

Beachwood Buzz

November 2018

Every Resident. Every Business. Every Month.

MAGAZINE

BHS GRAD'S CAREER TAKES OFF BIG TIME FLYING WORLD'S LARGEST PLANE



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Letter from THE EDITOR

By Debby Zelman Rapoport

Thanksgiving is just around the corner. The temperatures have dropped, and nature has provided a beautiful backdrop on which we may feast our eyes. This is a special time to digest the beauty around us and reflect on our appreciation.

When we live with the attitude of “I get to” instead of “I have to,” it’s easy to feel thankfulness daily. Each day we have 86,400 seconds or 1,440 minutes to fill. As a painter, I view this as starting with a blank canvas each day, with choices about how to best create a unique painting.

Will today’s creation be something you want to exhibit and look back on with pride and heartfelt gratitude? Will it be placed in a closet and dusted off on occasion to recollect the memories? Or will it be something you want to trash?

Our lives are a compilation of the choices we make, and our attitudes and egos help guide these choices. I’m aware that everything in life isn’t always rosy, but no matter the circumstances, we each have the power to choose a frame of mind that will make the best of any situation.

Here’s some food for thought about gratitude. I encourage you to contemplate each of these messages and to consider how they may fit into your own belief system. We are shaped by our thoughts and become what we believe.

- ❖ Enjoy the little things, for one day you may look back and realize they were the big things.
– Robert Brault
- ❖ Acknowledging the good that you already have in your life is the foundation for all abundance.
– Eckhart Tolle

- ❖ Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.
– Oprah Winfrey
- ❖ Gratitude is a currency that we can mint for ourselves and spend without fear of bankruptcy.
– Fred De Witt Van Amburgh
- ❖ Things turn out best for people who make the best of the way things turn out.
– John Wooden
- ❖ Gratitude and attitude are not challenges; they are choices.
– Robert Braathe
- ❖ You cannot do a kindness too soon because you never know how soon it will be too late.
– Ralph Waldo Emerson

A few weeks ago, I shared a post on Facebook to ask what readers are grateful for, and here are some responses:

- ❖ For health, family, friends and freedom.
- ❖ For almost everything – home, career, retirement, art, nature, music, education, lifestyle, religious upbringing, clean water, food, infrastructures, etc.
- ❖ For all the fantastic relationships in my life.
- ❖ For the ability to embrace change and grow as a person.
- ❖ For never giving up!

- ❖ For every day to be celebrated and filled with love, joy and caring for others.
- ❖ For the warmth of the sun on a summer day.
- ❖ For change, new beginnings, and still believing in the truth.
- ❖ For the support of loved ones.
- ❖ For feeling grateful and believing in myself.
- ❖ For celebrating Thanksgiving with family and dear friends over the bounty of harvest. The making of new memories, remembrances of those who have passed and acknowledging gifts of our individual lives.

Additional comments from Beachwood residents include:

- ❖ I am grateful that I’m alive after all my traumas and that my family is healthy, kind hearted and educated.
– Harriet Zelman
- ❖ I am grateful for the brave women (and men) who have the grace, strength and courage to stand up for what they know is right, to the benefit of us all. It’s never easy.
– Jen Stern
- ❖ I am thankful for my loving family, and that I will be celebrating three years of surviving a lethal brain-cancer diagnosis.
– Andy Simon

- ❖ I’m grateful to live in a true community, something worth making an effort to maintain.
– Char Nance
- ❖ I’m grateful to live in this country. In spite of its flaws and challenges, the US is still a great place. Our society has demonstrated an ability to overcome its challenges throughout history and will continue to do so.
– Jared Schnall
- ❖ I’m grateful to have taken over Thanksgiving dinner. Last year, I collected beautiful things from nature, which were used to create centerpieces on my main table. I look forward to doing the same this year.
– Jan Kirschenbaum

In Jen Stern’s column on page 14, she wrote, “All of us have the power to turn our lives into something really beautiful. Something to be proud of. Something meaningful. We often wait to be healthy, wealthy, a certain size or to find true love before we start living instead of embracing our imperfect, flawed lives.

Embrace your life and use your power – and as you create today’s painting, take time to consider all that makes you grateful and your creation is sure to be a fine work of art.



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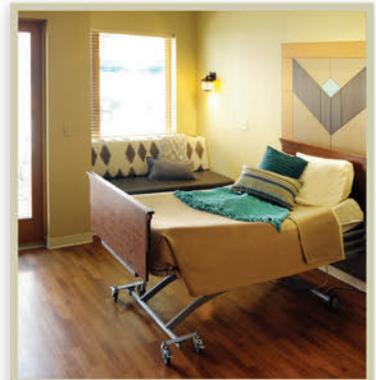
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Beachwood Buzz

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Buzz

MAGAZINE

BHS Grad's Career Takes Off Big Time Flying World's Largest Plane



Anthony Sapell's extreme humility is a striking match for the enormity of the plane he flies and the substantial tasks he's assigned. He co-pilots the C-5 Galaxy, a military transport plane that is the largest in the U.S.'s arsenal and one of the biggest planes in the world. The military heavily depends on its ability to deliver tanks, helicopters and other necessary cargo to distant shores.

Story, written by June Scharf, begins on page 7.
Cover photo and inside lead photo by Major Brian "Action" Jackson.



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2016
Beachwood Chamber of Commerce
Business of the Year

Corrections:

In last month's article about the the LGBT Community Center of Greater Cleveland, information about the Maltz Foundation should have read:

Impressed with its mission to enrich the lives of LGBTQ+ people and inspired by The Milton and Tamar Maltz Family Foundation's investment in The Center's future and state-of-the-art facility (set to open in 2019) with a \$500,000 challenge grant to establish the facility endowment fund, Jason wanted to help expand its reach and impact.

For more information about The Center, visit www.lgbtcleveland.org.



The caption on this photo, taken at the opening of the Beachwood Public Safety Center, was incorrect. Pictured from left are Geoff, Noah, Ezra and Laurel Hoffman.

Letter to the Community

2018 STATE REPORT CARD

Dear Beachwood Community,

The Ohio Department of Education recently released its 2018 state report card for our district. The state report card provides information about, and/or grades schools on a variety of measures.

Beachwood City Schools earned:

- "A" for Overall District Grade
- "A" for Overall Grade for each of our schools – BHS, BMS, Hilltop and Bryden
- "A" for District Progress – the measure of how much growth Beachwood students demonstrated over three academic years
- "A" for District Gap Closing – the measure of how well various student populations are performing (e.g. by racial or socioeconomic demographics, English learners, students with disabilities)
- "A" for Graduation Rate

We are proud of our students' performance on the state's required tests and appreciate our staff's efforts to prepare them for these rigorous exams. The report card's many distinct measures point to areas of tremendous success for our students and teachers and areas where we will continue to make efforts to improve.

The value Beachwood's community places on education is the foundation for our work and our success. Thank you for your continued support of our school system.

Find Beachwood's 2018 State Report Card on the Ohio Department of Education's website: <https://reportcard.education.ohio.gov/>.

Best wishes,

Dr. Robert P. Hardis
Superintendent

The value Beachwood's
community places
on education is the
foundation for our work
and our success.

Beachwood Drama Department presents "Peter and the Starcatcher"

Beachwood High School Auditorium

Friday, November 16 • 7:30 pm • Saturday, November 17 • 7:30 pm • Sunday, November 18 • 2 pm

Tickets (available at the door) are \$12/adult, \$10/senior, \$8/student.

Beachwood City Schools' Drama Department is proud to present its inaugural fall play, "Peter and the Starcatcher." this Tony-award-winning production is the first play created under the district's newly-revived theatre program.

Helmed by the directing team behind last season's hit spring musical, FAME, Patricia K. Haynish and Robb Sapp bring to life this century-old story of how a miserable orphan comes to be the boy who would not grow up (a.k.a Peter Pan).

This production, a wild theatrical adaptation of Dave Barry and Ridley Pearson's best-selling

novels, will delight audiences of all ages. From marauding pirates and jungle tyrants to unwilling comrades and unlikely heroes, Peter and the Starcatcher playfully explores the depths of greed and despair; the bonds of friendship, duty and love; and the exhilaration of thrilling adventure!

The cast features Ari Sokol,

Zach Harf, Joelle Rosenthal, Jordyn Zawatsky, Jonathan Slain, Isaac Kantarovich, Maya Neyman, Tyler Pohlman, Lorenzo Tavanche, Zeiah Lawniczak, Alika Ogor, Jack Brewer, Joe Spero, Sarah Friedman, Shivani Rajgopal and Paisley Truitt.

For more information, call 216.831.2080, ext. 106.



Pictured from left: Zachary Harf as the infamous Blackstache and Ari Sokol as Peter.

BHS GRAD'S CAREER

TAKES OFF BIG TIME

FLYING WORLD'S LARGEST PLANE



By June Scharf

Anthony Sapell's extreme humility is a striking match for the enormity of the plane he flies and the substantial tasks he's assigned. He co-pilots the C-5 Galaxy, a military transport plane that is the largest in the U.S.'s arsenal and one of the biggest planes in the world. The military heavily depends on its ability to deliver tanks, helicopters and other necessary cargo to distant shores.

Does any of this scare him?

"No, only spiders do."

In a conversation on the tarmac at Burke Lakefront Airport during the 2018 Cleveland Air Show on Labor Day, the 2012 BHS graduate shared his journey to reach the cockpit of this crazy aircraft. To be clear, the scale and power of the plane dwarfs everything else in the air. Introduced around 45 years ago, it symbolizes "the might and majesty of the United States Air Force," according to a noted Air Force historian. See sidebar for further details.

The 24-year-old first experienced the Cleveland Air Show when he was three years old. He was given a chance to sit inside the cockpit of a model plane used for Air Force recruiting purposes. Their tactics worked – Sapell vividly remembers the exposure and was soon smitten.

"I was inspired to fly by going to the Air Show every year when I was little," he fondly recalls.

The tall, soft-soften, but intense and thoughtful airman received plenty of support from his father, Michael, who had a private pilot's license and flew single-engine planes with some infrequency.



By ranking number one in the flying portion of his second and final phase of flight training, his wish was granted: the C-5, a very popular (and competitive) choice.

Above: Anthony Sapell as a three year old attending the Cleveland Air Show with his father, which fueled a lifelong interest in flight. Photo by Michael Sapell.

Below: Sapell as a 24 year old in the cockpit of the C-5 with the plane's nose lifted, offering an entry and exit point. Photo by Roy Minoff.



With his sights trained on the U.S. Air Force Academy in Colorado, north of Colorado Springs, Anthony worked hard to achieve acceptance, which was around nine percent of all applicants when he pursued admission. He had over a 4.0 GPA in high school and received letters of recommendation from Senator Sherrod Brown and Congresswoman Marcia Fudge.

After graduating from the Academy with a B.S. in aeronautical engineering, Sapell spent one year in flight-training school. During that time, he earned his "jump wings" patch by leaping out of a plane alone five times. His uniform also features a 22nd Airlift Squadron patch that depicts a mule, playing on members' nickname of "mullies" since they carry cargo everywhere.

After this training, graduates are assigned to an aircraft.

"You name your choices, but class rank determines whether you get what you want."

By ranking number one in the flying portion of his second and final phase of flight training,

his wish was granted: the C-5, a very popular (and competitive) choice.

Aside from it's being a "really cool plane," he says that it offers "an awesome lifestyle," where the flight crew often jets off to desirable destinations, such as Hawaii on his first mission, and other distant shores like Guam and Japan – places with beaches, he notes with satisfaction.

What's also appealing is that work associated with this aircraft is relatively safe, behind the frontlines of combat.

"Our missions do not place us on the spearhead."

When not assigned to a mission, he is stationed for the next four years at Travis Air Force Base, east of the Sonoma Valley in northern California. During these stretches, he essentially has a desk job, 8 a.m. to 4:30 p.m. with weekends off.

When the four-year time period ends, his career path will be determined by what the Air Force's needs are. Another option he can consider is returning to pilot-training school to teach

others how to fly. He is currently serving the first year of a 10-year commitment, after which he can leave active service or remain for another 10 years to receive a full pension.

Sapell admits that he has a definite "need for speed," and he fulfilled those urges during pilot training when he flew T6 planes – sometimes performing loops – which travel at 250 knots or 300 m.p.h. By comparison, the C-5 cruises at Mach .77, or 77% of the speed of sound (nearly 600 m.p.h.).

As a side note, he mentions that cargo does not affect the C-5's speed at all. However, it does impact the approach speed. With a bigger load, one needs more speed to land.

Daily life can be unpredictable and when an alert is delivered to man a mission, he has about 60 minutes to show up to the plane and be told the assignment. He quickly becomes involved with "pre-fighting" the plane when it's filled with fuel, loaded with cargo and checked by engineers. One task Sapell covers is making sure the flight plan is solid.

"From alert to take-off, it takes about four hours," he explains.

Since his service on the C-5 began earlier this year, he has spent around 100 hours onboard the plane. Comradery abounds, and as part of their mutual passion for the plane, the crew had patches created as an inside joke, playing on the aircraft's nickname of Fred. Since it ships so much cargo, the patch features the FedEx logo, with the same font and identical shades of purple and orange, except that the letters spell "FredEx."

With all the time he has spent in the air, Sapell says that flying now feels like second nature.

"You don't become desensitized to it, but you do get used to it."

With flights often being lengthy, pilots and crew members need to eat and sleep on the plane. For this reason, six bunk beds are available, along with the necessary elements for preparing meals.

"We've got a large fridge and a decent oven, so you can definitely bring and cook anything



Former President Barack Obama congratulates Sapell during the graduation ceremony for U.S. Air Force Academy students; Sapell on the tarmac at Travis Air Force Base in Solano County, located in northern California.

you want.” Sapell notes he’s partial to bringing frozen food, but he says others like to cook meat and nearly anything else they enjoy. He adds that on holidays like Thanksgiving, they’ve even cooked traditional food on the airplane, something he finds amusing.

An observant reporter happened to notice that there is a warning on the exterior of the plane’s wing: “Beware of Blast.” This demanded some explanation.

At idle power, the jet wash could flip something heavy, like a small nearby plane, with its exhaust.

