Beachwood Buzz July 2019 Every Resident. Every Business. Every Month. MAGAZINE













NCJW/CLE Celebrates
125 Years

with Beachwood Leaders in the Spotlight













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ALL THE FEELS

Who doesn't love a little something new? Trending styles are calling your name. Discover the very best for summer and beyond at Beachwood Place.

BEACHWOOD PLACE



By Debby Zelman Rapoport











From top: Abiquiu retreat; Pedernal, the mountain that was made famous by Georgia O'Keeffe; Tsankawi hike, part of Bandelier National Monument; and an origami sculpture of a coccoon that morphs into a butterfly.

Creativity is Contagious. Pass it On.

ast month, I vacationed in New Mexico. My friend, Karen, and I attended the International Association of Pastel Society's (IAPS) bi-annual event in Albuquerque, which attracts pastel artists from around the world to exhibit their art, and lead workshops and demonstrations. IAPS is the ultimate experience for pastelists of all levels. It includes everything pastel, for six days, from morning 'til night – a world-class exhibition, pastel vendors, and creativity.

Joined by my significant other, Bill, and Karen's husband, Ira, we extended our trip to tour other areas in New Mexico. We began by renting a home in Abiquiu, a remote area with a 360-degree landscape that took our breath away. It's no wonder that Georgia O'Keeffe chose this location as her home. Clouds and sunlight continually changed the colors of the landscape, and observing it was an everyday pleasure.

Next, we visited Santa Fe, the perfect location for anyone who wishes to enjoy the beauty of nature and have access to some of the greatest galleries and artists in the country.

On our drive from Santa Fe to Albuquerque, we stumbled upon Origami in the Garden, an outdoor sculpture exhibition created by American artists Jennifer and Kevin Box that captures the delicate nature of this paper art form in museum quality metals. As we strolled down a stone path, we viewed sculptures that were strategically placed to highlight the landscape. In the visitors center, the sculpture depicted in the image below drew my attention.

As I read the sculpture from left to right, it confirms that when we make up our mind to create something, we start with a blank slate – in this case, a flat page. As we exert the effort to craft our inspiration – whether music, art, gardening, dancing, or another endeavor - the paper begins to bend as we test our ideas. As we continue to apply ourselves and learn, the paper continues to ball up, until it is completely crumbled. Sometimes, if the tension is great and we feel at a loss, we quit. The real magic starts when we work through the crumbles to gain solutions. That's when tension from the balled-up paper is released, and the paper begins to unfold, leaving creases that mark our journey. As we continue, the paper flattens more, leaving a star in its folds, showing by extension that there is a star within us waiting to be unleashed through our creativity.

I had this image in my mind when I checked into IAPS and was handed a welcome bag that read, "Creativity is contagious,

pass it on," a quote by Albert Einstein. I read this message every time I picked up the bag during the convention.

...45 minutes of creative activity significantly lessens stress in the body, regardless of artistic experience or talent.

Creativity isn't always about the outcome. It's about the process. In fact, a recent study by Girija Kaimal, Kendra Ray, and Juan Muniz, titled "Reduction of Cortisol Levels and Participants' Responses Following Art Making," found that 45 minutes of creative activity significantly lessens stress in the body, regardless of artistic experience or talent.

Einstein's quote reconfirmed what I had seen earlier in my travels, as read in the sculpture below: There is a star within all of us. May you find yours - and let it shine!





NCJW/CLE Celebrates 125 Years

with Beachwood Leaders in the Spotlight



Strong Women, Powerful Voices is the new branding for National Council of Jewish Women/Cleveland (NCJW/CLE) as it celebrates 125 years, with programming that extends from July 1, 2019 to June 30, 2020.

NCJW/CLE is 2,000 members strong and has a history of Beachwood leaders who rose to the top to serve as presidents.

Full story starts on page 7.

Cover story photos by Scott Morrison, Discovery Photo.



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Beachwood Buzz is distributed via the U.S. Post Office to every resident and every business, every month. If you live outside our distribution area, subscriptions are available by sending your name, address and a check for \$36 (12 issues) to Beachwood Buzz PO. Box 22194 Beachwood, Ohio 44122

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2016

Beachwood Chamber of Commerce Business of the Year

Considering spine surgery? Know the limits of lasers.





Deborah Benzil, MD Cleveland Clinic Hillcrest Hospital

Laser spine surgery is often promoted as a quick, easy fix for chronic back pain.

Although minimally invasive surgery using a laser is effective for some conditions, it isn't a miracle cure and it isn't for everyone.

Spine surgeon Deborah Benzil, MD, who practices at Cleveland Clinic Hillcrest Hospital, offers some clarity regarding the use of lasers in spine surgery. It's important to choose

an experienced surgeon who will thoroughly evaluate your specific condition and determine the best treatment for you. Options include:

- **Traditional (open) surgery** The incision goes through the skin to the muscle. Then the surgeon moves the muscles aside, making a clear pathway to work on the spine.
- Minimally invasive surgery A smaller incision is made and a tool is used to tunnel to the site of the pain. Because the muscles

aren't elevated from the spine, there is often less post-operative pain and shorter recovery time.

Laser surgery – Lasers are used to remove soft tissue that
can compress nerves, such as ligament enlargement or disc
herniations. However, lasers are only appropriate for certain
conditions and there can be complications.

"More complicated back problems often require traditional surgery for the best outcome," explains Dr. Benzil. "If minimally invasive or laser surgery does not fully treat the root cause, pain relief may be short term. You might need another operation later."

If you're considering back surgery, Dr. Benzil recommends choosing an experienced surgeon who is trained in both traditional and minimally invasive approaches.

To make an appointment for a consult with a spine surgeon at Hillcrest Hospital, call 216.636.5860.

Get your mammogram now – no appointment needed.

We know you're busy. That's why Cleveland Clinic offers screening mammograms at these convenient locations on the East Side:

- Independence Family Health Center
- Macedonia Express and Outpatient Care
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- · Willoughby Hills Family Health Center

Our walk-in screening mammography locations provide annual screening mammograms for women ages 40 and older who have no breast symptoms (such as pain, nipple discharge, or have felt a lump). A prior doctor's order is not required, except for at Lakewood Family Health Center.

Visit ClevelandClinic.org/WalkinMammo for hours and more locations.

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Cleveland Clinic Sports Health

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Cleveland Clinic Solon Family Health Center

29800 Bainbridge Road, Solon

Monday through Friday, 4 to 8 p.m. | Saturday/Sunday, 9 a.m. to 1 p.m.

Patients ages 2+

For more information, visit: ClevelandClinic.org/OrthoExpress



No matter what life throws at you, we've got the care you need, where you need it.

We're here for you at Cleveland Clinic Hillcrest and South Pointe hospitals.

Visit ClevelandClinic.org/Access



PROVIDING HOSPICE CARE TO THE COMMUNITY SINCE 1992

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When the time comes to make difficult end-of-life care decisions, you will find the comfort, dignity and loving care you and your loved ones desire when you choose **Vinney Hospice of Montefiore** as your care partner.

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One David N. Myers Parkway Beachwood, OH 44122







NCJW/CLE leaders who live as neighbors in The Village, from left: Loramae Simkoff, Linda Barnett, Faye Bass, Linda Friedman, Elaine Geller and Ronna Sherman.

NCJW/CLE president Elaine Geller with president-elect Michele Kaminsky.

Photos by Scott Morrison, Discovery Photo

NCJW/CLE Celebrates 125 Years

with Beachwood Leaders in the Spotlight

trong Women, Powerful Voices is the new branding for National Council of Jewish Women/Cleveland (NCJW/CLE) as it celebrates 125 years, with programming that extends from July 1, 2019 to June 30, 2020.

Begun by Rabbi Moses Gries in 1894 to help resettle Jewish immigrants, NCJW/CLE is a progressive, grassroots organization of volunteers that strives for social justice, and safeguards individual rights and freedoms to change the quality of life for women, children, and families through advocacy, community service and education – locally, regionally, nationally and in Israel.

NCJW/CLE is 2,000 members strong and has a history of Beachwood leaders who rose to the top to serve as presidents. Elaine Geller is the current president; Michele Kaminski, president-elect. Ten past presidents live in Beachwood: Lynn Schmelzer, Rhoda Shapiro, Ronna Sherman, Ellen Rossen, Loramae Simkoff, Linda Friedman, Debbie Hoffmann, Janice Bilchik, Linda Barnett, and Faye Bass.

These women have more in common

than their leadership track records and beliefs in the organization's mission. They form a tight-knit community, as evidenced by six of them living as neighbors in The Village – three on the same street.

All of these women have been dedicated volunteers, hold NCJW/CLE close to their hearts, and are in the spotlight for their leadership, contributions, and beliefs.

On June 5, 12 officers and 17 board members were installed at the NCJW/CLE annual meeting, held at Beechmont Country Club. They will serve from July 1, 2019 through June 30, 2020, helping to make the organization stronger.

NCJWCLE

STRONG WOMEN • POWERFUL VOICES



Judi Wolf (*left*), and Betty Naft (*right*), present NCJW-knitted blankets for premature babies to nurses at MetroHealth's NICU.

125th Anniversary Celebration

The NCJW/CLE anniversary celebration begins with the launch of its new website, logo, and tag line. Its new branding reflects the power of NCJW/CLE's collective voice as it currently increases literacy among underserved students; provides awareness and help for human trafficking survivors; supplies toiletries, new clothing, and a measure of dignity for women and children of sexual assault; and strongly advocates with elected officials to legislate protection of women's rights, voters' rights, and other social justice issues.

The celebration continues with the Opening Meeting, Monday, September 23, at Landerhaven, when Geena Davis, actress and gender-equality activist (and Olympian archer), will address sexual equality in all aspects of film making; from director to actor, from screen writer to how women are portrayed. In the program, "Starring Geena Davis," she advocates strong role models for girls who need to see their gender represented equally and powerfully in the media they consume.

Geena is noted for her portrayals of strong and authentic female characters as well as for her involvement in advocacy for women in the industry. She earned a bachelor's degree from Boston University, began her career as a model, and made her acting debut in the film *Tootsie*. Her other notable movies include: *League of Their Own, Beetlejuice, The Accidental Tourist* (for which she won an Academy Award for Best Supporting Actress), and *Thelma and Louise* (earning her a Best Actress Academy Award). Geena won a Golden Globe for Best Actress for her role in ABC's *Commander in Chief*, and she most recently portrayed Dr. Nicole Herman on ABC's *Grey's Anatomy*.

Through the Geena Davis Institute on Gender in Media, Geena launched the annual Bentonville Film Festival in 2015, and executive produced the documentary *This Changes Everything* in 2018, featuring celebrities who discuss gender inequality in film.

Geena will receive the NCJW/CLE 125th Anniversary Powerful Voice Award, which is presented to a national individual who strongly represents, by actions, advocacy or educational initiatives.

Registration begins July 22 for NCJW/ Cleveland members, and those who join when they register. Registration for nonmembers begins August 12.

Starring Geena Davis

Monday, September 23

Landerhaven



Doors Open at 11 am

Luncheon and Presentation \$65 for members \$80 for non-members

VIP Event and Luncheon \$125 for members \$140 for non-members

(Includes cocktails, hors d'oeuvres, and a meet-and-greet/photo session with Geena prior to the luncheon and presentation)

Kosher meal available upon request

For more information, call 216.378.2204 or visit www.ncjwcleveland.org

Additional Anniversary Festivities:

- The past, present and future of the organization unfolding in a short, captivating video that will be used for meeting presentations
- Multiple historic images looped on a new large screen in the office
- Monthly random acts of kindness in the community
- Synagogue engagements
- An anecdotal bus tour of NCJW's iconic impact on Cleveland.
- Publication of a directory with member addresses, emails, and advertising opportunities for major event sponsors
- A historical fashion presentation, in collaboration with the Kent State Fashion
- Museum director, at the Winter Meeting in 2020, featuring Hemlines, Headlines, and how they informed NCJW/CLE's powerful social justice activities throughout the decades
- A festive, entertaining gala in Spring 2020 that will feature a national celebrity who espouses causes that NCJW/CLE champions

Major Achievements

"We are and always have been an organization of strong women. Over the years, our powerful voices have historically accomplished the following as a result of our powerful advocacy, community service and educational voices," said Elaine Geller, president, NCJW/CLE.

Major achievements include:

- Co-founding Jewish Community
 Federation in 1903
- Co-founding Camp Wise in 1907

- Creating Big Sisters in 1919
- Developing Jewish Vocational Services in 1938
- Co-initiating Meals on Wheels in 1960
- Establishing Council Gardens in 1962
- Publishing the Cleveland Access Guide in 1988
- Co-funding Montefiore Hospice in 1991
- Co-founding Operation Warm Up in 2010
- Originating a website with resources for people with special needs in 2012 (LiveSpecial.com)
- Building libraries for underserved schools (Building Bridges with Books, ongoing, with 11 created thus far)
- Mentoring aged-out-of-foster-care youth as the first Jewish organization in the country to join The Open Table in 2015

To become involved or for more information, visit nejweleveland.org.

About the Presidents

isted is information about the strong Beachwood leaders, all of whom acknowledged that NCJW/CLE's leadership and volunteers are the backbone to this organization. Without them,

NCJW/CLE would not exist. Presidents are listed in the order of years of their service:



Lynn Schmelzer 1981-1983

Lynn's journey began as a 15-year-old "Councilette" (highschool volunteer) in Columbus, following her mother, who

served as president in Columbus. When she moved to Cleveland, she joined to become involved in her new community and quickly became consumed by many committees and leadership positions.

One of her most memorable changes as president was to create a vice-president role for advocacy. "I conferred with our very capable leader, Esther Saginor, who presented important issues at our monthly board meetings. We chose two fresh, young people, Ronnie Ferber and Paula Schwartz, as chairs," she said. "They presented issues, and we took action by writing letters."

Cleveland Section then started The Holocaust Archive project, which Lynn chaired. "Our goal was to interview and record survivors, righteous gentiles, and liberators. Each of the 189 people interviewed received a copy of his or her story. We also sent copies to Yale's University Archives and Cleveland's Jewish Archives."

Next, Lynn became district vice president, when she planned and executed a district convention in Cleveland. Upon moving to Scottsdale, Arizona, during winters, she became that section's president and continued to advocate for her beliefs.

Her message?

"NCJW has enlightened and brightened my life in many more ways than I can count," she said.



Rhoda Shapiro 1983-1985

Rhoda joined NCJW/ CLE in the early 1970s, when her children were in school. Her mother suggested she join Council because of its

involvement in Cleveland.

Rhoda planned events, took on roles as vice

president of the Thrift Shop, membership and president-elect; and because of the wonderful leadership training, she felt qualified to take on the role of president.

Rhoda is most proud of The Holocaust Archive Project. "As we became aware of the aging local survivor community, we set up a detailed interview process of survivors so that their stories would not be lost with time," she said. "This was well before the 'Spielberg' project."

She is also proud to have recruited three friends who became presidents. "I am deeply touched to have had such life-changing influences on them," she said.

Rhoda recently found a letter from Senator John Glenn, in response to asking his support of greater gun control laws. This was in the 1980s, and he agreed that more control was needed. NCJW advocated for greater gun control laws, and continues to do so today.

Her message?

Join, support, and get involved with NCJW! You will get more from your involvement than you will give. My experiences were "once in a lifetime!"



Ronna Sherman 1987-1989

Ronna was inspired to join at the urging of Rhoda because of the organization's education and advocacy goals. She attended programs,

became an advocate, and encouraged friends to join. She accepted a board position to help make the board stronger, and served as vice president of membership, executive vice president, and president.

"Our accomplishments were many," she said. "We proudly published *Access Guide II*, a listing of accessible buildings and businesses, which was prior to the Americans for Disabilities Act in 1990. The Thriftique resale shop was revamped and became a good source of income for community service projects. Membership included more than 3,000 men and women, and one institution, Temple Emanu EI."

Ronna's involvement has been fulfilling and rewarding.

Her message?
"Try it, you'll love it!"



