Academy. This 8-week session covered real-life crime prevention, self-defense, personal safety, fraud prevention and more.

Front row, L to R: Judy Kossoff, Sheila Hecht, Annette Solomon, Phyllis Kalk, Elaine Zimmerman, Ann Mari Pearson, Penny Deutsch. Middle row, L to R: Harold Levine, Howard Gilmore, Marcia Cromer, Robyne Habat, Barbara Flowerman, Martin Flowerman, Officer Matthew Page.

Back row, L to R: Mayor Martin S. Horwitz, Police Chief Gary Haba, David Cromer, Frank Buchwald, Jack Davidson, Les Snider, Bob Gould.

Not pictured: Homai Cupala, Morris Blatt, Beverly Brodsky, Sheldon Brodsky, Sondra Rubenstein and Mike Yarus.



#### **USE CAUTION & BE SEEN**

Use caution when walking at dawn, dusk and evening hours. Add reflective items to clothing. Walk on the sidewalk. If it is necessary to walk in the street, walk facing traffic and single file if in a group.

# Departments

**AUDITOR** 216.595.3712

**BUILDING DEPARTMENT** 216.292.1914

COMMUNITY SERVICES 216.292.1970 ECONOMIC DEVELOPMENT 216.292.1915

FINANCE DEPARTMENT 216.292.1913

**FIRE DEPARTMENT** 216.292.1965

**LAW DEPARTMENT** 216.595.5462

**MAYOR'S OFFICE** 216.292.1901

POLICE DEPARTMENT 216.464.1234

SERVICE DEPARTMENT 216.292.1922

#### **VETERANS DAY 2018**

Beachwood Historial Society and the City of Beachwood will partner to commemorate Veterans Day on Sunday, Nov. 11 at 11:00 a.m. at Beachwood



Cemetery. Free & open to the public.



FRIDAY, OCTOBER 19 FROM 1:00 – 7:00 P.M.
BEACHWOOD COMMUNITY CENTER



#### **UPCOMING MEETINGS**

#### **CITY COUNCIL**

Upcoming meetings: Mondays, October 8 and 22 at 7:00 p.m. Questions? 216.595.5462.

#### PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meetings: Thursday, October 25. Questions? Call 216.292.1914.

#### ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Mondays, October 8 and 22. Questions? 216.292.1914.

# **PROPOSED CHARTER AMENDMENTS ON UPCOMING BALLOT**



On Election Day, November 6, Beachwood voters will decide on proposed charter amendments. The proposed changes will be mailed to registered voters. A complete digital version is available at www.beachwoodohio.com. Questions? Contact Clerk of Council Whitney Crook at 216-595-5493.

#### R.A.D. SELF-DEFENSE

Beachwood Police Department offers a Rape Aggression Defense program for women.

> Sundays, October 14 and October 21 10 A.M. - 2:30 P.M. **Beachwood Community Center**

> To register, please call 216-292-1970.

Free to Beachwood residents ages 16 years or older (Under 18 must be accompanied by an adult).

## **FOLLOW US ON** SOCIAL MEDIA







Beachwood's website at www.BeachwoodOhio.com serves as the primary source of information for City news. Follow the City on social media! Community events and more may be found at

- Facebook.com/BeachwoodOH
- Twitter.com/BeachwoodOH

The city also has a presence on www.Nextdoor.com and LinkedIn.com (search City of Beachwood).

# **UPCOMING ART EXHIBITS**

#### A JOURNEY IN STONE & WORD

Sculptures by Alice Kinderman Poems by Shira Atik Structures and Space: Artwork by Bob Cohen Now through October 8



#### **Beachwood Community Center**

MON - FRI • 9 A.M. - 4 P.M. SAT • 10 A.M. - 3 P.M., SUN • 10 A.M. - 1 P.M.

#### PRESENTED BY BEACHWOOD ARTS COUNCIL **GUNTER SCHWEGLER:** THE NEW SILK ROAD ART EXHIBIT

Saturday, October 13 – Sunday, November 4 Opening Reception: Saturday, October 13 5:00 - 7:00 p.m.



Renowned fiber artist Gunter Schwegler will exhibit his collection of colorful paintings on silk. His work focuses on landscapes, cityscapes and abstract designs.

#### SILK SCARF PAINTING WORKSHOP

Saturday, October 27 • 9:00 am - Noon Design and paint a silk scarf. No experience necessary. \$35/BAC members • \$40/non-members. To register, please call 216-595-3400, leave your name and telephone number, and a volunteer will return your call. Registration deadline: Friday, October 12.

#### **HALLOWEEN SAFETY**

**BEACHWOOD TRICK-OR-TREAT HOURS:** WEDNESDAY, OCTOBER 31 • 6:00 – 8:00 P.M.

To help ensure a safe holiday, the Beachwood Police Department recommends:

- A responsible adult should accompany young children
- If your older children are going alone, plan and review a route
- Agree on a specific return time
- Tell your children not to enter a stranger's home or car
- Travel only in familiar, well-lit areas and stay with their friends
- Tell your children not to eat any treats until they return home
- All costumes and accessories should be fire-resistant
- Wear reflective tape on costumes and bags or use glow sticks





FREE · SUNDAY, OCTOBER 7

NOON - 5:00 PM • BEACHWOOD CITY HALL PARKING LOT

FOOD TRUCKS - CRAFTS - GAMES - INFLATABLES - UNIQUE BOUTIQUE SCAVENGER HUNT - PUMPKIN PATCH - LIVE MUSIC BY REVOLUTION PIE

NINJA COURSE



WITH GUEST APPEARANCE BY MICHELLE WARNKY AMERICAN NINJA WARRIOR ATHLETE







#### **BOARD OF EDUCATION**

Dr. Brian Weiss, President, (216) 438-1733, bw@beachwoodschools.org Josh Mintz, (216) 245-7831, jmintz@beachwoodschools.org

# Steve Rosen, (216) 264-9182, srosen@beachwoodschools.org Maria E. Bennett, (216) 264-9398, mbennett@beachwoodschools.org Jamie Elwell, (216) 369-9530, jaelwell@beachwoodschools.org

# Welcome to the 2018-2019 School Year!





#### **Critical Operating Levy** November 6, 2018

Beachwood Schools is asking for your support. The 5.9 mill operating levy on the November 6th ballot supports our children, our community and our future! This operating levy:

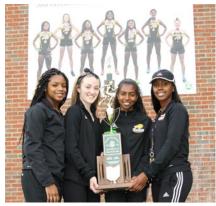
- Replaces the money lost due to state cuts
- Keeps our tax rate lower than any neighboring school district
- Is the first new operating revenue asked for in 13 years
- Is critical for:
  - Academic, extracurricular and special needs programs that prepare our kids for the future
  - Attracting and retaining the best teachers that make our top-rated programs possible
  - Maintaining and securing our facilities to keep our school children safe
  - Continuing to attract families with young children to Beachwood and keep property values high

#### **Football Home Opener Features State Champs and the Class of 2031**

Beachwood's football home opener on Friday, August 24th featured a 38-0 win for the Bison against Akron's North High School, a recognition of the two-time defending state

champ girls track and field team, and a herd of bison calves otherwise known as the Kindergarten Class of 2031!







#### **ADMINISTRATION**

Dr. Robert P. Hardis, Superintendent, (216) 464-2600 ext. 299 • rph@beachwoodschools.org
Michele E. Mills, Director of Finance/Treasurer, (216) 464-2600 ext. 239 • mm@beachwoodschools.org
Dr. Ken Veon, Assistant Superintendent, (216) 464-2600 ext. 230 • kev@beachwoodschools.org
Lauren J. Broderick, Director of Pupil Services, (216) 464-2600 ext. 234 • ljb@beachwoodschools.org
Linda LoGalbo, Director of Curriculum & Instruction, (216) 464-2600 ext. 289 • lhl@beachwoodschools.org
Kathleen Stroski, Assistant Treasurer, (216) 464-2600 ext. 240 • ks@beachwoodschools.org



#### **Schools Open Focused on Three Areas**

Beachwood Schools staff are dedicated to inspiring every one of our students to learn and achieve amazing things in amazing ways in a safe, supportive environment. As the 2018-2019 school year opens, we are focused on three interconnected efforts toward doing so:

**Mental Health** -- We have initiated a coordinated effort across the district to better meet the mental health needs of our students. Through these efforts, we are raising awareness among staff, students and their parents of mental health needs and ask all community members to take a role in supporting Beachwood's kids. Beachwood students need to know they have a tight safety net surrounding them.

Inter-Cultural Awareness — We are continuing efforts across the district to increase inter-cultural awareness among students and staff, and as a school system overall. Our ability to communicate effectively with, earn the trust of and authentically celebrate the backgrounds of each of our students and their families is critically important to all of us moving forward.

**Student Learning** -- The third effort in which we are engaged across the district is using every means necessary to better understand our students as learners and adjusting our instruction and our services to meet their individual learning needs.

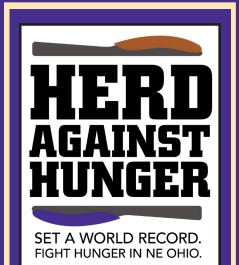
These three areas of focus are interconnected. They are all rooted in the value Beachwood places on the uniqueness of each of our students. The success of any one of these efforts depends upon the success of them all.



#### **Beachwood Families Helping their Neighbors**

A host of Beachwood Schools families have volunteered to help their elderly or infirm neighbors by bringing their trash cans to and from the tree lawn on trash pickup day. Our city government enacted this assistance program several months ago and asked the schools for help with its implementation. Our families have been happy to offer their support. We thank them for strengthening the Beachwood community.





Join the Beachwood City Schools community and volunteers from dozens of Eastside school districts on our Homecoming Weekend in an effort to feed the hungry in Northeast Ohio. On **October 14**, Herd Against Hunger will set a Guinness Book World Record at Beachwood High School by making the world's longest continuous chain of sandwiches -- 40,000 long! The Herd's sandwiches will be donated to organizations throughout Cuyahoga County and other nearby counties.

