



# Beachwood Buzz

MAGAZINE

June 2019

• Every Resident. Every Business. Every Month.

**HILARITIES**  
 THIS WEEK ONLY!  
 "THE BEST OF CLEVELAND'S COMICS"

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SCOTT WYLER	BENNY HENGLE

AND MANY MORE...

2 for \$12

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 THE COMEDY OF  
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# NOW PLAYING

**Beachwood Comedian  
 Spreads Waves  
 of Laughter  
 One Cruise at a Time**



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I recently attended a Beachwood Chamber of Commerce luncheon at which Jeff Nischwitz, founder and chief story debunker of The Nischwitz Group, dynamically discussed, “Snow Globe Leadership: Shaking Up Your Leadership for More Influence and Impact.”

Jeff calls himself a story debunker because we are all filled with stories that we believe to be true about ourselves, and he helps people recognize internal stories that may be holding them back.

“We live our lives going after what we believe is possible, based on our stories,” Jeff said. “It’s powerful to unleash our potential by rewriting our stories.”

Jeff has a bracelet that he dispenses freely. It says, “Be Present, Be Bold” – two qualities he values equally.

“Presence is a choice. It’s a commitment, and it’s the answer to living an authentic life,” Jeff says. “Stop time traveling or looking in the rear-view mirror. Learn to live in the present and enjoy where you are NOW.”

Even when we think we’re present, often we are not. Here are some examples:

- Sitting with someone in public and keeping your eye on who else is there so that you can say hello to them.
- Seemingly listening to someone talk, while actually thinking of how you will respond.
- Keeping your eyes and ears open for the next text or email on your phone.
- Stealing someone else’s story by having to tell them about your similar story.
- Monopolizing a conversation.
- Telling people what to do.
- Convincing yourself that you can multi-task.

It takes practice to live in the present, but being able to do so enriches our lives.

Jeff uses a snow globe as a prop because it is a powerful

metaphor about leadership, change, influence, and impact. Everything inside the globe looks peaceful while at rest, but when we shake it up – when we’re bold – the magic begins.

When he talked about leadership, he explained that it isn’t about role or position. Neither is it 24/7. “It is a 24/7 awareness, and about having leadership moments.”

Leadership is about building trust, having integrity, being authentic, and taking risks. “We trust people who are what they say they are, no matter what they say they are,” he said. “Leaders walk the walk, ask for help, offer support, claim their space, ask for what they want, and are bold.

“Failure is required,” he adds. “For those who always succeed, it is because they are living in a safe zone, afraid to take risks.”

Jeff shared the following example of how someone may claim a leadership moment:

- **Giving up power:** What do you think we should do?
- **Better:** Here’s my plan – what do you think of it?
- **Claiming power:** Here’s my plan – let me know if you have any different thoughts.

Leadership and impact are not defined by what we preach, but what and who we tolerate. For example, say you have a friend or relative who always runs late.

**Assess your tolerance for the situation:** I don’t like that she is always late.

**Assess the impact:** it stresses me out when she is late.

**Assess the risk:** If I say something, she may get mad and think I’m overreacting.

**Assess the win:** Maybe she’ll realize that it’s inconsiderate and try harder to be on time, which will eliminate stress in the future.

In this scenario, we can choose to tolerate the behavior, or we can take on a leadership role – to be bold – by taking a risk to change the outcome.

If you want to change an outcome and live your most authentic life, keep control of your snow globe, shake it up, and watch the magic begin.

We are born without personal narratives. As we age, we pick up stories that become embedded in our belief system, and live our lives in accordance with these stories. Are you living your life based on a story that someone else wrote for you, or based on what’s in your heart?

Think of stories that hold you back and debunk them. Then, rewrite your stories to live the life of your dreams. If you want to change an outcome and live your most authentic life, keep control of your snow globe, shake it up, and watch the magic begin. Also, if you’re trying to control someone else’s snow globe, do yourself a favor and return it to its owner.

According to Bronnie Ware’s study of the regrets of the dying, the number one regret is, “I wish I’d had the courage to live a life true to myself, not the life others expected of me.”

For more information about Jeff Nischwitz’s speaking engagements and books, visit [www.nischwitzgroup.com](http://www.nischwitzgroup.com).

“When you change the way you look at things, the things you look at change.”  
~ Dr. Wayne Dyer

“You pile up enough tomorrows, and you’ll find you are left with nothing but a lot of empty yesterdays.”  
~ Meredith Willson

“The bitterest tears shed over graves are for words left unsaid and deeds left undone.”  
~ Harriet Beecher Stowe



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## Beachwood Comedian Spreads Laughter One Cruise at a Time



If laughter is the best medicine, then Beachwood resident Scott Wyler is the top distributor. He beat the odds by building a career as a stand-up comic, and he's a natural when it comes to making people laugh.

*Pictured: Scott Wyler*

*Full story starts on page 7*

*Cover story photos by Scott Morrison, Discovery Photo*

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### Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

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Miriam Katz, MSSA, LISW-S  
Bereavement Support Group Facilitator  
This non-denominational education and support group is sponsored by Vinney Hospice of Montefiore and The Edith and Alvin O. Schreiberman Bereavement Support Group Fund of The Montefiore Foundation, with assistance from Berkowitz-Kumin-Bookatz.



# What could be causing my shoulder pain?



**Richard Figler, MD**  
Cleveland Clinic Beachwood and Solon family health centers  
Sports Health Center, Garfield Heights

Shoulder pain is a common complaint that can have many causes – ranging from injury to general wear and tear.

According to Richard Figler, MD, a Cleveland Clinic primary care sports medicine physician, common causes of shoulder pain include:

- **Arthritis** – Inflammation of the joints that make up the shoulder that can cause pain and stiffness and can lead to worn cartilage that stops bones from gliding smoothly within the shoulder.
- **Rotator cuff injuries:**
  - **Tendinopathy:** Repetitive activities cause inflammation and/or irritation of tendons.
  - **Torn rotator cuff:** A tendon splits or tears due to sudden injury or degenerative wearing of the tendon over time .
  - **Bursitis:** Painful inflammation of the fluid-filled sac that surrounds the rotator cuff (usually accompanies tendon irritation).

- **Labral tears** – The cartilage cuff around the socket of the upper arm bone tears due to injury (acute labral tear) or wears down over time (degenerative labral tear).
- **Frozen shoulder** – The joint capsule surrounding the shoulder becomes thick and stiffens, decreasing motion and making movement painful (common between ages 40–60).

“With proper diagnosis and treatment most shoulder problems do not require surgery,” says Dr. Figler. “However, when surgery is needed, our surgeons can provide everything from minimally invasive arthroscopic surgery to total shoulder joint replacement.”

Treatment may include rest, physical therapy, anti-inflammatory medications, avoiding or modifying aggravating activities, application of ice and/or heat, and cortisone or orthobiologic injections .

*Dr. Figler treats patients at Cleveland Clinic Beachwood and Solon family health centers, and the Sports Health Center in Garfield Heights. To make an appointment with a primary care sports medicine physician or an orthopaedic specialist at any of our 14 East Side locations, call 866.275.7496. For more information, visit [ClevelandClinic.org/Ortho](http://ClevelandClinic.org/Ortho).*

## Celebrating 10 years of walking with Healthy Strides.

Join us in 2019 as we celebrate the 10th anniversary of Cleveland Clinic’s healthy walking and wellness program, Healthy Strides...Come Walk with Us! The program was designed to encourage wellness and fitness through regular, year-round group walking. Dr. Tom Abelson (pictured, in white shirt) has led the Beachwood walks since 2010.

Today, Healthy Strides...Come Walk with Us! has seven locations in the Cleveland metro area. The weekly walks begin with a brief, informative talk given by a Cleveland Clinic healthcare provider. The program continues to motivate people of all ages to use walking as a free, accessible way to stay healthy.

For more information about Healthy Strides...Come Walk with Us! or to find the location nearest to you, visit [ClevelandClinic.org/HealthyStrides](http://ClevelandClinic.org/HealthyStrides).



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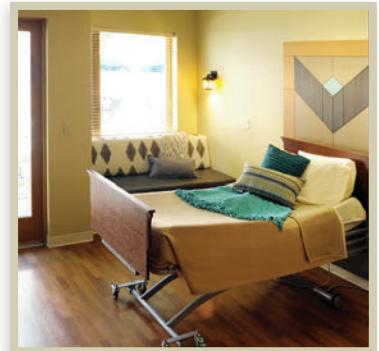
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# NOW PLAYING

## Beachwood Comedian Spreads Waves of Laughter One Cruise at a Time

If laughter is the best medicine, then Beachwood resident Scott Wyler is the top distributor. He beat the odds by building a career as a stand-up comic, and he's a natural when it comes to making people laugh.

Scott graduated from Cleveland Heights High School in '79, and attended The Ohio State University, where he majored in marketing. After graduation, he followed a common path and landed a job in his field, selling text books for Prentice-Hall.

Scott had always been drawn to comedy, and in 1983 his big smile and quick wit propelled him to perform in amateur night at Giggles Comedy Club, located in Columbus. He was embraced with warmth and laughter, and his performance led to more stand-up acts, both in clubs and at sales meetings.

"I was born with a passion for comedy," Scott told us during a phone interview from a Princess cruise ship, where he is employed. He had just left port in San Francisco and was heading towards Hawaii. "I was drawn into comedy from an early age," he said, "From when I first saw stand-up comics on television – comedians like George Carlin, Richard Pryor, Jerry Seinfeld, Steve Martin, Billy Crystal, David Brenner, Joan Rivers and Robin Williams."

Although Scott enjoyed comedy, he saw it as a hobby and was focused on his career. In the business spirit, he recognized that you can never have too many tools in your toolkit, and when he tired of his job, he enrolled at University of Michigan in 1987 to earn his MBA.

Scott was somewhat bored with classes. He earned average grades, and as time passed, he realized that his true passion was comedy, not business.

"During this time there was a comedy boom. Clubs were popping up everywhere," Scott said. "I loved comedy and believed I could do this, for real."

"My degrees were a bit of a safety net," he added. "In future years when we look back at our lives, our regrets are for things we didn't try, and I didn't want to look back and wonder if I could have made it as a stand-up comic."

Comedy required a lot of time and effort. Scott learned technical aspects of joke writing and how to write jokes. He recognized the importance of having his own style, and not

trying to imitate someone else. In that spirit, Scott developed a dry style that naturally fit his personality, and learned that preparing for an act is a numbers game, much like sales.

"In sales, the more prospects you have, the more sales you'll close," he said. "In comedy, the more you write, the funnier your content will be."

Scott dove in and his talents bloomed. He wrote parodies for the college paper, created an act, performed on stage, and sold his own 40-page humor publication. He also immersed himself in the Follies, an annual comedy show at the Ross School of Business, and was hired by the law school to perform at parties.

As graduation approached, Scott applied for marketing jobs, but his heart wasn't in it. He really wanted to give comedy a try. Scott returned to Cleveland and told his parents, Harry and Roslyn, that he was going to put his energy into being a stand-up comic. They laughed – always a good sign when delivering a line!

"When I started, they didn't think it was a great idea, but they didn't discourage me," Scott recalled. "Other than thinking I was totally ruining my life, they were all for it! They thought I'd get it out of my system, and eventually get a real job."



Scott was excited to see that one of his favorite comedians was performing on the Regal Princess!

"I was always optimistic that I could make a go of comedy, but realistic about the need of building another profession if it didn't work out," he continued. "Once my parents saw I could do this, they supported me. They came on cruise ships to see my acts, and surprised me once by showing up at a Tennessee bar to see me perform when they were driving from Cleveland to Florida for a vacation.

After graduating from University of Michigan, Scott was home for exactly one day before he hit the stage on amateurs' night at Hilarities. Laughter filled the room, and the club's owner, Nick Kostis, became a mentor who helped Scott build his career.

"Nick is a great man who was really helpful in getting me started," Scott told us. "He's the nicest guy. From the start, he offered me a job to open for headliners, and he kept using me. Nobody has been more helpful than he."

From 1989 through 1997, Scott continued to build his style as an observational comic, talking about everyday topics that his audiences could relate to. In 1990, just a

year after starting his routine, Scott won first place in the National Association of Comedy Club Owners' comedy competition at the Comedy Stop, located at TropWorld, in Atlantic City.

This opened more doors. Scott opened for Blake Clark's HBO special at the Ohio Theater; performed at "Skewer the Skipper," a Mike Hargrove roast to benefit Cystic Fibrosis; opened for Elayne Boosler at the Palace Theater; performed at West Point Military Academy; and worked at Riviera Casino in Las Vegas. One of his most memorable performances was on the Nautica stage, where he opened for the rock band "Styx," in front of a 3,500-person audience, a performance that was reviewed by Scene magazine as "a local act who made me absolutely howl with laughter."

Scott traveled to clubs throughout the country, mainly in the Midwest, and put a lot of time and effort into building his business.

In December 1997, Scott was offered an opportunity to deliver his act to passengers on cruise ships. "It was weird. A friend, also a comic, was scheduled to do a few acts on a new cruise line, the Ocean Majesty, out of Mexico. He couldn't do them, so he talked them into hiring me instead," Scott recalled. "I did them, which led me to an agent, which led to more jobs on other ships and cruise lines."

In 1998, comedy clubs were dwindling, so Scott moved to the west coast where there were more opportunities. He performed at clubs, corporate parties, and on college campuses; as well as on "Evening at the Improv" and "Comedy on the Road" for the Arts & Entertainment Network, and "Comedy at Club 54" for Canadian television.

We asked Scott about jobs that stand out, and he recalled his work on the underfunded Premier Cruise Lines. "Bad name," he said. "We were anchored in Newport Harbor and when the anchor was pulled up, a power line came up with it, and we blacked out Rhode Island."

"On another Premier cruise, on the way to the Bahamas, I had just finished an act when the captain came on the speaker system to tell us

that the cruise line went bankrupt, the ship was seized by the bank, and once we dock in Nassau the trip would be over," Scott said. "I knew he was serious since I was the one hired to tell the jokes!"

Scott had a week-long wait on the ship in the Bahamas to get paid before heading home.

These experiences led to jobs on more established cruise lines, which included Norwegian, Celebrity, Royal Caribbean and Princess cruise lines, with Princess being Scott's main employer since 2001. Just last month during our interview, Scott was on a Princess "trans-ship" excursion that included performances on three ships in 18 days. He cruised from San Francisco to Hawaii, flew back to Los Angeles, cruised to Alaska, flew back to Los Angeles, and cruised to Vancouver.

"I was at a biker bar, the filthiest dirtiest place I've ever seen in my life. Before my set, the bartender told me that every performer gets one shot. I asked for Tetanus."

— Scott Wyler

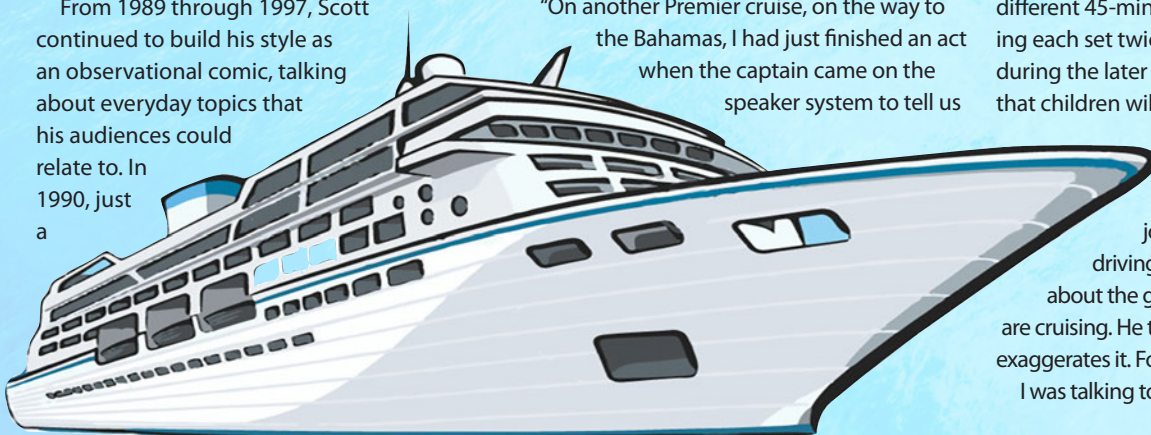
"Entertainers don't stay onboard for the entire cruise," Scott said. "We do our acts, and are flown off the ship, so on a 15-day cruise, I may only be onboard for 5 days."

Scott takes pride in the fact that he writes all his own material. "I keep a pen and paper in my pocket to write things down since I always try to freshen up the act with information from conversations I had or locations we've visited. It's like a biological organism that's always growing."

Since his audiences include guests of all ages, including those who may not speak English or understand American references, Scott is sometimes challenged when putting together an act that most people will get, without offending anyone. He does two different 45-minute sets on a cruise, performing each set twice, and loosens up a little bit during the later shows, when it is less likely that children will be in the audience.

Scott works with topics that may relate to kids, older people, going to school, job interviews, sports, fitness, driving, rough seas, or something about the geographic area in which they are cruising. He takes a kernel of truth, and then exaggerates it. For example:

I was talking to a woman on the ship, who





told me that she and her hubby were celebrating their 45th anniversary this week.

"That's really inspiring. Are you having a good time on the cruise?"

"Oh, he's home. I'm here with my sister."

I was talking to a couple of older guys on the ship and I told them that I'm on Facebook.