Ellen Rossen 1989-1991

Ellen was involved in the teen branch of NCJW/Pittsburgh and her mom was also active. She joined NCJW/CLE when she

moved and had a variety of positions from co-chairing programs and membership, to leadership training, to vice president of Thrift Shop and painting its walls; all of which provided new challenges and opportunities to acquire new skills.

Ellen's best accomplishment during her time as NCJW president was having the Cleveland section start the Hello Israel project. This involved a team of volunteers with the goal of providing an understanding and friendship for Israel. Sixth graders were taught about Israel's culture and people as part of their social studies curriculum. Schools with few or no Jewish students were chosen for the project.

In, 1990, NCJW opened Thriftique on Larchmere Road, which featured better quality furnishings. "This was an exciting milestone for NCJW's fundraising and for creating opportunities for a loyal group of volunteers to become salespersons and cashiers," Ellen recalled.

After her time as the Cleveland section's president, Ellen was asked by the national board to act as a commissioner and mentor to one of its sections. She was then elected to the national board and served for two terms.

"As a past president, I am privileged to serve on the NCJW/CLE section board for life," Ellen said. "I still continue to support and be involved when needed. My time on both levels has enriched my life experiences and treasured friendships.

Her message?

NCJW has always changed with the times and plans for the future. It did so when the section decided to hire a full-time executive director for professional and administrative management in 1993.



Loramae Simkoff 1991-1993

Loramae became involved when her children were in school, after being president of PTA at Belvoir Elementary and Wiley Junior High Schools.

The women at NCJW were welcoming, and she became involved as an English teacher to arriving Soviet Jews, and answered questions in the "Totline" program.

She then co-chaired life membership, was vice president of advocacy/public affairs, vice president of program/education, vice president of fundraising, executive vice president, and became the president when NCJW/CLE helped finance the NCJW/Montefiore Hospice program, a feat of which Loramae is most proud. "Not only did we contribute a large donation, we also created volunteer opportunities for members, including for myself."

Her message?

NCJW's members are bright, caring, and involved in our community, country and Israel. After 125 years, we continue to advocate for issues that involve women, children and families.



Linda Friedman 1996-1998

Linda became involved in 1967 when she and her husband moved back to Cleveland. It was the middle

of the school year, when she was unable to get a full-time job, and substitute teaching was not enough to keep her busy. A friend suggested that she consider getting involved. Linda was looking for a volunteer opportunity and venue to make new friends, so she joined, which was the beginning of her fifty-year love affair with the organization.

Linda chaired the awards program and major meeting committees. Her favorite positions were bulletin editor and vice-president of public relations. "I loved to spread the word about the work of this dynamic organization," she said.

She is most proud of the 1996 recordbreaking Designer Dress Day (DDD) sale during her presidency that raised more than \$200,000 in just four days. "The devoted support of our membership and the outstanding leadership made the DDD sale a resounding success," she said. "It is still something to kvell about."

Her message?

Advocate, advocate advocate! It is more important now than ever to become involved in making changes that will benefit women, children and families. We can make a difference by advocating for the changes we want to see.



Debbie Hoffmann 2000-2002

Debbie began her career with NCJW when her kids were quite small. She wasn't working at the time and she wanted to

become involved with an organization that was making a difference not only in Cleveland, but across the US and in Israel. "We were working on issues that have affected and continue to affect all our lives, and the work is even more relevant today," she said.

Debbie's drive toward leadership started in Beachwood High School, serving on student council and as class representative. At NCJW, she moved up through the ranks and became president. Since then, she has served on the NCJW national board for 15 years and is immediate past president.

Debbie has worked at the White House and with other organizations to create change. "It was important for me to reclaim the Jewish values piece of my organization," she told us. We've always talked about giving back, tikkun olam, but it's about more than that. Our values are based on the concept from the Torah that education is crucial and that everyone should be respected. That is what makes NCJW so unique and why we are so effective."

Debbie feels lucky to have been president of NCJW during President Barack Obama's term, and told us that it was pretty amazing to have met then Vice President Biden and President Obama when she was in the Oval Office with a small group. "NCJW was included in the Council on Women and Girls that he formed. We were also invited to meetings and holiday events that he held," she said.

Her message?

Get involved; work for what is important to you. From fighting for women's rights, to working to get out the vote, we all can make a difference in this world.



Janice Bilchik 2006-2008

Janice became a member 44 years ago, by volunteering at Council Ms., where she met lifelong friends. She joined for the social

aspect and was drawn in because of advocacy and community service opportunities.

Janice became president of Council Ms., following with vice president of advocacy and education for NCJW/CLE. She then became a paid staff member as director of volunteers. When she no longer worked there, she became vice president of programs, then copresident, serving with Roey Margulies.

A few years prior, NCJW/CLE had become involved with The Dignity Project, a program with Cuyahoga County Department of Welfare to help foster children. This prompted the creation of The Dignity and More Project, expanding efforts to include foster care families with a biological connection.

"We learned that they were receiving a smaller financial stipend from the state and fewer services than other foster families," she said. "We successfully lobbied for financial equity and began to provide additional services."

In collaboration with Dave's
Supermarkets, NCJW/CLE purchased
\$50 gift cards at a discounted rate for
Thanksgiving dinners. "Many people
would not have been able to prepare a
Thanksgiving meal without that gift. They
openly sobbed in appreciation," Janice told
us. "That was my proudest moment."

Her message?

Become as involved as your life allows, and know that your involvement and financial support make a tremendous difference to those who desperately need our services and cannot advocate for themselves.

Her Message?

Margaret Mead says it best:

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

~ NCJW/CLE president Elaine Geller



Linda Barnett 2014-2016

Linda joined in 1980 to participate in Entertainmobile, where she learned of NCJW's wonderful projects. When she retired from

her store, Collectibles at La Place, she joined the board, became co-chair of the opening meeting with Loramae Simkoff, and was impressed by the organization's work and professionalism.

Linda was vice president of Publicity,
Program and Education, DDD, and
Thriftique, each of which brought her closer
to the mission of NCJW. Linda attended
Washington Institute, an NCJW convention
held in DC. "Seeing the impact that NCJW
has nationally, identifying new initiatives
to be pursued by a nation of members, and
feeling the camaraderie of so many women
cemented my commitment to lead."

During her presidency, NCJW celebrated its 120th year in Cleveland, and Linda is most proud of bringing Building Bridges with Books to life. "We continued to research and identify the project to build libraries in schools that were underserved," she said. "Since then, we've created 10 more libraries. We shelved, catalogued, organized, and cleaned close to a half-million books, and donated more than 100,000 books. It was meaningful to me to see children learn to love books."

Her message?

NCJW is an amazing organization with many diverse programs and projects to appeal to everyone. Becoming a member of an organization that fights to make changes to benefit women, children, and families is the ultimate way to ensure that your voices will be heard.



Faye Bass 2012-2014

Faye got involved after she retired from her family business career. She was looking for a way to give back to the community, and heard about NCJW

from Leslye Arian, the volunteer director at the time. She thought that Share What You Wear, a successful teen project that was in its infancy, would be a good fit to start her volunteer career. I learned more about NCJW by watching women in leadership roles, and was inspired to become more involved.

After being on the board for two years, Faye became co-vice president of Community Service, and then president – an honor that she took seriously.

"I am most proud of helping NCJW become more modern. Our monthly bulletin is online; we produced our first annual report; our major meetings, featuring celebrity and well-known speakers, had record attendance levels; and membership increased," she said. "We also began to create Building Bridges with Books, and initiated more strategic planning to ensure NCJW's continued presence in the Cleveland community."

Her message?

NCJW has been part of the Cleveland community for 125 years. It is the premier Jewish women's organization in Cleveland, and is well prepared for the next 125. Join us as we continue the legacy of strong women making a difference!



Elaine Geller 2018-2020

Elaine has been involved with NCJW/ CLE for 10 years. She had been living in San Francisco, where she was a vice president of the

Federal Reserve System. She became widowed, moved back to Cleveland, retired and chose to become involved with an organization that would welcome her financial and management skills. Shortly after she was recruited as treasurer to help with the books and set up a database, she learned about the crime of human trafficking, became passionate about eradicating it, and chaired the committee to investigate and educate about the issue.

Throughout her tenure, Elaine is most proud of bringing human trafficking issues to light and forming greater awareness of the vulnerability of young women through mentoring with NCJW and other organizations.

As president, Elaine is also proud of helping NCJW leaders think a little more strategically, and to implement policy without fear. And, of course, she is preparing to celebrate the 125th anniversary throughout the coming year.

Her message?

Margaret Mead says it best: "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."



Michele Kaminsky 2020-2022

Michele volunteered for Beachwood PTO, then was invited to attend a NCJW program. She knew she could use her talents to help kids

who didn't have the same advantages as those available in Beachwood. She began volunteering with Hello Israel, a program to teach school children about Israel.

Michele also volunteered for The Carver Hike, a program that taught urban students about nature. When she saw their joy, she realized that she had found something greater than herself, and that she could make a difference through NCJW.

Michele attended conventions in Washington, D.C., and was an advocate with legislators. She heard powerful stories, witnessed the signing of the Fair Pay Act of 2009, traveled to leadership conferences, and learned that everything is doable. "We can be a voice for those who have none," she told us.

Michele is most proud of her work with voter registration and DDD, which she's cochaired for many years. "I saw how people lit up after I helped them register to vote. They understood that they mattered," she said. "DDD is also rewarding. It's exciting to see someone buy an Armani jacket for 70 percent of retail, or something else they never thought they'd own. It's also rewarding to see lines of people out the door waiting to get in, and to raise funds that benefit NCJW."

Her message?

Everything is doable with the right team. The first step is to show up. Strong women, our attitudes, and modus operandi get results. We, as Jews, are dedicated to tikkun olam, repairing the world. My sons have seen NCJW in action, and I want them to know how to give back. As our tag line states: Strong Women. Powerful Voices.

Michele's goals as president are to bring new voices to causes that matter; to collaborate with like-minded groups; and to open doors for young women, parents of young children, teenagers, and collegeagers to voice to their concerns. "I aim to help grow our organization and tackle new issues in collaborative ways, because numbers and voices matter."

Environmental Art Show and Speakers Series

Beachwood Community Center Wednesday, July 31 -Thursday, August 22 **Artists' Reception:** Sunday, August 4 • 1-2:30 pm

The Friends of Euclid Creek, the City of Beachwood, and the Collinwood Rain Barrel Project invite you to attend this creative show of painted rain barrels, photography, paintings, and much more. The rain barrels on display will be available for sale by silent auction during the exhibition, with proceeds to benefit the



Lake Erie Speakers Series Beachwood Community Center Thursday, August 8 6:30 - 8:30 pm

Speakers presented by the Friends of Euclid Creek, in celebration of Cuyahoga50, include:

- · Fredrick Vincent of the Northeast Ohio Regional Sewer District. who will speak on the "Deep Tunnel Project," which is currently under construction beneath the streets of Cleveland.
- · Chris Winslow, director of The Ohio State University Stone Lab, will speak on "How Activities on Land Affect Lake Erie."
- Dr. Robert Brand, Cuyahoga County Board of Health, will speak on "Safe Consumption of Fish from Lake Erie."

These events are free and open to the community. Light refreshments will be served at the Artists' Reception and Speakers Series.

About Cuyahoga50

Water is life. It sustains us. nourishes us, and drives our economy. When the Cuyahoga River caught fire in 1969, it had no visible life. Fifty years later, the river is alive again, but clean water faces more threats than ever in Cleveland and around the world.

When we look back at the progress since 1969, we see determined local action supported by strong federal policy. Today's major threats to the health of the river and the entire Great Lakes are different than when the river caught on fire, but no less severe. Industrial pollution has been largely overtaken by algal blooms, climate change, plastic pollution, invasive species, and other threats. The blame can no longer be placed on a handful of manufacturers. In many ways, the problem is us and what we

consume, how we farm, and how we build cities. But the overarching recipe for progress is the same – local action supported by strong policy. Cuyahoga50 is about learning from the past to inform how to tackle today's clean water challenges. It brings people together throughout 2019 to celebrate clean water and ignite future action through storytelling, discussion, and debate. In total, there will be more than 100 community events, exhibits, performances, and conferences taking place in Greater Cleveland this year, all focused on water.

The Friends of Euclid Creek work to protect and restore the creek by helping people who live in the watershed become stewards of the land and water. For more information about Friends of Euclid Creek, visit www.euclidcreekwatershed.org.

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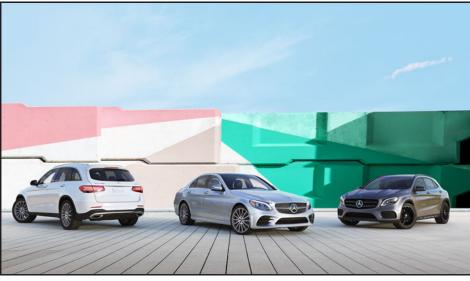
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Baby Steps

by Jennifer Stern



omehow it has become an accepted behavioral norm to react, judge, and generalize. To jump to conclusions, to see and take sides. Is this subconsciously done to feel braver, more righteous, somehow invincible?

Is responding to others with abruptness, hostility, sarcasm, or arrogance empowering? Is putting others into imagined boxes, attaching labels, generalizing, disrespecting, dismissing? Has it become acceptable to attack someone to feel smarter, better than, or stronger?

Mean is mean. Rude is rude. Wrong is wrong; regardless of who you are, where you come from, or what you believe.

I can not answer this, yet I believe that the desensitization to this behavior is concerning and demoralizing.

Mean is mean. Rude is rude. Wrong is wrong; regardless of who you are, where you come from, or what you believe.

Life is hard. People are complicated. Everyone has suffered some form of loss. setback, disappointment, betrayal.

Evervone has been misunderstood, wrongly judged, made to feel marginalized.

Everyone is flawed. And everyone has strengths, merit and value.

We must work together to create change; and to commit to a growth mindset with more intentional space for grace, compassion, empathy, respect and decency.

Whether in passing, print or behind a screen, I mourn the loss of civility, of respectful space for differing perspectives, of productive discourse and problem solving, of giving people the benefit of the doubt, of mindful interactions with others that honor the humanness that we share. It is our obligation to make the world a better place. Let's start by treating others as we wish to be treated. Baby steps.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativegrief.com, and sign up for monthly posts.

Vulnerability is the birthplace of innovation, creativity and change.

~ Brené Brown

Beachwood Historical Society Spring and Summer Events

he Beachwood Historical Society, in collaboration with the City of Beachwood, invites you to the following events:

Tai Chi and Yoga Classes

Free classes will take place in the Beachwood City Park West Pavilion, rain or shine. Programs are in conjunction with Cuyahoga Arts & Culture.

Yoga • Saturdays, 11 am – noon July 6, 13, 20, 27

Meditate and try gentle poses with Julie Konrad of Luna Presence Yoga. Bring a chair, mat or towel.

Tai Chi • Sundays, 10 – 11 am July 7, 14, 21, 28

Relax and breathe with Jennifer Stepien.



Pickleball Anyone? Saturday, July 13

A doubles pickleball tournament is back by popular demand! Singles are welcome and will be paired up with a partner. New and experienced players are welcome.

Mad for Plaid Luncheon Thursday, July 18 noon

How did Queen Victoria introduce plaid to the people? A curator from the Western Reserve Historical Society will unveil the story and teach us about our very own Cleveland plaid.

For more information about these programs and to register, visit www.beachwoodohio.com.

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Stompin' at the Zoo

A fun-filled family musical fundraising event on Sunday, July 28

The Cleveland Pops Orchestra will host its 1st annual "Stompin' at the Zoo" fundraising event at the Cleveland Metroparks Zoo on Sunday, July 28, at 4 pm. Participants will enjoy complimentary entry to the zoo's Asian Lantern Festival, presented by Cleveland Clinic Children's; dinner and a concert by the Pops ensemble and conductor Carl Topilow; selfies with zoo ambassador animals; and fun and games for the young and young at heart. All proceeds will support The Cleveland Pops Orchestra's concert season and community outreach programs.

Registration and check-in will begin at 4 pm. Attendees are welcome to come as early as 10 am to walk around the zoo for a self-guided tour. Family-friendly activities will take place between 4 and 6 pm, followed by a musical presentation, and dinner. Guests may then enjoy the Asian Lantern Festival until the evening commences at 8 pm.