“There are 50,000 pounds of air being pushed through the exhaust system,” he explains. That’s a serious amount of force. He credits the recently upgraded CF-6 engines with increased power: “they offer more thrust and are a little quieter.”

With flight simulation possible through computers, one might wonder if Sapell ever tapped into these opportunities. Absolutely. He also built his own computer and plays with a flight simulator on it. His other hobbies include paint ball, snowboarding, wakeboarding and playing guitar.

The best advice he has for others interested in pursuing a career flying planes for the military is to know this fact early in life so that you can take the right steps. And attending the Air Force Academy is the most direct route to achieving a prime pilot-training-school slot. Other paths include ROTC (Reserve Officer Training Corp) or, as a post graduate program,

OTS (Officer Training School).

Sapell believes his own ability to advance in the military found its genesis during his high school years, when he was offered tremendous support from family, friends and teachers, without whom he says he would not be where he is today.

“My parents pushed me to do some things that were challenging, like working or getting an internship during summer breaks. And those are some of the experiences that probably helped me get into the academy,” he explains.

He also credits the Beachwood School District with giving him an excellent education. “My teachers were amazingly professional, and on a personal level, they were very friendly.”

Sapell’s appearance at the 2018 Cleveland Air Show was his first time being present here as a pilot. In this role, he fielded many spectators’ questions. Most often, people wanted to know what the plane could carry and how much it weighs.

As for life in the military, he feels he frequently needs to set the record straight.

“People think we live weird lives but I’m a normal person, and I enjoy all the variety in the things I get to do.”

He is sworn to secrecy on some matters, noting that “there are definitely some things I can’t share with a reporter.”

What he can reveal with great confidence and clarity is this:

“Flying this plane is a blast and life in the military is providing a lot of fun.”

C-5 Galaxy Capacity and Capability

- 247 feet long
- 222.8 foot wingspan (each wing is as long as a basketball court)
- Lifts more than a quarter million pounds
- Carries 332,000 pounds of fuel
- Weighs 840,000 pounds
- Cruises at 37,000 feet
- Has 6 beds on board for sleeping in shifts
- Entire fleet amounts to 52 planes
- 34,000 square foot cargo bay (large enough to carry one tank and six helicopters)
- Flies 5,524 miles with 120,000 pounds of cargo without refueling (with midair refueling, range is unlimited)
- In today’s dollars, it would cost around \$268 million
- Capable of landing on unprepared airfields no longer than 4,000 feet
- Maintained and upgraded by Lockheed Martin
- Supports U.S. military operations in all major conflicts including Vietnam, Iraq, Yugoslavia, Afghanistan, as well as allied support, such as Israel during the Yom Kippur War and operations in the Gulf War
- Used to distribute humanitarian aid and disaster relief, and supported the U.S. Space Shuttle Program

Be a Prepared Voter

Voting is one of the most important rights we have as American citizens. Your participation ensures that laws and government leaders represent and reflect our community. Please spend a few minutes to make sure that you are ready to vote in our November election by following these suggestions.

- Be informed and take some time to research the candidates and issues on your ballot. You can get a sample ballot at the Cuyahoga County Board of Elections website. The League of Women Voters provides nonpartisan information about candidates and issues at www.vote411.org.
- If you plan to vote on Election Day (November 6), confirm your polling location in advance at the Cuyahoga County Board of Elections. Polling locations can change year to year, so be sure you have the most current information.
- Please encourage friends and family to participate fully in our election process. People listen to someone they know and trust. Your encouragement can be powerful. If anyone needs a ride to the polls, or other help getting ready, lend a hand. The future of our city, state, and country depends on all of us!

Make sure your vote counts: not just in November, but at every election.



Mandel JCC Celebrates 19th Annual Cleveland Jewish Book Festival – November 4-19

Eclectic Lineup Features 17 Authors, Eight Free Events, a Theatrical Performance, Live Podcast and Breakfast with Pete the Cat

Mandel JCC's 19th Annual Cleveland Jewish Book Festival, one of the premier Jewish book festivals in the country, will feature a remarkable lineup of nine nationally acclaimed authors and eight authors with local ties. The festival runs from November 4-19. In addition to lively author presentations, this year's eclectic lineup includes a musical/theatrical performance by a Grammy-nominated actress, singer and author, a podcast, eight free events and, like any good book, special prologue and epilogue events.

Book Festival Highlights

The Book Festival keynote event presents Grammy-nominated international actress and singer Alexandra Silber, author of *After Anatevka*, which picks up where *Fiddler on the Roof* left off. Alexandra, who recently published her second book, *White Hot Grief Parade*, comes to The J on Saturday, November 10, at 7 pm. This captivating event is a one-of-a-kind mini piece of theatre and musical performance.

And in a nod to the importance of online media, a live taping of *Unorthodox*, an edgy, contemporary weekly podcast produced by Jewish e-zine *Tablet Magazine*, will take place at The J on Monday, November 5, at 7 pm. The podcast will feature *Tablet's* editor-at-large and *New York Times* religion writer Mark Oppenheimer, senior writer Liel Leibovitz, and deputy editor Stephanie Butnick, along with local guests.

The epilogue, or final course to this year's Book Festival buffet, features James Beard Award winners Michael Solomonov and Steven Cook. Following their wildly-successful cookbook, *Zahav*, Michael and

Stephen's new book, *Israeli Soul: Easy, Essential, Delicious*, embraces the informal, boisterous and simple food of Israel. Their appearance, co-sponsored by Maltz Museum of Jewish Heritage, will be at The J on Thursday, December 13, at 7 pm.

Character Breakfast with Pete the Cat

Pete the Cat, the beloved children's character, will be at The J on Sunday, November 18, from 9:30 – 11:30 am to meet and greet the very youngest book lovers and their families at Kids Day. This jam-packed morning will include music, balloon art, stories, crafts, a continental breakfast and plenty of strong coffee.

Tickets

All lectures and events are open to the public and many are free of charge. Because seating is limited, advanced registration is encouraged. To purchase tickets, please visit www.mandeljcc.org/bookfestival. Tickets are also available at the Mandel JCC membership desk (no ticket sales on Friday evenings or Saturdays). Information about the festival is available at www.mandeljcc.org/bookfestival or by calling 216.831.0700, ext. 1378.

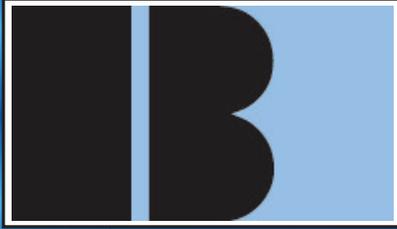


Pictured from top: Unorthodox, an edgy, contemporary weekly podcast, will be featured on November 5; Keynote event with Alexandra Silber will take place on November 10.

Cleveland Jewish Book Festival Major Sponsors

The Cleveland Jewish Book Festival, presented in partnership with the Cuyahoga County Public Library, is co-chaired by Eliana LeVine, Shelly Lewis and Laura Simon, and is made possible with generous support from the Eugenia and Henry Green Family Foundation, the Cuyahoga County Public Library and the Cleveland Public Library.

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From The Benefit Source

Ronald Fleeter from The Benefit Source shares this important information about Open Enrollment and encourages you to contact him at ron@benefitsource.com or 216.595.5300 for additional information.

Open Enrollment runs from November 1 through December 15, 2018. Plans sold during Open Enrollment start January 1, 2019. After December 15, you can enroll in 2019 health insurance only if you qualify for a Special Enrollment Period.

The Health Insurance Marketplace is for people who don't have health coverage.

If you don't have health insurance through a job, Medicare, Medicaid, the Children's Health Insurance Program (CHIP), or another source that provides qualifying health coverage, the Marketplace can help you get covered.

- If you have job-based insurance: You can buy a plan through the Marketplace, but you'll pay full price unless your employer's insurance doesn't meet certain standards. Most job-based plans do meet the standards.
- If you have Medicare: You can't switch to Marketplace insurance, supplement your coverage with a Marketplace plan, or buy a Marketplace dental plan. Learn about Medicare and the Marketplace.

What you pay for insurance depends on your income.

Your savings depend on your expected household income for the year. Based on your income estimate, we can tell you if you qualify for:

A health insurance plan with savings based on your income

- You may qualify for a premium tax credit that lowers your monthly insurance bill, and for extra savings on out-of-pocket costs like deductibles and copayments.
- The plans are offered by private insurance companies with a range of prices and features.

Medicaid or the Children's Health Insurance Program (CHIP)

Medicaid and CHIP provide free or low-cost coverage to millions of people and families with limited income, disabilities, and some other situations.

- Ohio has expanded Medicaid to cover all households below certain incomes. See if your income is in range to qualify.
- Your children may qualify for CHIP even if you don't qualify for Medicaid.

A checklist for what you need to complete your application is found at <https://marketplace.cms.gov/outreach-and-education/marketplace-application-checklist.pdf>.

For more information, feel free to call us at the number shown above.

Village in the Heights

While many older adults in Beachwood will want to stay in their homes as they age, life circumstances may challenge that wish. That's when help is needed, and family and friends aren't always available to offer assistance. In January, Beachwood resident Paul Sobel introduced a solution.

Beachwood is a close-knit community where grown children often return with their families to settle down. But because not all families remain here, some of our seniors are left without that immediate network.

Village is about neighbors helping neighbors. About enabling seniors to age in place. It's member driven, so if someone expresses a need, Village will try to fulfill it.

A program is now underway to assist seniors with hauling trash cans to the curbside and back during inclement weather, so they could avoid slips and falls. If you're a resident who would like assistance, or a neighbor who would like to help, please contact the Village.

With an organizational mission to help seniors "live better longer...at home," Sobel believes the community will succeed in delivering the required support services. He reminds community members that "to the world, you may be one person, but to one person, you may be the world."

To register to volunteer or become a member, contact Village in the Heights at 216.512.1844, info@villageintheheights.org or VillageInTheHeights.org.

From CBC National Bank

25% of Homes with a Mortgage are Now Equity Rich!

Rising home prices have been in the news a lot lately and much of the focus has been on whether home prices are accelerating too quickly, as well as how sustainable the growth in prices really is. Rising prices, however, have a huge benefit to a homeowner's equity position.

Home equity is defined as the difference between the home's fair market value and the outstanding balance of all liens on the property.

Nearly a quarter of Americans who have a mortgage today owe less than 50% of the home's estimated value, and would therefore be able to net a significant down payment toward their

next home upon selling. Many who sell could also use their new-found equity to pay off high-interest credit cards or help children with tuition costs.

If you are a homeowner looking to take advantage of your home equity by moving up to your dream home or downsizing, there are a lot of options to consider about programs, rates, and terms to fit your project and budget. Once you understand your options, it's easier to make educated choices.

To learn more, please contact David Goldberg at davidgoldberg@CBCNationalBank.com or 216.496.9483.

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Volunteers Needed to Gift Wrap at Beachwood Place

Join Montefiore at Beachwood Place this holiday season and volunteer at their annual giftwrapping fundraiser. This year's gift wrapping station is located on the upper level by J. Crew and Nordstrom. Montefiore is manning the gift-wrapping station Friday, December 14, through Monday, December 24, with a variety of shifts available. They will work with your schedule so you can work with them!

Gift-wrap Hours:

Monday–Saturday • 10 am–9 pm
Sundays • 11 am–8 pm
Monday, Dec. 24 • 10 am–6 pm

Three- and four-hour shifts are available, and several volunteers are needed for each shift. It's a fun way to meet new people, and all the money raised through donations goes back to enriching the lives of Montefiore residents.

They will work with your schedule so you can work with them!

To sign up or for more information, contact Diane Weiner, volunteer manager, at 216.910.2741 or dweiner@montefiorecare.org, or stop by Montefiore at One David Myers Parkway, Beachwood, and sign up in person.



Finding Beauty

by Jennifer Stern

Claire Wineland passed away in September of this year. She was 21. Claire lived her life fully, beautifully, completely and inspirationally. She lived with cystic fibrosis. She died following a double lung transplant.

Claire LIVED life with beautiful and powerful awareness, presence, and gratitude. She was in and out of the hospital much of her life. When she was seven years old, she recognized that her health did not have to define or limit the possibility of experiencing a life of meaning, purpose, contribution, beauty and joy.

Claire adorned her hospital room with twinkle lights, throw pillows, pictures, music, friends and family. She transformed her environment into something beautiful, which was a reflection of how she lived her life.

When she was 13, she started a nonprofit to help families like hers, who were living with cystic fibrosis. "When you pity people who are sick you take away their power," she said.

Claire embraced her life, all of it. She believed that our society teaches people that when you are sick you can not be as happy or content as healthy people. That if you are sick you have nothing to offer, create, or contribute. This perspective did not resonate with her and shouldn't with us either.

She approached her life with the empowered perspective that everyone gets to be a part of human history, to add to it, regardless of health, wealth or circumstances that are often beyond our control. We all have something to give. Everyone has something to

contribute to this beautiful story (of life) and it matters.

We get stuck in what "isn't" instead of seeing the possibilities, what we can do.

We get stuck in what "isn't" instead of seeing the possibilities, what we *can* do. How we *can* enjoy, live and embrace life, regardless of circumstances of how our lives fall short of our vision of what a good life looks like.

All of us have the power to turn our lives into something really beautiful. Something to be proud of. Something meaningful. We often wait to be healthy, wealthy, a certain size or to find true love before we start living instead of embracing our imperfect, flawed lives. Your life is what you make of it. If your life is not as you had hoped, remember there is always possibility to create beauty and meaning. We must live beyond our perceived (or real) limitations to find beauty, to embrace joy, to contribute, to make meaning of our lives.

Claire's indomitable spirit is her legacy. Her hope was that after hearing her speak, people would have a moment of clarity and realize that they actually have power in their happiness, in the way that their life goes, and whether they are happy and proud of it or not.

She touched, inspired and changed many lives through her profoundly fearless and authentic approach to living a full, beautiful and meaningful life, while knowing that she was sick and dying. She shared her story with honesty, courage, grace, humor and gratitude. She found beauty in her sadness and reminds us that we can do the same.

For inspiration and perspective, watch "Meet Claire, Finding Beauty in the Sadness," on YouTube.

She approached her life with the empowered perspective that everyone gets to be a part of human history, to add to it, regardless of health, wealth or circumstances that are often beyond our control.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativegrief.com, and sign up for monthly posts.