I asked one of them if he Twitters.

He said, "I used to but now I take a pill for it and it stopped."

I was afraid to ask him if he Googles.

I was at a biker bar, the filthiest dirtiest place I've ever seen in my life. Before my set, the bartender told me that every performer gets one shot. I asked for Tetanus.

### **Bada-bing!**

Scott also told us that when he was cruising in St. Petersburg, Russia, he asked every Russian he met if they had colluded with Trump, but none would admit anything.

A political joke that's been going over well recently is, "Seventy-six-year-old Joe Biden is now the leading Democratic presidential contender. I heard a guy on TV call Biden too out of touch. I thought he had the opposite problem."

In addition to performing on stage, Scott has a role in "The Voice of the Ocean," an onboard game show that is based on the television show "The Voice." Its stage has the same spinning red chairs, and Scott's job is to make sure there's a lot of comedy in the singing show.

Although performing on cruise ships provides a comfortable setting, not every comedy-performing situation is such. He shared a story about performing in the garage of a home in Canal Fulton, during a pig roast. "It was 95 degrees, I was wearing a suit, and my audience was in bathing suits, and drunk. "Have you ever been to a pig roast where you felt like the pig was better off than you?" he asked. He looked over at the pig, and said, "At least it's over for you buddy. I'm still dying."

Although the cruise lines pay better than the clubs, weekly sailings made it very difficult to have a traditional social life, so Scott spent much of his adult life single. Seven years ago, he put himself under the dating spotlight, on JDate, and met Debby Gross.

"When Scott told me he was a comedian, I thought, 'right – and I'm a ballerina,'" Debby shared. "We met at Caribou (now Nervous Dog) and there was a spark."

"He said all the right things – about wanting

to find someone and settle down, which was hard to digest because he was a comedian who lived on cruise ships."

Scott then explained his life to Debby, and she was drawn in. "Finding each other was like finding a needle in a haystack," she said. "We fell in love, and whenever I was afraid of something, he would lighten the mood with jokes to make me laugh away my fears."

The couple has grown to realize they have a lot in common – including the same birthday, on December 29.

While sitting with Debby in the very spot that she and Scott met, we asked her what it's like to live with a comedian. She said, "It's fantastic and fun. We never take things too seriously, and even our lousiest day is a good day.

"We are both very grateful for being together, and for everything," she added. "We've been married for five years now, and I'm still walking on clouds."

Debby, a pharmacist, has a flexible schedule to travel with Scott several times each year. She's his biggest fan and together, they've traveled to Bora Bora, Tahiti, and Alaska, just to name a few. Debby loves Alaska so much that she is now a registered pharmacist there, because history shows that you never know what hand you'll choose to play.

When Scott is home, comedy is on the back burner. His energy is focused on family, friends, sports, golf, movies, and comedies. Recent favorites include, The Marvelous Mrs. Maisel, Crashing, Shitt's Creek, and Barry.

"I'm really happy. I have a great wife who is very supportive, two children, a son-in-law, a grandchild who was born in January, and two cats," Scott shared.

Scott is proud of his successes and thankful to be living his dream with the love of his life. He is also grateful for all of the opportunities, encouragement, positive reviews and personal notes he's received throughout his career, especially the last birthday card he received from his mom before she passed away, in which she wrote that she was proud of him, too.

"It's rewarding to bring laughter into so many people's lives," Scott said. "Laughter is the best medicine, and when I deliver a particularly well-written line, that's the best drug there is."

Scott can be contacted at [wylerscott@hotmail.com](mailto:wylerscott@hotmail.com).

*From top: Scott and Debby on the ship in Glacier Bay, Alaska; Mo'orea, a South Pacific island; Grand Turk and Caicos islands; and enjoying a day at sea.*



# Minoff Leaves Landmark Legacy to Benefit Community

By June Scharf

**R**unning a business can be a grind, but that never stripped Sam Minoff of his smile or his sense of humor. The 60-year-long Beachwood resident operated Kichler, the world's leading residential decorative lighting fixture company. He was the guy who walked around the office with a twinkle in his eye, frequently seizing opportunities to make light of life. Even now, at age 94, darkness has no presence in his world. He winters in sunny Florida and resides here for the rest of the year.

His most recent accomplishment affecting the community at large is a substantial commitment to University Hospitals for which the medical building west of the Pinecrest development at Chagrin Highlands has been renamed the UH Minoff Health Center. It is the system's busiest and most prominent outpatient facility, with more than 100,000 patients visiting annually.

Sam has been a life-long entrepreneur and is very proud to share the details of his first business, established when he was about 12 years old. It was a shoe shine service launched on the streets of the Bronx, New York. He charged 10 cents per shine and extended the business's reach by employing his brother, up until he had to fire him. Getting polish on customers' socks was the unfortunate cause for dismissal.

"I was an enterprising young man," he says with a grin.

As he recalls the history of his business life, he has a notable hu-

mililty and calm, and his stories reveal a distinctly measured way of dealing with life's ups and downs. One manifestation of his grounded nature is the way he still cherishes that shoe shine kit, contained in a wooden box with a handle. He has saved it all these years and, upon request, he could easily locate it and show it to an inquisitive reporter.

As life progressed, his family grew to include wife Clare, now deceased, and children Barry, Roy and Amy, who also played roles in the company over the years.

As the lighting business and family expanded, Sam decided to make a move to Beachwood in 1960 and bought a lot on Maidstone Lane. He had a house built, complete with a custom-created showcase in the family room for displaying his burgeoning art glass collection. The passion he had for this type of art stemmed from all the time he spent dealing with glass as part of the light fixtures he sold.

In the mid-1980s, Sam sold the house and moved to The Village

because he "didn't know any place better than Beachwood." It's also noteworthy that he kept in his financial circle a well-known (now deceased) member of the Beachwood community, former Mayor George Zeiger, who owned a public accounting firm and served as Kichler's accountant.

Clarity on his path has been a constant theme in Sam's life, starting when he was young and chose to attend Stuyvesant High School in New York ("I took the subway every day") because it was geared for students who wanted to be engineers. Soon after graduating, he enlisted in the Navy where he served for three years as a machinist's mate and was involved in several of the South Pacific's biggest battles during World War II.

He grew up in the same neighborhood as his close friend and eventual wife, Clare, and it was her family's move to Cleveland that eventually brought him here. He saw to it that he frequently visited her during breaks from his

military service. After the romance had been in swing for a while, Clare's mother finally said to him, with a heavy Yiddish accent, "So? What's going to be already?"

"So we got married," Sam says with glee. He describes the marriage as very good. "We never argued or raised our voices." His secret to lasting marital happiness? "Think of your partner, not of yourself."

His first source of employment after the war was at Frankelite, an electrical supply wholesaler in Cleveland. Later, he became involved with Kichler at a critical pivot point when the owner had died. His widow turned to her son, Bob Kichler, who promptly left college to help; they soon sold half of the business to Sam who later bought the other half. The timing was right because Sam was eager to run his own business.

"I never wanted to work for someone if I could help it," he explains. "I wasn't scared either; I was confident. I never knew how big it could be, but I had the intention to grow it."

Kichler began on Ontario Street, near the present-day Justice Center. It moved to E. 21st, then to E. 38th, and finally to a 637,000-square-foot combined office, assembly and packaging facility on Pleasant Valley Road in Independence.



Sam Minoff and his well-preserved shoe shine kit.



Sam Minoff and Dr. Dan Simon, president of University Hospitals Case Medical Center.

At one point in the business's trajectory, there was a fire that destroyed most of the inventory. Sam reports treating it like just another day. His signature calm-in-the-midst-of-a-storm demeanor prevailed.

Another one of his hallmarks was his ability to design unique products. "Lighting created with some style was starting to appear in houses in the early '60s, so I drifted into it and I enjoyed making pencil sketches."

Sam knew how to make subtle changes to common fixtures that would elevate his product designs, often applying a strategy that drew on incorporating less traditional materials. He would piece together various parts and fabrications that ultimately served as product differentiators.

Kichler's first catalog had 14 pages and featured 60 products, he recalls. By the time the company was sold in 2018, there were multiple catalogs, one running 350 pages with an approximate product count of 4,500.

One of Sam's primary business strategies was to reinvest most of his earnings back into the company. "That's what you do if you want to grow." His other key tactic was to treat all employees with equal respect and warmth, whether they "swept the floors or were the top executives." He also believed that "the shortest distance between two people is a smile and a laugh." That's why everyone who knows him has

been on the receiving end of his frequent jokes.

He says that it was difficult to transition from serving as CEO to playing more of a coaching role as chairman emeritus in the late 1990s because the business was his life, but he was also ready for the change. He worked through his 80s and maintained a keen eye for product. His design staff confirmed this by continuing to rely on him and asking his opinions.

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*"The shortest distance between two people is a smile and a laugh."  
~ Sam Minoff*

---

Overall, others have observed that one of Sam's strengths was his innate sense for where he excelled, while hiring other great people to do the rest. Essentially, he was willing to relinquish most of the control, but he also relied on his sons. Barry served at first as CEO, then as chairman for a total of 25 years. Roy entered the business 10 years after him in 1978, adding value with a law degree and wearing many hats during his tenure. He ultimately served as chief administrative officer and eventually handled the sale of the company.

Sam was inducted into the Lighting Hall of Fame, managed by the American Lighting Association, where he was also a past president. Another one of his accolades includes being named, along with Barry, co-entrepreneur of the year

in the 1990s, for the State of Ohio, as judged by *USA Today*, Ernst & Young and NASDAQ.

While Sam has remained a healthy man, he carved out healthcare as the primary focus of his philanthropic activity. In that channel, he views the naming of the medical building in Orange as a tribute to his wife of almost 70 years and his family. Their generosity to UH began in 2014 with the establishment of the Minoff Family Innovation Fund at UH Harrington Heart & Vascular Institute to develop transformative technologies and improve patient outcomes. He says that since his children were born and raised in this community, and "because it has given us so much over the years, we are proud to support the work of the doctors and nurses at UH who are dedicated to helping people with their healthcare needs."

Dr. Dan Simon, president of University Hospitals Case Medical Center, reports that the gift will expand and elevate the system's

clinical offerings in the facility, which include cancer, heart and primary care, along with the busiest urgent care center, with 15,000 patient visits annually. The gift also will help UH address external facility issues such as additional handicap parking, wayfinding and drop-off access.

"Sam is not a take-over-the-room type," says Dr. Simon. "He's sweet, kind and very humble. And no matter how stressed people are or how many balls they're juggling, he finds a way to connect with them. I've witnessed it so many times myself."

The truth is, while others may bestow compliments on Sam, he really prefers not to talk about himself. With that trademark glint in his eye, he might prefer to challenge a visitor to a game of gin rummy or canasta. Quite frankly, he is skilled at both games and could easily claim some victories. Just like in business, he knows how to play exceptionally well the hand that he is dealt.



University Hospitals Minoff Health Center in Orange, named as a tribute to Sam's wife, Clare, of almost 70 years. Photo by New Image Media, Inc.

# I Am Becoming

by Jennifer Stern



**“Becoming is never giving up on the idea that there’s more growing to be done.” ~ Michelle Obama**

Michelle Obama did not discuss politics directly other than to say that politics stop us from listening and caring about each other as people. She said that she would never run for office because the second there is an R or a D next to your name, half of the people stop listening and caring about the message, even when that message is one that most would agree is valuable. Something as straightforward as a healthier awareness and understanding about the importance of whole foods, exercise and mindfulness to improve the health of our children.

She spoke about using our individual and collective voices to increase compassion, understanding and empathy for others whose stories are different than our own. She reinforced the message that it is harder to hate up close. That when you spread hate it sticks. Words matter. Truth matters. That there will always be consequences, so choose your words and actions wisely and consider the impact they will have on the lives of others.

She shared stories of her childhood. Her message was logical: It doesn’t matter where you came from – wealth, poverty, an intact or fractured family – if you have love, values, the belief in

yourself, and a strong work ethic, you have everything you need.

Michelle reinforced the importance of hard work, love, and loyalty; and of self-respect and respecting others. She encouraged us to give others the benefit of the doubt because she has learned that most people want the same things out of life. She reinforced that we are all responsible for what is wrong with the world as well as what is right. Be kind. Be friendly. Be open. Be accountable. We can settle for the world as it is or we can work to create a better world.

She spoke of self-worth, and of the importance of knowing who you are and honoring that person. There is no such thing as perfect. She is not perfect, her marriage is not perfect, her life is not perfect.

“Let’s talk truth, share flaws, put it all on the table,” she said. We are becoming. Know what brings you joy, where your strengths are, how you serve best. Don’t go by what others are doing or saying you should do. Know yourself and lead with integrity, compassion, empathy, truth and honor. Give your all, do your best, have a purpose.”

She discussed fear. Fear as a phase of transition. Of change. Fear as temporary. Push through the fear, she said. It will be scary, bumpy, at times lonely and you will make mistakes but give it time. Don’t quit when the first bit of fear happens, when it takes you to your knees. Move through fear to a place of change, you will figure it out. That space is where growth is. Growth that comes from fear, from failure. Failure doesn’t mean quit! Everyone fails. Everyone experiences vulnerability, self-doubt, embarrassment. Get back up and keep trying. Your resilience is what matters. On a larger scale, she stated that color, religion, or political allegiance do not define us. Humans are fundamentally decent. We must get to know each other, for real, and not form our

opinions through social media or the news. We must share our stories. We must take responsibility to get to know each other. To care about each other.

---

Her message was logical:  
It doesn’t matter where  
you came from – wealth,  
poverty, an intact or  
fractured family – if you  
have love, values, the  
belief in yourself, and a  
strong work ethic, you  
have everything  
you need.

---

I left feeling inspired, hopeful and responsible to be the change. It is not the people spray painting swastikas who have the power. It is not the terrorists who attack those in prayer at a mosque, church, or temple who have the power. It is not those who spew hate and prejudice (directly or indirectly) who have the power. It is not divisive speech that has the power. It is not those who sit in judgement of others for who they love, how they love, or how they identify themselves who have the power. It is not those who stop listening or caring because who you are, where you come from, and what you believe is different from what they know who have the power. Ignorance, bigotry, and prejudice are not powerful. Fear is. But love, openness, acceptance, compassion, empathy, righteousness... this is where our collective power comes from. I am Becoming. I will not give up on the idea that there is more growing to be done.

*Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, [www.transformativegrief.com](http://www.transformativegrief.com), and sign up for monthly posts.*

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-  **Be the Hero of Your Own Story at our Puppet Theater**

**EXPERIENCE THE EVERYDAY HEROES STORY TOUR**

-  **Explore our core exhibition, *An American Story*, on a self-guided tour designed for younger audiences**

\* Bring this ad with you for \$2 off of general admission, June–Aug 2019. code buzz519

[WWW.MALTZMUSEUM.ORG](http://WWW.MALTZMUSEUM.ORG)

# Everyday Heroes Activity Center to Return to the Maltz Museum

**Museum's Special Exhibition Space Turns Into Kids Indoor Play Area**

***New Family-focused Programs!***

Back by popular demand, The Everyday Heroes Activity Center will open for the second year in the Museum's special exhibition gallery space. Children are invited to discover their own everyday superpowers, such as kindness, compassion, listening, and helping through hands-on activities. The Everyday Heroes Activity Center will be open during regular Museum hours, June 4 – August 18.

Maltz Museum managing director David Schafer said, "In each of us, there is a hero. Inside, we are strong enough, brave enough, and courageous enough to make choices that lift others up. Sometimes, we must even lift ourselves up first so that we can help someone else."

The Everyday Heroes Activity Center will feature interactive stations where children can enjoy books, crafts, movement, and more. Examples of stations include:

- Make Your Own Capes and Masks
- Zoom Around the Good Mood Movement Area
- Paint Kindness Rocks to Keep and Share
- Build a Better World with Jumbo Legos
- Be the Hero of Your Own Story at the Puppet Theater, and more!

In addition, guests can participate in a self-guided, hands-on Everyday Hero Story Tour, which features a new children's book to explore the Museum's core exhibition, *An American Story*. Discover heroic qualities of a family that moves to a new country on this newly-designed tour created to engage younger audiences.

The Museum, in partnership with Bellefaire Jewish Children's Bureau on its 150th anniversary, honors those who stand up and speak out for children who are vulnerable, such as those who are at-risk or have special needs, through shared thematic programming. Audiences of all ages are invited to celebrate the power within each of us to help someone in need, and to recognize when we need help ourselves.

"Now is the time to support diversity and inclusion. Now is the time to be an everyday hero."

~ Maltz Museum managing director David Schafer

These two significant Cleveland institutions join together to offer a dynamic documentary film series on the power of positivity, lectures and panel discussions on compassionate living, performances on healing through humor and expression, and gallery talks that explore Jewish Cleveland Heroes.

"There will be something for everyone," David said. "Now is the time to support diversity and inclusion. Now is the time to be an everyday hero."

Starting in June, visitors can drop in for a docent-led tour of *An American Story*, Treasures of The Temple-Tifereth Israel Gallery, and Stop the Hate, the Museum's most popular group tour. These tours are recommended for ages 12 and up.