The Herd is the idea of Beachwood High School junior **Lena Leland**. Ms. Leland knows that 21% of Northeast Ohio children live in food insecure households and that we have the ability to do something about this.

While the Herd aims to make a dent in hunger in Northeast Ohio, we know that food insecurity will remain a persistent problem. For that reason, we aim to establish the Herd as an important annual event our community schedules on their calendars.

For more information visit: beachwoodschools.org/herdagainsthunger.aspx





# BHS Grad Shares Personal Story and Spreads Awareness about LGBT Community Center of Greater Cleveland

hen the LGBT Community Center of Greater Cleveland reached out to Beachwood Buzz to announce the unveiling of its new website, there was a much bigger story behind it – one that Jason Toth shared because, "my story can help others," he said. With October 11 being National Coming Out Day, there is no better time to share this story.

Jason grew up in Beachwood and graduated from Beachwood High School in 2005. During his years in middle school, he realized he was gay, but due to social stigma, he suppressed his feelings and mentioned it to no one. For the next decade, even through college at Miami University, he struggled with his identity and sexuality.

"It was not that long ago, but there was almost no education about being gay or questioning sexuality. Not only that, my perception of gay people came from the minds of adolescent straight guys. Calling someone gay or faggot was the most degrading insult... not exactly a healthy social environment. I protected myself through elaborate lies; my friends and family had absolutely no idea what I was going through alone," he said.

Jason recounted the only times he uttered aloud that he was gay was when he was in his car, to himself. "Senior year of college 2009 was the darkest period of my life. The weight of the lies was crushing." He took to alcohol and marijuana as a form of self-medication to cope. Harmful thoughts had manifested as never before.

What should I do? Come out to friends? Come out to family? If it's a disaster, run away and start a new life? Kill myself? These questions flooded his mind. Something had to be done.

"At that point, I felt that I had nothing to lose, so December 31, 2008, I resolved to come out before graduation. My biggest fear for the future was ending up a middle-aged man, married with kids, and then having a breakdown. Fear and hopelessness were the impetus for coming out. Today, that sickens me because I know I'm not alone."

Jason's plan was to come out to friends before Spring break, then come out to family. "Everyone was shocked, overwhelmed, and immensely happy for me. I received nothing but support and unconditional love. It took me 10 years to accept myself, and I knew it would take time for my parents to get used to it and learn as well. Just like me, they had received no education on what it meant to be gay. But they didn't need time. From the moment I came out, they made sure I knew I was loved and always had a home."

After graduating college, Jason moved to Cincinnati. "I was independent, gay Jason. It was exciting and scary," he told us, "but I was ignorant about safety, perception, and the culture. With no gay friends, I was still very uncomfortable."

Then came the turning point. Sunday, June 26, 2011. Jason was in Chicago, visiting his best friends from college. It was Pride weekend and he hadn't even known it. His friends (all straight) told him to stay for the parade. He was hesitant. "It's so silly now as I look back, but I thought these parades were reinforcing a stereotype I wasn't proud of," he said.

Encouraged by his friends, Jason stayed, and his life was changed forever. "We arrived at a party on the parade route. It was unbelievable! Families, businesses, and service men and women marched proudly. It was a celebration of individuality and unity all at the same time. In awe, surrounded by my closest friends, I broke down crying," Jason told us. "At 24 years old, for the first time in my life, I felt what it was like to fit in, to be normal. It was going to be okay. Most people have no idea what it's like to spend most of your life feeling like an outsider."

It was a profound moment for all of them. "Self-acceptance is

powerful beyond belief. Life is hard enough as it is; we're all fighting battles that define who we are. This is something to celebrate and to take seriously, for many it's the difference between life and death. The fact that up to 10% of LGBTQ youth attempt suicide (3x higher than heterosexual youth), because the loneliness and shame become too much to bear, is a massive failure of our society. For me, the pain is all too familiar. Just nine years ago, it was impossible to envision the life I have today."

Not long after Chicago, Jason's career led him to his passion when he began working for marketing agencies. "I fell in love. It's never boring, and I get to help people solve problems creatively, which is important when you are intensely curious. But it's a double-edged sword. I am inclined to question everything and play devil's advocate. It's the rebel in me," he chuckled. "My mind is constantly looking for ways to make things better and figure out how to make it happen.



"At 24 years old, for the first time in my life, I felt what it was like to fit in, to be normal. It was going to be okay. Most people have no idea what it's like to spend most of your life feeling like an outsider."

Pictured: Rendering of new LGBT Community Center of Greater Cleveland (opening in 2019).

Shockingly I learned this isn't popular with managers; we would often butt heads. I can be a bit stubborn," he smirked. "Going out on my own was inevitable." Jason did just that, he started Toth Marketing one year ago this month.

So how does Jason's story intertwine with the LGBT Center? Glad vou asked.

In 2016, Jason met his boyfriend, Alan Hazzard, who is very involved in Cleveland's gay community. He introduced Jason to The Center.

Impressed with its mission to enrich the lives of LGBTQ+ people and inspired by the Maltz Family Foundation's donation to build a new state-of-the-art facility (scheduled to open in 2019), Jason wanted to help expand its reach and impact. "At The Center, there is no judgment. Come as you are and be who you are. Get support from people who welcome you with open arms. That is lifesaving and something of which I need to be part of."

Jason spoke of how Alan reminded him of Tikkun Olam, which translates to repair the world. The Talmud describes, it is not upon you to finish the work, but you are not free to ignore it. "I want to make a dent, even if it's a small one, The Center has given me that opportunity."

Not long after Jason started Toth Marketing, he met Tom Schiltz, The Center's board president, at a coffee shop. "With tact and eloquence, I asked, 'When are you going to do something about The Center's awful website?"

Tom chuckled and agreed that something needed to be done. Jason offered up his services, and the rest is history. The new site launched last month and immediately made waves in the community.

Executive director of The Center, Phyllis Harris, said, "This is a giant leap forward for us. It gives us the opportunity to strengthen how we highlight our organization to the community. The new center will represent a safe, progressive and supportive place to the community, and we knew our website had to do the same."

"It was clear from the onset that Toth Marketing shared our core values," Phyllis added. "Jason and his team created a site that positions us as a nationwide leader. We couldn't be more thrilled about the partnership and its continued support."

Through Jason's work with The Center, he's learned a lot about business relationships. "What you put out definitely comes back," he said, which is evident by the growth of his year-old business, which now has 22 active clients and a full team. "This company is built on a core belief that we can only be successful when our clients are successful. Period. We work tirelessly to make that happen."

"Starting my own business was a lot like coming out. Scary as hell and liberating beyond belief. I'll never look back."

#### **About LGBT Community Center of Greater Cleveland**

Founded in 1975, the LGBT Community Center of Greater Cleveland (The Center) is a leading non-profit organization that empowers Northeast Ohio's LGBTQ+ community through advocacy, support, education, and celebration. A one-stop hub, it provides a welcoming and visible safe space, health and wellness services, cultural competency training, government and media outreach, social events and a variety of programs. For complete information, visit www.lgbtcleveland.org.

#### **About Toth Marketing**

Toth Marketing is a full-service agency with a team of experts that uses the science of human behavior to create transformative experiences. The team is strategic and innovate and combines data and design with its desire to produce groundbreaking results. Through proven methodology, they use analytics to formulate strategies that drive user engagement and conversion. For more information, visit www.tothmarketing.com.







# Help Sam Reach His Goal

eachwood High School senior Sam Babbush has always been a talented athlete. A soccer player since childhood, Sam built a relationship with BHS head football coach Damion Creel when he was a freshman, and decided to give football a go. His hard work as a receiver and kicker paid off and in the past three years, his passion for kicking has blossomed. Plus, he says, "The shoes are pretty cool!"

A few years ago, former kicker Griffin Davis (class of 2016) participated in the Kick-It Champions program and raised money for childhood cancer research. Through Griffin's fundraising efforts, donors pledged a dollar amount for every point scored or made a donation. This year, Sam is following Griffin's lead.

"Kick-It started as an opportunity to raise funds through the game of kickball and now, through Kick-It Champions (football) and Champions for Kids (all other sports), any athlete who plays any sport can dedicate his or her season to helping kids with cancer," said Cathy Welcsh, Kick-It director.

Cathy told us how this grassroots foundation has grown in the past 10 years and to date, more than \$5 million has been raised for childhood cancer research.

"Every time we spread the word, we hope to get more kids to participate in the Champions program," she added, "and we thank Sam for helping us spread our mission."

Sam set a personal fundraising goal of \$6,000 and was well past the halfway point when this story went to press. "The money you donate will pay for research to find better treatments and cures for childhood cancer," he told us. "You can help kids and their families by providing desperately needed hope!"

Sam is reaching out to the community for support and welcomes any pledge or donation - large or small. "Let's just make a difference," he said.

To make a donation, visit kickit.org and search for Sam's name.

"Every time we spread the word, we hope to get more kids to participate in the Champions program," she added, "and we thank Sam for helping us spread our mission."

~ Kathy Selcsh, Kick-It director

#### **About Alex's Lemonade Stand Foundation**

ALSF, inspired by Alexandra "Alex" Scott, all started with one front-vard lemonade stand. Just before her first birthday, Alex was diagnosed with neuroblastoma, a type of childhood cancer. The doctors told her parents that if she were to beat her cancer, it was doubtful that she would ever walk again. By her second birthday, Alex was crawling and able to stand up with leg braces. She appeared to be beating the odds, until the shattering discovery that her tumors had started to grow again. In 2000, the day after her fourth birthday, Alex received a stem cell transplant and told her mother that when she got out of the hospital, she wanted to set up a lemonade stand and raise money so doctors could help other kids, like they helped her. True to her word, she raised \$2,000.

