

Beachwood Buzz

April 2023

Every Resident. Every Business. Every Month.

MAGAZINE



HELLO SPRING

Spruce Up Your Home this Spring!
Ad section starts on page 43.

The Next Generation In Flooring



Meet Tyler, Nate, Matt, Ryan and Spencer, the third generation of Marshall Flooring, with their father Marc. They are continuing this family-owned business and the legacy of their grandfather, Marshall, who opened the store in 1966. They've also updated the brand from Marshall Carpet One & Rug Gallery to Marshall Flooring which better reflects the area's most comprehensive selection of carpet, hardwood, luxury vinyl, rugs and more. Stop in and experience the next generation in flooring for yourself.

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Letter from THE EDITOR

By Debby Zelman Rapoport

Last year I published an article about the Circle of Life, a resource from the Institute for Integrative Nutrition (IIN). According to IIN, “The circle represents imbalances in primary food and provides a starting point for determining how you may wish to spend more time and energy to create balance in your life. The rounder and wider the circle, the healthier and happier you are.”

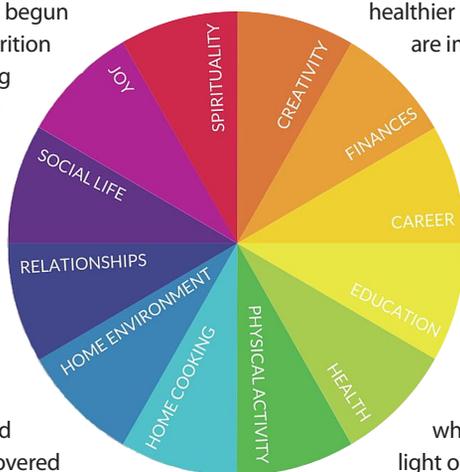
When I published the article last year, I had just begun my journey with IIN to become an integrative nutrition health coach. I enrolled in the program after doing the Circle of Life exercise. Here’s how it works: You place a dot within each section to mark how fulfilled you feel in that area of your life. A dot placed toward the center of the circle indicates dissatisfaction, while a dot placed toward the outside indicates satisfaction and fulfillment. Then, when you’re done, connect the dots.

I enrolled because my education dot was closest to the middle and I’ve always been interested in holistic and integrative options.

Now, a year later, I completed the IIN course and earned the above title. A lot of information was covered in this program and many possibilities presented, including (but not limited to): private practice, corporate wellness, working in a doctor’s office, online coaching, community programs, product development, hosting workshops, public speaking, writing, podcasts, and more.

IIN breaks food down into primary and secondary. Primary food, the main focus of IIN (Circle of Life), includes: spirituality, creativity, finances, career, education, health, physical activity, home cooking, home environment, relationships, social life, and joy. Secondary food is the actual food we eat.

Primary food fills our soul and brings balance to our lives. When balanced, even if our secondary food choices aren’t ideal, we feel



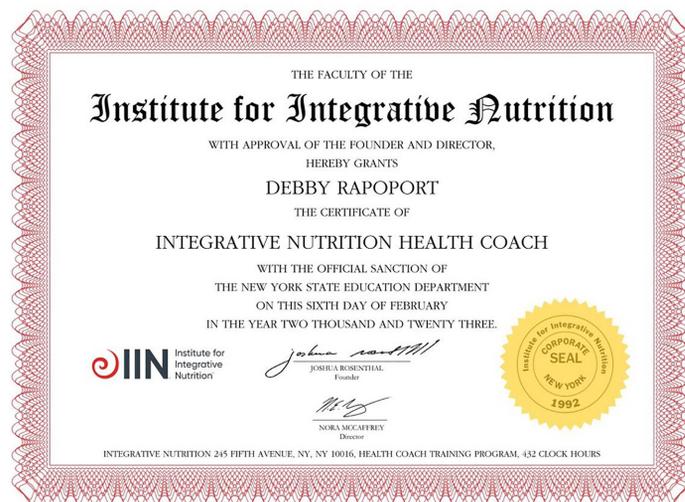
healthier than if we’re eating a more nutritious diet and are imbalanced in the areas listed above.

As a coach, bioindividuality is important because each person has unique nutritional, physical, emotional, and lifestyle needs. This means that what works for one person may not necessarily work for another. There is no one-size-fits-all solution to optimal health. When we recognize and respect each individual’s unique needs, we can better tailor interventions and treatments to help them achieve optimal health.