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Pictured: necklace by Philippa Roberts and earrings by Original Hardware.



Maltz Museum of Jewish Heritage: The Museum Store

This holiday season, skip the big box stores and check out boutique gifts to show your appreciation. Whoever you're buying for, whatever their style, this store has stylish Judaica and holiday gifts for the ones you love. For a personal shopping appointment, please call Helen Fineberg at 216.593.0581 or email hfineberg@mmjh.org. Regular store hours are Tuesday – Sunday, 11 am – 5 pm and Wednesday it is open late 'til 9 pm. For more information, visit www.maltzmuseum.org.



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At Wood Trader, we invite you to preserve your unique treasures with framing this holiday season. Photos, artwork, kid art and memorabilia all make for great gifts. Allow us to frame your most precious memories for generations to come. We offer eco-friendly custom framing, mirrors, sculpture bases, installation, framed artwork, photo frames and more.

Cleveland Pops Orchestra New Year's Celebration

Enjoy a complete evening of entertainment, dancing, and refreshments brought to you by conductor Carl Topilow and the fabulous Cleveland Pops Orchestra at the Pops' 23rd Annual New Year's Celebration.

Major new concert star Erich Bergen sings his "Hollywood Songbook" revue on the POPS' Severance Hall stage in a sensational show. He sub-titles his show "Songs from the Big and Small Screen." Erich plays the role of Blake Moran in CBS-TV's award-winning series "Madame Secretary." He also starred as Bob Gaudio in the movie "Jersey Boys."

The concert begins at 9 pm, followed by a fabulous New Year's Party with dancing and fun. Enjoy dancing to two bands from 11 pm to 1 am in two separate locations in Severance Hall. Carl Topilow and members of the POPS orchestra will play in the Grand Foyer, and you can dance your way into 2019 with Rock & Roll music from the 60's and 70's played by the No-Name Band in Severance's Smith Lobby. The Pops offers cash bars, coffee and desserts for purchase and a giant balloon drop at midnight.

Tickets to Cleveland Pops New Year's Eve Concert and Party can be purchased by calling 216.231.1111 or visiting www.clevelandpops.com.



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Sheila Allenick Recognized as IMPACT! Volunteer of the Month

IMPACT!, a volunteer initiative through the Jewish Federation of Cleveland, is designed for Baby Boomers to use their skills, passions, and leadership to make a difference in people's lives. Last month, Sheila Allenick was recognized as the IMPACT! Volunteer of the Month.

Sheila, a Beachwood resident, enjoys the outdoors and was looking for a way to make our community shine. She enjoys gardening and, when she went to the Hebrew Cultural Garden last spring, found herself pulling weeds. She had a vision of how the garden could look and reached out to the IMPACT! team for help.

The team successfully recruited volunteers to landscape, plant flowers and clean up the garden. Sheila, along with Marty Saltzman, Marc Jaffe, Emily Jennings, Judy Feingold, Bob Allenick, Lynne Friedman and Morris Amon, went to the garden on a regular basis to preserve this landmark – a task that Donna Yanowitz and others have done in the past.

"So much can be done by volunteering for just a few hours, and IMPACT! provides many opportunities to do that," Sheila said. "I don't want to sit at a desk or in meetings. I want to take action where there are immediate results."

"This experience and the results are very rewarding when we make this impact together," Sheila added. "We are proud of how much our efforts have improved the garden's looks since we started going there twice a month. We look forward to continued success next spring, and invite other volunteers to join us. I need five to eight more steady volunteers to keep the garden looking as it should. If you're interested, please reach out to IMPACT!"



We look forward to continued success next spring, and invite other volunteers to join us. I need five to eight more steady volunteers to keep the garden looking as it should. If you're interested, please reach out to IMPACT!"

For volunteer opportunities or more information on how you can make an IMPACT!, contact Susan Hyman at 216.593.2887 or shyman@jfcfcleveland.org.

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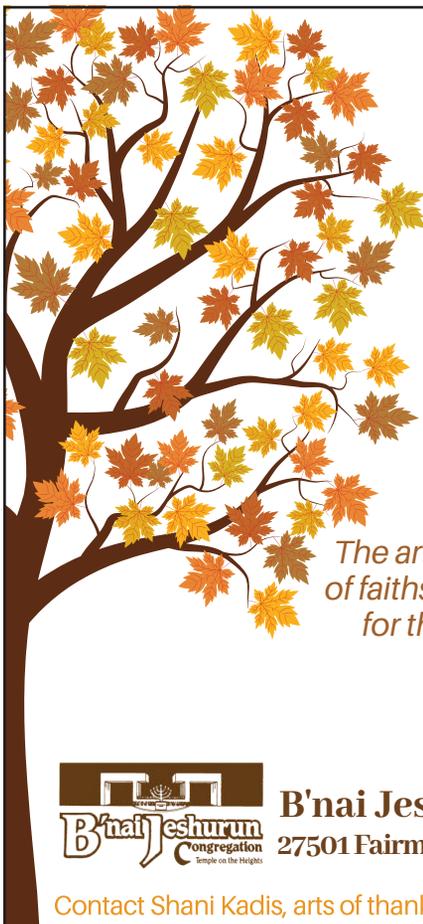
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Beachwood historical romance writer, Hannah Singerman aka Felicia Grossman.

HEY NEIGHBOR!

by Arlene Fine

Romance Writer is One for the Books

By day, Hannah Singerman is a hard-hitting Cuyahoga County prosecuting attorney. By night, using the nom de plume Felicia Grossman, a combination of her middle name and maiden name, she's the author of captivating historical romance novels.



"I've always been a big fan of historical romance novels, which, along with mysteries, are my two favorite literary genres," says Hannah, a native of Wilmington, Delaware.

Turning her passion for romance novels into action, several years ago Hannah tried her hand at writing one.

During the peaceful hours before bedtime, when her second child began sleeping through the night, she joined her husband Dan on the family room couch and began writing the type of romance novels she has always enjoyed reading.

As her work progressed, Hannah became a member of the Northeast Ohio Chapter of Romance Writers of America (NEORWA), which enabled her to attend monthly writing workshops, and find support and encouragement from published authors and fledgling writers like herself.

"At NEORWA, I've connected with an invaluable group of writing critique partners from many literary sub-genres," says Hannah. "We help each other evaluate and improve our work and also take part in online workshops, an annual writing contest and a yearly NEORWA retreat."

After winning several romance-writing contests and completing a handful of manuscripts, Hannah completed a mesmerizing historical romance novel, *Appetites & Vices*. It was the fourth manuscript she submitted to a literary agent, and this one did the trick.

Her agent recognized a winner, submitted the manuscript for publication, and much to Hannah's delight, she recently signed a two-eBook contract deal with Carina Press, a division of Harlequin Press.

Appetites & Vices will be available to download in February, 2019. A second book will come out in August, 2019.

Turning her passion for romance novels into action, several years ago Hannah tried her hand at writing one.

Below is a tantalizing description of Hannah's *Appetites & Vices*, which appears on the Goodreads Author site:

Banking heiress Ursula Nunes has lived her life on the fringes of Philadelphia's upper class. Her Jewish heritage means she's

never quite been welcomed by society's elite...and her quick temper has never helped, either.

A faux engagement to the scion of the mid-Atlantic's most storied family might work to repair her rumpled reputation and gain her entrée to the life she thinks she wants...if she can ignore the way her "betrothed" makes her feel warm all over and stay focused on her goal.

Getting a book deal is a thrill for this Beachwood author. "Even as a little girl when my father read me classics like "Treasure Island," I always imagined what it would have been like if a female had been the lead of the story or if the hero had a sister," says Hannah. "Now I can create historical novels I always wanted to read. And even though I didn't initially set out to write a Jewish historical romance, I'm glad this book turned out that way."

Hannah adds that though she enjoys reading about Scottish Highlands or Regency England, she is delighted to have written a story that transports the readers to South Philadelphia in the 1840s, and features lovers from diverse backgrounds. "I'm very hopeful the romance novel market will be receptive to my storyline

and characters. I'm excited to be part of an expanding genre."

Her agent recognized a winner, submitted the manuscript for publication, and much to Hannah's delight, she recently signed a two eBook contract deal with Carina Press, a division of Harlequin Press.

As far as advice for other authors or artists, Hannah emphasizes the importance of being connected to a group of other writers. "I have a strong group of critique partners and beta readers who help me with my craft and critique my work," she says. "They are there to commiserate, advise and hug. They're invaluable and I hope I give them half of what they've all given me."

To obtain a copy of "Appetites & Vices," visit harlequin.com, amazon.com, Barnes & Noble (bn.com), Apple books (itunes.apple.com), or Google play (play.google.com).

Everyone has a story to tell. Tell yours in *Beachwood Buzz!*

If you have a story that we can share in Hey Neighbor, please email beachwoodbuzz@gmail.com.



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Menorah Park COO Receives Top Honor

Richard Schwalberg, Menorah Park chief operating officer, recently received the top-honor Fogel Community Service Award from the National FBI Citizens Academy Alumni Association for the Light Northern Ohio Blue collaborative project, honoring Northern Ohio law enforcement officers.



Richard Schwalberg, Menorah Park chief operating officer.

This award is presented to one chapter (out of 60) nationwide, which demonstrates the best in community services.

As COO, Richard's involvement also complements his role as Menorah Park's safety and security officer. He is steadfast in ensuring all is well

on the Menorah Park Campus, with an excellent security team, sophisticated monitoring and wonderful collaboration with the Beachwood safety forces and the Jewish Federation of Cleveland.

Free Memory Screenings

Menorah Park Center 4 Brain Health™ will offer, free, confidential memory screening appointments on November 13-15, from 10 am – 3 pm. A memory screening is a simple and safe "healthy brain check-up" that tests memory and other thinking skills. The memory screening is a series of questions and/or tasks that takes approximately 10 minutes to complete and can indicate if someone might benefit from a comprehensive medical evaluation. It is not used to diagnose any particular illness and does not replace consultation with a physician or other clinician. The expert staff of Menorah Park will be available to offer the screenings and answer your brain health questions.

Wondering if you may benefit from a screening? These questions might help you decide if you should be screened. If you answer "yes" to any of them, you might benefit from a memory screening.

- Am I becoming more forgetful?
- Do I have trouble concentrating?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Do I sometimes forget where I am or where I am going?
- Have family or friends told me that I am repeating questions or saying the same thing over and over again?
- Am I misplacing things more often?
- Have I become lost when walking or driving?
- Have my family or friends noticed changes in my mood, behavior, personality, or desire to do things?

Call Dr. Krystal L. Culler to schedule your free, confidential brain health check-up today at 216.839.6685 or email center-4brainhealth@menorahpark.org. A memory screening is not used to diagnose any particular illness and does not replace consultation with a qualified physician or other healthcare professional.

At 50, There's Still Plenty of Fun to Be Had

November 13 marks 50 years of existence for the Florence and Joseph C. Mandel Adult Day Center at Menorah Park. The Center, which provides meaningful and enjoyable activities to all club members, is said to be one of the longest continually operating adult day centers in the U.S.

Activities are chosen based on members' interests and

abilities. The Adult Day Center also promises a safe and social environment where members' emotional, physical and mental needs are met in an atmosphere of dignity and respect. Adult Day Center visitors can expect the same caring attitude.

For more information, please email tmwitt@menorahpark.org, visit www.MenorahPark.org, or call 216.839.6673.

Women 4 Women, Knitting 4 Peace

Women 4 Women, Knitting 4 Peace continues to expand its reach. At the Pink Pig for CWRU Fall Festival, seven members taught about 100 students how to knit, crochet and loom.

The group is knitting baby caps, chemo caps, shawls, booties, blankets and more. If you knit or crochet and would like to par-

ticipate, the group meets on the first Friday of each month at the Beachwood Library from 10-11:30 am. Upcoming meetings are November 2 and December 7.

If you don't have supplies, they will be provided at your first meeting. For more information, contact Iris November at 216.375.9111 or lbrtyclub@gmail.com.



The City of Beachwood thanks everyone who attended or participated in the Beachwood Fall Festival! The event's special guest, "American Ninja Warrior" athlete Michelle Warnky, got a lift to her car from none other than Beachwood Mayor Martin Horwitz. Additional photos from the event are on pages 48 and 49.

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Beachwood Men's Softball League

A Recap of the 2018 Season

The Beachwood Men's Softball league, founded in 1954, recently completed one of its most competitive seasons ever, with the arrival of a new batch of talented, young players. Each season, quality players join the league to play with relatives and other quality players.

"It's a multi-generation league, sometimes with three generations of men playing together," explained Larry Adelman, one of the league's commissioners. "The family aspect has been our trademark since the league's creation."

Adelman explained their draft process, which maintains its competitive status. This year, the Adam Baker and Eddie Bloom "Red" team defeated the Steve Berris and Andrew Grover "Blue" team to win the championship.

The Berris/Grover team, however, captured the annual "Round Robin" Tournament by beating none other than the Baker/Bloom team.

In the annual "Legends" game, the Adelman Army extended its undefeated reign of seven years in a row over the former Nathan's Navy, renamed the Bernstein Brigade, by a score of 18-2.

The "Old Timers" were entertained again by a squad of "Lady Legends," adorned in pink shirts and pompoms.

In the "Nightcap," the Even All Stars edged the Odd Squad 16-14. This game highlighted a home-run barrage by both

teams, which included over-the-fence blasts by Todd Adelman, Jose Garcia, Zach Marcus, and two by Rob Schickler.

This year's batting champion was Dan Solomon, with a batting average of .746.

Rookie-of-the-year award was presented to Colin Ray; and David Sherriff, Phil Shenkelman

(posthumously) and Danny Weiss were inducted in the league's Hall of Fame.

Ed Bernstein, Dick Cohen and Jim Heller are also commissioners. Special recognition and thanks go to Manny Nathan, who started playing in 1975, became a manager in 1987,



and a commissioner in 2011. Manny retired this year and moved to Philadelphia to be with some of his children and grandchildren. Ed, who started playing in 1988, became a manager in 2002 and commissioner 2018, to fill the vacancy from Manny's retirement.