**Special Family Programming:**

**Kids Like Me Story Time in the Everyday Heroes Activity Center Story Time + Stay & Play**

Thursday, June 13 • 11:30 am  
Thursday, July 11 • 11:30 am  
Thursday, August 8 • 11:30 am

Story time is free for everyone; Stay & play for just \$5 with registration; free for children under 5 and Maltz Museum members

**Family Hero Day**

**Discount Family Fun Day**

Sunday, June 16 • 11 am – 5 pm

This Father's Day, celebrate fathers, father figures, and family caregivers of all kinds with discounted admission to the Museum, which includes The Everyday Heroes Activity Center and Story Tour. Family members of all ages can enjoy the HBO documentary, "A Family is A Family is A Family," at 1 pm and 3 pm, which is about the many different kinds of people and relationships that make up loving families.

**Meet Community Heroes**

**Family Fun**

Sunday, July 14 • 1:30 – 3 pm

Join local activists and emergency-service workers to learn about how they keep us safe and create positive community change. Participate in a kids book drive by bringing a used book to donate, make your own hero-themed crafts, and enjoy lights snacks.

**Differences are Beautiful Day**

**Discount Family Fun Day**

Sunday, August 4 • 1:30 – 3 pm

Join Cleveland's community heroes and ambassadors from Horvitz YouthAbility Program of JFSA Cleveland for a special performance created by young adults with disabilities who break down barriers through the power of positivity. Then, hear local child author Gabe Feinberg read his children's book about kindness and acceptance. A book signing follows the reading.

**Everyday Heroes**

**Self-guided Drop-in Tour:**

**Sarah & Samuel's American Story Included with admission.**

This self-guided tour features hands-on components designed specifically to engage younger audiences. Oversized pages from a custom-created children's book guide you through the Museum's core exhibition, An American Story, as you discover the heroic qualities of an immigrant Russian family that moved to America during the late 1800s. Explore themes of hard work, caring for each other, and the courage to try new things on this new family-friendly tour.

**Stop the Hate**

**Guided Drop-in Tour**

**Every Tuesday, 2 pm**

**Included with admission.**

Hate knows many forms in human history, from everyday acts of discrimination to global terror campaigns. Through a study of historical documents and artifacts combined with discussion, tour-goers are given an opportunity to reflect on intolerance and oppression in the world and in their own lives, considering how destructive forces can affect social, economic, and political aspects of society, and identifying possible solutions for advancing inclusivity.

**Documentary Film Series**

**Happy** (\$10; \$5/member)

Wednesday, June 16 • 6:30 pm

**Wild Kids** (\$10; \$5/member)

Wednesday, July 17 • 6:30 pm

**Asperger's R Us**

(Free with registration)