While bravely battling her own cancer, Alex and her family continued to set up yearly lemonade stands. News spread and people from around the globe set up

their own lemonade stands and donated the proceeds to Alex and her cause.

In August of 2004, Alex passed away at the age of eight, knowing that, with the help of others, she had raised more than \$1 million to help find a cure for the disease that took her life. Alex's Lemonade Stand Foundation was started by her parents in 2005 to continue the work that Alex began. Its mission is simple: to change the lives of children with cancer through funding impactful research, raising awareness, supporting families, and empowering everyone to help cure childhood cancer.

To learn more, visit www. alexslemonade.org.

"The money you donate will pay for research to find better treatments and cures for childhood cancer," he told us. "You can help kids and their families by providing desperately needed hope!"

~ Sam Babbush, BHS senior

#### **About Kick-It, Kick-It Champions** and Champions for Kids with Cancer

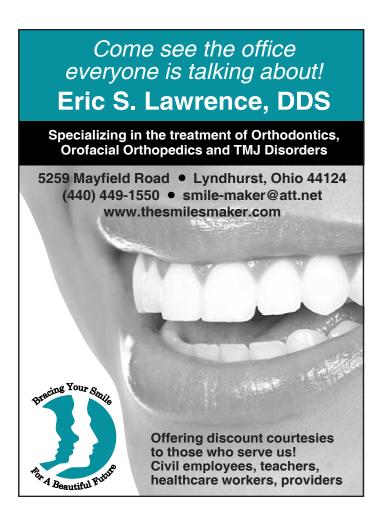
Kick-It was founded in Chagrin Falls by 10-year-old Quinn Clarke during his second battle with cancer. He asked his parents if he could have a kickball game



to raise money for research and was shocked when more than 500 people came to support him. That afternoon inspired people worldwide to help save the lives of children with cancer. Kick-It, formerly a fundraising program of Flashes of Hope, partnered with ALSF in May of 2017. To learn more, visit www.kick-it.org.

In 2012, Ohio All-State football player Matt Colella, who battled cancer as a middle school student, started the Kick-It Champions program by asking others to pledge a dollar amount for each point he made as his team's kicker, or to make a one-time donation towards his fundraising goal. His commitment to help others inspired his community and athletes around the country to become Kick-It Champions, and Champions for Kids with Cancer, which is geared toward all sports. Under the Kick-It umbrella, all funds are donated to ALSF.

Beachwood Buzz is 22 years old! We are grateful for your continued support and wouldn't have hit this milestone without you!





www.clothesmentor.com





## Find the perfect volunteer opportunity for you at the

JEWISH CLEVELAND

# **VOLUNTEER** SHOWCASE

#### Sunday, October 28, 2018 1:00 - 3:00 pm

Mandel JCC Stonehill Auditorium 26001 S. Woodland Road Cleveland, OH 44122

#### Volunteers of all ages:

Connect with fellow volunteers as you visit nearly 60 different agency representatives from across Cleveland to find the perfect volunteer opportunity for you! Little ones (children ages 5-12) can also give back by participating in interactive volunteer opportunities on-site.

Agencies include:

- Cleveland Chesed Center
- Cleveland Kids' Book Bank
- Drink Local.Drink Tap
- Ronald McDonald House ...and many more!

#### No cost to attend

Learn more at

#### www.jewishcleveland.org

Event Co-Chairs: Donna Kramer and Nancy Zimmerman Jewish Volunteer Network Chair: Stephanie Wieder General Campaign Chair: Jeffrey J. Wild Board Chair: Gary L. Gross President: Stephen H. Hoffman



## Common Milkweed Pod Collection for Monarchs

he Cuyahoga Soil & Water Conservation District (SWCD), along with many other soil and water conservation districts across Ohio, are collecting common milkweed seed pods until October 31. The seed pods will be processed by Ohio Pollinator Habitat Initiative (OPHI) to establish new plantings and create additional habitat for monarch butterflies throughout Ohio.

Collected seed pods from common milkweed can be dropped off at the Cuyahoga SWCD office (3311 Perkins Avenue, Suite 100, Cleveland) from 8:30 am – 4:30 pm, or left in the collection bin, which is located on the west side of the building by the garage door.

For more information, call 216.524.6580, ext. 1005, or email aroskilly@cuyahogaswcd.org.

#### **About Milkweed**

Milkweed is the only plant that the monarch butterfly uses for egg laying and caterpillar rearing. It also serves as a food source for monarchs as well as many other pollinator species. The disappearance of milkweed across the U.S. has contributed to the 80% decline of the eastern monarch butterfly population over the last 20 years. We are working hard to change this, and you can help!

It is best to collect seed pods when the common milkweed plant is dry and gray or brown in color, and the seam pops with gentle pressure. It is best to store the picked pods in a paper bag; avoid using plastic bags as they tend to collect and hold moisture. Store the seeds in a dry cool area until you are able to drop them off. Please mark

your bags with where and when they were picked, the county and the date.

For more information about collecting pods, visit http://www.cuyahogaswcd.org/programs/common-milkweed-pod-collection.

This project started in 2015 as a seven-county pilot, and last year, hundreds of Ohioans worked together to collect approximately 200 lbs. of common milkweed pods, yielding more than 19 million seeds. The seeds are processed by work programs at several prisons and then dispersed for fall planting across Ohio.

The disappearance of milkweed across the U.S. has contributed to the 80% decline of the eastern monarch butterfly population over the last 20 years. We are working hard to change this, and you can help!



## Holiday Boutique and Craft Show

Sunday, November 4 9:30 am to 3 pm Temple Emanu El 4545 Brainard Road Orange Village Hosted by Women of Temple Emanu El Free and Open to the Community

Approximately 50 vendors will be selling holiday items, including handmade purses, jewelry, scarves, socks, gift items and Judaica. The temple's youth group will host a bake sale. Lunch and snacks will be available.

Beachwood residents Myrna Gilmore and Karen Horowitz will showcase their felted wool handbags, knit scarves, button bracelets and many other novelty items. They have had a table at this boutique for the past eight years.

To register to be a vendor, contact Sandy Levine at sandle706@yahoo.com.

# NCJW/Cleveland Sponsors Foster Care Film at Chagrin Documentary Film Festival

"21 And Done" features fates of aged-out foster care youth; program to follow film

The National Council of Jewish Women/Cleveland will sponsor "21 and Done" at the Chagrin Documentary Film Festival, at the Chagrin Valley Little Theater, on Sunday, October 7, 3 pm. The film follows four youths who have aged out of the foster-care system in a graphic portrayal of their difficult journeys and the organizations outside the system that are battling to help them find a successful future.

Jocelyn Scott, film director, will attend the screening and be available for questions. Sandra Evers-Manley, producer through her organization Films with a Purpose, will introduce the movie.

A presentation will follow the screening, along with a question-and-answer period. Presenters include:

- Sonia Emerson, former foster-care child, will present a youth's perspective on what can be done to better the prospects.
- Jenniffer Deckard, former foster mother and founder of the Sullivan Deckard scholarship Program at Cleveland State University.
- Amber Donovan, social worker and executive director of Community of Hope, will address mentoring foster children.
- Kathy Harris, Northeast Ohio regional coordinator for Bridges, will speak to the issues faced by aged-out foster children.

"NCJW is sponsoring this film because our organization cares

deeply about the fate of children in foster care," said Elaine Geller, president, NCJW/Cleveland. "Our volunteers conduct courses in self-esteem building: donate and pack toiletries, hand knitted toys, blankets, hats, scarves and gloves in new backpacks; mentor foster children individually; and help young people who have received Sullivan Deckard Scholarships at Cleveland State University adjust to college life. We provide activities for them during vacations when they have no home to visit," she explained. "The organization is dedicated to advocating for these young people and educating the community about their

A dessert reception will follow the program.

#### From Beachwood PTO

#### Membership

When you join Beachwood PTO, you stand side-by-side with parents and teachers who are committed to making Beachwood Schools the very best schools for our children. As always, you'll receive the PTO calendar with your membership, which includes a business directory that makes it easier to find area businesses.

Your membership sustains PTO's ability to provide programs, grants to teachers and staff, and scholarships to students. PTO also supports 5th-grade promotion, 6th-grade camp, the 8th-grade trip to Washington DC, and after prom for Beachwood seniors. You also invest in One School, One Book, the all-schools Bison Feast & Fest celebration in March, and more. You join like-minded families who are committed to providing extra opportunities for Beachwood students. For more information, contact Julie Felder at juliemfelder@gmail.com.

#### **Shark Tank**

Beachwood PTO kicked off the school year with a Shark Tank program, which provided an opportunity for teachers to present grant applications for programs that would enrich their classrooms and student experiences. PTO heard from 10 groups of teachers, all of whom were awarded funds, for a total of \$4,450.

#### Volunteering

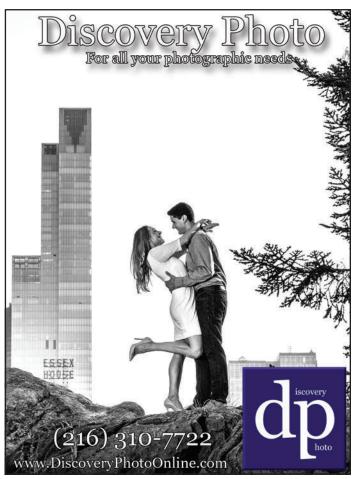
All Beachwood schools have volunteer opportunities for parents, guardians and community members. You can read to a group of kindergarteners, share your engineering or science information with the Middle School or High School robotics club, share your talent as a writer during Hilltop's annual writing forum, and so much more. Many opportunities are available, don't be a stranger! Please attend a meeting and share your thoughts and ideas. For more information, contact Julie Felder at juliemfelder@gmail.com.

