

Beachwood Buzz

October 2021

Every Resident. Every Business. Every Month.

MAGAZINE



ROARING RETIREMENT

BHS Grads Find Great Rewards Beyond Careers

*Who's Running?
2021
Candidates' Forum
Starts on page 55*

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Letter from THE EDITOR

By Debby Zelman Rapoport

Last month, I came across a memory that I had posted on Facebook several years ago. It was a quote by John Lennon: "When I was five years old, my mother always told me that happiness was the key to life. When I went to school, they asked me what I wanted to be when I grew up. I wrote down 'happy.' They told me I didn't understand the assignment, and I told them they didn't understand life."

I then went to the website actionforhappiness.org and found the following guidelines about how we may improve our well-being. Action for Happiness helps people take action for a happier and kinder world. On the site, they share the following happiness tips. When you take the first letter from each bolded section, you spell out the words "GREAT DREAM."

Giving – Do things for others

Caring about others is fundamental to our happiness. Helping others is not only good for them, but for us, too. It makes us happier and can help to improve our health. Giving also creates stronger connections between people and helps to build a happier society for everyone.

Relating – Connect with people

Our relationships with other people are the most important thing for our happiness. People with stronger relationships are happier, healthier and live longer. Close relationships provide love, meaning and support, and they increase our feelings of self-worth. Because our broader social networks bring a sense of belonging, it's vital that we take action to strengthen our relationships and make new connections.

Exercising – Take care of our body

Our body and mind are connected. Being active is good for our physical health and it makes us happier. There are simple things we can do to be more active each day. We can boost our well-being by spending time outdoors, eating healthfully, unplugging from technology and getting enough sleep.

Awareness – Live life mindfully

Learning to be more mindful and aware does wonders for our well-being. It helps us get in tune with our feelings and stops us from dwelling on the past or worrying about the future.

Trying Out – Keep learning new things

Learning exposes us to new ideas and helps us stay curious and engaged. It also gives us a sense of accomplishment and helps boost our self-confidence and resilience.

Direction – Have goals to look forward to

Feeling good about the future is really important for our happiness. We all need challenging, achievable goals to motivate us. When we choose meaningful, realistic goals, we give ourselves direction, and feel a sense of accomplishment and satisfaction when we achieve them.

Resilience – Find ways to bounce back

We all have times of stress, loss, failure, or trauma. How we respond to these events has a big impact on our well-being. We often cannot choose what happens to us, but we can choose how we react to what happens. In practice, it's not always easy. Resilience, like many other life skills, can be learned.

Emotions – Look for what's good

Positive emotions like joy, gratitude, contentment, inspiration and pride don't just feel good, but also help us perform better, broaden our perception, increase our resilience and improve our physical health.

Acceptance – Be comfortable with who you are

No one's perfect. But dwelling on our flaws, what we're not rather than what we've got, makes it much harder to be happy. Learning to accept ourselves and being kinder to ourselves increases our enjoyment in life, resilience, and well-being. It also helps us accept others as they are.

Meaning – Be part of something bigger

People who have meaning and purpose in their life are happier, feel more in control, and get more out of what they do. They also experience less stress, anxiety and depression. Meaning might come from doing a job that makes a difference, our religious or spiritual beliefs, or our family. Although answers vary for each of us, they all involve being connected to something bigger than ourselves.

John Lennon's mother had it right: Happiness is the key to life. Actionforhappiness.org offers a free online program, 10 Days of Happiness, that guides you through daily actions for happier living. To learn more, visit 10daysofhappiness.org.

I wish you a month filled with gratitude and all that makes you happy!

Debby



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Roaring Retirement

BHS Grads Find Great Rewards Beyond Careers



Retirement hangs out there in the distance, with uncertainty written all over it for some. Will it be rewarding? Will there be enough to do? Will time speed up or slow down? Several BHS grads have discovered that retirement is better than anything they might have anticipated, but that's no accident. Nancy Albert Mack, Stuart Cantor and Barry Jay Minoff pivoted from their careers and plunged themselves into the arts.

Story, written by June Scharf, starts on page 6.

Photos of Stuart Cantor by Scott Morrison, Discovery Photo.

Correction: In last month's article, "Long Term Memory Links Long Lost Friends," we incorrectly published that Alex Gross is the only remaining sibling out of seven. His sister, Rosalyn Haber is still alive. She is 90 years old.

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ROARING RETIREMENT

BHS Grads Find Great Rewards Beyond Careers

By June Scharf

Retirement hangs out there in the distance, with uncertainty written all over it for some. Will it be rewarding? Will there be enough to do? Will time speed up or slow down? Several BHS grads have discovered that retirement is better than anything they might have anticipated, but that's no accident. They pivoted from their careers and plunged themselves into the arts, with an actor, musician, and painter among them. They reveal how their journeys into a roaring retirement pay dividends in the form of great personal satisfaction and additional socialization, along with a tremendous sense of accomplishment.

Barry Jay Minoff

Actor, Class of 1966

As a former chairman/co-owner of what was arguably one of the world's largest manufacturers of decorative lighting, Barry never imagined that the lights would ever be focused on him, as an actor appearing in movies alongside some of Hollywood's heavyweights. With 22 acting credits, 17 producer credits and more in the pipeline, an active and unlikely second career has arisen from his retirement.

"I reinvented myself," he states. Since he retired, he spends most of his time living in Fort Lauderdale, but also maintains a residence in Beachwood.

Barry's latest work may be seen on Netflix and Amazon Prime video, and earlier titles can be found on DVD. His entry on IMDB.com, the central database for information related to video content, offers a comprehensive listing of all his movies. It reveals the stars he has acted alongside, including Nicholas Cage ("Looking Glass"), Bruce Willis (soon-to-be-released "Soul Assassin"), George Hamilton (soon-to-be-released "All Terrain"), Corey Feldman ("Exposure"), and Lindsay Lohan ("Among the Shadows").

One potential project might involve Denise Richards. Another would cast Barry as a white-suited dancer, tangoing with such high-profile actresses as Sharon Stone

or Rene Russo. He took dance lessons for the part, but COVID interfered with the schedule.

As a high energy 73 year old, Barry is flattered but also amused when he hears his friends' reactions to his new craft.

"When they find out I'm in movies, they joke, 'Oh, porn movies?'" he says. "Some people think it's cool, and others think I'm just an extra with no lines."

The truth is, he's having lots of fun.

"I'm at the stage in my life when time is too precious to be doing something I don't thoroughly enjoy," he emphasizes.

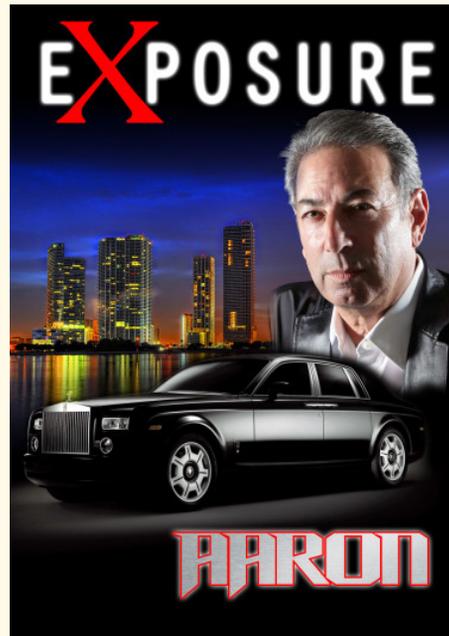
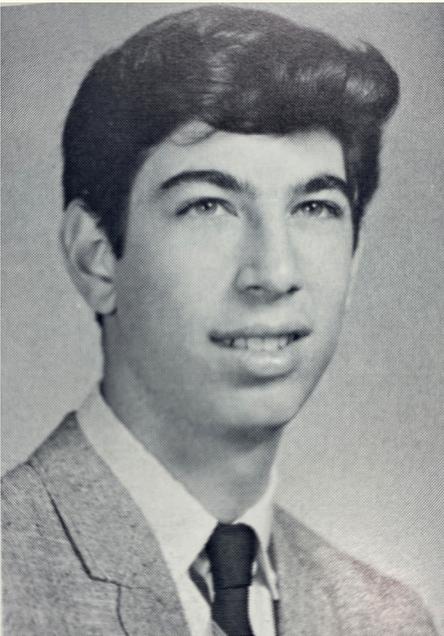
The surprising part is that he has no formal training in acting. "I took a one-night class in New York and absolutely hated it," – so he never did it again. "I felt too self-conscious." He had nothing to do with acting at BHS either. "I was too shy." Nor was he a movie buff.

However, he did have some stage time when he sang and played guitar with the folk music club at The Ohio State University. He also played guitar and sang with his younger brother Roy in the short-lived Famous Minoff Brothers Blues Band.

So why is he willing to perform at this point in his life?

"When it's not you and it's your script, there's a comfortable distinction." In other words, it's helpful to be in character, and it's additionally beneficial when some of his roles are very close to his own life experiences, having been cast





Barry Minoff, BHS Class of '66

"My favorite memory of BHS is that all of my classmates were very close. All these years later, I still see many of them regularly."

as a businessman, politician and one with authority like a lawyer (overlapping with his leadership role in real life at the Kichler Lighting company). His tall, fit frame also conforms well with playing a gangster in a pinstripe suit, as he has done several times.

This whole immersion in acting happened much more by accident than by design. It began eight years ago, when a movie producer who was working on a set in Fort Lauderdale discovered Barry at a nearby bar/restaurant in Las Olas, a suburb. He was looking dapper in a well-tailored suit, bought from a high-end men's clothing store that needed him to model it for a magazine article. He was hanging around, waiting to meet up with a friend for a drink.

"She was more than an hour late, and I was three pinot grigios into Thursday night," he explains. "As I sat at the bar, I watched while the movie set was being prepared for a murder scene outside of a hotel. Then a guy approached me and said, 'I like your look, would you consider being in our movie?'"

Without giving it too much thought, Barry replied, "I don't know, maybe, if it's not too inconvenient."

The filming was going to extend late into the night and Barry had to catch an early flight to New York the next day. Instead, they arranged for a screen test when Barry returned five days later. They had him read lines for the part of a character with a foreign accent.

"I imitated my grandfather's voice since he was of Eastern European descent. They told me I'm a natural but I'm too sophisticated for the part, so they suggested a consigliere role. They asked if I thought I could be Italian. I said, no problem, I'm good at acting half-Italian, half-Jewish – I go to confession, but I bring my attorney, I joked."

The movie, titled "Exposure," was released in 2013 (available on DVD) and features Corey Feldman. It marked the beginning of many roles to come. Barry never hired an agent or joined the Screen Actors Guild (he says he doesn't need health insurance which drives some of its membership). What he focuses on instead is treating with kindness everyone on set, like the make-up people, editors, actors and set designers, "just like I did when I was working for the family business (Kichler Lighting, sold in 2018)."

He invests in some of the movies, which he admits "makes it easier to be cast in some parts." He has traveled far and wide for his roles, including locations in Brussels, London, Los Angeles, Anaheim, Cleveland, Birmingham, Oklahoma City, Miami and Fort Lauderdale.

Barry has several entertaining stories associated with acting, all unique to the craft. He tells of a time when there was a guitar in the room where the cast was rehearsing, so he picked it up and started playing. When asked if he had any original songs, he said he had a few and played "Joanie's Song," written about his ex-wife, later playfully referred to as "The Plaintiff's Song." The producers loved it, so he changed the name to "Nikki's Song," and he performed it in the movie "Exposure."

He also fondly recalls undergoing extensive make-up for a role in a sci-fi movie in which he was beaten up; and working on "All Terrain" with George Hamilton, a 3D, virtual-reality movie with a lot of special effects.

Lastly, after performing in a few horror movies, Barry attests to the belief that this genre may have the most loyal fans. "They go to conventions and have written to me for autographs."

Although he already can claim experience in a love scene, his dream role is the lead in a romantic comedy. "It was interesting and challenging, but not erotic at all. It was a heavily directed six-hour process for 30 seconds of film."

One consequence of his acting career is that he no longer watches movies as he did in the past, a condition that he compares to his life in commercial lighting.

"When you're in the lighting business, the first thing you do is look up every place you go to see which lights were chosen and who made them. Similarly, when you watch a movie as an actor, you notice the sound, lighting, faces and gestures in every scene."

Starting five years ago, Barry began splitting his time between Fort Lauderdale and Beachwood. Nearly two years ago, with the purchase of a new home in Florida and the restraints imposed by COVID, he began living in Fort Lauderdale full time, but still visits Cleveland regularly, where he has plenty of family and friends. He also has enjoyed hosting several class reunions at his former residence in Shaker Heights and now at a condo in Beachwood.

Barry's dream role: the lead in a romantic comedy. But he already can claim experience in a love scene. "It was interesting and challenging, but not erotic at all. It was a heavily directed six-hour process for 30 seconds of film."

Regarding retirement in general, Barry says he counsels a lot of people on the topic.

"They tell me they're afraid to do it, they'll have nothing to do. I insist that, after a few months, they'll be busier than ever. You do things you enjoy, you develop a routine, and your social circle can expand with classes and indulgences like hobbies. You can volunteer and join boards, too."

Aside from acting, his active retirement life includes Pilates classes, tennis, French cooking classes and travel. He also starts every day at a local coffee shop when it opens at 7:00 a.m. "I'm the first one there, and I read two newspapers and complete two or three crossword puzzles every morning."

Before retirement, Barry was inducted in the BHS Gallery of Success in 2009. Earlier in his career, he was named the

1996 Ohio Entrepreneur of the Year by Ernst & Young, Nasdaq and *USA Today*. He also serves on numerous boards in both Fort Lauderdale and Cleveland, including the Rock and Roll Hall of Fame and Museum, Playhouse Square, and Jewish Federation of Cleveland.

Going forward, Barry plans to continue honing his craft and seeing where his cinematic pursuits lead him.

Nancy Albert Mack

Cellist, Class of 1971

The cello waltzed into Nancy's life around the same time that her son Danny walked out to begin college. Leading up to this point, she had worked for 30 years as a controller for a property management company in Atlanta, Georgia, where she now lives. During this stretch, she also had spent considerable time accompanying Danny to all his violin lessons, where she took copious notes, beginning when he was five years old.

"I really loved it, so when he was graduating high school, I thought to myself, this has been such a big part of my life, I can't just let it go," she explains. "I loved the whole concept – the orchestra, the music and people getting together."

She tried playing Danny's violin and quickly discovered how hard it is. "I couldn't do it. So I thought, 'Oh, the cello must be easier,' although I don't know where that idea came from."

Around this time, her husband Michael surprised her with a cello as a Chanukah gift. She continued to think it would be "no big deal" to learn how to play it.

"I don't know why I had this thought, it's not easier than the violin! There is nothing easy about it! I originally figured, I'll learn where you put your fingers and I'll go like this with the bow and in six months, I'll sound like Yo-Yo Ma. I'm so stupid! I really believed that!"

Now, 18 years later, at age 68, she remains fully immersed with it, "still working, still trying and it's still hard." This statement, however, obscures her progress and success. Since retiring at age 55, the cello has played a central role in her daily life with many commitments, including teaching, playing in quartets and orchestras, performing for wedding gigs and attending workshops. She

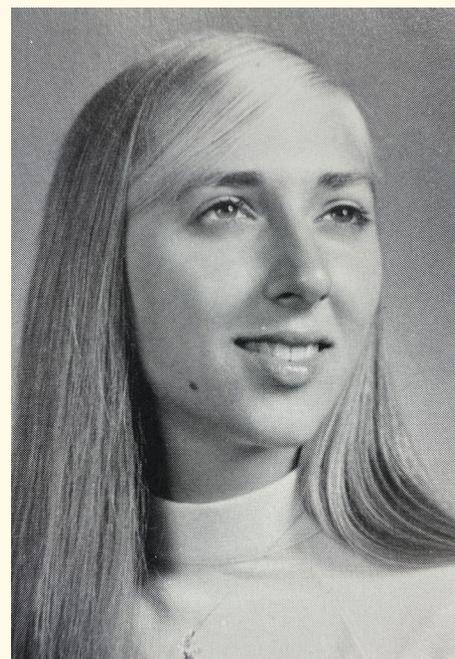
practices an hour per day, and often longer when there's an upcoming performance.

During the thick of the pandemic, she was delighted to participate in numerous virtual instructional and performance opportunities. One of them saw the creation of a stunning concert featuring more than 600 global cello participants playing "Adagio for Strings," by Samuel Barber. It's accessible by searching Global Cello Project or visiting <https://www.youtube.com/watch?v=0ly61HpQ3mU>. The collective is working on a soon-to-be-released recording of music from the "Pirates of the Caribbean" movie, where they'll all dress as pirates.

She also taps into CelloSpeak for its programming, designed to provide opportunities for enriching cello instruction. Additionally, she is an ardent follower of the the very talented duos 2Cellos and TwoSetViolins. She notes that she's also passionate about music composed by David Popper, who writes strictly for the cello.

Nancy believes the cello has proven to be a nice merging of the skills she honed in her previous job with the demands of playing music. "It's the accounting/organizing part of cello that I really like, meaning, learning the notes, putting the music on my computer and iPad and coloring my music because I'm very visual."

Making it sound like music, well, that's the



Nancy Albert Mack, BHS class of '71
"My favorite memories of BHS are all around music: Being in the choir, girls chorus, Goldtones, hanging out in the music room, and of course, being in the musicals *The Mikado*, *Oliver*, and *Once Upon a Mattress*."

creative part, she says, and she can safely enjoy the process as long as she's playing with others, not solo. What doesn't she like about the spotlight? "I don't sound like Yo-Yo Ma. It's that simple."

"You have to really want to do it. Reading music is hard. Plus, cellos play in three clefs and they're constantly changing. There's a lot to master. I'm 18 years into this and I'm still learning."

– Nancy Albert Mack

Nancy readily admits to the struggles that adult beginners face by picking up an instrument later in life. For those who are younger, the skills seem to arrive more smoothly.

"You have to really want to do it. Reading music is hard. Plus, cellos play in three clefs and they're constantly changing. There's a lot to master. I'm 18 years into this and I'm still learning."

How does she manage to wrestle with the difficulties? "I don't quit things. I don't know if it's the challenge or that I like completing something. I like seeing things to the end. For example, I'm a member of several different orchestras and I won't leave them. I stick with it."

She also knows that she's in good company among her fellow cellists. She belongs to a few Facebook cello groups and people frequently post videos of themselves playing. "I like watching those clips because they're real people like me and they're not amazing, they're good. They're working hard, and I like that."

As a later-in-life musician, however, she believes that she brings an extra degree of understanding to the students she teaches at a music academy in Atlanta.

"I'm not afraid to say, 'Don't worry about that mistake, we all make it,' then I convey some of the things I wasn't taught right away. I was doing so many things wrong for so long." Eventually, an excellent teacher came along and presented improved techniques that are now ingrained, she says, like those involving bow skills that produce a better sound.

"Having done so many things wrong gives me a better perspective," she adds. To share some tips and to promote her cello playing and instruction, Nancy maintains the website MainStreetStrings.com. She regularly posts "little tricks and other things to focus on."

Her whole journey began with one cello, she reports, then she traded up and traded up again. "It's like the cost of a small car," she mentions. Her current cello has an origin story, beginning with the time she attended an Association of String Teachers conference where there was a booth with cellos being sold.

"I made the mistake – because I make lots of mistakes – of asking to play the best cello," she says facetiously. "Big mistake! I took it home. This is my last cello for sure."



Aside from playing in two orchestras, several quartets, and in duos and trios, she has gig work for weddings and corporate events. She also serves on the boards of several musical groups, as the treasurer, of course. She attends numerous music camps throughout the year, and she takes virtual bowing lessons from an instructor in England.

