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By Debby Zelman Rapoport



We're all creative beings.

Creativity is defined as the tendency to generate or recognize ideas, alternatives, or possibilities that may be useful in solving problems, communicating, and entertaining ourselves and others. Creativity is much more than art. When we look at something with a creative eye, we view it with our own unique perspective that enables us to find patterns and connections that link to new opportunities.

lbert Einstein famously said, "Creativity is contagious, pass it on."
I echo this sentiment, especially now, when many of us make
New Year's resolutions or reflect on how we wish 2023 to evolve.
Embracing creativity is one way to spark new interests and create a flame that will illuminate throughout the year and into the future.

Although there are risks when we share creativity with the world, like fear and uncertainty, rewards outweigh the risks. When we share ideas, we may attract like-minded people who support our endeavors, and we have the power to deflect the negativity of naysayers. As a result, when we bounce ideas off of those who support us, outcomes are stronger.

Think about children. They're carefree and creative from a young age: When they color or

paint, grass doesn't have to be green and a sky doesn't have to be blue. If they're supported on their creative journey, talents will bloom. If the external world, be it parents, caregivers, or educators, tells them how things should be done, their creativity will be suppressed.

Growth happens when we have courage to step out of our comfort zone. Where does your creativity lie? Art? Cooking? Writing? Music? Mentoring? Volunteering? If you were

alone and couldn't be judged, what would you choose to do? Hopefully, you wouldn't be listening to a voice in your head that says it can't be done.

Let's embrace our creativity and let 2023 be a year of growth. When we have the courage to develop new skills, we develop more confidence and are more likely to show others how contagious creativity can be!



According to www.indeed.com, a job-search site, here are 10 ways to improve creativity skills. Whether or not you're in the job market, these exercises will spark creativity.

1. Try the circle challenge

Draw 20 circles, then set a stopwatch for 30 seconds. Make each circle into a unique picture before the timer ends. This exercise forces you to think about the same thing in different ways. Repeat it periodically to see how your thoughts change over time.

2. Use a sketchpad

Drawing or writing inspires creativity and helps you process information. If you are listening to a presentation, you could sketch something relevant to what you are hearing. This can help you remember the things being said.

3. Read regularly

Reading is just one way to mentally exercise. Exploring fiction novels, for example, can introduce you to interesting creative concepts such as complex worlds, storylines, puzzles, and characters. Another easy way to practice mentally challenging games and puzzles is by using an app on your phone or another mobile device.

4. Write

Try recording your thoughts in a journal at the end of each day. Writing encourages you to think critically about your daily experiences and ideas. Finding ways to apply critical and analytical thinking is a great way to exercise your mental abilities.

5. Exercise

Taking care of your physical and mental health can help put you in an optimal position to practice and apply creative thinking.

6. Take a new route

Challenge yourself to take an alternative path to a place you regularly go to experience new surroundings. Going a different way will expose you to unfamiliar sights, sounds, and experiences, which all aid in improving your overall creativity.

7. Try something new

When you expose yourself to new things, you naturally improve your ability to think creatively by remaining openminded and observant.

8. Listen to music

Music can move you on an emotional level and change your mood and focus. When you need to think creatively or brainstorm, find music that is inspiring.

9. Ask for feedback about your ideas

One way to improve creative thinking is to ask for feedback or advice about your ideas. When receiving the input, try to understand the other person's point of view.

10. Change your process

Make a change to the way you normally do things.



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2023: Reflecting and Looking Forward



s we ring in the new year, we recall last year's achievements and implement this year's plans. There's a lot to celebrate and look forward to in 2023, and we feature highlights from the City of Beachwood and Beachwood City Schools.

Story, by Debby Zelman Rapoport, starts on page 6. Photos by Scott Morrison, Discovery Photo.

Maltz Museum Presents

PHATE



Scholarship Contest for 6-12 graders

Each year students and schools are awarded \$100,000 in scholarships and anti-bias education grants. Will you or your school be the next winner?

Thur, February 16, 2023

Essays due for Grades 6-10: Essays due for Grades 11-12: Thur, February 23, 2023

Enter at maltzmuseum.org/sth

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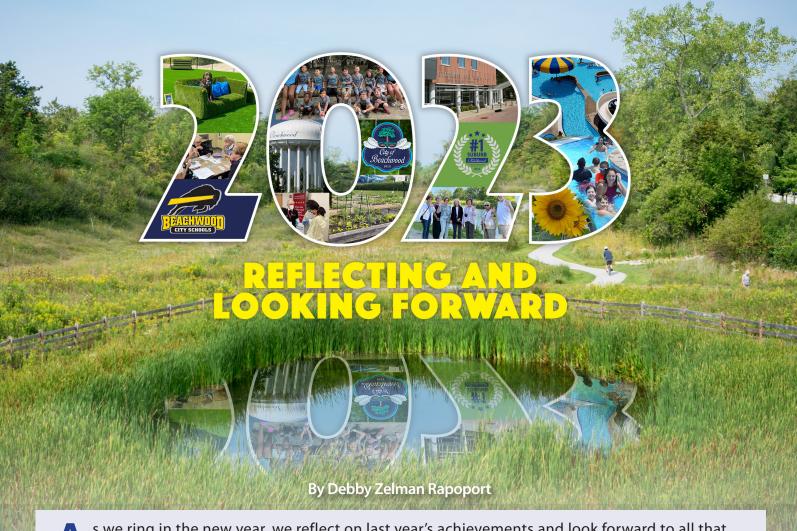
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s we ring in the new year, we reflect on last year's achievements and look forward to all that is planned in the year ahead. On the following pages, we feature highlights from the City of Beachwood and Beachwood City Schools.



At the start of 2022, Mayor Justin Berns was sworn in, along with council persons Alec Isaacson, Joshua Mintz, and Eric Synenberg, who joined council persons Mike Burkons, Barbara Bellin Janovitz, and June Taylor. Together, they've worked for the betterment of the city by passing ordinances that continue to support our community and move it forward.

At the beginning of the year, Mayor Berns shared some ambitious goals, all of which were addressed with his advocacy over the past 12 months. They include:

- Safety: License plate readers were installed to enhance the city's ability to track and trace civic offenders. The 31 LPRs are stationed in high traffic areas throughout the city, along with two mobile units in patrol vehicles. These electronic devices with high-speed cameras scan each passing vehicle, detect the license plate, and read and record it, identifying time and location. The devices alert law enforcement if the plate matches a "hot list." Leveraging LPR technology has become an increasingly useful tool in the detection of crimes in progress, while also playing a role in solving crimes after they occur.
- **Beachwood Place:** A Police Department field office was installed in a very visible location, on the second floor, adjacent to the food court.

This is part of a community outreach program initiated by Police Chief Kate McLaughlin with the goal of bringing officers and the community together. It also helps maintain public safety and confidence.

- Pickleball Courts / Community Gardens Expansion: Six new
 pickleball courts will be constructed next to the existing tennis courts
 and will be fenced in with shade structures and benches. Completion
 is slated for mid to late summer. This project will also include an
 expansion of the community gardens, which have greater accessibility
 and better water access, and will include a shade shelter and a shed.
- Renovated City Playground: The Recreation/Community
 Services committee will be considering which surface should
 replace the wood chips now present, with a rubberized product
 or synthetic turf as options. New equipment will also be
 purchased. The city received a grant from Cuyahoga County, with
 additional funds allocated for 2023, and the city is reviewing
 proposals from several vendors.
- Barkwood Comfort Station: On the east side of Richmond Road, funds have been allocated for a pavilion and restrooms near Barkwood. The city is reviewing design options and working to determine the proper structure and logistics for installation.

- Business Development: Cathy Bieterman was hired to serve as the Economic Development director. Part of her duties include meeting regularly with business owners, operators, and leaders to enhance the city's partnerships with these important elements of the community. She reports directly to the mayor. Her primary responsibilities include business retention and expansion, marketing and attraction, entrepreneur and small business development, real estate development, revitalization and land reuse, and workforce development.
- **Senior Community:** Seniors continue to receive high-level services, including specialized van transportation, rubbish pickup, and curated recreational programming, including exercise, trips, outings and educational opportunities.
- **Children:** Beachwood camps continue to thrive and the sign-up process has been enhanced with the introduction of online registration.
- Orthodox Community: Additional attention is being paid to the Green Road corridor, particularly during Shabbat.
- Infrastructure/Improved Traffic Safety: Improvements at the intersections of Chagrin/Richmond and Chagrin/ I-271, are underway. A connector road from Commerce Park leading to Chagrin Highlands is in the plans along with sewer upgrades.

Upcoming Events and Programs

Black History Event - NEW!

On February 8, 4-7 p.m., the city will host its first Black History Event, which will include tastes, sounds, and art from local businesses.

February Freeze

Last year, the Community Services Department kicked off its first February Freeze, an inaugural event that celebrated winter, at the City Hall parking lot. Residents were invited to enjoy activities and see winter sparkle with our city's first-ever sponsored fireworks display. This year, on February 26 from 6-7:30 p.m., the event is expected to double in size because of expanded programming, including entertainment by Rockin' Robots, crafts, games, fireworks, and more!

Fallfest

Fall Fest 2022, which featured a rock concert with bar the night before, was bigger than ever! Attendees also enjoyed cultural performances throughout the day. Plans are now underway for this year's event.

Honkin' Haulin' Parade

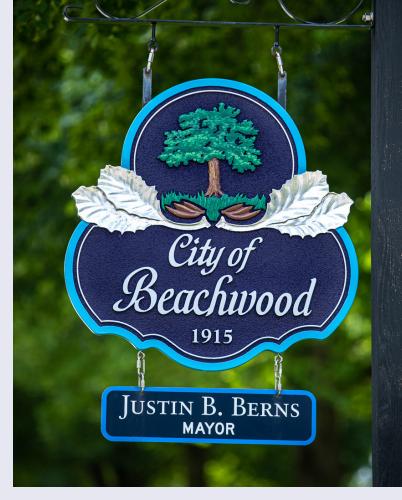
The Honkin' Haulin' Hands On Trucks event was converted to a Honkin' Haulin' Parade at the start of Covid. This format continues to be well received and will be repeated again in 2023.

Fire Station #2 Five-Year Anniversary

The city will hold a special event in May to celebrate the fiveyear anniversary of Fire Station #2, located at 3777 Richmond Rd. Watch for details!

Art Exhibits

Beachwood Community Services and Beachwood Arts Council continue to work diligently to create shows that feature local talent.



Exhibits take place in the Beachwood Art Gallery, located in the Beachwood Community Center. The current show, Harmony, runs through January 6, followed by Celebrating Black History Month, which will run from January 11 - February 12. An artists' reception will take place on Sunday, Jan. 22, from 1-2:30 p.m.

Senior Programming

Beachwood Community Services continues to expand senior programming and reintroduces overnight trips, including one to Tennessee in May. It also offers van service to disabled and senior residents for medical appointments, shopping, banking, and social/recreational activities. Seniors can now request the Senior Monthly Minute Calendar to be emailed to them by registering at www.beachwoodrec.com/151/senior-program.

Camps and General Programming

The city offers varied camp experiences and general programming. It also features a new Community Theater program, in conjunction with Shaker Heights, run in Beachwood, by Justin Stick and Keith Nagy. For details, visit beachwoodrec.com. *Summer jobs are available!* Employment opportunities for camp counselors, lifeguards, and a pool manager are listed at www.beachwoodohio.com/jobs.

Additional City Information

Beachwood Family Aquatic Center

For maintenance, comfort and aesthetics, PBC membrane surfaces were installed at the Beachwood Family Aquatic Center in and around the pools. These anti-slip, cushioned, anti-microbial surfaces were well received with much positive feedback. Watch for details

about 2023 programming, which will include concerts; ticketed latenight pool events that will include a DJ, games, and prizes; and the ever-popular dog swim, which takes place at the end of the season.

Beachwood Community Gardens

Because of demand, the city expanded the Beachwood Community Gardens from 40-72 plots. Local gardeners planted and harvested flowers and vegetables, shared gardening tips, and built relationships. At the end of the season, the city hosted its first happy hour event, where gardeners celebrated successes and shared recipes. This year, gardeners will enjoy gardening in a new location, which will be ADA accessible and closer to the parking lot. There will also be more gardens added, a shed, and shade shelters. Returning gardeners may register February 1-28. Residents may register for remaining spots beginning March 1.

Pickleball

Since the interest in pickleball continues to expand, City Council approved funding for six new designated courts, fenced in with shade structures and benches. These courts, expected to open mid to late summer, will be located adjacent to the current tennis courts. Programming is expected to begin later this summer. The city also offers drop-in pickleball at the Beachwood Community Center on Tuesdays, Dec. 6 through April 25, from 6-8 p.m. There is a \$5 drop-in fee to play.

Outdoor Fitness Park

The new Fitness Park is open year-round in City Park East, making exercise accessible to everyone at no cost. Once the weather breaks, programming will again be scheduled, providing opportunities for residents to pick and choose classes without ongoing membership fees at a traditional gym.

Barkwood

Barkwood, a one-of-a-kind turf dog park, continues to be a popular gathering place for four-legged friends and their owners. Surfaces were recently cleaned and sanitized and, because of donations, new amenities will soon be added. Barkwood members and former members may now purchase memorial dog bones to leave a lasting memory of their pet at Barkwood. This program was funded by a generous donation from the

Fleischmann family and the \$5 fee will help support the Barkwood Dog Park. Plagues will hang on the Barkwood Fence.

Outdoor Volleyball Courts

The city is constructing three volleyball courts – two sand and one grass – between the pickleball courts and the Beachwood Community Gardens. These will be completed mid to late summer and will provide opportunities for residents of all ages.

Residential Exterior Maintenance Program

The City continues its Residential Exterior Maintenance Program, which helps to protect the property value for your home, your neighborhood, and the entire community. Inspections are based on a 4-year rotation schedule. Point of sale inspections are not performed by the City of Beachwood, so this program helps residents recognize the repairs necessary for keeping their property in top condition.

Beachwood Community Services Website

Beachwood Community Services launched its own website, BeachwoodRec.com, and its own Facebook page, Beachwood OH Rec, to enhance viewers' experiences. It's now easier to find information about programs, special events, and registration deadlines, and to view photos from past events.





Beachwood City Schools

he year 2022 marked the return of the "new normal." After navigating three years of a global pandemic, students and families enjoyed the return of many Beachwood traditions, including the Class of 2022 graduation at Severance Music Center, live musical and drama performances, prom, and experiential learning. Here are some highlights:

Academics

Presidential Scholar

BHS Class of 2022 graduate Evelyn Zhang was recognized with a U.S. Presidential Scholar Award. She was one of two students in the State of Ohio to earn the distinction out of a pool of 5,000 candidates nationwide. The United States Presidential Scholars Program was established in 1964 to recognize and honor our nation's most distinguished graduating high school seniors.