Wednesday, August 14 • 6:30 pm

~~~~~  
To register for programs or for more information, call 216.593.0575 or visit [maltzmuseum.org](http://maltzmuseum.org). Programs cost \$5, and are free for Museum members and children under 5 unless otherwise noted.

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# Good Neighbors Art Exhibit

Wednesday, June 5 – Thursday, June 27 • Beachwood Community Center

Gallery Hours: Monday-Friday, 10 am - 4 pm; Saturday, 10 am - 3 pm; Sunday 10 am - 1 pm

Opening Reception • Saturday, June 8 • 5-7 pm • Free and Open to the Community

**B**eachwood Arts Council and Shaker Arts Council present a juried art exhibit that will feature the works of Beachwood and Shaker Heights artists, which will include landscapes, abstract images, and portraits that are created in various media. Artists include:

## Leslye Discont Arian



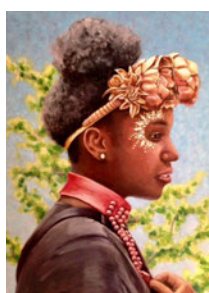
Leslye received a BFA in Ceramics and Painting from the Cleveland Institute of Art in

1976. Always creative, she had promised herself to return to her first career as an artist when she retired from non-profit work – a promise she kept. Leslye has been working full-time in her craft for the last six years. Her work represents abstract elements of the natural and spiritual worlds. She develops her subject matter through guided imagery and her intuition of the world. Trained as a ceramic artist, Leslye is physical with her use of materials. She works in acrylic, charcoal, gesso, pencil, and pastel, and pushes the materials on paper with her fingers, hands, wet and dry brushes, sand paper, and other tools.

Leslye is an artist, arts advocate, community activist, co-founder of the Shaker Community Gallery, and on the City of Shaker Heights Public Art committee. She is an award-winning artist who has exhibited in curated and juried shows, and her work is in corporate and private collections in Cleveland.

For more information, visit [www.leslyearian.com](http://www.leslyearian.com).

## Debra Bream



Debra began her formal art education by studying with William Jerdon and Lawrence

Krause at Cleveland Heights High School, and received her Bachelor of Fine Arts degree from Washington University in 1980.

Art is currently an avocation with Debra, a way to achieve calm and centering in her life. She primarily paints in oils, but also enjoys using pastels, watercolor, and ink.

Although Debra derives inspiration from a number of sources, she has used "Parade the Circle," a University Circle celebration, as a basis for much of her art for the past 10 years. The colors, creativity, and all the different people coming together portray all that is good, which inspires her to share it with others.

"Automaton With Parasol," one of Debra's paintings, won the 2017 Barbara Luton Art Competition at the Shaker Heights Public Library and is on display at the main branch. In 2018, Debra's pastel portrait of Otis, the resident cat of Loganberry Books, won a contest in honor of his tenth birthday. It is now used in the store's promotional materials.

## Hazel H. Brown



Hazel, earned a BA in Art History from the University of Delaware, an MA in Art History

from the University of Chicago, and an MBA from the University of Illinois at Chicago. Eight years ago, after a successful career in Human Resources, Hazel left the field to devote her time to art and our community.

During her career and while raising children, Hazel started taking art courses and workshops with talented artists. She recalls a love for art since age five, when she received the Crayola big box of 64 colors as a gift from her babysitter. Hazel has always been inspired by nature and all its colors, and recently began to explore architectural forms and figures. She works in a variety of media and, despite a passion for watercolors and pastels, experiments with mixing them to achieve different levels of texture, color and form.

Hazel has exhibited her work in juried shows, including the Artists Archives of the Western Reserve, Shaker Public Library, Fairmount Center for the Arts and the Orange Community Art Show. She was a Selected Fellow in the Jewish Arts and Culture Lab, and held solo shows at Shaker Nature Center and Appletree Books.

## Kathleen McKenna



Kathleen received her training at the Cooper School of Art in Cleveland and

furthered her studies at the New York Art Students League. Her paintings are characterized by expressive brushwork and rich colors.

"I am drawn to the individuality of my subject, whether I am working on a commissioned portrait, a figure from memory, or a flower from my garden," Kathleen said.

Kathleen's work has been exhibited nationally and internationally, and has garnered numerous awards, including the Allied Artists of America's Gold Medal. Kathleen's oil paintings and pastels are also in private collections throughout the United States and in many public and corporate collections in Ohio, including the Artists Archives of the Western Reserve, The Cleveland Clinic Foundation, the Intercontinental Hotel, The Cleveland Play House, and Cleveland State University.

For more information, visit [www.kathleenmckenna.com](http://www.kathleenmckenna.com).

## John Martin



John, an abstract artist, specializes in printmaking, drawing, and painting. He has lived in

Detroit, Chicago and, for the past 35 years, the Cleveland suburbs. For many years after studying art, he owned a specialty machining company. In 2007, he returned to art as a student at Cleveland Institute of Art. John has spent much time as a printmaker at Zygote Press.



**Good Neighbors Art Exhibit**  
**Opening Reception**  
**Saturday, June 8**  
**5-7 pm**  
**Free and Open**  
**to the Community**

More recently, John has broadened to painting in his studio at ARTFUL, located in Coventry P.E.A.C.E. (People Enhancing a Community's Environment) Park. Gesture and narrative are important aspects of his art.

John has exhibited his work in many juried shows and venues throughout the region, including Artists Archives NewNow!, Morgan Conservatory, Trumbull Art Gallery (honorable mention), the Gallery at Lakeland, Fairmount Center for the Arts (honorable mention), and Valley Art Center.

For more information, visit [www.johnmartinart.com](http://www.johnmartinart.com).

**Karen Mehling-DeMauro**



Karen has worked in many media, including oil, watercolor, acrylic, pastels, printmaking, and metals. Her most current work has been with acrylic paints and Doc Martin Dyes, with compressed charcoal and pastels. Karen has been working on a series that focuses on new beginnings as she starts a new chapter of her life as an empty nester.

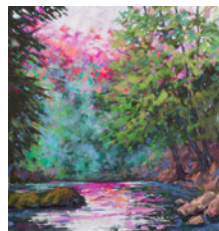
"I have always been drawn to using nature as an inspiration," she says. "I love to explore the simple beauties in an organic object and discover how I can put my current thoughts and feelings into the pieces."

Karen attended Kent State University, earned her BFA

in painting at Case Western Reserve, and her MA in Art Education at the Cleveland Institute of Art, where she also studied jewelry and metals.

Karen has been a practicing artist educator for the last 33 years. She is currently the head of the Art Department at Shaker Heights High School and has been teaching visual art at Shaker for the last 17 years. She also taught at Maple Heights High School and Bellaire School, and has enjoyed seeing so many young people fall in love with making art as she did as a young adult.

**Susan Cone Porges**



Susan was born with a love for drawing and painting. She is a

graduate of Massachusetts College of Art, where she received honors and awards for outstanding achievement in drawing, printmaking, and calligraphy. For the past 35+ years, Susan has built a successful career as a freelance artist, calligrapher, Ketubah (marriage certificate) designer, painter, and teacher.

In June 2012, Susan founded The Art Studio, in Beachwood. Next month, she will relocate into a newly-built home studio, surrounded by light and nature. Susan teaches a variety of classes and plein-air (painting outdoors) travel workshops. She also welcomes commissions, hosts workshops with nationally known visiting artists, and is represented by Ketubah.com of Toronto.

Susan's affiliations include: The Pastel Society of America, The Degas Pastel Society, Ohio Pastel Artists League, The Portrait Society of America, The Oil Painters of America, Ohio Plein Air Society, Akron Society of Artists, and Western Reserve

Calligraphers. She is an award-winning artist whose works have appeared in books, magazines, and juried art shows.

For more information, visit [www.susanporges.com](http://www.susanporges.com).

**Tanya Tate**



Tanya grew up in Worthington, Ohio, and benefit-

ed from excellent public school and community arts programs. She attended Kent State University, where she earned her degree in architecture.

Tanya always enjoyed drawing and painting – especially a life-drawing class when she studied abroad in Florence, Italy. One of her favorite ongoing projects is to paint watercolor house portraits and gift them to new homeowners.

Tanya's shellac-burn encaustic work is influenced by the medium itself. Each layer of wax spreads under the torch in its own way. Temperature, pigment, and time all impact the way the shellac reacts to the flame. "I love the way successive layers of wax blur what's underneath," she said. "The physical depth increases the visual depth of the work."

Tanya's current works remind her of the Lake Erie shoreline, where edges meet and shift. There are both patterns and randomness in these natural spaces, which are mirrored in the cracks and bubbles of the shellac burns.

For more information, visit [www.workbytanya.com](http://www.workbytanya.com).

For more information about the show, visit [www.beachwoodartscouncil.org](http://www.beachwoodartscouncil.org) or [www.shakerartscouncil.org](http://www.shakerartscouncil.org).

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# Beachwood Students Win National Youth Video & Poster Contest

When Hilltop Science Teacher and Beachwood Alum Nerissa Darwin received an email about a national recycling awareness contest that was being co-sponsored by the Institute of Scrap Recycling Industries (ISRI) and JASON Learning, she introduced it to her fourth-grade Horizon science students.

The contest, open to K-12 students who live in the United States, centered on the theme "Recycle to Rebuild." Since lawmakers have the task of rebuilding the infrastructure, students were asked to imagine how recycled materials could be used in these efforts. They needed to apply the knowledge, ideas and skills gained from science, technology, engineering and math (STEM) to research ways that recycled materials could be used to help rebuild our infrastructure. Then, they had to create a video or poster that

explained their "recycle to rebuild" solution, and how they thought of it and tested it.

"Once students learned that the grand prize was a trip to ISRI's annual convention in Los Angeles, they were hooked!," Nerissa said. "We had just finished learning about thermal energy, so our knowledge of conductors and insulators of heat came in handy."

Entries were evaluated on the interpretation and clarity of the theme, the persuasiveness of the message, creativity and originality, the quality of the entry, and the overall impression of the entry.

Congratulations to Hilltop fourth-graders Nimisha Kasliwal and Asher Hardis on being named grand-prize winners! Their video described in detail how recycled plastic can be incorporated in roads, and how the environment would benefit from this solution.

"Combining art and video with STEM education to teach recycling provides kids an opportunity to learn about the science and technology of recycling through their own creativity," said Robin Wiener, president of ISRI. "As this year's winners show, children can have creative, innovative ideas that demonstrate how recycling works to benefit society."

"ISRI's contest to rebuild the infrastructure with recycled materials is real and applied," Eleanor Smalley, president and CEO of JASON Learning, added. "The ultimate educational experience is when students solve real problems. This is STEM learning at its best."

Nimisha and Asher were recognized at ISRI's Annual Convention & Exposition from April 8-11 in Los Angeles.

"All of my students were motivated and driven to do their best work,"



Grand-prize winners Nimisha Kasliwal and Asher Hardis.

Nerissa said. "I was blown away by the creativity and artistry that each group brought to their video or poster. I am one proud teacher!"

To see Nimisha and Asher's video, visit [www.jason.org/recycling-contest](http://www.jason.org/recycling-contest).

ISRI is the "Voice of the Recycling Industry." For more information, visit [www.isri.org](http://www.isri.org).

JASON Learning is a non-profit that inspires and educates students through science and exploration. For more information, visit [www.jason.org](http://www.jason.org).



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**Father's Day is Sunday, June 16. Discover the best gifts, exciting spots to dine, and so much more at Beachwood Place and La Place.**

Father's Day just around the corner, and Beachwood Place and La Place are here to help you discover the very best for Dad. Indulge in a night out at one of our full-service restaurants, enjoy watching his reaction to unwrapping the perfect gift, or both! Whether you're planning a family gathering or small get-together, we have everything you need to make this Father's Day extra special.

**For dads who like to look sharp,** Ticknors, Zara, and Brigade are go-to shopping destinations where you can find specialty pieces, tailored items, and made-to-measure must-haves. As an added bonus that Dad's sure to love, Ticknors is equipped with an in-house tailor shop that offers free alterations for any full-price merchandise purchased at their store, a wide variety of sportswear

and suiting, and an in-house Made-to-Measure and Bespoke Suit Shop.

**Style tip!** Complete Dad's look with a new pair of shoes. Our favorite retailers for shoes this Father's Day are Hype and Saks Fifth Avenue. Visit these retailers today to discover pieces that'll keep Dad's style on point and on trend.

**Looking for a place to treat Dad to dinner and drinks?**

Whether Dad's a health nut or in the mood for some comfort food, explore delicious menu items that everyone is sure to love. Discover fresh ingredients, savory flavors, and exciting cocktails at our family-friendly favorites.

Cedar Creek Grille is one of our top picks for dining on Father's Day. This restaurant specializes in classic American fare made from the highest-quality ingredients. Featured plates include grilled

fish, U.S.D.A Prime sirloin steaks, and a classic burger. All dishes are made fresh in-house, and often star locally-sourced ingredients. Perfect for Father's Day, the restaurant also features a covered, three-season porch complete with fireplace, marble-topped tables, French-style bistro chairs, and soft seating.

**Our other must-try spots for Father's Day?** Bomba Tacos & Rum and Lindey's Lake House. Bomba Tacos & Rum features a friendly selection for the whole family to enjoy, including a craft-your-own guacamole option! And at Lindey's Lake House, embrace all of the warm-weather vibes while you enjoy fresh, flavorful favorites in a beautiful environment.

**Of course, we would never forget about the dads who love sports.** If Dad's the biggest fan you've ever met, we've got everything you

need to help him keep cheering for his favorite team! Discover clothing, accessories, décor, and more at our go-to retailers for all things sports, Where I'm From and Cardboard Heroes. Explore the season's must-have items that'll help make this Father's Day one he'll never forget.

Whether you're planning a family gathering or small get-together, we have everything you need to make this Father's Day extra special.

**So, how will you choose to celebrate?** For a complete list of retailers, events, and opportunities, or to stay up-to-date on the latest fashion and trends at Beachwood Place and La Place, visit [beachwoodplace.com](http://beachwoodplace.com).



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## BHS Sports Card Collector is On The Ball

by Arlene Fine

Something is in the cards for Liam Wasserman. Baseball cards that is. Liam, 16, a rising Beachwood High School senior, has been an autograph hound and sports cards enthusiast since age nine.

"When my dad was young he collected baseball cards and encouraged me to have the same hobby," says Liam, the son of Mitch Wasserman and Ivy Gantverg. The entrepreneur took that hobby one step further and is now an active eBay, Instagram and collectible card-show seller of

sports cards, autographs and all things sports-related.

"The market for valuable cards is exploding and it's fun to be part of it," says Liam. "By doing my homework, I have been able to leverage my profits from smaller sales into buying better cards with higher resale values."

Liam also follows the rule he learned from experts – never buy a card after a player has hit the big time. "Odds are that player's card will be very expensive and won't increase in value," he says. "It's better to buy a player's rookie card for a few dollars and sell it when the player becomes an All Star. The fun is looking for that diamond in the rough."

Liam earned the status of being a top-rated sports card seller on eBay by being transparent and

scrupulously honest. "Your good name and reputation are on the line every time a transaction is made," he says. "Profit is important, but honesty is my number one goal. I take pictures and videos of all my online transactions. If a card is not in mint condition or has a flaw, I am very clear in the description and the photos I post."

Liam, who charges customers a percentage to sell their cards on the Internet, says most of the people he deals with are middle-aged men, and he wishes more women and kids would get involved in the sports card and autograph world. "If you own your favorite player's jersey, card, or autograph, it gives you a personal connection," he says.

Currently, Liam has an impressive collection of cards and autographs for someone his age. He has 1,400 autographs, including multiple Baker Mayfield autographs and a signature of every Cleveland Indians player. He purchases cards at shows, online, garage sales and from private sellers.

This summer, Liam and a few friends are traveling to Chicago for the National Sports Card Convention. "When the convention was in Cleveland, I met collectors from

all over the country who are as passionate about sports cards and memorabilia as I am," he says. "I like hanging out with friends, having trade nights, and meeting top players who stop by to sign autographs."

*"Better to buy a player's rookie card for a few dollars and sell it when the player becomes an All Star. The fun is looking for that diamond in the rough."*

Liam hopes to attend The Ohio State University's Fisher College of Business with a double major in marketing and sports management. In the meantime, he'll continue his never-ending quest for the Holy Grail – the Honus Wagner T206 1910 card. Only 30 of these cards are in existence and the last one sold at auction for \$3.12 million. "If someone has that card, please contact me," he says. Ever an astute businessman, Liam adds with a grin, "I'll even lower my selling commission to 5%."

To buy or sell cards, contact Liam at [clevelandsportscards@aol.com](mailto:clevelandsportscards@aol.com) or on Instagram, at [lili.autographs4](https://www.instagram.com/lili.autographs4).



BHS student Liam Wasserman has turned his sports cards collecting hobby into a growing business. He would love to add the Honus Wagner T206 1910 card to his collection!

## DISCOVER SUMMER FUN & SIGNATURE EVENTS AT LEGACY VILLAGE IN JUNE



### WILDROOTS MODERN MARKET

**SATURDAY, JUNE 22 • 11:00 A.M.-4:00 P.M.**

Sip and shop at the Wildroots Modern Market on select Saturdays throughout the summer! Enjoy 85 local makers and a variety of quality handmade goods; from home décor and refurbished furniture to fine art, jewelry and more! This family-friendly event has something for everyone with food trucks, live music, and more!

### FOOD TRUCK MONDAYS

**JUNE 3 AND 17 • 11:30 A.M.-1:30 P.M.**

Food Truck Mondays are a fun way to relax on your lunch break and enjoy great food, live music and everything Legacy has to offer! Take a stroll while you eat and check out the wide selection of restaurants and retailers.



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### LEGACY LIVE

**FRIDAYS AND SATURDAYS • 6:30-9:30 P.M.**

Enjoy a signature cocktail or craft beer from one of Legacy Village's restaurants while taking in live music with your favorite local bands every Friday and Saturday from 6:30 – 9:30 p.m. Legacy Live features a variety of genres; from Pop, Rock and Motown to Blues, Swing and everything in between! Concerts take place on The Lawn located between California Pizza Kitchen and Bar Louie.

Visit [Legacy-Village.com](http://Legacy-Village.com) for a complete schedule of summer events including the North Union Farmers Market, Yoga in the Village, the new Designated Outdoor Refreshment Area and more.

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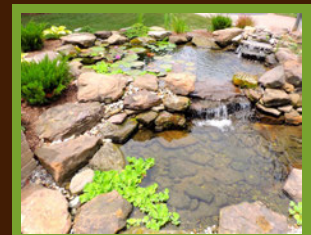
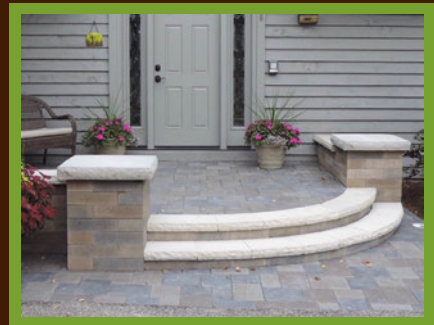
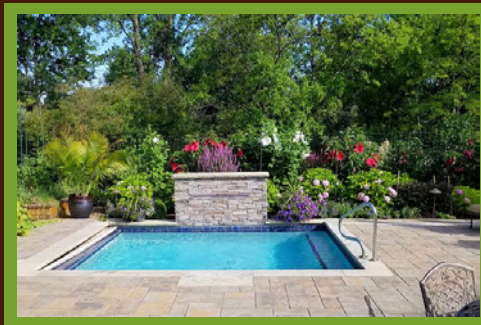
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# HEY NEIGHBOR!

by Arlene Fine