While growing up in Beachwood, there was always music in the house. Her father frequently played classical recordings, and

her sister Karen Albert Mart gravitated toward the piano and began working as a professional pianist after earning her master's degree in music therapy. They've played together many times for a range of programs, some featuring classical music and others including songs from Disney movies.

With all the enjoyment that surrounds the cello, she has no doubt that music will play on into her distant future.

"Before it was my accounting life and that was pretty exciting, but it's my cello life now!"

Stuart Cantor

Watercolorist, Class of 1966

When Stuart Cantor was about eight years old, his mom gave him a choice: Take either art classes or tap-dancing lessons. He hated to dance, so he started spending Saturday mornings learning from instructors at the Cleveland Museum of Art. He was smitten.

By his junior year in high school, he was attending evening painting classes at the Cleveland Institute of Art (CIA). He was also influenced by BHS art teacher Jesse Lovano, who further exposed him to the joys and challenges of painting.

He soon realized that he wanted to turn his passion for art into a career, so he hatched a plan to apply to CIA to earn a fine arts degree after graduating from BHS. However, his father, an accountant, did not offer encouragement. "You wanna go to art school? What are you, nuts?" he recalls his father saying.

Stuart understood that he was expected to be an accountant, a doctor or maybe a lawyer. But he simply wasn't willing to head in that direction. Instead, he was determined to forge a career in the graphics side of advertising.

After earning his undergraduate degree (and receiving annual competitive scholarships to help fund his education), his first job was at American Greetings during a recession. He lasted six months. He was given a week to complete a greeting card, but he would finish in two days, and then he'd sit and stare out the window for the balance of the time.

"It was a terrible time. I had an annual salary of \$6,200. I thought, if I could just earn \$10,000 per year, that's all I'll ever need."

Next, he served for three years as an art director at Case Western Reserve University. "It was a wonderful job and if it had paid more, I would have lasted a lot longer."

His next string of jobs included positions at "nearly every agency in Cleveland." The average life span of an art director was about a year and a half, he explains, adding that when an account was lost, they would clean house until they picked up a new account. He says he'd finally had enough, so he and a partner started their own shop, Davidson Cantor and Co., located in Hudson.

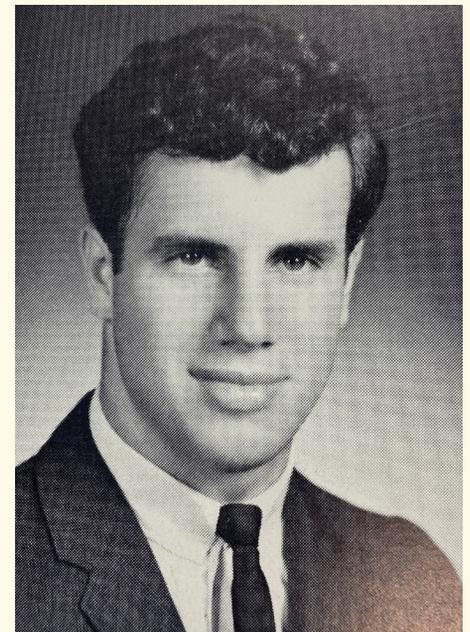
They later parted ways and Stuart opened a business that designed and produced specialized corporate packaging, often relating to new product introductions or sales kits. He worked primarily with Fortune 500 companies. "This was more lucrative and the 1980s were wonderful."

It was a nice way to make a living, but he says he was tired at the end of each day, and he wasn't working on any personal painting. In fact, he didn't paint for 30 years. A move to Sarasota, however, along with retirement 13 years ago, combined to present the ideal opportunity to re-awaken his painting muse.

"I was looking for something to anchor me, so I started watercolor painting again. It took some time, but it came back to me," he recalls. He regularly parks himself in a studio that was created out of an extra bedroom in the Sarasota condo he shares with Caryl, his wife of 33 years.

"Time goes by so fast when I use my watercolors, yet when I was working, time passed slowly. I find that I lose myself in my painting now. It's very ethereal and good for my soul. It's almost meditative when I work and play my music."

He tries to paint for about four hours, five days per week, although fishing sometimes gets in the way. So do chair yoga sessions and swim classes. He has won numerous regional awards for his work, and he exhibits his work nationally. Most recently, he had a painting appear in the CIA Alumni Exhibition this past summer at the Reinberger Gallery in Cleveland.



Stuart Cantor, BHS Class of '66

"My favorite memory of BHS is winning the Southgate Halloween Window Painting Contest for BHS with my old pal George Vourlojanis."

"I've never been bored a single day in my retirement. I wake up in the morning and say, 'What would I rather do, go out on a professional presentation or choose the color of my shorts when I get dressed?'"

Stuart's biggest challenge, however, relates to dealing with residual myelopathy, a serious neurological condition that involves damage to the spine. Twenty years ago, he underwent surgery to fuse three vertebrae in his neck. About five years ago, however, when he started dropping silverware and paint brushes, he thought, "Oh boy, the party is over. What am I going to do now?"

"Time goes by so fast when I use my watercolors, yet when I was working, time passed slowly. I find that I lose myself in my painting now. It's very ethereal and good for my soul."

– Stuart Cantor

To correct the problem, he had carpal tunnel surgery in both hands. He regained around 90% of the use of his hands and, as a consequence, his painting style adapted to his altered abilities.

"My approach became looser and a little better. I describe my style as impressionistic with the use of vibrant colors. I need to paint sitting down though, since I can't stand for long stretches," he explains.

To avoid Florida's heat, he often works indoors, from photographs.

"My goal is to pick out a composition, stare it down, and break it down into its basic elements; then piece it back together like a puzzle with my own personal touch."

He believes that all of his time spent working at advertising agencies offered plenty of chances to refine his artistic skills.

"In my day, you had to know how to draw. We used magic markers to do layouts, so when I first started painting in my retirement, my biggest concern was being able to bridge the gap between being a commercial artist who worried about where the headlines and type were going to be placed, along with body copy and margins for the magazines, and letting go of all that."

Adapting to changing circumstances is one of the hallmarks of Stuart's approach to life. He doesn't let obstacles overcome him. Dealing with his mobility challenges offer one such example.

"I can't walk real well, so I use a cane or a scooter if I need to go far. I also use a motorized trike (three-wheeler) since my balance isn't great. But I won't let it get me down. I gotta keep moving. You only get one shot. Also, I've always been a motivated person, always able to get started."

His home features 100 of his watercolors and some are viewable on his website, stuartcantor.com, which serves as his digital portfolio. He works mostly with transparent watercolors on Arches Hot Press Watercolor Paper. His art has earned numerous awards, most recent among them a 1st place in the 2021 Sun Coast Watercolors Society, which encompasses the entire west coast of Florida. He notes that Florida is a competitive area since many artists head there to retire.

Stuart says that he is consumed with thoughts of creating his own painting style and producing the pieces he's proud to hang on the wall. He can certainly retire any doubts because he clearly continues to accomplish his goals.



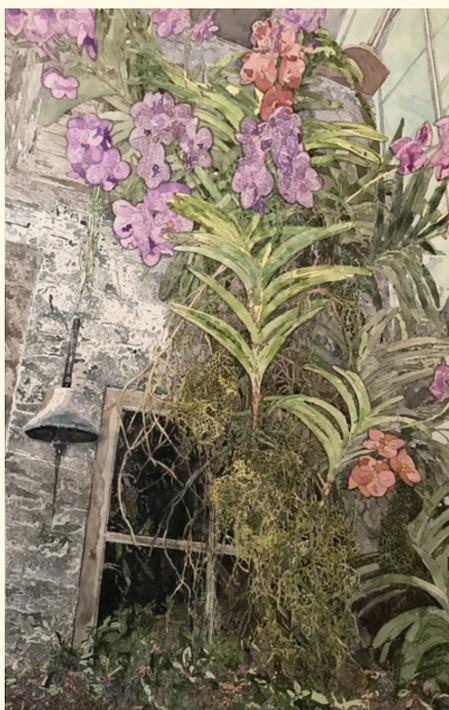
Stuart returned to Cleveland to attend the opening of the CIA Alumni Exhibition at the Reinberger Gallery, where he had a painting on exhibit.

Watercolor paintings:

Opposite page: "Galerie du Soleil," Honorable Mention, Fairmount Art Center Exhibit

Below, left: "Hanging Orchids," Second Place, Suncoast Watercolor Society, Aqueous Exhibit

Below, right: "Vieux, Quebec"



Join the overwhelming number of people endorsing Justin Berns for Mayor of Beachwood!

“Under the current Mayor, Beachwood has fallen to the 74th safest community in the region and has fallen from 3rd best to 12th best community in the region*. It is time to Restore the Safety and Reputation of Beachwood and that is why I am endorsing Justin Berns for Mayor of Beachwood.” - Former Mayor Merle S. Gorden

“Justin Berns will bring integrity and public service experience back into the Mayor’s Office. We enthusiastically support his candidacy.”
- Former Councilpersons Martin Arsham, Bob Bloom, Fred Goodman, Alice Jacobs, Mel Jacobs, Brian Linick, Mark Mintz, and Mark Wachter

Lois Arsham
Dalia Auerbach
Gary Auerbach
Linda Barnett
Carl Bennett
Maria Bennett
Barbara Berns
Jordan Berns
Lisa Berns
Wendy Binkofsky
Rachelle Bloom
Linda Blumenthal
Lori Bohm
Marvin Bohm
Esther Brown
Alex Cala
Emily Cala
Terri Cala
Diane Calta
Chris Cira
Debbie Cira
Bryan Cohen
Debbi Cohen
Herschey Cohen
Josh Cohen
Kim Cohen
Mair Cohen
Marcy Cohen
Larry Desatnik
Rozi Desatnik
Charles Deutchman
Helene Diamond

Amy Eisenberg
Steve Eisenberg
Gene Elconin
Wendy Elconin
Jennifer Ferns
Robert Ferns
Sallie Fine
Rev. Dr. Chelton C. Flanagan
Charisse Forte
Michael Friedman
Lisa Fullerton
Myrna Gill
Warren Gill
Harry Goldstein
Dr. Janet Goodman
Carey Gorden
Harriet Gorden
Estra Grant
James Grant
Marilyn Greenberg
Jon Gross
Ron Gross
Shelley Gross
Dr. Jeffrey Halpert
Laura Halpert
Allison Harris
Debbie Harris
Jon Harris
Julie Harris
Richard Harris
Donna Brown Houston
Don Isenstadt

Patty Isenstadt
Stevie Jacobs
Kenneth Kabb
Rachel Kabb-Effron
Brent Keilin
Dawn Keilin
Fern Kendis
Loren Kendis
Marc Krantz
Stacey Krantz
Sheri Fedor
Terry Fedor
Mary Jo Giancola
Don Horner
Sherrie Kantarovich
Carol Katz
Gary Katz
Kerry Katz
Igor Keselman
Inna Keselman
Dr. Sandeep Khanna
Stacy Kitay
Marci Kulberg
Ron Kulberg
Sandi Lefkowitz
Hal Levey
Jan Levey
Michael Lewin
Alison Linick
Bruce Mandel
Rita Mandel
Bill Mann

Laurie Marks
Robert Marks
Claudia Marmaros
Peter Marmaros
Jessica McCullough
Betsy Mercado
Jason Miller
Dr. Jill Miller
Dr. Josh Miller
Karen Miller
Lindsay Miller
Michael Miller
Julie Millstein
Dr. Michael Millstein
Elana Mintz
Nancy Mintz
Sylvia Morrison
Paul Morrison
Dr. Alex Namrow
Alicia Namrow
Andy Neidus
Bonnie Neidus
James Nemeth
Rosemary Nemeth
Lynda Newman
Nelson Newman
Gayle Novak
Ira Novak
Timothy O’Neill
Ben Peerless
Alise Peters
Ryan Peters

Manjit Raina
Bob Reiner
Michelle Reiner
Erica Remer
Erick Remer
Greg Resnick
Bette Rini
Jessica Rosenblitt
Dr. Paul Rosenblitt
Marvin Sable
Sharon Sable
Rick Schwartz
Sarah Schwartz
Mayor Brad Sellers
Frannie Shagrin
Sheila Shapiro
Matt Sharp
Meredith Sharp
Robin Shell
Stacey Shore
Steve Shore
Barbara Simon
Jeffrey Slavin
Suzanne Slavin
Donald Sneiderman
Marilyn Sneiderman
Jody Spero
Scott Spero
Jodi Spiegel
Stuart Spiegel
Dr. Roshni Sreedharan
David Steiger
Mindy Steiger
Dr. Rachael Sullivan
Cindy Sykes
Don Sykes
Lynn Tepper
Reed Tepper
Steven Terry
Jodi Tucker
Peter Tucker
Sally Wachter
Camille Warner
Derek Warner
Lindsey Walsh-Resnick
Fern Weiss
Andy Wolfe
Leslie Wolfe
Jodi Zawatsky
Lee Zion
Shelly Zion



**ELECT JUSTIN
BERNS
FOR BEACHWOOD MAYOR**

It’s Time to Restore the Safety & Reputation of Beachwood!

Paid for by the: Committee To Elect Justin Berns, Steven Shore, Treasurer, 25113 Bridgeton Dr. Beachwood, OH 44122

* According to a recent Cleveland Magazine article, June 2021

2021 Cleveland Jewish FilmFest

Presents Award-winning International Films, In-person and Virtually

From dramas and documentaries to comedies and short films, the 2021 Cleveland Jewish FilmFest, presented by Mandel JCC, will showcase more than 20 award-winning international Jewish films from countries including Israel, France, Argentina, and Norway. Running from October 14 through 24, Cleveland Jewish FilmFest, now in its 15th year, will feature a combination of virtual, drive-in, and in-person showings of films that offer viewers unique perspectives on issues that challenge the community.

"We had originally planned on returning to a full in-person season this year," said Deborah Bobrow, Mandel JCC's director of arts and culture. "After hearing feedback from our full virtual season last year, it was clear to us that offering films in a hybrid format provided access to a much broader audience."

Cleveland Jewish FilmFest is a highly anticipated community event – one that has been attended by more than 7,500 movie lovers annually over the past 15 years. Offering films virtually allows for a two-day viewing period.

FilmFest is pleased to present "Make Me a Sanctuary," a short film made by Beachwood filmmaker Jacob Pincus about Green Road synagogue (see article on page 26).

In-Person Viewing Opportunities

"Golden Voices," directed by Evgeny Ruman, is the featured film during the October 14 opening night, which has moved to the newly renovated Museum of Natural History's Murch Auditorium. Three films – "Plan A," "The Specials," and "Wet Dog" – will be shown at Cedar Lee Theatre, the festival's primary

home. Both venues will have limited capacities to allow for social distancing, and masks are required. Additionally, "The Crossing" and "Here We Are" will be shown as a drive-in format at Mandel JCC, on Sunday, October 17.

Announcing The Jack & Minda Audience Award

New this year is the creation of The Jack & Minda Audience Award, which will allow audiences to select favorite films using an online balloting system. The winning film will receive an encore screening at the Mandel JCC's Stonehill Auditorium following the festival. The endowment fund, established by Dr. Jack Jaffe (and recognizing his late wife Minda), will be an annual element of the Cleveland Jewish FilmFest.



Major Sponsors Include:

Cuyahoga Arts and Culture, John P. Murphy Foundation, The Harry K. and Emma R. Fox Charitable Foundation, Pamela and Craig Kahn, Sally and Larry Sears, Ohio Arts Council, Cleveland Israel Arts Connection of the Jewish Federation of Cleveland, and Jay Auto Group. Media sponsor is *Cleveland Jewish News*.

Tickets

Tickets are available online. Each ticket for a virtual film has a 48-hour viewing window. A limited number of all-access virtual film passes are available. For complete FilmFest details, visit mandeljcc.org/filmfest.

ELECT ANNE WALTON KELLER for Judge of Shaker Heights Municipal Court

Vote
November 2,
2021



- The **ONLY** candidate to serve as Magistrate and Acting Judge in the Shaker Heights Municipal Court
- More than 5 years service as a Magistrate in Shaker Court
- Extensive trial experience as a practicing attorney



Endorsed by:

Beachwood Mayor Martin Horwitz and other Mayors and Members of Council in the Court's jurisdiction • Shaker Heights Democratic Club • Cleveland Building and Construction Trades Council • FOP Lodge #57 • North Shore AFL-CIO Local 38, International Brotherhood of Electrical Workers

Judge4Yourself.com: the highest rated candidate in the race, rated "Excellent" by all participating bar associations.

Highly qualified. Unmatched Judicial Experience in Shaker Court.

**The Court serves: Beachwood • Hunting Valley
Pepper Pike • Shaker Heights • University Heights**

Paid for by the Committee to Elect Anne Walton Keller.



**BHS
Class of 1971
50th Reunion**

RESCHEDULED

August 26-28, 2022

Evites will be sent to classmates.

Questions or comments?

Please contact Paula Zavell Rollins at phonepr@aol.com or 216.789.3995.



School Bus Traffic, School Speed Zones, and Obstructing Crosswalks: Know the Laws

When approaching a stopped school bus from either direction, stop ten feet from the front or rear of the bus and do not proceed until the school bus resumes motion, or until signaled by the school bus driver to proceed. If the highway has four or more traffic lanes, a driver of a vehicle **NEED NOT** stop when a school bus approaching from the **OPPOSITE** direction has stopped to receive or discharge a child.

School Speed Zones: The speed limit is 20 MPH in school zones during school recess, and while children are going to or leaving school.

Abbreviated Law About Obstructing Crosswalks: No driver shall enter an intersection or marked crosswalk unless there is sufficient space on the other side of the intersection or crosswalk to accommodate the vehicle without

obstructing the passage of other vehicles or pedestrians.

When traffic control signals are not in place, the driver of a vehicle shall yield the right of way to a pedestrian crossing the roadway within a crosswalk. No pedestrian shall suddenly leave a curb or other place of safety and walk or run into the path of a vehicle.

When a vehicle is stopped at an intersection to permit a

pedestrian to cross the roadway, the driver of any other vehicle approaching from the rear shall not overtake and pass the stopped vehicle.



Who's running in Beachwood? Be sure to read the 2021 Candidates' Forum, which starts on page 55!



RE-ELECT
ALEC 
ISAACSON
BEACHWOOD CITY COUNCIL

As a Council Member I will:

- Keep Beachwood a safe, secure, and vibrant community
- Maintain a strong economic development program
- Ensure we remain fiscally responsible



See more at my website - PositivelyBeachwood.com

Paid for by the Committee to re-elect Alec Isaacson to Beachwood council. Lisa Cynamon Mayers, Treasurer, 26011 N. Woodland Road, Beachwood, OH 44122

Cleveland Clinic is changing everything about prostate cancer.



Zeyad Schwen, MD
Cleveland Clinic
Hillcrest Hospital

Cleveland Clinic is advancing care for men everywhere with smarter screening, more effective monitoring, better biopsies and breakthrough therapies for prostate cancer.

Although most prostate cancers grow slowly and don't spread, early detection is important. Annual screenings are recommended for most men beginning at age 55. For those at higher risk including men with African ancestry, certain genetic conditions, or a family history of cancers, we recommend screening begin between ages 40-45.

Screenings include a digital rectal exam and prostate-specific antigen (PSA) blood test.

"PSA tests are not always accurate in determining if prostate cancer is present. That's why Cleveland Clinic helped create a new, more accurate blood test – the IsoPSA® – that detects changes in PSA molecules. Depending on the results, additional testing may be needed to diagnose prostate cancer. If cancer is present, the treatment plan may include surgery or radiation, or active surveillance for patients with low-risk, slow-growing tumors," explains Zeyad Schwen, MD, at Cleveland Clinic Hillcrest Hospital, who is a fellowship-trained urologist with significant experience with treating and researching prostate cancer.