National Merit Scholars

The Class of 2022 boasted 6 National Merit Scholar Semifinalists and 7 Commended Scholars from the Class of 2022. Congratulations to these high school students, their supportive families, and our talented, committed staff. Semifinalists include Kabir Dhillon, Jonathan Gordon, Ilan Haas, David Kuang, Lucas Yang and Evelyn Zhang. Commended Scholars include Vidula Jambunath, Michael

Karpov, Moonhee Kim, Alexia Roush, John Shi, Benjamin Vidmar-McEwen and Tory Yang.

New Experiential Learning Opportunities

This year also brings increased opportunities for students to "learn by doing" and engaging with the world around them. The district's renewed focus on experiential learning began with the staff convocation, during which all employees went on cross-cultural excursions throughout greater Cleveland.

"We wanted the same thing for our students," said Linda LoGalbo, director of Curriculum and Instruction. "The district has developed a K-12 scope and sequence of experiential learning opportunities that connect curricular topics with real-world experiences."

Experiences will include a Cultural Family Festival and trips to the Lake Metroparks Farmpark and Playhouse Square for Bryden Elementary students; visits to Karamu House and the Cleveland Food Bank for Hilltop students; excursions to AsiaTown and Washington, D.C. for middle school students; and a variety of guest speakers, travel and cultural immersion opportunities, and musical residencies for high school students.

2022 Middle School Math League Awards

The Beachwood Middle School MathCounts Club had an outstanding year, achieving top rankings in grade-level and individual math competitions. The 2021-2022 eighth-grade team took first place in the Ohio Math League and Mathcounts Northeast Ohio competitions. The sixth-grade team also excelled in the Ohio Math League competition, ranking first place in Cuyahoga County and



second in the State of Ohio. Seven students across all grades ranked in the top 10 percent of the nation in the Noetic Learning Math Contest. Jiahe Liu made Beachwood history, receiving perfect scores in each competition! "Just as athletes train to do well," said club advisor Amy Hazelton, "these students train for these competitions."

2022 Featured Highlights

Orchestra Trip to Italy

The Beachwood High School Orchestra traveled to Italy last March to perform classical Baroque pieces in historic venues in Venice, Florence, and Rome. Recently retired orchestra director Lisa Goldman planned this incredible experience and chaperoned, along with staff members Noël DeViney, Dr. Babette Harrell, Principal Paul Chase, Allison Siekmann, and several parents.

Drama Club

In November, the Beachwood Bison drama club proudly presented *Night of the Living Dead*, an adaptation of the classic 1968 American horror film by George Romero and John Russo. The production marked the directorial debut for advisors Johnathan Luster and Topher Helm. This selection offered the directors unique flexibility and unbiased gender casting, allowing middle and high school students to play any role solely based on talent.

Beachwood Medical Academy

Beachwood High School students aspiring for in-demand careers in the field of medicine gained a valuable head start, thanks to partnerships with University Hospitals Ahuja Medical Center and the Case Western Reserve University School of Medicine Physician Assistant program. Both organizations hosted hands-on summer camps for Medical Academy participants. Students studied human anatomy and physiology during laboratory dissections, earned CPR certification, and learned about career pathways from surgery to administration. The Beachwood Medical Academy prepares students

for competitive pre-med programs through advanced coursework and hospital immersion experiences. Beachwood alum Dr. David Rosenberg (class of '66), who organized the August 9-10 camp at UH Ahuja, commented: "I believe experiential learning, especially in the formative years, imprints importance in a subject area."

BHS Robotics Team Advances to the World Championships

Strategy and teamwork paid off for the BHS Robotics Team, which advanced last April to the FIRST Robotics World Championship.

Boys Soccer

The Boys Varsity Soccer Team enjoyed a record-breaking season, finishing with a 17-3-1 record and a 6-0 record in the Chagrin Valley Conference, earning them the CVC championship. For additional details, see page 43.

Two New Elementary Principals

Beachwood Schools hired two new elementary principals, Arianna DeGeorge for Fairmount and Bryden, and Octavia Reid for Hilltop. Arianna earned her bachelor of science degree in early childhood education from Kent State University. She holds a master's degree in educational administration from Ashland University. Previously, she served as principal of Perry Elementary School. Octavia holds a Bachelor of Science in Elementary Education from Troy State University and a doctorate in Educational Leadership, Management and Policy from Seton Hall University. She joined Beachwood from Maple Heights City Schools, where she served as the principal of Barack Obama Elementary.

Bryden Book Vending Machine

Bryden unveiled a new book vending machine in October, courtesy of the Beachwood Schools Foundation. Every student at Bryden will have an opportunity this year to select a free book from the machine by earning tokens for showing kindness to others. The initiative is tied to Bryden's character education, which is based on the book *Have You Filled a Bucket Today?* by Carol McCLoud.

"We are all bucket fillers in this school," said reading teacher Michelle Mayer during the ceremony. "We all look out for each other, we are kind, and we make sure everybody's doing okay."

Fourth-Grade Orchestra Field Trip

Hilltop fourth-graders traveled to Severance Music Center in November to see a performance by the Cleveland Orchestra entitled *The Sounds of Water*. The program focused on how oceans, seas, and rivers have inspired countless composers, past and present.

Elementary Facilities Project

In the Spring of 2022, the District embarked on a collaborative process to develop a master plan for ensuring the elementary facilities are future ready. This process included multiple community input sessions, online surveys, and conversations with stakeholders. In November, the Board of Education decided on a master plan to construct two new elementary facilities – one at Bryden Elementary for grades K-2 and another at Hilltop Elementary for grades 3-5 – along with updates to the Fairmount preschool building. The projected cost is \$64.9 million.

The two schools will provide more space to accommodate the district's growing elementary programming and enrollment, enhanced accessibility and security, new technology and playgrounds, and more engaging and collaborative environments.

In a joint message to the Beachwood community, the Board of Education stated: "Constructing two new elementary facilities is a significant investment on the part of the community, but it is what our students and staff deserve. Together, the Board and administration will work diligently to deliver this project on time, on budget, and with the least disruption possible to students, staff, and families."



Beachwood Schools held several public meetings to gain community input about the Elementary Facilities Project.

2023: A Look Ahead

National Merit Semifinalists and Commended Students

The Class of 2023 will have seven National Merit Semifinalists and Commended Students. The National Merit Scholarship Program recognizes students who demonstrate exceptional academic ability based on their performance on the PSAT taken during their junior year. Semifinalists include Netta Haas and Kai Zheng. Commended Students include Vincent Crenshaw, Maya Eisengart, Kaajal Krishnan, Rebecca Lawton, and Dhruv Seth. There are 16,000 semifinalists across the country, representing fewer than 1% of high school seniors nationwide. From these, 15,000 will advance to National Merit Finalists and will be notified in February.

BHS Science Olympiad Invitational

The Beachwood High School Science Olympiad team will host its first-ever invitational tournament on January 28 at Beachwood High School. For more information, see page 33.

BHS Musical Residencies

The BHS music department is thrilled to host three musical residencies in partnership with the Cleveland Federation of Musicians, Local 4. Kent State University's Black Squirrel Winds Ensemble and the BlueWater Brass Quintet will reside with the concert band. Conductor, cellist, and viola da gambist David B. Ellis will reside with the orchestra.

The musicians in residence will lead a total of nine workshops to prepare students for the Ohio Music Education Association's annual solo and ensemble competition in January. Students will learn conductorless ensemble skills – that is, they will learn to play without a leader in front of them.

Softball Stadium Grand Opening

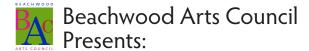
Beachwood Schools will proudly unveil the new softball stadium for the Spring 2023 season. Designed and constructed by Strollo Architects and Greenspace Construction Services, the revamped stadium includes a new playing surface, masonry dugouts, backstop fencing, visitor bleachers and scoreboard. The new press box features an upgraded PA system with wireless mics and bluetooth capabilities, along with additional individual storage space for maintenance and athletics. Plans for a grand opening in April are under way. More details will follow in the coming months.

"This is a big milestone for our girls softball program," said Ryan Peters, director of Athletics. "This well-deserved stadium will help take our softball program to the next level. It's a source of pride for our entire community."

Retirements

Treasurer/CFO Michele Mills will retire this year after 34 years with Beachwood Schools. Under her leadership, the district has achieved a Aaa bond rating since 2008 and consistently earned four stars for the sunshine law requirement considered the "Highest Achievement in Open and Transparent Government" and The Auditor of State Award with Distinction for clean audit reports.

Interim Administrator–Pupil Services Lauren Broderick will retire after 30 years of dedicated service in the field of education – 18 of which were spent as director of Pupil Services in Beachwood Schools. In this role, she led a successful department of talented special education teachers, therapists, psychologists, and support staff with a reputation for providing top quality, individualized services and programs.



Harmony Art Exhibit – Extended through January 6!

Beachwood Community Center Gallery Hours: M-F, 8 a.m. - 4 p.m. Weekends: By appointment only. Call 216.292.1970 during the week to set a time.

Enjoy the bold, colorful artwork of BAC board members Carolyn Frankel-Krieger and Marlene Benjamin. Board member Sharon Schlesinger's beautiful jewelry is also on exhibit. Marlene's originals will not be for sale. Prints for both artists will be available upon request.

From left: Artwork by Carolyn Frankel-Krieger and Marlene Benjamin.



Djapo Cultural Arts Institute

A BAC Sunday Sounds Series Event • Free, No Registration Required Sunday, Feb. 5 • 2 - 3 p.m.

Beachwood Community Center

In honor of Black History Month, Djapo Cultural Arts Institute will take you on an interactive journey with live drumming, song, and dance throughout West Africa. This blend of artistry, history, and pure energy will leave the audience invigorated. This event is being sponsored by Cleveland Foundation and Ohio Arts Council.



BAC Thanks its Sponsors for Supporting the Arts In Beachwood and Beyond!

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Preschool and Camp Registration

The Fairmount Early Childhood Center is a private, district-sponsored learning center, offering a full school-year calendar as well as a summer preschool camp.

Preschool/Camp Parent Information Night

Thursday, January 12, 2023 • 7 p.m.

Preschool and Camp Registration

Residents

Wednesday, January 18, 2023 • 8:00 a.m.

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Wednesday, February 8, 2023 • 8:00 a.m.

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In Full Swing - A Musical Benefit Concert Featuring the BHS Jazz Band and Legendary Dan Zola Orchestra

usic from the American Songbook is alive and well – and it will fill the Beachwood High School auditorium on Saturday, Jan. 14, at 7 p.m., when the beachings of Jazz Band and the legendary Dan Zola Orchestra, under the direction of bandleader Eric School auditorium on Saturday, Jan. 14, at 7 p.m., when the Beachwood High School Dregne, present In Full Swing.

This benefit concert is being presented to raise money that will defray costs for students in the BHS Band who are traveling to Orlando during spring break. The collaboration between the Jazz Band and DZO came about after Alexander Lahti-Thiam. a BHS senior alto saxophone player, presented a proposal to the Beachwood Band and Drill Team Boosters executive board to collaborate with professional musicians for a fundraiser. Robert Hoffman, an 18-year saxophone player in DZO, has been mentoring woodwind groups in the jazz band for the past four years and when discussions were underway about a fundraiser he set the wheels in motion.

The collaboration is a strong one because David Luddington, BHS band director, comes from the education side of music and Robert comes from the performance side. Together, they're training students on the big-band jazz level to play from the heart.

"On the afternoon of the show, we're breaking down the band into sections and matching students with DZO musicians to help them prepare," David explained. "It's going to be a great evening. First, the Jazz Band will perform, and then DZO and the Jazz Band will perform side by side, followed by a full concert by DZO, with singer Dianne Palmer."

"We're excited about this collaboration," said Robert. "I'm grateful for the opportunity to help train students and keep the American Songbook alive."

"We want to pack the house with as many people as possible," David emphasized. "This is a great opportunity to see an amazing concert and support our students on their musical journey."

The show was named In Full Swing to represent the music itself and that the music department is getting back into full swing, following the pandemic. Funds from the program will reduce the cost to familes for students who participate in a trip to Orlando. March 24-29. The Beachwood Band and Drill Team Boosters also funded \$100 to each participant.

In Orlando, students will participate in a parade performance at Universal Studios

and a stage performance at Ron Jon Surf Shop; and will participate in a workshop, titled You're *Instrumental*. This workshop, presented by Disney, will take students through the Disney musicians' studio recording process. They will also hear a jazz performance and visit all Disney and Universal Studios' properties.

"We want to pack the house with as many people as possible," David emphasized. "This is a great opportunity to see an amazing concert and support our students on their musical journey."

Tickets may be purchased at www.beachwoodschools.org/ Tickets.aspx or at the door. You may also scan this code to get to the web page. Advance purchases are discounted at: \$20/adult, \$16/ senior (65+), and \$10/student. All tickets at the door cost \$5 more.



Mark the Dates!

Winter Band Concerts in the BHS Auditorium Free and Open to the Community

BHS Concert Band, BHS Jazz Band, and 8th grade Concert Band January 24, 7:30 p.m.

6th and 7th Grade Bands • January 31, 7 p.m.

Alto sax player Alexander Lahti-Thiam, with Jazz Band, presented the proposal that led to the creation of In Full Swing.



About the Legendary Dan Zola Orchestra

The Dan Zola Orchestra, created in 1959 as a group of friends playing in a basement for fun, has continued to be a performing mainstay throughout the Midwest for more than 60 years.

Playing the roles of Harry James, Ray Anthony, and many more of the featured trumpeters, Dan Zola kept this era of music alive through some of the largest changes the world of music has ever seen. In 2020 when he finally decided to retire, he called on 30-year veteran band leader Eric Dregne to keep this great music alive.

DZO features authentic arrangements from the most popular bands of the Big-Band era, and is steeped in the great traditions of dance and swing music. It features Dianne Palmer, a dynamic female vocalist who sings the hits made popular by many well-known singers of the era.

"We bring the music that makes you want to dance," said Eric, who has worked with dance instructors from some of NE Ohio's best studios to ensure the arrangements and tempos are perfect for both ballroom and swing.



DZO Musical Director Eric Dregne

Eric, a bass trombone player, subbed in DZO for years prior to becoming band leader. "I was presented the opportunity and wanted to keep tradition going," he told us. "Dan passed along priceless original arrangements of Big Bands that include Glenn Miller, Tommy Dorsey, Bennie Goodman, and Artie Shaw, and I'm grateful for the opportunity to work with talented professionals to keep the music alive."

Eric also does a radio show on Mondays, 10 a.m. - 1 p.m., on WKHR 91.5; is a host at BigBandology podcast; and owner and founder of Clubhouse Studios, which books musical talent.

For more information, visit www.ZolaBigBand.com, The Dan Zola Orchestra on Facebook, or The DZO - Dan Zola Orchestra on YouTube.



Dan Zola Orchestra with singer Dianne Palmer

Age isn't chronological. IT'S PERSONAL.