#### **Box Tops for Education**

Thanks to Box Tops for Education, PTO raised over \$1,000 last year. CLIPPING IS EASY! Find Box Tops on hundreds of products you know and love, and drop them in collection boxes at the Beachwood Public Library, Beachwood Middle School and all the Beachwood Elementary Schools. Box Tops are each worth 10¢ and they add up fast. To download a complete list of accepted box tops, visit www.boxtops4education.com/earn/participating-products.









#### **JEWISH BREAKFAST NATIONAL FOR FUND ISRAEL**

FEATURING Ethan Zohn Inspirational Speaker and Winner of Survivor: Africa



Thursday, November 8, 2018 8:00 - 9:00 am Program Registration begins at 7:30 am

**Executive Caterers at Landerhaven** 

RSVP by October 22, 2018 at jnf.org/nohbreakfast

**EVENT CHAIRS** 

Barry Feldman · Marcy Robbins · Robert Singer

No cost to attend Dietary laws observed



NATIONAL FUND

Your Voice in Israel

jnf.org · 800.JNF.0099



October is Breast Cancer Awareness Month

misunderstood diseases

Jill Dietz, MD

# For Women Only: The Truth about Breast Cancer

he fear of breast cancer keeps many women awake at night with scary, unwanted thoughts. Rumors and half-truths about breast cancer make it one of the most

Although fear of the unknown is normal, knowledge is power, say the breast cancer experts at University Hospitals Ahuja Medical Center. To help you learn more about breast cancer so you can conquer your fears, Jill Dietz, MD, University Hospitals Director of **Breast Center Operations, shares** the truth about some common breast cancer myths that might be making you anxious.

#### Myth: No one in my family ever had breast cancer so I don't need to have a mammogram.

Fact: Less than 10 percent of breast cancer is related to a known gene abnormality. Some breast cancers are hereditary without a known gene as the cause, but the majority of breast cancer is sporadic, or not caused by a family history.

Sometimes, breast cancer is found after symptoms appear, but many women with breast cancer have no symptoms. This is why an annual breast cancer screening by mammogram is so important.

Mammograms are the best way we have to screen for breast cancer. UH Ahuja is one of 28 UH locations offering 3-D mammography. This technology produces a very high-resolution breast image that lets doctors read the image with greater accuracy. This means fewer women get called back for additional testing to rule out breast cancer.

#### Myth: The radiation from a mammogram is more dangerous than the cancer.

Fact: Mammograms expose the breasts to small amounts of radiation. But the benefits of this screening are much greater than any possible harm from the radiation exposure. Modern mammogram machines like those in use at UH Ahuia Medical Center use low radiation doses. The amount of radiation you are exposed to each year just from your natural surroundings is 7½ times as much as you would get from an annual mammogram.

#### Myth: I'm only 45, too young to start getting mammograms.

Fact: It is true that there is confusion about when to start screening, but the studies show a survival benefit if you start mammography at age 40, although the number of cancers found are fewer in this age group than in older women. That is why Dr. Dietz and other UH breast cancer experts recommend women start having annual mammograms at age 40 and continue at least to age 75. If you are over 75, talk to your doctor about continuing to have annual mammograms. If you do have relatives with breast cancer in your family, we recommend that you start screening 10 years earlier than their age at diagnosis.

#### Myth: If I'm diagnosed with breast cancer, I'm going to die soon.

Fact: Early detection is key in the treatment of breast cancer. When cancer is found early and has not spread beyond the breast, the five-year survival rate is 97 percent.

Even if the cancer has gone to the lymph nodes, breast cancer can be a very treatable disease. There are new techniques and medicines every year to help fight this disease. Don't let fear of cancer keep you from getting a mammogram. A mammogram is a healthy thing to do for yourself.

#### Myth: If I have cancer, I can expect...

Fact: You may have heard horror stories about what happens during a woman's treatment for breast cancer. At UH Ahuja Medical Center, and every UH location, we realize that every woman is different and there isn't a one-sizefits-all treatment plan. We have a team of cancer experts who work together with each patient and her family to develop an individualized treatment plan that fits her. We want to know about your job and family, your fears and physical, emotional and financial concerns. We care about the whole patient, not just the cancer.

#### Myth: I can't get breast cancer...l am a man.

Fact: More than 2,500 men will be diagnosed with breast cancer this year. Risk factors are similar to that of women. If you feel a lump, see your doctor right away.

We have a team of cancer experts who work together with each patient and her family to develop an individualized treatment plan that fits her. We want to know about your job and family, your fears and physical, emotional and financial concerns. We care about the whole patient, not just the cancer.

Celebrate Breast Cancer Awareness Month – ask a friend to make an appointment for a mammogram at UH Ahuja Medical Center or one of 27 other convenient UH locations across Northeast Ohio. Call 216.844.3097.

## Cyber Security: It's Not a Problem Until It's a Problem.

le see it in the news multiple times every year: "Fortune 500 Company hacked. Millions of customer financial records stolen during a data breach."

If you're like most people, you read about these incidents, shake your head and wonder why this keeps happening. These incidents are worrisome for those who have been victimized, since the next few years can consist of monthly credit report monitoring and contesting fraudulent credit card charges. Unfortunately, cyber attacks that result in significant financial damage to both companies and individuals are expected to persist.

In a CNBC cyber-security report released in August 2018, researchers showed how they were able to exploit security flaws present in a Hewlett Packard all-in-one printer. Although stand-alone fax machines are a rarity in most offices today, the fax function is still present in commonplace all-in-one printers. In this instance, researchers faxed over lines of malicious code disguised as an image file to the printer, certain that fax contents would not be checked. The file was then decoded and stored in the printer's memory, which allowed the researchers to take over the machine. From there, they were able to infiltrate the recipient's entire computer network.

Phishing attacks, which are typically clever attempts to steal financial data through fake emails purporting to be from a legitimate source, are also becoming more sophisticated. They happen daily at a huge loss

to many companies and in most instances, losses are not covered by insurance.

Fortunately, the state of Ohio has taken efforts to limit corporate liability. On August 3, Ohio Governor John Kasich signed the Data Protection Act into law. This Act provides safe harbor against data breach suits to businesses that maintain recognized cyber-security programs. The Act, which will go into effect on November 2, protects Ohio businesses that are taking reasonable cyber-security precautions by meeting certain industry-recognized frameworks. The ultimate goal of the Data Protection Act is to protect both businesses and consumers alike by encouraging businesses to take the necessary steps to protect their

customer data, and to minimize costly data breaches by maintaining a cyber-security program that reasonably conforms to recommended industry best practices.

"Cyber hacks and phishing scams, geared to steal financial data or hold your computer network for ransom, are all too common," said Joseph D'Onofrio, CIO of Main Sail, a veteran-owned small business and internet technology-consulting firm in Shaker Heights. "It is a full-time job to stay on top of the ever-changing cyber-threat landscape that faces companies today. If an attack is successful, it can be expensive and may alarm the customers and vendors."

For a free security assessment or more information, please contact Joseph D'Onofrio at jdonofrio@mainsailgroup.com or 216.283.6989.

## Jewish Federation of Cleveland Announces Young Leadership Division Microgrant Program Recipients

he Jewish Federation of Cleveland recently announced its third cohort of Young Leadership Division (YLD) Microgrant Program recipients. With the YLD Microgrant Program, YLD hopes to create a thriving, vibrant Jewish Cleveland young adult community by empowering individuals or groups to create, plan, and host experiences for Jewish Clevelanders (ages 22-45).

YLD Microgrant Program recipients may receive up to \$1,000 to support their projects per calendar year. YLD Microgrant Program funding is available twice annually, with applications due in July and December.

"We're proud to build upon the momentum of last year's program with another launch of superb, personalized events that provide more meaningful experiences for our community members," said Natan Milgrom, YLD board chair. "Last year's program funded a diverse range of innovative programming that engaged a significant number of young adults in Jewish Cleveland. We anticipate another successful year."

## July 2018 YLD Microgrant Program Recipients:

- Yael Amitz-Lev Sperber of Orange, representing ORT Next Gen, will host Shabbat dinners for the young professionals group.
- Alana Bandos of University Heights, representing ADL Cleveland, will host a National Refugee Shabbat dinner in Cleveland for young professionals.
- Ethan Krasnow of Beachwood, representing Fairmount Young Professionals, will host a social

- program for young adults on Christmas Eve.
- Angela Siegel of Chagrin
   Falls, representing Charlotte
   Goldberg Community Mikvah,
   will host "A Deeper Dive: A
   Fresh Perspective on Spirituality
   & Non-Traditional Uses of the
   Mikvah" for young couples.
- Ali Stern of University Heights, representing Cleveland
   Partnership Minyan, will host a scholar-in-residence Shabbaton featuring Aliza Sperling.
- Aaron Wolkoff of Beachwood, representing B'nai Jeshurun Congregation's BJ Atid, will host Shabbat dinners for the synagogue's 20s and 30s group.

With the YLD Microgrant
Program, YLD hopes to
create a thriving, vibrant
Jewish Cleveland young
adult community by
empowering individuals or
groups to create, plan, and
host experiences for Jewish
Clevelanders (ages 22-45).

For more information about the YLD Microgrant Program, visit www.jewishcleveland.org/ yldmicrogrant, or contact Matt Newman at mnewman@jcfcleve. org or 216.593.2880.



from local bankers, you get timely answers when you need

them for all your personal and business banking needs. **Beachwood Office** 

24755 Chagrin Blvd. Suite 100

216-464-1066

**Newbury Office** 10800 Kinsman Rd. 440-564-9441



www.GeaugaSavings.com





The Jack, Joseph and Morton Mandel **Humanities Center and Scholars Academy** 

Explore the humanities through collaborative learning, seminars and lectures, civic engagement, nationally recognized speakers and unique research opportunities.