If a prostate biopsy is needed for further diagnosis, Cleveland Clinic now offers a new technique – transperineal biopsy, which goes through the skin instead of through the rectum as with traditional prostate biopsies. "The new transperineal biopsy technique practically eliminates the risk of life-threatening biopsy infections," says Dr. Schwen.

Innovative treatment options available for different types and stages of prostate cancer.

Most patients are candidates for robotic removal of the prostate, which can be done with the revolutionary single-port robotic system offered at Cleveland Clinic. "Single-port robotic surgery for prostate cancer can dramatically shorten the recovery time as well as the need for multiple incisions," states Dr. Schwen. "Most patients can go home the same day."

Select patients, about 10-15%, with less-aggressive prostate cancer may be candidates for high-intensity focused ultrasound (HIFU) therapy, which targets a specific area of the prostate rather than the whole gland. "HIFU produces fewer side effects than more traditional treatments," says Dr. Schwen.

Call 216.445.6246 to schedule an appointment with one of Ohio's top urology experts. Visit [ClevelandClinic.org/ProstateCancerCare](https://www.clevelandclinic.org/ProstateCancerCare) to learn more.

Safely dispose of your medications at Cleveland Clinic.

Safely removing unused medications from the home can be a vital step in both preventing drug abuse and decreasing accidental exposures. October 23 is National Prescription Drug Take Back Day, which aims to raise awareness of responsible means of prescription drug disposal and to educate the public about medication abuse.

As part of our commitment to curbing the epidemic of prescription drug misuse, Cleveland Clinic provides a safe method for disposal of medications that are expired or no longer needed. Any approved prescription medications are accepted, and disposals can be done anonymously at a Cleveland Clinic disposal kiosk. Disposal kiosks are available in select pharmacies during pharmacy hours.

East Side Cleveland Clinic Disposal Kiosks located at:

- Beachwood Family Health and Surgery Center Pharmacy
- Hillcrest Hospital Pharmacy
- Independence Family Health Center Pharmacy
- Marymount Hospital Pharmacy
- Stephanie Tubbs Jones Health Center Pharmacy
- Twinsburg Family Health and Surgery Center Pharmacy

Cleveland Clinic is here to be your pharmacy for life. For a full list of Cleveland Clinic pharmacies, services and hours, visit [ClevelandClinic.org/Pharmacy](https://www.clevelandclinic.org/Pharmacy).

Injured during the big game or practice?

Cleveland Clinic Sports Medicine is committed to keeping athletes in the game. Our team offers a Saturday Sports Injury Clinic for athletes at the Ortho Express Care™ Clinic in Garfield Heights.

A Sports Medicine team physician will be onsite to provide specialized care for your athlete's injury. If necessary, expedited access to Cleveland Clinic specialists is also available.

When: Every Saturday through Oct. 23, 2021

Where: Cleveland Clinic Sports Health
5555 Transportation Blvd., Garfield Heights

Time: 8 a.m. – 11 a.m.

No appointment necessary. For more information, call 216.518.3475.

FOR EVERY HAPPY & HEALTHY LIFE



Cleveland Clinic Hillcrest Hospital is, once again, a top-ranked hospital in Ohio.

2021-22 U.S. News & World Report

[ClevelandClinic.org/Rankings](https://www.clevelandclinic.org/Rankings)

100
YEARS
EST. 1921

 Cleveland Clinic

Mind Challenge is Ahead of the Game

By Arlene Fine



Q. What entertaining and stimulating program is taking Cleveland area senior centers by storm?

A. Mind Challenge for the New Majority

The brainchild of former broadcasting executives Art Greenberg (Beachwood High School class of '66) and Phil Levine, the Mind Challenge has captured the hearts and minds of seniors 50 and older in Northeast Ohio.

Introduced in 2019, the program involves a series of trivia contests held at community senior centers. Modeled after the NCAA's basketball tournament, community center teams are asked a series of trivia questions by Lana Oriani, of "Get Lucky Trivia."

Competing teams must make their way through six tournament rounds:

1. Team-Formation Rounds
2. Knockout Round
3. Smart-Sixteen Round
4. Elevated Eight
5. Fact-Finding Four
6. Championship Round

"The Mind Challenge is a win-win for everyone and provides an excellent opportunity for people to socialize, meet participants from other cities, and keep their minds sharp," said Art. "There are four to six players per team and teammates collaborate to find solutions. This is not like Jeopardy; it is a true team activity."

The recent 2021 tournament spanned six weeks, from July 12 to August 17. It drew 300 participants, representing 52 teams from 30 senior centers. Beachwood's team consisted of six players who came from diverse backgrounds.

"Our players contributed in different ways based on their knowledge of a particular subject, whether it was sports, the arts, pop culture, history, current events or science," said Susan Gordon Merdler, Beachwood's senior adult manager. "There was a great deal of camaraderie as Beachwood Community Center's team advanced through several rounds. This is an exceptional opportunity and I hope Beachwood's team will be even bigger next year."

Extensive media coverage has helped promote Mind Challenge, which continues to attract new teams and players. "The more people a senior center can recruit for its teams the better chance they have of

winning," said Phil. "Our teams have included elected officials, a woman who worked for the late Alex Trebek, John Carroll University professors, and even a gentleman who played on Jeopardy in the 1980s."

Along with correctly answering trivia questions, there is strategy involved in scoring the most points. Teams have 90 seconds to consult with each other and can bet between one and six points for each answer. "If the team is sure of its answer, then they bet the full six points which boosts their final score," said Art.

This is an exceptional opportunity and I hope Beachwood's team will be even bigger next year.

Generous sponsors underwrite the program. Every player gets a T-shirt, and winning teams score financial prizes and trophies for their city or senior/community center. Gift cards, tickets and other

prizes go to winning teams or individual players. The Broadview Heights 2021 championship team took home the top prize of \$2,500.

As one of the Mind Challenge sponsors, Western Reserve Area Agency on Aging (WRAAA) is impressed with the program's success. "What makes the Mind Challenge so special is the opportunity for seniors from different areas of town to meet, compete, form new friendships and have fun," said Crysta Willis, WRAAA Community Outreach Coordinator. "We are so proud of all the participants and are grateful for the opportunity to be part of this program."

To participate on the 2022 Beachwood Mind Challenge Team, contact Susan at susan.merdler@beachwoodohio.com or 216.292.1911. The 2022 Tournament begins on May 9 and will run for 6 weeks. Look for information in the 2022 Winter/Spring Beachwood Upperclassmen.



Members of Beachwood's Mind Challenge team compete at the Solon Community Center.

Test Your Trivia Knowledge

Sample Mind Challenge questions:

1. What U.S. president is on the right side of Mt. Rushmore?
2. What Caribbean country is the largest by population and square miles?
3. What is the capital of Maine?
4. In 1961 the Cleveland Indians traded Rocky Colavito to the Detroit Tigers for what player?
5. What was found in Egyptian tombs that was still edible after 3,000 years?

1. Abraham Lincoln; 2. Cuba; 3. Augusta; 4. Harvey Kuenn; 5. Honey

RE-ELECT MAYOR HORWITZ

KEEP BEACHWOOD STRONG



“Mayor Horwitz is an experienced, dedicated leader whose hard work has made Beachwood one of our premier communities.”

- Shontel Brown

PROUDLY ENDORSED BY:

Cuyahoga County Executive Armond Budish
Cuyahoga County Councilwoman Sunny Simon
Cuyahoga County Democratic Party
Beachwood Democratic Ward Club



ON TUESDAY, NOVEMBER 2ND, *Vote for Mayor*
MARTIN HORWITZ

Early voting starts Oct. 5th • Request your ballot/update your registration at MayorHorwitz.com

Leadership to keep Beachwood **SAFE, STRONG & SUCCESSFUL**

- ✓ Major investments in state-of-the-art police, fire and rescue equipment, security technology and staff
- ✓ Home prices are up over 38% in the past 5 years
- ✓ Over \$18 million in residential and \$400 million in commercial construction over the past 4 years
- ✓ Expanding city services, repairing critical infrastructure, and prioritizing sustainability
- ✓ Attracting world-class businesses like GE Current to transform Commerce Park
- ✓ The largest residential growth of any city in the county



WWW.MAYORHORWITZ.COM

Paid for by Friends of Mayor Martin Horwitz

Hometown Heroes

On Sunday, September 5, the City of Beachwood and Beachwood Historical Society hosted its Hometown Heroes Ceremony at the pavilion in Beachwood City Park West to celebrate heroes who live and work in our community. Families and friends of the heroes were also honored at a lovely reception following the ceremony.

“These individuals are devoted to their work and are dedicated to helping others,” explained Rosemary Nemeth, Beachwood Historical Society president. “They display courage, care, and concern, and do ordinary things in extraordinary ways. We all need heroes in our lives to look at as role models.”

At the event, eight Hometown Heroes were recognized and a special garden was unveiled in their honor. Join us in celebrating these local heroes!

Medical Hero

Dr. Joshua S. Miller



Joshua S. Miller, DO, FACP, is vice president of Regional Hospitals and Family Health Centers

at Cleveland Clinic, where he oversees daily operations of more than 50 ambulatory centers throughout Ohio, encompassing more than 2.5 million patient visits per year. Dr. Miller has served on both the Medina Hospital and Ashtabula County Medical Center Boards, which are part of the Cleveland Clinic’s regional hospital system. He is currently a board member for Medwish, a not-for-profit organization that saves lives and the environment by repurposing discarded medical supplies and equipment to provide humanitarian aid to people in need. He also trains physicians through Cleveland Clinic’s Center for Excellence in Healthcare Communication, and continues to be an advocate for improving the patient experience while speaking nationally on this subject.

As a board-certified internist, Dr. Miller has a passion for building relationships with his patients by focusing on wellness and disease management.

He is a Fellow of the American College of Physicians and has been named a Top Doctor by Cleveland Magazine since 2006.

Dr. Miller was instrumental as part of a Beachwood Schools Task Force Team in ensuring the safety of all Beachwood students for their re-entry into the schools during the pandemic. He attributes its success to the leadership of Dr. Bob Hardis and the rest of the Beachwood School Board.

He is most proud of his family: his wife, Dr. Jill Miller, and three children, Maddie, Jack and Sydney, all of whom attended Beachwood schools. They are his true heroes.

Military Hero

Fred Isenstadt • Navy Officer • Being Honored Posthumously



Fred Isenstadt was a dues-paying member of the Greatest Generation. During World War II, he was a lieutenant in the U.S. Navy. As an officer, he served in the South Pacific from 1942-1945, and survived events that soldiers do not discuss. Fred always said that he had luck on his side.

After the War, he married Sally Weinberg, served his community as a member of the Beachwood School Board from 1958-1969, and was often seen swimming laps in Beachwood’s indoor and outdoor pools.

With his partner, Fred built approximately 2,000 single

family homes throughout the Cleveland metropolitan area and eastern suburbs. He was among the first in the area to build planned communities that included parks, playgrounds, and other amenities.

Fred was a hero who served our country and community.

Vicki Lefelhocz



Vicki always lends a helping hand and keeps Beachwood Middle School running smoothly. As

BMS secretary, she is dedicated to children and learning, and goes above and beyond to serve students, staff and community members. Vicki grew up in Wickliffe and attended John Carroll University, where she earned an M.Ed. in language arts and reading. Before working at BMS, she was the assistant managing editor at Business Laws Publishing in Chesterland. Prior to her current job, she worked in Beachwood as a tutor and library aide, and has served the district for 16 years. Vicki resides in Willoughby Hills with her husband and daughter.

Diana Romanoff



Diana extends herself to meet the needs of stakeholders at Hilltop Elementary

School in many different ways. She embodies what it means to be a team player and is always willing to do what it takes to help every student to reach his or her potential.

Diana earned a Bachelor’s of Science in Elementary and Special Education, as well as a Master of Arts in Education/ Curriculum and Instruction.

She’s been teaching for 26 years, 14 in Beachwood as an intervention specialist. Diana received an award from the Greater Cleveland Council of Teachers of Mathematics for Outstanding Mathematics Educator-Intervention Specialist in 2018. She and her husband John have been married for 23 years. They have two daughters, Hannah and Grace.

Lieutenant Michael Iacobucci



Congratulations to Lieutenant Michael Iacobucci, who was named Beachwood’s

2021 Firefighter of the Year. Lt. Iacobucci recently completed his 22nd year with the Beachwood Fire Department. He was appointed to the SWAT team in 2000 as a SWAT medic and serves in that capacity today. He was promoted to lieutenant on May 12, 2012, and is responsible for EMS and infection control. He also acts as liaison with our medical-control hospital.

Lt. Iacobucci also schedules recertification and monthly continuing-education training, maintains the department’s drug license, monitors its drug replacement program, and leads the committee to design and equip our newest rescue squads. He also ensures that our department has proper PPE to protect crews in the field.

"Mike's attention to detail has allowed him to excel in all of these areas," said Fire Chief Steven Holtzman. "His dedication to the safety of our department members is greatly appreciated, and we are proud to have selected him for this honor."

Dispatcher Erika Westbroks



Dispatcher Erika Westbroks is the calm voice on the other end of your 9-1-1 call, and has distinguished herself as a literal lifesaver within the dispatch center. Earlier this year when Erika realized her co-worker was choking and unable to breathe, she immediately performed the Heimlich Maneuver, using her training and calm demeanor to save her fellow dispatcher's life. Erika was presented with the Beachwood Dispatch Lifesaver Award and a pin to acknowledge her extraordinary actions. Less than a month later, she was commended for rescuing a young child she saw while she was driving to work. The child was unaccompanied and inappropriately dressed for freezing temperatures.

Officer Luis Reyna



In only three years with the Beachwood Police Department, Officer Luis Reyna has

distinguished himself as a valuable member of the BPD. Despite his brief tenure, his demeanor, professionalism and constant drive for excellence resulted in his selection as a field-training officer. He was appointed to the EDGE Bomb Unit shortly after being hired, and he continues to seek opportunities to expand his knowledge and experience.

Officer Jacob Bertone



Beachwood Police Department Officer Jacob Bertone is a consistent performer who is eager to assist

with any request. He currently serves on the EDGE SWAT Unit, which regularly provides assistance to participating departments throughout the region. He is an Agency Defensive Tactics instructor and was recently appointed Firing Range instructor. When staffing levels allow, he will be assigned to the SPEAR Unit. Until then, he takes every opportunity to assist the SPEAR Unit with its cases.



"I thank Mayor Horwitz and Councilpersons Eric Synenberg and Alec Isaacson for collaborating with Beachwood Historical Society to formulate this vision into a reality. Also, special thanks to Derek Schroeder, Shannon Diamond and Michelle Miller for designing the beautiful signage; and the Beachwood Public Works Department for planting the bushes and shrubs that were donated by Beachwood Historical Society."

– Rosemary Nemeth, president, Beachwood Historical Society

JOSHUA MINTZ

Believes in Beachwood

**Our City • Our Schools
Our Community**



Experience Counts

- Commercial Real Estate Background
- Community Involvement
- Served a decade on the Beachwood School Board
- Charity Involvement

My top priorities are to focus on economic development, safety and security.

- I will work with Beachwood Place and business leaders on redevelopment, stability and safety. I have the experience, and know the importance of economic development and what it means for our city and schools.
- I will prioritize safety and security of all our residents, religious institutions and the visiting community.

As a member of City Council, I will listen, continue to have an independent voice that represents your needs, and will apply a hands-on approach to honor the Beachwood tradition.

On November 2, I respectfully ask for your vote.

VOTE MINTZ

Elect Joshua Mintz for Beachwood City Council

10 years serving our schools and community on Beachwood School Board

Paid for by Committee to Elect Joshua Mintz • Martin Gecovich, 25300 Twickenham Drive, Beachwood OH 44122



Happy Halloween

Halloween is around the corner, and the Beachwood Police Department reminds the community that official trick-or-treat hours are Sunday, October 31, 6:00-8:00 p.m., and that police officers will be out in full force. Here are some alternate ideas for celebrating the holiday:

- A field trip to Sweeties, All City Candy, or both, and a candy scavenger hunt.
- A Halloween campfire, with costumes and decorations.
- A socially distanced pumpkin-carving party with prizes and candy.
- Buy a big bag of your favorite candy and splurge!
- Create new traditions with candy and baking.
- Make s'mores and watch a Halloween movie, like *Hocus Pocus*.
- Have a family movie night, with everyone dressed up in costume.
- Organize a neighborhood "trunk or treat," where everyone decorates their car in a parking lot, opens their trunk, and lets kids go from car to car and take candy.



Unity Health Network Adds Physicians, Office in Beachwood

Accepting new patients for immediate appointment scheduling. Walk-ins are welcome.

The city of Beachwood welcomes Unity Health Network, which expanded with a new Primary Care office in Beachwood. Primary Care physicians Sleiman S. Abukhater, MD, and Brennan David Kruszewski, MD, are now serving patients in the Parkway Medical Building North, 3609 Park East Drive, Suite 517.

Dr. Abukhater received his Bachelor of Science in Biology from Baldwin Wallace University and earned his medical degree at the Medical University of the Americas and Avalon University School of Medicine. He then completed his Family Medicine Residency at West Virginia University/Wheeling Hospital in West Virginia. Dr. Abukhater is board certified by the American Board of Family Medicine. While in residency, he was specially trained in preventative medicine, and common in-office procedures such as joint/trigger point injections and cryotherapy. Dr. Abukhater is a member of the American Academy of Family Physicians and the Association of American Medical Colleges.

Dr. Kruszewski is a native of northwestern Pennsylvania and graduated from the University

of Notre Dame. He earned his medical degree from Emory University School of Medicine and completed his Internal Medicine residency at University Hospitals Cleveland Medical Center. He is trained to provide comprehensive primary care services, including special training in joint injections, skin biopsies, and removal of warts and other skin lesions, as well as traditional sick visits, wellness consultations, physical exams, telehealth chats, and women's health. He is a member of the American Medical Association, American College of Physicians and Catholic Medical Association.

Unity Health Network in Beachwood is now accepting new patients for immediate appointment scheduling. Walk-ins are welcome. For more information or to make an appointment, call 330.926.3373.



Sleiman S. Abukhater, MD



Brennan David Kruszewski, MD

About Unity Health Network

Unity Health Network is the largest independent medical group in Northeast Ohio, consisting of an extensive scope of physicians dedicated to providing the highest quality comprehensive care in the region. Built around a primary care core, Unity Health Network brings together physicians, healthcare providers and treatment facilities to offer a

broader and more accessible level of care for patients.

The multi-specialty group offers patient-centered care with services including Family Practice, Dermatology, General Surgery, Gynecology, Internal Medicine, Infectious Disease, Kidney Disease, and Hypertension, Neurology and Neuroscience, Orthopedic Surgery, Otolaryngology,

Pediatrics, Physical Medicine, Podiatry, Psychiatry, Pulmonology and Critical Care Medicine, Sleep Medicine, Rehabilitation Medicine, and Rheumatology. Unity Health Network physicians provide continual care services through hospitals and nursing facilities in the region.

For more information, visit unityhealthnetwork.org.

Who are the Beachwood candidates? Be sure to read the 2021 Candidates' Forum, which starts on page 55!



PRIMARY CARE IN BEACHWOOD

QUICK APPOINTMENT SCHEDULING FOR NEW PATIENTS



Family Medicine
Internal Medicine
& Pediatrics



Brennan David Kruszewski, MD
Internal Medicine



Sleiman Abukhater, MD
Family Medicine

Walk-in patients welcome!
Most insurance plans accepted.

Our Unity Health Network providers and staff offer convenient, comprehensive treatment to meet your healthcare needs. Let our highly-skilled team be your choice for a wide variety of care services, including:

- Sick visits
- Wellness consultations
- Physical exams
- Telehealth chats
- Women's health
- Joint injections
- Skin biopsies
- Removal of warts and other skin lesions

SCHEDULE AN APPOINTMENT TODAY! (330) 926-3373

NEW OFFICE IN BEACHWOOD!