Clockwise, from top left: Retired commissioner Manny Nathan; All-Star Game home-run hitters Todd Adelman, Rob Schickler, Zach Marcus and Jose Garcia; Randy Gilbert, commissioner Ed Bernstein, commissioner Larry Adelman and Ralph Gilbert. The Gilberts are one of many multi-generational families in the game; Legends teams; and All-Star "Even" winning team.



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November 4 – 19, 2018

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Info & Tickets: mandeljcc.org/bookfestival
(216) 831-0700, ext. 0



KIDS DAY
Sun, Nov 18



Mandel JCC Sponsors



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Media Sponsor



Presented in Partnership with Cuyahoga County Public Library, Cleveland Public Library & with generous support from The Henry and Eugenia Green Family Foundation

We Invite You to Grow Your Business Network

Whether you're looking for a stronger business presence, networking opportunities, cost-saving programs, educational sessions or a chance to meet like-minded people, the Beachwood Chamber of Commerce has something to offer you to enhance your business. The Chamber's rich programming is available to meet your unique needs and includes:

- Networking After 5
- Informative Luncheons
- Beachwood Young Professionals
- Lunch with a Professional
- Beachwood Women's Connection
- Golf Outing
- Beachwood Business Expo
- Fitness Challenge
- Taste of Beachwood

Here's a testimonial that mirrors what many members say:

"As a member of the Beachwood Chamber, I realize what a vibrant business community there is in Beachwood and the surrounding areas. Located in Westlake, TCC Technology Solutions has many eastside customers and becoming a member of the BCC has enabled us to become part of this terrific business community in a way not possible prior to membership. The warm welcome to join, the networking events and opportunities, the website and tools available to members and, most of all, the great people and relationships, make this Chamber one of the best in Northeast Ohio to help grow your business. And, we have a lot of fun, too!"

Todd Tramba – TCC Technology Solutions / Conexos Communications

Utilize Member Benefits From:

Anthem (hospitalization), Paramount Preferred Solutions (Worker's Compensation), Buy Rite (Office supplies and furniture), Fed Ex (shipping), Community Energy Advisors (save money on electric and natural gas bills), Service 1st Payroll (payroll services), SLN Connect (digital marketing tool) and Heartland (credit card processing)

Join Us!

We invite you to join us at an upcoming event to grow your business network.

For a complete schedule of upcoming programs, visit www.beachwood.org.

To register for a program or obtain additional information, email chamber@beachwood.org or call 216.831.0003.

On behalf of the membership committee, we look forward to meeting you soon!

Donna Cook and Peter Young
Membership Committee Chairpersons



"Your Voice in the Business Community"

www.beachwood.org • 216.831.0003

24000 Mercantile Rd #3, Beachwood, OH 44122

Belonging
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Benefits

Suburban Symphony Orchestra

**SSO Welcomes New Conductor and Presents
Free Concert in the Beachwood High School Auditorium
on December 9**

The Suburban Symphony Orchestra and its Board of Directors are pleased to announce the appointment of Conductor Domenico Boyagian as its new music director. Maestro Boyagian, music director of Cleveland Opera Theater, is the fourth music director of the Suburban Symphony Orchestra since its inception in 1955. He succeeds Maestro Martin Kessler who retired after 38 years of service.

SSO Concerts, held in the Beachwood High School auditorium, are FREE and open to the community. Maestro Boyagian's debut concert was October 21, and his next one, on December 9 at 3:30 pm, will feature Mascagni, Mozart, Tchaikovsky, and Respighi.

The Suburban Symphony Orchestra (SSO) is a community orchestra that occupies a unique



SSO welcomes Conductor Domenico Boyagian as its new music director.

position in the rich cultural life of Northeast Ohio. A number of the orchestra's members are musical professionals working in non-performance areas, such as public schools or private teaching, while others are well-trained musicians with chosen vocations in other fields. SSO has built a solid community following, sharing five concerts a season, free of charge.

For more information, visit www.suburbansymphony.org.

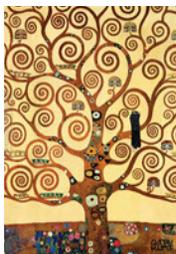
From the Beachwood Arts Council

Through the Eyes of the Artist: Lecture and Painting Workshop

Saturday, November 10 • 1-3 pm
Beachwood Community Center

Art historian, Felicia Zavarella Stadelman, will present an insightful lecture about the life and works of noted Austrian artist, Gustav Klimt, followed by a demonstration about how to paint Klimt's iconic "Tree of Life." No painting experience is necessary. Fee includes all materials. \$25/ BAC members, and \$30/non-members.

To register, please call 216.595.3400, leave your name and telephone number, and a volunteer will return your call.



Cliff Habian Piano Concert and Book Signing

Sunday, November 11 • 2-3pm
Beachwood Community Center

Cliff Habian, international recording artist and author, will entertain his audience with a variety of music styles, including Latin, jazz, and classical. His newly-published book, *Jazz Piano Essentials*, will be available for purchase and signing. Free and open to the community, this concert



is made possible by grants from Ohio Arts Council and Cuyahoga Arts & Culture.

IITH ANNUAL BEACHWOOD CHAMBER OF COMMERCE

Taste of Beachwood

Presented by:
 Cleveland Clinic

Sample foods from the area's finest restaurants and caterers

Thursday, November 8, 2018
5:00 p.m. - 7:30 p.m.

Embassy Suites Cleveland-Beachwood • 3775 Park East Dr., Beachwood, OH 44122

Individual Tickets: \$30 • RSVP Early
Purchase tickets online at Beachwood.org

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LIVE MUSIC

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Here's your chance to bid and
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auctions all night long.



PARTICIPANTS

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 - Benihana*
 - Blue Canyon Kitchen & Tavern*
 - BOMBA Tacos & Rum*
 - Buffalo Wild Wings*
 - Chagrin Falls Popcorn Shop*
 - Culinary Appeal*
 - Culinary Occasions*
 - DiBella's Subs*
 - Graeter's Ice Cream*
 - Hilton Garden Inn Cleveland East*
 - Nervous Dog Coffee Bar*
 - Noce Gourmet Pizza*
 - Paladar Latin Kitchen & Rum Bar*
 - Park East Bar & Grill*
 - PF Chang's*
 - Piccolo Italian Restaurant*
 - Pinstripes*
 - Rascal House*
 - Silverspot Cinema*
 - Taza Lebanese Grill*
 - UH Ahuja Medical Center*
 - Vegan Sweet Tooth*
- New restaurants added daily*



**Purchase tickets
at Beachwood.org**

CITY OF *Beachwood* Council Update

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**MARTIN S.
HORWITZ**



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mayor@beachwoodohio.com

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**JUNE
TAYLOR**

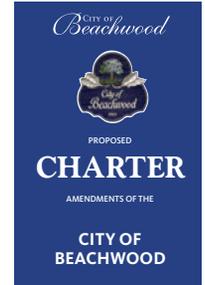


216.533.7640
june.taylor@beachwoodohio.com

PROPOSED CHARTER AMENDMENTS

All households with at least one registered voter received a booklet in the mail called **City of Beachwood: Proposed Charter Amendments**. Please review the booklet in order to fully understand the proposed amendments, which will be on the Nov. 6, 2018 General Election Ballot as Issue No. 13.

Questions may be referred to law-web@beachwoodohio.com. A link to the proposed Charter Amendments is also online toward the bottom of the City's home page at www.BeachwoodOhio.com.



FINANCE ADVISORY COMMITTEE OPENING

Beachwood City Council is looking for residents interested in serving on our brand-new Citizen's Finance Advisory Committee. The committee will share their experience and provide technical financial advice to City Council.

The committee will consist of seven members and will meet with the City's Finance Director and members of Council's Finance Committee quarterly. Experience in private- or public-sector business leadership or financial management and reporting is desirable, but not required.

Interested residents shall submit resumes and cover letters via email to the Clerk of Council, whitney.crook@beachwoodohio.com. Please submit all documents no later than 4:30 PM on November 15, 2018.

COMING SOON: BARKWOOD IN BEACHWOOD

Last month, City Council approved an ordinance authorizing the design, plan, bid advertising, and building of a community dog park at City Park East on Richmond Road between Shaker Blvd. eastbound and westbound. Thank you to everyone who shared opinions about this. We hope to begin construction in Spring 2019.



City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



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CLERK OF COUNCIL
216.595.5493

PUBLIC SAFETY CENTER OPEN

The Beachwood Public Safety Center is open. The building serves as a Fire Station, Dispatch Center, Training Facility and Emergency Operations Center. It is located at 3777 Richmond Road, at the corner of Richmond Road and Park East Drive.

Residents are welcome to tour any day between 9:00 A.M. – 5:00 P.M., but please be mindful that emergency responders might be out on a call and therefore unavailable at the time of your visit. Likewise, emergency calls that might come in from the Dispatch Center could cut short an in-process tour. Your understanding of the Beachwood Fire-Rescue Department's often unpredictable availability is appreciated!



USE CAUTION & BE SEEN

Use caution when walking at dawn, dusk and evening hours. Add reflective items to clothing. Walk on the sidewalk. If it is necessary to walk in the street, walk facing traffic. If traveling in a group, please walk single-file.

VETERANS DAY 2018

The Beachwood Historial Society and the City of Beachwood will partner to commemorate Veterans Day on Sunday, Nov. 11 at 11:00 A.M. at Beachwood Cemetery. Free & open to the public.



DEER SURVEY

THANKS FOR YOUR OPINION

Thanks to the more than 700 people who completed the 2018 Beachwood Resident Deer Survey. Your responses and comments will be helpful as the City develops a deer-management plan.



FOLLOW US



Beachwood's website at www.BeachwoodOhio.com serves as the primary source of information for City news. Follow the City on social media! Community events and more may be found at

- [FACEBOOK.COM/BEACHWOODOH](https://www.facebook.com/BEACHWOODOH)
- [TWITTER.COM/BEACHWOODOH](https://twitter.com/BEACHWOODOH)

The city also has a presence on www.Nextdoor.com and [LinkedIn.com](https://www.linkedin.com/company/city-of-beachwood) (search City of Beachwood).

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month. Upcoming meetings: Mondays, November 5, November 19 and December 3 at 7:00 p.m. Questions? 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, December 13. Questions? Call 216.292.1914.

ARCHITECTURAL BOARD OF REVIEW

Meets at 5:30 p.m. Upcoming meetings: Mondays, November 5, November 19 and December 3. Questions? 216.292.1914.

Departments

AUDITOR
216.595.3712

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

FIRE DEPARTMENT
216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

LEAVES TODAY... MULCH TOMORROW

The City of Beachwood recycles 100% of all leaves and brush collected.

FALL LEAF PICK-UP

Now through December, leaf trucks operate daily throughout the City (weather permitting). Collection is ongoing from one end of town to the other. There is no need to call for a special pick-up.

Place UNBAGGED leaves on the tree-lawn only.

DO NOT PLACE IN STREET. Leaf piles mixed with other debris, such as grass, WILL NOT be picked up. After January 1, all leaves

need to be bagged. Leaf bags will then be picked up

with your regular rubbish on your collection day. Questions? Call 216.292.1922.



HOLIDAY RUBBISH PICK-UP

The Service Department will observe Thanksgiving on both Thursday, November 22 and Friday, November 23. Residents who have rubbish/recyclables collected on Thursdays will have their items collected on Wednesday, November 20 for Thanksgiving week. Residents whose collection is normally Monday, Tuesday or Wednesday will not be affected.

ELECT TO RECYCLE

NOVEMBER 6 – 16

Drop off used campaign signs and posts at the Public Service Center, 23366 Mercantile Road, for recycling. Hours are Monday through Friday, 7:30 A.M. until 3:30 P.M.

BLOCK PARTY WRAP-UP

We recognize the importance of community and are doing our best to make it easy as possible to host a block party. The City will provide tables, chairs, beverage coolers, pop-up canopies, and even a cornhole set, plus an invitation that party hosts can personalize and print, or email.



With the new streamlined process in place, planning a block party is easier than ever. The Mayor's Office is a one-stop shop for residents. We will: coordinate the delivery of supplies and street barricades; contact the Police Department so they can consult on the safest method of street closure; and arrange with our Fire-Rescue Department to bring a ladder truck or ambulance for residents to tour.

Beginning in January, we will reach out to interested parties to schedule your 2019 event. If you would like us to contact you, please email info@beachwoodohio.com.

Missed a Council Meeting? Listen to audio recordings or view live & archived videos by visiting www.BeachwoodOhio.com.

POWER OUTAGE?

Whether from an accident or force of nature, such as high winds, lightning, or winter storms, there are times when our power goes out. When an outage happens, First Energy service crews and employees who support them do their best to restore power as soon as possible.



If your power goes out, please call First Energy at 888.LIGHTSS 888.544.4877. This will allow the power company to track and attend to outages, while also allowing dispatchers to handle emergencies. You may also report outages by texting REG to 544487 (LIGHTS). You'll need your account number and ZIP code.

Council Update

COFFEE WITH A COP 2018



Officers from the Beachwood Police Department took part in National Coffee with a Cop Day on Wednesday, October 3! This event encouraged Beachwood residents to have an informal one-on-one conversation with law-enforcement officers at the Nordstrom Ebar on the lower level of Beachwood Place. Coffee with a Cop is a national movement established to connect law-enforcement officers with the communities they serve.



Pictured left: Mayor Horwitz, Beachwood officers Andrew Calvey and Matthew Page, plus K-9 Cosmo and his handler, Justin Kestler, representing Beachwood Place security.

ENTREPRENEURSHIP 101

10 A.M. – 12 NOON (+ NETWORKING)
 BEACHWOOD COMMUNITY CENTER
 SEPTEMBER 18, OCTOBER 16 & NOVEMBER 13
SESSION 3 • November 13 • Legal & Lending
Free - Reservation Necessary



Questions? 216.292.1915 Keri.Zipay@beachwoodohio.com

BE THANKFUL FOR A HEALTHY LAWN

Fall is the best time to feed your lawn. Soil test kits are available at local garden centers or check out OSU Extension's website for fact sheets on soil testing: www.ohioline.osu.edu or 216.429.8200. Amend the soil according to the soil test results.

Every three years, soil test in late fall (or spring) to determine what nutrients need to be added to the soil. Testing can save money, time and prevent over application of nutrients. Kits can be found at local Soil and Water Conservation District or Cooperative Extension offices.