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Locations in Beachwood and Chagrin Valley

Alex Wyse Lands Broadway Role in Good Night, Oscar

In November 2021, June Scharf wrote the *Beachwood Buzz* cover story, titled, "BHS Grad Enters New Stage In Life: Alex Wyse Launches Off Broadway Musical." Alex, a Beachwood High School grad, is now heading into his fourth Broadway show, *Good Night, Oscar*, which will open at Belasco Theatre (111 West 44th Street) this April. Written by Pulitzer Prize-winner Doug Wright and directed by Lisa Peterson, *Good Night, Oscar* will run from April 7 to August 27, with opening night on April 24.

Good Night, Oscar explores the nexus of humor and heartbreak, the ever-dwindling distinction between exploitation and entertainment, and the high cost of baring one's soul for public consumption. Will & Grace star Sean Hayes will play Oscar Levant, a pianist, actor, and comedian who turns network TV upside down with his guest spot on the Jack Paar show. In 90 minutes, he will leave audiences laughing heartily and will put TV censors in a frenzy.

Alex will play Max Weinbaum, who is Jack Paar's wide-eyed production assistant at *The Tonight Show*, with cast members Marchánt Davis as Alvin Finney, Emily Bergl as June Levant, Peter Grosz as Bob Sarnoff, Ben Rappaport as Jack Paar, and John Zdrojeski as George Gershwin. Sam Bell-Gurwitz, Postell Pringle, and Max Roll serve as understudies.

Good Night, Oscar premiered at Chicago's Goodman Theatre earlier this year to sold-out houses and critical acclaim, winning five Joseph Jefferson Awards for Best Production of a Play (Large), Best New Work for Doug Wright, Best Principal Actor Sean Hayes, Best Set Designer Rachel Hauck, and Best Sound Designer Andre Pluess.

"To be on a Broadway stage with Sean Hayes, one of my comedy heroes, is something I may never recover from," Alex told us. "I am so thankful to be there and I hope to make Beachwood proud!"

Alex has appeared on Broadway in Waitress, Deaf West's Spring Awakening, and Lysistrata Jones, on tour in Wicked, and off-Broadway in the original casts of Ride the Cyclone, Bare (revival), Triassic Parg, and Lysistrata Jones. Regionally he has worked at Hartford Stage, Wallis Annenberg, Paper Mill Playhouse, Cleveland Play House, Maltz Jupiter, Huntington, Lyric Stage Company of Boston, and more. TV credits include The Marvelous Mrs. Maisel, The Other Two. Iron Fist. Masters of Sex, NCIS: LA, The Bold and the Beautiful, Switched at Birth, Modern Family, Agent X, A to Z, Bad Judge, and Bored to Death, and his film credits include X/Y and Dating My Mother. He was a co-producer on What the Constitution Means to Me.

As a creator, Alex was cowriter/star of off-Broadway's A Commercial Jingle For Regina Comet, co-creator/star of the Emmy-nominated Indoor Boys, and co-director/writer of the upcoming feature film, Summoning Sylvia. He received his BFA from Boston University.



Alex Wyse will play Max Weinbaum on Broadway in Good Night, Oscar.

Tickets are now on sale at https://tinyurl.com/GNOTickets.

"To be on a Broadway stage with Sean Hayes, one of my comedy heroes, is something I may never recover from," Alex told us.
"I am so thankful to be there and I hope to make Beachwood proud!"



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Wishing you a happy, healthy, prosperous
2023 and beyond!



by State Representative Kent Smith

he onset of 2023 marks a change in my responsibilities as I will leave the State House for the State Senate. As is the tradition in the Ohio House, I was provided an opportunity to make farewell remarks and I used the opportunity to speak about bipartisanship from the perspective of the minority party. This column is taken from that address.

I think politics is essentially the interests of today versus the interests of tomorrow. The majority party looks out for the interests of today. Those in power seek those in power to defend the status quo. It's understandable. The minority party needs to be an advocate for tomorrow's reality and, often, history proves the minority party was correct.

Let me share a quote that I think everyone can agree with.

"But in the view of the Constitution, in the eye of the law, there is in this country no superior, dominant, ruling class of citizens. There is no caste here. Our Constitution is color blind and neither knows nor tolerates classes among citizens. In respect of civil rights, all citizens are equal before the law. The humblest is the peer of the most powerful. The law regards man as man and takes no account of his surroundings or of his color when his civil rights as guaranteed by the supreme law of the land are involved. ..."

But when that was written, in 1896, that was not the view of the majority. The above quote was from United States Supreme Court Justice John

Marshall Harlan as he wrote the dissenting opinion in Plessy v. Ferguson. It was in that case that the U.S. Supreme Court held that the state of Louisiana did not violate the Fourteenth Amendment by establishing and enforcing a policy of racial segregation in its railway system, therefore making "separate but equal" the law of the land.

Thankfully, Harlan's dissent was not the minority opinion forever. And, as a result ... over time ... America became a more perfect union. Thanks to the wisdom of the minority.

Happy New Year.

I think politics is essentially the interests of today versus the interests of tomorrow.

State Representative Kent Smith represents Ohio's 8th House District which includes Beachwood, Euclid, South Euclid, Richmond Heights, East Cleveland, Woodmere Village, and a little bit of the city of Cleveland.



Looking for senior care options? Since 1993, CarePatrol has partnered with families to find the best community for their loved ones based on their needs, budget, & location which includes Independent Living, Assisted Living, Memory Care, In-Home Care, Nursing Homes, & more.CarePatrol is your advocate & guide throughout the entire care transition process by accompanying families on facility tours, giving professional recommendations, providing care solutions, & assisting with state or federal funding options to help pay for Assisted Living. Our services are completely free for families. CarePatrol of Northeast Ohio is your trusted partner!

CCAnyone who has ever had to make the decision for someone you care deeply for that can no longer take care of themselves, knows the pain and heartache it brings! This was my reality. I was blessed to find CarePatrol. My angel was Eric Sailor. My dear friend is safe and cared for. I have slept for the first time in months. Beyond thanks Eric!!

Eric Sailor | Co-Owner, Certified Senior Advisor, Hospital Liaison | (216) 233-5240 esailor@carepatrol.com | neohio.carepatrol.com



2023

By Jen Stern

he blessings of the ordinary moments. The quiet times. The moments of respite from the hustle and bustle. These moments are gifted. Notice them. Appreciate them.

The practice of gratitude is a choice. Slowing down ... noticing ... appreciating.

This practice is available to each of us, no matter how busy.

I offer these examples of ways to slow your mind, connect to gratitude, and create moments of peace:

- Intentionally pause for a moment to notice your surroundings; the clouds, the sunrise, the moon and stars.
- Notice and appreciate the warmth of your morning coffee and nightly tea.
- Connect to the feeling of contentment when snuggled with pets, sitting by a warm

fire, or reading a good book.

- Breathe. Slowly inhale gratitude, and slowly exhale stress and worry. Repeat.
- Smile at others and acknowledge acts of kindness and consideration, good customer service, a door held open, a text or holiday card expressing care, and good wishes. Acknowlege when someone goes the extra mile.
- Schedule time to listen to music, a guided meditation, a podcast, or an audio book.
- Reframe from *have to* to *get to/choose to*.
- Give yourself permission to say yes, no, or change your

mind. Honor yourself in the moment you are in without quilt.

- Practice grounding exercises: identify 5 things you can see, 4 things you can touch, 3 things you can hear, 2 things you can smell, and 1 thing you can taste.
- Give yourself and others the benefit of doubt, and show grace, compassion, and empathy.

Life is what we make it. How we respond to disappointment, stress, sorrow. How we adjust to change. The quality of each day is found in ordinary moments when we decide how we will choose to cope, adapt, rise, heal, and ultimately grow.

May 2023 be filled with many peaceful, ordinary moments that create opportunities for healing, connecting, loving, and growing through self-care and boundaries.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243, or visit www. transformativegrief.com and sign up for monthly posts.





Jewish Clevelanders Raise a Record \$34.8M in this Year's Community Campaign

he Jewish Federation of Cleveland raised a record \$34,870,821 in its 2023 Campaign for Jewish Needs, amounting to 8,890 gifts including 1,896 new gifts – representing 12,178 donors. The annual fundraising campaign serves Jewish Cleveland and the global community.



Additionally, through a generous match opportunity from the Jack, Joseph and Morton Mandel Foundation, the community has raised \$5,558,812 for the Federation's Ukraine/Ethiopia Emergency Rescue Fund to date. Likewise, 806 new donors participated in an incentive program sponsored by Brunswick Companies designed to inspire more household giving to the Campaign. These totals were shared at the Campaign Closing Celebration at Joseph and Florence Mandel Jewish Day School on December 7.

"The Campaign for Jewish Needs is a special time for our large and diverse community to come together and say 'we are here for each other and we are here to make a difference," said Beth Wain Brandon, chair of the 2023 Campaign for Jewish Needs. "The dollars raised during this year's annual Campaign will change and improve lives for tens of thousands of people, and that is due to the tremendous generosity of our Jewish Cleveland community."

"The commitment our community has to supporting Jews living in Cleveland and around the world is something we can be proud of," said Daniel N. Zelman, Federation board chair, "On behalf of our board of trustees and our community, I sincerely thank Beth and all who volunteered across our diverse community for driving this year's Campaign to such extraordinary heights."

Beth will remain general chair for next year's Campaign for Jewish Needs. In this volunteer role, she is responsible for providing leadership, vision, and strategy for the Federation's annual fundraising effort.

In addition to highlighting the community's various accomplishments of the 2023 Campaign, attendees also recognized Beachwood resident Rachel Glickman, recipient of the 2022 Ambassador Milton A. and Roslyn Z. Wolf Young Campaigner of the Year Award.

For more information about the Jewish Federation of Cleveland and the Campaign for Jewish Needs, visit www.jewishcleveland.org.

Pictured: Beachwood resident Rachel Glickman, recipient of the 2022 Ambassador Milton A. and Roslyn Z. Wolf Young Campaigner of the Year Award, with Nancy Wolf, daughter of Amb. Milton and Roslyn Wolf.



Thank You **Jewish Cleveland**

for a successful Campaign for Jewish Needs!

Your support will help keep our synagogues, day schools, and entire community safe, strong and growing!

jewishcleveland.org



Elderclass 2023: Lunch and Learn Opportunities

Beachwood City Schools is proud to offer our senior community members lunch and learn opportunities at Beachwood High School. Each Elderclass experience begins with a three-course lunch in the Beachwood Bistro, a restaurant run by culinary students, followed by a musical, historical, or variable presentation from local and national keynote speakers.

Set-menu lunches, served at noon (\$5 for Beachwood residents and \$8 for non-residents), are followed by programs, free and open to the community, in the BHS auditorium. If you currently receive the Elderclass letter, RSVP by sending back the tear slip along with your check, made payable to the Beachwood Board of Education, at least five days before the selected performance. If you'd like to be added to the Elderclass mailing list, please call 216.464.2600 or visit https:// tinyurl.com/ElderClassForm.

Since parking is limited, a shuttle bus is available from the northeast corner of the high

school parking lot to and from the entrance. Seating for walkers and wheelchairs is available on the 2nd level, and personal sound amplification devices are available.

For more information, contact April Yuhas at 216.464.2600 or ayuhas@beachwoodschools.org.

2023 Schedule January 26 • Moss Stanley

Moss Stanley will perform with The Tischler Klezmer Orchestra. Moss has been musical director for Broadway musicals and has performed with the likes of Martha Reeves, Spyro Gyra, Chuck Berry, Blood Sweat & Tears, and Robert Lockwood Jr.

February 9 • Beachwood High School Students

Enjoy a musical presentation featuring our very own Beachwood High School students. This is one of the crowd's favorite presentations.

March 23 • Marshall Griffith

How Suite It Is – Marshall Griffith, piano, and Virginia Crabtree, flute, will perform classical and jazz classics in a wide selection of musical styles from varied eras.



April 13 • Felicia Zavarella Stadelman

Learn about featured classic artists in this "Master Inspired Art Workshop," which is part of Felicia's "Through the Eyes of the Artist" program.

May 4 • Steven Greenman

Steven Greenman, a violinist, composer, and educator, is a masterful violinist soloist with symphony orchestras, a soulful performer of klezmer music, and a virtuoso performer of East European folk music. His recordings, compositions, and dedicated master classes have been internationally acclaimed.

Beachwood Bistro

Beachwood Bistro, located in Beachwood High School, is now open! This culinary arts program is part of Excel TECC, a regional program that provides varied opportunities for students who attend Aurora, Beachwood, Brush, Chagrin Falls, Mayfield, Orange, Richmond Heights, Solon, West Geauga, Eastlake North, and Willoughby South schools. Beachwood hosts the Excel TECC culinary arts, early childhood education, and marketing programs.

The Bistro, run by chefs Kortez Wilson and Stephanie Czech, and assistant Gabby Greer-Jones, provides a training program for students to earn industry standard certifications and six college credits. The program, which extends over the junior and senior years, meets daily at Beachwood High School for course and lab work.

Menu items include soups, salads, sandwiches, pastas, specialty entrees, sides, beverages, and desserts, all priced under \$10, and the community is invited to discover this local gem, while providing opportunities for students to gain career training at an early age.

Bistro hours are 11 a.m. - 12:30 p.m. (Last seating is 12:15 p.m. and last takeout is 12:20 p.m.) most Wednesdays, Thursdays, and Fridays, as long as school is open.

Reservations are recommended 24 hours in advance by calling 216.831.2080, ext. 7131. To view the menu and specials, visit www. beachwoodschools.org/bistro.aspx.



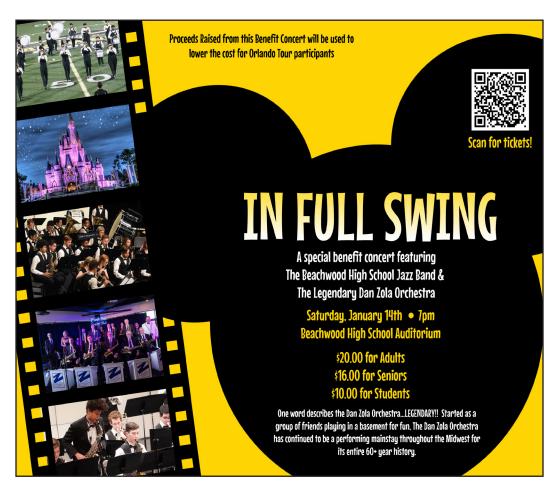
Pictured clockwise from top left: Nathan Whitman, Dylan Taylor, and Stephen Fung.











Cleveland Orchestra Free Concert

The Cleveland Orchestra will host its free, annual concert in honor of the life and legacy of Dr. Martin Luther King Jr. in the Jack, Joseph, and Morton Mandel Concert Hall at Severance Music Center on Sunday, January 15, at 7 p.m.

Although the concert is free, tickets are required and available on a first-come, first-served basis, beginning on Saturday, Jan. 7, at 10 a.m. Tickets may be purchased at the Severance Ticket Office, by phone at 216.231.1111, or online at clevelandorchestra.com.

All tickets for this performance are typically distributed by noon on the day they are made available to the public. There is a limit of four tickets per household.



BAKED by Abbie

Meyer Lemon Square Bars

eyer lemons are delightful. They have a sweeter flavor than regular lemons, with a less intense acidic bite. You can recognize them by their rounder shape, smaller size, bright orange-yellow color, and thinner and smoother peel.