My crystal ball doesn’t show a clear vision of where this new path may lead, yet it does shed light on possibilities to spread a ripple effect based on health-related topics. I encourage you to fill in your own Circle of Life, either on this page or online at www.integrativenutrition.com/circle-of-life. To get the most out of this exercise, be honest with yourself! The rounder and wider your circle, the more balanced you’ll feel. And the more balanced you feel, the better your overall health will be. I recently redid my circle. After a long winter, it’s time to ramp up physical activity! Whatever you choose to focus on, consistency is key.

IIN’s curriculum includes integrative nutrition and nutrition science, functional medicine, wellness concepts, personal development, coaching methods and theories, and business-building, and marketing skills. If you’d like to invest in yourself and learn more, visit <https://geti.in/3STpZZX>.

I encourage you to fill in your own Circle of Life, either on this page or online at www.integrativenutrition.com/circle-of-life. To get the most out of this exercise, be honest with yourself! The rounder and wider your circle, the more balanced you’ll feel. And the more balanced you feel, the better your overall health will be.



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Here's to the next 50!

Beachwood Buzz

Every Resident. Every Business. Every Month.

Buzz
MAGAZINE



Each year, Greg Perry, Beachwood High School's Marketing/Junior Achievement teacher, works with Excel TECC students from 10 schools to create a program that inspires and prepares young people to succeed in a global economy. And, each year, the group creates an out-of-the-box, nationally recognized program that provides students with real-world experiences and draws in the community. This year's project, AQUA, was developed to educate our community about the importance of clean water, to support clean water and sustainability for Lake Erie and the Great Lakes, to help preserve the world's largest supply of fresh water, and to activate Northeast Ohio residents to clean up area beaches.

Story, written by Debby Zelman Rapoport, starts on page 8.
Photos by Scott Morrison, Discovery Photo.

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Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

Subscriptions

Beachwood Buzz is distributed via the U.S. Post Office to every resident and every business, every month. If you live outside our distribution area, subscriptions are available by sending your name, address and a check for \$36 (12 issues) to Beachwood Buzz, P.O. Box 22194, Beachwood, Ohio 44122

General Information

Beachwood Buzz is a privately owned independent community magazine that supports the City of Beachwood and Beachwood Board of Education. We reserve the right to accept or decline any advertising or content.

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SUNDAY, APRIL 16
1:00PM



<https://www.beachwoodschoools.org/Tickets.aspx>

Family Kindness Festival

Sunday, April 30 • 1-4 p.m. at Beachwood High School

Thirty-four nonprofits, 25 innovative students, and 21 area schools are joining together to celebrate the magic of kindness at this FREE community festival.

Mark your calendar for a magical afternoon that brings kids and parents together to have fun, do good, and be kind – all under one roof! Family Kindness Festival, on Sunday, April 30, 1-4 p.m. at Beachwood High School, is a free family event geared toward children ages 5-13 years. All ages are welcome to attend; however, children must be accompanied by an adult.

This year's event, designed to demonstrate to students (and their parents) that kindness is magical, features strolling magicians, a magic show, balloon twisting, and even a pop-up roller skating rink! It's no illusion that the Festival's goal is to reveal that acts of kindness, big and small, add up and can have a meaningful impact on friends, classmates, and our communities. This enchanted, one-of-a-kind festival is presented by Senders Pediatrics in partnership with Beachwood City Schools.

Highlights of the Day –

Guests will have opportunities to:

- Enjoy strolling magicians, inflatables, face painting, and balloon magic to delight the whole family.
- Interact with Cleveland area non-profit organizations and discover ways to get involved and give back.
- Connect with area children and teens who have developed awesome ideas to spread acts of kindness in their schools, neighborhoods, and communities.
- Participate in the Wigs for Kids Cut-a-Thon or cheer on volunteers who are donating hair to help make wigs for children suffering from hair loss.
- Engage in crafts for a cause: Participate in a variety of make-and-give-back projects

that will benefit many local nonprofit organizations and those they serve.

- Have fun with Snapology and build cool LEGO brick structures.
- Experience a professional magic show.
- Try Rink-in-the-Box, NE Ohio's premier pop-up roller skating box – skates included.
- Sample Tae Kwan Do mini sessions.
- Savor cold treats from East Coast Custard and Kona Ice Trucks.