Continue mulching leave. Cut the leaves smaller by mowing more than once with your mower, or add leaves to your compost pile.

Did you know... Grass clippings left on the lawn do not cause thatch. Nitrogen rich grass clippings are 80 – 90% water and break down quickly to feed the soil.

UPCOMING ART EXHIBITS

PRESENTED BY BEACHWOOD ARTS COUNCIL

GUNTER SCHWEGLER: THE NEW SILK ROAD

Now – Sunday, November 4
 Opening Reception:
 October 13, 5:00 – 7:00 p.m.

Beachwood Community Center
 MON – FRI • 9 A.M. – 4 P.M.
 SAT • 10 A.M. – 3 P.M., SUN • 10 A.M. – 1 P.M.

Renowned fiber artist Gunter Schwegler will exhibit his collection of colorful paintings on silk. His work focuses on landscapes, cityscapes and abstract designs.



PEOPLE, PLACES & THINGS

Nancy Gregg, Mary Gut and Mary Ann Sedivy
 November 8 – December 2
 Artists' Reception – Nov. 18, 1:00 – 2:30 p.m.



Fall Fest



Beachwood City Schools, the City of Beachwood, and the Beachwood Chamber of Commerce partnered to host the second annual Fall Fest. More than 6,000 visitors enjoyed the Unique Boutique (benefitting the high school Afterprom), carnival games and rides, a pumpkin patch, and booths sponsored by Chamber members. It was a phenomenal kickoff to Homecoming Week!



Every Vote Counts on November 6!

Issue 2 is an operating levy only. It will:

- Replace millions of dollars lost due to state cuts
- Keep our tax rate lower than any neighboring school district
- Be the first new operating revenue collected in 13 years

Protect...

- academic, extracurricular and special needs programs that prepare students for the future
- our ability to attract and retain the best teachers
- funding to maintain and secure our facilities to keep our school children safe
- our strong property values by continuing to attract families with young children to Beachwood

Many Cultures, One Bison

Beachwood High School and Middle School students celebrated One Bison Day during Homecoming Week by inviting artist **Van Taylor Monroe** to our schools. Mr. Monroe inspired students with his life story and his art career. All high school and middle school students designed their own hats to celebrate their individualized styles, cultures and traditions. This event further developed our focus to celebrate diversity within our unity as a school community.



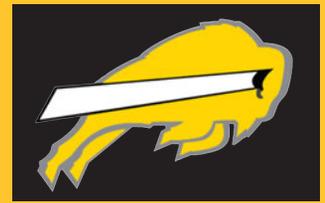
bepresentohio.org

Student Mental Health

In collaboration with Bellefaire JCB, the district sponsored a parent information night that focused on student mental health. The presenters shared critical information with parents of children of all ages. Meanwhile, throughout the month, assemblies and classroom lessons at Hilltop School, the middle school and high school illustrated the warning signs of mental health issues and how to obtain help for oneself and others. The programs empowered students and staff to "Be Present" for one another and connected to Ohio's broader campaign.

ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, (216) 464-2600 ext. 299 • rph@beachwoodschoools.org
Michele E. Mills, Director of Finance/Treasurer, (216) 464-2600 ext. 239 • mm@beachwoodschoools.org
Dr. Ken Veon, Assistant Superintendent, (216) 464-2600 ext. 230 • kev@beachwoodschoools.org
Lauren J. Broderick, Director of Pupil Services, (216) 464-2600 ext. 234 • ljb@beachwoodschoools.org
Linda LoGalbo, Director of Curriculum & Instruction, (216) 464-2600 ext. 289 • lhl@beachwoodschoools.org
Kathleen Stroski, Assistant Treasurer, (216) 464-2600 ext. 240 • ks@beachwoodschoools.org



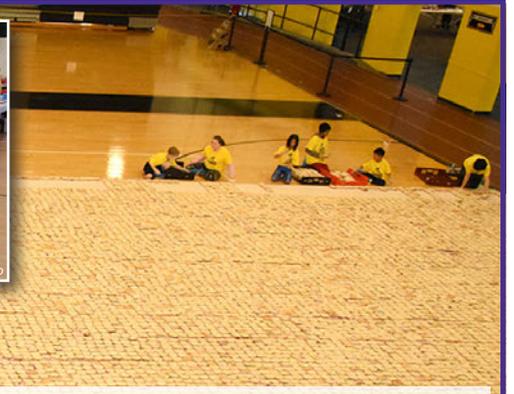
Homecoming 2018



The homecoming football game featured a big win over Painesville Harvey, the alumni band, drill team and cheerleaders, alumni who spanned several decades, and a recognition of long-time Beachwood administrator **Allen McCullough**, for whom our field is named. Congratulations to **Melondy Shen**, named Homecoming Queen by her peers. The bonfire blazed along with music, cider and the DonutLab, sponsored by the Beachwood Federation of Teachers, late into the night.



photo by Scott Morrison, Discovery Photo



Hundreds of volunteers answered the call to feed the hungry in NE Ohio by stampeding into BHS all day Sunday of Homecoming Weekend. Alumni, children, parents, neighbors and more helped set a world record by making 13,300 feet of SunButter and jelly sandwiches -- more than 2 1/2 miles! All sandwiches were distributed to food banks, shelters, and soup kitchens throughout the region. Mark your calendars to break OUR OWN record next Homecoming! Many thanks to BHS Junior **Lena Leland** for inspiring and leading this amazing event, and our generous lead sponsors, **SunButter, Welch's, Orlando Baking Co.** and **AVI Foodsystems**.

BEACHWOOD



www.facebook.com/BeachwoodBison



@beachwoodbison

Visit us at www.beachwoodschoools.org

Gloria's Way Memory Cafés

Gloria's Way Memory Cafés are a place to share stories, laugh, and make meaningful connections. Celebrate life with others affected by early memory loss and their caregivers, through discussions of world and cultural events, music, exercise, food tastings, and more.

Shalom Plotkin, from Right at Home In Home Care and Assistance, helps lead a different program on the second Tuesday of each month, from 10:30 am until noon, at the Beachwood Community Center.

Last month, a social worker, nurse and chaplain helped lead the discussion. On November 13, attendees will take a walk down memory lane as they review nostalgic photos. Cafés also include healthy snacks and camaraderie.

Also, the Beachwood Community Center has a revolving gallery of art for attendees to enjoy.

No reservations are necessary to attend cafés, and there is no charge. For more information, contact Tonia Porras at 718.216.7416 or tporras@gloriaswaymc.org, or Shalom Plotkin at 216.357.1547.



Last month's café featured art appreciation and drawing.

Happy 65th Birthday BHS Class of '71

On September 21, the Beachwood High School Class of '71 gathered for a "Medicare Party" at the home of Paula and Mike Rollins. Since classmates felt that 10 years was too long to wait between reunions, they got together for a 60-year birthday celebration, a 45-year reunion and now, their Medicare Party. About 70 classmates attended from near and far, including Marlene Roberts, whose actual 65th birthday fell on the date. At the last minute, she flew in from California to celebrate her birthday amongst friends. The ticket for party's admission? A Medicare card! Everyone brought an appetizer and drink to share, and fun was had by all.



Larry Gordon, René Barrat-Gordon, Robin Brooker DeLamatre, Marc Bakst and Amy Fine Nadler



Ellen Arnoff Hacker, Steve Hacker, Sandi Blank Horwitz, and Beachwood Mayor Martin Horwitz



Sharon Cohen Arnold, Robin Bubis Zoss and Marlene Roberts



Paula Zavell Rollins and Mike Rollins



Gale Arnsen Ressler, Linda Weisberg Shepard, Marcie Deutsch Kirschenbaum and Bev Gips Israel



Bruce Belman, Rik Williger, Amy Jacoby Budish and Cuyahoga County Executive Armond Budish



Kathy Warner Ozan, Paula Zavell Rollins, Laurie Traeger Mackinnon and Gail Wasserstrom Jutkowitz, the "Fearless Fivesome," minus Nancy Weisman Rice, who died 15 years ago



Laurie Linden, Janie Freiberg Dunay and Randy Dunay



Penpals Part 2

by Joanne Frey

When I read the article about Polly Fine and her lifelong pen-pal in last month's *Beachwood Buzz*, I wanted to share my interesting story with *Beachwood Buzz* and readers, as I have had a pen-pal friendship that dates back to 1961.

When I was 10 years old, I received Christine Howling's name from the World Friends Club, published in the Cleveland Press, and began corresponding with her via snail mail. We wrote for years, exchanging photos and gifts, and learning more about each other as time passed. I was living in Beachwood, and Christine lived in Anstruther, Scotland, a small town on the eastern coast, near St. Andrews.

I had not yet met Christine when chance brought me together with her parents, Rosemary and Peter Howling, who had come to visit a friend of theirs in Cleveland. Mrs. Howling grew up in southern England, and had a Jewish friend (Thea Spiegel), originally from Germany, who had arrived in England via the Kindertransport. Thea, who passed away a few years ago, lived in Cleveland, and her cousin, Flo Dobrin, is one of my mother's best friends. "It was a very 'small world' experience!"

Christine is two weeks older than I. She was married at age 21 and had their first daughter, Joanne, whom they named for me, two months before my husband, Alan, and I married in 1976. We planned our honeymoon in England and Scotland, where, after all these years, I would finally meet my pen-pal. What a pleasure that was; we stayed with Christine's parents and were treated like royalty.

As years passed, our relationship blossomed to a family affair. When my parents, Shirley and Bernie Gordon, traveled to the UK, they visited the Howlings and Christine's family, as did our daughter, Rachel, with her then-boyfriend Jesse before they married.



Joanne and Christine in 2011.

Christine and I met about 20 years later in the US, another time for Christine's oldest daughter's wedding, just outside Toronto, and yet again when my husband and I drove through a blizzard to join our friends for lunch in Olean, New York. Our last meeting took place when our daughter, Lisa, and Sam were married in 2011.

Christine's husband, Joe, often worked in Houston, so I invited them to attend the wedding if they were already in the United States. Imagine my surprise when she told me that his work no longer brought him to Houston, but that they would still be delighted to attend.

It was wonderful to have them here. We spent more time together than we had in all previous visits. We had been two strangers – young girls from different parts of the world – who met totally by chance, and here we are, 57 years later, very grateful for our beautiful friendship.

Hey Beachwood, Help Your Neighbors!



Nearly
Every day
Individuals who are
Good people
Help
By supporting
Our friends –
Reach out to
Support them



Village *in the*
Heights

Help Us Put the Word "Neighbors" back into Neighborhoods

VOLUNTEERS NEEDED

In BEACHWOOD, a volunteer team helps more than 100 older neighbors (80+) by taking their trash cans to the curb and back each week for collection, and that's just a start.

Whether you need help or would like to lend a helping hand, please get involved. It's the neighborly thing to do!

To volunteer or for more information, call 216.512.1844, email info@villageintheheights.org or visit www.villageintheheights.org

This is a joint project of the City of Beachwood and Village in the Heights (a 501(c)(3) nonprofit organization).

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UH Ahuja Medical Center Offers Lifesaving Lung Cancer Screening

As a pulmonologist – a specialist in the diagnosis and management of lung diseases – and an expert in public health, University Hospitals Ahuja Medical Center physician David Rosenberg, MD, MPH, is passionate about tobacco use.

“There is no safe level of tobacco use,” he says. “If you are a smoker, the number one thing you can do for your health is quit.”

And, contrary to popular belief, it’s never too late to quit, Dr. Rosenberg adds. “You improve your life expectancy, whatever age you quit, compared with individuals of the same age who continue to smoke,” he says.

Serious Statistics

The data highlighting the risks of smoking are dramatic. According to the American Lung Association, 25 percent of all cancer deaths in 2018 will be from lung cancer. That makes lung cancer the leading cancer killer in both men and women in the United States.

Unfortunately, lung cancer often has a grim prognosis, with a five-year survival rate of less than 20 percent, Dr. Rosenberg notes. “This is mainly because most cases of lung cancer are diagnosed when the disease is already in a late stage,” he explains. “As is true for other cancers, the earlier lung cancer is diagnosed, the better the outcome is likely to be.”

Screening Saves Lives

But fortunately, with the widespread availability of the latest imaging technology, it’s now easier for people to get screened for early lung cancer. Screening means testing for a disease when there are no symptoms or history of that disease.

Low-dose computed

tomography (also called a low-dose CT scan or LDCT) is the only recommended screening for lung cancer. This fast, noninvasive test can detect lung cancer early, when it is very treatable. The latest low-dose CT scanners can detect lung nodules – growths on the lungs – as small as an eighth of an inch.

“Studies show lung cancer screening by low-dose CT scan reduces the risk of dying of lung cancer,” Dr. Rosenberg stresses.

UH offers low-dose CT at 20 locations across northeast Ohio, including UH Ahuja Medical Center and UH Chagrin Highlands Health Center. For people at high risk for lung cancer (see box) the test usually is covered by insurance.

Beyond Screening

Individuals in whom a low-dose CT scan detects a nodule are referred to the Lung Nodule Program at UH Ahuja Medical Center. This specialized team of physicians and nurses provides comprehensive evaluation to determine if a lung nodule is cancerous and state-of-the-art treatment if needed.

“Most lung nodules are benign (noncancerous),” Dr. Rosenberg stresses. “However, a nodule also may be an early-stage lung cancer. Determining whether a lung nodule is benign or malignant is an important first step in achieving the best possible outcome.”

Some lung nodules only require close follow-up

and regular evaluation by a pulmonologist. If cancer is detected, the Lung Nodule Program team closely collaborates with the lung cancer experts at UH Seidman Cancer Center to develop a comprehensive individualized treatment plan.

University Hospitals Ahuja Medical Center is located at 3999 Richmond Road, Beachwood. UH Chagrin Highlands Health Center is located at 3909 Orange Place, Beachwood.

To make an appointment with Dr. Rosenberg for evaluation of a lung nodule or some other form of lung disease, call 216.593.5864.

Low-dose computed tomography (also called a low-dose CT scan or LDCT) is the only recommended screening for lung cancer. This fast, noninvasive test can detect lung cancer early, when it is very treatable.

Who should get screened for lung cancer?

Low-dose CT for lung cancer screening is recommended for people who meet the following criteria.