#### Visit tri-c.edu/mandelcenter to become a Mandel Scholar.

For more information: 216-987-2600 mandelcenter@tri-c.edu

Cuyahoga Community College Eastern Campus, 4250 Richmond Rd. Highland Hills, Ohio 44122





EXCELLENCE IN CARING™



#### **SERVICES**

Marcus Post-Hospital Rehabilitation Home Health Services Outpatient Occupational & Speech Therapies The Peter B. Lewis Aquatic & Therapy Center **Adult Day Center** Housekeeping Plus Center for Dialysis Care (CDC Beachwood) Center 4 Brain Health

## **RESIDENTIAL OPTIONS**

R.H. Myers Apartments Wiggins Place Assisted Living Residence Stone Gardens Assisted Living Residence Helen's Place Memory Care Apartments Menorah Park Skilled Nursing Home

> Call Beth Silver at (216) 839-6678

27100 Cedar Rd. Beachwood, OH MenorahPark.org

## Mandel JCC 2018 Cleveland Jewish FilmFest

#### 12th Annual FilmFest features 26 Films at Five Venues

andel JCC is pleased to present the Cleveland Jewish FilmFest which runs October 4-14. The festival, now in its 12th year, brings the best of international Jewish cinema to Greater Cleveland showcasing a mixture of outstanding documentary, feature, comedy and short films. Films will screen at five local theaters and venues, including Shaker Square Cinemas and Cedar Lee Theatre.

#### **Highlights include:**

#### **The Last Suit**

Thursday, October 4, 7 pm **Shaker Square Cinemas** 

This Opening Night, awardwinning drama tells the story of Abraham, an 88-year-old tailor in Buenos Aires, who has waited decades to fulfill a promise to a Polish friend who helped him escape the Holocaust. Heartfelt and charming, The Last Suit reminds us of the importance of family, friendship, and keeping your word. A dessert reception will follow the show.

#### **Heading Home:** The Tale of Team Israel

Sunday, October 14, 7 pm Cedar Lee Theatre

This Closing Night documentary tells the story of the 2017 World Baseball Classic when, for the first time ever, the underdog Israeli team qualified with a roster comprising several Major League players, including Beachwood's Brad Goldberg. As most players have had little exposure to Judaism or Israel, the film is part surprising sports story and part tale of exploring and discovering one's Jewish identity.

#### Tickets:

Tickets to the October 4 opening night film and dessert reception are \$20. Tickets for all other evening films are \$12; tickets for matinees are \$10. Tickets may be purchased online at www. mandeljcc.org/filmfest. Tickets are also available at the Mandel JCC membership desk (no ticket sales Friday night, Saturdays and Jewish holidays). All Access tickets, which include admission to all films, are \$175 and group tickets are also available. For more information, contact Jan Rutsky at 216.831.0700, ext. 1348.

Complete information about the festival is available at www. mandeljcc.org/filmfest or by calling 216.831.0700, ext. 1378.



Closing Night film, Heading Home: The Tale of Team Israel, is a documentary that features Beachwood's Brad Goldberg.

#### Women 4 Women, Knitting 4 Peace

Women 4 Women, Knitting 4 Peace continues to grow. Iris November recently delivered completed projects to Project Hope, LakeHealth Hospital, and St. Paschal's Mission, all of which were happily and gratefully received.

If you knit or crochet and would like to participate, the group meets on the first Friday of each month at the Beachwood Library from 10-11:30 am. Upcoming meetings are October 5 and November 2. If you don't have supplies, they will be provided at your first meeting. For more information, contact Iris at 216.375.9111 or lbrtyclub@ gmail.com.



## Jewish Federation of Cleveland's Young Leadership Division Concludes Sixth "LEADS" Cohort

he Jewish Federation of Cleveland's Young Leadership Division (YLD) has just completed its sixth cohort for LEADS, a program designed to introduce young professionals, ages of 21-45, to YLD, the Federation and the greater Jewish community.

This year's cohort of 32 members was led by co-chairs Allison Brandon, Adam Hirsh, Mandy Kwait, and Jeremy Saham. Together, the group explored how they can most effectively put their skills, passion and expertise into action in a professional and volunteer capacity. Sessions focused on learning effective communication skills, how to use individual strengths in group settings, and the history of the Cleveland Jewish community.

Mandy, who participated in the program in 2013, noted that LEADS has proven to be an important pipeline of future leaders of Jewish Cleveland. "Nearly 70 percent of our current YLD board members are LEADS Alumni," she said. "LEADS provides a tremendous opportunity for young professionals to make connections with their peers and the professionals who lead the course."

The 2018 LEADS participants included: Shlomo Benzaquen\*, Anna Bolman\*, Stacey Friedman, Adam Glassman, Nate Goldfinger, Jared Goodman, Tori Gould, Andrew Kawalek, Toby Kaye, Ben Kohn, Mike Lash, Jonathan Lever\*, Andrea Levin, Claire Levin, Ryan Levine\*, lan Mendelsohn, Rachel Newman,

Jonathon Nisenboum, Sonya Nudel, Max Peltz, Crystal Pickus Selent, Rachel Robinson, Jeremy Rosen, Brandon Roytberg, Jason Schreibman, Avi Sher\*, Jake Simon, Matt Stahm, Betsy Tucker, Lily Wolf\*, Rachael Wood and Andrew York.

To become involved with the Federation's Young Leadership Division or for information about applying to the Summer 2019 LEADS cohort, please contact Leah Markowicz at lmarkowicz@jcfcleve.org or 216.593.2905, or visit www. jewishcleveland.org/yld.

\* Beachwood residents.

## Anti-Cancer Spice You Must Have in Your Kitchen

f I had to choose just one spice to have in my kitchen, it would be turmeric, a culinary spice that contains the powerful cancerfighting polyphenol curcumin. There are at least 30 published studies that show curcumin's ability to inhibit the growth of various cancers, including: bone cancer, breast cancer, brain tumors, colon, liver, pancreatic, stomach, bladder, kidney, prostate, leukemia, ovarian, melanoma and more.

Turmeric has been traditionally used in Asian cultures as an anti-inflammatory, anti-microbial, digestive aid, and liver tonic.

But now, researchers have found that curcumin can positively affect more than 100 different pathways once it enters the cell. If there was a drug that could do that, it would cost a fortune.

One of its greatest benefits comes from its ability to induce apoptosis (natural cell death) in cancer cells.

#### More benefits:

- Helps prevent angiogenesis (the growth of new blood vessels necessary for a tumor to grow)
- Helps destroy mutated cancer cells so they cannot spread throughout the body
- Helps to destroy cancer cells while promoting healthy cell function

The challenge becomes that our bodies are unable to absorb curcumin properly to get these important benefits.

So how do we make it more bioavailable? Mix it with black pepper (contains piperine, which has been shown to increase bioavailability by 2000%).



What are some ways to incorporate this anti-cancer spice into your diet?

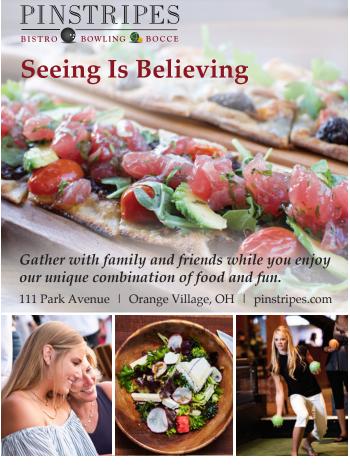
- Sprinkle turmeric powder on scrambled eggs or an omelet
- Add 1 to 2 teaspoons to soups
- Add 1 teaspoon to your favorite hummus
- Add to sautéed vegetables
- Take as a supplement (look for one with piperine or black pepper extract that has GMP (Good Manufacturing Practice) label on it. (I would also call the manufacturer to make sure it was tested for lead.)

#### **Golden Turmeric Tea**

- 1 cup coconut milk
- 1 cup water
- 3/4 tablespoon ghee (clarified
- 1 teaspoon turmeric mixed with black pepper to taste
- · Stevia to taste (I recommend Sweet Leaf Drops)
- In a small saucepan, combine coconut milk and warm through over medium heat, for about 2-3 minutes.
- Stir in ghee, turmeric and stevia. Warm until heated through, for about 2-3 minutes longer. Enjoy!

This information was provided by Hayley Dubin, Beachwood resident and cancer recovery coach. For more information, visit www.reVIVEwellness.com.







ords have power. They impact our thoughts, feelings and beliefs. Our selftalk directly impacts our confidence, our overall sense of well being and how we see ourselves in the world. It affects how we feel mentally and physically, and our ability to adjust to and cope with life. Anxiety, low self-esteem, feelings of incompetence and self-doubt grow from negative self-talk.

Self-talk is mostly automatic. Learning to become more aware of, and intentional with, the messages we tell ourselves provides opportunity to counter negative thinking with constructive thinking. It allows us to reframe and invalidate faulty, self-limiting or distorted beliefs.

Edmund J. Bourne, Ph.D., states that what we say to ourselves in response to any particular situation determines our mood, our feelings and our thoughts. This awareness, that we determine how we feel, is quite empowering. If we are responsible for how we think and feel about ourselves through our self-talk, we can change the script at any

time to improve our mood, build confidence, and strengthen our overall well being.

Bourne defines four types of negative self-talk:

- The Worrier promotes anxiety through catastrophic thinking, prediction of failure, or fear of embarrassment.
- The Critic promotes low-selfesteem through self judgement by filtering in and focusing on perceived flaws and weaknesses, as well as through comparison to others.
- The Victim promotes depression by perpetuating feelings of helplessness, hopelessness, and unworthiness of not being valued.

 The Perfectionist promotes chronic stress and burnout. They never see their accomplishments as enough. They strive for perfection (which does not exist), which creates anxiety, agitation and a deep sense of failure. There is a tendency towards black or white thinking, cognitive rigidity, intolerance of mistakes or of being human/flawed.