According to *The Spruce Eats*, they are named for Frank N.
Meyer, the agricultural explorer who identified them in China and brought them back to America in the early 20th century.

These lemons hit the mainstream when Martha Stewart featured them as an ingredient in several recipes in the early 2000s.

They are considered a specialty item and can be priced up to twice the price of regular lemons.

To brighten any winter day, take full advantage of an opportunity to bake with

Meyer lemons. I am certain you'll find this simple

recipe – with only seven ingredients – to be as wonderful





Recipe adapted from www.salllysbakingaddiction.com

Ingredients

Shortbread Crust:

- 1 cup (2 sticks) unsalted butter, melted
- ½ cup granulated sugar
- 2 teaspoons vanilla extract
- ½ teaspoon salt
- 2 cups + 2 Tablespoons all-purpose flour

Lemon Filling:

- 2 cups granulated sugar
- 6 Tablespoons all-purpose flour
- 6 large eggs
- 1 cup fresh lemon juice (about 6-8 Meyer lemons or 4 regular lemons)

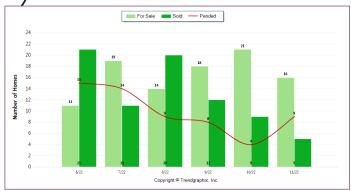
Directions

- Preheat oven to 325°F. Line bottom of a glass 9-by-13-inch baking padn with parchment paper, leaving an overhang on sides.
- Make crust: Using an electric stand mixer, beat the melted butter, sugar, vanilla, and salt together in a medium bowl. Add flour. Stir to completely combine. Press thick and crumbly dough firmly and evenly into prepared baking pan. Bake for 20-22 minutes or until edges are lightly browned. Remove from oven. Using a fork, poke holes (but not all the way through) all over top of the warm crust. Set aside.

· Make filling: Sift sugar and flour together in the electric stand mixing bowl. Whisk in the eggs, then lemon juice until completely combined. Pour filling over warm crust. Bake for 22-26 minutes or until the center is relatively set and no longer jiggles. Remove bars from oven and cool completely at room temperature. Once cool, remove from pan by lifting parchment paper side overhangs and cut into bars. If desired, dust with confectioners' sugar to serve. Cover and store leftovers in the refrigerator for up to one week.

Abbie Nagler Sender, a licensed, award-winning baker, is the owner of BAKED by abbie, a home bakery that offers customized baked goods with a Jewish twist. For more information, visit www.BAKEDbyabbie.com and like her Facebook business page, BAKEDbyabbieCLE.

Real Estate Statistical Update by Sharon Friedman



Our Beachwood housing market remains robust, albeit with a continuing low inventory. Prices remain stable and are still ahead of the past 12-24 months. Homes sell best in optimum condition for the highest price. Interest rates for buyers seem to have leveled off for now, hovering in the upper 5's to low 6%. There are still good financing options in the market and looking ahead in 2023, rates should remain pretty close to where they are now. Call me with any questions at 216.338.3233.

– Gharon Friedman

Beachwood Market Update from September 12 - December 12, 2022. Data provided by Sharon Friedman, courtesy of NEOHREX. Data provided was accurate at the time of reporting. The source for the spreadsheet is MLS Now. The market data is from Trendgraphix, Inc. Information is believed to be accurate, but not guaranteed. Data does not reflect sales of property not included in MLS. Consult a Realtor® if you have questions about the market.

Homes SOLD in Beachwood

September 12 – December 12

Street	Days	List	Sold	LP/SP%	Bed	Bath	Built
E Groveland	29	226900	190000	84%	3	2	1946
Concord	23	248600	235000	95%	3	3	1958
E Groveland	52	299000	281750	94%	4	3	1950
Halcyon	5	285000	288000	101%	4	3	1964
Fairmount	113	379000	325000	86%	4	3	1973
Halburton	8	339900	336000	99%	4	2	1953
Hazelmere	41	349900	350000	100%	3	2	1954
Bryden	45	350000	350000	100%	3	3	1956
Woodway	1	319900	350000	109%	4	3	1954
Edgehill	5	389000	386000	99%	4	3	1954
Sulgrave	5	399900	409500	102%	3	3	1956
Bryden	3	399000	415000	104%	4	3	1951
Halburton	2	400000	417000	104%	4	3	1975
Shakercrest	43	400000	420000	105%	3	3	1963
Greenlawn	49	399900	432000	108%	4	3	1963
Shaker	8	560000	560000	100%	4	5	1989
Bridgeton	4	575000	585000	102%	4	3	1967
Annesley	119	775000	750000	97%	4	4	1983
S Woodland	235	1150000	1150000	100%	5	6	2022

Happy New Year!

Wishing you and your family all the best throughout the year.

SHARON LISTS AND SELLS BEACHWOOD!



2180 Fenway Drive List price \$359,900 4 Bed, 3.1 Bath Colonial



2436 Richmond Road List price \$499,000 or \$3600/month 3 Bed, 2.1 Bath in Cranberry Court



23785 Glenhill Drive List price \$269,000 3 Bed, 3 Full Bath Cape Cod



14 Kenwood Court List price \$475,000 3 Bed, 2.1 Bath Townhome

Sharon's Beachwood Listings & Sales in 2022

SOLD 25300 Letchworth Road listed at \$795,000

SOLD OVER LIST 23893 Greenlawn Avenue

listed at \$399.900

SOLD 26001 Hendon Road

listed at \$379,900

SOLD BEFORE PROCESSING 23990 Letchworth Road listed at \$363,000

SOLD OVER LIST 23219 E Groveland Road

listed at \$329,900

SOLD 2647 S Green Road listed at \$299,900

SOLD 22655 Chagrin Blvd in Stratton House #215 listed at \$144,900

Wishing A Happy and Healthy 2023 to the Residents of Beachwood!

Is 2023 Your Year to Sell?

"Call Me for a Complimentary **Evaluation of Your Home** if You are Thinking of Selling!"-Sharon





Sharon Friedman BHHS Professional Realty

Broker Associate, GRI, CRS, Realtor® Luxury CollectionSM Specialist "Sell" Phone: **216.338.3233** Email: sfriedman@bhhspro.com www.SharonFriedmanHomes.com



The Countdown Is On!

t's a brand New Year, which means a brand new competition for the mighty Eastside Blades figure skating team. On February 4 and 5, the team will compete in the Ohio High School Team Figure Skating Championships. This annual event is hosted by the Shaker Figure Skating Club and will take place at its home rink, Thornton Park Ice Rink, owned and operated by the city of Shaker Heights.

This year, these Beachwood High School and Middle School students – as well as three Orange skaters – are scheduled to compete:

- Allie Berns, 11th grade
- Sarah Berns, 11th grade
- Veronica Schwartz, 11th grade
- Mara Glazer, 10th grade (Orange)
- · Lorena Tovanche, 9th grade
- · Sophia Oleski-Nagy, 9th grade
- Anna Tonyushkin, 9th grade
- Lucy Chaisson, 8th grade (Orange)
- Hazel O'Neill, 8th grade (Orange)
- · Avery Feuerman, 7th grade
- Dominik Herjan, 6th grade
- Abby Gourley, 6th grade
- · Jacob Isaacson, 6th grade
- Maria Tonyushkin, 6th grade

Admission is completely free, with events occurring throughout the weekend. The entire community is welcome.

Admission is completely free, with events occurring throughout the weekend. The entire community is welcome. Make sure to sit in the Eastside Blades dedicated section and cheer them on! This is one of several events hosted throughout the year by the Shaker Figure Skating Club. Next up will be the Shaker Spring Ice Spectacular on May 5 and 6.



The '22 team prepares to compete in their group production ensemble; this year's will be on the morning of February 5.



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City of Beachwood Extends Communications Contracts

ity Council recently voted to extend contracts through 2025 with June Scharf and Beachwood Buzz. June continues as the city's public relations consultant and Beachwood Buzz continues to promote the city's news and activities each month.

"A priority for my administration is to make certain we communicate transparently, quickly, and effectively," stated Mayor Justin Berns.

"It's a consuming task to fully inform our 14,000 residents and the estimated 100K people who live, work, and shop in our city. Therefore, we depend on June for our day-to-day communications, and we rely on the Buzz for its reach and excellent reputation."

Mayor Berns also recognizes City Council's alignment on the importance of communications by virtue of its approval of both contracts.

The scope of June's services include 24/7 access and availability; media relations services, social media, creation, and editing of



original Buzz content; speech writing services for the mayor and City Council members; event attendance and assistance at engagements involving the mayor and City Council members; shooting photos for social media; attending city meetings; handling of website content and graphic design; and support for initiatives by the city's Economic Development director.

The city's contract with Beachwood Buzz and Debra Zelman Rapoport involves the continued publishing of the city's "Insider" pages within the magazine. The scope of this coverage provides great value to residents and business community members.

"I look forward to continuing to work closely with the city's administration, directors, and council members," June said. "Beachwood is such a wonderful place to work, with so many outstanding commercial, recreational, academic, and residential elements."

"I'm grateful for the continued opportunity to shine the spotlight on our city, schools, residents, and businesses," Debra added. "I always welcome input and request readers to submit story ideas to beachwoodbuzz@gmail.com."

Pictured from top: June Scharf and Debra Zelman Rapoport.







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Beachwood

MAYOR'S MESSAGE

t's been one full year since I took office as Mayor and what has transpired reflects significant growth and development throughout the city. I can say without hesitation that serving as Beachwood's Mayor is an honor and a privilege. My goals moving forward are to continue working collaboratively with City Council and our Department Directors to provide the best facilities, infrastructure, programs and services to the residents and businesses we serve. The Department Directors and our hard-working employees have made it possible for the city to deliver in many ways. I am grateful for their assistance and cooperation. Aside from what is reported in this issue's cover article, I'd like to share a few other key sources of progress:

Fitness Court and Outdoor Exercise Equipment – City Park East

The public works department installed a high-quality fitness court and outdoor exercise facility adjacent to Barkwood. City Council allocated funds and the administration is exploring design options to add restrooms and a shelter. The fitness court features beautiful nature-inspired murals by local artist Eileen Dorsey.

Deer Management Program

Early on, I met with several area mayors and consulted with the Ohio Department of Natural Resources to review and understand our neighbor's deer management programs. The city created and evaluated a community survey regarding deer management and a majority of our residents were in favor of having the city address the issue. We developed a deer management plan and partnered with the City of Shaker Heights and started our program in December. Along with an annual residential survey, I plan to review the impact of deer in Beachwood and use that data to make future management decisions. The city's goal is to maintain a deer population that maximizes recreational opportunity while minimizing conflicts with landscaping, gardening, motor travel and negative human/pet interactions.

Former DoubleTree Property Redevelopment

I'm particularly proud of the proposed \$200 million construction project at 3663 Park East Dr. which is planned to revitalize the site and transform it into a new mixed-use development which optimizes land re-use. It's poised to be one of the largest mixed-use residential investments in Northeast Ohio. Developer My Place LLC is putting together a plan that has the potential to bring 400 luxury units and more than 900,000 square feet of new construction. The architectural design created by local firm VOCON has elements of what today's best

mixed-use projects are delivering. Construction could begin by the end of this year.

Porsche Dealership Relocation

I'm grateful for The Penske Group's commitment to the City of Beachwood, cian to valore to its Parado

demonstrated by its decision to relocate its Porsche dealership to 3750 Orange Place in Beachwood (former Fairfield Inn & Suites location which was demolished), from its present location here at 25855 Chagrin Blvd. This choice involved site searches throughout many nearby cities. The new facility consists of a showroom, service facility, and a detail building. In addition, they are relocating some corporate office members adding approximately 30 new positions.

Beachwood Named #1 in Cleveland Magazine's Annual Ranking

Earning the #1 ranking as the Best Suburb in Northeast Ohio to live is a source of pride. The news was featured in an article which appeared in the June issue of the magazine's annual "Rating the Suburbs," wherein more than 70 suburbs are studied. Three major factors are evaluated: safety, education and housing. This ranking clearly reflects all the hard work delivered by our City officials and employees.

As far as a vision for the future, and in addition to the projects outlined in the cover story, there are many projects City Council and I have been discussing.

Some include: the continuation of our road and sewer improvement program; upgraded traffic stanchions, streetlights and sidewalks in key areas of the city; a new Police Station; the relocation of our Public Works Department; a changeable copy sign at the corner of Richmond Road and Fairmount Boulevard, as well as the installation of electric vehicle charging stations.

We look forward to another year of prosperity and progress, working toward implementation of programs and services that benefit the residents and businesses in our community.

Mayor Justin Berns

MayorBerns@beachwoodohio.com





216.464.1070





DEPARTMENTS

AUDITOR 216.595.3712

BUILDING DEPARTMENT 216.292.1914

CLERK OF COUNCIL216.595.5493

COMMUNITY SERVICES 216.292.1970

ECONOMIC DEVELOPMENT 216.292.1915

FINANCE 216.292.1913

FIRE & RESCUE 216.292.1965

LAW 216.595.5462

MAYOR'S OFFICE 216.292.1901

POLICE 216.464.2343

PUBLIC WORKS 216.292.1922

EMERGENCY Dial 9-1-1 or 216.464.1234

Snow Plow Season Underway

With our first official snowfalls, here are a few winter snow plow reminders:

- Give snow plow operators space to work. A fully loaded snow plow vehicle can weigh between 20-40 tons and cannot easily stop. Please stay at least 100 feet behind the plow when driving.
- Per Beachwood City Codified Ordinance 660.14: Advise private driveway plow operators to refrain from pushing snow in or across the roadway or in front of sidewalks. Do not snow blow or shovel snow into the street.
- Place trash cans in an accessible area, such as side of apron, not in a snowbank or in the roadway.
- Children and pets should never play in snowbanks near roadways.
- Be cognizant of plows when clearing your driveway. The crest of snow off the moving plow blade can be dangerous as it may contain ice and heavy wet snow.



- Snow plow operators cannot effectively and efficiently clear roadways when obstacles are present. This causes a safety concern for all.
- Beachwood ordinance states when snow falls over a 24-hour period to a depth of 2" or more, an emergency is declared and parking is prohibited on all city streets. The city will make a reasonable attempt to notify the public by using local press and social media. Vehicle owners are responsible to comply with the emergency regulations. If possible, please refrain from running or walking in the road during snow events or until the roadway has been cleared.
- As a courtesy, we will make every effort to make sure sidewalks are cleared; please remember plowing roadways is always our first priority.

Thank you for helping us keep Beachwood roadways safe!

HOW TO EMAIL YOUR COUNCIL MEMBER:

FirstName.LastName@beachwoodohio.com
Ex: alec.isaacson@beachwoodohio.com



NEW SOURCE FOR FRUIT-BASED REFRESHMENTS

A unique new snack and beverage destination recently arrived with the opening of Colson's Fruitsicles in the commercial complex off Richmond Road, near Chagrin Boulevard, at 3365 Richmond Rd., Suite 130. Owner Charles Colson had been operating a food truck at the Beachwood Food Truck Park and, after much dialogue with friends and family, he decided it was time to launch an independent store.