Parkway Medical Building
(North Building)
3609 Park East Drive
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Did Redistricting Work? Is it Over?

by State Representative Kent Smith



What began with grand optimism on Election night 2015 ended in profound disappointment at midnight on September 15. When State Issue 1 passed in 2015, with 71% of the vote, it changed the redistricting process. The goal of State Issue 1 was to generate a map that more accurately reflects the political views of all Ohioans. The new process was supposed to facilitate cooperation between the two political parties by creating the incentive to compromise.

State Issue 1 contained new criteria for the map makers such as representational fairness and keeping communities together. Representational fairness means districts should attempt to reflect the party loyalty of Ohio voters. If you analyze election results over the past decade, you will see that Republicans got 55% of the vote and Democrats 45%. But in the Ohio General Assembly, Republicans have 63% to 36% membership advantage.

The new state legislative maps were approved 5 to 2 – along

political party lines. Because there was not Democratic agreement with the final version, the “new” districts will only have a four-year lifespan instead of the usual ten.

One of the weaknesses of the approved map is it reduced Cuyahoga County from 11 full State House seats to 10, because the GOP map drawers overpopulated the ten Cuyahoga districts. They packed our population into fewer seats, which will reduce the Cuyahoga County voice in Columbus.

Following the November 2022 election, Beachwood will be in the new House District 21 with Cleveland Heights, East Cleveland, Highland Hills, North Randall, Shaker Heights, Warrensville Heights, Woodmere, and three precincts from Cleveland Ward 1; and in the new State Senate District 21 with 26 other Eastside Suburbs.

This story may not be over. There will likely be arguments in front of the Ohio State Supreme Court, which could lead to an order to draw the map again.

This story may not be over. There will likely be arguments in front of the Ohio State Supreme Court, which could lead to an order to draw the map again.

State Representative Kent Smith represents Ohio’s 8th House District which includes Beachwood, Euclid, South Euclid, Richmond Heights, East Cleveland, Woodmere Village, and a little bit of the City of Cleveland.

ERIC SYNENBERG FOR BEACHWOOD CITY COUNCIL



Pictured with Eric (left to right): Nick Petty, Michael Friedman, Beachwood City Councilwoman June Taylor, Cuyahoga County Councilwoman Shontel Brown, Ben Peerless.

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BAKED by Abbie

Spice It Up

According to Wikipedia, gingerbread refers to “a broad category of baked goods, typically flavored with ginger, cloves, nutmeg and cinnamon, and sweetened with honey, sugar or molasses ... and range from a soft, moist loaf cake to something close to a ginger snap (a biscuit flavored with powdered ginger, cinnamon, molasses and clove).”

The meaning of gingerbread has evolved over time and came to the Americas with settlers from Europe. Molasses, less expensive than sugar, soon became a common ingredient and produced a softer cake. The introduction to this quick recipe sums up this treat quite well: “Nothing says home and comfort like a warm square of moist gingerbread.”

As the leaves begin to turn, I hope you will try this cake. It’s a winner.



Gingerbread

Adapted from King Arthur Flour’s Whole Grain Baking

Ingredients

- 2 ¼ cups traditional whole wheat flour or whole wheat pastry flour
- 1 tsp baking soda
- ½ tsp salt
- 1 tsp ground ginger
- 1 tsp ground cinnamon
- ½ cup (1 stick) unsalted butter, melted
- ¼ cup granulated sugar
- 2 tbsp brown sugar corn syrup (or substitute with honey, maple syrup, or molasses)
- 1 large egg
- ¾ cup molasses
- 1 cup buttermilk
- ½ cup minced crystallized ginger (optional) and/or large pieces to garnish
- 1 cup raisins and/or chopped walnuts (optional)

Directions

- Pre-heat oven to 350°F and grease and flour a 9” square* pan.
- Whisk together the flour, baking soda, salt, ginger and cinnamon in a medium bowl.
- With a large spoon or spatula, stir together the butter, sugar, corn syrup (or substitute), eggs, molasses and buttermilk in a larger mixing bowl.
- Stir in the flour mixture until the batter is evenly moistened and lump free.
- If using, mix in ginger, raisins and walnuts.
- Pour batter into the prepared pan and bake until the center is set, about 45-50 minutes.
- Remove from oven and cool for 15 minutes. Delicious served warm. Goes well with ice cream, whipped cream and/or caramel sauce.

Notes

- If you use an 8” square pan, fill ¾ and make two cupcakes with the leftover batter. Bake at the same time, just note that the cupcakes will be done in 30-35 minutes.
- When using whole wheat pastry flour, texture will be brownie-like.



Abbie Nagler Sender is the owner of BAKED by abbie, a licensed, Beachwood-based home bakery that offers customized baked goods with a Jewish twist. For more information, visit www.BAKEDbyabbie.com and like her Facebook business page, BAKEDbyabbieCLE.

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"Make Me a Sanctuary"

Green Road Synagogue: Remembering Those Who Came Before

Jacob Pincus (Beachwood High School grad, class of 2021) is an aspiring, talented filmmaker. Since 2018, he has been working on a documentary about Green Road Synagogue, "Make Me a Sanctuary," which was premiered on August 10 at the new building's dedication ceremony. The 16-minute documentary focuses on the founding of the synagogue by Holocaust survivors in the early 1970s and the synagogue's transition to becoming the leading modern orthodox synagogue in Cleveland.

"When I learned about plans for Green Road Synagogue's new building, I presented the idea of creating a film to Ari Jaffe, the synagogue's former president, who supported the project and became co-producer," Jacob told us. "I wanted to do something valuable that people would care about."

"Green Road Synagogue has a rich history and is a tremendous part of Beachwood," he added. "I created the film to remember and honor those who sacrificed so much to give us what we have now."

"I created the film to remember and honor those who sacrificed so much to give us what we have now."

The film took a few years to create because Jacob sat on the footage and waited until the new building was completed. Many interviews are also included in the film, including those from Beachwood residents: Rabbi Binyamin Blau, Green Road

Synagogue president; Adina Kleinman, building chair; Steven Soclof; and Holocaust survivors Sarah and Louis Radzelli, founding members who have since passed away.

"The film isn't about the new synagogue, it's about remembering individual stories, the history of the congregation, and how the congregation came to need a larger and updated building because of growth," Jacob explained. "It's about remembering individual stories, preserving the history of the congregation, and documenting how they came to need a larger, more updated building."

He paused, then added, "The film recognizes people who sacrificed a lot to be here, and we want to remember their origin."

"Make Me a Sanctuary" was accepted in the 2021 Cleveland Jewish FilmFest, presented by Mandel JCC, which takes place October 14-24. (For details, see page 13.)

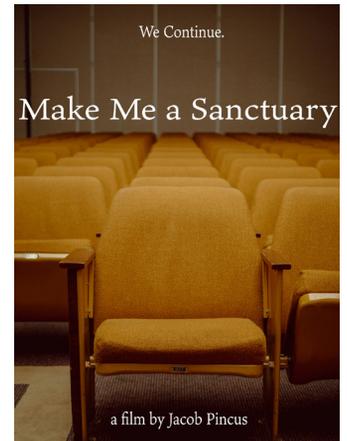
Jacob also created several short films, including "Stronger than Steel" and "Last Stop."

"Stronger than Steel" is about the aftermath of shootings at Tree of Life Synagogue. The film documents thousands of people in Pittsburgh, coming together three days after the shootings to protest hate and violence. It explores that even after tragedy, there is hope in this divided nation.

"We lived in Pittsburgh and were active Tree of Life members," Jacob shared. "After the shooting, we went back to be with our community. I took my camera,



Filmmaker Jacob Pincus



filmed thousands of people who came together to protest hate and violence, and sat on the footage for six months."

As a hopeful rebuttal to this very unfortunate, tragic event, Jacob then edited his raw footage. "It was very therapeutic," he said. "I released it with hope of bringing some sort of peace in some small way. That's what I try to do."

"Last Stop" is a short narrative that was made during the pandemic shutdown. Both films were featured in festivals across the country and have won awards.

To view Jacob's films, including "Make Me a Sanctuary," visit Cove Films on Youtube.

Jacob is now taking a gap year in Israel. He then plans to attend University of Southern California to major in film production. To view Jacob's films, including "Make Me a Sanctuary," visit Cove Films on YouTube.

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- Serving second term on Board of Directors
- Fourth-generation Fairmount Temple family

Laura is an innovative and creative problem solver who is dedicated to ensuring a user-friendly court where justice for all truly means justice for all.

<https://www.creed4judge.org>

Paid for by Neighbors for Laura Creed,
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Daring Greatly

by Jennifer Stern

I have been thinking about what it means to live bravely, confidently, with an open heart and mind. *Daring Greatly*, a book written by Dr. Brene Brown, encourages us to embrace vulnerability as strength, to see imperfections as stepping stones, and to live in a wholehearted, authentic, brave way. I first read this book in 2013. It continues to resonate.

“Because true belonging only happens when we present our authentic, imperfect selves to the world, our sense of belonging can never be greater than our level of self-acceptance . . .”

Living authentically, embracing our vulnerabilities and imperfections instead of trying to hide or mask them. Ahhh ... exhale. How much energy we save by just embracing and being true to ourself.

Theodore Roosevelt’s speech, *The Man in the Arena*, opens, “Daring Greatly.” I consider his

message often when I worry about being judged, feel as though I’m failing or falling short, or when I am feeling vulnerable or have heightened awareness of my flaws, imperfections or vulnerabilities. I have shared Roosevelt’s *Arena* speech with family, friends and clients, encouraging them to connect to and lead from their unique strengths (something my Mom used to say), and to live life in the arena. To not pay attention to the critics (self or other), but instead to dare greatly.

So, I guess living bravely and confidently with an open heart and mind is about showing up. Being true to yourself, accepting yourself, flaws and all. Creating your own unique path and honoring yourself along the way.

There is nothing braver, scarier, or more fulfilling than living life in the arena. I admire those who do, and I continue to try, one day at a time, to find the courage to roll up my sleeves, to strive valiantly, and to never give up even when I fall. To try and

live my life authentically and wholeheartedly, accepting myself and cheering for those who are brave enough to do the same.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243, or visit www.transformativegrief.com and sign up for monthly posts.

The Man in the Arena

Theodore Roosevelt

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

“The greatest danger for most of us is not that our aim is too high and we miss it, but that it is too low and we reach it.”
~ Michelangelo



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A Family Affair: Three Generations of Adelmans Take the Field Together

By Alan Kornspan

Over the past few decades, the business of sport has overemphasized winning and qualifying for athletic scholarships. What's been lost is the opportunity to bring families and communities together, not for the joy of victory and defeating others, but to allow athletes to spend time with loved ones and to create cherished memories together.

Since the start of the pandemic, we've all had time to slow down, reflect, and consider what is truly important. For decades, The Beachwood Men's Softball League has emphasized the importance of family. In fact, Jim Heller, the longest-standing commissioner, has stressed "family participation" since the beginning of his tenure over 30 years ago.

At a softball game early in August, the importance of family was evident.

"I know of no other league that allows a father/son combination," said Dr. Larry Wolkoff, manager

of the Blue team. "Every team in this league includes family ties. It's really a tribute to the league's commissioners, Larry (Adelman), Jim (Heller), Dick (Cohen), and Ed (Bernstein), for supporting this culture."

On a hot and humid August morning, three generations of Adelmans joined together on the diamond at Hilltop School to play a double header: Larry, his son, Todd, and his grandson, Reid.

"It's always a thrill to play with Todd, my son-in law, Leland Vincent, and my grandkids," Larry said. "There is nothing better than that."



Larry was a standout competitive player who played high school baseball at Cleveland Heights High School and went on to play college baseball on scholarship at Ohio University, and then at The Ohio State University.

He entered the Beachwood Men's Softball League at age 37, after playing sandlot hardball and major slow softball for 14 years. He became the league's first draft pick, and the following year won the batting championship.

Larry played competitively in the league until 2011, when he retired from the game and became a league commissioner. Both he and Todd are members of the JRC Hall of Fame and the Beachwood Men's Softball Hall of Fame.

"I grew up watching my dad play in this league, and am now so fortunate to be playing with my son and my brother-in-law," Todd said. Plus, my dad came in to play with us today, which was truly an honor!"

As an observer of this memorable event, it was not difficult to see from where Todd and Reid got their athletic talent. In fact, they both hit home runs! Additionally, Reid had a great



Larry, Reid, and Todd Adelman; Larry and Dr. Larry Wolkoff.

season at the plate, hitting .617 with 5 home runs and 26 RBIs.

"I have been going to Sunday games ever since I can remember," said Staci Vincent, Larry's daughter. "I recently ran into a friend I hadn't seen in 30 years, and she asked about my dad, saying that he was the best coach of all time.

"It's been a joy to watch him play over the years," she continued. "I look forward to the day when he comes back out to play with my younger son."

Positive interactions with family and friends, like those evident in the Beachwood Men's Softball League, stand out in our community. This league and family ties contribute to making Beachwood so special!

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Beachwood Arts Council

Community Concerts, Exhibit, Tour and Workshop



Lou Armagno & Dianne Palmer with "Sinatra Selects"

Sunday, October 24 • 2:00 - 3:00 p.m. • Beachwood Community Center

The talented singing team of Dianne and Lou, along with their wonderful quartet, "Sinatra Selects," will bring you a delightful hour of some of Frank Sinatra's best-loved songs that are sure to make you smile. Free! Masks required.



The Night Owls

Sunday, December 5 • 2:00 - 3:00 p.m. • Beachwood Community Center

This veteran troupe of Cleveland musicians will bring alive the music of the twenties and thirties. Free! Masks required.



BAC concerts are sponsored by grants from Cuyahoga Arts & Culture and Ohio Arts Council.

The Morgan Conservatory Tour and Workshop

Saturday, October 23 • 12:00 - 2:00 p.m. • 1754 E. 47th St., Cleveland

Fee: \$15 BAC members; \$20 non-members

Join us as we explore this fabulous art center, which is dedicated to every facet of paper making, book art, and letterpress printing. Enjoy making marbled paper and creating a small project to take home.

Limit 12 people. Masks required. To register, call 216.595.3400 by Friday, October 15.



Textile Art Alliance: Uncommon Threads

Wednesday, November 3 - Sunday, December 5
Beachwood Community Center

Opening Reception

Saturday, November 13 • 5:00 - 7:00 p.m.

This exhibit features artwork by members of the Textile Art Alliance, including quilts, weavings, needle-felting, batiks, knit and crochet items, fabric collage and wearable art. Free! Masks required.



BAC thanks its sponsors: Cuyahoga Arts & Culture, *Beachwood Buzz*, Ohio Arts Council, Marshall Carpet One & Rug Gallery, Big Frog, Howard Hanna – Sally Messinger, RE/MAX Traditions – Susie Loparo, Cleveland Clinic, *Mimi Magazine*, Diamond Auto Lease & Sales, The O'Brien Law Firm, Diamonds Direct, Paladar, and Mayor Martin S. Horwitz.

Beachwood's success depends on electing the right team.



The Beachwood Democratic Ward Club & The Cuyahoga County Democratic Party

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Mayor: Martin Horwitz

City Council: George Carr, Alec Isaacson & Eric Synenberg

Board of Education: Kim Allamby, Jillian DeLong & Wendy Leatherberry

Vote early, starting Oct. 5. Election Day is Nov. 2!

Paid for by the Cuyahoga County Democratic Party

JFSA Caring at Home: Providing Solutions That Support Individual and Family Needs

Jewish Family Service Association of Cleveland, a private, non-profit organization, offers integrated solutions and a team-based approach to address personal challenges of individuals and families.

Laura Dales, JFSA Caring at Home executive director, explained the importance of obtaining proper help in a timely fashion so you can safely stay at home and maintain peace of mind.

"We work with individuals and families at all stages of life, and take the time to give each person customized support and the highest quality of care," she said. "We understand our clients' needs, never make them feel rushed, and help them by creating personalized, forward-thinking solutions."

Through the Caring at Home division, JFSA provides solutions for seniors and other adults who wish to manage their independence and live healthier lives. Home health aides provide personal and household solutions to give family members confidence in their independence, and nurses, physical therapists, and other skilled professionals provide in-home medical care.

"Our first priority is to listen to what each individual is trying

to achieve," Laura explained. "We work directly with clients or their adult children to assess each situation and create a care plan that addresses the client's unique needs.

"We provide reliable, compassionate services for individuals who want to live independently and safely in their own home," she continued. "Studies show that patients who are surrounded by their family and friends, in a familiar setting, make faster progress when recovering."

Since the start of the pandemic, JFSA has adapted additional safety protocols. "We reduce our footprint in clients' homes by minimizing the number of people who enter, and we also offer remote services when possible," Laura explained. "Continuity is important because we don't want clients to have to re-explain themselves. We take our time because we want to better understand each client. Unfortunately, insurance often dictates the number of visits a client can receive, so we advocate for them to get the services that

make them feel safe and cared for."

Laura told us that each caregiver does his or her best to stay safe and to keep clients safe. "As a client, make sure you're vaccinated and that you wear a mask as often as possible," she said.

She also advised making a plan before you're in crisis mode. "What do you want and how will you make it happen? If you're an adult child caring for parents, know their wishes and create boundaries," she advises. "You have to know your limit and when to ask for help, and it's easier to think clearly when you're not in crisis mode. Once in a crisis, nothing can happen fast enough."

JFSA Caring at Home can assist with geriatric case management, home cleaning, transportation services, medical help, mental health support and counseling. They also offer online support groups and workshops related to dementia, caregiving and more.

"We address all needs that a person may have," Laura said. "That's what makes us really unique."

"We understand our clients' needs, never make them feel rushed, and help them by creating personalized, forward-thinking solutions."

JFSA also honors and supports Holocaust survivors with social, medical and financial assistance, offers kosher home-delivered meals, transportation, and Philips Lifeline emergency help. Plus, it has a team of dedicated volunteers who provide companionship and assistance to enhance the lives of clients and strengthen their community connections.

Services are covered by insurance or private pay. Fees may be covered by long-term-care insurance, PASSPORT, My Care Ohio, Medicaid, Holocaust Survivor subsidies, and other subsidies. If you need assistance, reach out to see how JFSA can help. For complete information, visit www.jfsa-cleveland.org or call 216.378.8660.

"Continuity is important because we don't want clients to have to re-explain themselves. We take our time because we want to better understand each client."

JFSA also works with the community to help individuals achieve their potential in life, to strengthen families, and to empower youth. Here's how:

Achieving Potential

To help individuals achieve their potential in life, JFSA provides residential supports to over 60 residential sites throughout our community, helps individuals find a job, onboard a new position and maintain current employment. PLAN, JFSA's member-run organization, focuses on socialization and community-

building opportunities for people with mental illness and other cognitive disorders. JFSA also works with individuals to use Cognitive Enhancement Therapy (CET) to improve mental stamina and reaction to unplanned situations, thereby advancing social engagement; and has brought this unique and effective therapy to more than

40 community mental health agencies across the country.

Strengthening Families

JFSA strengthens families in the Jewish and general communities by helping them achieve self-sufficiency in the face of financial crisis, homelessness or domestic abuse. Its Family Violence Services, free and open to all community members regardless of religious affiliation or financial status, supports the diverse needs of

women in abusive relationships. JFSA's Hebrew Shelter Home is the only shelter in Ohio and surrounding states specifically for Jewish women and children experiencing homelessness or domestic abuse. Forward Focus provides financial literacy and employment services for members of the Jewish community along with short-term assistance to help families achieve self-sufficiency. Its Jewish programming is funded primarily through the Jewish Federation of



JFSA Caring at Home offers compassionate home care solutions that enable seniors and other adults to manage their independence and live healthier lives.

Cleveland, private foundations and individual donors.