- 55 - 74 years old
- Smoked at least one pack a day for 30 years or more than two packs a day for 15 years
- Quit smoking less than 15 years ago

A physician order is required. Call your primary care physician today to discuss if this test is right for you. Need a primary care doctor? Call 866.UH4.CARE for help in finding a UH primary care doctor close to where you live or work.

BAN THE BAG

by Gabriel Stern



Plastic bags: They're a part of our everyday life. We use them when we are grocery shopping, shoe shopping or bringing leftovers home from a local restaurant.

Plastic bags were first introduced in 1977, and by 1982 most stores in the United States were using these chemical-filled bags. It took time for disposable plastic bags to catch on; until 1985, the majority of stores used paper or reusable bags. But when they caught on, they were everywhere.

At the time, plastic bags may have seemed miraculous, but they have a dark side.

Some grocery stores may ask if you'd like to purchase a reusable grocery bag or ask if you brought your own, but most of the time the answer to both questions is no. The single-use plastic bag is the source of the

pollution that now floods our rivers, landfills, oceans and beaches, ruining our environment and marine life.

There are about one trillion plastic bags consumed every year all around the world. About 100 billion of them are used and thrown away every year, costing retailers billions of dollars.

A recent study found that Lake Erie is polluted by at least 100 million pieces of plastic, most of which are from straws and plastic bags.

Scientists have even spotted a plastic bag at a depth of 36,000 feet below sea level at the bottom of the Mariana Trench.

Plastic bags are non-biodegradable, so instead of breaking down naturally, they break into smaller, more toxic pieces. These pieces contaminate soil and water, impacting humans with indigestion through food and water. Worse, plastic contaminants can be linked to cancers and birth defects.

The single-use plastic bag is the source of the pollution that now floods our rivers, landfills, oceans and beaches, ruining our environment and marine life.

Plastic bags are responsible for the deaths of seagulls, whales, sea turtles, and hundreds of other species. Ocean plastic is estimated to kill millions of marine animals every year.

Some governments have banned plastic bags to show their support and care for the environment and its wildlife. Countries such as the United Kingdom, France, China, Netherlands, Australia and Kenya have either banned or introduced taxes on single-use plastic bags.

The United States is very late to this party, with San Francisco being the first of few cities to take action. They city has put a 10-cent tax on plastic bags, strongly encouraging the use of reusable bags, leading to a 72% reduction in plastic bag pollution.

The most effective tool against fighting plastic pollution is us. As consumers, we are the force of change when it comes to what is produced in our society.

The Simple Fix

The most effective tool against fighting plastic pollution is us. As consumers, we are the force of change when it comes to what is produced in our society. Consumers fell in love with the automobile, making the landscape what it is today. Consumers took a liking to computers and nurtured the Internet, on which this piece was first published. It is consumers who started buying plastic bags, and it is consumers who may put an end to their use for good.

Gabe is a BHS junior who is a strong advocate for environmentally conscious actions. He runs and designs a clothing line titled 'goosie' which can be found at www.goosie.bigcartel.com.

What You Can Do to Help

- Always bring a reusable bag when you shop
- Bring a refillable bottle and don't buy plastic water bottles.
- Don't use plastic straws
- Buy less and reuse what you have

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YLD Big Event

Saturday, November 17 at 8:00 pm
House of Blues (308 Euclid Avenue)

Connect with 400+ Jewish Clevelanders in their 20s, 30s, and 40s and celebrate the 2019 Campaign for Jewish Needs at the Jewish Federation of Cleveland Young Leadership Division's

signature fundraising event of the year! Enjoy an open bar, delicious kosher food, and music by DJ Steph Floss.

Learn More & Register at www.jewishcleveland.org.



Comedian Mike Polk takes the stage for the Jewish Federation of Cleveland's YLD Big Event last year.

History Book Club

Did you know there is a book group just for history lovers? This is an independent group, free and open to all, that meets at the Beachwood Library. New members are always welcome. For more information and to register, contact Margaret Reardon at margaret_reardon@att.net or 440.292.7739.

Wednesday December 5 • 7 pm
The Moralist: Woodrow Wilson and the World He Made,
by Patricia O'Toole

Wednesday January 16 • 7 pm
Leadership: In Turbulent Times,
by Doris Kearns Goodwin

Lifelong Learning Programs

DNA 101: How to Use Genetic Testing for Genealogical Research
Sunday, November 11 • 1-2:30 pm

Sorting Out Distant Cousins from Close Family: Genetic Testing in Cases of Endogamy
Sunday, November 11 • 3-4 pm

Both lectures, presented by Lara Diamond, genealogist, are co-sponsored by the Jewish Genealogy Society of

Cleveland and Siegal Lifelong Learning Program at Case Western Reserve University. The lectures are free for members of Siegal Lifelong Learning or \$5 for nonmembers. For more information, visit <https://case.edu/lifelonglearning/upcoming-events/> or call 216.368.2091.

Lectures take place at Siegal Lifelong Learning, Landmark Centre Building, 25700 Science Park Dr, Beachwood.

Joy is the simplest form of gratitude
~ Karl Barth



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Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month on Tuesdays at the Beachwood Library, unless otherwise noted. Meetings are from 7-9 pm and guests are always welcome!

November 6

Featured speaker will be Errol Bellon, a long-time CVCC member and very well-regarded photographer in the Cleveland area. He is also an expert on wildlife photography -- a life-long passion that he has pursued throughout the world. In previous talks on the subject, Errol has addressed such topics as "the tactical do's and don'ts" of photographing in the wild, but this session will focus on broader aspects of animal behavior and why developing this knowledge contributes to creating outstanding wildlife images.

Whether your interests range from birds in the Metroparks to elephants charging on the Savannah, you will certainly find Errol's presentation lively and informative.

November 20

On this evening, the club offers its annual "People's Choice" competition -- one of two major group competitions held during the year. Here, members provide photos for display on the walls of the Beachwood main library, and the membership then votes on some of their favorites from several categories. It is a night of active engagement and all-

around fun for participants and viewers alike. Voting is limited to members, but even if you are there simply to observe, it's a great way to gain a sense of both the expertise and the supportive nature of the club's membership as a whole.

December 4

At the Mayfield Library

Barry Underwood, one of Cleveland's leading photographers, is the featured speaker. Barry is a professor at the Cleveland Institute of Art and his work has been exhibited and collected throughout the world. He has received numer-



Photo by Errol Bellon, November 6 guest speaker.

ous honors, including a 2011 Cleveland Arts Prize. Among his notable works are long exposure landscape images that incorporate artificial light sources -- images for which he has received international acclaim. This is sure to be a stimulating discussion by a master of the art of photography.

For a complete overview of meetings, speakers, and events, please visit www.chagrinvalleycameraclub.com.

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Ears, Meds, Allergies or Muscle Weakness: What's Your Balance Issue?

Winter has its ups and downs, literally. Walking on snow and ice is dangerous and has taken many people down in accidental falls. But there are many causes other than slippery sidewalks that can throw you off-kilter. Certain medications and even an upper respiratory infection can cause you to lose your balance.

Eran Shiloh, PT at The Peter B. Lewis Aquatic & Therapy Center suggests you take heed if you have any of the following conditions:

- An inner ear infection
- Meniere's disease (increased fluid volume and pressure in your ear that can cause dizziness, ringing in your ears and eventually hearing loss)
- Muscle weakness from lack of exercise or other reasons
- Inflammation from the flu or allergies, sinus infection
- Labyrinthitis (an inner ear

disorder affecting your spatial navigation and balance control)

- Failing eyesight
- Neuropathy in your feet and lower legs (weakness, pain or numbness due to pressure or damage to peripheral nerves)
- Arthritis in your hips, knees, or ankles
- Vertigo

Experts suggest that you talk to your doctor if you are experiencing any type of balance issues and request a referral to a specialized fall prevention program, like the one at the Peter B. Lewis Aquatic & Therapy Center of Menorah Park.

Did you know that researchers report that each year an estimated 400,000 falls can be avoided with a home safety evaluation conducted by a licensed occupational therapist? This is one other opportunity within the Center's Fall Prevention Program to keep you at your best.

These simple tips can also help keep you safe:

- Proper lighting and clearing items from floors in dark hallways and stairwells
- Removing throw rugs
- Installing grab bars in showers and tubs
- Installing railings near steps
- Strengthening your legs and back with regular exercise and therapy if needed
- Wearing properly fitted shoes
- Avoiding ill-fitting pants, dresses and coats that are too long
- Joining a health maintenance club to keep muscles from experiencing atrophy

Menorah Park is offering free balance screenings on Friday, November 9 and Friday, November 16. Call 216.595.7345 to schedule yours.



Eran Shiloh, licensed physical therapist and balance specialist says, "Balance issues can be complex. They could be visual; vestibular, fluid-filled canals that send information about head movement to the brain; or, somatosensory, specialized nerve cells in joints and muscles that sense the position of joints and muscles."

Menorah Park is offering free balance screenings on Friday, November 9 and Friday, November 16. Call 216.595.7345 to schedule yours.



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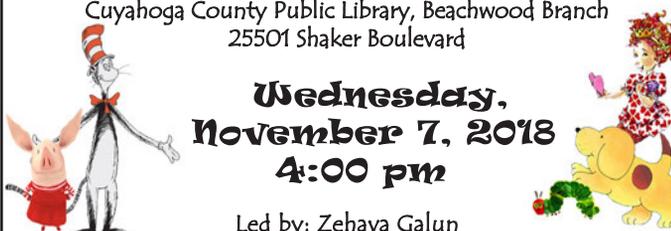
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Programs at The Gathering Place

The Gathering Place is a cancer support center that provides free programs and services to help individuals and their families cope with the emotional, physical, spiritual and social impact of a cancer diagnosis. Programs include support groups, a lending library, information and resources, hands-on cooking classes, exercise classes, a free wig for women dealing with hair loss from cancer treatment, programs for children and teens, lectures and workshops, massage, tai chi, yoga and Reiki and grief support programs.

To learn more about how The Gathering Place can help you, visit www.touchedbycancer.org. The Gathering Place is located in Beachwood and Westlake. The Beachwood address is 23300 Commerce Park. All programs listed are in Beachwood and require advance registration unless noted. Call 216.595.9546 to register.

Not Easy November and Dickey December: Tips for Managing Holiday Stress

Tuesday, November 6
 6:30 - 7:30 pm

Learn coping strategies for self-care during the holiday season

Drumming & Walking: A Meditation on Gratitude

Wednesday, November 7
 6 - 7:30 pm

Drum and walk the labyrinth while focusing on gratitude. Drums provided. No experience necessary.

Cancer Fighting Kitchen from Author Rebecca Katz

Wednesday, November 14
 6:00-8:00pm

Learn the latest information on the food and cancer connection, while preparing nourishing

recipes for yourself or a loved one during and beyond cancer treatment. Access to Rebecca Katz's on line, self-paced course will be available for 10 months after completion of this class.

Grief: When Will It End?

Wednesday, November 21
 11 am - 12:30 pm

A group for adults who have experienced the death of a loved one from cancer more than one year ago.

Fun with Fitness & Food

(For families who have a child or teen diagnosed with cancer)

Saturday, December 1
 11 am - 12:30 pm

Learn how nutrition and exercise play important roles for children with cancer and benefit the entire family.

Women of Fairmount Temple

The Women of Fairmount Temple invite you to attend the following programs at Fairmount Temple:

"Embrace Your Voice:

**Be Impassioned,
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November 9-11

Join the Women of Reform Judaism for their 2018 WRJ Central District Convention in Beachwood, from mid-day Friday through mid-day Sunday, for a weekend of learning, camaraderie and empowerment. The group will stay and hold its meetings at the Embassy Suites Beachwood, and spend Shabbat at The Temple Tifereth-Israel, WFT's host sisterhood. To register or for questions, email womenft@fairmounttemple.org

Tuesday, November 13

Monthly Bible Class • 11 am

Class continues with Diane Lavin, who will talk about *King David and the Women He Loved*. For more information, contact Phyllis Berlas at 216.381.8738.

Optional lunch • 12:15

The cost is \$10/WFT members, \$14/guests. Make your reservation the Friday before by emailing womenft@fairmounttemple.org or calling Phyllis Henry at 440.461.7921.

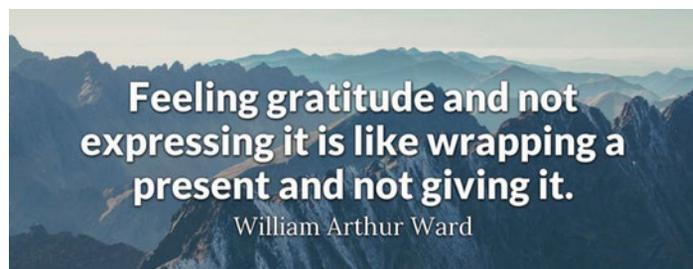
Presentation by Judy Payne of the Cleveland Kids Book Bank 1 pm

Judy will talk about how books change lives. There is a \$5 fee for non-members. RSVP to womenft@fairmounttemple.org. Donations of new or gently-used books will be much appreciated.

Sunday Game Day!

Sunday, November 18
 1 - 4 pm

Enjoy an afternoon of Mahj, Bridge, Canasta, Rummikub, and more. You can come yourself or fill a table. \$15/person. Registration due by November 12. RSVP to womenft@fairmounttemple.org.



Celebrate Chanukah

Anshe Chesed Fairmount Temple (23737 Fairmount Blvd., Beachwood) will celebrate Chanukah with a Shabbat Service on Friday, December 7, at 6:15 pm. Join the temple clergy, volunteer Chorale and the Hava Nashira Jr. Choir for this Chanukah celebration filled with joyous music.

Following the service, stay for a festive oneg with latkes and a mitzvah opportunity of assembling bus-pass kits for the homeless. All are welcome!

Other Chanukah Opportunities:

Families with children from preschool to 2nd grade are invited to a free Chanukah Party on Wednesday, December 5, 5:30-7 pm, with craft, music, the story of Chanukah and a casual dinner. RSVPs required to Jane Mayers at 216.464.1752, or jmayers@fairmounttemple.org.

Families with preschoolers are invited to a free Holiday Happenings Program on Sunday, December 9, at 9 am. Children (pre-K and under), accompanied by a parent or grandparent, are invited to learn more about Chanukah through craft, song and story. To RSVP, contact Elizabeth Kleckner at 216.464.5890 or Ekleckner@fairmounttemple.org.