The Cleveland Pops
Orchestra will host its 1st
annual "Stompin' at the
Zoo" fundraising event at
the Cleveland Metroparks
Zoo on Sunday, July 28,
at 4 pm.

Tickets, starting at \$35, are available by calling the Cleveland Pops office at 216.765.7677. For additional information, visit www.clevelandpops.com.



HEY NEIGHBOR!

by Arlene Fine

A Match Made in Heaven

Marc and Alan Bakst are blood brothers in every sense of the word.

n December 2017 when former Beachwood resident Alan Bakst, now of Phoenix, was diagnosed with an aggressive form of leukemia at age 66, he desperately needed a perfect donor match for a stem cell transplant to save his life. Miraculously, the blood protein – or marker – found in Marc's cells matched Alan's with a near perfect score of 10.0.

"My oncologist told me that without a stem cell transplant, I had less than three months to live," says Alan. In addition to searching the national "Be the Match" database for potential stem cell donors, all three of Alan's siblings, Gary Bakst, Linda Goldstein Wolf and Marc were tested, but Marc was the only one whose markers matched Alan's.

When Marc learned he could be his brother's bone marrow donor he was thrilled, and without skipping a beat, was all in. "We have always been a closeknit family," says Marc. "If Alan had needed a kidney, I would have given him that too."

To ensure he physically qualified to be a donor, Marc flew to Arizona for additional testing. Marc, then 63, was older than most stem cell donors, but he passed all the tests, including a psychological one, with flying colors.

"My brother has a heart of gold," says Alan. "I'm alive today because of him. There is a shortage of Ashkenazi Jews who volunteer to be stem cell donors, and I doubt I would have found a perfect match in time."

Marc is grateful that medical science has advanced to make

stem cell transplantation easier for both the donor and the recipient. "The new process of donating blood stem cells is similar to donating blood plasma," says Marc. "My blood stem cells were filtered directly into my brother's body."

In preparation to harvest his stem cells, Marc spent five days at Honor Health Virginia G. Piper Cancer Transplant Institute in Scottsdale, where he was given a drug that amped up his red and white blood cell counts. Alan received extensive doses of chemotherapy to kill off his damaged white and red cells, and was given medication to prepare his body for the transplant. On the day of the transplant, April 4, 2018, Alan received Marc's donated cells in a process similar to receiving blood or medicine through an intravenous tube.

After the transplant, the clock began to tick. "We waited to see if my brother's body would accept my stem cells," says Marc. "Fortunately, there was no sibling rivalry between our stem cells and after 10 days, tests showed that Alan's body accepted mine. He has already passed the important one-year mark, and if Alan is cancer free in five years, we can consider him cured."



Alan, who retired as a health-outcomes researcher for a pharmaceutical company, realizes the importance of making each day count. He volunteers with the Arizona Chapter of the Leukemia and Lymphoma Society, and at his local Scottsdale Sunrise Rotary chapter. In January of 2020, his family is organizing a Be The Match registry campaign at the Valley of the Sun Jewish Community Center in Scottsdale.

"Fortunately, there was no sibling rivalry between our stem cells, and after 10 days, tests showed Alan's body accepted mine."

– Marc Bakst

Although Alan's activities were restricted during the first year of his stem cell transplant, due to low immunity levels, he will be in Cleveland for his 50-year Beachwood High School reunion in July. After that, Alan, Marc, and Gary are planning a trip to the Poconos.

As Marc reflects on his stem-cell donation, he recalls a moment years ago when the

two brothers were riding a roller coaster at the old Geauga Lake Park. "My brother Alan looked at me as we were about to descend and said 'Marc, there is no turning back now.' And that is how I felt about being a donor. There was never a thought about turning back. The ride was too important."

About Be The Match

For the thousands of people diagnosed every year with life-threatening blood cancers like leukemia and lymphoma, a cure exists. Over the past 30 years, Be The Match *, operated by the National Marrow Donor Program * (NMDP), has managed the largest and most diverse marrow registry in the world. To find out more, go to https://bethematch.org/about-us/.

About the Leukemia and Lymphoma Society:

The Leukemia & Lymphoma Society is at the forefront of the fight to cure cancer. They are the largest nonprofit dedicated to creating a world without blood cancers. To find out more, go to www.lls.org.

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1,000 Cranes Depict Hopes and Wishes

hen Chase Golovan, BHS class of 2011, attended Beachwood Middle School, she learned how to fold origami cranes. She also learned of the story of Sadako Sasaki, a Japanese girl who developed leukemia at age two after being exposed to radiation from the 1945 atomic bombing of Hiroshima. In Sadako's last year, she was determined to fold 1,000 cranes, with hopes for a better future.

Sadly, Sadako was only able to fold 644 cranes before passing on October 25, 1955. In her memory, loved ones came together to complete the 1,000 cranes.

"The Japanese refer to the crane as the bird of happiness," Chase explained. "Traditionally, it was believed that if one folded 1,000 origami cranes, one's wish would come true. It has also become a symbol of hope and healing during challenging times."

This story stuck with Chase, who graduated from The Ohio State University, where she

enduring earth: for the love of the planet

studied interior space design.
After graduation, Chase was
standing at a crossroads of her
professional life and spent six
months overseas selling art, where
she was privileged to witness
firsthand the power of art and
how it touches people in so many
ways – regardless of cultural and
language barriers.

When Chase returned home to Columbus, she was determined to express herself artistically in a medium that would have universal appeal, and was repeatedly drawn to the story of Sadako.

"This story inspired me to create art made from origami cranes," Chase told us. "My new series focuses on hopes and wishes that are instrumental to me and my community. In the past six months, I've folded almost 10,000 paper cranes."

Chase followed her vision and continues to create art with her folded cranes. Each piece of canvas measures 3'x 6' and has 1,000 cranes artistically mounted to illustrate a specific wish. Her most recent artwork, containing 644 cranes to honor Sadako, was created in memory of her aunt who also lost her life to Leukemia,

and in celebration of her mom. She will donate it to the Leukemia and Lymphoma Society of Columbus after it's exhibition at Chromedge Studios, 289 W. Walnut St., in Columbus, as part of Chase's first solo art show. The opening reception is July 12, 6 - 9 pm.

"I welcome friends, family and neighbors who may be in the Columbus area to celebrate the opening of my premier show," Chase said.

Chase works full-time and creates art in her spare time; she looks forward to seeing where this project will take her.

"There are endless possibilities for future projects," she said. "I am excited to further explore different materials and mediums, and I have a lot of wishes."



For more information, visit www.chasegolovan.com or email cgolovan@gmail.com.

For information about the Leukemia and Lymphoma Society, visit www.lls.org.



Chagrin Highlands Rotary Club

The Chagrin Highlands
Rotary Club, whose service area
includes Beachwood, Orange
Village, Pepper Pike and Woodmere, recently presented the
Orange Village Fire Department
with funds for three updated
personal thermal-imaging
cameras that will enhance the
firefighters' ability to search
areas of zero visibility for victims
trapped in fires. The cameras will
also identify a means for escape
for victims inside a fire.

Benefits of these cameras will extend beyond the borders of Orange Village, since the department responds automatically to all fires in adjacent communities.

These cameras also allow previously unavailable freedom of movement to the firefighters and give them the ability to locate a fire inside walls so they can extinguish it with less property damage. From now on, every Orange Village firefighter who arrives on his first apparatus will have his own personal thermal-imaging camera.

Rotary Clubs generally provide services to their local and worldwide communities. For example, Rotary has eliminated polio throughout the world, has provided wells in remote villages in under-developed countries where people had to walk miles for drinking water for their families, and has provided thermal-imaging cameras to benefit residents of Beachwood and surrounding communities.

The Chagrin Highlands Rotary meets for lunch every Friday. To attend a luncheon or for more information, contact John Newburger at 216.292.7737.



Treasurer Howard Gottlieb, Rotary President Steven Werber presenting check to Orange Village Fire Chief Bob Wilson, Membership Chair John Newburger, Secretary Gayle Schwarz, and President-elect Thomas Dittoe.



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Kevin Houchins Named Director of Equity & Community Engagement (DECE)

he Beachwood City Schools Board of Education recently approved the position and appointment of Kevin Houchins as the district's new Director of Equity & Community Engagement (DECE), a position that demonstrates the district's commitment to leveraging its greatest strength - the diversity of our community.

An exploratory committee composed of parents, school staff, and students; and co-chaired by assistant superintendent Ken Veon and Diversity Matters in Beachwood president Pete Smith, explored the idea of creating this position and drafted its job description, which was presented to the Board of Education.

"We appreciate the committee members' time, energy, and input to help create this valuable position and fully understand the importance of getting started on this significant work," said board president Dr. Brian Weiss. "We are fortunate that the district already employs someone uniquely qualified to fill this role, and we are eager to have Mr. Houchins hit the ground running."

In this role, Kevin will interact with community stakeholders - students, parents, community members, and school employees of all classifications – and be responsible for programming across the district. The DECE will be highly visible in the community and behind the scenes, working with administrators, teachers, and other staff to review the district's policies, procedures, operations, and com-

munications, along with the data that demonstrates their impact.

Kevin will begin the DECE position on August 1, 2019. During his nine years in the district, he has a demonstrated track record of working successfully with different stakeholders across the district. Some standout examples include: working to initiate the high school's new student orientation program; advising the high school MAC Scholars; collaborating with Beachwood's Elderclass and the K-12 fine- and performing-arts departments; helping to found the Many Cultures, One Bison program;

and establishing partnerships with community organizations.

Kevin earned a Bachelor of Business Management from Ursuline College in 2003. He later received his teaching certification in Career and Technical Education from Kent State University with a concentration in Business Administration, Information Technology, and Entertainment Marketing. Kevin will complete his Master of Educational Administration from Ursuline in mid-July, and is expected to obtain his administrative license from the Ohio Department of Education in the near future.



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Inquire about membership by contacting Shani Kadis and join the picnic as our guest.



Free Family-friendly Summer Events Return to Legacy Village

Little Legacy and Meet the Machines among area's top children's programming

School's out for the summer! While kids rejoice, parents know the challenges of keeping children engaged and entertained over summer break. But never fear, Legacy Village has the perfect solution with a lineup of free family-friendly events that give children the opportunity to get behind the wheel of a firetruck. learn about exotic animals, dance to the rhythm of live music, win cool prizes, and much more.

"Families have always been central to the Legacy Village experience, and Little Legacy and Meet the Machines are events that both kids and parents love," said Legacy Village general manager Susan Windle. "We're excited to offer a full lineup of children's programming this summer that combines learning and interactive fun."

Little Legacy

The popular Little Legacy series returns July 10 and August 14, 10:30 am to noon, with crafts, games, and entertainment geared to children pre-K and older. This summer's Little Legacy programming features fun on-stage entertainment provided by Jungle Terry, Mercury Theatre Co., The Real PopFusion, and UH Rainbow Safety Squad.

Hands-on crafts and games will also be provided by the Cleveland Monsters, Greater Cleveland Aquarium, jHUB, L.L.Bean, Playground World, Rescue Village, The Cleveland Museum of Art's Studio Go, and The Little Gym of Shaker Heights.

Little Legacy will be held at the Lawn (between California

Pizza Kitchen and Bar Louie) and is free and open to the community. Vendors are subject to change.

Meet the Machines

On Sunday, August 11, from noon to 4 pm, Legacy Village will host Meet the Machines, a free public event that offers a unique opportunity for children and families to meet and explore construction equipment, emergency/service vehicles and machines of all makes and sizes. This hands-on experience will feature a family-friendly environment with giveaways, live entertainment, safety information and more. Meet the Machines is made possible with support from Hawken School, The City of Lyndhurst, and iHeart Media.



BHS Class of 1974 to Celebrate 45 Years

The BHS Class of '74 will celebrate its 45-year class reunion on Saturday, August 31, 7 pm, at Granite City in Legacy Village. Please visit Class Creator for details, or email bhs.classof74@att.net.

Do you have a Beachwood related event coming up? Email beachwoodbuzz@gmail.com with details!

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SATURDAY, JULY 20 • 11:00 A.M.-4:00 P.M.

Sip and shop at the Wildroots Modern Market on select Saturdays throughout the summer! Enjoy 85 local makers and a variety of quality handmade goods; from home décor and refurbished furniture to fine art, jewelry and more! This family-friendly event has something for everyone with food trucks, live music, and more!

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Enjoy a signature cocktail or craft beer from one of Legacy Village's restaurants while taking in live music with your favorite local bands every Friday and Saturday from 6:30 – 9:30 p.m. Legacy Live features a variety of genres; from Pop, Rock and Motown to Blues, Swing and everything in between! Concerts take place on The Lawn located between California Pizza Kitchen and Bar Louie.

Visit Legacy-Village.com for a complete schedule of summer events including the North Union Farmers Market, Yoga in the Village, the new Designated Outdoor Refreshment Area and more.

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Climate Change Action Plan

County Executive Armond Budish recently released the Cuyahoga County Climate Change Action Plan, which identifies five key focus areas to help achieve the goal to mitigate the effects of climate change and adapt to an already changing climate.

The areas include:

- **Energy** Implement 100 percent renewable energy by 2050
- Transportation Cleaner fuel vehicles; more public transit, biking and walking
- Natural Systems Further protect and expand our natural systems and resources
- Health Prepare the public for extreme weather, new diseases and new stresses
- Land Use Initiate wise development, more trees and more greenspace

"Climate change is both a global and local problem, and the effects are visible here in Cuyahoga County," said County Executive Armond Budish. "Our Climate Change Action Plan is a comprehensive look at how we can stop or slow the effects of climate change, and in areas that we cannot stop these effects, how to be more resilient."

The plan covers solutions to combat the overarching effects of climate change as well as specific strategies the County is committed to achieving; and tangible ways residents, businesses and community members can work to implement more sustainable practices.

The plan has specific steps that will be completed in the next year. It also includes information on the county's vulnerability assessment, which addresses climate-related hazards to the county and how those threats might affect different subpopulations. The Climate Change Action Plan can be found at www.countyplanning.us.

Beachwood Resident Nets a Podcast by Arlene Fine

averick Victor Peters hopes to be top gun in the podcast business. And judging by his success, he is on his way.

The son of Dr. Scott and Deborah Peters, Maverick, launched "Maverick Mondays," a weekly half-hour podcast in February, 2019. The podcast has attracted 300 steady listeners and Maverick, 22, is confident his upcoming guest line-up will dramatically increase those numbers.

"I strongly believe if you follow your passion, success will come," says Maverick, a graduate of Telshe Yeshiva in Wickliffe, Ohio. "If you put your heart into something and your mission is a good one, you can make anything happen."

"Maverick Mondays" follows a question-and-answer format. The featured guests come from all walks of life, including sports, politics, non-profits, religious institutions and even a few of Maverick's family members, like his podiatrist dad, who served on the Beachwood School Board; his uncle Ryan Peters, Beachwood High School director of athletics; and his aunt Shari Goldberg, founder and former president of Northeast Ohio Autism Speaks.

"One message I have consistently heard from my guests is to learn who you are and be yourself," Maverick says. "Before I sit down at the mic, I remind myself to 'just be Maverick."

Maverick hosts and plans his weekly podcast from a former storage room at his synagogue, Waxman Torah Center. "My rabbi agreed to let me have this space for now," says Maverick. "But my goal is to move to a larger facility and hire staff for marketing and production, so I may focus entirely on the interview process."

Maverick locates his speakers

through word-of-mouth and from friends and family. "I am gratified so many talented, interesting, successful people want to appear on my podcast," he says.

"I am gratified so many talented, interesting, and successful people want to appear on my podcast."

Upcoming episodes include prominent South African Orthodox Rabbi and author, Dr. Akiva Tatz; comedy hypnotist, David Anthony; and Cleveland Cavaliers performance dietician, Kylene Bodgen.

Along with hosting the podcast, Maverick also writes a blog Divrei Mav, a weekly Torah portion geared toward inspiring others, and he is co-authoring



an inspirational book. He also works full-time at Rube Adler Sports in Solon.