Empowering Youth

JFSA empowers youth and strengthens the role of teens and young adults in our community. The Horvitz YouthAbility program uniquely brings together disabled and at-risk teens for vocational activities, volunteer services and social enrichment to help themselves through helping others; KNOW Abuse™ gives

teens the expertise to build healthy relationships in high school and into adulthood. A variety of scholarships, grants and loans are offered through the College Financial Aid Program allowing young adults to focus on learning as they pursue advanced education; and Campership Outreach offers youth the opportunity to build their sense of Jewish identity and community connection by attending Jewish overnight camps.



Have Confidence with Your Home Care.

When you choose JFSA as your home care provider, you not only receive the highest quality care and plenty of services to choose from, you get something extra: **Confidence.**

Our nurses and home health aides want you to be as independent as possible and enjoy the confidence you gain when working with our supportive and caring staff.

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- Holocaust Survivor Support Services
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BEACHWOOD WINS STATE AWARD



Good recordkeeping has qualified the City of Beachwood for the Auditor of State Award with Distinction.

“This award recognizes the hard work of fiscal offices to keep clean, accurate records,” said Auditor Keith Faber. “Their efforts go a long way toward making Ohio more efficient, effective, and transparent.”

Our congratulations to the City’s Audit and Finance Departments, particularly Audit Director Harvey Rose, Administrative Coordinator Mari Conroy, Finance Director Larry Heiser and Assistant Finance Director Michelle Kaplan.

A SALUTE TO OUR VETERANS

VETERANS DAY SALUTE
Sunday, November 7 • 11:00 AM
Beachwood Cemetery
(South Green and Halburton Roads)

The Beachwood Historical Society and the City of Beachwood will partner to commemorate Veterans Day at Beachwood Cemetery. This program will feature dignitaries, local veterans, and the presentation of colors. Beachwood Cemetery is the final resting place of 40 soldiers from the: Revolutionary War, War of 1812, Mexican-American War, Civil War, Spanish-American War, World War I and World War II.



FALL RECREATION/UPPERCLASSMEN GUIDE

Be sure to check out our Fall Recreation and Upperclassmen Guide. They include many programs for residents of all ages! Visit the “Fall Recreation/Upper Guide” Quick Link at www.BeachwoodOhio.com or call 216.292.1970.



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BELLIN JANOVITZ



COUNCIL V.P.
216.406.5914

JUSTIN BERNIS

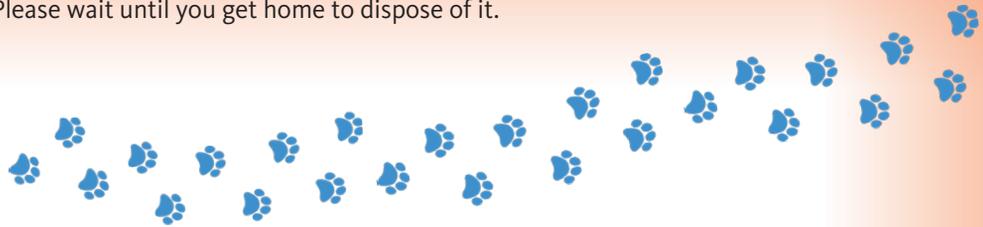


216.509.6509

BE A GOOD NEIGHBOR AND A RESPONSIBLE DOG OWNER



The Beachwood Police Department reminds you to please keep your dog on a leash and clean up after it. Also, be a good neighbor: don't put a doggie-doo bag in your neighbor's rubbish bin. Please wait until you get home to dispose of it.



UPCOMING *Mark Your Calendars* **EVENTS**

BEACHWOOD FAMILY FALL FESTIVAL
Sunday, October 3
Noon – 5:00 PM
Beachwood Community Center Parking Lot



Free community event featuring inflatables, climbing wall, zip line, food trucks, live music, local businesses, entertainment and much more!

BUILD A SCARECROW
Sunday, October 17
City Park East
11:00 AM - 1:00 PM

Register to build a family scarecrow for display at the park through October 31! The cost will be \$5 for residents and \$7 for non-residents.

WELCOME GINA MANZETTI

The City of Beachwood welcomes Gina Manzetti as its newest dispatcher. Gina is also employed by the Strongsville Police Department as a corrections officer, where she's been working for two years, and she formerly worked in Rocky River. Gina, we're glad you're here!



RED CROSS BLOOD DRIVE

Blood donations are **by appointment only**. Please call the Red Cross at (800) 733.2767 or visit www.redcrossblood.org to schedule your appointment.

BEACHWOOD COMMUNITY CENTER
Friday, October 15
1:00 — 7:00 PM



SAVE A LIFE. GIVE BLOOD.

Public Meeting Reminder

All public meetings will be held in-person at Beachwood City Hall and are open to the public.

UPCOMING MEETINGS

CITY COUNCIL

Monday, October 4 at 7:00 PM
 Monday, October 18 at 7:00 PM
 Monday, November 1 at 7:00 PM
 Questions? Call 216.595.5462

PLANNING & ZONING COMMISSION

Thursday, October 28 at 6:30 PM
 Questions? Call 216.292.1914

ARCHITECTURAL BOARD OF REVIEW

Monday, October 4 at 4:30 PM
 Monday, October 18 at 4:30 PM
 Monday, November 1 at 4:30 PM
 Questions? Call 216.292.1914

MIKE BURKONS



216.832.6771

ALEC ISAACSON



216.291.2797

ERIC SYNENBERG



216.401.0074

JUNE TAYLOR



216.533.7640

HOMETOWN HEROES

On Sunday, September 5, the City of Beachwood and the Beachwood Historical Society held a Hometown Heroes Ceremony at the Beachwood City Park West Pavilion to celebrate community heroes who are devoted to their work and dedicated to helping others. A special garden was unveiled in their honor. We congratulate Dr. Joshua S. Miller, Vicki Lefelhocz, Diana Romanoff, Lieutenant Michael Iacobucci, Dispatcher Erika Westbroks, Officer Luis Reyna and Officer Jacob Bertone.

For details, see page 18 or visit www.BeachwoodHistoricalSociety.com.



SENIOR GAMES - FREE & OPEN TO THE PUBLIC

Every Monday & Wednesday Mahj & Canasta
Every Tuesday Duplicate Bridge
Every Wednesday Party Bridge

BEACHWOOD COMMUNITY CENTER
12:30 — 3:30 PM

BE IN THE KNOW

Please register for the BEACHWOOD eLIST and receive occasional emails regarding city events and updates. To sign up, visit www.BeachwoodOhio.com/list.aspx or send an email to elist@beachwoodohio.com.

Other great ways to stay in the know is to follow City of Beachwood at:

- [Facebook.com/BeachwoodOH](https://www.facebook.com/BeachwoodOH)
- twitter.com/BeachwoodOH
- [nextdoor.com](https://www.nextdoor.com)

FALL LEAF PICK-UP

Loose-leaf pick-up runs through mid-December (weather permitting).

- Leaves need to be raked into piles on the tree lawn
- Keep piles free from other debris such as grass, trees or branches
- Vehicles parked on the street may impede the City's ability to collect leaves



RUBBISH RULES

Please do not put your rubbish and recycling bins on the tree lawn before 6:00 PM the night before your typical collection day. Please bring them back behind the setback of your home before 9:00 AM on the day after your collection day.

SENIOR DAY OUT (SDO)

October 21 • Welcome Celebration! • NOON
November 18 • Cornucopia of Goodness • NOON
December 16 • Francis Drury Story • NOON
See Recreation/Upperclassmen Guide for details!



BEACHWOOD VAN SERVICE

The Beachwood Community Services Department continues to provide van service to resident seniors and residents with disabilities to get to medical appointments or to pick up pre-paid grocery and pharmacy orders. For more information, please call 216.292.1971.



ALWAYS FUN IN *Beachwood!*



*Photos courtesy of Scott Morrison
Discovery Photo*

DOG PADDLE - SEPTEMBER 9



HONKIN' HAULIN'

TRUCK PARADE
SEPTEMBER 12



NEW ART EXHIBITS

BEACHWOOD COMMUNITY CENTER



FROM DARKNESS TO LIGHT: DEEP DIVE INTO VINCENT VAN GOGH

October 8 – October 28

Artists' Reception
Sunday, October 10
1:00 - 2:30 PM

This exhibit will highlight the creative response influenced by Vincent Van Gogh as seen through the works of our Beachwood Community Center art class participants and other community resources.

The show ties in with World Mental Health Day, Sunday, October 10, which raises awareness and mobilizes efforts to support mental health. A green ribbon is the international symbol for mental health.

View exhibit:
Monday — Friday
9:00 AM — 4:00 PM

BEACHWOOD ARTS COUNCIL PRESENTS TEXTILE ART ALLIANCE: UNCOMMON THREADS

November 3 – December 5

Artists' Reception
Saturday, November 13
5:00 - 7:00 PM

Artwork in the TAA exhibit will include quilts, batiks and knits, as well as dyed and woven items.



MULCHING THE LEAVES ISN'T A TRICK

IT'S A TREAT FOR YOUR LAWN!

- Mulch leaves with a lawn mower: leaves provide nutrients for healthy soil
- Apply a good-quality compost along with grass seed while seeding the lawn



DID YOU KNOW?

Researchers found that mulching leaves in the fall resulted in a greener lawn and up to 80% fewer dandelions the following spring season.

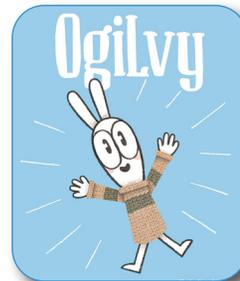
DO NOT FEED WILDLIFE

Many people enjoy living near and watching wildlife. You can help keep animals wild by keeping the following tips in mind:

- Do not encourage wildlife by feeding or leaving food for them.
- Don't allow bird food to accumulate on the ground.
- Don't place food scraps in gardens or compost bins, and use a closed compost bin.
- Keep pet food and water containers indoors, especially at night.
- If you have fruit trees, harvest or dispose of fruit when it is ripe.
- Use metal or durable plastic trash containers with tight-fitting lids.
- Enjoy wildlife at a distance. Respect their space: they are wild animals that should stay wild.



STORYWALK IN THE PARK



The October book featured on the StoryWalk® in Beachwood City Park East is *Ogilvy*, written by Deborah Underwood, illustrated by T.L. McBeth.

When Ogilvy moves to a new town, he discovers that bunnies who wear dresses play ball and knit socks, and bunnies in sweaters make art and climb rocks, and Ogilvy must figure out a way to do it all.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg-Hubbard Library to help build children's interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Ms. Ferguson.





4TH ANNUAL
BEACHWOOD
FALL FESTIVAL

FREE • SUNDAY, OCTOBER 3
NOON – 5:00 PM • BEACHWOOD CITY HALL PARKING LOT

SPONSORED BY **CRESTMONT**

FOOD TRUCKS – ZIPLINE – GAMES – INFLATABLES – NINJA COURSE
PUMPKIN PATCH – LIVE MUSIC – BEER/WINE GARDEN



LIVE MUSIC SCHEDULE:
1:30 – 2:30 PM – APOSTLE JONES BAND
3:00 – 5:00 PM – DISCO INFERNO



BROWNS GAME WATCH PARTY

CITY OF
Beachwood



QUESTIONS? CALL 216-292-1970

We Invite You to Grow Your Business Network

As we celebrate our 30th year, our mission remains the same: To connect and engage the Beachwood community through business development, networking, and other opportunities. One of the biggest reasons businesses join our chamber is to interact with other businesses in the area. To that end, we offer a variety of networking events throughout the year, on top of our monthly signature events.

We offer numerous member-only benefits for businesses, non-profits, non-business residents and government agencies, all at reasonable costs. Members are eligible for discounts in Health Insurance, Workers Compensation Premium, Office Supply Discount, Energy Savings for Business and Personal, Marketing Discounts, FedEx Shipping, Payment System Service, and Technology Savings.

Additionally, being a chamber member brings credibility to your business as research shows that a consumer is more likely to purchase goods and services from a chamber member.

We invite you to join us at an upcoming event to grow your business network. For a complete schedule of upcoming programs, visit www.beachwood.org.

Join our partners, and 350 businesses, by becoming a member today!
Contact us at chamber@beachwood.org 216.831.0003 for details.



Connected, Engaged, Involved.
We Give You The Opportunities.

www.beachwood.org
216.831.0003

Belonging
Community
Involvement
Action
Connections
Benefits

What Should I Do With My Parents' Old Books?

By Julie Moss, Park Synagogue Librarian



I recently came across an article from the '70s, titled, "A Jewish Library in Every Home," where the author happily noted an increase in the publication and sales of Jewish books by mainstream publishers. This may explain why I receive frequent calls and emails from thoughtful individuals who offer donations of their family's books.

This article prompted me to share guidelines to follow when disposing of books you no longer want.

- Please do not drop off book donations at your synagogue or temple without speaking to the librarian or executive director.
- Recycle or discard outdated (five years old or older) textbooks, how-to books, and travel guides.
- Discard musty or moldy books in poor condition, especially yellowed paperbacks.
- Recycle Advanced Readers Copies (ARCs) as they were intended only to be promotional tools and are not final, published versions of any book.
- Contact your cemetery caretaker to see if he will bury holy books (bibles and prayer books).
- Donate adult books that do not fit into any of the above categories to a local public library or Goodwill store.
- Sell books in good condition to Half-Price Books in Mayfield Heights. You may not get much money, but you will keep them out of the landfill. People do buy used books!
- Better World Books will take all books in good condition. There are collection bins in Barrington Town Center in Aurora, Meadowlands Town Center in Chardon, and The Community Center in Stow. They sell books online and donate funds to literacy organizations. Some books are recycled as well.
- Donate used children's books to Beachwood Library, a Goodwill store, a Little Free Library, or The Kids Book Bank, which has a big, blue collection bin in the Beachwood High School parking lot.



Thank you for adhering to these guidelines, and happy reading!



Locations Near You: Beachwood, Solon, Twinsburg

CELEBRATING 120 YEARS OF SERVICE



Middlefield Bank is celebrating its 120th anniversary of dedicated community banking. A lot has changed in 120 years, but one thing has remained constant — our belief in the role we have in shaping the financial success of our communities, local businesses, and every customer that walks through our doors.

Thank you for being part of the MB family — our teams, our customers, and our friends. Your support through the years has kept us strong.



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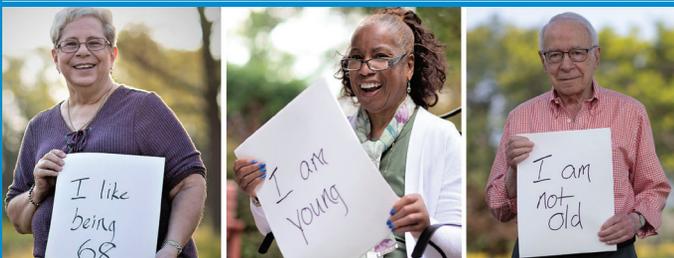
Age isn't chronological. IT'S PERSONAL.



At Menorah Park, we think that the age on your driver's license is only a small part of who you are. It doesn't tell the whole story. We believe you're never too old to be young. That's why we're here: to help keep you dreaming, learning, living. To help you keep being you.

Menorah Park is dedicated to offering a wide variety of programs and support to meet each individual's needs . . . from therapy to brain health, to residential care and more.

Join our community today. Explore our many residential options for a place that's perfectly you!



MenorahPark.org
216-831-6500

Locations in Beachwood and Chagrin Falls

Find Your Balance with Great Strategies

Did you know that more than 75% of Americans older than 70 years old are diagnosed as having "abnormal" balance? And balance problems increase by almost 30% in those over the age of 80? The good news is there are programs at The Peter B. Lewis Aquatic & Therapy Center that will help. The center's expert staff of physical, occupational, and speech therapists can help to address balance, dizziness, safety, and cognition.

This month, the center is hosting a variety of in-person and virtual activities focused on fall prevention.

- **Wednesday, October 6**
1:00-1:45 p.m.
Facebook Live Event
"The leaves are falling, but you don't have to: Home safety and set-up techniques to decrease YOUR risk of falling," with Kathy Ondak OTD, OTR/L, CHT, CLT

- **Monday, October 11**
1:00-2:30 p.m.
Balance Screens with Michael Groesch PT, DPT, OCS
- **Thursday, October 14**
1:00-1:45 p.m.
Facebook Live Event
Yoga with Exercise Specialist Lisa Altenbaugh
- **Friday, October 15**
1:00-1:45 p.m.
Speech Therapy and Fall Prevention: Learn how addressing impairments now can make falls a distant memory, with Kelly Hilborn M.A. CCC-SLP
- **Thursday, October 28**
2:30-3:45 p.m.
Balance Screens with Austin Petrie PT, DPT

For more detailed information about programs in October or to learn about balance check-ins and how they can help you, scan the QR code below, follow Menorah Park on Facebook, visit www.menorahpark.org, or call 216.545.7345.



The Peter B. Lewis Aquatic & Therapy Center staff can help to address balance, dizziness, safety, and cognition.

When You've Lost Everything, a Single Object Can Take On Extraordinary Meaning

Stories of Survival: Object. Image. Memory. is a landmark exhibit that showcases more than 60 never-before-seen personal items brought to America by Survivors of the Holocaust and genocide. The exhibition makes its Cleveland debut October 27, and will run through February 27 at the Maltz Museum of Jewish Heritage.

Each artifact is dramatically showcased alongside oversized photographs by renowned documentarian Jim Lommasson with handwritten responses by Survivors or their family members. The objects are as every day as a baby doll and a black suitcase and as symbolic as a young mother's cookbook and a wedding announcement – saved by local Survivors from genocides around the world, including Armenia, Bosnia, Cambodia, Iraq, Rwanda, South Sudan, and Syria.

The objects are a reflection of their owners' journeys and family histories. Although the objects and memories start from very different origins, from Germany to Belgium to Armenia to Syria, common threads bind them all together. These are the threads that bind us all, the common story of moving to a new land and building a new life, yet holding on to the past. We are all connected to these stories; we have them in our own families. They are the commonality of an immigrant experience, an American experience.

Stories of Survival: Object. Image. Memory. is a project of the Illinois Holocaust Museum & Education Center, with photography by Jim Lommasson, an award-winning photographer and author who lives in Portland, Oregon. He is represented in the permanent collections at The Library of Congress, San Francisco Museum of Art, The Portland Art Museum,

Yale University, Reed College, The George Eastman Museum, The New Orleans Museum of Art, Hallie Ford Museum and The University of Washington.

In celebration of opening week, the Maltz Museum invites the public to a special launch event on Wednesday, October 27 at 7:00 p.m., hosted on Zoom, featuring the exhibitions co-creators, curator Arielle Weininger, and photographer Jim Lommasson. Tickets are \$5 general and free for members.

The celebration continues the rest of the week with reduced rate tickets to see the exhibition in-person at the Maltz Museum. Tickets will be available for only \$5 for general admission. Members are always free. "Five Dollar Week" will run Wednesday, October 27 to Sunday, October 31. Masks are required for entry and social distancing is enforced.

Admission pricing after opening week is as follows:

- General: \$12
- Students & Seniors: \$10
- Children 5-11: \$5
- Children under 5 and Maltz Museum Members: Free

Visitors will be able to explore the exhibition online, via a virtual tour, or in-person at the museum. Public virtual tours will be offered the first and third Tuesday of every month at 2:00 p.m., November through February. Private virtual tours are being booked now. For more information on public virtual tours, visit www.maltzmuseum.org. For private virtual tours, please contact tours@mmjh.org.

Coordinating public programs will also be offered online and in-person. For detailed information or to purchase tickets, call 216.593.0575 or visit www.maltzmuseum.org.