The store offers over 50 varieties of fresh fruit-based options including fruitsicles (banana blueberry, strawberry banana lemonade and avocado pineapple, among many other flavors), smoothies (pineapple strawberry, pineapple mango and cantaloupe strawberry, to name a few) and bottled water featuring flavors such as strawberry pineapple, honeydew cucumber, apple kiwi grape, and watermelon kiwi. Sea moss can be added to any product to draw on the mineral's potential to help with inflammation and other ailments. Open daily, 6:00 a.m. to 8:00 p.m. Contact Colson's at 216-342-4028.



MAYOR
JUSTIN BERNS
216.292.1901



Council President Alec Isaacson 216.291.2797



ERIC SYNENBERG 216.401.0074



MIKE BURKONS 216.832.677



BARBARA BELLIN JANOVITZ 216.406.5914



JOSHUA MINTZ 650.464.6788



DANIELLE SHOYKHET 216.212.9212



JUNE TAYLOR 216.533.7640

WORK-LIVE-LEARN...THRIVE

Two Beachwood Companies Receive Small Business Grants

Cuyahoga County Executive Armond Budish recently announced that 55 small businesses are set to receive awards through the Cuyahoga County Small Business STIMulus Grant Program. Beachwood winners include Archie's Hough Bakery, located at 3365 Richmond Rd., and AND Direct LLC, located at 24331 Chagrin Blvd., Suite 145. AND Direct helps individuals and businesses acquire and leverage credit to access the capital they need to start or expand a business or to invest for passive income.

The grant program is specifically designed for small businesses that survived the COVID-19 pandemic and are seeking to grow, with an eye on minority-owned businesses. Approximately \$1.5 million – made available through American Rescue Plan Act funds – will be distributed to local businesses in 18 different municipalities across the county. The grants range from \$10,000 to \$50,000.



Archie Garner Sr. of Archie's Hough Bakery pictured with Cuyahoga County Executive Armond Budish.

"These grants will help dozens of small businesses grow through the purchase of new equipment, upgrading technology, and hiring of additional staff," Budish said. "For example, the funds will help a bakery in Beachwood purchase a cookie machine and cake mixer to increase sales, a landscaping company in Bedford Heights purchase a new commercial lawnmower to fulfill more contracts, and a day care center in Lyndhurst to cover transportation costs for field trips and implement a new sensory activity room for autistic children."

HOLIDAY RUBBISH COLLECTION

Due to New Year's Day and Martin Luther King Jr. Day, rubbish and recycling will not be collected by the city on Monday, January 2 or Monday, January 16. Collections will be delayed one day. Regular Monday collections will shift to Tuesday, regular Tuesday collections will shift to Wednesday and so on.



RECYCLE HOLIDAY LIGHTS & CORDS

The City of Beachwood's Public Works
Department accepts broken holiday lights
and power cords dropped off for recycling
during the month of January. Drop off is
available Monday through Friday from
7:30 a.m. to 3:30 p.m. Questions? Call
Public Works at 216-292-1922.

ECONOMIC DEVELOPMENT RESOURCES

A number of programs and resources are available locally to support businesses which can accelerate growth. Some of them include:

- Community Reinvestment Area Tax Abatements. These are tax abatements that may be applied for making new investments in real property improvements.
- Workforce Development Resources. These include a network of business resources
 through regional partners like the Cuyahoga County Department of Development
 providing technical assistance for training and workforce development needs.
- SBA Loans. The US Small Business Administration offers a comprehensive loan
 program to assist with most business needs including working capital, equipment,
 furniture, land and building, leasehold improvements and debt refinancing under
 special conditions.
- Specialized Grants. There are specialized grants available through the City of Beachwood and Regional Partners for business expansion and attraction. Companies that are planning to create more than 30 jobs and more than \$1 million in payroll may be eligible for a Job Creation Tax Credit or other industry specific grants.
- For a complete list of business resources, call the Office of Economic Development at 216-292-1915 or visit the Economic Development page at beachwoodohio.com.





UNDERCOVER SNOW SAFETY

Snow-covered fire hydrants are a hazard in an emergency. If you have a fire hydrant on your property or near your home and are able to clear a few feet around it, please do. In an emergency situation, every second counts. Please help us help you.

Another key safety tip during the winter months is to make sure your furnace exhaust is clear of snow. If not, this may cause deadly levels of carbon monoxide in your home. Stay in the clear!



COMMUNITY COMPLIMENTS

"I want to compliment the Service Department for the great job they do. Garbage collections are always well done. Leaf collections have been superb this autumn as well. I live at the edge of the city bordering University Heights and Shaker Heights, and when out taking walks, I see how much better the leaf control is in Beachwood than in those areas. I'm seeing leaves waiting to be picked up for weeks now in Shaker, rather than just the day or two it takes here."

> Sandy Fried Resident

"I am thankful to be living in Beachwood."

> Martin **Flowerman** Resident

Are you a resident or business with news to share? Do you want to highlight opportunities made available to you by living in Beachwood? Please let us know by emailing June Scharf, public relations consultant, at June.Scharf@BeachwoodOhio.com.

"Senior Transportation Team,

Here's to the folks who provide a ride, take detours and traffic all in stride. Door to door,

doc appointments and more,

a big thank you is justified.

Season of treats. for Beachwood's elite. Sense of direction, timing to perfection,

know their way around city streets.

Thank you. Have a happy holiday."

Lois Kaye Resident







JANUARY RECREATION GUIDE



BEACHWOOD ART GALLERY:

Celebrating Black History Month through Creative Expression | January 11 - February 12 Artwork will be displayed by Jerome White, Gary R. Williams and W. Michael Winston. An artists' reception is scheduled for Sunday, January 22, from 1:00-2:30 p.m.

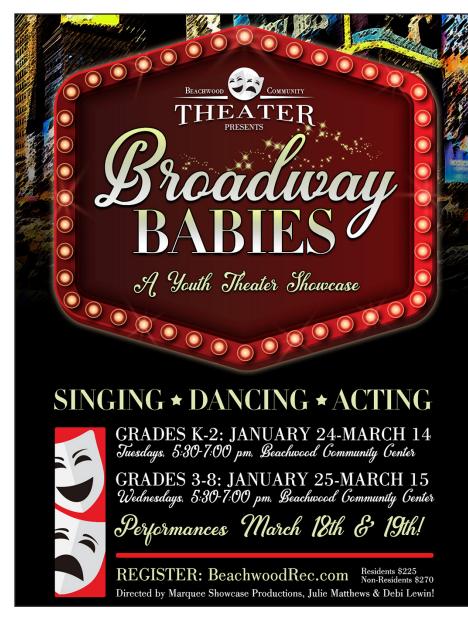
SUMMER CAMP ONLINE REGISTRATION AVAILABLE

It's never too early to start planning. The new online registration process for summer camp is currently available and open to residents at BeachwoodRec.com. As a reminder, summer camp is going "green" with this new process to eliminate paper forms and make camper information easily accessible to camp directors. Everyone must submit their camper information form on the website prior to any registration or payment. You only need to submit one information form per camper for the entire summer, regardless of how many sessions they attend. Early bird rates end March 3. Non-residents can claim their waitlist number online beginning March 1 with non-resident registration beginning March 5. For details, visit the summer camp page at BeachwoodRec.com. A brief video is available to help walk you through the registration process.



Members of Kidz Camp out on a field trip during summer 2022.









GARDEN PLOT REGISTRATION

The Beachwood Community Gardens are getting a permanent, ADA accessible location closer to the Community Center parking lot this spring! The gardens will also be expanding to 86 plots plus shade shelters. Mark your calendar for these important registration dates. Garden plots never last long.

- February 1-February 28
 Registration Open To Returning Residents
- March 1-April 14
 Registration Open To All Residents
- April 17
 Registration Open To Non-Residents

Please note, February is only open to residents who bought a plot in 2022. Plots are \$25 each. Register in-person at City Hall. Visit BeachwoodRec.com for more info.

CELEBRATE BLACK HISTORY MONTH

For the latest celebration activities and programs, visit BeachwoodRec.com.

- Diapo Cultural Arts Institute
 Feb. 5, 2-3 p.m., Community Center
 African singing, dancing and drums. Part of BAC's Sunday Sounds series.
- Black History through Stories & Songs Feb. 7, 4-4:45 p.m., Beachwood Library Join Miss Donna the storyteller as she shares African-American history and culture. For students in grades K-5.
 Call 216-831-6868 to register.
- Black History Cultural Experience
 Feb. 8, 4-7 p.m., Community Center
 The tastes, sounds and more from local
 African-American owned businesses.
- Art Explorers

Feb. 9, 4-4:45 p.m., Beachwood Library Open to grades K-5. Hear about the life of African-American artist Faith Ringgold and get inspired to create your own work of art. Call 216-831-6868 to register.

The TREES Book Discussion
 Feb. 15, 2-3 p.m., Beachwood Library
 Written by Percival Everett. Books
 available at the circulation desk one
 month prior. Registration required. Please
 call 216-831-6868.

BEACHWOOD SENIORS

Learn more and register at BeachwoodRec.com!

Questions? Call 216-292-1970.

EXILE: Music of the Jewish & African Diasporas

Thursday, March 9 at 7:00 p.m. The Temple-Tifereth Israel, 26000 Shaker Blvd.

This new program from Jeannette Sorrell begins where O Jerusalem! ended – celebrating the interwoven connections of the Sephardic, Ashkenazy, Palestinian, and African traditions. Expelled from their homes and scattered across the earth, exiled peoples have often found strength and resilience in their music.

Tickets are \$30 for residents, and \$38 for non-residents. Transportation is not included in the ticket price. Register by February 4 at City Hall or BeachwoodRec.com.

THE CLEVELAND ORCHESTRA

Friday, March 31, departure at 10:00 a.m. Severance Hall in University Circle

Join us for a matinee featuring conductor Thomas Ades and violinist Pekka Kuusisto playing *Inspiration:* The Tempest. Seats are in the orchestra level and transportation is included. The cost is \$86 for residents and \$103 for non-residents. Register by February 17 at City Hall or BeachwoodRec.com.

THE TINA TURNER MUSICAL

Tuesday, April 25, departure at 6:30 p.m. Connor Palace in Downtown Cleveland

The Tina Turner Musical is a jukebox musical featuring the music of Tina Turner and depicting her life from her humble beginnings in Nutbush, Tennessee, to her transformation into a rock 'n' roll star. Includes a ticket and transportation from the Beachwood Community Center. The cost is \$97 for residents and \$117 for non-residents. Register by March 17 at City Hall or BeachwoodRec.com.

JANUARY SENIOR DAY OUT

The Lost Restaurants of Downtown Cleveland

Thursday, January 19, at Noon (Register by January 12) Beachwood Community Center

Residents - \$13, Non-Residents - \$16, Program Only - \$5

From humble and hungry beginnings, the city of Cleveland grew over centuries until it boasted a dizzying array of gustatory choices. City dwellers and travelers alike flocked to the eateries at Public Square and Terminal Tower, including the Fred Harvey restaurants with their famous Harvey Girls. A single block-long street, Short Vincent featured the Theatrical Grille, the longest-running jazz joint in the area. The walls of Otto Moser's were a veritable Hollywood roll call, and the New York Spaghetti House offered a complete dining and aesthetic experience. Join author Bette Lou Higgins on a historical tour of the restaurants that kept Clevelanders fed!

Meal choices include chicken lo mein or vegetable subgum. All entrees served with a vegetable egg roll, dessert and a beverage. Register at City Hall, BeachwoodRec.com or call 216-292-1970.



Come try SilverSneakers Classic on Tuesdays and Thursdays at 10 a.m. at the Community Center.

ALWAYS BE AN INSIDER, STAY CONNECTED!

Official Facebook Pages:

- @BeachwoodOH
- @BeachwoodPolice
- @BeachwoodFire
- @BeachwoodOHRec
- @BeachwoodPublicWorks
- @BarkwoodDogPark

Official Twitter Accounts:

- @BeachwoodOH
- @BeachwoodPolice

Beachwood eList:

Sign up at BeachwoodOhio.com



BHS Senior is the Reel Deal

By Arlene Fine

inematography student Becca Harlan, 17, believes in giving everything her best shot, and her efforts have paid off. The Beachwood High School senior has just won two major film distinctions. She was a finalist at the Austin Micro Film Festival in the categories of Best Experimental Music Video Award for *Past* Life and Best Experimental Film Award for Fleeting. The Austin Micro Film Festival is a biannual international event on the Film Festival Circuit that showcases short films under six minutes.

Becca credits her awardwinning accomplishments to Marc Chalice, BHS's video production instructor. "Since my sophomore year Mr. Chalice has recognized my passion for film and cinematography and has given me the instructional guidance, the freedom for self-expression, and the encouragement to follow my artistic instincts," said Becca. "My film classes have been life defining. I'm 100% certain I want to make cinematography my career. It's what I love to do." Becca adds that her parents, Joshua and Renay, have given her their full support.

"I'm so proud that Becca entered this competition on her own and was the youngest person to place at the festival," said Marc. "Becca is always going above and beyond what is asked and is very confident in her choices as she directs and edits a film. She shows great initiative, insight, and curiosity. As an instructor, I provide the tools and guidance, but then I step back and let the students experiment with lighting and framing, allowing their creativity and vision to take over."



Using music and nature as her inspiration, and her friends as actors, Becca relies on visually appealing lighting to help convey her films' moods and meanings. "In Fleeting, I filmed my friends hanging out and doing all kinds of things together because I wanted to capture what it's like to be a teenager," she said. "I recognize this will be bittersweet as we get older, but it's something we can look back on and remember what we were like at this fleeting age."

When Becca, who is inspired by Wes Anderson and other experimental cinematographers, first began making movies, she relied on her phone or school equipment to capture shots. After she was given a digital Canon camera, her films gained greater depth. "I set up my camera and film my friends, with their consent, as I capture a series of raw, unscripted moments," said

Becca. "Then I spend a lot of time editing the film and incorporating the music from my many playlists that match visually intriguing images. When a movie is finished, I like to sit back and say, 'Wow, I can't believe I did that."

Along with other films currently in the works, Becca plans to film a documentary chronicling a summer cross-country road trip she is taking with her friends before heading out to college. Becca hopes to attend Syracuse University where she will major in film and cinematography.

My film classes have been life defining. I'm 100% certain I want to make cinematography my career. It's what I love to do.

- Becca Harlan

Her words of advice for other fledgling artists and filmmakers is, "Don't be afraid to express yourself creatively and know that not everyone will like or understand what you make, especially if it's interesting, but also kind of weird. That's okay because that's what art is all about."

Directed by Becca Cheryl Harlan is a finalist for the BEST EXPERIMENTAL FILM AWARD AUSTIN MICRO FILM FESTIVAL FALL 2022 Past Life Music Video Directed by Becca Cheryl Harlan

Pictured from top: Becca Harlan, Best Experimental Music Video Award for Past Life, Best Experimental Film Award for Fleeting, and additional shots from her films.