"All my life I have wanted to do something to improve people's lives and make this world a better place," says Maverick, who has been dreaming of hosting a podcast since he was in 11th grade. "If even one conversation on my podcast or my blog can have a positive effect on a listener or help transform someone's life for the better, then all this work and effort will have been more than worthwhile."

To listen to Maverick Mondays, visit www.mvpodcasting.com.

Pictured above: Maverick Mondays logo. Below: Maverick Peters, host of Maverick Mondays podcasts.



MVP July 2019 Calendar Raffle

The Montefiore Volunteer Partners (MVP) fundraising committee is hosting its second-annual calendar raffle to help raise funds to benefit residents. Raffle tickets are on sale now for \$10 each or three tickets for \$25. Get yours today by stopping by Montefiore's Volunteer Services office at One David N. Myers Parkway in Beachwood, or from any MVP member.

Raffle tickets will be sold for each day of the month, allowing for 31 chances to win some great prizes.

You can be a winner multiple times. Raffle tickets will be sold for each day of the month, allowing for 31 chances to win some great prizes. All winning items have been graciously donated from local businesses and are valued at more than \$4,000.

For more information, contact Diane Weiner, volunteer manager at 216.910.2741 or dweiner@montefiorecare.org.

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Thursday Eats & Meets is presented by the Beachwood Chamber of Commerce and The Orlean Company. Come nosh with your neighbors and enjoy different food trucks each week!















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For details, please contact a Weils team member. 440.543.4221 | theweils.org

Race for the Place

n Sunday, June 2, the rain held off as 3,602 participants made their way to Beachwood Place for the annual Race for the Place to benefit The Gathering Place.

Corporate sponsors, teams and individuals helped raise more than \$375,000 to support the free programs and services provided by The Gathering Place to individuals and families coping with cancer.

University Hospitals Seidman Cancer Center was the presenting sponsor; and MultiPlast Systems, Medical Mutual, Parker and SITE Centers were the lead sponsors.

Race for the Place is held on National Cancer Survivors Day. Monica Robins, senior health correspondent at WKYC, emceed the ceremony that honored survivors and those living with cancer, which kicked off the 5k- and 1-mile walk/run.

Eileen Saffran, founder and CEO of The Gathering Place, took the stage one last time to thank everyone for all of the tremendous community support that has helped to make Race for the Place such a success each year. Eileen will be retiring from The Gathering Place at the end of this year.

In honor of this day, Mayor Martin Horwitz and City Council proclaimed June 2, 2019, Race for the Place Day in the City of Beachwood.

More than 200 teams participated in the event. Advance Partners won awards for corporate team raising the most money, more than \$16,000; and having the most team members, 142. Their team captain was Lillian Rucker.

A special shout out to Zelman and Associates, who brought in more than \$11,000.

Fully Functional Fitness was the

community team that brought in the most money, more than \$10,000; and had the most members, 72. Their team captain was Stephen Cerne.

This year, a group of teens from various communities got involved with Race for the Place through The Gathering Place's Teen Leadership Council. Collectively, the teen teams helped raise more than \$15,000. The Hawken Hawks was the top Teen Team in money raised and number of members, raising nearly \$7,000, with 37 participants. Their team captains were Dana Granot, Ella Martinez, and Gavin O'Rourke.

Congratulations to all winners. Mark your calendars for Sunday, June 7, 2020, for the 20th annual Race for the Place! For more information about The Gathering Place, visit www.touchedbycancer.org.



Cancer Survivor Ceremony. Photo by Bella Capelli.





Heating • Cooling • Duct Cleaning • Plumbing

Your cooling system can lose 5% of its efficiency every year it misses a tune-up

- √ Save energy and money
- √ Ensure safe operation of your system
- ✓ Extend the life of your system
- √ Prevent costly repairs to your system

LIMITED TIME SPECIAL

COOLING SYSTEM TUNE-UP* Save \$20

(Offer valid until July 30, 2019)

Call 1-216-587-2800, visit goarco.com, or email service@goarco.com.



*Not valid with any other discount, coupons, or promotions. Limit one per household. Not valid on prior purchases.

Congregation Shaarey Tikvah Welcomes New Educational Team

ongregation Shaarey Tikvah (CST), a close-knit, vibrant Conservative synagogue located in Beachwood, is delighted to introduce its new educational team.

Rabbi Rachel Brown of
Beachwood has joined the CST
staff as director of Congregational
Learning, where she will set the
educational vision and direction for
the synagogue's multi-generational
learners. Congregation Shaarey
Tikvah also welcomes two new
Jewish educators, Ngozi Williams
and Holly Sukol. Ngozi will lead the
congregation's Shabbat Clubhouse
for children from birth to age five,
while Holly will lead The Open
Door Academy (TODA) for children
in grades K-7.

Rabbi Brown is a recent transplant to Cleveland from Greensboro, NC. She was ordained as a rabbi by the Ziegler School of Rabbinic Studies at the American Jewish University in Los Angeles. Before joining CST, she served for ten years as rabbi and education director of Congregation B'nai Jacob, in Phoenixville, PA, and for one year as rabbi-in-residence at Congregation Beth Israel in Roanoke, VA. Most recently, Rabbi Brown founded a new pluralistic Jewish girls' empowerment residential summer camp, Camp Timbrel.

"We feel fortunate to have someone with her skills and breadth of experience leading our congregation's educational vision and programming for children, teens, and adults," said Gussie Singer, co-chair of the Educational Va'ad at CST.

In addition to her role at CST, Ngozi is a full-time civil

engineering and physics double major at Cleveland State University and works part-time as an aftercare assistant teacher at the Gross Schechter Day School. She also serves as a private cello teacher. Holly works full-time as the development and marketing associate at Hillel at Kent State.

CST's educational program focuses on experiential learning; fostering community within the classroom, synagogue, and larger Jewish community; and encouraging individual connection to Judaism through Torah, prayer, Hebrew language acquisition, song, and study at every stage of Jewish life.

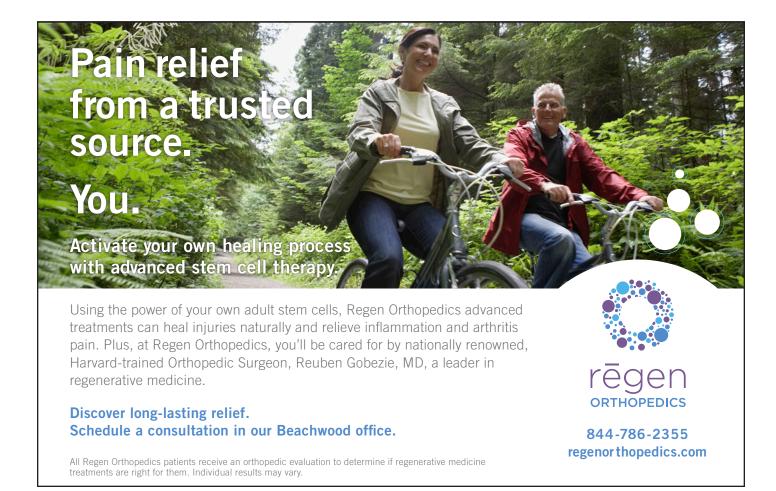
"We feel so fortunate to have an educational team in place



Rabbi Rachel Brown Photo by Pollack Studios

at Shaarey Tikvah to encourage lifelong learning, strive to meet the needs of all of our members through individualized learning, and instill a solid foundation of Jewish connection in our young people, empowering them to be a positive force in our community and in the world," commented Rabbi Scott Roland.

For full biographies of CST's new educational team or more information, visit http://www.shaareytikvah.org.





golf 2019 Souting



8745 Tanglewood Trail Chagrin Falls, OH 44023



Join us for the 2019 Beachwood Chamber Golf Outing

Members and Non-Members Welcome!

Included for Each Golfer:

18 holes of golf/green fees/cart
Driving range/Putting green
Breakfast, Lunch and Appetizers
Hole-in-One Challenge
Closest to the Pin
Longest Drive – Men & Women
Longest Putt
Lowest Net Score
Leverity Challenge

On the Course:

Bloody Mary Bar Hole Contests 50/50 Raffle

Friday, August 30th

8:30 am • Shotgun Start 2:00 pm • Award Ceremony

GOLF

Foursome • \$400

Individual Golfer • \$125

Awards and Appetizers Only • \$25

Sponsorship Opportunities Available!

For Additional Details and to Register, Visit beachwood.org
For more information, call 216.831.0003 or email director@beachwood.org

Silver Sponsors























Center 4 Brain Health

he Menorah Park Center 4 Brain Health, located at 27100 Cedar Road, offers FREE classes to sharpen your brain. Classes run from 10 to 11 am. To register, email eshelton@menorahpark.org or call 216.831.6500, ext. 193.

Monday, July 8 The Meditating Brain Elliott Jardin, Phd

Friday, July 12 Consciousness Day 1 Ted Smith

Monday, July 15 The Brain on Stress Elliott Jardin, PhD

Friday, July 19 Consciousness Day 2 Ted Smith Monday, July 22 Aromatherapy for Balanced Health (\$5 supply fee to make lotion to take home) Judith Eugene

Friday, July 26 Meditation Techniques Day 1 Ted Smith

Monday, July 29 Managing Relationship /Stress Judith Eugene

Refreshments will be served.

Brain Teaser The Menorah Park Center 4 Brain Health challenges you with this puzzle. Can you connect all of the dots by drawing four lines without lifting your pencil? Answer on page 46.

Walking the Stress Away

enorah Park and its Peter B. Lewis Aquatic & Therapy Center recently hosted a one-mile walk to promote the great benefits of walking. Many residents and clients pre-conditioned to make sure they would enjoy the walk to the fullest extent.

Did you know that walking for just an hour a day...

- Promotes weight loss
- Eases cravings for sugar
- Reduces chances for breast cancer
- Eases joint pain
- Boosts your immunity
- · Promotes piece of mind

- · Is a great stress reliever
- Promotes friendship

Call a friend, grab your tennis shoes and get moving! For more information about

For more information about walking and its benefits, call the Peter B. Lewis Aquatic and Therapy Center at 216.595.7345.

Age isn't chronological. IT'S PERSONAL.









Just as there were a thousand ways to be 25, there are a thousand ways to be 68, 88 or 98. No matter where you are in your journey, from therapy and brain health education, to home health, residential care and more,

WE CAN HELP!

Find out more at **MenorahPark.org**



EXCELLENCE IN CARING"

Menorah Park • 27100 Cedar Road • Beachwood 216-831-6500

Beachwood Insider July 2019

Contact Info

CITY OF BEACHWOOD

25325 Fairmount Blvd. Beachwood, OH 44122 216.464.1070 www.beachwoodohio.com

TV PROGRAMMING Spectrum - Ch. 1020 AT&T U-Verse - Ch. 99

EMERGENCY Dial 9-1-1

Departments

CLERK OF COUNCIL 216.595.5493

AUDITOR 216.595.3712

BUILDING DEPARTMENT 216,292,1914

COMMUNITY SERVICES 216.292.1970

ECONOMIC DEVELOPMENT 216,292,1915

FINANCE DEPARTMENT 216,292,1913

FIRE DEPARTMENT 216.292.1965

LAW DEPARTMENT 216.595.5462

MAYOR'S OFFICE 216.292.1901

POLICE DEPARTMENT 216,464,1234

PUBLIC WORKS DEPT. 216.292.1922

NEW FIRE CHIEF TAKES OATH

SWEARING-IN CEREMONY FOR STEVEN HOLTZMAN

At the June 3 City Council meeting, Steven Holtzman, a 26-year veteran of the Beachwood Fire and Rescue Department, was sworn in as the City of Beachwood's fourth full-time Fire Chief.

Chief Holtzman began working as a Beachwood firefighter on October 5, 1992. After being promoted to Lieutenant on November 6, 2000, and Captain on August 5, 2002, Holtzman applied for the position left vacant upon the retirement of Fire Chief Patrick Kearns.

"I am truly humbled to be selected as the fourth full-time
Fire Chief for our great city," said Chief Holtzman. "We have a
tremendous opportunity to expand our working relationships
with our neighboring fire departments. I'm excited to start this new role
and look forward to leading the department as we move into the future."

"We were fortunate in that all of the candidates we interviewed were highly qualified and well-respected," Mayor Horwitz said. "It was a pleasure

to get to know them better and we are grateful that they are all part of our outstanding Fire and Rescue Department."

Special thanks to Shaun Lutz who, for the past six months, has acted as Interim Fire Chief. He has been a responsive, dedicated and excellent interim leader.





LIKE US ON FACEBOOK Facebook.com/BeachwoodOH Facebook.com/BeachwoodPolice

FOLLOW US ON TWITTER
Twitter.com/ BeachwoodOH
Twitter.com/BeachwoodPolice

EMAIL YOUR COUNCIL MEMBERS firstname.lastname@beachwoodohio.com Ex: barbara.janovitz@beachwoodohio.com

MARTIN S. HORWITZ



216.292.1901 mayor@beachwoodohio.com

COUNCIL PRESIDENT
BRIAN LINICK



216.496.0202

COUNCIL V.P.

IAMES PASCH



216.630.9671

JUSTIN BERNS



216.509.6509

NEW WEBSITE!



The City of Beachwood recently launched its newly redesigned website. It is more dynamic and user-friendly. View current events, notifications, social-media posts, calendar listings, and more. Check it out at www.beachwoodohio.com and come back often as information is always being updated.

MAYOR'S CORNER

Learn more about Beachwood and upcoming events quickly by reading Mayor Horwitz's "Mayor's Corner" blog.

Want even more Beachwood updates? Click on the "Notify Me" tab on the right side of the Mayor's Corner page. When you register, you can choose the news you want and your preferred email/text delivery options.



Mayor Horwitz's Beachwood Boredom-Busters, which includes a summary of programs and activities in and around Beachwood, is updated weekly. If you are hosting an upcoming Beachwood event, particularly one that is free and open to the public, please send it to mayorsoffice@beachwoodohio.com for possible inclusion.

CELEBRATE SUMMER IN BEACHWOOD!

Start a tradition in your neighborhood by hosting a block party. Neighborhood block parties are a fun way to meet neighbors, build friendships and develop community and security. If you are interested, call the Mayor's Office at 216.292.1901 to help you coordinate



the date, invitations, supplies and street barricades. The City can even send a fire engine or other emergency vehicle for guests young and old to tour and enjoy. Summer passes quickly so act now!

GENERAL SAFETY TIPS

- Be aware of your surroundings and lock your vehicles at ALL times
- Secure your home and garage at ALL times and do not leave valuables outside
- Do not leave keys in unattended vehicles while warming them up or otherwise
- Be on the lookout for, and report any suspicious persons/activites immediately.

Suspicious activity can be reported by dialing 9-1-1 or calling dispatch at 216.464.1234.

BE A BFAC MEMBER!

Buy memberships at the Family Aquatic Center

The Beachwood Family Aquatic Center is open! The full season runs daily until August 13 and then Thursday – Sunday until September 4. Proof of residency needed - current utility bill @ photo ID.

MEMBERSHIP RATES

Children (up to 3 years of age) – No charge Individual (age four - adult) – \$55 Family (family of four) – \$160 Each additional family member (after four) – \$25

SENIOR DISCOUNT RATES - SAVE 50%

Senior Season Membership – \$30 per person
Senior Resident Day Pass – \$4
Senior Non-Resident Day Pass – \$6
(Proof of age along with proof of residency required for purchase. Senior is anyone 60 years or older.)

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 PM. Upcoming meetings: Monday, July 1 and August 5. Questions? 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 PM. Upcoming meeting: Thursday, July 25. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 PM. Upcoming meetings: Monday, July 1, July 15, August 5. Questions? 216.292.1914.

ALEC ISAACSON



216.291.2797

BARBARA BELLIN JANOVITZ



216.406.5914

ERIC SYNENBERG



216.401.0074



216.533.7640



READYNOTIFY EXPANDS INFORMATION PROVIDED BY CODERED

On June 28, the City of Beachwood joined Cuyahoga County's ReadyNotify system. This system is also based on CodeRED, the emergency-notification platform utilized by City of Beachwood. If you registered yourself for a Beachwood CodeRED account, no further action is necessary. If you are interested in creating an account or receiving weather alerts or notifications from other communities in the Cuyahoga County system, log in to your account by clicking the red round icon on the left side of www.BeachwoodOhio.com and update your preferences accordingly.