## A Few Twix Up Her Sleeve

**W**hat's it like to be a kid in the candy store - all the time? Just ask Elisabeth Sapell, founder of All City Candy in Richmond Heights and Mentor.

"The wonderful thing about candy is that it brings a smile to everyone's face and evokes happy memories," says Elisabeth. "The moment our customers walk through the door, their mood lifts as they take in all the candies and treats we have to offer."

With close to 5,000 varieties of tantalizing sweets and confections, it's no wonder customers feel as though they are wandering through Candy Land, winding their way through aisles filled with hard and soft candies, racks of old time goodies, glass cases of hand-dipped chocolate treats, and bins overflowing with multicolored gummi bears and jelly beans.

But launching a candy store was not all fun and games. Elisabeth's obstacles included securing funding and finding a landlord who would rent to her.

"When I went to a bank with three business plans, the bankers ranked a candy store the least likely to succeed," says Elisabeth, whose retail experience included working in her parents' grocery store. "But my goal was to open my own business, and I was determined to make it happen."



Elisabeth's break came when she connected with Bad Girl Ventures, whose mentors gave the budding entrepreneur a three-month crash course on how to launch a business. A loan from the Small Business Association followed, the Richmond Heights location was rented, and All City Candy opened its doors in 2013. The Mentor location followed in 2017.

"Every day is a learning experience, as we try new things to increase success of the business," says Elisabeth.

In an effort to engage the community, All City Candy offers candy-and-wine-pairing evenings, candy buffets for events like weddings and Bar and Bat Mitzvahs, fundraisers for non-profits and customized corporate gift baskets – you name it. All City Candy has developed a strong, growing online presence, as well.

"You can buy a Hershey bar anywhere, but I don't look at other stores as our competition," says Elisabeth. "When you walk into our store, we offer you a personalized experience. Whether it's a trip down memory lane with a roll of Reed's cinnamons, or a chance to fill a bag with an assortment of your favorite candies, we have it all here for you in a playful, stress-free atmosphere."

All City Candy's loyal and friendly staff add to the candy-shopping experience. Included among those who make All City Candy a special place are young people from the Monarch School for Autism. "Depending on the students' abilities, they are given a role to play that might include washing bins, stocking shelves, or bulking candy," says Elisabeth. "It's wonderful to have them and their aides here with us. No matter your age or circumstance, nothing beats candy to bring people together."

All City Candy founder Elisabeth Sapell helps other entrepreneurs achieve their dreams.



Mentorship has played an important role in Elisabeth's success. She learned practical skills like marketing, employee management and negotiation when she was part of the Goldman Sachs 10,000 Small Businesses program. She is currently an active member of Entrepreneurs' Organization Cleveland, a peer-to-peer network of influential business owners that helps members learn and grow. Now as an EO mentor herself, Elisabeth helps other entrepreneurs achieve their dream, as she did.

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"My goal was to open my own business, and I was determined to make it happen."

~ Elisabeth Sapell

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"I tell future entrepreneurs that mistakes are bound to happen, but the important thing is to learn from them," she says. "You can have a strong business plan, do everything right and sometimes the unforeseen happens. But if you believe in yourself, remain flexible and adaptable, the odds are in your favor."

Sharing her success with the community is integral to Elisabeth's mission. For the past five years she has provided holiday gift baskets to young patients at UH Rainbow Babies & Children's Hospital. In April, All City Candy volunteers delivered 250 candy-filled Easter baskets to RB&C patients. "Delivering those baskets was awesome," says Elisabeth. "Knowing we can bring some joy to these children is the best gift of all. It doesn't get any sweeter."

# Programs at Menorah Park

## Peter B. Lewis Aquatic & Therapy Center Offers Therapy for All Your Needs

The Peter B. Lewis Aquatic & Therapy Center, located on the Menorah Park campus, was recently named the Best in Aquatics and Land-based Therapy in Ohio by Global Health and Pharma. The Center was also named a silver award winner of the 2017 NuStep Pinnacle Award®, which recognizes excellence in whole-person wellness programming for adults as they age.

The Center treats each individual with one-to-one therapy, focusing on healing, reducing pain, and helping each client return to the activities they love. It offers land and

aquatic-based physical therapy, occupational therapy, and speech therapy services with a personalized plan for each client. Therapists offer specialized programs using therapeutic techniques that successfully reduce challenges with back, neck and joint pain, dizziness and balance issues, and symptoms of Parkinson's disease. Clients have opportunities to continue these motivational relationships through a health maintenance program that promotes ongoing physical wellness.

For complete information, call 216.595.7345.

## Center 4 Brain Health

How fit is your brain? Are you curious about your brain health? Changes in thinking and communication may be frustrating. The Menorah Park Center 4 Brain Health and Peter B. Lewis Aquatic & Therapy Center offer free brain fitness check-ups. The check-up will take approximately 20 minutes, during which you will be asked about

your lifestyle choices and answer a series of questions. Information will be provided on how to maintain optimal brain fitness and how to seek additional intervention if appropriate. Please call 216.595.7345 to schedule your free appointment today.

Cognitive programs are offered weekly. For complete information, visit [menorahpark.org](http://menorahpark.org).

## Meet us at Menorah Walk

On June 7, The Peter B. Lewis Aquatic & Therapy Center will host its 5th annual Meet Us at Menorah Walk, a one-mile walk that will begin at 10 am. It starts at the main entrance of Menorah Park and loops around the campus. Come join the walk or cheer on walkers! For complete information, 216.595.7345.

*Pictured:* Menorah Park COO Richard Schwalberg and Menorah Park CEO Jim Newbrough walk and cheer on resident Andrea Kool-Tucker at last year's walk.



If you want to lift yourself up, lift up someone else.

--Booker T. Washington

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At the Atriums, we offer luxury apartment living in two pristine buildings with all the amenities of home ownership in The Village. There are no additional costs for our amenities, which include a storage locker and heated indoor garage space. When you live in our gated community, you have the peace of mind of knowing that the gatehouse is manned 24 hours a day. For those who want carefree living in a rental community, the Atriums in the Village is the premier location in Beachwood.

**For a personal tour, please call us today at 216.831.3581.**



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## Atriums in The Village

A Q&A with Chris Maguire, ADDI EVP and Atrium Managing Partner

### Q. Tell us about Atriums in The Village

**A.** Both Atrium One (46 suites) and Atrium Two (88 suites) are four-story buildings. The one-, two-, and three-bedroom suites are very spacious with walk-out patios, providing residents quick access to green space for dog walking, grilling, or enjoying the beautiful walking trails with lake views that meander throughout The Village community. The upper floors all have walk-out balconies, many of which have beautiful lake or woods views.

### Q. What is unique about your properties?

**A.** Our suite renovation program. Most of the suites' bathrooms and kitchens have been completely renovated with new custom cabinets, appliances, granite countertops, and tile or laminate flooring. This standard fully-renovated unit is included in the rent structure. However, 25% of our suites are still due for renovations. When a new renter selects one of these suites, they are given the opportunity to select their own custom granite, cabinet, paint, and flooring finishes. For residents who desire additional custom upgrades, our design team and in-house construction staff will work closely with the incoming renter to achieve the desired result. This is uncommon in the Cleveland rental market, and elsewhere,

as most landlords pre-select finishes, which are purchased in bulk for cost savings. At the Atriums, given that many of our renters request multi-year lease terms of 3-5 years, we have flexibility to negotiate custom upgrade costs within the rent and term structure.

### Q. Have your common areas been renovated?

**A.** Yes. We are in the fourth year of a five-year plan whereby the interior common areas (lobbies, hallways, social and fitness rooms) of both buildings have been completely renovated, as have the green-space common areas that surround the properties. The roofs, energy-saving windows, suite locksets, and interior and exterior lighting have all been upgraded and replaced as well.

### Q. What are your favorite features at the Atriums?

**A.** Our concrete floors, separation walls, and newly-installed thermal-pane windows insulate sound from adjacent suites. Residents often comment that living here is quieter than when they were homeowners. Millions of dollars have been invested over the last five years to renovate interior and exterior spaces, so both buildings look new, inside and out.

### Q. Who owns the buildings?

**A.** The buildings were developed

and built by American Diversified Developments in the mid-90s. ADDI (as we're known) is a 60-year-old Beachwood-based company owned by David Wakser, his son Ron, and investor partners. David and his two brothers, Sanford and Ben, built many homes in Beachwood in the 1950s, back when Beachwood was a village. Ben was a brick layer, like his father before him. Both David and Ron have resided in Beachwood for more than 60 years. Since these buildings were constructed to own and manage for the long term, quality design, aesthetics, and workmanship were always key factors.

### Q. What amenities are included?

**A.** Every unit includes in-suite laundry. The fitness rooms are open 24 hours a day. We have a party room in Atrium Two that is available free of charge to our residents. Our heated garages are monitored 24/7 by surveillance cameras. We also have a very active social program, which includes weekly movie nights, monthly potluck dinners, occasional guest speakers, and catered holiday dinners two-to-three times per year. Additionally, our residents have full access to the pristine walking trails in The Village, as well as the adjacent swimming pool, tennis and pickleball courts, and The Village Clubhouse, which has



Chris Maguire invites you to tour Atriums in The Village and see first hand that the Atriums offer the best location, and are unrivaled in luxury, amenities, and service.

another large workout room and a beautiful party room that can be reserved for private events. Our maintenance staff live on site and are available for emergency maintenance 24/7, and The Village front-entry gate is manned 24/7 with security personnel.

### Q. Any final comments?

**A.** We are located within the pristine serenity of The Village community in a city that offers highly-rated services with the best retail, restaurants, and office/medical services only minutes away. With our five-year renovation plan that is almost done, the Atriums offer the best location, and are unrivaled in luxury, amenities, and service.

For more information, please email [www.atriuminthevillage.com](http://www.atriuminthevillage.com), or call 216.831.3581 to set up a personal tour of the community.

# CITY OF *Beachwood* Insider

JUNE  
2019

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216.292.1922

## K-9 OFFICERS TAKE THE OATH

Last month, Belgian Malinois dogs Jorik and Kai were sworn in as Beachwood's newest police officers. The Police Department's K-9 Unit, introduced this year, was created for dual-purpose canines to track, search buildings and apprehend criminals, and detect narcotics or explosives.

*Jorik and the Bell Family*



Thanks to support from Mayor Horwitz and City Council, the Police Department was able to hire two dogs. Officer Russell Bell is Officer Jorik's handler and Officer Anthony Gray is the handler for Officer Kai. Each human/K-9 team completed a six-week training program. The officers both work and live with their K-9 partner for 24/7 togetherness.



*Kai and the Gray Family*

The Belgian Malinois is a typical breed for police and military applications due to their work ethic, ability to train, loyalty and dedication.



Each dog signed its Oath of Office with a paw print after being sworn in. Police badges were then attached to their collars. Chief Gary Haba stated that this was an exciting and historic day for the police department and the City.



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## BE A MEMBER!

The Beachwood Family Aquatic Center is open! The full season runs daily until August 13 and then Thursday – Sunday until September 4.

### MEMBERSHIP RATES

Children (up to 3 years of age) – No charge  
 Individual (age four - adult) – \$55  
 Family (family of four) – \$160  
 Each additional family member (after four) – \$25

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Senior Season Membership – \$30 per person  
 Senior Resident Day Pass – \$4  
 Senior Non-Resident Day Pass – \$6

(Proof of age along with proof of residency required for purchase. Senior is anyone 60 years or older.)

Memberships on sale now at the Aquatic Center.  
 Proof of residency needed - current utility bill and photo ID.



## MUFFINS WITH THE MAYOR

Last month, Mayor Martin S. Horwitz invited the community to join him for muffins, crepes and coffee to celebrate May as Older Americans Month.



## CELEBRATE SUMMER IN BEACHWOOD!

Start a tradition in your neighborhood by hosting a block party. Neighborhood block parties are a fun way to meet neighbors, build friendships and develop community and security. If you are interested, call the Mayor's Office at 216.292.1901 and we can help coordinate the date, invitations, supplies and street barricades. The City can even send a fire engine or other emergency vehicle for guests young and old to tour and enjoy. Summer passes quickly so act now!



## Barkwood

Beachwood Public Works Department is at work constructing Barkwood, Beachwood's first dog park. Open to residents only, Barkwood will feature separate small and large dog areas, a gated entrance, seating and a water fountain for dogs and people. Opening later this Summer inside Beachwood City Park East.

CALL 216.292.1970 TO REGISTER



**AMERICAN RED CROSS  
 BLOOD DRIVE**  
**FRIDAY, JUNE 21**  
 1:00 – 7:00 PM  
 Beachwood Community Center

## UPCOMING MEETINGS

### CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 PM. Upcoming meetings: Monday, June 3, July 1 & August 5. Questions? 216.595.5462.

### PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 PM. Upcoming meeting: Thursday, June 27. Questions? Call 216.292.1914.

### ARCHITECTURAL REVIEW BOARD

Meets at 5:30 PM. Upcoming meetings: Monday, June 3 & 17, July 1. Questions? 216.292.1914.

**ALEC ISAACSON**



216.291.2797

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# SUMMER CONCERT SERIES

## OUTSIDE

**BEACHWOOD FAMILY AQUATIC CENTER\***  
**TUESDAYS · 6:30 - 8:00 PM**

**JUNE 11 - Ronnie Fiorentino - Music of The Rat Pack**

**JUNE 13 - The American Songbook**

Marshall Griffith, Piano • Dean Newton, Bass • Barbara Knight, Vocals

**JUNE 18 - AfterThought & the NuSoul Band - Broadway Musicals & R&B**

**JUNE 20 - A Little Song, A Little Opera**

Rebecca Freshwater, Soprano • Tatiana Loisha, Piano

**JUNE 25 - Hillbilly Idol – Tribute to Grand Ole Opry**

**JUNE 27 - 2+1=3: An Evening of Solos, Duos & Trios**

Mari Sato, Violin • Ida Mercer, Cello • Anne Wilson, Piano

**JULY 2 - Red Light Roxy – Music of Ellington, Porter, Berlin**

**JULY 9 - The Jam Machine - Classic '60s, '70s, '80s Pop – Today's Hits**

**JULY 11 - The Kalos String Quartet**

Kimia Ghaderi & Sarah Page, Violins • Anna Gerber, Viola • Rebecca Shasberger, Cello

**JULY 16 - Dan Zola Orchestra - Music of The Big Band Era**

**JULY 18 - Today's Schubertiade: A Celebration of Song & Dance**

David Cook, Clarinet • Emily Grabinski, Piano • Crystal Carlson, Soprano

**JULY 23 - 50-Year Resident Salute - Blue Lunch - Blues, Jump & Swing**

**JULY 25 - CLE Int'l Piano Competition Camp in Concert**

Select Young Artists from Around the World with Faculty Musicians

## INSIDE

**BEACHWOOD COMMUNITY CENTER**  
**THURSDAYS · 6:30 - 8:00 PM**

**QUESTIONS?**

**216-292-1970**

**\*Inclement weather  
location Beachwood  
Community Center,  
non-pass holders  
not permitted to  
use the pool**

*Brought to you in cooperation with:*

CLEVELAND  
INTERNATIONAL  
**PIANO**  
COMPETITION



ArtsConnect

## Recycling in Beachwood is easier than ever.

*Cut your trash in half by combining cans, cartons,  
paper and glass plus plastic bottles and jugs.*

### Place these items LOOSE in cart:

#### CANS



Aluminum/Steel  
*Empty & Rinse*

#### GLASS



Bottles/Jars  
*Empty, Rinse, Replace Cap*

#### PAPER & BOXES



Newspaper/Magazines  
*Flatten Cardboard*

#### PLASTIC BOTTLES & JUGS



Bottles/Jugs/Tubs  
*Empty, Rinse, Replace Cap*

#### CARTONS



Milk/Soup/Juice  
*Empty, Rinse, Replace Cap*

### LEAVE THESE ITEMS OUT OF CURBSIDE RECYCLING.

[www.beachwoodohio.com](http://www.beachwoodohio.com) to learn  
where to recycle these materials.



Hazardous



Plastic Bags



Latex Paint



Sharps/Pills



Clothing



Scrap Metal



Styrofoam

### **RAD** (RAPE AGGRESSION DEEFNSE) BEACHWOOD COMMUNITY CENTER JUNE 24, 25, 26 • 6:00 - 9:00 PM REGISTRATION REQUIRED!



This 3-hour 3-day lecture-style and hands-on training for the Rape Aggression Defense (RAD) system teaches realistic self-defense techniques for women. RAD

is a comprehensive, internationally known women-only course taught by nationally certified instructors. Learn awareness, prevention, risk reduction and avoidance, while progressing to hands-on interaction.

### ARBOR DAY

The City of Beachwood celebrated Arbor Day in May with the help of Hilltop Elementary School's fourth-grade classes. This



is the 22nd consecutive year that the City of Beachwood earned the honor of "Tree City USA" by the Arbor Day Foundation for its commitment to effective urban forest management. Students shared poems and creative writing about the importance of trees, and then helped to plant three new elm trees on the Penshurst tree lawn behind the Hilltop campus. Thanks so much, Beachwood Schools!



## SENIOR POLICE ACADEMY

Beachwood Police Department is accepting applications for the Senior Police Academy. Learn about real-life crime prevention and receive “hands on” experience with the help of knowledgeable instructors. Learn self-defense, CPR, safety and more.



BEACHWOOD CITY HALL 1:00 – 3:00 PM  
WEDNESDAYS, AUGUST 9 – SEPTEMBER 27

PLEASE NOTE: Must be 50 years of age or older.

TO REGISTER CALL 216.595.3733

BEACHWOOD HISTORICAL SOCIETY  
**HOUSE AND GARDEN TOUR**  
BEACHWOOD ARTS COUNCIL

**SUNDAY, JUNE 23**  
**1:00-4:00 PM**  
**\$15.00 PER PERSON**

REGISTRATION REQUIRED AT  
[WWW.BEACHWOODOHIO.COM](http://WWW.BEACHWOODOHIO.COM)  
TO BENEFIT BEACHWOOD HISTORICAL SOCIETY  
AND BEACHWOOD ARTS COUNCIL  
STARTS AT BEACHWOOD CITY HALL

FOR MORE INFORMATION VISIT  
[WWW.BEACHWOODHISTORICALSOCIETY.COM](http://WWW.BEACHWOODHISTORICALSOCIETY.COM)  
[WWW.BEACHWOODOHIO.COM](http://WWW.BEACHWOODOHIO.COM)  
VISIT CITY HALL OR CALL 216-292-1970

**USE CAUTION BE SEEN** Use caution when walking at dawn, dusk and evening hours. Add reflective items to your clothing. When it is necessary to walk in the street, please walk facing traffic and if in a group, single file.

## BEACHWOOD OUTDOOR Movie Nights

**FREE**

Join us for a FREE movie night!  
Bring your blankets and lawn chairs.

|           |                   |                  |
|-----------|-------------------|------------------|
| June 23   | July 14           | August 11        |
|           |                   |                  |
| Smallfoot | Christopher Robin | A Dog's Way Home |

Beachwood Community Center Parking Lot • 5:00 PM  
Purchase dozens of flavors from the Crazy But True Popcorn Truck

*CITY OF Beachwood*  
Questions? Call 216.292.1970

## 50-YEAR RESIDENT SALUTE



TUESDAY, JULY 23 • 6:30 PM  
BEACHWOOD FAMILY AQUATIC CENTER

All residents who have lived in Beachwood for 50 years or more are invited to join us for special recognition. Newly minted 50-year residents will receive a special gift. A reservation is needed. *RSVP by JULY 17 by calling 216.595.3733.*

## ART EXHIBIT



**GOOD NEIGHBORS • JUNE 5 – 27**  
Beachwood Arts Council & Shaker Arts Council presents "Good Neighbors," a juried art exhibit featuring the work of four Beachwood and four Shaker Heights artists.

Opening Reception:  
June 8 • 5:00 - 7:00 PM

**Beachwood Community Center**  
MON – FRI • 9 AM – 4 PM  
SAT • 10 AM – 3 PM  
SUN • 10 AM – 1 PM