Positive self-talk is rational, wise minded, and flexible. It allows for the acceptance of duality (I can feel anxious and still do well. I can feel insecure and still be successful. I can feel uncertain and try anyways. I can feel overwhelmed and still be productive). It promotes resilience

(that didn't turn out as I had hoped but I can always try again or do something different). Positive self-talk strengthens our ability to manage expectations through the understanding that no one and nothing is perfect. Replacing negative self-talk with positive has been proven effective at easing sadness and lowering stress levels; and increasing positive self-awareness and productive coping skills.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativegrief.com, and sign up for monthly posts.

## **CCPL Offers Creativebug**

Cuyahoga County Public Library (CCPL) cardholders may now enjoy free access to Creativebug, a subscription-based digital platform that offers thousands of high quality creative classes taught by professional artists and design experts.

"Creativebug is an excellent resource for anyone interested in exploring their creativity or learning a new skill, and it's a perfect complement to our Innovation Centers," said Sari Feldman, CCPL executive director.

Creativebug, part of leading craft and fabric retailer JOANN, employs professional instructors with a range of skills to teach its classes - from quilting, to knitting, to painting, to party-hosting.

The Creativebug platform is an easy-to-use tool that offers unlimited inspiration to its users, and new classes, downloadable patterns, templates and recipes are released daily.

CCPL is the first public library to make Creativebug available free to its cardholders.

To learn more or get started, visit https://www.creativebug. com/cuyahoga and create an account using your library card number and PIN.

#### CCPL is the first public library to make Creativebug available free to its cardholders.

Libraries, schools and other organizations interested in corporate licensing can visit joann. com or contact Stephen Caution at Stephen.caution@joann.com for more information.

#### **CWRU Siegal Lifelong Learning Presents:**

## New York Times Columnist Roger Cohen

#### Crisis without Catastrophe: The Mysteries of TrumpWorld

From Israel to North Korea, President Trump has said and done things previously viewed as unthinkable. Severe, perhaps irreversible, damage has been done to America's standing, but the world has not gone over a

The event will take place at the Maltz Performing Arts Center on October 9, 7 pm. Cost is \$15/member of Siegal Lifelong Learning or \$25/ nonmember.

Registration is required. To register, visit www.case.edu/ maltzcenter/calendar or call 216.368.6062.

CWRU Siegal Lifelong Learning also presents:

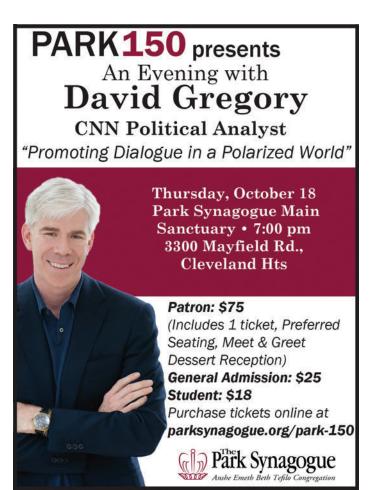
#### **Professor Robert Watson** Truman and Israel

Thursday, October 11 • 7 pm \$15/members of Tifereth Israel/ Maltz Museum or Siegal Lifelong Learning or \$25/nonmembers.

#### The Ghost Ship of Brooklyn

Friday, October 12 • noon - 2 pm \$25/members of Tifereth Israel/ Maltz Museum or Siegal Lifelong Learning; \$35/nonmembers. Lunch is included.

Registration is required for both programs. To register, visit case.edu/lifelonglearning or call 216.368.2091.









917-748-9255 Jill@personalstyletherapy.com • personalstyletherapy.com

## JCC Men's Club

The JCC Men's Club offers its members the chance to socialize, meet new friends, and take part in discussion groups every Monday morning from 11 am to noon.

Community gentlemen are invited to enjoy coffee and presentations by interesting speakers.

#### Monday, October 8

at Mandel JCC

Speaker: Harvey Snider, past president, Cuyahoga Alcohol Drug and Mental Health Addiction Services Subject: Improving Lives, Well-

**Subject:** Improving Lives, Wellness, Recovery & Independence

#### Monday, October 15

at Beachwood Library Rap session or speaker to be announced.

#### Monday, October 22

at Mandel JCC

**Speaker:** Joe Polivoi, member **Subject:** Using your Imagination

#### Monday, October 29

at Mandel JCC

**Speaker:** Heather Taylor-Miesle, director, Ohio Environmental Council

**Subject:** Environmental Issues in Ohio

## Free Balance Screenings

Tuesday, October 9 Friday, October 19 Tuesday, October 23 Wednesday, October 31

Menorah Park's Peter B. Lewis Aquatic & Therapy Center is offering free balance screenings to help you reduce your risk of falling. Screenings are offered throughout the day on the above-listed dates.

To schedule your free screening or for more information, call 216.595.7345.

## 47th Annual ORT Brunch

enneth B. Liffman will receive the 2018 Maimonides Award for Outstanding Community Service at the ORT America – Ohio Region's 47th Annual Brunch, Sunday, October 28, 9:30 am, at Executive Caterers at Landerhaven.

The Maimonides Award for **Outstanding Community Service** is named for the 12th Century Jewish philosopher Rabbi Moses ben Maimon, commonly known as Maimonides. One of his most influential writings was his delineation of The Levels of Charity, saying the greatest level is to help people before they become impoverished, while maintaining their dignity by investing in their independence through providing a gift or loan, an education, or helping them find employment until they can become self-sufficient.

The brunch will also include the presentation of the 1st Annual Robert Sill Leadership Award to Todd E. Gurney. This award was created by the Sill family in memory of longtime ORT leader Robert Sill, who passed away this summer. The award provides support to a deserving ORTist, so that he/ she can experience Bob's great passion: visiting an ORT school.

"We are pleased to honor both Ken and Todd at this year's Brunch," said Greg Marcus, president of the ORT Ohio Region. "Ken has made valuable contributions to both ORT and the entire community in many ways. His involvement in many organizations, including the Maltz Museum of Jewish History, the Jewish Federation of Cleveland and InMotion, are just a few examples. The impact of his dedication and commitment to the greater community can be felt in many important community institutions. Todd is

new to ORT, but he has already made exceptional contributions to our success, working on this year's Jurisprudence Awards. We are delighted to be able to recognize his efforts with this new award, and we feel confident it will help him learn even more about the important work of ORT schools around the world."

Event co-chairs are Daryn and Kevin Adelstein, Peggy Zone Fisher and Hon. Lee Fisher, Suellen and Larry Kadis, and Joan and Chuck Whitehill.

Proceeds from the 47th Annual ORT Brunch will be split between two very important programs, the renovations of the Science Building at Kfar Silver Youth Village in Israel and ORT Argentina.

## Programs at The Gathering Place

The Gathering Place is a cancer support center that provides free programs and services to help individuals and their families cope with the emotional, physical, spiritual and social impact of a cancer diagnosis. Programs include support groups, a lending library, information and resources, hands-on cooking classes, exercise classes, a free wig for women dealing with hair loss from cancer treatment, programs for children and teens, lectures and workshops, massage, tai chi, yoga and Reiki and grief support programs.

To learn more about how The Gathering Place can help you, visit www.touchedbycancer.org. The Gathering Place is located in Beachwood and Westlake. The Beachwood address is 23300 Commerce Park. All programs listed are in Beachwood and require advance registration unless noted. Call 216.595.9546 to register.

#### Family Drumming for Families Who Have a Child or Teen Diagnosed with Cancer

Saturday, October 6 10:30 am – 12 pm

Drum your emotions and enjoy healthy snacks. Take a tour of The Gathering Place. Drums provided. No drumming experience necessary.

## Life After Cancer Treatment Support Group

Thursday, October 11 6:30 – 8 pm

#### Group for Women with Metastatic Breast Cancer

Tuesday, October 16 6:30 – 8 pm

#### **Art for Relaxation and Self-care**

Tuesday, October 16 • 2 – 3:30 pm A program for individuals who

have been diagnosed with cancer or have a loved one who has been diagnosed with cancer. Create a mandala hanging with colorful varns and other materials.

#### Insurance and Healthcare: Grrrrr, Why Is It So Complicated?

Tuesday, October 16 6:30 – 8 pm

Get your questions answered about health insurance and open enrollment for Medicare.

#### **Grief, When Will It End?**

Wednesday, October 17 11 am – 12:30 pm

A group for adults who have experienced the death of a loved one from cancer more than a year ago.

## Medicare Open Enrollment Begins October 15

Director Jillian Froment says now is the time to compare Medicare plans, and there is free help available at statewide Medicare Check-Up Day events

As the 2019 Medicare open enrollment period approaches, Jillian Froment, director of the Ohio Department of Insurance (ODI), encourages those on Medicare to review their drug and health insurance coverage options and select a plan that fits their needs and budget. The Ohio Senior Health Insurance Information Program (OSHIIP), a division of ODI, will host Medicare Check-Up Day events throughout the state to help consumers compare and select the best plan that meets their unique needs. Medicare Open Enrollment for 2019 runs from October 15 through December 7.

"Medicare Open Enrollment is a once-a-year opportunity for Ohioans who are enrolled in Medicare to compare plans and find one that fits their needs at a price that's right for them," said Froment. "Medicare health and prescription drug cost-sharing can vary between plans for the same drug or service, so it is important to look at your options each year and make changes if necessary."

Before making any changes to an existing health plan, it is important for Ohioans who are Medicare eligible to know what their current coverage provides and compare that to available choices offered, including the benefits, cost of premium, and out-of-pocket costs. Consumers should also confirm that their physicians participate in the plan they select.

During Medicare's annual open enrollment, Ohioans can:

- Stay on or return to Original Medicare and shop for a stand-alone Part D prescription drug plan.
- Select a Medicare Advantage

Plan, which provides comprehensive health benefits that typically include drug coverage.

- Determine if their existing coverage will continue to meet their health insurance
- · Learn more about recent Medicare plan changes and financial assistance programs that help pay prescription drug costs and Part B premiums.