PROPOSED ZONING CODE AMENDMENTS

In keeping up with economic times, new Beachwood zoning code changes are being discussed. To view a summary or all proposed amendments, visit the news carousel at the bottom of our homepage at www.beachwoodohio.com

FIRE PITS AND CHIMINEAS

When using an outdoor fireplace, fire pit or chiminea, please adhere to the Ohio Fire code as well as City Codified Ordinances and follow these guidelines. These devices are permissible as long as safety is the #1 priority.

- Must be constructed of clay, cast iron or cast aluminum
- Must have a chimney, screen or top for spark prevention
- Be listed for use as outdoor fire place, fire pit or chiminea
- Elevated off the ground with feet or pedestal



- Have a fire extinguisher or water source readily available
- Recreational fires in approved containers must be a min. of 15 ft. from structures
- Do NOT burn treated wood and never burn toxic materials
- Place devices in a spot clear of hanging branches/trees
- Position the chiminea on a flat and fireproof surface
- Never leave the fire unattended and completely extinguish fire before retiring
- Do NOT use lighter fluid or gasoline: use fire starters

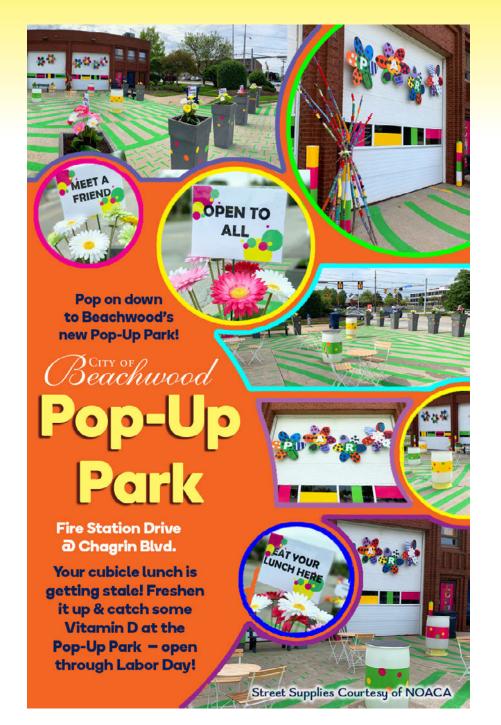
ATTENTION 6TH GRADERS AND OLDER SAFETY TOWN NEEDS

July 29 - August 2

VOLUNTEERS

Session 1: 9:00 AM - 12:00 noon Session 2: 1:30 - 4:30 PM

Volunteers will earn 15 service hours for each session. Earn 30 hours by volunteering for both sessions! Interested? Send an email to frank.vicchiarelli@beachwoodohio.com or call 216.292.1970 to sign up or request more information.



Beachwood

BE HELMET SMART

The Beachwood Police Department recently took part in AAA's Helmet Smart campaign. Officer Svigel and other members of the bicycle unit were giving children "safety citations" for wearing their bicycle helmets. Inside the citation was one free scoop redeemable at Mitchell's Ice Cream. A big thank you to Mitchell's Ice Cream for supporting this initiative.

Pictured: Officer Svigel and 4-year-old Ayden



BE A GOOD DOG OWNER

Beachwood Police reminds you to please keep your dog on a leash and clean up after it.

City ordinances state:



- No person shall permit a dog to run at large anywhere within the city, except upon the owner's property.
- No person shall keep any dog which by barking, biting, howling or in any way disturbs the quiet of any other person or damages any other person's property.

SOLICITATION REGULATIONS



It is legal to solicit door-to-door in Beachwood provided that the solicitor has obtained a license from the Beachwood Police Department. *Solicitation hours are:*

Mon. - Thurs., 9:00 AM - 9:00 PM; Fri., 9:00 AM - 5:00 PM; Sat. & Sun., 10:00 AM - 4:00 PM

Any person who solicits for a not-for-profit organization, charitable-purpose organization, or non-profit educational institution/public school is permitted to do so without a permit. "No Soliciting"

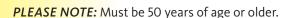
decals are available at the Beachwood Police Department and City Hall reception desk, Monday - Friday.

SENIOR POLICE ACADEMY

Beachwood Police Department is accepting applications for the Senior Police Academy.
Learn about real-life crime prevention and receive "hands on" experience with the help of knowledgeable instructors.
Learn self-defense,
CPR, safety and more.



BEACHWOOD CITY HALL 1:00 – 3:00 PM
WEDNESDAYS, AUGUST 9 – SEPTEMBER 27



TO REGISTER CALL 216.595.3733



USE CAUTION BE SEEN Use caution when walking at dawn, dusk and evening hours. Add reflective items to your clothing. When it is necessary to walk in the street, please walk facing traffic and if in a group, single file.





50-YEAR RESIDENT SALUTE





TUESDAY, JULY 23 • 6:30 PM
BEACHWOOD FAMILY AQUATIC CENTER

All residents who have lived in Beachwood for 50 years or more are invited to join us for special recognition. Newly minted 50-year residents will receive a special gift. A reservation is needed. RSVP by JULY 17 by calling 216.595.3733.

ART EXHIBIT

PEOPLE, PLACES AND THINGS • JULY 3 – 25

Featuring the works of Polina Yavorsky and Bob Pohm

Artists' Reception – Sunday, July 7 • 1:00 – 2:30 PM

Enjoy some light refreshments while speaking to the artists and viewing beautiful artwork.

Beachwood Community Center

MON - FRI • 9 AM - 4 PM SAT • 10 AM - 3 PM SUN • 10 AM - 1 PM

Beachwood Arts Council Annual Meeting

ast month, the Beachwood Arts Council held its annual meeting to end its fiscal year that runs from July 1 to June 30.

BAC president Paula Rollins opened the meeting with introductions and announcements. Mayor Martin Horwitz then installed Rosemary Nemeth and Ellen Winer as BAC's newest board members, and re-installed 10 current members whose terms had ended.

Congratulations to Natalie Noble, recipient of the Si Wachsberger Scholarship Award, which is presented annually to a graduating high school senior who plans to pursue the arts by further developing his or her skills in college. Natalie, a Beaumont School graduate, presented and explained several pieces of her artwork. She will attend The Ohio State University, and was grateful to have received the \$500 award.

Shirley Wachsberger, two of her sons, and one daughter-inlaw were in attendance.

Marshall Griffith, arranger, composer, and pianist, then played movie tunes and interacted with the audience to further celebrate the arts. Refreshments followed.



The Beachwood Arts Council's mission is to encourage the development and appreciation of the visual and performing arts and provide access to quality art reflecting the diversity of Beachwood and Northeast Ohio.

Watch for information about upcoming shows and programs in next month's *Beachwood Buzz*!

For more information, visit www.beachwoodartscouncil.org.







From left: Si Wachsberger Scholarship recipient Natalie Noble exhibits one of her paintings; Rosemary Nemeth and Ellen Winer join the BAC board of trustees. Above: Bob, Judi, Don, and Shirley Wachsberger.



Beachwood Schools Congratulate the CLASS OF 2019



BEACHWOOD CLASS OF 2019

ACADEMIC RECOGNITION

MAGNA CUM LAUDE AWARDS

Sarah Baskin Jacob Borison Jin Liang

Kathy Miao Maya Neyman David Novikov Jing-Jing Shen Zihan Shen Spencer Shroge

Julia Woomer Sichan Yuh Xinyi Zheng

NATIONAL MERIT SCHOLARSHIP COMMENDED STUDENTS

Jing-Jing Shen Sichan Yuh

NATIONAL HONOR SOCIETY SENIORS

Rihab Ali Julia Charnas Macie Berkley Joshua Danielpour Jacob Borison Orly Einhorn Nathan Burke Jvian Ferguson Roman Caputo Kfir Flank

Matthew Friedman Yael Goldstein Ashaunti Griffin Haley Hersh Sydney Leikin

Heidi Maier Kathy Miao Maya Neyman Sreyas Pillai Gal Pinhasi

Samantha Raiffe Jing-Jing Shen Zihan Shen **Grace Warner** Julia Woomer

NATIONAL TECHNICAL HONOR SOCIETY

Spencer Bystrom Roman Caputo Matthew Friedman Jordyn Kaplan Madison McShepard Ryan Muencz

Samantha Raiffe Spencer Shroge Noah Simon

HONORS DIPLOMA

Sarah Baskin Jacob Borison Olivia Breger Nathan Burke Sanchari Chakrabarti Julia Charnas Orly Einhorn Abdul-Rashid Elepele Jvian Ferguson Kfir Flank Matthew Friedman Tara Gallaugher Eva Goldstein Ashaunti Griffin Haley Hersh

Heather Johnson Jordyn Kaplan Sydney Leikin Jin Liang Heidi Maier Jonathan Marks Patrick McCourt

Kathy Miao Ryan Muencz Manny Newmark Maya Neyman David Novikov Sreyas Pillai Gal Pinhasi

Brady Safenovitz Jing-Jing Shen Zihan Shen Noah Shore Spencer Shroge Sichan Yuh Xinyi Zheng

MAC SCHOLARS

Macie Berkley Sir Lloyd Taylor Tyler Murphy Ashuanti Griffin Kyle Oliver Jordin Thomas

Magna Cum Laude: Top 10% of the graduating class by weighted GPA

National Merit Scholarship: Over 1.6 million juniors in more than 22,000 high schools entered the National Merit competition by taking the PSAT/National Merit Scholarship Qualifying Test. Approximately 16,000 semi-finalists were named on a state-representational basis, Semi-finalists were the highest-scoring program entrants in each state and represented less than 1% of the nation's seniors. To compete for Merit Scholarship awards, each Semi-finalist first had to submit a detailed application, essay, endorsements and more. From that group, 15,000 are named Finalists and, of the Finalists, approximately half achieve Merit Scholar status.

BEACHWOOD PTO SCHOLARSHIP RECIPIENTS



The Beachwood Schools Foundation Awards and Scholarships

The Beachwood Schools Foundation (BSF) is a 501(c)3 philanthropic organization administered by a volunteer board of directors from the Beachwood community. Its primary mission is to obtain funds from individuals, families and corporations to provide scholarships to graduating seniors who are continuing their education. Additionally, an "Above and Beyond" program has been initiated to raise money to enhance educational programming in the Beachwood School District.

Every year the Foundation manages more than two dozen funds awarding nearly \$15,000 to deserving Beachwood High School seniors. Below are the recipients from the Beachwood High School Class of 2019



Omar Altawam



Olivia Breger



Spencer Bystrom



Sanchari Chakrabarti



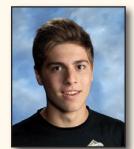
Cassidy Crosby



Joshua Danielpour



Matthew Friedman



Eli Goldman





Ashaunti Griffin



Heather Johnson



Sydney Leiken



Haleigh McPhillips



Ryan Muencz



Maya Neyman



David Novikov



Kyle Oliver

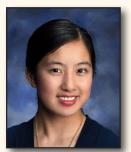


Timothy Ordillas





Samantha Raiffe



Jing-Jing Shen









Sichan Yuh

THE GINA MICHELLE AGIN MEMORIAL SCHOLARSHIP AWARD

Cassidy Crosby

This scholarship is awarded annually to a female Beachwood High School graduating senior who has participated in women's interscholastic sports or cheerleading. She must have demonstrated dedication to achieve team success.

THE VERA ARLEN SCHOLARSHIP

Sidney Leikin

This scholarship was established in 2010 by Sidney Arlen to honor his wife's memory and to acknowledge her special qualities as an individual. It is awarded annually to a female graduating senior who exhibits leadership, humanity and a generous spirit in a humble manner.

THE BEACHWOOD CHAMBER OF COMMERCE **BUSINESS SCHOLARSHIP**

Ryan Muencz

This scholarship is awarded annually to a Beachwood High School graduating senior who has been successfully employed in a Beachwood business or industry and who intends to pursue a career in business or a business selected vocation. Established in 1999 by the Chamber of Commerce.

THE BEACHWOOD CHAMBER OF COMMERCE HARLAN DIAMOND CULINARY ARTS SCHOLARSHIP

Jillian Apple

This scholarship is awarded annually to a graduating senior of the Beachwood High School consortium Culinary Arts Program who will attend a post-secondary educational program in the field of either culinary arts or restaurant management. This scholarship was established to honor Harlan Diamond and the Culinary Arts Program.

THE BEACHWOOD COMMUNITY PTO GARAGE SALE **SCHOLARSHIP**

Timothy Ordillas

This scholarship is awarded annually to a Beachwood graduating senior who has been outstanding in one of the following: Community service, character and citizenship, exhibiting enthusiasm for school and community.

THE BEACHWOOD HIGH SCHOOL ALUMNI **ASSOCIATION SCHOLARSHIP**

Ryan Muencz

This scholarship is awarded annually to a graduating senior of Beachwood High School who is the son or daughter of a graduate of Beachwood High School. The applicant must have demonstrated leadership ability; contributed to help improve the school and/or community; be a hard working student; and have demonstrated that he/she is a caring human being. It was established in 1999 by the Beachwood High School Alumni Association Fund.

THE BEACHWOOD BOOSTERS ATHLETIC **ACHIEVEMENT AWARD**

Haleigh McPhillips & Kyle Oliver

This award is given to two graduating seniors (one male, one female) who personify ideals consistent with the Boosters mission of "Promote the growth and success of the Beachwood City Schools Athletics while encouraging school and community spirit."

THE CLEVELAND CLINIC HEALTH CAREER **SCHOLARSHIP**

Omar Altawam

Established in 2006, this scholarship is awarded annually to a graduating senior who has been outstanding in one or more of the following areas: academics, community service and extracurricular activities, and intends to pursue a career in the area of health care.

THE DAVE AND JANICE BLOOM SCHOLARSHIP

Spencer Bystrom

This scholarship is awarded annually to a qualified senior who has shown a strong commitment to Beachwood athletics by being a player, equipment person, or team manager. The applicant must have participated with the same sports team for at least two years and shown strong sportsmanship. This scholarship was established in 2004 by the children of Dave and Janice Bloom in honor of their time and dedication to the City of Beachwood and its sports programs.

THE DONNA BICKOFF COHEN SCHOLARSHIP

Samantha Raiffe

The Donna Bickoff Cohen Scholarship was established in 2011 by contributions from the community in memory of Donna who was active in nearly everything Beachwood, particularly the schools. The scholarship honors a student with a "can do" attitude who embodies the spirit of the Beachwood Schools and pride in the Beachwood community.

THE FRED AND CARLA CROSBY MEMORIAL **SCHOLARSHIP**

Ashaunti Griffin

The Fred and Carla Crosby Scholarship was established in 2017 and created in memory of Fred & Carla Crosby, both committed members of the community and supporters of The Beachwood Schools, as well as education in general. The scholarship is awarded annually to an African American student who has demonstrated a commitment to helping others, involvement in the community, school spirit, participation in athletics, and/or leadership.

THE HARVEY FRIEDMAN LEADERSHIP SCHOLARSHIP

Noah Shore

This award is given annually to a Beachwood High School graduating senior who has demonstrated significant leadership during his or her high school career. It was founded by Harvey and Shirley Friedman and their family in 1998.

THE GEVELBER FAMILY SCHOLARSHIP

Julia Woomer

This scholarship was created in 2011 to recognize a Beachwood student who has been an athlete that promotes leadership during and outside the athletic competition, and has been a team player who puts others before self.

THE PAM AND DAN JOHNSTON SCHOLARSHIP

Sanchari Chakrabarti & Sichan Yuh

This award, established by friends of Pam and Dan in 2001, recognizes their contributions to the Beachwood Schools. It is awarded annually to a Beachwood High School student who will be participating in the graduation ceremony, and experiences challenges over and above the trials and tribulations facing today's young adults. The applicant must have strength and support while confronting struggles with passion and perseverance. He or she must have plans to continue in a program that enhances his/her future.

THE ROBERT D. KATES AWARD

Jing-Jing Shen & Matthew Friedman

This award, established in his memory in 1999, is given annually to a Beachwood High School graduating senior who has shown outstanding leadership within Student Council.