# Arbor Day 2019

On Monday, May 6, Beachwood held its annual Arbor Day Celebration with a program on Penshurst Road, behind Hilltop Elementary School. The city celebrates this annual event by planting trees in our community. For more information, see page 29.

*Top right:* Fourth-grade teacher Alesha Trudell holds the microphone as Dejhaun Carroll recites a poem about Arbor Day.  
*Bottom right:* Shayna Kelly helps plant a tree.  
*Below:* Annaya Jain, Artiom Tkachenko, Rima Al-Azzam, Amaya Brown, Shayna Kelly, Joyce Hong, Kamryn Nolden, Joanna Kwon, Aditya Samprathi and Dejhaun Carroll enjoy the celebration.



## City of Beachwood Pop-Up Park

The City of Beachwood has established a summertime pop-up park at the site of former Fire Station 2, on Fire Station Drive at Chagrin Blvd. All are welcome to stop and eat lunch, take a walk, meet a friend, read a book, share a picnic lunch or just watch the world go by.

Tables and benches are available, courtesy of the Northeast Ohio Areawide Coordinating Agency (NOACA), which also donated the paint to spruce up the area. The park is free to enjoy and open to the public!



## Beachwood Seniors Travel to Portland, Oregon

Last month, the Beachwood Community Services Department took a group of seniors to beautiful Portland, Oregon. Activities included a city tour, candy bar designing, beautiful views, lovely meals, and more. A good time was had by all! To sign up for upcoming meals out, day trips, and overnight excursions, check out the newest issue of The Upperclassmen News at [www.beachwoodohio.com](http://www.beachwoodohio.com).

*Right:* Esther Rutman, Martin Silverman, Marlene Goodman and Marsha Goldstein at Multnomah Falls.  
*Below, left:* Linda Barnett, Marsha Blond and Helen Braun at the International Rose Test Garden.  
*Below, right:* Betty Spivey, Arlene Mager and Leonard Tracht design candy bars at Creo Chocolate.



## Food Truck Thursdays "Eats & Meets"

Seeking more sunshine, fresh air, and exciting new lunch options? Leave your brown bags at home and come to Thursday Eats & Meets. Food trucks will park behind The Orlean Company at 23875 Commerce Park every Thursday from 11 am – 2 pm.

Thursday Eats & Meets is presented by the Beachwood Chamber of Commerce and The Orlean Company. Come nosh with your neighbors and enjoy different food trucks each week!



## Science Olympiad MS/HS



Beachwood's high school and middle school Science Olympiad teams recently competed at the Ohio Science Olympiad State Tournament. Under the leadership of advisors **Alise Stawicki** and **Rakhee Banerjee** respectively, the teams finished 7th and 11th in Ohio. Several team members earned high honors in their competitions:



### High School

2nd Place - Protein Modeling - **Priyanka Shrestha, Stephanie Yen, and Chelsea Zheng**

3rd Place - Fermi Questions - **Nikhil Murali and Julia Woomer**

3rd Place - Sounds of Music - **Amy Chen and Yang Yu**

6th Place - Codebusters - **Amy Chen, Clinton Sansonetti, and Yang Yu**

### Middle School

1st Place - Experimental Design - **Kai Zheng, Karmanyaah Malhotra, and Dhruv Seth**

1st Place - Game On - **Henrik Burda and Kaajal Krishnan**

4th Place - Boomilever - **Rena Feng and Richard Feng**

4th Place - Battery Buggy - **Kai Zheng and Karmanyaah Malhotra**

6th Place - Circuit Lab - **Kai Zheng and Richard Feng**

6th Place - Crime Busters- **Lana Lagman and Allen Yu**

## MANY CULTURES



## Many Cultures, One Bison

Beachwood High School's Many Cultures, One Bison (MCOB) student committee implemented an impactful program for rising 9th graders in late-May. During their high school orientation visit, the middle school students observed a high school student panel discussion on the promise of, and challenges with, diversity at the high school. They also participated in interactive small-group sessions with trained high school student facilitators that spurred discussion among their peers about the upcoming four years of high school. Thanks to our committed MCOB student committee, we are building a culture that respects the diversity of cultures in our community, while promoting the promise of unity! Thanks also to MCOB's staff advisors, teacher **Craig Alexander**, superintendent **Bob Hardis**, teacher **Kevin Houchins**, and principal **Tony Srithai**.



## ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, (216) 464-2600 ext. 299 • rph@beachwoodschoools.org  
Michele E. Mills, Director of Finance/Treasurer, (216) 464-2600 ext. 239 • mm@beachwoodschoools.org  
Dr. Ken Veon, Assistant Superintendent, (216) 464-2600 ext. 230 • kev@beachwoodschoools.org  
Lauren J. Broderick, Director of Pupil Services, (216) 464-2600 ext. 234 • ljb@beachwoodschoools.org  
Linda LoGalbo, Director of Curriculum & Instruction, (216) 464-2600 ext. 289 • lhl@beachwoodschoools.org  
Kathleen Stroski, Assistant Treasurer, (216) 464-2600 ext. 240 • ks@beachwoodschoools.org



## Jing-Jing Shen - U.S. Presidential Scholar Semifinalist



Beachwood Senior **Jing-Jing Shen** has been named one of just 621 semifinalists in the 2019 U.S. Presidential Scholars Program. Semifinalists were selected from nearly 5,300 candidates expected to graduate from U.S. high schools in the year 2019. Presidential Scholars are selected on the basis of superior academic and artistic achievements, leadership qualities, strong character, and involvement in community and school activities. Way to go Jing-Jing!

## Five DI Teams Compete at Globals

Our Destination Imagination program is proud to boast that five Beachwood teams competed at the DI Global competition in Kansas City in late May. Two teams represented the high school: “**It Has To Fit On The Tee-Shirt**” and “**puorG yppaH eHT**.” The middle school was represented by “**The Fearsome Five**,” and Hilltop School sent “**The DI 5**” and “**The Islanders!**” Congratulations to our students for their terrific season and many thanks to their coaches!



## Bell Schedule Changes for 2019-2020

Beachwood Schools recently announced exciting changes to take place in the scheduling of our high school, middle school and elementary buildings. The purpose of these changes is to benefit our students’ learning, to be responsive to community feedback, and to enhance the experience at Beachwood Schools for our students and families.



- In recognition of the well-known benefits of later start times for high school and middle school aged students, Beachwood High School and Middle School will start at 8:10 a.m. and 8:15 a.m., respectively.
- Our elementary schedules will be more closely aligned to benefit parents and our district’s efforts.
- Adjustments to bus routing will allow us to offer more efficient and predictable service, as well as shorter routes for our high school and middle school students.
- Instructional time is not reduced in any building.



## Students Learn About Healthy Relationships



YOUR  
PRESENCE  
IS A  
PRESENT

Beachwood 8th graders learned about building healthy relationships and preventing sexual harassment in separate sessions for the girls and boys. The program was run by our counselor **Lisa Gealy**, psychologist **Stefanie Currington**, principal **Paul Chase**, and Bellefaire SAY counselor **Marlon Walker**. These programs continued the “Be Present” effort that has been ongoing throughout the school year. We are raising our students’ awareness and empowering them to be respectful and in control with regard to timely issues such as mental health, consent, and inclusivity.



Visit us at [www.beachwoodschoools.org](http://www.beachwoodschoools.org)  
[www.facebook.com/BeachwoodBison](http://www.facebook.com/BeachwoodBison)



[@beachwoodbison](https://twitter.com/beachwoodbison)

Compete to Win **\$21,000** in College Scholarships!

## Last Call for Auditions!



If you're a high school student who loves to sing... if you want to showcase your talent... if you can imagine yourself performing on stage under Playhouse Square lights... you'll want to participate in Shining Star CLE 2019.

This unique solo-singing competition gives high school students from Northeast Ohio the chance to compete for college scholarships and perform at the prestigious Ohio Theatre.

First-place contestant will win a \$10,000 college scholarship, and have an opportunity to perform with The Cleveland Pops Orchestra at Severance Hall. Additional scholarship awards include:

- Second place – \$5,000
- Third place – \$2,500
- Fourth place – 1,000

The high school music department of the first-place winner will also receive \$2,500.

All participants must have a 2020-2023 high school graduation date. All music genres are welcome, and there is no entry fee.

It's easy, just record yourself singing your favorite song and upload your video audition (three minutes max) to [www.shiningstaracle.org](http://www.shiningstaracle.org) by July 1,

2019. In-person auditions will follow. Piano accompaniment, personal instrument usage or acapella are welcome.

**First-place contestant will win a \$10,000 college scholarship and have an opportunity to perform with The Cleveland Pops Orchestra at Severance Hall.**

Save the date for Sunday, September 22, 7 pm, for The Finals Performance & Competition!

For more information, visit [www.shiningstaracle.org](http://www.shiningstaracle.org) or contact Renee Greller in Montefiore's Foundation department at 216.910.2652 or [rgreller@montefiorecare.org](mailto:rgreller@montefiorecare.org).

This event is a benefit for memory care programs offered at Montefiore and The Weils, nonprofit organizations and leaders in senior healthcare.

## Beachwood Chamber of Commerce Programs

### Networking After Five

Wednesday, June 5 • 5 - 6:30 pm • Hyatt at Legacy Village

Enjoy light refreshments while you network, pick up some networking tips, and be entered in a drawing to win a gift certificate. Remember to bring

your business cards!

This event is free for members and \$10 per non member. Visit [www.beachwood.org](http://www.beachwood.org) to register.



Beachwood Women's Connection  
Women Empowering Women

Thursday, June 13 • 11:45 am – 1 pm

Sipt • 3365 Richmond Road

Free • Please register at [www.beachwood.org](http://www.beachwood.org)



Dr. Nanci Miklowski, naturopathic doctor and owner of Cleveland Natural Health, will speak on "Reducing Our Body Burden" to help us identify the most common causes of toxin/contaminant exposure. She will touch on certain liver-friendly

foods and teach us easy tips to gently detox daily. Dr. Miklowski graduated from the National University of Natural Medicine in Portland, Oregon.

Sipt, new in Beachwood, offers customers cleaner foods so they can live healthier and happier lives.

### Upcoming Luncheon:

Wednesday, June 19 • 11:30 am – 1 pm

Doubletree Beachwood

Les Levine will discuss "Cleveland Comebacks: Are the Browns Next?"



Les Levine, Ohio's original name in sports talk, is widely known for his show, "More Sports and Les Levine, which airs five nights a week, from 6-7 pm, on [www.cleveland.com](http://www.cleveland.com). Les is

known as Ohio's veteran voice of truth and reason. He opens up, unloads, and hosts Ohio's top athletes; and debates the hottest issues in Cleveland sports.

### Become a Sponsor!

BCC has sponsorship opportunities for the following events:

#### • Golf Outing

Friday, August 30 • 8:30 am  
Tanglewood

This outing has a shotgun start, followed by announcements and awards at 2 pm.

#### • Taste of Beachwood

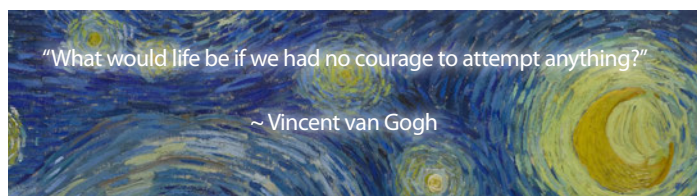
Thursday, November 7  
Embassy Suites • 5-7:30 pm

• **Luncheon Sponsors** – Call 216.831.0003 for details!

#### • Business to Business Expo

Thursday, October 3 • 4-7 pm  
Beachwood High School

For details on sponsoring and/or attending chamber events, please visit [www.beachwood.org](http://www.beachwood.org).



# Join Us at the BCC Golf Outing!

## Q. Tell us about the 2019 BCC Golf Outing.

A. The golf outing is one of the chamber's largest fundraisers. This provides an opportunity for both members and non-member – golfers and non-golfers – to get together for a terrific, fun event.

## Q. When and where does the event take place this year?

A. Friday, August 30th at Tanglewood. The Historic Tanglewood Club is a public golf course located in Chagrin Falls.

## Q. Who is your target audience?

A. Anyone and everyone who wants to have a great time – golfers and non-golfers alike – who want to have a fun day out at a great course, and those who are looking to promote their business through the Beachwood Chamber and beyond.

## Q. Do you have to be a good golfer to play?

A. Not at all! We have so many ways to participate. Golfers of all levels are invited to join us. If you are not a golfer, you can join us around 2:00 pm for appetizers and awards and there are also volunteer opportunities for the day.

## Q. What are your goals for this outing?

A. To have 100 golfers participate and to double the number of sponsors we've had at previous outings. To provide networking opportunities in a fun setting, and to raise funds for the chamber.

## Q. What types of sponsorships are available?

A. We offer corporate and individual sponsorships, and encourage gift contributions that can be used for our silent auction or as prizes for winners, after dinner. Hole sponsorships are also available. You can own a hole, or participate with others to own a hole.

## Q. What else would you like to share?

A. All sorts of contests and games are planned throughout the day, including hole-in-one, long-drive, long-putt and closest-to-the-pin contests. This is a great opportunity to spend an afternoon with friends and associates on a fun outing that provides an opportunity to network with both members and non-members of the Beachwood Chamber. Invite your colleagues and associates, friends and neighbors, create a foursome, be a sponsor, make a donation, and help us fund the ongoing operation of the Beachwood Chamber of Commerce. You're sure to have a great time!

For complete information, visit [www.beachwood.org](http://www.beachwood.org) or email [Peter.Young@promedica.org](mailto:Peter.Young@promedica.org)



# golf 2019 outing



8745 Tanglewood Trail  
Chagrin Falls, OH 44023

## Friday, August 30th

8:30 am • Shotgun Start  
2:00 pm • Award Ceremony

### Join us for the 2019 Beachwood Chamber Golf Outing

Members and Non-Members Welcome!

## GOLF

Foursome • \$400

Individual Golfer • \$125

Awards and Appetizers • \$25

Early Bird Pricing Through July 1st

Foursome • \$350 or Individual • \$100

### Sponsorship Opportunities Available!

For Additional Details and to Register,  
Visit [beachwood.org](http://beachwood.org)

For more information,  
call 216.831.0003 or  
email [director@beachwood.org](mailto:director@beachwood.org)

Sponsors at time of printing:





# BHS Class of 1974 to Celebrate 45 Years

The BHS Class of '74 will celebrate its 45-year class reunion on Saturday, August 31, 7 pm, at

Granite City in Legacy Village. Please visit Class Creator for details, or email [bhs.classof74@att.net](mailto:bhs.classof74@att.net).

## Back-to-School Bison Bash!

Support the Boosters. Join today and buy tickets to the Bison Bash!

Join the Beachwood Athletic Boosters for the 2019 Back-to-School Bison Bash! A Night of Magic, featuring nationally-known magician Rick Smith Jr., will take place on Saturday, September 14, 6:30 pm, at Beachwood High School.

Sponsorship opportunities

and tickets are available now! Visit [www.beachwoodschoools.membershiptoolkit.com/](http://www.beachwoodschoools.membershiptoolkit.com/) for details.

*The Beachwood Athletic Boosters is a parent volunteer organization that is dedicated to supporting the Beachwood athletic programs in grades K-12.*

## Beachwood History Book Club

The Beachwood History Book Club is free and open to all group that meets at the Beachwood Library.

**Wednesday July 31 • 7 pm**

*Mrs. Morhard and the Boys: The First Boys Baseball League. A Nation Inspired*, by Ruth Hanford Morhard. This story happened in Cleveland, and the author will attend the club meeting.

Contact Margaret Reardon at 440.292.7739 or at [margaret\\_reardon@att.net](mailto:margaret_reardon@att.net) for more information.

**Tuesday June 25 • 7pm**

*Invisible: The Forgotten Story of the Black Woman Lawyer who Took Down America's Most Powerful Lawyer*, by Stephen Carter.

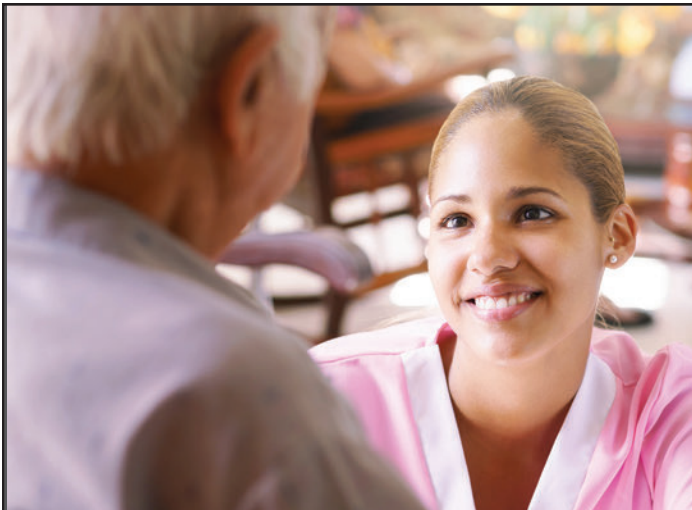
## Summer Soirée

Young adults ages 22-45 are invited to kick off summer with an open bar, food, and music at the 11th annual Federation's Young Leadership Division and JCLE Summer Soirée.

The event takes place Thursday, June 20, 7 – 11 pm, at Acacia Reservation, 26899 Cedar Road. Cost is \$36 (pre-register) and \$45 at the door. To register, visit [www.jewishcleveland.org](http://www.jewishcleveland.org).



2018 Summer Soiree co-chairs Leslie Shvets, Ben Milgrom, Rachel Newman, and Matt Morris.



## Have Confidence with Your Home Care.

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- Skilled Nursing
- Medical Social Worker
- Physical, Occupational & Speech Therapy
- Home Health Aides
- Medication Management
- Lifeline Medical Alert
- Home Cleaning
- Kosher Home Delivered Meals
- Holocaust Survivor Support Services
- JFSA Shuttle On-The-Go! Free Transportation

# Call 216.378.8660

JEWISH FAMILY SERVICE ASSOCIATION  
of Cleveland



[jfsa-cleveland.org](http://jfsa-cleveland.org)

Medicare, Medicaid and most insurance accepted.



Chad Raymond, DO

## Take Summer Fun to Heart

**E**njoy fun in the sun this summer – but be cautious if you or someone in your family has heart disease or a congenital heart condition, says Chad Raymond, DO, a cardiologist with University Hospitals Harrington Heart & Vascular Institute at UH Ahuja Medical Center.

“Warm weather puts stress on everyone’s heart by causing it to beat faster and work harder to keep the body cool,” Dr. Raymond explains. “But people with heart disease or heart conditions, including children, don’t adapt as easily. This means they are at risk for heat stroke.”

In fact, sweating, the body’s natural response to overheating, can be risky for people with heart disease. It removes not only water but also necessary minerals from the body, causing added stress on the heart.

“Additionally, some medicines people take for heart disease remove fluid from the body, which increases their risk,” Dr. Raymond adds. This category includes diuretics and beta blockers.

Some other common heart medicines such as ACE inhibitors and calcium channel blockers change the way the body responds to the heat. “If you take these medications you may need to drink more water to keep your body in balance,” Dr. Raymond advises. “We recommend that

heart patients continue taking their medications as prescribed. If you have questions about your heart medicine and warm weather, check with your cardiologist.”

UH Harrington Heart & Vascular Institute cardiologists recommend that people with heart disease or a heart condition follow the same guidelines about activity and warm weather as everyone else. That includes:

1. If you are planning on participating in vigorous exercise and aren’t used to it or are taking up a new sport, make an appointment with your doctor to get checked out thoroughly and get his or her approval.
2. While outdoors – or indoors without air conditioning – during warm or humid weather, drink plenty of water. That means a minimum of eight 8-oz. glasses a day, even if you don’t feel thirsty, and more if you are exercising or doing something active.
3. Avoid being in the sun during the hottest time of day (10 am – 2 pm), which

is smart for skin cancer prevention, too.

And one added precaution for infants and children with a congenital heart condition: Protect them from overheating by keeping them in air conditioning when it is hot outside, making sure they drink enough water and dressing them in light layers. Children over age 5 and teens need at least six to eight 8-oz. glasses a day, more if exercising.

Bottom line about summer fun for people with heart disease: “Enjoy the summer, use common sense and ask your cardiologist if you have questions about your medicines or what you can or cannot do,” Dr. Raymond says. “We are here to help you live your healthiest life possible.”

To make an appointment with Dr. Raymond or another Harrington Heart & Vascular Institute cardiologist at UH Ahuja Medical Center or University Suburban Health Center, call 216.810.4999. UH Ahuja is located at 3999 Richmond Road in Beachwood. University Suburban Health Center is located at 1611 S.

Green Road in South Euclid.



Bottom line about summer fun for people with heart disease: “Enjoy the summer, use common sense and ask your cardiologist if you have questions about your medicines or what you can or cannot do,” Dr. Raymond says. “We are here to help you live your healthiest life possible.”

# 10 Things Your Kids Don't Want When You Downsize

Among the list of least-wanted heirlooms? Fancy dinnerware, dark brown furniture and sewing machines.

According to Elizabeth Stewart, author of *No Thanks, Mom*, children of baby boomers aren't interested in upsizing as their parents downsize. If your kids tend to favor the phrase "less is more" when it comes to possessions, check out this list of ten items they probably don't want – and learn what you can do with them.



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It can be emotional to sort through a lifetime of where we've been, even when it means clearing a path for the future.

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## 1. Books

Check [biblio.com](http://biblio.com) for information about your books. If it's rare or valuable, call a book antiquarian. Otherwise, ask libraries, schools or charitable organizations like Ronald McDonald House if they can use them.