ON VIEW AT THE MALTZ MUSEUM OCT. 27

Stories of Survival

OBJECT · IMAGE · MEMORY



Presented by:



Produced by:



VIRTUAL LAUNCH EVENT TICKETS
ON SALE AT MALTZMUSEUM.ORG

Amanda Amin, MD, MS, Breast Surgical Oncologist
Co-Director of the Breast Program,
UH Seidman Cancer Center



Surgical Options for Breast Cancer in Beachwood

University Hospitals' Surgical Oncology Specialists Provide Patients with Comprehensive Care

At University Hospitals Seidman Cancer Center's UH Minoff Breast Health Center, breast cancer specialists are dedicated to helping patients overcome cancer so they can continue to live healthy, active lives.

Patients can come to the UH Minoff Breast Health Center for many different reasons – whether they need an annual mammogram, are experiencing symptoms, such as finding a lump or some type of change in their breast, or if they have already received a breast cancer diagnosis and are seeking a second opinion.

UH Ahuja Medical Center's Phase 2 expansion, expected to be completed in spring 2023, will include a new, comprehensive breast center with surgical oncology, medical oncology, diagnostic radiology, survivorship and surgery. Currently, patients can visit UH Minoff Health Center at Chagrin Highlands for comprehensive breast care, and UH Ahuja Medical Center for surgery and diagnostic radiology needs.

Highly Specialized Cancer Care

"Breast surgical oncology is a highly specialized aspect of cancer care that understands the emphasis on not only the multidisciplinary management of breast cancer, but also treats benign and high risk breast disease," explains Amanda Amin, MD, MS, breast surgical oncologist and co-director of the Breast Program at UH Seidman Cancer Center.

Surgery to remove the tumor or cancer is often an important part of the comprehensive

treatment plan, and may be curative if the cancer is localized to a specific area and has not spread to other parts of the body. When appropriate, surgical treatment is combined with other therapies like radiation, chemotherapy, endocrine therapy, or immunotherapy before or after surgery. This highlights the need for a strong multidisciplinary team, all with a focus on breast cancer care.

In addition to removing benign or cancerous tissue in the breast, breast surgical oncologists may also perform procedures, such as:

- Nodal staging using minimally invasive techniques, including MagSeed localization for prior biopsy proven positive axillary lymph nodes.
- Strategies to minimize the risk of upper extremity lymphedema – including reverse lymphatic mapping and immediate lymphatic reconstruction, in combination with a plastic reconstructive surgeon.
- Support other cancer treatments and help them work more effectively. For example, a supportive procedure such as the insertion of a port or catheter can help with receipt of chemotherapy.
- Control pain and manage cancer symptoms and side effects of other treatments.

Patient Care is a Team Effort

Currently at UH Minoff Breast Health Center, patients receive a multidisciplinary team approach to breast cancer surgery. "Our breast surgical oncologist works with each patient to develop an individualized treatment plan," says Dr. Amin. "This includes coordinating with breast radiologists, using minimally invasive biopsy techniques for diagnosis, and staging and planning with plastic surgeons when appropriate for optimal cosmetic results. Our team also consults with medical oncologists for possible chemotherapy prior to surgery for advanced breast cancers, and to improve the possibility of breast conservation when appropriate or minimize the lymph node removal in the axilla. Radiation oncologists and genetic counselors are also important team members who may need to be involved in a patient's care to receive optimal outcomes."

The team of board-certified surgeons have expertise in all types of breast cancer surgery, including MagSeed localized lumpectomy, sentinel node dissection, skin and nipple-sparing mastectomy, and oncoplastic surgery techniques.

Many specialists play a role in a comprehensive care plan to ensure patients feel supported along their journey from breast cancer screening and diagnosis, to the development and implementation of advanced treatment plans, to recovery and survivorship.

"UH Minoff Breast Health Center's comprehensive team offers personalized breast cancer treatment plans that are unique to each patient, the type and stage of their disease, and their genetics and circumstances," Dr. Amin emphasizes. "We're proud to be able to offer our patients medical and surgical advancements in breast cancer care and technology for both men and women in a community hospital setting."

Patients are connected with care teams that can include medical oncologists and breast surgical oncologists, plastic surgeons, radiologists and radiation oncologists, pathologists, medical geneticists, genetic counselors, nurse navigators, nurse practitioners, social workers, and holistic medicine specialists. Together, these experts provide patients with the most advanced combination of treatment options to achieve the best possible outcome.

HERE FOR PREPARING



We prepare for the future by ensuring the long-term health and vitality of our diverse community, providing a wide range of educational programming for all ages which celebrates Jewish values and traditions.

jewishcleveland.org



Jewish Federation
OF CLEVELAND
HERE FOR GOOD

Catching Cancer Early

“Regular screening is the most proactive thing a woman can do to improve her outcome with breast cancer, as this provides the most likely opportunity to identify a breast cancer at a curable stage,” Dr. Amin says. “While not every breast cancer is the same, the five-year relative survival rate of women with localized cancer, an early stage of the disease, is 98 percent. So, it’s important to get regular breast screenings. Knowing your family history and your personal risk for cancer is also important in knowing when to start breast cancer screening.”

The breast surgical oncologists support the screening guidelines issued by the American College of Radiology (ACR), the Society of Breast Imaging (SBI), and the American Society of Breast Surgeons (ASBrS) and recommend for an average risk woman that an initial baseline mammogram be performed when they turn 40, and continue on an annual basis while they are in good health. Screening may start earlier based on personal and family risk factors.

Highlights of the breast cancer treatment program at UH Minoff Breast Health Center, and coming to UH Ahuja Medical Center in spring 2023, include:

- Fast access to a breast specialist, usually within 48 hours
- Comprehensive multidisciplinary breast cancer care
- Support services during recovery
- Access to supplemental screening with Fast Breast MRI, a self-pay option that detects three times the cancers compared to mammograms

UH Minoff Health Center at Chagrin Highlands is located at 3909 Orange Place. UH Ahuja Medical Center is located at 3999 Richmond Rd. To schedule an appointment with a breast specialist at UH Minoff Breast Health Center, or to schedule a mammogram at either UH Minoff Health Center or UH Ahuja Medical Center, call 216.245.1204. For more information about UH breast health, visit UHHospitals.org/breastcancer.



UH Ahuja Medical Center’s Phase 2 expansion, expected to be completed in spring 2023, will include a new, comprehensive breast center with surgical oncology, medical oncology, diagnostic radiology, survivorship and surgery. Currently, patients can visit UH Minoff Health Center for comprehensive breast care, and UH Ahuja Medical Center for surgery and diagnostic radiology.

Bikur Cholim of Cleveland's New Leadership Team

Bikur Cholim of Cleveland, a robust organization known for providing medical support for all Jews in Cleveland, local or from out of town, announces its new leadership team.

Dr. Michael Pollack, a gastroenterologist at Cleveland Clinic and longtime volunteer for Bikur Cholim, has been named president. Prior to taking on this role, he served on the organization's board and as a medical liaison.

"Bikur Cholim's mission of caring for the sick has always spoken to me. It's a natural extension of the passion that drove me to seek a career in medicine," he said. "I've always wanted to be as involved in the Cleveland Jewish community as possible. I believe Bikur Cholim can help to unify the community. There is no religious denomination when it comes to sickness."

Reuven Dessler, CEO of the Mazel Corporation, entrepreneur and realty investor, has been

named board chair. He and his wife, Naomi, were first introduced to the concept of "bikur cholim" when his family in New York received support following the premature birth of his twin granddaughters, who today are proud mothers themselves. To repay this generosity, he has been a driving force in Cleveland's Bikur Cholim ever since. Among his many contributions are the establishment of the Bikur Cholim Guest House in Cleveland Heights, in collaboration with the Jewish Federation of Cleveland.

"With our current leadership team, we are uniquely positioned to take Bikur Cholim to the next level," he

said. "As we continue to grow, our commitment to Jewish Cleveland remains unwavering. We are proud to serve this community."

Rabbi Alan Joseph has been named executive director. Previously, as director of development, he oversaw the organization during a time of unprecedented growth due to a spike in community need caused by the pandemic.

"These are challenging times for Jewish Cleveland. Never before has community need been so great, and never before have we needed the community to rally behind us as we do now," he said. "Our capacity to pivot, regardless of need, is the key to our long-term success."



Dr. Michael Pollack, President



Reuven Dessler, Board Chair



Rabbi Alan Joseph, Executive Director

About Bikur Cholim

Bikur Cholim of Cleveland is dedicated to being an inviting, easily accessible resource to the local and international Jewish community by providing assistance to improve health and well-being. The organization strives to help young and old by offering comfort, shelter, and support through a variety of services and coordinated efforts of dedicated volunteers who selflessly perform the mitzvah of bikur cholim – literally

visiting the sick – with all the nuances of care and concern that this concept embraces.

Bikur Cholim's vision is to offer services of the highest quality, tailored to the unique needs of the individual and his or her family.

Faist & Koops
Family Dentistry

We are moving in November!

Jed Koops DMD & Jerry Faist DDS

***New State of the Art Dental Office
Coming Fall of 2021***




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**(216) 464-2448 | www.bestdentalteam.com
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BEACHWOOD DEMOCRATS

Beachwood Democrats invite you to join them the second Wednesday of each month at 7:00 p.m. to learn more about Democratic candidates who will be on our ballot. There is no fee to attend. To vote at meetings, you must be a member. Membership is \$20 per year. For more information, email beachwooddemocrat@gmail.com or follow the group on Facebook at BeachwoodDems.

Beachwood 100 Presents Scholarships

Beachwood 100 recently held its annual awards' reception to honor recipients of the organization's Norman & Leslie Millstein scholarships for 2021/2022. Thanks to a generous donation from Leslie Millstein, five scholarships were awarded to graduates whose parents serve on Beachwood safety forces.

On July 21, the college-bound students and their proud parents gathered at Winking Lizard in Beachwood for a celebratory dinner that included the presentation of scholarship certificates, photos, and warm wishes for successful academic careers.

"Our organization raises money through dues and corporate donations to provide college scholarships, and to create a contingency fund to aid the city's police and fire safety forces in times of personal emergencies," said Ivor Kiwi, board president.

Children of two police officers and three fire personnel received scholarships. Ryan Kemer and Kennedy Liggett attend The

Ohio State University; Maria Elizabeth Owens, Cleveland State University; Katrina Bell, Ohio University; and Izzy Hank, Marietta College. Being children of first responders provides these young men and women with a valuable perspective as they commence their college journey.

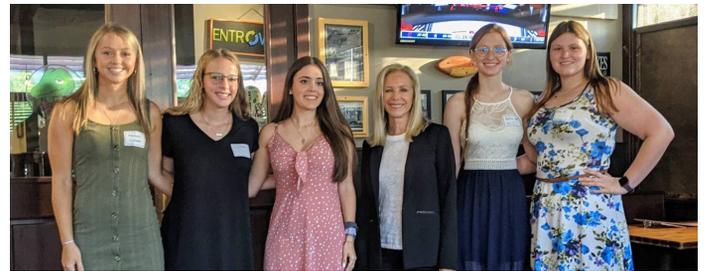
"We are grateful to the organization's friends and supporters for helping us make what we do possible," said Marc Soroka, vice president. "Special thanks to Winking Lizard for hosting and sponsoring the event."

Beachwood 100 was established in 1969 and supports the safety forces that protect our community. The organization raises money through dues and corporate

donations to create a contingency fund that is used to aid our city's safety forces in times of personal emergencies, to fund scholarships for graduating high school seniors whose parents are members of Beachwood's safety forces, and to assist in other ways, such as, financial support for purchasing

exercise equipment for the city's police and fire departments.

Please support Beachwood 100 by becoming a member. Visit www.beachwood100.org for details. You may also send a donation to Beachwood 100, 2700 Richmond Rd., Beachwood, OH 44122.



From left: Kennedy Liggett, Isabella Hank, Maria Owens, Leslie Millstein, Katrina Bell, and Helene Bell, a 2019 scholarship recipient. Not pictured: Award recipient Ryan Kemer.



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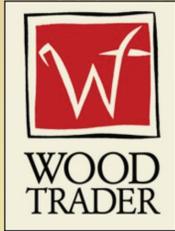
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Beachwood Bison Girls Tennis Team Preview

By Alan Kornspan

The Beachwood Bison Girls Tennis team had an excellent 2020. They finished in second place at the CVC championships, and returning senior, Zilin Zhang, was on the team that won the 2020 CVC doubles title.

The team is led by Head Coach Carmela Mostardi and Assistant Coach Carly Hollerbach.

Coach Mostardi had been assistant coach at Avon High School, Kenston High School, and Orange High School. Coach Hollerbach played college tennis at Ferris State University. Both are

tennis pros at Western Reserve Racquet and Fitness Club.

The season began in August against the Ohio's pre-season first- and tenth-ranked teams, Hathaway Brown and Hawken. Based on early season performances, there is reason to be hopeful about the season's success.

Bison varsity players include Zilin Zhang, Grace Yan, Abby Cherian, Alice Anastos, Alexis Mercado, Nia Brown, Ari Preston, Amy Zhou and Shreya Chellu.

The game is as much mental as it is physical, and Coach Mostardi emphasizes this regularly. "With four returning seniors who have

a lot of varsity experience, I have high goals for the team. In the CVC, we hope to qualify for districts and possibly states."

Zilin is also optimistic about the season. "We have a totally new team. I am super excited to play and to get to know the girls," she said.



From left: Zilin Zhang, Grace Yan, Abby Cherian, Alice Anastos, Alexis Mercado, Nia Brown, Ari Preston, Amy Zhou and Coach Carmela Mostardi. Not pictured: Shreya Chellu.

Park Synagogue presents:

"Raiders of the Lost Ark: The Hidden Jews of Ethiopia"

Join Park Synagogue for "Raiders of the Lost Ark: The Hidden Jews of Ethiopia," on Monday, October 11, 1:00 p.m. on Zoom. The program will feature Rabbi Joshua Bennett of Temple Israel in suburban Detroit who will share stories, images and videos from his recent trip to Africa.

Rabbi Bennett will explore the history of the Ethiopian Jewish community and the roots of an African Jewish presence in the ancient Aksumite Kingdom. Following a trail of clues and historical narratives, we will investigate the possibility that the Ark of the Covenant resides today in modern Ethiopia.

The program is free and open to the community. Pre-registration is required to receive the Zoom link. Please register at parksynagogue.org or by emailing Ellen Petler at epetler@parksyn.org.



Rabbi Joshua Bennett

Community Discussion on Affordable Housing Challenges

Join eight diverse Christian and Jewish congregations for "Building Home: A Conversation on Housing Challenges & Neighborhood Partnerships," on Sunday, October 17, 2:00 p.m. on Zoom. The congregations are honored to welcome Rev. Derrick Harkins, director of HUD's Office of Faith-based & Neighborhood Partnerships, and Michiel Wackers, director of Cleveland's Department of Community Development, to speak about the plans HUD and Cleveland have to increase affordable housing in the Cleveland area for low-income residents. Find out what all citizens can do to help with this effort and how we can directly address the housing needs in our communities.

Pre-registration is required by October 15 to receive the Zoom link. Please register at parksynagogue.org/building-home or email Ellen Petler at epetler@parksyn.org.

This program is co-sponsored by Park Synagogue, Cory United Methodist Church, Beth Israel-The West Temple, Celebration United Methodist Church, Congregation B'nai Jeshurun, Congregation Shaarey Tikvah, Mt. Pleasant United Methodist Church, and The Temple-Tifereth Israel.



Rev. Derrick Harkins



Michiel Wackers

Both programs are free and open to the community. Questions? Contact contact Ellen Petler at 216.371.2244, ext.122.

Beachwood PTO

by Preeti Venkataramani

When Bette Midler sang the song “Wind Beneath My Wings,” it moved millions of hearts all across the globe.

Why?

The song resonated with us because there was a self-evident truth in its lyrics: No one is self-made. It takes a village to raise all of us. Beachwood Parent Teacher Organization, PTO, is one such supporting organization of our village!

Beachwood PTO, chartered in 2005, artfully supports educational, social and economic needs of our five schools (Fairmount Preschool, Bryden and Hilltop Elementary Schools, Beachwood Middle School, and Beachwood High School) with dedication and enthusiasm. As an independent organization that is unaffiliated with the nationwide PTA (Parent Teacher Association), it includes parents, teachers, alumni, and residents as members, and 100% of its approximate \$35,000 budget is used directly on programs that benefit students and teachers.

Programs that are funded by Beachwood PTO include:

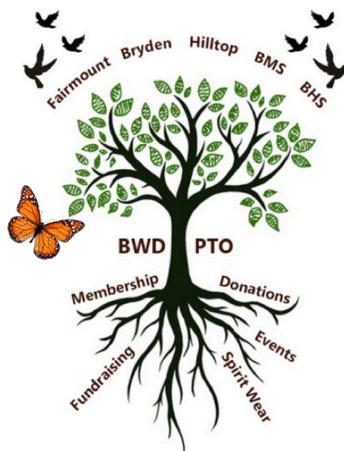
- One Book One School, where every elementary student in the district is given the same book to read and discuss.
- COSI on Wheels, a program that brings a traveling interactive STEM exhibit from the Center for Science and Industry in Columbus to our elementary schools.

- Shark Tank-style teacher grants that have been used to fund everything from reading incentives at the elementary schools to promotion of Hebrew as a foreign language at the high school.
- Scholarships (\$500 each) awarded to ten rising seniors.
- Social programs such as class celebrations, Bryden Fun Day, Hilltop Field Day, and After Prom.

In addition, some new pandemic-driven community engagement programs have been added, including:

- “Graduating Senior” lawn signs
- “Welcome to the Herd” lawn signs for new-to-district and kindergarten families
- “Walk the Chalk” back-to-school chalking with inspirational artwork and messages on the sidewalks at each school building
- Custom face mask kits for teachers and staff

Last but not least, every year, the PTO orchestrates and funds celebrations for bus drivers, custodial staff, and school counselors; and an elaborate week of celebrating our teachers and staff with much-deserved gratitude and appreciation.



As the Bette Midler song goes, Beachwood PTO is the “wind” beneath our students’ “wings,” but its strength relies on your support! Please help us help our students soar by joining Beachwood PTO or making a donation today!

Programs are financed in part through fundraisers, such as Election Day Bake Sales, Bison Feast and Fest, Garage Sales, 1st Day School Supplies, Spirit Wear Sales, Halloween Boo Bags, and “Bison Birthday Bash” lawn signs. An equally important part of funding comes from membership fees and donations. Beachwood parents, teachers, alumni, and residents are eligible to join the PTO at varying membership levels, and donations of any size are always welcome!

As the Bette Midler song goes, Beachwood PTO is the “wind” beneath our students’ “wings,” but its strength relies on your support! Please help us help our students soar by joining Beachwood PTO or making a donation today!

Visit beachwoodschoools.org/PTO.aspx for more information.

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- Jen Ferns, Vice President
- Andi Adler, Secretary
- Preeti Venkataramani, Treasurer
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IT TAKES

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2017 PRESIDENTS AWARD

There has never been a better time to upgrade your old furnace and air conditioner!

Repair or Replace?

It's that time of year again – time to fire up our furnace. The average furnace will run 2,500 hours per year to keep you comfortable in your home. To put this in perspective, it's like driving your car for 24 hours each day for 100 straight days. Without a doubt, your furnace works very hard for many months. What if it were to break down?

At KW Lang Mechanical, Inc./ Stovicek Heating and Cooling, we have been servicing and installing all types and brands of HVAC equipment since 1927. The decision you make regarding repair vs. replacement should be made based on the age of your existing equipment and the cost of the repair. Furnaces from yesteryear were very simplistic. They lasted 25 years or more because there were not a lot of parts to break. Today's furnaces are much more energy efficient

and provide better comfort. The drawback is that they will not last as long as more simplistic furnaces of the past. So what decision should you make?