THE KAM AND CHIEN LIAO MATH AND NATURAL SCIENCES SCHOLARSHIP

David Novikov

This scholarship, established in 2007 by Dr. and Mrs. Liao, is awarded annually to a Beachwood High School graduating senior who has been outstanding in mathematics or natural sciences, will attend a four year college or university and who indicates a desire to pursue a career in the area of Natural Sciences, Engineering or Mathematics. This student must also have a 4.0 in core subjects.

THE JOAN LOBERT SCHOLARSHIP

Olivia Breger

This scholarship is awarded annually to a Beachwood High School graduating senior who has been outstanding in one or more of the following, and who indicates an intention to pursue a career in the area of: 1) Political Science 2) Government 3) Public Service.

THE JILL DOBRIN MENACHEM MEMORIAL **SCHOLARSHIP**

Grace Warner

This scholarship, established in 2002 by the Dobrin Family, is awarded annually to a Beachwood High School graduating senior whose love of children and concern for their welfare has motivated her/him to pursue a career in Early Childhood Education or a related field working with young children.

THE JAY SHLACHTER ART AWARD

Maya Neyman

Mr. & Mrs. Harry Shlachter established this scholarship in memory of their son in 1998. The award is given annually to a Beachwood High School graduating senior who has demonstrated an appreciation and talent in the area of fine arts and intends to pursue a career in that area.

THE DAKOTA "CODY" WEINER MEMORIAL **SCHOLARSHIP**

Joshua Danielpour

This scholarship established by family and friends in 2001 in his honor, is given annually to a Beachwood High School graduating senior with an extremely kind heart, who, because of his or her spirit, succeeds against all odds and uses their experience to help others.

THE WEISENBERG FAMILY SCHOLARSHIP

Heather Johnson & Joel Green

Established by Aaron and Whitney Weisenberg in 2008, this scholarship is awarded annually to a Beachwood High School graduating senior who exhibits passion and commitment to the arts and intends to pursue a career in that area.

THE NORM WEISS SCHOLARSHIP

Eli Goldman

This scholarship is awarded annually to a senior who throughout his/her school years has participated in charity, volunteer, and community service activities, substantially greater than those required for graduation. It was established in 2002 in his memory by his family.

THE PAUL AND KATE WILLIAMS SCHOLARSHIP

Gal Pinhasi

This scholarship is awarded annually to a Beachwood High School graduating senior who has demonstrated outstanding capabilities in one or more of the following areas: 1) visionary thinking 2) entrepreneurial spirit 3) dedication to life-long learning. It was established in 2004 by Kate and Paul Williams.

THE DR. JERRY S. AND GAIL R. WOLKOFF CIVIC AWARD

Sydney Leiken & Eli Goldman

Established in memory of their parents in 1999 by the Wolkoff children, this award is given annually to a graduating senior who has exceeded the requirements for community service work, who has participated in two or more Beachwood School extra-curricular activities, and who has achieved a 2.75 GPA in high school.

THE STEVEN MARK WASSERMAN MEMORIAL **SCHOLARSHIP**

Maya Neyman

This scholarship is awarded annually to a Beachwood High School graduating senior who indicates an intention to pursue a career in television writing and/or film. It was established in 1999 by Steven's parents, Bernard and Florence Wasserman, in honor of his creativity and ingenuity as a writer and producer for television and motion pictures.

THE WHITE AND GOLD SCHOLARSHIP **FOR BISON PRIDE**

Nicole Breger

The White and Gold Scholarship was established in 1999 by the Beachwood Schools Foundation to foster recognition and investment of Beachwood students. This scholarship is awarded annually to a senior who demonstrated exceptional Bison Pride in and out of Beachwood High School.

Foundation Scholarships By High School Department



Noah Shore
Career and
Technical Education



Jing-Jing Shen English & Social Studies



Gal Pinhasi *Mathematics*



Abdul-Rashid Elepele Performing Arts



Julia Woomer Science & World Language



Joel Green Technology



Kathy Miao Visual Arts

COMMUNITY SCHOLARSHIPS

FRIENDS OF THE BEACHWOOD LIBRARY SCHOLARSHIP

Recipients: Maya Neyman, Sanchari Chakrabarti, Macie Berkley

PETLODGE USA SCHOLARSHIP

Recipient: Jolie Eitman

JAY HONDA AND VOLKSWAGEN AUTO GROUP SCHOLARSHIP

Recipient: Jacob Borison and Brady Safenovitz

BEACHWOOD BAND BOOSTERS SCHOLARSHIP

Recipient: Abdul-Rashid Elepele

This award is presented to a Beachwood High School senior who will be pursuing music in the future and has completed a scholarship essay pertaining to that.

BEACHWOOD FEDERATION OF TEACHERS SCHOLARSHIP

Recipient: Gabriela Covolan Costa

This award was established to honor a member of Beachwood High School's graduating class who has shown personal commitment to academics, school activities, and community service.

KEITH BANKHEAD MEMORIAL AWARD

Recipient: Jayson Woodrich

This award is presented to a student who has excelled in the sport of basketball.

WENDELL DAVID HAYNES MEMORIAL AWARD

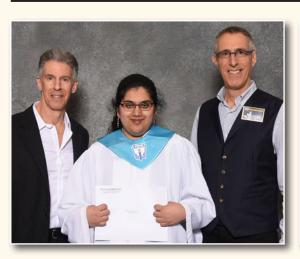
Recipient: Sarah Friedman

This award is presented to a student who has contributed countless hours in community service.

CHAGRIN HIGHLANDS ROTARY CLUB AWARD

Recipient: Spencer Bystrom

This award is presented to a student who works hard to maximize his or her talent while making substantial contributions to better the community.



BARBARA NANCY HOLSTEIN
MEMORIAL AWARD
Recipient: Rihab Ali

Recipient: **Rihab Ali**Presenters: **Larry and Roger Holstein**



OMNOVA SOLUTIONS FOUNDATION SCHOLARSHIP

Recipient: **Tyler Murphy**Presenter: **Kimberly Huff**



PARKER HANNIFIN SCHOLARSHIP

Recipient: **Sichan Yuh** Presenter: **David Ostro**

UNITED STATES MILITARY, EXCEL TECC AND OTHER AWARDS

UNITED STATES MARINE CORPS SEMPER FIDELIS AWARD FOR MUSICAL EXCELLENCE

Recipient: Gal Pinhasi

UNITED STATES MARINE CORPS SCHOLASTIC EXCELLENCE AWARD

Recipient: Eli Goldman

UNITED STATES MARINE CORPS
DISTINGUISHED ATHLETE AWARD
Recipient: Haleigh McPhillips and Paul Jacobs

UNITED STATES AIR FORCE STEM AWARD

Recipient: Heidi Maier and Kyle Oliver

MILITARY SERVICE RECOGNITIONS Eli Goldman (Army ROTC), William Henry (USMC), Zachary Kudroff (USMC)

HILLCREST ROTARY AWARD - CONSTRUCTION TRADES

Recipient: Paul Jacobs

HILLCREST ROTARY AWARD - ENVIRONMENTAL EDUCATION

Recipient: Nicole Davis

HILLCREST ROTARY AWARD - MARKETING

Recipient: Roman Caputo

RANDY S. BOROFF BISON AWARD Recipients: Brady Safenovitz and

Maya Neyman

This award recognizes a young man and woman who have served the school with spirit and enthusiasm.

GAIL BREWSTER JCWA AWARD

Recipient: David Novikov

Awarded to a senior who demonstrates spirit and dedicated commitment to the work of the JCWA.

OUTSTANDING SERVICE TO THE OCULUS

Recipient: Timothy Ordillas

OUTSTANDING SERVICE TO INTROSPECT

Recipient: Grace Warner

STUDENT COUNCIL SPIRIT AWARD

Recipient: Jing-Jing Shen

CLEVELAND TECHNICAL SOCIETY - SENIOR

Recipient: Jing-Jing Shen

Outstanding Senior in Science and Math

OMEA SOLO & ENSEMBLE CONTEST - SUPERIOR RATING

Recipients: Sanchari Chakrabarti, Heather Johnson, Gal Pinhasi, Zihan Shen, Julia Woomer

OUTSTANDING BAND MEMBER

Recipient: Jonathan Slain

FRIENDS OF BEACHWOOD ORCHESTRA

Recipient: Macie Berkley

ARCHIE GRIFFIN
SPORTSMANSHIP AWARD

Recipients: Macie Berkley and

Matthew Friedman

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION COURAGEOUS STUDENT AWARD

Recipients: Haleigh McPhillips and Michael Schmidt

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION SCHOLAR ATHLETE AWARD

Recipients: Zihan Shen and Jacob Borison

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION AWARD OF EXCELLENCE

Recipients: Heidi Maier and Roman Caputo

CHAGRIN VALLEY CONFERENCE SPORTSMANSHIP AWARD

Recipients: Ashaunti Griffin and Spencer Bystrom

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION STATE AWARD

Recipient: Craig Alexander

This award is presented to a coach, teacher, administrator or booster of the school athletic program.

CLEVELAND ASSOCIATION PHI BETA KAPPA AWARD

Recipient: Jing-Jing Shen



BEACHWOOD HIGH SCHOOL Class of 2019

NAME	COLLEGE
Rihab Zahra Ali	John Carroll University
Omar Altawam	The Ohio State University at Newark
Ofek Avisar	Woodbury University
Samuel Jacob Babbush	University of Kentucky
Sarah Rebecca Baskin	Gap Year in Israel Seminary
Talya Sara Berenholz	Israel
Macie Sherize Berkley	University of Pittsburgh
Joshua Durand Bishop	The Ohio State University at Newark
Jacob Adam Borison	The Ohio State University
Najla Rebekah Sarah Bray	Missouri State University
Olivia Claire Breger	The Ohio State University
Nicole Rose Breger	Kent State University
Clayton J. Brown	The Ohio State University at Mansfield
Nathan Burke	The Ohio State University
Azariah Grace Burkette	Florida Atlantic University
Thomas Joseph Byrne	John Carroll University
Dasianae Marie Byrse	The Ohio State University at Newark
Spencer E. Bystrom	The George Washington University
Roman Dominic Caputo	The Ohio State University
Sanchari Chakrabarti	The Ohio State University
Julia Hannah Charnas	The Ohio State University
Zachary Parker Chylla	Indiana University at Bloomington
Gabriela Covolan Costa	Undecided
William Stephen Henry	Military
Haley L. Hersh	Allegheny College
Tiana Shanae George-Ann Hewitt	Cuyahoga Community College
Timera Shanon Georgia Hewitt	Employed
Paul B. Jacobs	University of Cincinnati
Ryan Andrew Jaffe	Ohio University
Christopher Antonio Jeff	Tennessee State University
Thomas A. Jennings- Sanders	Lakeland Community College
Heather Sharee Johnson	The University of Akron
Devin Jvon Johnson	Lakeland Community College
Jordyn Rose Kaplan	University of Kansas
Maor S. Keren	Cleveland State University

NAME	COLLECT
NAME	COLLEGE
Zachary Nathaniel Kudroff	Military
Sydney Erin Leikin	The Ohio State University
Jin Liang	The Ohio State University
Bowen Liu	Undecided
Tay'lor Alexandria Lumpkin	Ursuline College
Maxwell T. Luxenburg	Cleveland State University
Aryan Mahajan	Indiana University at Bloomington
Heidi Lin Maier	The Ohio State University
Jonathan Scott Marks	University of Illinois at Urbana- Champaign
Marcel Matuschek	Jacobs University
Patrick Cole McCourt	Robert Morris University
Haleigh Claire McPhillips	Capital University
Madison Paige McShepard	Pennsylvania State University
Cassidy Rae Crosby	Indiana University at Bloomington
Joshua Benjamin Danielpour	Case Western Reserve University
Nicole Imani Davis	Undecided
Sanford Lee Davis III	Undecided
Orly Lynn Einhorn	Washington University in St. Louis
Jolie Raine Eitman	Otterbein University
Abdul-Rashid Abdul- Majid Elepele	Xavier University of Louisiana
Tobias Chance Evans	The Ohio State University at Newark
Jvian Lynn Ferguson	Northwestern University
Kfir Tzui Flank	Boston University
Zoe Elena Flate	Kent State University
Eliza Ann Dore Fowles	Saint Mary's University
Matthew Jared Friedman	Arizona State University
Sarah Elizabeth Friedman	Notre Dame College of Ohio
Tara Jude Gallaugher	Gettysburg College
Colin Reid Glosser	Notre Dame College of Ohio
Eli E. Goldman	University of Maryland
Eva Yael Goldstein	Temple University
Jermani Mack Golphin	Undecided
Joel Terry Green	University of Missouri, Columbia
Ashaunti Lolita Griffin	Undecided
Allon Gregory Hardin	Ohio University

College Decisions

NAME	COLLEGE
Matthew Lee Hardy	The Ohio State University at Newark
Zachary Isaac Carno Harf	University of Cincinnati
Andrew Heath	Undecided
Kathy Miao	The Ohio State University
Jimmie Mitchell	Ohio University
Ryan Harris Muencz	University of Illinois at Urbana- Champaign
Tyler Donovan Murphy	Kent State University
Scott James Newkirk	Miami University, Oxford
Manny M. Newmark	Gap Year in Israel
Maya Sophia Neyman	The Ohio State University
Nam Hoang Nguyen	Undecided
David Novikov	The Ohio State University
Kyle Montgomery Oliver	Bowling Green State University
Timothy Azarcon Ordillas	University of Dayton
Sreyas Shibu Pillai	The Ohio State University
Gal Pinhasi	The Ohio State University
Joy Alexandra Rabne	Ohio University
Samantha Rebekah Raiffe	University of Cincinnati
Anthony Trevon Rose	Undecided
Yotam Michael Roth	Washington University in St. Louis
Rena Simone Rush	Undecided
Brady Noah Safenovitz	DePaul University
Mariah Alyse Sanders	Undecided
Michael Allen Schmidt	University of Cincinnati
Drew Benjamin Schnee	University of South Carolina
Jordan David Schultz	Cleveland State University
Jonah Aaron Shapera	Unity College
Jing-Jing Shen	Harvard University
Zihan Shen	University of California, Los Angeles
Noah Harrison Shore	Pennsylvania State University
Spencer Raff Shroge	The Ohio State University
Alex Jacob Shupp	Savannah College of Art and Design
Noah Gabriel Simon	University of Miami
Jonathan Judah Slain	Cuyahoga Community College
Dani La'Nice Smith	The Ohio State University at Newark
Prestige Lee Smith	Tiffin University
AJ Solomon	Ohio Technical College

NAME	COLLEGE
Ethan David Solomon	Ohio University
Naomi Hannah Sternberg	Make-up Designory - New York
Madonna Ellen Stewart	Coppin State University
Sir Lloyd Clifford Taylor	The Ohio State University at Newark
Jordin Monet Thomas	University of Toledo
Samuel Ethan Thomas	Cleveland State University
Grace Catherine Warner	Kent State University
Antoine Robert Whitsett	Kent State University
Jayson Marcus Woodrich	Undecided
Julia Rose Woomer	University of Southern California
Sichan Yuh	The Ohio State University
David Andrew Yurkovskiy	Undecided
Shelli Zamir	Undecided
Alvin Zhang	The Ohio State University at Newark
Xinyi Zheng	Undecided
Zoe Rachel Zilbert	University of Cincinnati



CONGRATULATIONS BHS CLASS OF 2019

n Sunday, May 26, Beachwood High School held its Class of 2019 graduation ceremony at Severance Hall. Pomp and Circumstance was led by Mr. David Luddington and the Beachwood High School Band, followed by the Star Spangled Banner, led by Azariah Burkette.

Mr. Tony M. Srithai, Beachwood High School principal, then recognized magna cum laude graduates. Congratulations to Sarah Baskin, Jacob Borison, Jin Liang, Kathy Miao, Maya Neyman, David Novikov, Jing-Jing Shen, Zihan Shen, Spencer Shroge, ulia Woomer, Sichan Yuh and Xinyi Zheng. Additional congratulations to National Merit Commended Scholars Jing-Jing Shen and Sichan Yuh.