## 2. Paper

This includes old photos and greeting cards. Digitize family photos. Keep those that are linked to a celebrity or historical moment, Stewart suggests. There might be a market for your historical snapshots among greeting card publishers and image archive companies.

Other options include your local historical museum or county archives. The Center for American War Letters at Chapman University might be interested in any war letters and memorabilia.

## 3. Trunks, Sewing Machines and Film Projectors

They're probably not valuable unless made by a renowned company. Consider donating.

## 4. Porcelain Figures and Decorative Plates

Precious Moments figures may not be precious to your loved ones, but an assisted living facility may appreciate them for gift exchanges. Figurines that trigger fond memories may deserve a photo shoot with a professional photographer so you or your kids can continue to enjoy them without having to dust them.

## 5. Silver-Plated Objects

Unless your serving pieces and silverware are from a manufacturer along the lines of Tiffany or Cartier, consider donating it.

## 6. Sterling and Crystal

Many families appreciate these as heirlooms. But if your family doesn't, check sites like [replacements.com](http://replacements.com), which matches folks with pieces that will round out their collection.

## 7. Fancy Dinnerware

The next generation likely isn't interested in hauling out a full-service for holiday meals. Again, consider selling to a replacement matching service.

## 8. Dark Brown Furniture

There's still a market, likely secondhand stores or antique lovers who may look to upcycle your pieces for the modern aesthetic. But don't expect much if you choose to sell. Stewart suggests you'll receive about a quarter of the purchase price. Mid-century pieces should fetch higher prices if you decide to sell.

## 9. Persian Rugs

High-end pieces are still selling in high-end places, like Martha's Vineyard. Otherwise, your best bet may be to donate them.

## 10. Linens

If your children don't want the delicate textiles, see if you can find someone who repurposes hand-embroidered work into special-occasion garments, like christening gowns. Theaters and costume shops may also appreciate them.

It can be emotional to sort through a lifetime of where we've been, even when it means clearing a path for the

future. Loved ones, friends and neighbors might be willing to lend a more objective eye as you cull. Ask for help, and be willing to return the favor. If you need even more objectivity, find a professional through the National Association of Senior Move Managers whose job it is to help people downsize. There are also companies that specialize in managing estate sales to help you manage the task.

*This information was provided by: Michael Frayman Senior Vice President, Investments Raymond James 3201 Enterprise Pkwy., Suite 240 Beachwood, Ohio 44122 216.292.8826*

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*Raymond James & Associates, Inc., is a member of New York Stock Exchange/SIPC.*

# Beachwood Historical Society Spring and Summer Events

The Beachwood Historical Society, in collaboration with the City of Beachwood, invites you to the following events:

## House and Garden Tour Sunday, June 23 • 1 - 4 pm

The City of Beachwood, Beachwood Historical Society, and Beachwood Arts Council are sponsoring a house and garden tour that will feature ten beautiful homes and gardens in the City of Beachwood. This self-guided tour will start at Beachwood City Hall, where participants will receive a map and information about each location. Proceeds from the tour will benefit Beachwood Historical Society and Beachwood Arts Council, both non-profit organizations. The cost is \$15/ person and advanced registration is required. Visit [www.beachwoodohio.com](http://www.beachwoodohio.com) or call 216.292.1970 for details.

## Tai Chi and Yoga Classes

Free classes will take place in the Beachwood City Park West Pavilion, rain or shine. Programs are in conjunction with Cuyahoga Arts & Culture.

## Yoga • Saturdays, 11 am – noon July 6, 13, 20, 27

Meditate and try gentle poses with Julie Konrad of Luna Presence Yoga. Bring a chair, mat or towel.



## Tai Chi • Sundays, 10 – 11 am July 7, 14, 21, 28

Relax and breathe with Jennifer Stepien.

## Patriotic Concert Sunday, June 2 • 7 pm Beachwood Family Aquatic Center Pickleball Anyone? Saturday, July 13

A doubles pickleball tournament is back by popular demand! Singles are welcome and will be paired up with a partner. New and experienced players are welcome.

## Mad for Plaid Luncheon Thursday, July 18 noon

How did Queen Victoria introduce plaid to the people? A curator from the Western Reserve Historical Society will unveil the story and teach us about our very own Cleveland plaid.

For more information about these programs and to register, visit [www.beachwoodohio.com](http://www.beachwoodohio.com).

# Free Mulch for Beachwood Residents

Every Beachwood household is eligible to receive 12 free bags of mulch at the Beachwood Public Works Department, 23355 Mercantile Rd. (follow the signs to shipping/

receiving/computer recycling). Mulch is available Monday - Friday between 7:30 am and 3:30 pm. You must bring your ID and a recent utility bill with your Beachwood address.



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## From the Beachwood Arts Council

### Good Neighbors Art Exhibit

Wednesday, June 5 –  
Thursday, June 27  
Beachwood Community Center

### Gallery Hours:

Monday – Friday 10 am – 4 pm  
Saturday 10 am – 3 pm  
Sunday 10 am – 1 pm

### OPENING RECEPTION:

#### SATURDAY, JUNE 8 • 5 – 7 pm

Beachwood Arts Council and Shaker Arts Council will present “Good Neighbors,” a juried art

exhibit featuring the work of four Beachwood and four Shaker Heights artists. For complete information, see page 16.

### Annual Meeting

Tuesday, June 11 • 7-8:30 pm  
Beachwood Community Center

Upcoming events will be discussed, new officers and board members will be sworn in, the recipient of the Si Wachsberger Art Award will be announced, and entertainment will be provided.

## Mandel JCC Men’s Club

The mission of the Mandel JCC Men’s Club is to provide opportunities for men to socialize, meet new friends, and take part in discussion groups. The club meets every Monday

from 11 am – noon in the Mandel JCC’s Stonehill Auditorium, unless otherwise noted.

For more information, contact Bob Young at [youngbob12@gmail.com](mailto:youngbob12@gmail.com). Guests are welcome!

June 3

**Speaker:** Mayor Martin S. Horwitz  
**Topic:** “Beachwood Community Update 2019”

June 10 • 11:30 am

Beachwood Community Center

### ANNUAL MEETING

**Speaker:** Tim Warsinskey,  
Managing Editor  
*The Plain Dealer*

**Topic:** “Changes in Paper Print in Today’s Market, and the Changes Being Made by The Plain Dealer to Enhance it”

June 17

**Speaker:** G. Dean Patterson  
Dean of Students  
Case Western Reserve  
**Topic:** “The Challenges Facing College Students in this Day and Age”

June 24

**Speaker:** Bill Rudman  
Musical Theater Project  
**Subject:** “Everything I Know About Life I Learned from Musicals”

## Cheers to the Years NCJW/Cleveland Annual Meeting

Wednesday, June 5

Doors open: 11 am  
Program begins: 11:30 am  
Beechmont Country Club  
29600 Chagrin Boulevard

will also present The 13th Annual Roslyn Z. Wolf Award.

The cost, \$36 per person, includes a buffet brunch and complimentary valet parking. To register, visit [www.ncjwcleveland.org](http://www.ncjwcleveland.org) and click on “Cheers to the Years.” For more information, contact Julie Hayes at 216.378.2204, ext. 100.

Please join NCJW/Cleveland members as they install the Officers and the Board of Directors for 2019-2020. NCJW/Cleveland

## Community Remembers Holocaust with Cleveland’s Commemoration of the Holocaust and Heroism

On Wednesday, May 1, community members honored an estimated 770 Holocaust survivors who live in the Cleveland area and remembered those who perished during the Holocaust at the Jewish Federation of Cleveland and Kol Israel Foundation’s Yom Hashoah V’Hagvurah.

six million Jews who perished in the Holocaust. Attending children participated in a “March of Generations” to signify that Jewish life continues after the Holocaust. Holocaust educators were also recognized for their important work in keeping the memories of the Holocaust alive.

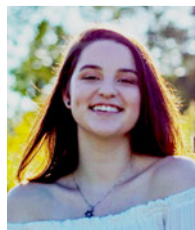
Attending children participated in a “March of Generations” to signify that Jewish life continues after the Holocaust.

As part of the Holocaust education curriculum, students from local schools submitted original poems and visual arts pieces to the Yom Hashoah V’Hagvurah Creative Arts Contest. This year’s theme, “What Happened After,” explored the new path taken by Holocaust survivors to rebuild their lives.

The commemoration featured remarks by Israel Nitzan, Deputy Consul General of Israel in New York; a procession of Torah scrolls from Europe that survived the Holocaust; and survivors who joined their families to light candles in memory of the

Congratulations to Beachwood contest winners Eva Ptahia, Orly Einhorn, Sarah Fullerton, Michal Pollak, Tehila Kahn, Avner Baskin, and Sigal Baskin.

For a complete list of winners, visit [www.jewishcleveland.org](http://www.jewishcleveland.org).



Congratulations to Beachwood contest winners!



Top left: Orly Einhorn, Beachwood High School, 1st Place for High School Writing. Top right: Eva Ptahia, Fuchs Mizrahi School, 2nd Place for Middle School Visual Arts. Bottom: Fuchs Mizrahi Students Michal Pollak, Tehila Kahn, Sigal Baskin, and Avner Baskin, winners of Middle School Writing Contest.



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## Bella Salon and Spa

On April 27, Gabriella Chessman held a grand opening ribbon-cutting ceremony at Bella Salon and Spa.

As transformations go, Gabriella turned an outdated, Chagrin Blvd. salon into a hip, trendy full-service beauty salon and spa that caters to everyone who wants to look and feel their best.

"I saw a tremendous potential in this 3,000-square-foot space with 17 stylist chairs, private pedicure and waxing rooms, and manicure stations," Gabriella said, "We now offer everything hair, gel manicures and pedicures, nail-dip manicures, waxing and hair removal, makeup, and botox injections. Microblading is coming soon."

Bella Salon and Spa introduces Blowout Tuesdays, offering clients a free blowout with any

other hair service; and Waxing Wednesdays, offering a free lip or chin wax with the purchase of another wax service.

Bella Salon and Spa is a preferred Goldwell salon that is located at 27900 Chagrin Blvd. in Woodmere, and is a proud, new member of the Beachwood Chamber of Commerce.

For more information, call 216.292.3670 or visit [www.bella-salonandspa.com](http://www.bella-salonandspa.com).



Top: Woodmere Economic Development director Gary Murphy delivered a proclamation to Gabriella Chessman and her husband, Ed Chessman. Below: Gabriella, Gary, Ed, and the Bella Salon and Spa team cut the ribbon!

# Bella

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## Welcome Master Stylist Robin Pyner!

Robin previously worked at Davida Salon and Spa at Eton Collection and most recently at Salon Victoria in University Heights. Robin is a master at color, cuts and straightenings.

Please join us in welcoming Robin by enjoying a 20% discount on your first visit with her. (offer ends June 30th, 2019)

Call today to book your appointment!

# 216.292.3670



## Hours:

Mon. - closed  
Tue. - 9 am - 5 pm  
Wed. - 9 am - 5 pm  
Thu. - 9 am - 7 pm  
Fri. - 9 am - 5 pm  
Sat. - 9 am - 5 pm  
Sun. - closed

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# Alzheimer's Awareness Month

The May 2019 edition of the *Beachwood Buzz* included an article about JFSA Cleveland's receiving \$1 million in federal funds to address the needs of individuals and families dealing with Alzheimer's and other dementias.

The three-year cooperative grant from an operating division of the U.S. Department of Health and Human Services provides the power to improve lives and make a difference.

We applaud all efforts to improve the lives of persons with Alzheimer's and their families. The need is great and, sadly, there isn't a lot of support out there. Plus, people often put off seeking services until a crisis occurs, and too often, families are in denial.

But there is hope. The Alzheimer's Association Cleveland Area Chapter, headquartered in Beachwood, makes a difference daily and has been doing so for more than 30 years.

#### Here's a snapshot of our reach:

- In FY2018, the chapter provided 2,600 hours of care coaching and made 5,700 contacts with caregivers managing 525 cases each month.
- The chapter's 393 support group meetings during the year served 2,341 people.

- Sixty-two early-stage program meetings were held for 399 caregiver participants and 338 participants with Alzheimer's or dementia.

- The chapter received 4,100 calls from people in our five-county service area to our 24/7 Helpline, 800.272.3900.

- There were more than 74,000 visits to the chapter's website, [alz.org/Cleveland](http://alz.org/Cleveland).

The Helpline's trained staff offer referral and support services on memory loss, medications, treatment options, safety, caregiving tips, services, and guidance on issues faced at any stage of the journey.

Other free services include dementia-care coaching, a personalized in-person or telephone-based support program for caregivers, and SHARE: Next Steps After Diagnosis.

We also offer an in-person, six-session counseling service that empowers people with early-stage dementia. This program, also for their care partner, teaches individ-

uals how to live full and rewarding lives, and adapt to the challenges of dementia.

Our free community and online education programs provide comprehensive information on various topics, including understanding Alzheimer's, communication tips, addressing legal and financial issues, and understanding challenging behaviors. In FY2018, the chapter delivered 313 educational programs to 5,400 participants.

The chapter provides free dementia-care training to family and professional caregivers four times a year. The next training session is June 18, from 9:30 am to 3:30 pm, at the chapter office, located at 23215 Commerce Park, #30. If you are interested in attending, please call 800.272.3900 to register.

Alzheimer's is a public health crisis. More than 5.8 million Americans are living with it, and nearly 16 million friends and family members are providing unpaid care. In Northeast Ohio, about 50,000 people are living with Alz-

heimer's, and more than 125,000 people are providing unpaid care.

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The chapter provides free dementia-care training to family and professional caregivers four times a year. The next training session is June 18, from 9:30 am to 3:30 pm, at the chapter office, located at 23215 Commerce Park, #30.

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June is Alzheimer's & Brain Awareness Month, a time dedicated to increasing public awareness of the disease. The Alzheimer's Association urges families to talk about memory loss and potential warning signs of Alzheimer's. No family should face Alzheimer's alone. Come together to support Alzheimer's & Brain Awareness Month to join the fight against Alzheimer's.

## Beachwood Women 4 Peace

The Beachwood Women 4 Peace knitting group meets the first Friday of every month at the Beachwood Library from 10 – 11:30 am. The next meeting is June 7.

Yarn, needles, and instructions are available at each meeting. The group is currently working on red, white and blue lap afghans for veterans. New and experienced knitters are welcome! For more information, contact Iris November at 216.831.2646 or [lbtyclub@gmail.com](mailto:lbtyclub@gmail.com).

## 10 Ways to Love Your Brain

This June, during Alzheimer's & Brain Awareness Month, join the Alzheimer's Association® to help raise awareness of this devastating disease. You can start by learning and sharing 10 Ways to Love your Brain.

Research is still evolving, but evidence is strong that people can reduce their risk of cognitive decline by making lifestyle changes. Based on this research, the Alzheimer's Association offers 10 Ways to Love Your Brain, a collection of tips that can reduce the risk of cognitive decline. When possible, combine these habits to achieve maximum benefit for the brain and body:

- **Break a sweat:** Engage in regu-

lar cardiovascular exercise that elevates your heart rate and increases blood flow to the brain and body. Several studies have found an association between physical activity and reduced risk of cognitive decline.

- **Hit the books:** Formal education in any stage of life will help reduce your risk of cognitive decline and dementia.
- **Butt out:** Evidence shows that smoking increases risk of cognitive decline. Quit smoking

to reduce that risk to levels comparable to non-smokers.

- **Follow your heart:** Evidence shows that risk factors for cardiovascular disease and stroke – obesity, high blood pressure and diabetes – negatively impact your cognitive health. Take care of your heart, and your brain just might follow.
- **Heads up:** Brain injury can raise risk of cognitive decline and dementia. Wear a seat belt, use a helmet when play-

ing contact sports or riding a bike, and take steps to prevent falls.

- **Fuel up right:** Eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit to help reduce the risk of cognitive decline. Although research on diet and cognitive function is limited, certain diets, including Mediterranean and Mediterranean-DASH, may contribute to risk reduction.
- **Catch some ZZZ's:** Lack of sleep due to conditions like insomnia or sleep apnea may result in problems with memory and thinking.
- **Take care of your mental health:** Some studies link a history of depression with increased risk of cognitive decline, so seek medical treatment if you have symptoms of depression, anxiety or other mental health concerns. Also, try to manage stress.
- **Stump yourself:** Challenge and activate your mind. Build a piece of furniture. Complete a jigsaw puzzle. Do something artistic. Play games, such as bridge, that make you think strategically. Challenging your mind may have short- and long-term benefits for your brain.
- **Buddy up:** Staying socially engaged may support brain health. Pursue social activities that are meaningful to you. Find ways to be part of your local community – if you love animals, consider volunteering at a local shelter. If you enjoy singing, join a local choir or help at an afterschool program. Or, just share activities with friends and family.

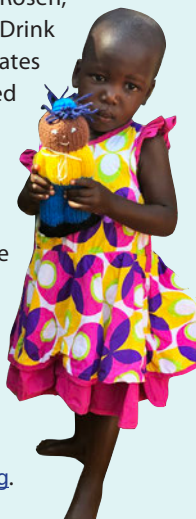
It's never too late or too early to start thinking about your brain's health. Making healthy choices at any age is beneficial.

Visit [www.alz.org/10ways](http://www.alz.org/10ways) to learn more.

## Beachwood Women 4 Peace

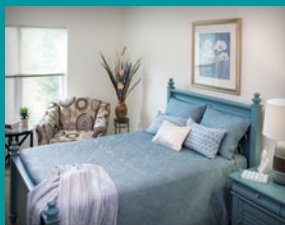
The Beachwood Women 4 Peace knitting group recently hosted Erin Rosen, the founder of Drink Local, Drink Tap – a nonprofit that educates NE Ohioans on issues related to water resources. Erin is also passionate about bringing fresh water to rural areas of Uganda. Beachwood Women 4 Peace gave her hand-knit dolls and cotton wash cloths to give to Ugandan children and their mothers.

Follow Erin's many activities at [www.drinklocaldrinktap.org](http://www.drinklocaldrinktap.org).



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# UH Seidman Cancer Center's Five Star Sensation Shines Culinary Spotlight on Cleveland

**N**ortheast Ohio's premier food and wine event – Five Star Sensation – features more than 50 praised chefs and vintners from around the world. Michael Symon, renowned Iron Chef, author and Cleveland restaurant owner, leads this year's Five Star Sensation as the event's Host Chef.

Five Star Sensation, Cleveland's most celebrated biennial benefit, has raised more than \$20 million for University Hospitals (UH) Seidman Cancer Center since their first event in 1987. Tickets are now available for this extraordinary celebration of food and wine to be held Saturday, June 15, at Cuyahoga Community College's Eastern Campus. The evening includes music, a silent auction, and more.

This marks Symon's third time as Host Chef. A Cleveland native with acclaimed restaurants Lola and Mabel's BBQ in Cleveland, Roast in Detroit, Angeline in Atlantic City, and several locations of B Spot Burgers throughout the Midwest, Symon is celebrated in the culinary world. "I am thrilled for my contin-

ued participation in this culinary extravaganza in my hometown, benefitting University Hospitals Seidman Cancer Center," said Symon. "It raises vital funds for such an important cause in our community, and I'm honored to have the opportunity to serve as Host Chef of this truly sensational evening."

This year's honorary chair is Theodoros Teknos, MD, president and scientific director of UH Seidman Cancer Center.

Event co-chairs are Kathleen Coleman and Debra Wert. Sean Richardson, president of Huntington Bank's Great Cleveland Region, is corporate chair. Huntington Bank is returning for its seventh presenting sponsorship.

Some of the celebrity chefs

who will be participating include Brad Lettau and Frank Ostini (The Hitching Post, Napa, CA), Celina Tio (The Belfry, Kansas City, MO), Charles Voudrous (iPic Entertainment, Los Angeles, CA), John Alers (Flour & Barley, Las Vegas, NV), Jonathon Sawyer (Greenhouse Tavern, Cleveland, OH), Kelly English (Restaurant Iris, Memphis, TN), Sam Choy (Poke to the Max, Hawaii) and Stephen Lewandowski (Harlan Social, Miami, FL).