BEACHWOOD CITY SCHOOLS

Mrs. Megan Walsh, (216) 287-4657 • mwalsh@beachwoodschools.org
Mrs. Jillian DeLong, (216) 509-3514 • jdelong@beachwoodschools.org
Mrs. Kim Allamby, (216) 533-3358 • kimallamby@beachwoodschools.org

Mrs. Kim Allamby, (216) 533-3358 • kimallamby@beachwoodschools.org

Dr. Josephine Chan, (216) 235-1129 • jchan@beachwoodschools.org

Ms. Wendy Leatherberry, (216) 409-2211 • wleatherberry@beachwoodschools.org

Beachwood Schools achieves Aaa rating from Moody's Investors Service



Beachwood City Schools has achieved the highest possible bond rating – Aaa – from Moody's Investors Service. The District is one of just three

Ohio public schools to attain this exemplary status, which it has maintained since 2008.

"I am really proud of our district's coveted rating," said Treasurer/CFO **Michelle Mills**. "It is a reflection of our high fiscal standards and the unwavering financial support from our community."

Every two years, Moody's examines the outstanding debt issues of Ohio school districts to provide creditworthiness guidance to investors. The Aaa credit rating allows Beachwood Schools to lower the cost to repay its bonds, saving taxpayer dollars on interest costs.

"I'm thrilled with this news for our community and the District," said Superintendent **Robert Hardis**. "It is a wonderful marker of how Michele Mills and our Board of Education has stewarded our District's finances."

Mills retires this spring after 34 years as Treasurer/CFO with Beachwood Schools. Under her leadership, the District has earned a strong reputation for financial responsibility, stability, and long-term planning.

Chagrin Valley Leadership Conference 2022



Students from 23 schools put rivalries aside for a day of collaboration and teamwork during the annual Chagrin Valley Leadership Conference, hosted November 18 at Beachwood High School. The interactive program featured a keynote presentation on creating a positive mindset by Youth Leadership Development Coach **Ted Weise**.

"A positive mindset is critical for being a successful leader," said Beachwood Director of Athletics **Ryan Peters**.

Eleventh-grader **Mar'Tez Pinkney**, who plays varsity football and basketball, said he enjoyed collaborating with students from other schools.

"I learned how to share my ideas and hear other people's as well," said Pinkney. "This conference helped me learn how to use my team and also how to take control of something when something needs to be done."

So agreed 11th-grader **Jack Felder**, who plays varsity football and throws shot put and discus for track and field.

"The conference taught me how to effectively communicate, make a connection with others, and be able to listen to other people's ideas," he said. "I learned to have positive self-talk and that setting goals is very important for improvement."



ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, (216) 464-2600 ext. 2201 • rph@beachwoodschools.org Michele E. Mills, Director of Finance/Treasurer, (216) 464-2600 ext. 2211 • mm@beachwoodschools.org Dr. Ken Veon, Assistant Superintendent, (216) 464-2600 ext. 2202 • kev@beachwoodschools.org Jennifer Polak, Director of Pupil Services, (216) 464-2600 ext. 2215 • jpolak@beachwoodschools.org Kevin Houchins, Director of Equity & Community Engagement, (216) 464-2600 ext. 2207 • kth@beachwoodschools.org Linda LoGalbo, Director of Curriculum & Instruction, (216) 464-2600 ext. 2208 • Ihl@beachwoodschools.org Lauren Broderick, Interim Administrator – Pupil Services, (216) 464-2600 ext. 2218 • ljb@beachwoodschools.org Kathleen Stroski, Assistant Treasurer, (216) 464-2600 ext. 2210 • ks@beachwoodschools.org Lauren Meade, Director of Commuications, (216) 464-2600 ext. 2205 • Imeade@beachwoodschools.org





BHS Science Olympiad Team to Host First-Ever Invitational

The Beachwood High School Science Olympiad team will host its first-ever invitational tournament on January 28. Under the leadership of Head Coach Alise Kulbago, the team has been working overtime to organize the event, coordinate volunteers, gather sponsorships, and promote the student-run invitational. With 30 teams registered, the tournament is expected to draw 500 participants, volunteers, and family members from across Ohio.

The competitions cover 23 areas of science and range from traditional knowledge tests and lab experiments to inquiry projects. The forensics challenge, for instance, requires students to perform lab tests to investigate evidence from a crime scene. The trajectory competition asks teams to design, construct, and calibrate a catapult that launches ping pong balls onto a target.

"The students are learning a lot about putting on a large event," Kulbago said. "They're learning marketing skills, how to write a grant application, and how to organize volunteers. I'm really impressed with what they've been able to do."

For information on sponsoring this event, go to https://sites.google.com/beachwoodstudents.org/beachwood-invitational



Beachwood Schools' MAC Scholars will hold its third annual Black History recognition day February 10 in an exciting new collaboration with Hawken School. "We found a natural partner in Hawken," said Kevin Houchins, Director of Equity and Community Engagement, adding that the two schools share a commitment to building equitable and inclusive learning environments.

The recognition will take place during three basketball games against Hawken - the boys junior varsity, boys varsity, and girls varsity games. All teams will wear Black History Month warmup T-shirts, and student speakers from both schools will address the crowd about black history. In addition, the U.S. National Anthem and the Black National Anthem, "Lift Every Voice and Sing," will be sung prior to the game.

For the game schedules, please visit: www.beachwoodschools.org/GoBison.aspx

Board of Education NEWS

Recent Resolutions:

- Approved Five-Year Forecast
- **Elementary Facilities Public Study Sessions**
- PTO Presentation of "Beaming Bison" Awards
- Approved BHS Science Olympiad Trip to Univ. Michigan
- Health and Wellness Standards Presentation

Upcoming Board Actions:

- Consider May 2023 Bond Levy for **Elementary Facilities**
- **Electing Board President and** Vice President
- **Identify Beachwood Schools Support Organizations**
- Approve Purchase of Two School Busses

Board Meeting Calendar:

- January 10, 2023, 7 p.m. Organizational Meeting
- January 23, 2023, 7 p.m.

Elementary Facilities Update

The Beachwood Board of Education has decided on a master plan to construct two new elementary facilities – one at Bryden Elementary for grades K-2 and another at Hilltop Elementary for grades 3-5 – along with updates to the Fairmount preschool building. The projected cost is \$64.9 million.

The plan preserves the District's tradition of smaller schools in parklike settings within residential neighborhoods and retains the current grade configurations and traffic flows. The Board based its decision on community input gathered from hundreds of residents and stakeholders throughout the master planning process.

In a message to the Beachwood community, the Board stated: "We are grateful to the Beachwood community for being active participants in this process. Your feedback has guided this momentous decision."

As of press time, the Board was scheduled to vote in December and January on a total of three resolutions to move the project forward.

Go online for the most recent news and updates: www.beachwoodschools.org/ElementaryFacilitiesUpdates.aspx



January Programs at Maltz Museum

oin the Maltz Museum this January for a series of special programs celebrating local and national figures who have helped shape our community and the world. To register, please call 216.593.0575 or visit www.maltzmuseum.org.

From Hough to Ludlow: Exploring Cleveland's History on the Civil Rights Trail Wednesday, Jan. 11, 7 p.m. \$10 General, \$5 Members

Hop onto the Cleveland Civil Rights Trail website and you'll be greeted by an invitation to "walk the path to equality and learn the history that was made across Cleveland during the 1950s, 60s and 70s – history that's still being made today." Not all cities are so fortunate as to have a historical resource like this one, where visitors can literally stand in the place where change happened and become immersed in the powerful stories of Cleveland's courageous contributions to legislative and social progress. Learn about the early grassroots organizing efforts by civil rights leaders who helped reshape our city and about the civil rights trail that documents their path.

It's Been Said All Along: Voices of Rage, Hope, and Empowerment with Rock & Roll Hall of Fame Friday, Jan.13, 12pm (ONLINE) Free with advanced registration

From Aretha Franklin to Isaac Hayes to Public Enemy, musicians have used rock and roll as a tool for speaking truth to power and challenging systems of oppression in many different ways. Join Mandy Smith, education manager for the Rock & Roll Hall of Fame, for a gallery talk from within the Rock Hall, exploring the musicians and artifacts of It's Been Said All Along: Voices of Rage, Hope, and Empowerment, currently on display at the Rock

Hall. Using both actual artifacts from the gallery and recordings of performances from the Rock Hall vault, this talk will explore music of rage, hope, and empowerment and the impact this musical activism has had on American life and culture.



HEAR OUR VOICES: Annual MLK Day Celebration Monday, Jan. 16, 11 a.m. - 5 p.m. Free with advanced registration

Honor iconic civil rights leader the Rev. Dr. Martin Luther King Jr. and everyday citizens who fought against discrimination, while celebrating the everyday hero in you. Tour the Maltz Museum's permanent collections and special exhibition, This Light of Ours: Activist Photographers of the Civil Rights Movement, while enjoying hands-on activities on this family-friendly day!

Featured keynote speaker
Rev. Dr. Otis Moss, III will launch
his new book, *Dancing In the Darkness*, a life-affirming guide
to the practical, political, and
spiritual challenges of our day.
Schedule and activities to be
announced. Sponsored by the
Jewish Federation of Cleveland's
Community Relations Committee.

Changing Lenses: Activist Photography of Amanda King and Daniel Levin Sunday, January 22, 3 p.m. \$10 General, \$5 for Members

Activist photographers of the civil rights movement, whose work is featured in the Maltz Museum's special exhibition This Light of Ours, used cameras to shape a nation's understanding of a pivotal time in American history. Similarly, when photographs of the Holocaust were revealed, the world bore witness to horrors of humanity that were impossible to understand by description alone. Images powerfully express the reality of a moment amid cultural periods and social movements, and provide a lens to truth that cannot be denied. How are Cleveland-based photographers using their camera lenses now? Join the celebrated artists and activists for a candid conversation about what motivates their art, why photography is an effective tool for social change, and how they hope their images will inspire positive change in Cleveland and beyond.

What the U.S. Taught the Nazis: Deconstructing Nazism and Jim Crow South Wednesday, Jan. 25, 7 p.m. \$10 General, \$5 Members

In honor of International Holocaust Remembrance Day, join Dr. Kenneth F. Ledford, History Department chair and associate professor of law at Case Western Reserve University, for a special lecture on What the U.S. Taught the Nazis. In 1935, Adolf Hitler announced the passing of the Nuremberg Laws, establishing a legal structure that allowed for systematic persecution of Jews in Germany – an ideology inspired by American race law. Don't miss this fascinating discussion.

An optional docent-led tour of the special exhibition *This Light* of *Ours: Activist Photographers of the Civil Rights Movement* will be available from 6-7 p.m., for those wishing to register at no extra charge. Please note your interest at registration.

Black Power, Jewish Politics: Book-talk with Author Marc Dollinger Sunday, Jan. 29, 7 p.m. (ONLINE) \$5 General, Free for members of Maltz Museum and / or CWRU's Siegal Lifelong Learning Program

When getting to know professor Marc Dollinger, endowed chair of Jewish Studies and Social Responsibility at San Francisco State University, you will discover that he believes, "It's a scholar's obligation (and privilege) to 'complicate the narrative and deepen learning. Whatever you learned growing up about Jews and social justice, it's my job to turn it on its head ... and convince you to think about things in new, different, and exciting ways." In his latest book, Black Power, Jewish Politics, Dollinger takes a brand-new look at the history of the Black-Jewish alliance in the 1950s and 1960s to investigate what happened after the civil rights movement in the mid-1960s and 1970s when the Black-Jewish alliance broke up. This program is presented jointly by CWRU's Siegal Lifelong Learning Program and the Maltz Museum.

A Virtual View of Salvador Dali

he community is invited to join Park Synagogue for a virtual view of Salvador Dali: A Look at His Jewish-Themed Works and His Pro-Fascist History on Wednesday, Jan. 18, 1 p.m. on Zoom.

Carol Salus, Professor Emerita of Art History, Kent State University, will show works of and discuss the surrealist artist.

Dali is known for his paintings with their detailed, dream-like imagery. But with the rise of anti-Semitism in the 1930s, Dali painted several works that showed interest in Nazism and Hitler, and was exiled from the Surrealists for his political views.

Decades later, Dali was selected by the State of Israel to create works for its 20th anniversary. This talk raises the question of how to evaluate Dali's



Carol Salus, Professor Emerita of Art History, Kent State University

radiant, Jewish-themed works and his feelings about Jews. Can we separate the man from his art?

The program is free and open to the community. Preregistration at www.parksynagogue.org is required by January 16 to receive the Zoom link. Questions? Contact Ellen Petler at epetler@parksyn.org or 216.371.2244, ext. 122.

This event is sponsored by the Park Senior Adult Group.

This talk raises the question of how to evaluate Dali's radiant, Jewish-themed works and his feelings about Jews.







JOIN US IN JANUARY

From Hough to Ludlow: Exploring Cleveland's History on the Civil Rights Trail

Wednesday, January 11, 7pm

Learn about the early grassroots organizing efforts by civil rights leaders who helped reshape our city about the civil rights trail.

Hear Our Voices: Annual MLK Day Celebration

Monday, January 16, 11am - 5pm

All day family friendly activities and public programs celebrating Martin Luther King Jr.

Changing Lenses: Activist Photography of Amanda King and Daniel Levin

Sunday, January 22, 3pm

Join the celebrated artists and activists for a candid conversation about their art, why photography is an effective tool for change.

What the U.S. Taught the Nazis: Deconstructing Nazism and Jim Crow South

Wednesday, January 25, 7pm

In honor of International Holocaust Remembrance Day, join us as we examine Germany's 1935 Nuremberg Laws which were an ideology inspired by American race law

Register in advance at maltzmuseum.org

The Junk Drawer Resolution

by Ellen Wohl

t's January! You have a clean slate, a blank page, and a new year's fresh start. Did you make a resolution, set a goal, and promise not to give up this time? You may be one of those "lose 10 pounds or exercise everyday" kind of people – something to make you feel good about yourself. But seriously, how many of us really follow through? Don't feel bad if you don't. Statistics show that 25% give up after one week and even more after two.

The resolution meant to make us feel good demotes us to biggest loser status. What we need is a quick victory that produces a long-term feeling of accomplishment.

Consider the junk drawer.
Every house has one. Before denying it, accept that the randomness of the junk drawer is useful. After all, trying to keep things immaculate can be stressful. The junk drawer is a place to stash stuff that:

a) you don't know what to do

b) you think you'll use someday, c) you don't want to think about at that moment. Unlike Las Vegas, what happens in the junk drawer doesn't have to stay in the junk drawer. Every January, I attack ours with a vengeance and, in the process, I start the year with an immediate feeling of "I did it!" Unlike the exercise class I didn't wake up for or the diet I quit, my pride remerges every time I open the drawer.

"The hardest part is where to start," said certified professional organizer Lynne Poulton, founder of Wholly Organized and the motivational game Declutter Go!® She suggests a step-by-step approach. First, set a timer to stay focused, so the task doesn't drag on and on. Open the drawer and take a "before" picture. Now empty it either all at once or piece by piece. There's no right or wrong. Your technique depends on your personality.