Board of Education member

Jamie Elwell presented the greeting, followed by Jing-Jing Shen's speech, "Last Announcement of 2019," as follows:

Attention world! This class is off to do incredible things. Our birthdays in 2000 and 2001 ushered in the beginning of a new millennium, and we are the generation that will continue to surprise those around us with all that we can do. It's not exactly High School Musical, but we surely are "the start of something new." And this is only the start.

The last decade spent in Beachwood sped by. I remember entering preschool in Fairmount with so many energetic new friends; I remember cherishing being the smallest grade in the district, and also the most closely knit when we were at Hilltop; and, I remember circulating all of those Bison Strong memes during our days at BHS. Yet, no matter when we joined the Beachwood family, I think we can all agree that the spirit, unity, and love in our community of Beachwood has always been a constant.

Beachwood has guided us to find our own voices, amplify them, and harness them. When we engaged in intense debates in government class and learned how to speak up for our beliefs; and when we raised our voices and tried out various accents to deliver age-old lines from Shakespeare classics in English, we discovered how to bring stories to life. Whether we asked our teachers questions during academies, debated with friends on how to titrate in chemistry, voiced our views during a discussion on gun violence, sang our hearts out during White & Gold, or cheered loudly and led the Bison Beat during football games, each one of us has discovered the power within our voice and how to optimize it. I definitely found my voice literally – with the Beachwood PA system, projecting it daily for morning announcements and this last announcement, now.

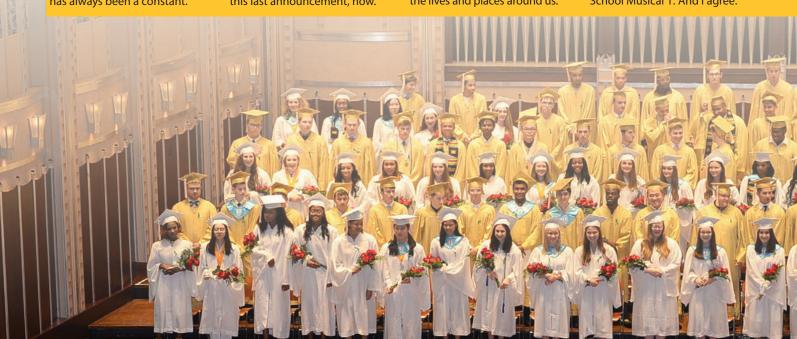
A special shout out goes out to everyone who helped elevate us to where we are today, for we know that there is an invaluable chorus that is cheering each of our individual voices on - moms, dads, families, teachers, mentors, coaches, friends, neighbors, and more. As proud members of the Beachwood family, we've all engaged in this friendly karaoke session. We've taken turns singing solos, listened to and appreciated the voices of others, and overall, have become so close. Our individual voices are unique and distinct, and yet when combined together, the textured chorus is immensely powerful and resounding, as powerful and resounding as our potential.

Whatever comes next in our timelines, in the next four years and beyond, I know we are going to set out and improve the lives and places around us.

With our nascent, ever-growing voices that we've strengthened and augmented over the past four years, we will find podiums and platforms, grab the microphones, and step up to take initiative, speak up and speak out for what we believe and wish to see around us, and take the lead in transforming ideas into outcomes. We shall become the next greatest versions of whatever we aspire to be: musicians and scientists, politicians and writers, business leaders and activists, innovators and change makers.

So, attention Class of 2019! The future is full of possibilities and open mikes awaiting our voices and anticipating our presence.

"We're soaring, flying. There's not a star in heaven we can't reach," they sang back in High School Musical 1. And I agree.





Thank you Beachwood.
That's all for today. These might be the last announcements I deliver to you, Class of 2019, but they're definitely not the last announcements we'll hear about all of you and all of what you will come to do. Cheers to today, to 2019, to all of you!

Yet, no matter when we joined the Beachwood family, I think we can all agree that the spirit, unity, and love in our community of Beachwood has always been a constant.



Maya Neyman, Heidi Maier, Gabriela Costa, and Gal Pinhasi then presented the class gift, a memorial garden for current and former students, as well as the BHS teacher who recently passed; followed by Certification of the Class of the 2019 by Tony M. Srithai, principal; Presentation of the Class of 2019 by Dr. Robert P. Hardis, superintendent; and Acceptance of the Class of 2019 by Beachwood Board of Education president Dr. Brian Weiss.

Conferring of Diplomas was led by Beachwood Board of Education members Brian Weiss, Maria Bennett, Jamie Elwell, and Joshua Mintz.

The Alma Mater was led by Talya Berenholz, Azariah Burkette, Tara Gallaugher, Jonathan Slain, and Grace





Warner, with accompaniment by Darlene Haight.

Finally, Turning of the Tassel was led by Maya Neyman, followed by the Recessional, "Bridgeview Overture," led by Mr. David Luddington and the Beachwood High School Band.



CONGRATULATIONS TO ALL



Pictured clockwise from top left:

Beachwood Board of Education member Jamie Elwell delivers a greeting; Jing-Jing Shen delivers the speech "Last Announcement of 2019"; Heidi Maier, Maya Neyman, Gabriela Costa, and Gal Pinhasi present the class gift; and Beachwood Board of Education president Brian Weiss presents Madonna Stewart her diploma.

Face-to-Face Holocaust Education Program and Louise Freilich Day

n an age where one-third of Americans do not believe that six-million Jews perished in the Holocaust and where anti-Semitic attacks are increasing worldwide, Holocaust education is more important than ever before.

The Face-to-Face Holocaust Education Program, directed by Louise Freilich for the past 16 years, has served more than 55,000 middle school and high school students since 1994 with a developmentally-appropriate Holocaust learning experience. The opportunity to interact face-to-face with a Holocaust survivor, liberator, or a child of survivors is more effective than passively viewing videos or reading books about the subject.

Face to Face was acquired by the Kol Israel Foundation earlier this year, and the program remains at Congregation Shaarey Tikvah, which often provides students with a first-time experience to visit a synagogue and learn about Judaism. Marianne Lax is the new director of education for Kol Israel and Face to Face.

The City of Beachwood recently honored the Face-to-Face Holocaust Education Program on 25 years of instilling a sense of personal responsibility against anti-Semitism and recognizes retiring director Louise Freilich for her commitment to tolerance and moral development in the school children that the program has served.

In recognition of this program and Louise, Mayor Martin S. Horwitz and City Council proclaimed Sunday, May 19, 2019 as Face-to-Face Holocaust Education Program and Director Louise Freilich Day in the City of Beachwood.

Louise and the Face-to-face Holocaust Education Program also received letters of congratulations from Senator Sherrod Brown, Supreme Court Justice Elana Kagan, and Governor Mike DeWine. The opportunity to interact faceto-face with a Holocaust survivor, liberator, or a child of survivors is more effective than passively viewing videos or reading books about the subject.



Louise Freilich receives the City of Beachwood proclamation from Jeff Kaplan, Face to Face volunteer and docent.

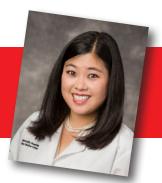




When it's More than a Tummyache

What you need to know about pancreatitis

Dr. Brooke Glessing



hanks to Jeopardy host Alex Trebek's openness about his illness, pancreatic cancer is probably now the most well-known pancreas disease. What most people may not know is that there also are non-cancerous conditions that affect the pancreas and significantly impact people's lives.

By Dr. Brooke Glessing, University Hospitals Digestive Health Institute at UH Ahuja Medical Center

Doctors in the University
Hospitals Digestive Health
Institute at UH Ahuja Medical
Center specialize in diagnosing
and treating all types of diseases
related to the digestive tract,
including the pancreas. In addition
to gastroenterologists (digestive
disease doctors), our team
includes nutritionists, surgeons,
radiologists and pharmacists.

Pancreas Problems

The pancreas is a gland located behind the stomach, in the middle to left side of the abdomen. It produces the enzymes that help digest food and also makes the hormones insulin and glucagon that control the body's blood sugar level.

Pancreatitis is one of the most common pancreatic diseases. It is inflammation or swelling of the pancreas caused by digestive enzymes attacking the gland. Pancreatitis can occur in both men and women.

Pancreatitis can occur suddenly (acute) or be a chronic condition. Either can be serious and lead to complications or death. Chronic pancreatitis causes permanent damage to the gland and can cause the pancreas to cease production of enzymes and insulin, leading to diabetes. It also can lead to pancreatic cancer.

Be Aware of Symptoms

Symptoms of pancreatitis include:

- Severe abdominal pain that may spread to the back or chest and worsen after eating
- Rapid heart rate
- Unexplained fever
- Swelling, soreness or tenderness in the upper abdomen
- Fluid buildup in the abdomen
- Lowered blood pressure
- Yellowing of the skin and eyes (jaundice)
- Persistent nausea and vomiting not related to flu

The symptoms of pancreatitis may look like other health problems. That's why it's important to see a digestive health specialist if you have any of these symptoms.

Common Causes

The most common cause of pancreatitis in the United States is alcohol abuse.

Gallstones that block the pancreatic duct, injury or trauma to the stomach or pancreas, high levels of fats (triglycerides) or calcium in the blood, certain medicines and infections, and tumors also can cause pancreatitis. Cigarette smoking is another common cause.

Team Approach to Treatment

When a patient comes in with symptoms that indicate possible pancreatitis, we begin with an evaluation of those symptoms and the patient's medical history. To confirm the diagnosis and evaluate the condition of the pancreas, we order specific lab tests and sometimes imaging by ultrasound or CT scan.

Based on the patient's symptoms, medical history and test results, we develop an individualized treatment plan with the goal of resting the pancreas so it can heal. We include patient education about a healthy diet and avoiding tobacco and alcohol as an important element of the treatment plan.

Whether the attack is acute or chronic, typically the patient is hospitalized for a few days for treatment with IV fluids and pain medicine. A low fat diet and optimization of nutrition is an important element in the treatment plan as it allows the pancreas to rest and heal appropriately.

We often refer patients with chronic pancreatitis to our Pancreas Clinic for long-term management. These patients may develop chronic scarring of the pancreas that leads to diabetes and EPI, exocrine pancreatic insufficiency. They may need to go on insulin for diabetes and supplemental pancreatic enzymes for the EPI. To help them manage their disease, our dietitian will educate them about eating small, high-protein, low-fat meals.

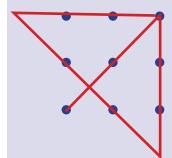
Although pancreatitis can be serious, most patients with acute pancreatitis recover completely. Those with chronic pancreatitis can manage their disease effectively and enjoy a good quality of life if they comply with their treatment plan.

The symptoms of pancreatitis may look like other health problems.
That's why it's important to see a digestive health specialist if you have any of these symptoms.

For more information about pancreatitis visit UHhospitals. org/digestivehealth. To make an appointment with Dr. Glessing call 216-593-1305. UH Ahuja Medical Center is located at 3999 Richmond Rd., Beachwood.

Brain Teaser Answer

(From page 27)



In 2012, researchers from the University of Sydney used this puzzle to test creative problem solving in a "flow state" – a state of heightened focus. In a control group, no one was able to solve the 9-dot problem. However, 40% of participants who were induced into a flow state using magnetic stimulation found the solution!

For more information, contact the Menorah Park Center 4 Brain Health at www.menorahpark.org.

Beachwood Women 4 Peace

The Beachwood Women 4 Peace knitting group meets the first Friday of every month at the Beachwood Library from 10 – 11:30 am. The next meetings are July 5 and August 12.

Yarn, needles, and instructions are available at each meeting. The group is currently working on red, white and blue lap afghans for veterans. New and experienced knitters are welcome! For more information, contact Iris November at 216.831.2646 or lbrtyclub@gmail.com.

Where Else Would He Be?

hey say true love is not in the number of kisses, but in the "fire" that lingers long after the kiss is over. Jane and Ron Grossman's first kiss ignited a childhood romance that simply never ended — it was true love. They met in 7th grade and they say the years passed quickly.

"I knew she was the right person," Ron says. They created a beautiful life, had children, worked, retired, and now, together, they are coping with life's inconveniences, big and small. Both are now 86 years old.

Today, Jane is resting in a recliner at Menorah Park, and Ron is less than four feet away from her. They are both enjoying an after-lunch ice cream bar. Ron is almost always within four feet of Jane, and it's no surprise for Jane to see his warm smile and loving eyes when she awakens from a nap or returns to her room after an appointment. Ron travels back and forth from home to spend as much time with Jane as possible. She's been at Menorah Park since September.

After 64 years of marriage, Jane says, "Where else would he be!"

Ron smiles in agreement. Each can finish the other's sentences. Ron shares pictures of their granddaughter, grandson and great grandkids with Jane, from his iPhone. The two reminisce about their courting days, which began early with dancing school and Ron walking her home after a party — they were 11. They talk about their wedding, which Jane says had to compete with a Browns' championship game, because many of their guests were affiliated with the Browns; and of raising four small children, about which Jane says Ron was very helpful and supportive. Jane and Ron have three sons (two are twins), and one daughter - three in Cleveland and one in Chicago.

The couple lived in California when Ron was in the army. Jane got a job at a bank. "I was a wife..." Jane says, downplaying



Jane and Ron Grossman

her accomplishments. "She landed a job at a fancy bank in Beverly Hills. I was very proud of her," Ron insists. "She was a little kid back then and she is still a little kid!"

"Thank you!" she replies to him. Jane later worked from home selling magazine subscriptions so she could be with the family.

"Ron helped a lot," Jane recalls.

The two always spent a lot of time together. They would go to baseball games, Cain Park, museums, concerts, and of course, family time was always a priority.

Ron worked for SYSCO foods before retiring. Until recently, he volunteered for SCORE, and he helped seniors with taxes for AARP. But now, he's cut back on his volunteering to be with Jane because together is where they are, no matter where they are.

Jane says it keeps her spirits up and Ron says there's nowhere else he'd rather be, which brings us back to now. Ron and Jane continue to see the glass as being half full as they seek the hidden gems at Menorah Park, which he calls their best-kept secrets.

Having a loved one nearby who visits often is a very healthy anecdote to feelings of isolation or sadness when health issues arise, and love increases healing energy!

"When Ron is near, I feel better, stronger and happier," Jane said. "Our hearts beat as one in a timeless love story that never wanes."

Flealth Benefits of True Love

True love has many health benefits, including less depression, less substance abuse, fewer doctors' visits, lower blood pressure, less anxiety, fewer complaints, better stress-management skills, fewer colds, faster healing, and happiness.

So, when you visit your loved one often and spend quality time together, you will both reap the benefits!

We Want to Make You



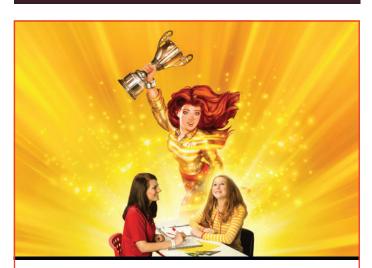
Our Expertise

- Complete Exams, X-Rays & Cleanings
 - Fillings, Crowns & Bridges
 - Cosmetic Dentistry
 - Whitening
 - Full & Partial Dentures
 - Dental Implants
 - · Personalized Care

Our reviews speak for themselves! Find our testimonials page on our website!

Call Us!

216-595-1420 • www.trudyamstadtdds.com 3690 Orange Place, Suite 525, Beachwood OH, 44122



Transform Your Child's Summer!

Did you know that kids can actually lose math skills while school is out? Studies have shown that students can regress by up to two and a half months over the summer — a phenomenon known as "the summer slide." At Mathnasium, we prevent the summer slide, give kids an edge for the next school year, and we make it fun!

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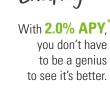
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Jewish Teens Grant \$47,000 for Community Needs

hirty nine Jewish high school juniors and seniors representing public and private high schools across Cleveland have come together to recommend grants totaling \$47,000 to 13 organizations for crucial programs in the Jewish and general community through the Jewish Federation of Cleveland's 2018-2019 Maurice Saltzman Youth Panel.