#### **Protecting Against Fraud** and Identity Theft

Froment advises Ohioans to be aware of predatory sales practices during open enrollment. The Ohio Senior Medicare Patrol (SMP) will be present at Check-Up Day events to encourage Medicare enrollees to protect their Medicare card, and explain how to detect fraudulent behavior and how to report issues. If a consumer suspects wrongdoing, they should call the department's Fraud and Enforcement hotline at 1.800.686.1527 or the SMP at 1.800.488.6070.

To view a complete listing of Medicare Check-Up Day events, visit OSHIIP's Medicare Check-Up and Annual Enrollment page at www.insurance.ohio.gov/Consumer/OSHIIP/SitePages/Check-UpDays.aspx.

Those unable to attend a Medicare Check-Up Day event can obtain information by calling OSHIIP at 1.800.686.1578, Monday through Friday, 7:30 am to 5 pm; or Medicare at 1.800.MEDICARE (1.800.633.4227), 24 hours-aday, seven-days-a-week. Information may also be obtained at www.medicare.gov.





I'm here to help.



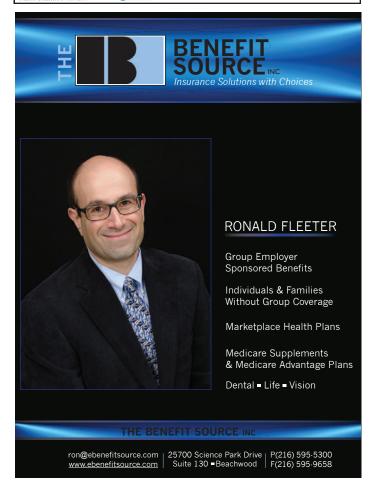
- Small Business
- Self-Employed
- Individuals and Families

Please Call Today for an Appointment 216.292.8700

**Dave Cunix** Certified Senior Advisor Certified Long Term Care

#### Cunix Insurance Services

6690 Beta Drive, Suite 212 • Mayfield Village, OH 44143 dave@cunixinsurance.com • www.cunixinsurance.com



## Programs at the Beachwood Library

#### Cleveland Orchestra **Music Study Group**

Tuesdays, September 25 -November 13 • 1:15 - 2:45 pm

Explore current concert music performed by The Cleveland Orchestra at Severance Hall through informal lectures and guided listening. Classes, designed for both new and experienced music lovers, are led by Dr. Rose Breckenridge. Cost for Fall session only is \$50 and includes the Listening Guide, a specially prepared booklet of program notes and themes for featured compositions. For more information, call the Orchestra's Education & Community Programs Office at 216.231.7355 or visit www.clevelandorchestra. com/about/education/adults. aspx. Presented by The Cleveland Orchestra in partnership with Cuyahoga County Public Library and Friends of Beachwood Branch.

#### Meet Author Evan Fallenberg

Monday, October 1 • 7-8:30 pm Stonewall Book Award and **Edmund White Award winner** Evan Fallenberg will visit to discuss his new novel, The Parting Gift. Evan is the author of three novels, including When We Danced on Water and the Stonewall Book Award winner, Light Fell. His latest, The Parting Gift, is a compelling page-turner that challenges our definition of masculinity and explores the various roles that men take upon themselves in today's society as fathers, sons, lovers, Israelis, or Palestinians. Originally from Cleveland, Evan currently resides in Israel and teaches at Bar-llan University in Tel Aviv. Books will be available for purchase and signing courtesy of Mac's Backs Books on Coventry.

#### **Zygote Press: Monotype Screen Printing with Paper Stencils**

Wednesday, October 3 6:30 - 8:30 pm

Get an overview of monoprinting and screenprinting. With use of a silkscreen and paper, participants will cut and arrange shapes and print them through a screen. This class is all about experimenting and having fun with materials. Each student will make at least one final piece to take home. Registration is required. (Participants must complete a Release and Hold Harmless form.)

#### **Dance Therapy**

Friday, October 5 • 2 - 3 pm Join Dezi Marlow from D.A.N.C.E. Therapy Services for a nontraditional, creative approach that encourages each participant to embrace who they are by accepting the positive things that they can contribute to society. This is a 4-week series that focuses on a different theme each week - confidence, resiliency, motivation and happiness. There is no prior dance experience needed for this program.

#### **Global Cleveland: Immigration** Series – Visas Basics

Thursday, October 11 • 7 - 8 pm. (Part of a three-part series.) The US immigration laws can be complex and confusing. Have you ever wondered about the different visas out there and what each one means? Come find out. Presented by Susan J. Blumenthal, Esq., HSUS District Leader Volunteer, Ohio 11th District. Registration required. Call 216.831.6868 for more details.

#### **Hebrew Storytime**

Wednesday, October 10 • 4 pm

Enjoy stories and songs in Hebrew and English. Presented in collaboration with the Jewish Education Center of Cleveland.

#### Through the Eyes of the Artist -Alphonse Mucha

Friday, October 12 • 10 - 11 am

Art historian Felicia Zavarella Stadelman returns with her popular series on the lives and works of beloved artists. Unforgettable images of enchanting women, streaming hair and flowing fabrics, Alphonse Mucha's work epitomizes the Art Nouveau Movement, and yet his name is barely known. He felt that art should serve as language to the viewer. Presented by the Friends of the Beachwood Public Library. Registration preferred.

#### **Erie Heights Brass Ensemble**

Thursday, October 18 • 7 - 8 pm The Erie Heights Brass Ensemble plays a wide variety of music from the baroque and classical to contemporary and popular, including jazz and swing. The ensemble is a brass sextet of two trumpets, horn, trombone, euphonium, and tuba. They play a wide variety of music from the baroque and classical to contemporary and popular, including jazz and swing.

#### **STEAM Tuesdays: Fall Science**

October 2 • 4 pm • Grades 2 to 5 Explore the wonders of fall with fun experiments.

#### **Chinese Storytime**

October 6 and 20 • 10:30 am **Families** 

Enjoy, songs and rhymes in Mandarin Chinese and stay for a craft and playtime after. Presented in cooperation with the Chinese Language and Culture Center.

#### **Friday Family Fun: Pumpkin Party!**

October 19 • 10:30 am Ages 2 to 6 with a caregiver

Celebrate fall with a pumpkin party. Enjoy stories, create crafts and explore the wonderful world of pumpkins.

#### **Magic Treehouse Club: Ghost Town at Sundown**

October 25 • 4 pm • Grades 1 to 4 Travel with Jack and Annie on magical adventures through space and time. This month's discussion will be based on Ghost Town at Sundown. Enjoy games, crafts and activities.

#### **National Chemistry Week: Chemistry is Out of This World**

October 27 • 2 pm • Grades 2 to 6 Enjoy hands-on activities that let you get close to the action. Led by volunteers from the American Chemical Society.

#### **Storytimes:**

#### **Toddler Storytime**

Mondays at 4 pm and Wednesdays at 10 am Ages 19-35 months with a caregiver

Enjoy books, rhymes, songs and fingerplays.

#### **Baby & Me Storytime**

Tuesdays at 4 pm and Thursdays at 10 am Caregivers and their babies from birth - 18 months

Enjoy rhymes, songs, fingerplays and books perfect for baby.

#### **Preschool Storytime**

Wednesdays at 1:30 pm Ages 3-5 not yet in kindergarten and their caregivers

Enjoy stories, books, rhymes, songs and fingerplays with your little one.

#### **Pajama Party Storytime**

Wednesdays at 6:45 pm Ages 19 months – 5 and their caregivers

Wear your PJs and enjoy stories, songs and fingerplays

Registration is required for all programs except storytimes. To register, please call 216.831.6868 or visit cuyahogalibrary.org.



## Noted Genealogy Researcher Lara Diamond to Speak on DNA Testing

n Sunday, November 11, the Jewish Genealogy Society of Cleveland and Siegal Lifelong Learning of CWRU will co-sponsor two presentations by genealogy researcher, speaker and blogger Lara Diamond. The event will be held at Siegal Lifelong Learning, 25700 Science Park Drive, Beachwood, from 1:30 to 4 pm.

In the first session, "DNA 101," Diamond will share insights on how to use genetic testing for genealogical research, citing various types of tests available (including autosomal, yDNA and mtDNA). She will also explain the types of genealogical questions, that each test can help answer how each company presents results, the strategies for transferring results from one company to another, and how to benefit from each. The first session runs from 1:30 to 2:30 pm.

The second session, "Sorting **Out Distant Cousins from Close** Family; Genetic Testing in Cases of Endogamy," focuses on researching endogamous populations such as Ashkenazi Jews, Native Hawaiians and Cajuns who have

married in a closed group for generations. As many family researchers have discovered, the work of identifying actual relatives from the mass of genetic distantly-related family can be daunting. Drawing on case studies, this lecture explains how you can have success in this situation. The second session runs from 3 to 4 pm. There will be a refreshment break from 2:30 to 3 pm.

Both sessions will be free for members of the Jewish Genealogy Society of Cleveland and/or Siegal Lifelong Learning. Non-members will be charged \$10 for both sessions, or \$5 for a single session.

Lara Diamond has been researching her family for more than 25 years, since she was too young

to have a driver's license and had to rely on her mother as chauffeur. She has traced all branches of her family back to Europe and multiple generations back in Europe using Russian Empire-era and Austria-Hungarian-Empire records. Most of her research is in modern-day Ukraine, with a smattering of Belarus and Poland. Her successes include reuniting with family branches thought killed in the Holocaust.

Diamond is president of the Jewish Genealogy Society of Maryland, leads JewishGen's Subcarpathian Special Interest Group, and is on the JewishGen's Ukraine SIG's board of directors. She also runs multiple district- and town-focused projects to collect documentation

to assist all those researching ancestors from common towns. She blogs about DNA and her Eastern European research at http:// larasgenealogy.blogspot.com.