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something bigger, like change the layout and move things around a bit, we can do that too!

Our initial consultations are always free and can be done either virtually or in your home, whichever you prefer. Our design team has more than 30 years experience and is always ready to answer your questions. Give us a call today and get started on fulfilling your kitchen dreams!



Greenwald Antiques

When you think about sprucing up your home, think about doing it in style. At Greenwald Antiques, Cleveland's premier antique dealer, we offer a wide variety of one-of-a-kind gems that you will not find anywhere else.

Furniture makes the bones of every room. We have all kinds of seating, tables, servers, chests, cabinets, armoires, desks and more for your living, dining, sleeping and work spaces.

French sculpture from the 19th and 20th centuries is one of our speciality areas, although we carry other European and American works from the 18th century to today.

Humans have used boxes for millenia, and they are still a very unique way to add style to your home. We carry many different types of boxes, from Doré, enameled, crystal, wood, inlaid and porcelain, and we have a box to fill your needs.

Wall art can define a space. We specialize in fine American

and European oil paintings and watercolors from the 17th, 18th, 19th and 20th centuries. Whether you appreciate styles such as Old Master, Impressionist or Modern, or you look for subjects such as landscape, portrait, still life, or abstract, we have it.

We have many beautiful glass art pieces that would also add vibrance to your home, from Gallé, Tiffany, Steuben, Daum, and LaLique. There is something for everyone.

We offer decorative and fine arts that are both beautiful and useful to fill out any space. You can add whimsy to your home with Victorian Fantasy objects or understated elegance with a Tiffany vase.

We also invite you to bejewel yourself or a loved one! We have

a range of estate, vintage and antique jewels for women and men, whether you are looking for rings, earrings, bracelets, necklaces, timepieces or cufflinks.

We also specialize in handbags, scarves and fashion items, and if you don't see something specific on the website, please ask!

Greenwald Antiques, founded by June and Larry Greenwald in 1959, was born out of their love of art, collecting, and history. That love and enthusiasm was passed down to their son Ron, who currently owns and operates the company.

"We are buying every single day," Ron said. "Please check out our website at www.greenwaldantiques.com to view our latest acquisitions. If you love

it, come and buy it today because, as June always used to say, 'the last thing in is the first thing out!'"

"We are buying every single day," Ron said.

"Please check out our website at www.greenwaldantiques.com to view our latest acquisitions. If you love it, come and buy it today because, as June always used to say, 'the last thing in is the first thing out!'"

Greenwald Antiques also provides professional estate sales services for select fine homes with notable collections. Please call 216.839.6100 if you are considering a partial or total liquidation of an estate.

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For nearly 55 years our founder, Earl R. Agin, mastered the art of beautifying homes and businesses in Northeastern Ohio through his unique creativity in selecting the right window treatments, fabrics, and other materials for homes and commercial buildings. For 27 of those 55 years, Earl worked side-by-side with his daughter, Sharon Agin-Rosenberg, who took the mantle from Earl when he passed in 2010. Sharon, now with 38 years of industry experience, operates one of Cleveland's most-highly respected window shade and drapery businesses – Earl R. Agin & Associates, Inc.

Everything for the Window

In the early days of our business, our marketing tag line was *Everything for the Window, but the Window Itself!* That line still speaks to the core of our business – and we have never strayed from our charter (though we have shortened our tag line). You see, Earl was a big believer in 'focus' – do one thing, and do

it better than everyone else.

But being skilled, creative, and highly knowledgeable about the products we sell is only the beginning. For all of our creative capabilities, **SERVICE reigns supreme**, and our reputation supports our claim. Simply stated, we are 100% committed to providing exceptional service to all those who trust in us. It

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What Are Some Non-Medical Ways to Fight Allergy Flareups?

We spend a large chunk of time inside our homes, and when fighting allergy symptoms, that's where we must start. People often associate allergy flareups with spring, which is understandable given pollen's significant effect on the sinus systems of millions. More than 50 million Americans report suffering from allergy-related problems each year, and 40% of those sufferers are children.

Allergies rank 6th on the list of common chronic illnesses in the U.S., costing healthcare systems a staggering \$18 billion per year. If you could find a non-medical way to improve your allergy symptoms, you'd likely jump at the opportunity. Allergens, known triggers that create an allergic reaction in some people, can thrive in your home if you don't actively work to remove them. Gaining control over your allergy symptoms requires managing these known indoor irritants. Allergens like dust mites, pests, and pet dander are some of the most common.

The EPA (Environmental Protection Agency) gives three ways to improve indoor air quality:

- **Prevent indoor airborne allergens**
- **Improve or provide adequate ventilation to your home**
- **Install air cleaners in your home**

When the air quality in your home is improved, you can reduce your allergic responses. Your HVAC system can help improve your indoor air quality through installed air cleaner systems, or it can contribute to

poor indoor air quality if your system is filled with dust, dirt, and allergens. The air moves allergens around your home, so you can fight your allergy symptoms by using your HVAC

system to your advantage.

To learn more about four ways to reduce allergy flare ups and improve your indoor air quality, please visit our blog at www.goarco.com/blog.



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Brian Friedman,
President

Magnificat Junior Wins Shining Star CLE Singing Competition

The third time entering the annual Shining Star CLE competition, now in its fifth year, was indeed a charm for Calista Zajac, a junior at Magnificat High School in Rocky River. Her winning performance of "Being Alive," from the musical "Company," catapulted her above nine other finalists on the evening of Sunday, August 29.



"I couldn't be more proud of Shining Star CLE and the benefits it brings to so many. We are grateful for the overwhelming community support for this initiative. We have also enjoyed the opportunity to put a spotlight on the young musical talent in Northeast Ohio and have experienced the vocal gifts of contestants for the past five years. We further appreciate that they lend their voices to a very important cause – support for people facing the challenges of Alzheimer's disease and other forms of memory loss. They set examples for the ways in which all of us can work toward making the world a better place by inspiring, motivating, and educating others through use of their unique talents," said Menorah Park president and CEO Jim Newbrough.

After three rounds of auditions, featuring teens from ten counties and more than 60 schools, the Top Ten Finalists put on performances of their lifetimes via live streaming in front of a virtual audience amounting to an estimated 30,000 viewers.

During the evening, Calista and three other contestants were selected as the final four by the event's judges: Jim Brickman, award-winning songwriter and pianist; Rashad V. Chambers, Tony award nominated Broadway producer of *Ain't Too Proud – The Life and*

Times of The Temptations; Telly Leung, actor and singer who is best known for his lead role in Disney's *Aladdin* on Broadway; Trisha O'Brien, well-known jazz singer and entertainer; Carl Topilow, artistic director and conductor of Cleveland Pops Orchestra; and Gina Vernaci, president and CEO of Playhouse Square.

Audience members then had the opportunity to vote for top placement from the comfort of their homes during the event held virtually due to the pandemic. Calista's first place finish earned her the grand prize of a \$10,000 college scholarship, plus \$2,500 to her school's music department and an opportunity to perform with Cleveland Pops Orchestra at Severance Hall in Cleveland.

Olivia Nelson, a senior at Chardon High School, placed second and earned a \$5,000 college scholarship.

Alexandra Newman, a sophomore at Western Reserve Academy in Hudson, earned third place and received a \$2,500 college scholarship.

Emelia Aceto, a junior at Highland High School in Medina, earned fourth place and was awarded a \$1,000 college scholarship.

After announcing the winners, the evening's host, WKYC senior health correspondent Monica Robins, reported that the event raised \$430,000 in important support for a variety of memory care

services provided through Menorah Park and its campuses in Beachwood and Chagrin Falls.

Music provides a universal benefit for all ages and may also be the last remaining memories and joyful experiences for older adults diagnosed with Alzheimer's disease and related forms of dementia. Donations may still be made by going to www.shiningstarcle.org.



Shining Star Cle winner, Calista Zajac

Music provides a universal benefit for all ages and may also be the last remaining memories and joyful experiences for older adults diagnosed with Alzheimer's disease and related forms of dementia. Donations may still be made by going to shiningstarcle.org.

The other competitors in the top 10 included: senior Daniel Blum of Mayfield High School, senior Gabi Ilg of Medina High School, junior Kate Liang of Aurora High School, senior Amir Smith of Cleveland School of the Arts, senior Kennedy "Pete" Smith of Andrews Osborne Academy in Willoughby,

and junior Leah Spacek of Brecksville-Broadview Heights High School.

Connor Bogart O'Brien returned as artistic director for his second year. He's a native of Ashtabula and has been a soloist with several well-known orchestras, including the Cleveland Orchestra. As a songwriter, several of his original songs have been featured on national television, including ABC's *Days of Our Lives* and MTV's *The Hills*, and he has received acclaim for songs in his two full-length albums. The students appreciated his coaching during their preparations for the competition.

Honorary co-chairs were Judy and Morry Weiss. Event co-chairs were Meredith and Jason Hillman, Audrey and Kenny Koblitz, Susi and Peter Meisel, Carmie and Todd Stein, and Beverley and Richard Uria.

The background of the entire page is a stylized American flag with red and white wavy stripes and a blue field with white stars. The text is centered over this background.

2021 Candidates' Forum

The following pages have been provided by *Beachwood Buzz* to serve as an equal forum for Mayoral, City Council and School Board candidates to provide editorial content. *Beachwood Buzz* makes no representations as to the accuracy or completeness of the following editorial comments.

Mayoral candidates are first presented in alphabetical order, followed by City Council candidates and then School Board candidates, also listed alphabetically.

Positioning of each candidate's picture and statement is determined by the page layout and should not be construed as editorializing.

Additionally, placement of political ads is a judgment in magazine layout, with rotations based on previous placements. It is not a reflection or commentary on any individual candidate or political position.

It is our responsibility to make educated choices when going to the polls. Do your part and vote on Tuesday, November 2.

Every vote counts.



★ MAYOR ★
JUSTIN BERNES

The City of Beachwood is truly unique with the incredible concentration of talent within its residential and business communities. As mayor, I would tap into this fine network as part of my program to restore our community and reestablish the reputation of being Northeast Ohio's premier place to live, work and visit.

Serving Beachwood and its residents has been one of the cornerstones of my life. This pursuit has provided me with an enormous depth of experience and knowledge concerning Beachwood's affairs and governance, factors that have enabled me to be a very effective City Council member. These also are significant reasons

why voters can depend on me to be a mayor who is highly regarded both within and outside of Beachwood.

It's critically important, now more than ever, to strengthen Beachwood's local infrastructure by working to secure federal and state grants for construction projects. Areas that rank high include:

- The proposed redesign of the Chagrin/Richmond/271 corridor, which is vitally important to the business district, and
- The Mercantile/Harvard connector road that's been discussed for more than 10 years and will aid in the revitalization of the Commerce Park business district.

It's also imperative for the city to have immediate discussions with the owner of Beachwood Place concerning the mall's future. I would invite conversations that emphasize doing everything in the city's capacity to ensure the success of this valuable asset. In addition, improving security and safety at the mall is of the utmost importance to me.

I should also point out that the morale of city employees is lacking. I believe I have the know-how and ability to change this unfortunate circumstance.

My wife, Lisa, (an assistant nurse manager in the SICU at Cleveland Clinic), and I have three children, Caleb (17), and twins, Allie and Sarah (16), who attend Beachwood High School.

Beyond my family and serving Beachwood, I am president of Berns Custom Homes, a land development firm/custom home builder/residential renovator. As a developer/builder, I have first-hand experience with infrastructure improvements and managing budgets. My professional life offers me clear insights into development issues that Beachwood must address.

I am committed to restoring the reputation and safety of Beachwood. Therefore, I humbly request your vote to be the next mayor of Beachwood.

**Sincerely,
 Justin Berns**



★ MAYOR ★
MARTIN HORWITZ

When I ran for mayor four years ago, I promised big things: superior safety services, to fix critical infrastructure that had not been touched in decades, to promote economic development to keep taxes low, and to expand our outstanding services. Today, I'm proud that I've delivered on all of these promises, launching a new era of growth and success for Beachwood. Here are just a few projects I've spearheaded:

- **Safety:** Hired a new police chief, deputy police chief, and fire chief, added special patrols and two K-9 units, updated policies and training, added security technology and ambulances.
- **Infrastructure:** Leading a five-year program to

rebuild our storm water infrastructure and protect hundreds of homes from flooding. Improving street lighting/safety on Green Road and throughout the city.

- **Economic Development:** Collaborated with developers to create a new world headquarters for GE Current. This will transform Commerce Park, promote development in Chagrin Highlands, and increase revenue for the schools and city.
- **Services:** Created our award-winning dog park (Barkwood), established a sold-out community garden, instituted a popular block party program, and expanding fitness and recreation areas.

- **COVID:** Coordinated a robust pandemic response to protect our residents, businesses, and over 200 city employees – including free mask distribution, vaccine centers, and support to local businesses – earning Beachwood national recognition.

My bold agenda is paying off: Beachwood is growing faster than any other community in our county. Home prices are up 38% in 5 years. Residents and businesses appreciate our new spirit of teamwork and creativity. Our neighborhoods are safe and thriving. Crime is down.

These results are just the beginning. I am asking voters for a

second term so I can continue this momentum, complete the many projects in progress, and continue to provide the highest levels of service to our community.

Managing a complex city like Beachwood takes leadership and skill. As an attorney for over 40 years, I've helped thousands of clients navigate their medical, legal, and employment issues. And as a civic leader – serving 16 years on the Beachwood Board of Education, 6 on City Council, and now 4 as mayor – I bring a lifetime of legal and civic experience to critical decisions about Beachwood's finances and future.

To keep Beachwood safe, successful, and strong, I humbly ask for your vote on November 2nd.



★ CITY COUNCIL ★
GEORGE CARR

I believe in Beachwood, and I will help make it better than ever! We live in strange and interesting times, and my new voice on City Council will keep Beachwood moving toward a safe, thriving future.

I've been in Beachwood 15 years, and many things have changed in that time. Beachwood's infrastructure has aged and the effects of climate change have manifested, so we need to modernize the city's efforts to mitigate stormwater flooding to residents and update our aging roads, pipes, and utilities. My "day job" as a real estate lawyer has given me experience and insight about budgeting and managing such projects with efficiency and transparency.

Beachwood's population has increased and diversified, so we need to increase the city's efforts to integrate new residents into our social fabric, and promote tolerance and respect for the different lifestyles we all enjoy alongside our neighbors. My training and experience as a musician and arts educator has taught me the value of engagement, entertainment, and creating shared experiences that bring people together, and will help me guide Beachwood's unique culture into a great future that we can all share.

Beachwood's award-winning schools have entered a new era, with rumors swirling about deferred maintenance and the possibility of new

or closed schools. My wife and I have shared increasing optimism as our School Board and its world-class teachers and staff have learned hard lessons while tackling the challenges of providing high-quality education to our daughters and their fellow students. My strong relationships with current School Board members and fellow parents, not to mention my courtroom-tested skill at resolving challenging and complex disputes, give me the ability and determination to work from many different angles to help our children grow into the hardworking, thoughtful, resilient adults we hope they can be.

I have professional experience with issues that often come before Council: My legal practice has included not just property development and tax incentives, but also public records, Constitutional rights, police misconduct, and even residential storm drainage. I've represented many clients, from homeowners to giant companies, and I'm proud to be endorsed by City Council President James Pasch, the AFL-CIO, and many of you.

I believe in Beachwood,
 and I will help make it better
 than ever!

With your support, I will help guide our great city to even greater excellence.



★ CITY COUNCIL ★
MAIR COHEN

My name is Mair Cohen, and I pride myself on efficiency and effectiveness. **I believe that city funds should be spent on the appropriate causes and that accountability for spending should be an integral part of any institution. I currently own and operate a successful steel supply company, which I founded 14 years ago after working in the real estate accounting field for 20 years.** I have experience with some of the larger U.S. corporations as well as small real estate companies.

Further credentials include:

- Alumnus of Cleveland State University with a BA in Political Science and an MBA
- Active member in the community

- Proud member of several Beachwood synagogues

Our family is fortunate to consist of a caring mother of three boys, including a senior in Beachwood High School, and one girl. We are avid hikers and bikers who spend many days outdoors. Family time is a very important factor in our household.

I began to work part-time when I was 12 years old. Whether it was mowing lawns or hauling groceries, I eventually put myself through college and 10 years of martial arts. My work ethic has led me to teach our children the value of work and family. I was raised in Cleveland Heights and moved to Beachwood for the

impressive Beachwood schools. My background in business accounting and real estate, coupled with my strong sense of family, makes me the wise choice for City Council. I intend to bring a common sense, fiscally responsible approach to City Council.

This is my plan:

- Admiration and respect for our first-class, hard-working fire, police and public works employees
- To find and implement a viable, profitable upgrade to Beachwood Place
- To install high-efficiency LED street lamps in a strategic manner throughout the side streets

- To maintain and attract good businesses to our city
- To keep taxes low. A healthy commercial tax base = lower residential taxes

I live with these two mottos in mind:

- SPEAK LESS, DO MORE
- THE COMMON SENSE APPROACH

Your vote is your voice.
 Help our city by electing
 those who are not afraid
 to work. I ask for your
 vote on November 2nd.



★ CITY COUNCIL ★
ALEC ISAACSON

Our city has grown over the past eight years, thanks to our strong tax base, great city services, and excellent schools. As an eight-year member of City Council, I've worked to make that happen, and I want to continue to strengthen Beachwood.

While on Council, I've helped our residents and businesses to ride out a global pandemic by offering important services, like senior wellness checks and Beachwood Delivers, a one-of-a-kind food delivery service that supported Beachwood's restaurants and residents. I oversaw an overhaul of the city's zoning code, which enhanced our ability to attract and retain quality

businesses. I drove the creation of a comprehensive plan to address residential flooding, and I authored legislation to ensure transparency around public safety issues. I've never been afraid to ask the tough questions about our plans and I've been an independent voice.

I want to keep building on that base to keep Beachwood strong.

I want to improve our community by developing our infrastructure (including sidewalks and streetlights) and enhancing safety and security. I want to focus on economic development by ensuring that our policies allow businesses and Beachwood Place to evolve with the times,

while also maintaining our essential character. And, I want to concentrate on fiscal responsibility by ensuring that we create strategic plans that clearly and transparently map our priorities and path forward.

By doing this, we can ensure that we will have a strong, vibrant, community with low taxes, great city services, and excellent schools. We will continue to be a welcoming, growing, community.

I need your help to do this – I need your vote so I can serve another term on Beachwood's City Council. Early voting starts October 5th and in person voting is on November 2nd.

I am Alec Isaacson, and I am Positively Beachwood.

If you have questions or want to hear more, you can contact me at 216.291.2797 or see my website at PositivelyBeachwood.com

I drove the creation of a comprehensive plan to address residential flooding, and I authored legislation to ensure transparency around public safety issues. I've never been afraid to ask the tough questions about our plans and I've been an independent voice.



★ CITY COUNCIL ★
JOSHUA MINTZ

Dear Neighbor,

My name is Joshua Mintz and it has been an honor and privilege to serve on the Beachwood Board of Education for the past ten years. As a school board member, I worked with students, families, district staff, school leaders, community leaders, local businesses and residents to ensure that our children have access to the best education. We hold a great deal of pride in the accomplishments of our schools. Our children are fortunate to attend schools that are filled with amazing teachers, incredible support staff, and innovative leaders who strive to achieve excellence in education provided to our children.

Today, I ask for your vote to support my candidacy for Beachwood City Council. I have a passion for serving our community. If elected, I will continue to apply my hands-on approach to solving problems and will continue to be a common sense voice that represents your needs accordingly, all while honoring Beachwood's values and traditions.