Health & Wellness Fair

The B'nai Jeshurun Sisterhood will present a Health & Wellness Fair on Sunday, November 18, from 9 am-3 pm, at the synagogue, 27501 Fairmount Blvd, Pepper Pike.

The Fair, which is free and open to the community, will offer a wide range of free screenings and classes. There will also be giveaways and a raffle for one JCC membership.

Screenings available will include eye, cholesterol, Diabetes and blood pressure.

Classes will cover topics that include deciphering the Keto diet, navigating telemedicine, childhood obesity and immunizations, teenage depression and suicide prevention, and eye, colon and dental health. Lectures begin at 9:30 am and run throughout the day.

The event will also provide an opportunity to donate to "I Support the Girls," an agency that distributes new and used bras, along with unopened packages of feminine hygiene products to homeless women and girls. Anyone who brings in a new or gently used bra or new feminine hygiene product will get a free ticket for either a pancake breakfast or a baked-potato lunch bar at the event.

For more information, email Eve Phythyon at epsedatem@gmail.com.

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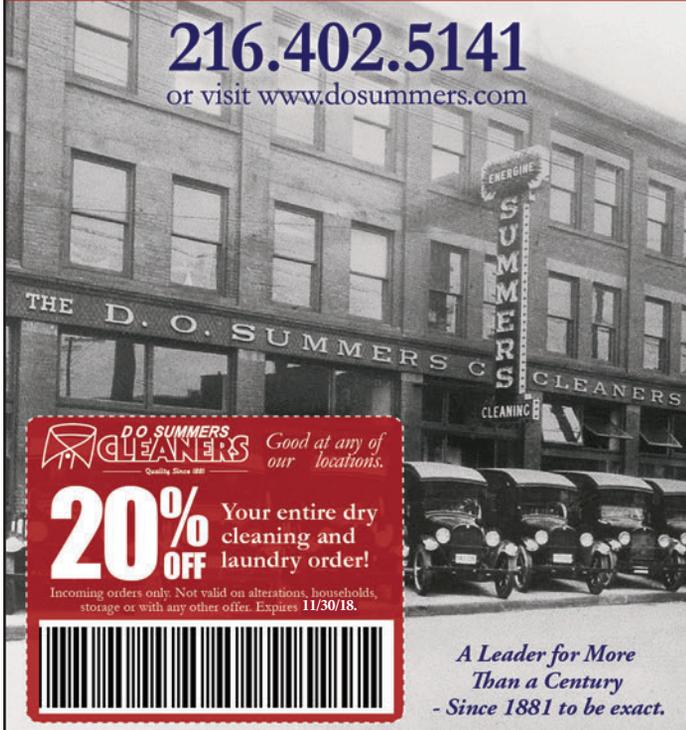
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Dahlia Lithwick to Speak About Civility and the Courts at NCJW's Annual Lois Zaas Memorial Advocacy Lecture

"Civility in UnCivil Times" is the topic when award-winning journalist Dahlia Lithwick, a senior editor at *Slate*, discusses the role of the courts and the responsibility of citizens in these uncivil political times. The National Council of Jewish Women/Cleveland's event will be held on Wednesday, November 7, at Park Synagogue East, 27500 Shaker Boulevard, Pepper Pike. The event begins at 7 pm.



Dahlia Lithwick

Dahlia, a lawyer and expert in the activity of the courts, writes the "Supreme Court Dispatches" and "Jurisprudence" columns, for *Slate*. A frequent TV guest and commentator, she has appeared on CNN, ABC, the former Colbert Report and The Rachel Maddow Show. Dahlia's work has appeared in the *New York Times*, *Harper's*, *The New Yorker*, *The Washington Post*, and *Commentary*, among others.

"Ms. Lithwick's appearance in Cleveland is a not-to-be-missed event," said Rosean Schmidt, chair of the 2018 Zaas Advocacy Lecture.

"Her longtime expertise in judicial affairs and her prominence as guest commentator in major media promises enlightening insights into today's intemperate environment," added Laura Kuntz, vice president, Advocacy.

The Lois Zaas Annual Memorial Advocacy Lecture is sponsored by the family of the late Lois Zaas, who was an NCJW local and national activist. The event is free and open to the public, with reservations requested at 216.378.2204, ext. 100. For more information, visit www.ncjwcleveland.org.

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It was the City of Beachwood's pleasure to participate in the Beachwood Chamber of Commerce's Business Expo! They asked people why they "stick with Beachwood," and received responses that ranged from "cheap taxes" to "the snow melts before it even hits the road." Why do you stick with Beachwood? Email responses to beachwoodbuzz@gmail.com.

Elderclass

Beachwood City Schools is proud to offer our senior community members regular 'lunch and learn' opportunities at Beachwood High School. Each Elderclass experience begins with a three-course lunch in the school's Bistro, followed by a musical, historical or variable presentation from local keynote speakers.

For Beachwood residents, lunch is \$5, paid in advance, and given priority seating over non-residents. Non-Beachwood residents pay \$8 for lunch. The program is always free and immediately follows the lunch, starting promptly at 1 pm, in the Beachwood High School auditorium.

If you plan to attend the lunch and are not on the Elderclass mailing list, please call 216.464.2600 or email ddhuse@beachwoodschoools.org for registration information and to be added to the list.

Since parking is limited, A shuttle bus will transport you to and from the main entrance, before lunch and after the program, when you park at the Northeast corner of the parking lot. Personal sound amplification devices are available, and additional seating for walkers and wheelchairs is located on the second level. Please use the elevator near the entrance.

November 8
Felicia Stadelman

Picasso is the subject of Stadelman's "Through the Eyes of the Artist" session. Felicia fills a hole in art history by delving into the personal lives and feelings of famous artists. Using music, prints and powerful images to tell the artist's story, She will introduce you to this extraordinary man whose powers of invention and execution spanned more than 80 years.

Musical Sisters Return to Fairmount Temple

Fairmount Temple is pleased to welcome the Hollander sisters as special musical guests for the Friday, November 9, 6:15 pm Kabbalat Shabbat Service. The sisters, Celia Hollander Lewis, Anita Hollander, and Rev. Rachel Hollander, will be joined by Celia's husband, Charlie Lewis, and Anita's daughter, Holland Hamilton.

By melding traditional prayers and songs with the melodies of James Taylor and others, they put a new spin on the music at the service, which will be led by the Fairmount Temple clergy.

The multi-talented Hollander family savors every opportunity to sing together at Fairmount Temple. Their mom, Iris November of Beachwood, encouraged

them growing up to make music everywhere, at temple, theaters, TV shows, Hadassah luncheons, and department store holiday celebrations.

Celia and Charlie are part of Fairmount Temple's Kabbalat Shabbat band. Anita is the children's choir director and soloist at the Village Temple in NYC, and Rachel manages SpiritStone Spiritual Center. Holland is a teacher and performer in New York City.

This service is open to all and followed by a reception. For those who are unable to be at the synagogue in person, Fairmount Temple streams Shabbat services at www.fairmounttemple.org (look for "streaming" link on home page).



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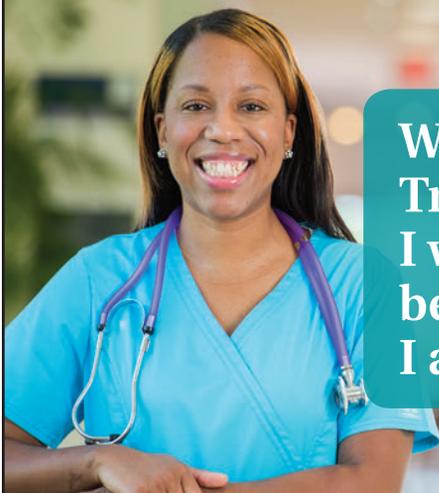


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On Sunday, September 16, the City of Beachwood held its 19th annual Honkin' Haulin' Hands-On Trucks event at its Municipal Service Center on Mercantile Road. While kids enjoyed a fleet of activities, including crafts, cruising in safety town cars and getting up close and personal with more than 30 trucks, parents had an opportunity to get a behind-the-scenes look at the City's Municipal Service Center. Kids also created their own license plates, dressed up like a service worker and fire fighter, tried their hand at pulling a real fire hose, received keys and their very own driver license. The City of Beachwood gives a honkin' haulin' THANK YOU to everyone who attended!



Soccer Team Breaks Record



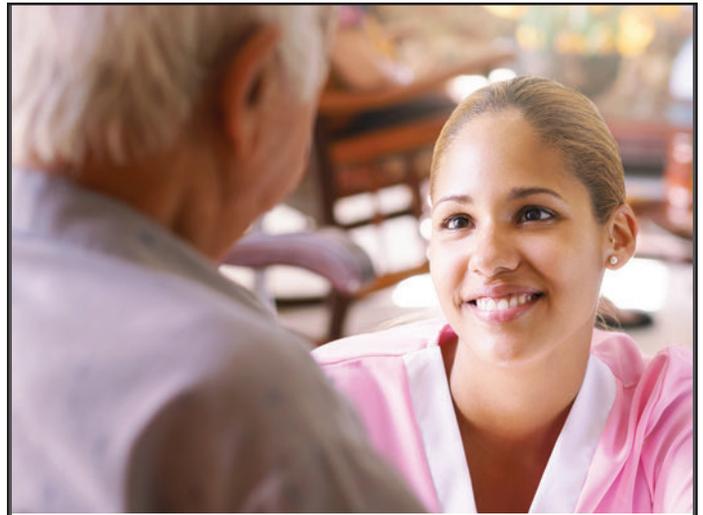
The Lady Bison Girls Soccer team recorded their 12th victory of the season as they defeated Mizrachi, 8-0. They broke the score record for most wins in a season, and the best record in school history (12-3). Congrats, ladies, on making history for Beachwood High School!

Cross Country Team Finishes 2nd



Congrats to the Beachwood Boys Cross Country team on finishing 2nd as a team at the Chagrin Valley Conference Championships. Special shout outs to Joe Spero and Greg Perryman for earning 1st Team All Conference Honors. Go Bison!

Champions keep playing until they get it right.
~ Billie Jean King



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BEACHWOOD FALL FESTIVAL

by Arlene Fine
Photos by Scott Morrison



Tess Fletcher and
Maya Bourguignon

The Beachwood City Hall parking lot was hopping with family-friendly activities, making this year's Fall Festival the best yet. The event, which drew 6,000 participants, included rocking music by the band Revolution Pie, ninja courses, food trucks, crafts, games, inflatables, Unique Boutique, a scavenger hunt, pumpkin patch and community booths. Special guest Michelle Warnky, American Ninja Warrior athlete and Ohio native, was on hand to meet her many fans. The Festival was presented by City of Beachwood, Beachwood City Schools and Beachwood Chamber of Commerce.



Bowen Zhang and Zilin Zhang



Tara Warner, Terri Sternberg and
Pam Leikin



Wendy Wexler and
Marilyn Schickler



Abdul Elepele, Alvin Zhang and
Olivia Patterson



Christian Mayfield, Lena Leland
and Ayla Gambrell



Lyn Harris, LaMarcie Tiggs and
Paulette Tiggs



Ronnie and Chloe Kertesz



Ray and Lois Bernzweig with
Chaya and Rochel Kaye



Arlene Kaplan, Marilyn Weinberg, Mel Weinberg and Mary Keane



Blake Parhamovich and
Geoffrey Lane



Beachwood City Council
member Barbara Bellin Janovitz
and Lee Janovitz



Ben Linick and Jackson Klein



Brennan Wohl, Brody Miller
and Reese Miller



Shivani Rajgopal



Theo Johnson



The Homewood Suites mascot with Mayor Martin Horwitz



Alexander Johnson



Howard Gilmore, Les Snider, Beachwood Police Chief Gary Haba and Judy Kossoff



Susan Namen, Laura Zuckerman, Stevie Jacobs, Marla Keilin, Phyllis Kalk and Joe Kalk



Hande Kaya Celiker and Ada Celiker



Jack Wallenstein



Orli, Shira and Neshama Teller



Clifford and Aaron Wolf with Devora, Yael and Shira Wolf



Rachel Cohen and Emma Ginsberg



Cathy Meng



American Ninja Warrior athlete Michelle Warnky with Aarib Husnain



Matthew Friedman, Jessica Craker and Roman Caputo



Cedar the Service Dog



Esther Rutman and Rita Kohr

Upcoming Programs at the Library

Registration is required for all programs, except storytimes or otherwise noted. To register, please call 216.831.6868 or visit cuyahogalibrary.org.

RESET for Retirees – 5 Steps to a Strong and Passionate New Life Direction

Wednesdays, November 7, 14, 21,
28 and December 5 • 7-8:30 pm

Are you ready to push the reset button and figure out what you need to do to make your retirement fabulous? Instructor, Anja Sassenberg-DeGeorgia of Forward Life Coaching, LLC, will help you RESET your retirement goals with these 5 easy steps: reflection, excellence, set specific goals, execution and time management. Find out how to follow these steps to relaunch your life.

Global Cleveland Immigration Series: The Truth about DACA

Thursday, November 8 • 7-8 pm

Have you heard about DACA on the news and don't know what it is? You probably wonder how much of what people say is true and how much is not. Or, maybe you're a "Dreamer" and you want to know more about this act? This is part three of the library's immigration series. Presented by Susan J. Blumenthal, Esq. HSUS District Leader Volunteer Ohio, 11th District.

Through the Eyes of the Artist: Henri de Toulouse Lautrec

Friday, November 9 • 10-11 am

Art historian Felicia Zavarella Stadelman returns with her popular series on the lives and works of beloved artists. Henri de Toulouse Lautrec, considered the bohemian artist of the "beautiful era" in Paris in the last decade of the 19th century, was once told, "Your paintings are atrocious, but very chic." His colorful and theatrical life yielded a collection of provocative images of his modern and sometimes decadent life.