Then, look at what you've accumulated, and be prepared to toss and relocate. Move stuff to its appropriate, rightful place (the screwdriver in the toolbox, aspirin in the medicine cabinet). Find things to recycle (expired coupons, catalogs, carry-out menus). Toss out duplicates (like five Allen wrenches) and those might-be-useful items (random plugs, hand wipes from the rib joint, packets of flower food or soy sauce). I keep a trash bag close by so I don't have second thoughts.

You'll be left with junk drawer necessities, like batteries, scissors, tape, paper clips, and pens. Don't throw remaining items back in the drawer.

Organize them in containers, like the ones bursting out of your cabinets, or make a quick trip to the dollar store for plastic boxes. Collect your rubber bands, phone chargers, and playing cards, and give them each a home. Arrange them in the drawer. Remember, it doesn't have to be perfect.

Your transformation is complete. You'll feel that new year's resolution pride whenever you open the drawer.

Be sure to snap a photo to show off your success. Post your "before" and "better" pictures on Instagram or Facebook, at #junkdrawerbuzz.

Unlike Las Vegas, what happens in the junk drawer doesn't have to stay in the junk drawer.







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Mother Shares Honest Reflections, Painful Learnings, and Eye-opening Roadmap on Parenting a Child in Crisis

Can You Hear It? Publishing proudly announces the release of its new book, *The Book We Wish We Had: How We Stayed Hopeful When Hope Wasn't Enough*.

Lisa Bachman's son, Justin, was sick, suffering, and broken. Lisa and her husband, Ron, had no idea how to heal, help, or fix him. His third suicide attempt, by the time he was 11 years old, was their final wake-up call. Although he survived, their family was left without a roadmap. They would start down a path through a maze, hit a wall, turn around, and begin again. Thankfully, with help, they found their way.

They got through extraordinarily difficult times with a suicidal son, who then went on to start a nationwide nonprofit organization and become a motivational speaker who led more that 150 full-school assemblies for students in grades five through 12 in 16 states – all before he turned 18.

Mental health problems and the subsequent intolerance and isolation are some of the most prevalent, yet least discussed, issues facing parents and kids today. Children and teens are overscheduled, overstimulated, and dealing with challenges and questions that adults could never have imagined. Add in undiagnosed issues, willful ignorance, limited school and other resources. and abandonment from those believed to be a support system, and readers will get a glimpse of the obstacles the Bachman family had to overcome to navigate the first 12 years of their son's life.

"I wrote *The Book We Wish* We Had to share our triumphs, and more so, to share our struggles. By revealing our vulnerabilities and missteps,

my hope is that readers will relate and become better able to understand that their experiences and feelings are normal as they find their way out of their maze," said Lisa, a mother of three grown children

The Book We Wish We Had addresses issues head-on with raw realism, humor, and hope as Lisa tells the story of how her family navigated Justin's suicide attempts, medical, and mental illness. More than a memoir, this book is a resource that speaks truth to the pain that is so difficult to voice and share.

The Book We Wish We Had shares practical tools like finding healthcare practitioners who see the child and not his/her (mis)diagnosis and unconventional ones like learning to speak with your child in an entirely new way by using questions instead of statements. The book maps out the conversations the family had that taught their son to have with his siblings, other kids, and people in positions of authority. They show readers how they stood up for their needs and their son's as they came to realize that teachers and doctors are not all-knowing and that it's important for parents to trust their hearts.

The Book We Wish We Had is available on Amazon in paperback and electronic format. Lisa is available for speaking engagements. For details, email lisa@ canyouhearit.org. More information is available at www.canyouhearit.org.

The Book We Wish We Had addresses issues head-on with raw realism, humor, and hope as Lisa tells the story of how her family navigated Justin's suicide attempts, medical, and mental illness.



Justin Bachman with his mother, Lisa, who wrote *The Book We Wished We Had*.

Beachwood Men's Softball League Inducts Six Into Hall of Fame Class of 2022

By Alan Kornspan

he Beachwood Men's Softball League held its annual banquet and Hall of Fame ceremony on November 22 at Pinstripes. A night filled with fun, laughter, and emotion was highlighted by five players and an umpire being inducted into the 2022 class of the league's Hall of Fame.

The awards ceremony began with a warm welcome by Jim Heller, a league commissioner for 40 years, who alluded to the league's history, as the Beachwood Men's Softball League will enter its 70th season this spring.

Larry Adelman, also a commissioner, then presented the league address. "There was more parity in this league than ever before," Larry said of the 2022 season. He also noted the important contributions the league makes to the Northeast Ohio community.

With all four commisioners in attendance, Jim, Larry, Dick Cohen, and Ed Bernstein, awards were then presented.

Kevin Laux won the Batting Championship title with the top batting average. He also led the league in home runs and RBIs. Dan Bosco won the Rookie of the Year Award.

"Every year, managers nominate players for this honor. Normally, there are three to four rookies nominated for Rookie of the Year by the managers, but this year there were nine," Larry explained. "It was the best class of rookies ever. Following a vote, Dan earned the title."

Hall of Fame inductees
Jason Baker, Scott Baskind,
Dave Bertolone, Mitch Seifert,
Daniel Solomon, and Larry
Wolkoff were then recognized.

Daniel was introduced first. He has been a Top-10 batter almost every year and hit over .700 and .800 many times.

Scott, a tremendous player

on offense and defense, was next. He has been on several all-star teams and is a great all-around player.

"I love playing in this league; great guys and a lot of talent," said Scott. "I watched my uncle play in this league for 25 years and I feel the same way as everyone says: It's just a fraternity of guys who love playing."

Mitch Seifert, a two-time manager, great hitter, and defensive player was then introduced; he was followed by Jason Baker, a terrific outfielder, probably the best ever, a solid hitter, and the fastest guy in the league.

Larry Wolkoff was recognized next. "He's an influential manager and gem within the league," said Adelman.

When Dave Bertolone got a standing ovation, that said it all. It showed the impact he has as an umpire.

After Hall of Famers were recognized, Cleveland sports celebrity Anthony Lima, the evening's keynote speaker, mentioned that speaking at the Beachwood Men's Softball League Banquet was important to him since he listened to the late Les Levine growing up, and Les, who has spoken at league events for more than 20 years, was influential in his career. To honor his mentor, Anthony provided one of Les's signature comedy routines, the "How Come Ouickies." Anthony had attendees in stitches as he provided these humorous anecdotes.







Ed then handled the 50-50 raffle, which was set up for half the proceeds to benefit The Gathering Place. Stuart Ostro, the winner, generously donated his winnings, making the total donation more than \$500.

The Beachwood Men's Softball League will return to the diamonds in April 2023 to commence its 70th year. Pictured at top: Hall of Fame inductees Scott Baskind, Mitch Seifert, Dave Bertolone, Jason Baker, and Larry Wolkoff.

Middle right: Hall of Fame inductee Dan Solomon.

Middle left: Batting Champion Kevin Laux.

Bottom right: Rookie of the Year Dan Bosco

Getting Fit, Living Better

n important part of caring for ourselves is knowing where to get help when we need it. The professional care team at the Peter B. Lewis Aquatic & Therapy Center, right here in Beachwood, can help you improve your life.

Seven years ago, Sherrill Braun had back surgery, followed by home therapy visits. "I was diagnosed with neuropathy and my progress was slow," she said.

When she started coming to the Center six years ago, she was



in a wheelchair. "I live across the street and am very familiar with Menorah Park. My husband was there for a few years, as well as my mother-in-law and aunts," she said. "This is the best place I could have come for therapy."

Sherrill feels welcome and cared for in Menorah Park's wellness community. "It's almost like a social hour and Lisa Altenbaugh, the exercise specialist, is great. She is very knowledgeable and she pushes me to do my best," Sherrill said. "My exercises helped strengthen my arms and legs, and now I can walk with a walker, which has made a big difference in my life."

In addition to therapy, Sherrill tries to live a healthy that bring us happiness, Sherrill recognizes that even a healthy diet should leave some room for small pleasures.

"My favorite treat is Dixie Cups," she said. "I have five

Center, call 216.595.7345 or email mgroesch@menorahpark.org.

lifestyle. Because of her combination of diet and exercise, she's been able to discontinue the use of some medications. Since part of living our best life is enjoying things

ounces of ice cream every day and enjoy every single one!" For more information about the Yarn Over Beachwood

Yarn Over Beachwood members knit, crochet, and loom items for different organizations and charities throughout Northeast Ohio. Group members share ideas, patterns, projects, websites, links to patterns, and more.

The group meets the first Friday of each month from 10-11:30 a.m. at the Beachwood Library. The next meeting is January 6.

Participants create varied projects that include hats, bird nests, lapghans, and more and yarn donations are always appreciated! To participate or donate yarn, contact Iris November at lbrtyclub@gmail. com or 216.375.9111.

Sherrill Braun exercising at the Peter B. Lewis Aquatic & Therapy Center.



"It's a Pleasure to Meet You"

A portrait exhibition by Philip Bailin and Erwin Bruder

rea photographers Philip Bailin and Erwin Bruder will proudly bring 45 portraits to life in their upcoming exhibit, "It's a Pleasure to Meet You," at the Beachwood Library. The exhibit will include beauties, bikers, and much more, as seen through the photographers' eyes. It will kick off with an opening reception, free to the community, on Sunday, January 8, 1-3 p.m., and will run through January 26. The library strongly encourages masks.

Philip, former chief of dermatology at Cleveland Clinic, has been shooting photos for more than 60 years. Today, he modestly said his skills have taken him from an amateur to a semi-professional photographer.

Philip's photos have appeared in local and national juried shows, and a one-man show at Orange Library. They have also appeared in print and digital magazines. In recent years, Philip's interest has morphed from landscape to portraiture.

"After years of shooting nature, I wanted to learn more about indoor and outdoor artificial lighting," he explained. "Plus, as a dermatologist and cosmetic surgeon, I work with people every day and am quite interested in their appearances. To me, people are more interesting than flowers and trees."

During Erwin's career – from cheese manufacturing, to rap and R&B in the music industry, to financial consulting – he hadn't picked up a camera in 35 years. After retiring, he joined Chagrin Valley Camera Club because he

had an interest in photography and desire to keep productive.

"I've met many high-level photographers, many of whom are retired professionals," he told us. "We talk about photography, cameras, and just a little bit of politics, among other things. Today, I look at photography as a new career."

Erwin enjoys shooting people because, unlike a landscape, he can influence the beauty behind each person. "Although I can capture a landscape, I can't talk it into being more beautiful," he explained. "I get to know people, and can then draw out the uniqueness in each of them. Shooting is much more than getting the focus and clicking on the button. My job is to capture each individual as I see them."

Erwin especially enjoys shooting women and bikers. "It's so much fun to capture personality, style, and emotions as well as an image," he said.

"It's a Pleasure to Meet You" is unique in that it will feature only portraits, both color and black and white, from a wide

"It's a Pleasure to Meet You" A Portraiture Photo Exhibit at the Beachwood Library Opening Reception Sunday, January 8, 1-3 p.m

demographic of age, race, ethnicity and sexes. Philip and Erwin often work together, and are proud to bring this show to Beachwood. They both enjoy capturing the essence of other people, and invite the community to attend the grand opening and to view their show.

You may view Philip's work at

inventive-images.com or @philipbailin on Instagram. Erwin's work may be viewed at bruder-photgraphy.com or @bruder_photography on Instagram.

For more information, contact Philip at inventiveimages 2020@ gmail.com, or Erwin at Erwin@ Bruder-Photography.com.



Photo by Erwin Bruder



Photo by Philip Bailin





Philip on a photo shoot (left) and Erwin taking a break.

Lifelong Learning Opportunities

ase Western Reserve University's Siegal Lifelong Learning offers a variety of personal enrichment courses and lectures on an array of topics including History, Literature, Arts & Culture, Politics, Science, Jewish Studies, Religion, and more. These programs are offered on Zoom and in person in locations on campus, in Siegal's Beachwood facility, and in other locations around Northeast Ohio.

This winter, Siegal is offering a number of programs of local interest, some of which are listed below. These and all of Siegal's programs are open to the public. More information, including course description, location, pricing, and registration, can be found at case.edu/lifelonglearning/.

The Great Lakes: Story and Legend (Remote)

Wednesdays, January 18 - March 8 • 10:30 a.m. - 12 p.m.

The Underground Railroad Interpretive Center at the Cozad-Bates House at University Circle (In Person)

Thursday, February 2 • 12-1:30 p.m.

Culture and Politics in Cleveland's Hebrew Cultural Garden (In Person)

Friday, February 3 • 1-2:30 p.m.

The Underground Railroad Interpretive Center at the Cozad-Bates House at University Circle (In Person)

Friday, February 10 • 12-1:30 p.m.

2023 National Mah Jongg League Cards Now Available

The new Mah Jongg cards are now available. Order yours from ORT Ohio. For each card purchased, ORT Ohio will receive

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86th Year

Manual Year

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a donation. Send checks to ORT Ohio, 24100 Chagrin Blvd., #300, Beachwood, Ohio 44122 or call 216.249.7441 with credit card information.

Standard-print cards are \$14 and large-print cards are \$15. The order deadline is January 15 and the National Mah Jongg League will mail cards in March/April 2023.



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When you choose JFSA as your home care provider, you not only receive the highest quality care and plenty of services to choose from, you get something extra: **Confidence.**

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Triple Threat from Beachwood City Schools Wins the Fall Health Action Council Step It Up Challenge

Team OSM from Swagelok and Greatest Step Team! from Beachwood City Schools are second and third place winners

eam Triple Threat from Beachwood City Schools won the Fall Step It Up Challenge, and earned themselves a healthy lunch and a \$300 donation to either a local school garden project or Ronald McDonald House Charity in their name. The winning team consisted of Jason Downey, Mark Grey, and Veronica Wendl. This active group averaged 824,114 steps and logged in an amazing 2,472,344 total steps.

"Thank you, It was was fun to see what other competitors all over the nation were doing on a daily basis and it motivated me to stay active throughout the entire day," said Jason. "It always pushed me to go one more! I will continue to maintain my steps as I feel more energized with my step counts."

The second-place winners were Team OSM from Swagelok. Team members Ben Sanda, Gary Clapper, Joe Whitthorne, and Jonathan Espersen earned 496,088 average steps and a whopping 1,984,354 total steps. Rounding third was Greatest Step Team! from Beachwood City Schools, consisting of VK Tabernik, Garth Holman, Suzy Tucker, David Luddington, Tony Srithai, Alise Kulbago, Amy Hazelton, and Shuling Tai Lo. Together they amassed 376,739 average steps and 3,013,918 total steps.

This challenge included 39 teams and 504 total participants who achieved 110,846,394 steps and unlocked a \$500 donation to Ronald McDonald House Charities of Central Indiana.