Saltzman Youth Panel was established in 1998 through a generous gift from the late Shirley Saltzman and her family, in memory of the late Maurice Saltzman. The program perpetuates the goals of Maurice, a past board chair of the Federation who cared deeply about educating the next generation of Jewish community leadership. Each year, a new Saltzman Youth Panel allocates up to \$50,000 to worthy organizations – 85% of which is awarded to programs that serve the Jewish community. The other 15% is awarded to non-profit programs that serve the general community. Through this experience, the participants learn about the philanthropic process and how to respond to community needs.

Panelists Carly Petti and Danny Ecker presented the panel's recommendations to the Federation's Board of Trustees on May 30, 2019. Recommendations from the panel were unanimously approved by the board.

"Not only did I get to understand what philanthropy truly means, I was able to experience it," said Lena Leland, a Beachwood High School junior, during a personal reflection at the panel's final reception before the board meeting. "Participating in Saltzman Youth Panel changed the idea of helplessness for me. Surrounded by 38 young people so passionate about helping others, so passionate about making a difference, it helped me remember that the feeling of helplessness is just that – a feeling. None of us are helpless – we can all make a change."

Among the grants were: \$6,000 to the Cleveland Hillel Foundation for an Interfaith Shabbat of Remembrance to offer Case Western Reserve University students of all faiths an opportunity to engage with local Holocaust survivors in an intimate and informal environment: \$4,000 to the Jewish Agency for Israel for Aliyah of Rescue for Children to bring children from around the world who are living in grave danger to safety in Israel; \$3,000 to Jewish Family Service Association to upgrade an outdated kitchen in one of JFSA's residential homes to

provide a safe space for residents with disabilities to engage in food preparation and increase independence; and \$2,500 to Family Promise of Greater Cleveland for Pack N' Plays and bedding for homeless children.

Prior to the board of trustees meeting, panel members and their families gathered for a reception to celebrate their accomplishments. Federation president Erika B. Rudin-Luria congratulated the group on their successful collaboration and philanthropic spirit. Panelists commented on how much they learned about community needs, evaluation of grant proposals, and the struggle to prioritize needs when resources are limited.

Panel members, selected through a competitive application process, met seven times throughout the school year. They created a Request for Proposals, reviewed grant applications, learned about consensus decision making and, in the end, had a tremendous impact on programs and organizations which improve the lives of others.

Beachwood participants included Andrew Caplan, Brian Caplan, Sarah Jane Fullerton, Yonatan Ginsburg, Lena Leland, Noa Lifschutz, Parker Gill, Carly Petti, Atara Pollack, Dov Ratner, Noah Simon, Elijah Soclof and Matthew Young.

Surrounded by 38 young people so passionate about helping others, so passionate about making a difference, it helped me remember that the feeling of helplessness is just that – a feeling. None of us are helpless – we can all make a change."

~ Lena Leland

To nominate a rising high school junior or senior for the 2019-2020 Saltzman Youth Panel, please contact Rebecca Sattin at rsattin@jcfcleve.org or 216.593.2873. Application deadline is September 5, 2019.







From left: Parker Gill; Lena Leland (center) with her parents, Eva Allen and Tom Leland; and Carly Petti (center) with her parents, Marla and Craig.

Jewish Federation's Cleveland

Israel Arts Connection Events

Gallery Open House: "Growth & Change"

Roe Green Gallery in the Jewish Federation of Cleveland Jack, Joseph and Morton Mandel Building 25701 Science Park Drive, Beachwood

Sunday, July 14 • 1 - 3 pm • Docent Talk: 1:30 pm

Tuesday, May 21 • 6 - 8 pm • Docent Talk: 7 pm

Sigalit Landau, an international award-winning Israeli artist, will present "Growth & Change" at the Jewish Federation of Cleveland's Roe Green Gallery. Sigalit works with Yotam From, her artistic partner and partner in life, and is best known for using salt from the Dead Sea to create her artwork. This exhibit presents a group of works that explore powerful metaphors about the

nature of being human. It looks to the diversity of Sigalit's artistic career and offers connections between people and places across time, space, culture, and faith. Presented by the Jewish Federation's Cleveland Israel Arts Connection.

For more information, visit www.jewishcleveland.
org or contact Joyce Lisiewski at jlisiewski@jcfcleve.org or 216.593.2845.

"Under Construction: "by Davai Theater Troupe July 25 - July 27 • Showtimes Vary

The Helen • Playhouse Square • 1407 Euclid Avenue, Cleveland Cost: \$30

Use code "JFED" for ticket discount.

"Under Construction" is a physical comedy about three eccentrics who share a crammed, run-down flat: bulbs burning out, pipes bursting, mosquitoes biting, brains jammed, the outer world sending threatening signals – but these gentlemen want to have tea, and they will have it, even if the entire world is falling to pieces!"

Sponsored with support of the Jewish Federation's Cleveland Israel Arts Connection.

For more information, visit www.jewishcleveland.org.

Thank you, Beachwood, for your continued support!





We can all be COMMUNITY HEROES

SUN, JULY 14, 1:30 – 3PM



CELEBRATE LOCAL COMMUNITY HEROES AT THE MALTZ MUSEUM

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- Meet W.orking A.nimals G.iving S.ervice 4 Kids
- Make community hero themed crafts
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\$5 Admission with registration; Free for children under 5 & Maltz Museum Members

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How I Caught the Genealogy "Bug" – It All Started with Four Precious Words

t is estimated that close to 1,000 people will converge on Cleveland from across the country and other continents to attend the 39th Annual Conference of the International Association of Jewish Genealogical Societies, July 28, at the Hilton Cleveland Downtown, located at 100 Lakeside Avenue East. What they all have in common is a desire to learn more about their family histories and how their destinies were shaped by ancestors who left distant lands to pursue their own American dream.

For me, it was a serendipitous discovery – something left behind by my grandfather – that started me on a twenty-year genealogical journey.

Looking back, the experience of visiting the State of Israel on the 60th anniversary of its independence in 2008 was a dream come true for my wife and me. It was the fourth day of our trip and as we headed with our tour group for Yad Vashem, the early morning chill made us glad we had brought light-weight jackets. We knew from talking to friends and family members this visit would be a somber and moving experience but, for me, it was a chance to not only identify with the indelible memories, but to also explore my Lithuanian heritage.

My most vivid experience was a tour of the Valley of Communities – a massive two-and-a-half-acre monument literally dug out of natural bedrock - where more than 5,000 names of communities are engraved on stone walls to honor Jewish life that had existed for hundreds of years, but were destroyed during the Holocaust. For thousands of years, Jews lived and thrived in Europe, somehow preserving their distinct identify and culture. The stone monument is a stark reminder of the human toll and how Jewish communities were literally swallowed up whole by a maddening storm.

As I scanned the names of towns in Hebrew and English, I

thought about the postcard I had discovered from my maternal great-grandmother, Sora, to my Papa Meyer in Chicago, dated January 8, 1941, and postmarked Kvedarna. The sweet and soothing words of a mother speaking to her son on the other side of the world, perhaps for the last time, filled my mind. At first, I didn't realize that it was from my great-grandmother because it was written in the Yiddish, language, but once translated, it was unmistakably clear from the first four words: "Meine liebe teiere kinder."

My great-grandmother was addressing her two oldest sons and daughter in America as "my beloved dear children." What struck me was that the penmanship was exquisite and it appeared the writer was trying to convey as much as possible within the space afforded her on a postcard. What was so special about this was that my grandfather kept this correspondence in his possession until his death in 1964.

If there was any sense of imminent danger, it was not revealed in the message. This was a mother lovingly reaching out across the globe and reassuring her beloved children, wanting nothing more than that they be blessed with health and good fortune. There was certainly no hint of any threat or cause for alarm.

From my research online, I learned that there were 65 Jewish families living in Kvedarna prior to the outbreak of war in June of 1941 – roughly 300 people. Based on documented accounts from survivors interviewed after the war, "Chweidaner" Jews, as they were known, lived very much like peasants, bringing their produce to Memel (now Kleipeda) on the Baltic Sea and buying and trading their goods with other Lithuanian peasants.

From testimony I read of survivors and researchers, my great-grandmother and her four remaining children were most likely herded out of their village sometime between July and August of 1941 and executed in the forest by gunshot. By the end of December, approximately 180,000 Jews had been massacred by the Nazis and local collaborators.

I'm not sure how Papa Meyer learned about the fate of his family. I know that he had to be listening to reports coming by radio from overseas and from the reliable news and information that came from the very large Lithuanian Jewish community in Chicago.

Yet from the ashes of Europe there were members of my grand-father's family who survived and escaped to Israel. While researching our ancestral town, I stumbled on testimony of witnesses to the destruction of the village originally hand-written in Yiddish. It turned out that one of the witnesses was Motel Drogin, a first cousin

By Stewart Hoicowitz

of my grandfather who lost his entire family in the Holocaust. After spending time in a displaced persons camp in Bavaria, he made Aliyah to Israel in 1948, remarried, and raised three sons.

Prior to our departure for Israel in 2008, I was able to locate his sons who lived outside Tel Aviv and let them know of our plans. Once we arrived at our hotel along the Mediterranean Sea, I called my cousin Itsik who, along with his brother, Dov, joined us after dinner while other members of our tour group were taking a walk along the beach. Several days later, Itsik and his wife Shoshi would meet us in Jerusalem to observe the Sabbath with us.

My wife and I felt a special bond with Itsik and Shoshi. It felt as though all the shattered pieces of Jewish life – like glass – were coming together and making us whole. We raised our wine glasses at dinner and toasted the rebirth of life and family in Israel.

Like so many others, I was a novice when I started research on my first PC twenty years ago. I am amazed at the many resources are now available online to help us learn about our ancestors by locating ship manifests, naturalization records, and other important historical documents. There are also opportunities for beginning researchers to receive one hour of mentoring, free, with membership from the Jewish Genealogy Society of Cleveland, at a Cuyahoga County Library branch. For more information about mentoring opportunities, email info@JGSCleveland.org.

For more information on the IAJGS Conference, go to www.iajgs2019.org.

Stewart Hoicowitz is vice president of Programming for the Jewish Genealogy Society of Cleveland.

Celebrating Jewish Life

Last year, Beachwood resident Rabbi Rosette Barron Haim created Celebrating Jewish Life, a subscription series of six festive Jewish holiday experiences at varying locations that strikes that perfect balance between the social and the sacred. Celebrating Jewish Life engages adults who are unaffiliated or who wish to enrich their Jewish involvement.

The program, launched with Cantor Laurel Barr, builds a joyful community of engaging adults in ways that recapture the Jewish spirit and revitalizes participants' Jewish identity. It provides opportunities to share enjoyable meals and come together to honor the Jewish holidays and traditions, and to rekindle old acquaintances and make new friendships.

The 2019-2020 subscription series to Celebrating Jewish Life is now available. Holidays include Erev Rosh Hashanah, Erev Yom Kippur, Shabbat pre-Chanukah, Purim, Passover second-night Seder, and Shabbat Shavuot.

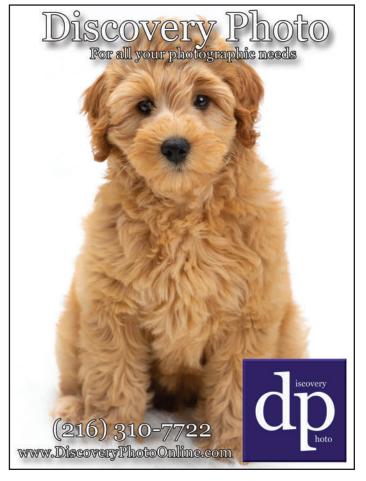
To learn more, contact Rabbi Rosie at 216.223.8736 or info@ celebratingjewishlife.com.



Rabbi Rosette Barron Haim and Cantor Laurel Barr







Who's Buzzin' in Beachwood?

by Arlene Fine

What YOU Do Matters

crowd of 622 people filled the Landerhaven ballroom for the United States Holocaust Memorial Museum's "What You Do Matters" luncheon. Speakers included USHMM director Sara Bloomfield and noted Holocaust historian, author, lecturer and educator Dr. Deborah Lipstadt, who spoke about the alarming rise in anti-Semitic incidents in the US and abroad. The USHMM functions as a memorial to the lives lost during the Shoah and provides the interpretation, documentation, and study of its history. The museum offers exhibitions, publications, preservation of material evidence, and annual commemorations among other services.



Holocaust survivor Michael Blain, right, with his wife Sylvia Blain



Sharon Koltin and Marilyn Oif



Jordan and Michele Kaminsky



Alice Rickel



Dr. Deborah Lipstadt



Luncheon chairs Cheri and Rob Dubyak



USHMM director Sara Bloomfield



Holocaust survivor Roman Frayman is flanked by his wife, Elaine Frayman, and Anita Siegal

ORT's Trivia Night

crowd of 75 young professionals enjoyed some trivia fun at ORT Ohio's 7th Annual Next Gen Trivia Night, at the Winking Lizard on Miles Road. ORT America is the leading fundraising organization for World ORT, whose global educational network, schools, colleges, and international programs propel more than 300,000 students in 35 countries to develop careers and lead fulfilling, independent lives.



ORT's Trivia Night first place team, Ari and Hannah Milgrom, Allie Kneitel, Josh Kramer, David Mayers, and Matthew Kneitel.

Play at the J

t was all fun and games at the Mandel JCC's annual Play at The J, a Gala for Grown-ups. The evening's honorees were Jerry Zahler and his late wife, Iris Bialosky Zahler, and special recognition went to Leonard Krieger Fund of the Cleveland Foundation. The festive evening included a buffet dinner, silent auction, casino, and live artist demos. Funds raised benefit The J's financial assistance program.



Jon and Darby Steiger



Leslie and Ken Levine



Play at the J chairs Joan Greitzer Shall and Jessica Semel



Craig and Marla Petti



Hildee Weiss



Friendship Circle Awards Reception

he Friendship Circle's annual awards reception, Heart & Soul, drew a sold-out crowd of 600 people to the Jack, Joseph and Morton Mandel Humanities Center at Tri-C East. The evening's honorees were Jill and Brad Helfman, Shoshana and Abe Socher and Penni and Steve Weinberg. Receiving special recognition were the outstanding and dedicated teen volunteers. Friendship Circle enhances the lives of special children by connecting them with teenage volunteers for friendships through social and life-skills programs and provides families with respite and support.



Tyler Goetz, Friendship Circle teen volunteer



Brian Fox, Friendship Circle board chair



Rabbi Yossi Marozov, Friendship Circle co-director, honorees Abe and Shoshana Socher, and Estie Marozov, Friendship Circle co-director

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A Kid Again

Participate, volunteer, or provide input

When a critically-ill child goes home after a hospital stay, it's a big deal for both the patient and his or her family.

This is when Adventures of A Kid Again in Northern Ohio steps in. A Kid Again serves critically ill children, along with their siblings and parents, because when illness strikes a family, **EVERYONE IS AFFECTED**.

Just last month, enrolled families were invited to Progressive Field to watch the Cleveland Indians take on the Seattle Mariners. Prior to the game, they congregated in the Thirsty Parrot parking lot for a pre-game tailgate party that included hot dogs, Cracker Jacks and fun. This allowed families that are facing the same challenges of raising critically-ill children to mix and mingle, and to gain comfort by being around others who know exactly what they are going through.

"Families repeatedly tell us that A Kid Again Adventures give them a sense of normalcy," says Christine Bucknell, executive director of the Northern Ohio chapter of A Kid Again.

"We strive to provide hope, happiness, and healing to families that are raising children with life-threatening illnesses," she continued. "We do so by providing fun-filled, cost-free group activities to sporting events, amusement parks, trips aboard the Goodtime III, and other family-friendly events.

A Kid Again Adventures are designed to give critically-ill children a break from the daily challenges they face while battling their illnesses. Siblings and parents are included because illness affects the entire family. Through these adventures, families are provided the opportunity to put illness aside, while they enjoy each other, laughing and creating joyful memories that will last forever.

A Kid Again Adventures are free and take place the year round.

To learn more, to volunteer for upcoming events, or to offer an adventure, please visit www.akidagain.org or email cbucknell@akidagain.org.

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Orthopedic Injury Clinic

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