Meet Author Rachel Kadish: Part of the Mandel JCC Jewish Book Festival

Sunday, November 11 • 2-3:30 pm

Rachel Kadish will discuss her book, *The Weight of Ink*, a 2017 National Jewish Book Award winner. This emotional jigsaw puzzle of a novel, set in London of the 1660s and of the early 21st century, tells the interwoven tale of two women of remarkable intellect. The *USA Today* bestseller was also the winner of the Association of Jewish Libraries Jewish Fiction Award and was selected as one of Amazon's "Best Book of the Year," *Ms. Magazine's* "Bookmark" titles, and *The Jewish Exponent's* "2017 Top Reads."

Art Book Club

Monday, November 12 • 2-3 pm

Enjoy a discussion about *Vincent and Theo: the Van Gogh Brothers*, by Deborah Heiligman. No registration is required.

BookChat

Tuesday, November 13

7-8:30 pm

Enjoy a discussion about *Clock Dance*, by Anne Tyler. Items will be available at the circulation desk one month before the discussion. No registration is required.

Third Wednesday/Thursday Book Discussion

Wednesday, November 14

1-2 pm, and

Thursday, November 15 • 2-3 pm

Enjoy a monthly book discussion led by library staff. Items will be available at the circulation desk one month before the discussion. November: *Woman in the Castle*, by Jessica Shattuck; December: *The Immortalists*, by Chloe Benjamin. No registration is required. All are welcome!

Cyber Security and Holiday Scams

Thursday, November 15 • 7-8 pm

Join Danelle Musil of the Cuyahoga County Department of Consumer Affairs to learn about cyber security and holiday scams, and how to avoid them.

Drop In and Download

Saturday, November 17

10 am-1 pm, and

Monday, November 19 • 2-5 pm

Learn how to borrow free eBooks, eAudiobooks, eMagazines, movies and music from the library's digital collection – anytime, anywhere. Bring your device and passwords to get started. The digital collection is available 24/7, 365 days a year, and there are never any late fees!

Meet Author Kristina McMorris

Monday, November 19

7-8:30 pm

Kristina McMorris will discuss her book, *Sold on a Monday*, a heartbreaking and heartfelt novel inspired by an actual newspaper photograph that stunned the nation. *Sold on a Monday* is a powerful novel of love, redemption, and the unexpected paths that bring us home. Kristina McMorris is a *New York Times* and *USA Today* bestselling author. Inspired by true personal and historical accounts, her novels have garnered more than twenty national literary awards.

Cleveland Opera Theater – Opera: It's Not Just Old... or Italian!

Tuesday, November 20

7-8 pm

Contrary to popular belief, operas are still being written and not just in Italy. Listeners are guided through some of the 20th century's most notable composers and works to help

audiences become familiar with new(er) operas and 20th-century composers.

How to Cut the Cable TV Cord – for Non-Technical People

Tuesday, November 27

7-8 pm

Had enough of high cable or satellite TV bills? Learn how to get free over-the-air TV broadcasts without cable or satellite. All it takes is a digital antenna.

Dr. Suber Huang – Eye Health

Thursday, December 6 • 7-8 pm

Dr. Suber Huang will speak about the aging eye, some leading causes of blindness and the latest treatments in eye disease, and answer questions on other topics of interest by the audience. Dr. Huang is the chair of the National Eye Health Education Committee and one of four spokespeople for the National Eye Institute of the National Institutes of Health.

Plant-Based Cooking

Friday, December 7 • 2-3 pm

Chef Giulia shares ways to eat healthy. Learn about the wide variety of plant-based foods available, ideas for swapping plant-based foods into your current diet, and how to prepare low-carb snacks.

STEAM Tuesdays:

Junior Geographers

Tuesday, November 6 • 4 pm

Grades 2 to 5

Explore the wonders of geography with fun activities!

Hebrew Storytime

Wednesday, November 7 • 4 pm

Enjoy stories and songs in Hebrew and English. Presented in collaboration with the Jewish Education Center of Cleveland.

Gross Schechter Day School to Perform "To Kill a Mockingbird"

Chinese Storytime

Saturday, November 10 • 10:30 am
Families

Enjoy stories, songs and rhymes in Mandarin Chinese and stay for a craft and playtime. Presented in cooperation with the Chinese Language and Culture Center.

Friday Family Fun:

Fun With Numbers

Friday, November 16 • 10:30 am
Ages 2 to 6 with a caregiver

Enjoy stories, songs, activities and crafts that all feature numbers.

Magic Treehouse Club:

Lions at Lunchtime

Thursday, November 29 • 4 pm
Grades 1 to 4

Travel with Jack and Annie on magical adventures through space and time. Enjoy the discussion, games, crafts and activities.

Storytimes

Enjoy stories, rhymes, songs and fingerplays with your young ones.

Toddler Storytime

Mondays • 4 pm, and
Wednesdays • 10 am
Ages 19-35 months
with a caregiver

Baby & Me Storytime

Tuesdays • 4 pm, and
Thursdays • 10 am
Caregivers and their babies
from birth-18 months

Preschool Storytime

Wednesdays • 1:30 pm
Ages 3-5 not yet in kindergarten
and their caregivers

Pajama Party Storytime

Wednesdays • 6:45 pm
Ages 19 months-5 and their
caregivers

Wear your PJs to this special storytime!

Gross Schechter Day School middle school students will be performing "To Kill a Mockingbird" on Tuesday, November 19, at 6:30 pm.

Sheri Gross, director of Creative Programs at Schechter and the play director, explained, "The idea of tackling To Kill A Mockingbird with our 5th-8th graders was a very ambitious one, but we knew our students were up for the chal-

lenge. They have taken this process very seriously, and the very mature content and the subject of racism has become extremely important to them. I am so proud of these young actors, and I know that even in this early stage of the rehearsal process, this production has helped them become stronger advocates for justice."

Beachwood actors include: Eli

Wolf, Adina Berger, Elijah Kriwinsky, Jude Landes, Isaac Gorodeski and Maya Greller.

Gross Schechter Day School is located at 27601 Fairmount Boulevard, Pepper Pike. Tickets go on sale November 5, and are available in the school's front office. They will also be available at the door. For more information, please call 216.763.1400.

Cleveland Jingle Bell Run 5k

**Sunday, December 9 • Legacy Village • Festivities Begin at 7:30 am
5k Run/Walk and 1-Mile Family Fun Run step off at 8:30 am**

End your running year or start a new holiday tradition at the Arthritis Foundation's Jingle Bell Run – the longest-standing 5k festivity in the country. Get jolly for a reason this holiday season and be there with bells on for the one-in-four Americans with arthritis, the nation's leading

cause of disability. Bring your friends, co-workers, and family (even your dog!) to this fun-filled day of holiday cheer.

More than 1,000 participants converge on Legacy Village for the 5K run or walk with a 1-mile, family-fun run option for both competitive and non-compet-

itive runners and walkers. This annual holiday-themed event also includes costume contests, refreshments, giveaways, a health and wellness expo and much more.

Start a team or register individually today: visit www.jbr.org/ Cleveland, or call 216.487.3176.

FTC Provides Information to Protect Your Credit

Looking for stronger ways to protect your credit? Thanks to a new federal law, you will soon be able to get free credit freezes and year-long fraud alerts. The new law took effect on September 21, 2018.

Free credit freezes

- What is it? A credit freeze restricts access to your credit file, making it harder for identity thieves to open new accounts in your name. You usually get a PIN to use each time you want to freeze and unfreeze your account to apply for new credit.
- What's new? Currently, credit freezes may involve fees, based on state law. Beginning this fall, you will be free to freeze and unfreeze your credit file throughout the country.

Free child-credit freezes

- What is it? A child-credit freeze allows you to freeze a child's credit file until the he/she is old enough to use credit.
- What's new? Currently, some state laws allow you to freeze a child's credit file. Starting September 21, no matter where you live, you'll be able to get a free credit freeze for children under age 16.

Year-long fraud alerts

- What is it? A fraud alert will tell any business that runs your credit that they should check with you before opening a new account.
- What's new? Currently, fraud alerts last 90 days. Beginning this fall, an initial fraud alert will last for one year. It will still be free and identity-theft

victims can still get an extended fraud alert for seven years.

The new law has a long name – Economic Growth, Regulatory Relief, and Consumer Protection Act – but the outcome is simple. Equifax, Experian and TransUnion must each set up a webpage for requesting fraud alerts and credit freezes. The FTC will also post links to those webpages on IdentityTheft.gov.

And if you're in the military, there's more. Within a year, credit-reporting agencies must offer free electronic credit monitoring to all active duty military.

If you want to stay tuned to this law and get other tips, sign up for the FTC's Consumer Information Updates at www.consumer.ftc.gov.

Who's Buzzin' in Beachwood?

by Arlene Fine

Pass the Popcorn!

A sold-out crowd of 450 movie buffs filled three theatres at the Shaker Square Cinemas on October 4 to attend the Mandel JCC's acclaimed Cleveland Jewish Filmfest opening night film, "The Last Suit". The annual Filmfest, now in its 12th year, co-chaired by Beth Robbins and Susan Wasserman, featured a tremendous lineup of international films and shorts.



Beachwood Mayor Martin Horwitz and Sandi Horwitz with Cathy and Robert Weiss



Paul and Sharon Priesand, Hyla Winston and Jerry Mandel



Susan and Michael Hyman, Mandel JCC president and CEO



Ruthie Helman, Sherrie Fleeter and Tricia Rosenblum

Shining Star CLE 2018 – Oh What a Night!

A near sell-out crowd filled the Ohio Theatre at Playhouse Square for Montefiore's Shining Star CLE 2018, a performance and solo-singing competition. Emcee Monica Robbins introduced ten contest finalists, all area high school students, who competed for a \$10,000 college scholarship, an opportunity to perform with the Cleveland Pops Orchestra, and a \$2,500 award to the winner's high school music department. After a stiff competition, Hannah Kulawiak, a senior at Aurora High School, was chosen the top winner by a panel of celebrity judges and audience members. The event raised \$360,000 which is earmarked for memory and music programs at Montefiore and The Weils, and at-home care for people with dementia. To see performances, check out Shining Star CLE 2018 on YouTube, or visit www.ShiningStarCLE.org.



Patty Rubin and Margot Baruch



Bruce and Sharon Rosenbaum



Janisse Nagel and Ken Marblestone



Marla Petti and Beachwood City Councilperson Barbara Bellin Janovitz



Cindy, Cecile and Scott Polster



Alan and Judi Vilensky

Bargain Hunters Hit it Big

Savvy shoppers had a field day at NCJW Cleveland's 50th annual Designer Dress Days. The sale, held at the Mandel JCC, included new and gently-worn upscale clothing, furs and leathers along with beautiful bags, jewelry and accessories – all at rock-bottom prices. NCJW, a grassroots organization of volunteers and advocates, strives for social justice by improving the quality of life for women, children and families by safeguarding individual rights and freedoms. Proceeds from the sale support NCJW's mission.



Sallie Reider



Sue Cutler



Rita Langer and Erica Remer



Susan Valins and Jean Heflich



Gail Eisen and Wendy Elconin



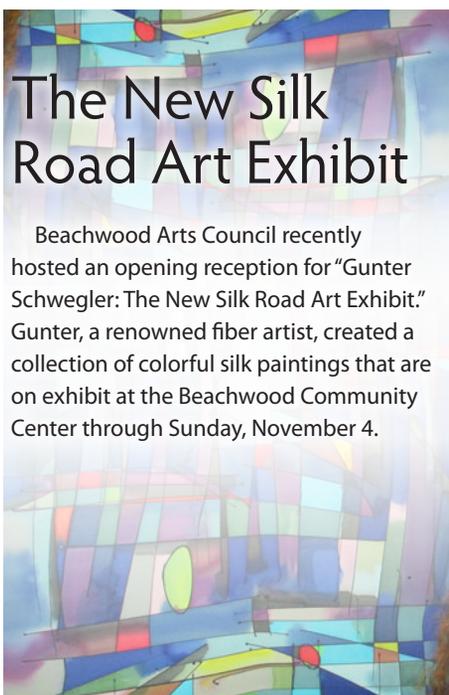
Marc Cutler



Cheryl Gutmacher and Michele Kaminsky, DDD co-vice president



Elaine Geller, president NCJW/Cleveland



The New Silk Road Art Exhibit

Beachwood Arts Council recently hosted an opening reception for "Gunter Schwegler: The New Silk Road Art Exhibit." Gunter, a renowned fiber artist, created a collection of colorful silk paintings that are on exhibit at the Beachwood Community Center through Sunday, November 4.



Rita and Burt Frankel



Iris November and Barb Voic



Artist Gunter Schwegler with Leah Gilbert, chair, BAC Art Exhibition Committee



BAC board members Shari Wolf and Harriet Gorden

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Thank you Beachwood

Because of your support, *Beachwood Buzz* is 22 years old, and there are still a lot of stories to be told!

If you have a story idea, please email it to beachwoodbuzz@gmail.com.

Those who send in qualified leads will receive a bag of coffee and a *Beachwood Buzz* coffee cup, as a token of our appreciation, because *Beachwood Buzz* creates a buzz that lasts!



The Fairmount Temple Men's Club holds a Clothing Drive

If you have lightly-used clothing, particularly winter clothes and jackets, the Men of Fairmount Temple are hosting a clothing drive on Sunday, November 11, from 9 am-1 pm. These donations are then given to those in need in Cleveland. Curbside drop-off is available. Just pull up to the main entrance of Fairmount Temple (23737 Fairmount Blvd.) and a member will be waiting to accept your donation from your car.

From The Diversity Center

Please join The Diversity Center of Northeast Ohio as we honor Enid Rosenberg, community leader, and Marc S. Byrnes, chairman, Oswald Companies, with our Humanitarian Award on Wednesday, November 28. The event will be held at the Cleveland Renaissance Hotel, 24 Public Square, Cleveland. The reception begins at 5:30 pm, and the dinner and program begin at 6:45 pm.

For tickets and sponsorship information, please contact Sarah Allsbrooks, development director at 216.752.3000, ext. 230, or sallsbrooks@diversitycenterneo.org.

Beachwood Buzz wishes you and your family a Happy Thanksgiving!





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If you meet the following criteria, this screening may be recommended for you:

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- Smoked at least one pack a day for 30 years or more than two packs a day for 15 years
- Quit smoking less than 15 years ago

A physician order is required. Call your primary care physician today to discuss if this test is right for you. Then, call **1-866-956-9120** to schedule your low-dose CT lung cancer screening at one of more than 20 locations in Northeast Ohio.