"Senders Pediatrics is pleased to partner with Beachwood Schools and more than two dozen other public, private, and parochial schools to sponsor the Annual Family Kindness Festival at Beachwood High School," said Dr. Shelly Senders, founder and CEO of Senders Pediatrics. "In a world struggling with division and meanness, events like Family Kindness Festival are the antidote. They're the secret sauce that promotes social connection, reduces anxiety and aggression, improves resilience, enhances optimism, and lends layers of new meaning to life."

"Beachwood City Schools is proud to once again host the Family Kindness Festival and is appreciative of our partnership with Senders Pediatrics. Our district mission aligns seamlessly with that of



"In a world struggling with division and meanness, events like Family Kindness Festival are the antidote. They're the secret sauce that promote social connection, reduce anxiety and aggression, improve resilience, enhance optimism, and lend layers of new meaning to life."

– Dr. Shelly Senders



the festival. We look forward to helping forge authentic, meaningful connections among all members of our community through kindness," stated Dr. Robert Hardis, Superintendent.

Family Kindness Festival is a project of the Senders Pediatrics Health Initiative, a federal 501 (c) (3) charitable organization. Support for the Festival has been provided by a number of

generous sponsors including Akron Children's Hospital, Crestmont Automotive, Floor King, Pease Bell CPAs, WHK, and TXI. Media sponsors for the event are *Cleveland Jewish News*, *Macaroni Kid*, *Northeast Ohio Parent*, and *WTAM*. While the event is free, advanced registration is encouraged. For more information and to register, visit senderspediatrics.org/kindness.

Our Children Should Be Our #1 Priority



ISSUE 1: Building on our TRADITION of EXCELLENCE

- ▶ Aging schools make it difficult to provide the exceptional education Beachwood students deserve. **ISSUE 1** will allow us to upgrade Fairmount and replace Bryden and Hilltop.
- ▶ **ISSUE 1** builds on our tradition of excellence by ensuring students will attend world class schools that provide all they need to achieve and succeed:
 - Renovations to Fairmount building and grounds
 - Build a new state of the art school for Grades K-2 on the Bryden site
 - Build a new state of the art school for Grades 3-5 on the Hilltop site
- ▶ **ISSUE 1** is a critical investment in our children, teachers, and schools that will pay dividends for decades.
- ▶ **ISSUE 1** continues our tradition of providing small schools set in parklike surroundings in residential neighborhoods.
- ▶ **ISSUE 1** will enable us to equip the new schools with state of the art security systems that will help keep students safe.
- ▶ **ISSUE 1** includes new playgrounds and other facilities that will strengthen the connection between the schools and the community.

To Help Keep Beachwood Schools Strong, **VOTE FOR Issue 1**



AQUA



Each year, Greg Perry, Beachwood High School’s Marketing/Junior Achievement teacher, works with Excel TECC students from 10 schools to create a program that inspires and prepares young people to succeed in a global economy. And, each year, the group creates an out-of-the-box, nationally recognized program that provides students with real-world experiences and draws in the community. Shannon Diamond, City of Beachwood’s program manager for events and camps, is the Junior Achievement advisor.

At the beginning of each school year, students are challenged to come up with a social-responsibility cause they wish to support. This year, students selected water as their theme, something important to all of them because they see the impacts of clean, fresh water here locally, as well as issues with droughts, flooding, and lack of clean water around the world.

As a result, AQUA was designed with the following goals:

- To educate our community about the importance of clean water for our health and well-being.
- To support clean water and sustainability for Lake Erie and the Great Lakes.
- To help preserve the world’s largest supply of fresh water.

- To activate hundreds of Northeast Ohio residents to clean up area beaches.

Additional goals are to take steps now to preserve the health of Lake Erie for future generations, to repair and prevent the damage done to Lake Erie, both man-made and natural, and to preserve its beauty for future generations.

As part of a creative marketing campaign, four beautiful water-inspired inflatables will travel across Northeast Ohio locations to bring attention and action to AQUA’s mission.