We are all very much aware that the City of Beachwood is facing new, major challenges. I will work with you, the administration, and business owners and leaders on redevelopment, stability, and safety, so assets like Beachwood Place are safe and remain a priority. My business experience and background will aid City Council and Beachwood's administration in

three categories: safety, economic development, and strategic partnerships. Furthermore, I will prioritize safety and security for all of our residents, religious institutions, and visitors to our community.

My wife, Elana, and I choose to raise our children (Izzie 15 and Drew 13) in Beachwood because of the nurturing community, amazing city programs, services, and outstanding schools. I am committed to our city, our residents, and our resources remaining superior and outstanding.

Respectfully, I ask for your vote and support on November 2nd.

Thank you,
Joshua Mintz • 650.464.6788

We are all very much aware that the City of Beachwood is facing new, major challenges. I will work with you, the administration, and business owners and leaders on redevelopment, stability, and safety, so assets like Beachwood Place are safe and remain a priority.



★ CITY COUNCIL ★
ERIC SYNENBERG

I love Beachwood. It is my home and has been for much of my life. Raising my family in Beachwood over the past seven years has been a pleasure, and I now feel an affinity to this community more than ever. To have made contributions to Beachwood through my work on City Council over the past four years has been the privilege of a lifetime. Internally, I have seen first hand why our community is so special.

I always knew that our rich, diverse array of citizens was a strength. Now, I also know that the people who work for the city also make it a special place. To work with and support staff has been one of the greatest parts of my first term on City Council. I cannot adequately express my respect

and admiration for the employees of our city. I hope to earn another term on City Council so I may continue to collaborate with these fine individuals as we continue to do great things for Beachwood.

I am proud of several accomplishments from my first term. I have led Council into the Beachwood Schools to teach and mentor our youth about local government and civic affairs. I have also been a leader on community service and recreation offerings that include Barkwood, the Community Gardens, and the soon-to-be-completed Fitness Court. Most recently, I collaborated with Beachwood Historical Society to plan and establish the Hometown Heroes garden at Beachwood City Park West.

Looking ahead, I want to continue my leadership role as we further collaborate with residents on more recreational offerings to improve our quality of life.

I support our safety forces in every way possible, as they have been on the front lines to help us more than ever in the COVID world in which we now live. I also support our economic development work, which is the most aggressive and comprehensive plan in our city's recent history.

I love this community and hope to continue giving back. I humbly ask for your vote on November 2nd so I may continue to be a part of the team that works on behalf of all of us in Beachwood.

Looking ahead, I want to continue my leadership role as we further collaborate with residents on more recreational offerings to improve our quality of life.

I love this community and hope to continue giving back. I humbly ask for your vote on November 2nd so I may continue to be a part of the team that works on behalf of all of us in Beachwood.



★ SCHOOL BOARD ★
KIM ALLAMBY

My name is Kim Allamby and I am excited to introduce myself and earn your vote on or before November 2nd for the Beachwood School Board.

My family and I moved to Beachwood in 2015 because of the strength of the schools, and I am beyond proud to be raising my two daughters in this diverse community that values education. I have made it my mission to immerse myself in the schools to understand its strengths and weaknesses, so that I may know some of what it takes to keep Beachwood the top-tier district that it is.

I am running for office because our family and our successes are the result of attending public schools and now it is time to give back.

Being educated in the Shaker Heights public schools afforded me the opportunity to go to the University of Michigan for a Bachelor of Science degree, and then the University of Pittsburgh for a Master of Physical Therapy degree. I am no stranger to dedication, discipline, and hard work.

My 26 years of experience as a physical therapist bring to the Board someone who: listens compassionately, can set achievable goals, and is comfortable interacting with all people. I am also a full-time working mom and strong supporter of my husband's, Dr. Carl Allamby's, recent career change from mechanic to medicine. With the conclusion of my husband's

journey, I feel a growing need to impact the well-being of our future generations, and the best way is through service on the Beachwood School Board.

As a Board member I will be committed to:

- **Assuring students receive the resources and supports they need to reach their highest potential**
- **Celebrating our diversity with a more inclusive curriculum and school culture**
- **Improving parent and community engagement**

To learn more about my plan, visit www.KimAllamby.com. This November, please

support me and my running mates – Jillian DeLong and Wendy Leatherberry. We have complimentary strengths, a shared vision, and are passionate about our schools. **Simply put, we are the Best Choice for Beachwood!**

Sincerely,
Kim Allamby

I am running for office because our family and our successes are the result of attending public schools and now it is time to give back.



★ SCHOOL BOARD ★
JULIE BROUGH

For Our Kids, Our Community, Our Future.

“Celebrating our differences while coming together as a community for our kids' future with opportunities for all.”

My name is Julie Brough and I am excited to announce my candidacy for a seat on the Beachwood Board of Education. As an employee of University Hospitals, I was assigned the position of athletic trainer for the Beachwood City Schools from 2013-2021.

I bring nearly 30 years' experience working with students of all ages in the field of education. I have two children in the Beachwood Schools, Antonio (6th grade) and Michael (3rd grade), and I strive for their success as well as the success of all students in the City of Beachwood.

Let's Focus On ...

- Ensuring all students in Beachwood are our top priority
- Collaborative efforts between private and public institutions
- Increasing overall community support
- Teamwork and trust between the Board of Education, administration, teachers, staff, and our families
- Educational consistency and excellence
- Support and appreciation for our teachers and staff
- Providing increased educational opportunities for all of our district students

- Strengthening relationship between City of Beachwood and Beachwood School

What's Our Mission?

- I believe our mission is to improve communication, transparency, inclusivity, and acceptance of all students
- To set goals for improvements that “stretch” the district's efforts; and to work on our students' social-emotional learning to increase resiliency and responsible decision-making skills.

I value communication, examination of facts, integrity, and authenticity. I also believe that when working together as a team, we can make a difference

for the betterment of all our students. I have long wanted to share my experience and passion for the students and their education in our district.

Now is the right time for me to seek a seat on our Board, as I will bring fresh ideas and positive solutions. Working specifically for our schools the past eight years makes me uniquely qualified to serve on the School Board because I have firsthand insight into our district and how it functions. I have built strong relationships with community members, the administration, teachers, staff, students, parents, and elected officials.

Thank you in advance for your support. Vote Brough on November 2nd, 2021.



★ SCHOOL BOARD ★
KAREEN CAPUTO

WHO is Karen Caputo?

I am a relationship counselor. I received a master's degree in psychology from the “Lumiere” University of Lyon (France) and clinical social science master's degree from the Mandel School of Social Sciences at Case Western Reserve University. I have certifications in both addiction and marriage counseling and started my own private practice, Mindful Relating LLC, in 2012.

My family and I have lived in Beachwood for 20 years and I feel immensely grateful for the education our three sons received in the Beachwood schools.

WHAT will I bring to the School Board?

I made the decision to run a second time for School Board for a very specific reason. The COVID health crisis has brought the entire world to a vulnerable and frightening place. We are living with uncertainty and momentous challenges casting dark shadows on our future and the future of our children. This health crisis resulted in a mental health crisis of epic proportions. With 30 years of experience as a clinical social worker working with groups, families and children, I can offer valuable guidance to navigate this trying time and bring together our schools and community.

I am motivated to run for this important position to serve the interest of our schools' unique needs and challenges.

WHY vote for me?

I strongly believe that although stakeholders could have very diverging views on important school related issues, we as Beachwood residents, with or without children in the schools, deeply care about our district's future. We want the best possible education for our students, and we want to continue to enjoy all the benefits our city derives from having excellent schools. Unfortunately, in our current climate, many community voices have not been heard or included. In my professional practice I have learned to effectively use models

and processes that unify diverging and polarized views. If elected, I will use these processes and guiding principles to ensure that all community voices are heard and solutions are reached. I will provide guidance for reaching resolution and reconciliation.

With 30 years of experience as a clinical social worker working with groups, families and children, I can offer valuable guidance to navigate this trying time and bring together our schools and community.

I will honor the trust your vote places in me with all my professional and personal skills.



★ SCHOOL BOARD ★
VALERIE CHARMS MASON

WHO is Valerie Charms Mason?

I am a businesswoman with a degree in psychology from Ohio University. I have been a business owner in Beachwood for 14 years. I built the biggest American Family Insurance Company's agency in Ohio, the Charms Agency. I am a founding member and past chapter president of a greater Cleveland Chapter of BNI, Business Network International. I was a long-term member of the Beachwood Chamber of Commerce and a frequent volunteer, enjoying promoting the business community and forming friends and business allies within the Chamber. I have also worked for several Fortune 500 companies,

earning top honors in sales, sales training and motivation. Importantly, I am the mother of three children, two graduates of Beachwood, and one still in the Beachwood Schools.

WHAT will I bring to the School Board?

As a curious and open person, I forge personal and professional friendships with ease. I am an expert communicator, active and empathetic listener, and problem solver. As a businesswoman, I have a lifetime of experience in financial matters. I will make certain that the Beachwood School budgets are aligned with the goals and vision of our school district.

WHY vote for me?

At the heart of my run for School Board is a profound belief in dialogue. In these turbulent times, it is more important than ever for everyone to have a voice, and to have others who will listen. I understand that each of us has our own road to travel, and that we all bring our past and our present with us in life. I commit to resolving conflicts with the goal of balance and compromise. Beachwood is a unique community that should strive for top achievements and outstanding academics!

As a curious and open person, I forge personal and professional friendships with ease. I am an expert communicator; active, empathetic listener; and problem solver.

I commit to resolving conflicts with the goal of balance and compromise.



★ SCHOOL BOARD ★
JILLIAN DELONG

It has been my privilege to serve on the Beachwood School Board for the past two years. I am running for re-election, and your vote will help me continue advocating for Beachwood families.

My 12 years of experience balancing academic needs with institutional resources at Cuyahoga Community College brings needed fiscal insight to the Board. Through managing a multitude of projects in excess of \$35 million, I have learned that student success comes in many different shapes and sizes, and that administrative goals must align with academic needs – they must be transparent, tangible, planned, budgeted and executed.

I am an active member of the Beachwood PTO and Boosters, a volunteer for the Beachwood Youth Football Program and the Beachwood Girl Scouts, and a member of the city's Citizen Finance Committee. My two children currently attend Beachwood schools. I have worked tirelessly with administration, and will continue to do so, with the following three initiatives in mind:

1. **Navigate Out of the Pandemic** – Support teachers, administration and staff so that student challenges posed by the pandemic are identified and resources are steered to those areas.

2. **Community Collaboration** – Continue to work with the community to provide open dialogue in which everyone can participate, express their ideas and, above all, be heard.
3. **Fiscal Stewardship** – Use my accounting experience at Cuyahoga Community College to make fiscally responsible decisions for the community.

I am thrilled to be running my campaign alongside Kim Allamby and Wendy Leatherberry. Together, we are the best choice for Beachwood. We are invested in our city, and we will each bring our own unique qualities to the Board – ensuring effective decisions that will benefit all students and, by extension, all residents.

I am thrilled to be running my campaign alongside Kim Allamby and Wendy Leatherberry. Together, we are the best choice for Beachwood.



★ SCHOOL BOARD ★
WENDY LEATHERBERRY

I am pleased to share my candidacy for the Beachwood Board of Education. Having served on the Board of Education in Cleveland Heights/ University Heights, I am keenly aware and experienced in the intricacies of this position. The key to being a good Board member is listening and understanding the concerns of the community, as well as the expert advice of the professionals. It is a balancing act that requires decisiveness.

The Beachwood Schools are our community's greatest asset. The schools draw in new families each year. The district is not perfect, but it has done a phenomenal job navigating the pandemic, providing

safe learning and working environments. At the same time, efforts underway to grow equity and inclusion for all are necessary and I am honored to serve on the Parent Equity & Engagement Team. This work is not without its critics, but it is imperative that it continues. High school students have made it abundantly clear that it was overdue in getting formally started.

I am committed to increasing transparency in decision making and will encourage continued community engagement. I believe that facts and science must guide our decision making, as they always have. That is not the case for all candidates in this race. I am

running because I believe the Beachwood Schools and our whole community are at a tipping point. We can continue on this path as a strong, desired school district, or we can start a precipitous slide in the wrong direction.

I believe that facts and science must guide our decision making as they always have.

At this time of great peril in our nation, it is imperative that individuals at all levels of government model the behavior we seek in our communities. Our children are watching everything we

do. If entrusted with this position, which President Biden recently referred to as the most important, thankless type of public service, I will strive to live up to the honor by exhibiting leadership and making tough decisions thoughtfully.

I am proud to be running as a team with two other strong public education advocates, current Board member Jillian DeLong and candidate Kim Allamby. We are independent and will not always agree, but we share a common vision for continued strong public schools in Beachwood. I am Wendy Leatherberry and I would be honored to have your vote.



★ SCHOOL BOARD ★
MIRIAM WEISS

WHO is Dr. Miriam Weiss?

I am a nephrologist and professor of medicine, retired from Case Western Reserve University. I received my MD in 1973 from the Albert Einstein College of Medicine of Yeshiva University, and an MA in Bioethics at Case in 2010. I have published over 80 research papers in my field.

Every Friday afternoon I return to the medical school to work as a preceptor with third-year students in their course, Science and Art of Medicine Integrated (SAMI).

I worship with and support a local Chabad and I am a member of the Cleveland Hiking Club, joining sunrise hikes throughout beautiful Northeast Ohio every morning – sun, rain, ice, or sleet.

My two grown children have successful careers and families. Orion is a Juilliard graduate and renowned classical pianist. Abraham teaches first grade in Israel.

WHAT will I bring to the School Board?

In recent years, the academic performance of Beachwood Schools has fallen, as its deficit spending has skyrocketed. I have the time, the energy, and the problem-solving skills to define the issues that have led to these changes. The School Board is in place to represent the community in the important task of educating Beachwood's students. I will be a window into, not a rubber stamp for, Board contracts and issues. Email me. I will seek answers.

WHY vote for me?

I will bring my expertise as a physician to the issues facing Beachwood Schools. I will bring my analytic skills as a laboratory scientist to finding rational solutions to those problems. I will bring my skills as a caregiver known for listening to hear the concerns of parents and the community. I will open, not block, parental participation in children's learning. Most importantly I will bring my heart, as a parent and grandparent. The next generation deserves this humane attention.

I will be a window into, not a rubber stamp for, Board contracts and issues. Email me. I will seek answers.

Programs at the Beachwood Library

The Beachwood Library offers the following programs in October. To register for these programs or learn more, please visit <https://attend.cuyahogalibrary.org/events> or call 216.831.6868.

Arts for Wellness:

Mini Clay Lanterns and Trays

Wednesday, October 6

4:30 - 5:15 p.m.

For adults who have been affected by cancer. Create three votive-size textured lanterns and a tray to set them upon. Advanced registration is required. To register, please call Barbara DiScenna, University Hospitals, at 216.844.1211.

Arts for Wellness workshops provide people affected by cancer (including survivors, those in treatment, post-treatment, their families, and caregivers) the opportunity to connect with others through the arts. No previous art experience is necessary. Program is open to all. Please register at <https://attend.cuyahogalibrary.org/event/5422252>

Tuesday Book Chat

Virtual

Tuesday, October 12

7:00 - 8:00 p.m.

Join us for a discussion of "Eternal," by Lisa Scottoline. To register, visit <https://attend.cuyahogalibrary.org/event/5195112>. A meeting link will be emailed to registered participants approximately one hour prior to the start of the program. Staff will be available for help with connecting to Zoom and technical issues beginning 15 minutes prior to the program. You will need a device with audio and/or video and an internet connection to join. Copies of the book are available for checkout at the circulation desk.

Knit and Lit

Monday, October 18

6:30 - 8:00 p.m.

Join us for knitting and informal chats about what everyone is reading. Please register at <https://attend.cuyahogalibrary.org/event/5592575>.

Travelogue from Cook Forest, PA

Virtual

Tuesday, October 19

7:00 - 8:00 p.m.

Cook Forest is only 2 1/2 hours away from Cleveland, and it is the perfect getaway for anyone needing a dose of nature. Join us for a slide show and learn about places to stay and things to do in this beautiful park. Please register at <https://attend.cuyahogalibrary.org/event/5185327>.

Third Thursday Book Discussion

Virtual

Thursday, October 21

2:00 - 3:00 p.m.

Join us for a discussion of "At the Edge of the Haight," by Katherine Seligman. Please register at <https://attend.cuyahogalibrary.org/event/5244367>.

Tea Talk and Tasting with Storehouse Tea Company

Virtual

Wednesday, October 27

2:00 - 3:00 p.m.

Tea is beating all scientific expectations as the most potent health beverage. Please join Paula Hershman, owner of Storehouse Tea, a local Organic, Fair Trade tea blending company for a discussion

on sourcing, growing and processing practices. We will also be brewing and tasting four teas and discussing the health benefits and differences of white, green and black tea, along with caffeine-free botanical blends. Join us for a memorable night of tasting excellent, fresh tea produced in Cleveland. Please register at <https://attend.cuyahogalibrary.org/event/5130024>.

CHILDREN'S PROGRAMMING

Little Artists

Grades K-1

Tuesday, October 5

3:30 - 4:15 p.m.

Hear about the life of a famous artist and get inspired to create your own works of art. Registration is required.

Spy School Trivia

Grades 3-8

Virtual

Monday, October 11

7:00 - 7:45 p.m.

Test your knowledge of "Spy School," by Stuart Gibbs, with other fans of the series. Trivia will focus on the first two books of the series, "Spy School," and "Spy Camp." Registration is required.

Baby & Me Storytime

Thursdays, September 23

through October 21;

November 4, December 2

10:00 - 10:30 a.m.

Caregivers with babies birth - 18 months.

Join us for rhymes, songs, fingerplays and books. Registration is required.

Virtual Pajama Storytime

Thursdays, September 23

through October 21;

November 4, December 2

6:30 - 7:00 p.m.

Families with children 0-5 yrs.

Put on your pajamas and join us for rhymes, songs, fingerplays, and stories. Registration is required.

STEAM Tuesday:

Balloon Race Cars

Tuesday, October 19

3:30 - 4:15 p.m.

Virtual

Discover something new about the world around you each month with a new activity. Registration is required.

Halloween Microbits

Grades 3 and above

Wednesday, October 20

3:30 - 4:30 p.m.

Learn to code and work with physical computing using a pocket-sized computer called a microbit. Registration required.

Art Explorers

Grades 2-5

Tuesday, November 2

3:30 - 4:30 p.m.

At each session we will focus on an artist, explore their life and creative style, and create our own works of art based off of what we have learned. Registration is required.



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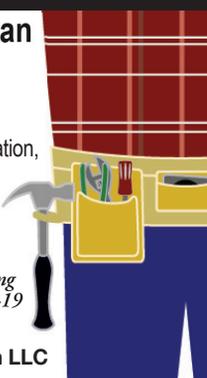
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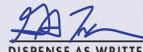
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Beachwood Historical Society Bits and Bites

Tai Chi in Beachwood City Park West

Beachwood Historical Society is excited to continue Tai Chi classes under the pavilion, Sunday mornings, 10:00 a.m. Classes will continue throughout the fall season, until the first snowflakes fly. The backdrop of the fall foliage is fantastic as we do Tai Chi moves with Jen Stepien. Jen uses visualization to help you with the movements. Tai Chi benefits your mental health and teaches you balance! Cost: \$5 per class. See you there, in your cat stance!

Veterans Day Ceremony

SAVE THE DATE: November 7, 11:00 a.m., at the Beachwood Cemetery. This Ceremony is sponsored by Beachwood Historical Society and City of Beachwood.

Beachwood Garden Club

Beachwood Historical Society invites you to tour Cleveland Cultural Gardens. Date in October to be announced. Call 216.591.0229 to check for updates and make your reservation. The tour will start at the Hebrew Cultural Garden, where Sheila Allenick will provide a private tour, followed by tours of three to four additional gardens.



Pictured: Sheila Allenick at the Hebrew Cultural Garden.



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