Funds from the benefit support UH Seidman Cancer Center physician-scientists' innovative work to identify promising new therapies as well as community cancer screenings, cancer information services and public education programs.



Host Chef Michael Symon

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Tickets are now available for this extraordinary celebration of food and wine to be held Saturday, June 15, at Cuyahoga Community College.

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Higher-level sponsorships and individual admissions include an invitation for Rock the Night, on Friday, June 14, 6:30 pm, at the Rock and Roll Hall of Fame.

For more information or to purchase sponsorships and tickets for Five Star Sensation, visit [Five-Star-Sensation.org](http://Five-Star-Sensation.org), email [FiveStar@UHhospitals.org](mailto:FiveStar@UHhospitals.org) or call 216.844.0416.

## Award-winning Israeli Artist Presents

# Growth & Change Exhibit in Beachwood

**S**igalit Landau, an international award-winning Israeli artist, recently opened her new exhibit, "Growth & Change," at the Jewish Federation of Cleveland's Roe Green Gallery. The show, curated by A. Will Brown, assistant curator of MOCA Cleveland, will be on exhibit through October 2019.

Sigalit is best known for using salt from the Dead Sea to create her artwork. She works with Yotam From, her artistic partner and partner in life.

This exhibit presents a group of works that explore powerful metaphors about the nature of being human. It looks to the diversity of Sigalit's artistic career and offers connections between people and places across time, space, culture, and faith.

Sigalit creates artwork in a diverse range of media, including drawing, sculpture, video, and

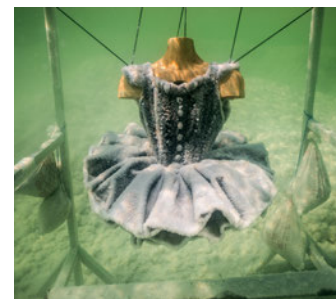
performance. Her complex works touch on social, historical, political, and ecological issues that embrace topics such as homelessness, banishment, and the relationships between victim and victimizer, and between decay and growth.

Much of Sigalit's work is concerned with the human condition and the body, often her own. With the use of salt, sugar, paper, and ready-made objects, she creates large-scale installations, which totally change the spaces in which she works.

Sigalit represented Israel twice

at the Venice Biennale (1997, 2011) and once in the DocumentaX (1997). She has exhibited in some of the world's leading venues, including MoMA (2008), The Berlin KW (2008), the Tel Aviv Museum of Art (2005), and the Museum of Contemporary Art of Barcelona (2015).

This exhibit is presented by the Jewish Federation's Cleveland Israel Arts Connection. The Jewish Federation of Cleveland's Roe Green Gallery is located at 25701 Science Park Drive, Beachwood. To schedule group tours, email [israelarts@jfcleve.org](mailto:israelarts@jfcleve.org) or 216.593.2845.



This piece is from Sigalit's Salt Years series. It is an ordinary object that has been submerged in the Dead Sea.

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Sigalit is best known for using salt from the Dead Sea to create her artwork. She works with Yotam From, her artistic partner and partner in life.

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# BHS Band and Drill Team Tour Memphis and New Orleans

The BHS Band and Drill Team recently completed a performance tour that brought students, families, and Beachwood City Schools staff to Memphis and New Orleans. While on tour, students were outstanding ambassadors and had the privilege of performing at Graceland and New Orleans' Jackson Square Park, drawing enthusiastic crowds at both locations. Students learned about these cities' history and culture through

visits to museums that included the Rock 'N Soul Museum, The National Museum of Civil Rights, the Cabildo, the 1850 House, Mardi Gras World, and the New Orleans Jazz Museum. Students enjoyed regional cuisine and live music each night – Blues legend Blind Mississippi Morris, New Orleans Jazz on Frenchmen Street, and live Creole Music. Many thanks to the Beachwood Band Boosters for supporting the tour!



BHS Band and Drill Team Tour Memphis and New Orleans.

# Montefiore Honors Volunteers

Montefiore recently honored its many volunteers during National Volunteer Appreciation week with a delicious dinner catered by Café 56, followed by a presentation of its Volunteer of the Year award. Judy Willensky presented the Klein Bernstein (named in memory of her mother

and aunt) Volunteer of the Year award to Muriel Salovon, who enhanced the Montefiore library and established it as a satellite branch of the Beachwood Library. Additionally, Muriel launched a book club, opera club and "koffee klatch" – all to enrich the lives Montefiore residents.



From left: Diane Weiner, Montefiore volunteer manager; Judy Willensky, Montefiore board member; with Muriel Salovon, Volunteer of the Year honoree.



## UPCOMING DOCUMENTARY FILMS & THEATRE EVENTS



**IMPROBABLE PLAYERS, A CLEVELAND CAST DEBUT THEATRE PERFORMANCE & TALK-BACK**  
**WED, AUG 14, 6:30PM**

\$10 General; \$5 Maltz Museum Members



**HAPPY**  
 FILM SCREENING & TALK-BACK  
**WED, JUNE 26, 6:30PM**

\$10 General; \$5 Maltz Museum Members



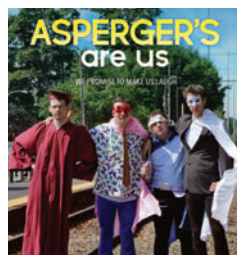
**ANOTHER WAY HOME BY ANNA ZIEGLER**  
 THEATRICAL STAGED READING DIRECTED BY JACQI LOEWY  
**WED, AUG 14, 6:30PM**

Free with General Admission



**WILD KIDS**  
 FILM SCREENING & TALK-BACK  
**WED, JULY 17, 6:30PM**

\$10 General; \$5 Maltz Museum Members



**ASPERGER'S ARE US**  
 FILM SCREENING & TALK-BACK  
**WED, AUG 14, 6:30PM**

Free with registration; limited seating.

Advance registration is strongly encouraged. Space is limited. Call 216.593.0575 or visit [maltzmuseum.org](http://maltzmuseum.org) to reserve your seat.

[WWW.MALTZMUSEUM.ORG](http://WWW.MALTZMUSEUM.ORG)

# NCJW Esteemed Service Award Recipients

**R**ita Langer of Beachwood and Robbie Schonfeld of Shaker Heights are the 2019 recipients of the Alice and Eugene Weiss Esteemed Service Award, which recognizes outstanding volunteers who donate time to NCJW's non-direct service programs.

Born in Lorain, Rita graduated from The Ohio State University with a Bachelor of Science in Education and from Case Western Reserve University with a master's degree in education.

Rita taught elementary education in Cincinnati and East Cleveland for 30 years until her retirement in 2005, when she joined NCJW. She is long-time co-chair of Designer Dress Days' 250 volunteers, works for three Partners in Literacy programs (Reading Buddies, Building Bridges with Books, and Book Club), collects winter clothing for homeless people for Operation Warm-Up, and served as vice president for Programs

and Education. She's also been a board member and member of the Executive Committee.

Rita lives with her husband, Bruce, an architectural designer. They have two married children and six grandchildren.

Robbie Schonfeld, a Chicago native, graduated from the University of Wisconsin and moved to Cleveland when she married Jay, a financial planner. She worked as a physical therapist in geriatric acute rehabilitation for 35 years at various facilities in the Cleveland area.

Robbie joined NCJW/Cleveland following a friend's recommendation. She is active with Designer Dress Days as long-time co-chair of volun-

teers with Rita, participates in Partners in Literacy (Book Club for underserved students), Traditions in the Kitchen, Operation Warm-Up, and Focus on Foster Care. She and Jay have three adult children and eight grandchildren.

Robbie is also Sunshine Committee chair at B'nai Jeshurun.

"Rita and Robbie are indispensable to Designer Dress Days. Year after year, their organization of 250 volunteers enables the event to run smoothly. Their dedication, dependability, and love for NCJW'S mission make them invaluable volunteers in many programs," said Elaine Geller, NCJW/Cleveland president.



From top: Alice and Eugene Weiss Esteemed Service Award recipients Rita Langer and Robbie Schonfeld

## From Shoulders to Coffee Beans: Orthopedic Surgeon Opens Coffee Shop to Raise Funds for the Homeless

### Reuben Gobezie, MD, to Donate all Proceeds of Daily Dose Coffee Shop to The City Mission

While his hands are busy fixing shoulders, his heart is with the homeless. Reuben Gobezie, MD, found a way to help the homeless. He opened the Daily Dose Coffee Shop and will donate proceeds to The City Mission's New Horizon Program.

Daily Dose is located just inside the lobby of the new Lake Health Beachwood Medical Center at the corner of Richmond Road and Chagrin Blvd., and is open to the public as well as to hospital patients and caregivers. The shop, which serves high-end craft coffees, espresso, mochas, lattes, teas and smoothies, is open Monday through Friday, 7 am – 3 pm.

The craft coffees served at Daily Dose are sourced from some of the world's highest specialty-grade

coffee beans grown. The shop partnered with Crimson Cup to source their coffees, using only Class 1 Specialty Grade beans. The characteristics of these beans exhibit the most favorable cup qualities. Sometimes just one defect can taint the cup characteristics of an entire pound of coffee, and this grade offers more consistently sized and shaped beans, which helps the coffee to roast evenly.

The coffee beans used in all their drinks have been carefully roasted daily by hand in small batches to bring out their unique flavor profiles. Most beans come from small coffee farms in remote, high-altitude growing regions all over the world, including Ethiopia, Guatemala, Honduras, and Indonesia. All Daily Dose coffee beans are

certified Kosher thru Ohio-K Kosher Supervision Services.

Through his independent practice, the Cleveland Shoulder Institute, Dr. Gobezie is one of the highest volume shoulder surgeons in the United States. But outside of his orthopedic work, Dr. Gobezie spends much of his time helping the homeless in Cleveland, Orlando, and abroad in his native Ethiopia. The Daily Dose Coffee Shop enables him to align his love of fine Ethiopian coffee and of giving back to the community.

Serving "Coffee for a Cause," Daily Dose plans to select an organization that is making a difference in the community, particularly in the area of homelessness. For 2019, the New Horizons Program at The City

Mission will serve as beneficiary. Dr. Gobezie and his family are active volunteers with this organization, which provides housing for graduates of Laura's Home Women's Crisis Center. This program helps homeless women and their children to find employment and financial independence.

A full menu is located at [www.dailydosecoffeeshop.com](http://www.dailydosecoffeeshop.com). To learn more, visit [www.thecitymission.org/new-horizons/](http://www.thecitymission.org/new-horizons/) or [www.clevelandshoulder.com](http://www.clevelandshoulder.com).



# Anne L. Meyers and Michael J. Frantz to Receive ORT America's 2019 Jurisprudence Award

## Event Scheduled for June 27 at The Union Club

Anne L. Meyers, founding partner, Meyers, Roman, Friedberg & Lewis; and Michael J. Frantz, founding partner, Frantz Ward LLP, have been named recipients of the 2019 ORT America – Ohio Region Jurisprudence Award.

The Jurisprudence Award is presented annually to individuals who have made significant and lasting contributions to the legal profession. The awards will be presented on Thursday, June 27, 5:30 pm, at The Union Club in Cleveland. Event co-chairs are Jill G. Okun, Porter Wright Morris & Arthur LLP; and Kenneth B. Liffman, McCarthy Lebit Crystal & Liffman. Tribute committee co-chairs are Scott M. Lewis, Meyers, Roman, Friedberg & Lewis; Barbara K. Roman, Meyers, Roman, Friedberg & Lewis; James B. Niehaus, Frantz Ward LLP; and

Hugh E. McKay, Porter Wright Morris & Arthur LLP.

"This year's award recognizes attorneys Anne L. Meyers and Michael J. Frantz for their legal skills, leadership abilities and for their long-standing commitment to the community," explained ORT America – Ohio Region president Greg Marcus. "They have risen to the heights of professional excellence while serving their community and their profession. Through their work, both Anne and Mike have fostered professional and community engagement and established themselves as role models for their peers."

The ORT America Jurisprudence Award recognizes individuals whose professional and personal lives have substantially improved the quality of life for

their fellow citizens, created role models for others to emulate, and established new directions for their profession and their community. Since the establishment of the award in Ohio in 1996, ORT has proudly honored many outstanding attorneys and jurists.

Proceeds from the 2019 Jurisprudence Awards will support the region's ongoing support of the Kfar Silver Youth Village in Israel, which was established more than 60 years ago and named after Cleveland Rabbi Abba Hillel Silver.

For sponsorship options, tribute journal information, or to make reservations, please contact ORT America at 216.464.3022, email [ohio@ortamerica.org](mailto:ohio@ortamerica.org), or visit [www.ORTAmerica.org/ohio](http://www.ORTAmerica.org/ohio).



From top: Anne L. Meyers and Michael J. Frantz to Receive ORT America's 2019 Jurisprudence Award.

## Congratulations Coach I!

Coach Sam's 2019 Cleveland Legends Event was a resounding success, as hundreds of fans enjoyed an evening of live music, great speeches, wonderful moments, tributes, an auction and more.

The event, hosted by former Cleveland Browns head coach Sam Rutigliano and emcee Aaron Goldhammer of ESPN 850, took place on April 15 at the Doubletree in Beachwood.

Coach Rick Finotti (John Carroll University), Coach Jeff Grubich (Kenston High School), and Tom Lombardo (St. Edward's High School) were recognized as coaches of the year; and two Cleveland Legends, Austin Carr from the Cleveland Cavaliers, and Beachwood High School wrestling coach Domenick Iammarino (fondly known as Coach I) were honored and recognized for their



From left: Tony Srithai, BHS principal; Coach I; and Ryan Peters, Beachwood athletic director.

contributions to the Cleveland community. Cleveland Browns head coach, Freddie Kitchens attended the VIP Reception.

All proceeds benefitted Coach Sam's Inner Circle Foundation, which provides educational support to at-risk children through a combination of literacy, personal development, and health and fitness programs designed to develop the whole child.

Thanks to everyone who participated to make this year's Legends Event a success.

To learn more about Coach Sam's Inner Circle Foundation, visit [www.coachsams.org](http://www.coachsams.org).

## Congratulations!



Congratulations Beachwood Middle School Orchestra and Beachwood Middle School Concert band for receiving a first-place award with an excellent rating for the orchestra, and third-place award with a superior rating for the band.

Pictured: Band director David Luddington and orchestra director Lisa Goldman.

## 14,975 Consecutive Days!



On May 15, Bruce Sherman logged a little over six miles on his 14,975th consecutive day of running, which marked 41 years of running every single day.

"To be truthful, I try to find some beauty in every day I run," he said.

Congratulations Bruce!

# Who's Buzzin' in Beachwood?

by Arlene Fine

## Roll Red Roll Screening

Hundreds of community members filled the JCC's Stonehill Auditorium for the screening of Roll Red Roll, an award-winning film about the rape culture in America – in this case, in Steubenville, Ohio. The film was presented in partnership with National Council of Jewish Women/Cleveland, the Chagrin Documentary Film Festival, and the Mandel Jewish Community Center. After the screening, *Plain Dealer* reporter Rachel Dissel, who helped uncover this story, spoke to the audience about sexual assault and teen-dating violence.



Roll Red Roll screening chairs, Roberta Herman and Jean Heflich



Becky Brouman and Jennifer Boroff



NCJW/CLE president Elaine Geller with Marilyn Oif



Lita Weiss

## PTO Garage Sale

Bargain hunters took advantage of the low prices and ample inventory at the Beachwood Schools PTO Community Garage Sale that was held at the Beachwood Service Department on Commerce Park. Proceeds raised from the sale support the meaningful programs and events the PTO does all year long to support the schools. Thanks to all who donated, volunteered and shopped!



Megan Zabell with Jen Alexander



Elena Glikin with Cheryl Isaacson



Shana Wallenstein



## Under the Big Top

**M**ore than 350 people attended "Under the Big Top," a fundraiser at B'nai Jeshurun to benefit the Joseph & Florence Mandel Jewish Day School. The event included a festive dinner, and live and silent auctions. Funds raised were earmarked for school programming, specifically a new, enhanced Experiential Learning program.

Photo credit: Mariana Edelman Photography & Design



Alyson and Matt Fieldman with circus entertainers



Barry Epstein, Mayor Martin Horwitz, and head of school Jerry Isaak-Shapiro



Abigail and David Levin with Orry Jacobs



Ethan and Michelle Karp



Leslie and Mark Holz



Tova Magence and Beverly Uria

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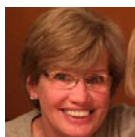
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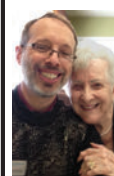
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# Tax Lien and Social Security Scams

The Cuyahoga County Department of Consumer Affairs warns residents about scam mailings and phone calls that use scare tactics and threats to encourage you to take action.

## Use these tips to avoid impostor scams:

- Don't panic. Threats that you will be arrested or your property or accounts will be seized unless you make a same-day payment are scams.
- Verify phone numbers. Never call a number provided to you by someone who is threatening you. Use a verified number to contact a government agency if you're worried you might owe. The Ohio Department of Taxation can be reached at 1.800.282.1780. The Cuyahoga County Treasury Tax Services Department can be reached at 216.443.7420.
- Avoid unusual payment methods. No government agency will instruct you to pay using a payment method such as Bitcoin, money wires, mailed cash or gift cards.
- Keep private information private. Don't share Social Security or account numbers unless you placed the call to a government agency using a number you independently verified.
- Don't answer calls you aren't expecting, unless they're family. If you accidentally pick up a robo call, hang up.
- Don't trust caller IDs. Numbers can be spoofed.
- Delete vague or threatening voicemails. Do not call the numbers back – you'll only get more calls.
- If you worry about the status of your Social Security account, contact the agency in person or by calling 1.800-772.1213.
- Know that legitimate government agencies will never ask you to pay using an e-currency account (for example, Bitcoin), Google Play or other gift cards, mailed cash or money wires.
- If someone calls to tell you that you're about to be arrested, hang up! It's a scam. Police don't warn people they are on the way to arrest them.

Scam Squad is a Cuyahoga County senior financial fraud task force that includes local, state and federal agencies and nonprofits who serve seniors. Cuyahoga County residents should report scams to Scam Squad at 216.443.SCAM (7226) or online at [www.consumeraffairs.cuyahogacounty.us](http://www.consumeraffairs.cuyahogacounty.us).

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**TIME CHANGE**

**Thank you Beachwood**

*Beachwood Buzz* is 22 years old, and there are still a lot of stories to be told.

Have a story idea?  
Please please email it to [beachwoodbuzz@gmail.com](mailto:beachwoodbuzz@gmail.com).

As a token of our appreciation, those who send in qualified leads will receive a bag of coffee and a *Beachwood Buzz* coffee cup, because *Beachwood Buzz* creates abuzz that lasts!



# Family Health and Safety Days

Join us for family-friendly community events to celebrate wellness with free health screenings, educational activities and demonstrations.

## Free Health Screenings:

### Walk-up health screenings:

- Balance and grip
- Blood pressure
- Bone density
- Hearing
- Lung function
- Stroke risk
- Blood glucose
- Body mass index
- Cholesterol
- High risk lung cancer
- Nutritional health

### Preregistered health screenings:

- Carotid vascular
- Lower extremity vascular
- Prostate
- Hernia
- Memory
- Skin cancer

*Screenings offered at each location may vary.*

### Saturday, June 1 | 9 a.m. – 1 p.m.

UH Conneaut Medical Center  
158 West Main Road  
Conneaut, Ohio 44030

### Saturday, June 8 | 9 a.m. – 1 p.m.

UH Ahuja Medical Center  
3999 Richmond Road  
Beachwood, Ohio 44122

### Saturday, June 22 | 9 a.m. – 1 p.m.

UH Geauga Medical Center  
13207 Ravenna Road  
Chardon, Ohio 44024

### Saturday, July 13 | 9 a.m. – 1 p.m.

UH Ashtabula Health Center  
Ashtabula Towne Square  
3315 North Ridge Road  
Ashtabula, Ohio 44004

### Saturday, July 20 | 9 a.m. – 1 p.m.

UH Portage Medical Center  
6847 North Chestnut Street  
Ravenna, Ohio 44266

### Saturday, August 10 | 9 a.m. – 1 p.m.

UH Richmond Medical Center\*  
27100 Chardon Road  
Richmond Heights, Ohio 44143

### Saturday, August 17 | 9 a.m. – 1 p.m.

UH Streetsboro Health Center  
9318 State Route 14  
Streetsboro, Ohio 44241

### Saturday, August 24 | 9 a.m. – 1 p.m.

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For more information or to preregister for a screening, call **216-245-3841**.