Most recently, Diamond spoke at the 2018 International Association of Jewish Genealogical Societies (IAJGS) Conference held in Warsaw, Poland. Next year's international conference is scheduled to be held in Cleveland from July 28 to August 2.

For more information and to register, contact the Siegal Lifelong Learning Program at lifelonglearning@case.edu or 216.368.2091. Information can also be found at www.case.edu/ lifelonglearning. Advance registration is required.



## Thank you **Beachwood**

Because of your support, Beachwood Buzz is 22 years old, and there are still a lot of stories to be told! If you have a story idea, please email it to beachwoodbuzz@gmail.com. Those who send in qualified leads will receive a bag of coffee and a Beachwood Buzz coffee cup, because Beachwood Buzz is the buzz that lasts!



## Who's Buzzin' in Beachwood?

## by Arlene Fine

## Beachwood Public Safety Center Opens!

Full story starts on page 7.



Mark Beilstein, Noah Beilstein and Noah Isaacson



Stephen Crook with sons Aiden and Sean



Sandi and Mayor Martin Horwitz with grandson Sam Besser



City Council member Eric Synenberg with sons Ari and Noah



Mayor Martin Horwitz and Fire Chief Patrick Kearns cut the ribbon



Tayloria Anderson, former Mayor Merle Gorden and City Council member June Taylor



Samantha Svoboda, Gianna Balog and Jacob Balog



City Council member Barbara Bellin Janovitz welcomes Dalmatian visitors



Tony and Charlotte Srithai with sons Isaac and Patrick



City Council president Brian Linick and City Council members June Taylor and Justin Berns



Geoff and Laurel Hoffman with sons Jeff and Ezra

Karen White, Alexia Roush and Laura Roush

## Block Party Fun

esidents who live on East Silsby Road between Beachwood Blvd. and Lyndway enjoyed a friendly, old-fashioned block party complete with pizza, glazed donuts, salads, a visit by the Beachwood Fire Department and plenty of family-friendly fun and games.



Farzaad Taj



Jen, Rylee, Rob, Evan and Colin Tew



Charlotte White, Katie Roush and Harper Hawrylak



Shoshana and Bayla Socher



Maya and Shira Elmalich

## 2018 Beachwood Athletic Booster Bash

here were plenty of gold and white balloons when parents, coaches and school staff gathered in the Beachwood High School Community Room for the annual Booster Bash. The evening included a silent raffle, catered dinner, socialization and a talk by sports psychologist, David Udelf. The Boosters is a parent volunteer organization dedicated to supporting the Beachwood athletic programs in grades K-12. Event chair Sam Malek thanks the community for its turnout and generous support.



Beachwood Boosters president Scott Spero, Marla Petti and Sam Malek



Jen Alexander, Sherrie Kantarovich, and newly-appointed Beachwood School Board member Jamie Elwell



Rana Brown, TJ Schmidt, Dana Berkley



Julie Brough, Faryl Doughty, Tony Srithai, Linda LoGalbo



Lindsay and Jason Miller



Tony Alexander and **Brigette Wilson** 



Beachwood athletic director Ryan M. Peters, BMS boys head basketball coach Eric Venson, and BHS head girls basketball coach Grant Wilson



BHS assistant baseball coach Will Rivera, BHS head baseball coach Andy Pohl, and BHS assistant baseball coach Dennis Markiewicz

## BEACHWOOD "BUZZ"NESS DIRECTORY

#### CLEANING SERVICE

Serving this area for over 20 years.
We furnish all supplies. Married couple. Impeccable references.
Reasonable rates. Bonded.
Call Maid Convenient
Days 440.213.0850

Eves/Weekends 440.234.0745



ELECTRICAL INNOVATIONS, LLC

Residential • Commercial • Service

P.O. Box 1144 Willoughby OH 44096 440-251-0084

mike@electrical-innovations.com

## HANDYMAN

Morry The Handyman

I Fix Things Around Your House

Fix Things Around Your House
So You Don't Have To

- Home Violation Repair
- Electrical
- Plumbing
- "Honey-Do" Lists
- and more...

Morry Barron (216) 410-1617

 ${\bf Morry@MorryThe Handyman.com}$ 



#### HEATING AND COOLING

#### **ARCO Comfort Air, LLC**

- Heating
- Cooling
- Duct Cleaning
  - Plumbing

216-487-1437 WWW.GOARCO.COM



#### HOME CARE



We Employ Amazing Caregivers & Companions! Call The Plotkin Family — A Tradition of Caring

216-752-2222

#### HOME INSPECTIONS



## Old Blue Home Inspections

Radon Testing Termite Inspections Comprehensive Home Inspections

Let Old Blue work for You



#### LANDSCAPING



Design • Build • Maintenance
Patios • Retaining Walls • Lighting
Residential • Commercial • Industrial

216-276-4740

Licensed • Insured

#### MAINTENANCE

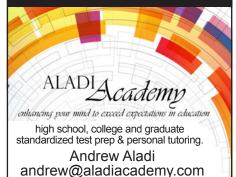
#### NEVER WORRY ABOUT YOUR HOME AGAIN

Scheduled monthly maintenance for your home.



graywolfresidential.com • 216.831.3200

#### MASTER EDUCATOR



#### **PAINTING**

#### DETAIL PAINTING CO.

- Ceilings Walls Woodwork
- Wall Paper Removal/Hanging
  - Staining & Trim Work
  - Plaster & Drywall RepairSenior Discount

440-897-4600 "DETAIL Makes The Difference"

#### PAINTING

## Rent-A-Mensch

Painting and Home Maintenance
Making your "Oy Vey's" Go Away

Quality Workmanship at an Affordable Price Let us Help You Complete Your Home Projects!!!

Craig 440-220-1566

443-739-4141

#### PET SERVICES Pet Lodge USA of Beachwood.com 23370 Mercantile Rd 216-342-4652 · Beachwood's Pet Resort Staffed 24/7 · Veterinarian endorsed CHECK · 7-day Check-In and Check-Out · Flagship location with themed villages • Indoor dog exercise track in park setting Tours available anytime during business hours. Lobby Hours 3-7pm Sunday 7am-noon & 3-7pm Monday-Friday 7am-noon Saturday





## UPSCALE RESALE



Clothing, furs, leathers, bags, jewelry and accessories. Mandel Jewish Community Center 26001 S. Woodland Road • Beachwood www.ncjwcleveland.org/ddd www.facebook.com/DDDCleve

#### SENIOR CARE SERVICES

#### Rent a Daughter LLC

**Nadine Glatley** 216-633-3604

"Giving Families Peace of Mind"

We can be there when you can't, whether your loved one is at home or in an assisted living facility

rentadaughter.org

#### TRANSPORT SERVICE

## **JAX \$35 AIRPORT LIMO**

\$35 one way CLE Lincoln Town Car Service at UBER price!

price per ride, not per person

440-318-5453

#### TRANSPORT SERVICE

**WESLEY'S AMAZING** AIRPORT TRANSPORT \$40 SPECIAL TO CLE **HOPKINS AIRPORT** 

MUST PRESENT AD OFFER EXPIRES 10/31/2018

> 216-355-6293 440-944-5308

#### WINDOW CLEANING



EXPERT WINDOW CLEANING Skylites • Mirrors • Inside/Out

PRESSURE WASHING

Decks • Patios • Walkways • Siding • Roofs

**GUTTER CLEANING & REPAIRS** CHANDELIER CLEANING • DRYER VENT CLEANING SAME DAY WINDOW SCREEN REPAIR

#### **FREE ESTIMATES**

EMAIL ADAM GRAY AT RSHOMESERV@YAHOO.COM Serving Beachwood and Surrounding Areas Since 1984

## 5th Annual ORT Mahj & Canasta Night set for November 1

#### **Proceeds support students** around the world

ORT Ohio's 5th Annual Mahj & Canasta Night is set for Thursday, November 1, 6pm, at The Club at Hillbrook, Chagrin Falls. Mahj and canasta aficionadas will come together for an evening of dinner and games, and the opportunity to win valuable prizes to support educational programs for ORT students around the world.

"Everyone who has attended ORT's Mahj & Canasta Night has had a great time and always asks when the next Mahj Night will be," said ORT Ohio board member Tammy Brosse of Solon, who has chaired the event since it began. "Bring your friends and have a nice ladies night out with a complete dinner and a chance to win great prizes."

Since its 2014 inaugural event, ORT's Mahj & Canasta Night has seen an enthusiastic following of women who love the art of the game and who appreciate the fun, social gathering as a way to celebrate the game together.

Event tickets can be purchased through the ORT Ohio website at www.ORTamerica.org/ohio, or by calling the ORT office at 216.464.3022.

Ticket prices are \$36 (early bird registration, by October 22) and \$40 (after October 22). The ticket price includes a complete dinner, non-alcoholic beverages, and the opportunity to purchase raffle tickets to win prizes.

For more information, contact Ohio Region associate director Yael Amitz-Lev Sperber at 216.464.3022 or vsperber@ORTamerica.org.





# UH mammograms save lives.

A yearly mammogram at UH can help detect cancer before it spreads. As the region's leader in breast health, UH offers the most mammography screening locations across Northeast Ohio.

## Schedule an appointment near you. Call 216-302-0526 or visit uhhospitals.org/schedulemammogram.

UH Ahuja Medical Center 3999 Richmond Road Beachwood, OH 44122

UH Broadview Heights Health Center 5901 East Royalton Road Broadview Heights, OH 44147 UH Bedford Medical Center A campus of UH Regional Hospitals 44 Blaine Avenue Bedford, OH 44146

UH Chagrin Highlands Health Center 3909 Orange Place Beachwood, OH 44122 UH Richmond Medical Center A campus of UH Regional Hospitals 27100 Chardon Road Richmond Heights, OH 44143



The science of health. The art of compassion.