"One way to identify a healthy workplace is to observe people who work together not only for the betterment of the company, but for the collective health and wellness of the employees," said Patty Starr, president and CEO of Health Action Council. "The people who show up, get healthy, and encourage each other are not



only winning personally, but setting an example for others to feel welcome and join in."

Individual winners among the top 15 steppers were randomly selected. They include:

- Top Stepper Veronica Wendl from Beachwood City Schools Team Triple Threat -1,298,186 steps
- Cindy Koller from Cuyahoga Community College 10KSB Rocks! team – 1,077,368 steps
- Chelsea Woodland from Hitachi Solutions America Sumo Sanitizers team – 614,139 steps

"This was a great way to push ourselves, while also teaming up with great colleagues. I love an active competition where teammates can support and cheer you on. I was motivated by several factors, one of them being that my teammates were pushing themselves, which in turn made me want to push myself further," said Veronica, member of the first-place team and Top Stepper. "I'm thankful for the opportunity to compete with such great teammates!"



Team Triple Threat from left:
Jason Downey, Veronica Wendl, and Mark Grey.

About the 2023 Spring Step It Up Challenge

The Health Action Council
Step It Up Challenge is a no-cost,
four-week step program that
promotes overall health for the
workplace and community.
The process is simple. Register
a team made up of employees,
colleagues, customers, family,
and friends. Teams must have at
least three participants.

Enjoy some friendly competition this spring with team-based and individual-based challenges. Compete in various weekly mini challenges along the way and win valuable prizes such as gift cards, Fitbits, and swag.

The 2023 Spring Step It Up Challenge will take place from March 20 - April16. The registration deadline is Friday, March 17. For more information and to register, visit https://tinyurl.com/ StepItUpSpring. For additional questions, please contact Noelle Reinhart at nreinhart@ healthactioncouncil.org. "The people who show up, get healthy, and encourage each other are not only winning personally, but setting an example for others to feel welcome and join in."

– Patty Starr, president and CEO of Health Action Council

About Health Action Council

Health Action Council is a member-driven, not-for-profit organization representing large employers working to enhance human and economic health through group purchasing, education and health improvement.

Its purpose is to improve the relationship between business and health through thought leadership, innovative services, and collaboration.

Bison Standout Athletes

Uzonna Nzekwe Stats for the Season

- 130 tackles
- 34 tackles for loss
- 7 sacks
- 4 fumble recoveries
- 1 Interception
- 1st Team Chagrin Valley Conference linebacker
- 1st Team All District linebacker
- 1st Team All Ohio Linebacker
- CVC Player of the Week
- News Herald Player of the Week
- · News Herald All Star
- Team Most Valuable Player



Grant Keilin Stats for the Season

- · 26 goals (led team)
- 8 assists (led team)
- 8 games in which he had two or more goals (7 of them came consecutively)
- 9 consecutive-game stretch with a goal

Honors Include:

- 1st Team All Ohio
- · All Great Lakes Regional Team
- 1st Team All Greater Cleveland
- 1st Team All CVC
- · 1st Team New Herald
- · Cleveland Jewish News Player of the Week
- · CVC Player of the Week

Helped lead Bison Boys Soccer Team to:

- Best record in school history
- · Most wins in a season
- Sectional Championship
- District Championship
- Regional Runner Ups



Beachwood Bison Soccer Team Breaks Records

he Boys Varsity soccer team enjoyed a record-breaking season, finishing with a 17-3-1 record and a 6-0 record in the Chagrin Valley Conference, earning them the CVC championship.

Seventeen wins in a season is the most in school history. This team also had a 10-game winning streak – the longest win streak in school history. It also won the Sectional and District Championships and finished the season as Regional Runner Ups after playing in the Elite 8 Finals. Coach Brian Greene (BHS Class of '85) earned his 250th win as head coach and was named CVC Coach of the Year. Assistant

Coach Josh Lowe was named the Greater Cleveland Scholastic Soccer Coaches Association's Assistant Coach of the Year and the Ohio Scholastic Soccer Coaches Association Assistant Coach of the Year.

"It's been a great year, we won more games than ever," Brian told us. Brian has been the team's head coach since '96, an assistant head coach since '89, and with the program since '80.

"Prior, we hadn't won more than 14 games in a year."

Brian attributes this year's success to the players. "As coaches, we prepare them for each game. It's the players who win; we lose games for bad decisions," he said. "This is a nice group of players who bonded and mesh well. The team chemistry was great all year."

Senior Luke Bennett and sophomore Grant Keilin are

standout players who were awarded 1st Team All District Honors. As a sophomore, Grant was named 1st Team All Ohio. 1st Team All Greater Cleveland, and 1st Team All Midwest - one step below All American an uncommon feat for a sophomore.

"It's a strong group of players. No one person is successful without the rest of the team," Brian emphasized.

Seventeen wins in a season is the most in school history. This team also had a 10-game winning streak - the longest win streak in school history.

Team achievements are listed on the next page.



Beachwood Bison Soccer Team



Beachwood Bison Soccer Team Achievements

- Overall season record: 17-3-1
- Record-breaking 13 regular-season wins
- Streak of 10 regularseason wins
- 77 goals scored; only
 17 allowed
- Beat Hawken, Orange, Lutheran West, and Kirtland – twice!
- Advanced to the State
 Quarterfinals for the 4th time
 ever in 49 seasons
- CVC Metro Champions
- Ohio Division III
 Sectional champions
- Ohio Division III
 District champions
- Ohio Division III Regional Finalist

- Head Coach Brian Greene achieved his 250th career win
- Assistant Coach Josh Lowe was named Division III
 All Greater Cleveland and State of Ohio Assistant Coach of the year
- Team received Boys Division III Sportsmanship, Ethics, and Integrity Award, voted on by

- Northern Ohio Coaches
- All-American Academic and All-Ohio Academic team
- Several players received All-Conference and All-greater Cleveland honors



TTTI Congregants Pack Bags at Cleveland Kosher Food Pantry

Volunteers from The Temple-Tifereth Israel recently packed bags of nutritious fruits, vegetables, dry goods, and canned foods at Cleveland Kosher Food Bank to be deliverd to seniors. Due to rising costs, KFP has seen a 25% increase in requests for food assistance and provided food for nearly 6,000 people monthly at the end of 2022. This number represents an all-time high since the Pantry was established over 40 years ago.

"KFP nourishes souls as well as bodies," says Devorah

Alevsky, KFP director. "In addition to regular food distributions, we provide traditional foods and items for Jewish holidays so those struggling with food insecurity can feel included and celebrate their heritage."

Tax-deductible donations are appreciated. Checks can be sent to Cleveland Kosher Food Pantry, 2004 So. Green Rd., South Euclid, Ohio 44121 or donations can be made at kosherfb.org/donate. For more information, call 216.382.7202.



Volunteers Carol Marshall, Robert Rothschild, Cathy Rothschild, Lisa Martel, Patti Dery, Cynthia Dettelbach, Marty Emerman, Jeff Boardman, and Anna Boardman.

Temple Emanu El Announces Early Childhood Events

emple Emanu El has released its "Zman Lazuz: Time to Move Jewishly" schedule of family-friendly events for families with children up second grade, a program made possible by a \$1,500 Shoresh Grant from the Jewish Education Center of Cleveland. The grant covers the cost of a series of free events focused on movement with a Jewish connection.

The goal is to increase participation in Jewish-themed events and involvement in the Jewish community for young children and their families throughout the 2022-23 school year. The events are co-sponsored by the Temple Emanu El's Preschool and Religious School.

A primary purpose of the grant is to encourage innovative early childhood programming that increases participation among less involved families while strengthening the connections of those already involved. These events are free and open to the public. RSVPs are requested to Eileen Sadowsky, education director, at esadowsky@teecleve.org.

Each program will consist of:

- Time for families to connect with each other
- A participatory movement program
- Closing activity, snack, and song

"Movement is natural and necessary for children's

development," said Eileen.
"We love watching children
play and families connect
through multi-sensory Jewish
experiences.

The remaining events through June 2023 are scheduled as follows:

Reaching UP

Saturday, Jan. 28 • 2 - 4 p.m. Shaker Rocks 3377 Warrensville Center Rd.

You are invited to have fun at this climbing gym! RSVP by January 26.

Playground Fun

Saturday, March 18 • 10 a.m. Playground World 4400 Renaissance Parkway

Enjoy your day at this indoor family playground! RSVP by March 16.

End of Year Shabbat Sprouts Celebration

Friday, June 2 • 5:30 p.m. Temple Emanu El 4545 Brainard Rd.

Enjoy a Shabbat service, Shabbat dinner, and evening program. RSVP by May 30. "When I was 5 years old, my mother always told me that happiness was the key to life.

When I went to school, they asked me what I wanted to be when I grew up. I wrote down happy.

They told me I didn't understand the assignment, and I told them they didn't understand life."

- John Lennon

Beachwood Buzz wishes you a happy, healthy 2023 filled with all that makes you happy!

January Library Listings

Listed are select programs. All event listings can be found at https://cuyahogalibrary.org.

Asian Thought and Modern Understanding (3-week series)

Tuesdays, Jan. 10, 17, 24

2 - 3 p.m.

Explore Asian philosophy and its connection to the 21st century. To register, refer to event 7160267.

Tuesday Book Chat

Tuesday, Jan. 10

7 - 8 p.m.

Enjoy a discussion of *The Lunar Housewife*, by Caroline Woods. Registration is not required.

The Music of Perry Como

Friday, Jan. 13

2 - 3 p.m.

Performers Debbie Darling and David Strieter will take you on a musical journey through Perry Como's life. For details, refer to event 7174529.

Blood Drive

Saturday, Jan. 14 10 a.m. - 4 p.m.

To register, please call 1.800.733.2767 or visit www.redcrossblood.org.

Knit and Lit

Monday, Jan. 16 6:30 - 8 p.m.

Join us for knitting and informal chats about what everyone is reading. For details, refer to event 7086107.

Evaluating Resources

Tuesday, Jan. 17

7 - 8 p.m.

In this class, library staff will show how to evaluate various information sources. For details, refer to event 7108819.

Third Wednesday Book Discussion

Wednesday, Jan. 18

2 - 3 p.m.

Enjoy a discussion of *Honor*, by Thrity Umrigar. For details, refer to event 7181118.

Third Thursday Book Discussion Virtual

Thursday, Jan. 19

2 - 3 p.m.

Enjoy a discussion of *Honor,* by Thrity Umrigar on Zoom. For details, refer to event 7181192

Through the Eyes of the Artist – Odd Artists

Friday, Jan. 20 10 - 11 a.m.

Join art historian Felicia Zavarella Stadelman as she presents a program about quirky artists. For details, refer to event 7148085.

Homeless Help 101: Responding with Compassion

Adults & Teens 14+ Tuesday, Jan. 24

6:30 - 8:30 p.m.

Learn how to best assist and interact with people who are experiencing homelessness in a caring and informed way. For details, refer to event 7160261.

Virtual Book Discussion with Homa and Katie

Wednesday, Jan. 25 7 - 8 p.m.

Join us on Zoom with WEWS on-air personalities Homa Bash and Katie McGraw for a lively discussion of *The Perfect Mother*, by Aimee Molloy. For details, refer to event 7455403.

Children's Programming • To register, call 216.831.6868 or visit https://attend.cuyahogalibrary.org

Picture Book Pals

Family Book Discussion Friday, Jan. 6 and Feb. 3 10:30 - 11:15 a.m.

Sit down and chat about some of our favorite picture books! January's title is 10 Ways to Hear Snow, by Cathy Camper. February's title is Pip and Zip, by Elana K. Arnold.

Hebrew Language Storytime

Wednesday, Jan. 11

4 - 4:30 p.m.

Hear stories, songs, and fingerplays in Hebrew and English. Presented in collaboration with the Mandel Jewish Community Center.

Art Explorers • Grades K-5

Thursday, Jan. 12

4 - 4:45 p.m.

Get creative while learning something new. Hear about the life of a famous artist and get inspired to create your own works of art. Registration required.

Adapted Storytime

Ages 3 – 5 years with caregiver Friday, January 13 2 - 3 p.m.

Children with varying learning styles and abilities will learn together in a safe, supportive environment where respect and appreciation for differences is encouraged. Registration required.

Chinese Language Storytime

Wednesday, Jan. 18 4 - 4:30 p.m.

Join us for stories, songs, and rhymes in Mandarin Chinese and stay for playtime after. Presented in cooperation with the Chinese Academy of Cleveland.

Fiction vs Nonfiction: What do vou know about Dinosaurs?

Grades K-3 with caregiver Tuesday, Jan. 24

4-5 p.m.

Have you ever wondered whether a book was fiction or nonfiction? Identify the differences with some of our favorite animals: Dinosaurs!

Community Connections: Celebrating Black History Through Stories and Songs

Date: Tuesday, Feb. 7

4 - 4:45 p.m.

Join Miss Donna the storyteller as she shares stories and songs in celebration of Black history and culture.



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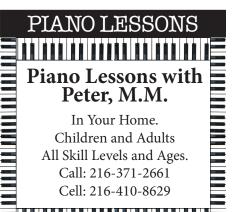
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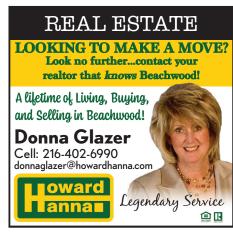
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Martin Luther King Jr. Commemoration

Sunday, Jan. 15 • 10 a.m. - 12:30 p.m.
Cory United Methodist Church • 1117 East 105th Street, Cleveland

The community is invited to join Park Synagogue and Cory United Methodist Church for a special morning of fellowship to commemorate the exemplary life of Martin Luther King Jr. The morning will begin with an interfaith service conducted by Rabbi Joshua Skoff, Park's senior rabbi, and Rev. Kendrick Jr., pastor at Cory, in Cory's magnificent sanctuary in which Martin Luther King Jr. once spoke. Hear inspiring interfaith prayers, messages, and music provided by the choirs of both congregations.

Cory owns the historic building that was formerly called the Cleveland Jewish Center. Prior to that, it was home to Park's congregation. One can still see the beautiful Biblical-themed stained-glass windows and other Jewish symbols in the sanctuary.

Following the service, attendees will continue their morning of fellowship by

doing mitzvah projects to help people in need in the Glenville community. Participants of all ages are needed to help make bag lunches for a large senior apartment building, to decorate and write cards of encouragement, and to pack personal care kits for residents of the Eliza Bryant Village.

Members of the community of all ages are encouraged to attend!

Members of the community of all ages are encouraged to attend!

RSVPs are requested by registering at www.parksynagogue.org or by contacting Ellen Petler at epetler@parksyn.org or 216.371.2244, ext. 122.

StoryWalk®

The January/February StoryWalk® is Almost a Full Moon, by Hawksley Workman, illustrated by Jensine Eckwall. This is a warm-hearted story of family, community, food, and home. A boy and his grandmother host a gathering in their small cabin in the middle of winter. Friends travel from near and far, and some new friends even turn up. The walls of the cabin are elastic and the soup pot bottomless; all are welcome.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg- Hubbard Library to help build childrens' interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Anne.

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