Inflatables have been a hit for the past two years and AQUA builds on those successes. Last year’s campaign, Hope Soars Ohio, built off of the success of the previous campaign, Hope Blooms Ohio. Hope Soars’ tagline was

“Fly Forward Together,” recognizing the metamorphosis of butterflies, as well as the students’ hope that communities unite as we emerged from the pandemic. Hope Blooms’ tagline was “One seed, one hope, a global garden.” The name of each flower represented the project’s mission of spreading Unity, Love, Health, Blossom, Inspire, and Joy.

This year’s inflatables will stand up to 20-feet tall. One is cube and three are shaped like water drops. Events will include five installations, a Splash Party, and a beach cleanup (*information on opposite page*).

This year’s signs, shaped as water drops, are printed with facts and actions that people can take to conserve water. Signs will surround the inflatables so people understand the mission of AQUA.

When discussing what kind of art goes on water drops, the students concluded that it had to be spectacular and splashy, something people would gravitate toward for pictures. Greg agreed, and proposed Neill Wright, who is represented by District Gallery at Van Aken. Greg has worked with the gallery in his design career and has placed Neill’s art in clients’ homes.

Neill is a multidisciplinary artist based in Johannesburg, South Africa. His bold, multi-layered and colorful work braves the world of social commentary through a variety of mediums including painting, printmaking, and sculpture. His work will be featured on AQUA’s inflatables, AQUA’s Surf Club custom surfboards (gifted with \$5,000+ sponsorships and available for sale), and campaign materials that the group created. His artwork can also be



Walleye sculpture in Port Clinton, which serves as a recycling bin for plastic bottles. A duplicate was commissioned to be installed at the Fairport Harbor Beach.

seen/purchased at District Gallery at the Van Aken District (www.district-gallery.com).

"In addition to spreading awareness, students evaluated options to make a difference," Greg told us. "We live on the shores of Lake Erie so students want to spread a ripple effect about how we can all help to make sure we have clean, fresh water right here in our own backyards."

To do so, AQUA partnered with Eriesponsible to host a beach cleanup on Sunday, April 23, at Fairport Harbor (*details to right*). Eriesponsible is a nonprofit, environmental organization committed to improving the future health of Lake Erie, as well as other freshwater lakes and tributaries. Its mission is, "Taking Steps Now to Maintain the Health of Lake Erie for Future Generation."

AQUA also commissioned an artist to create a metal walleye sculpture to serve as a recycling bin for plastic bottles. Since there is no beach in Beachwood, the sculpture, duplicated from one at Port Clinton, will be installed at the Fairport Harbor Beach.

Students were responsible for fundraising and budgeting to make waves with this program, so they created sponsorships (*see below*). They also designed sweatshirts with with Eriesponsible's logo on the back. To purchase one, contact Greg (*information at end of article*). "The largest costs were for production, and marketing expenses to create the inflatables and roll out the project," Greg

told us. "We're also financially and physically supporting Eriesponsible when AQUA wraps up. Plus, we've consigned the walleye fish sculpture."

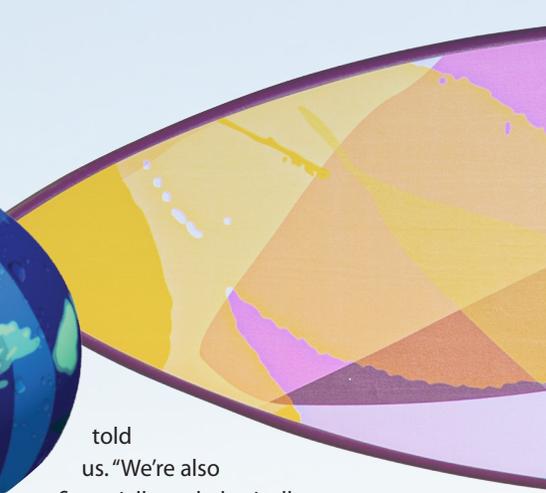
When this article went to press, Surf Club sponsors included Benesch, Flynn, Northeast Ohio Regional Sewer District, Park Ohio, Swagelok, and The J.M. Smucker Company. To view a complete list of sponsors, visit the website.

AQUA's inflatables are produced in Brunswick, Ohio, by Inflatable Images, which also wrapped the surfboards with art.

Beachwood High School Marketing is an Excel TECC program composed of 39 high school seniors from Beachwood, Chagrin Falls, Mayfield, Orange, Richmond Heights, Solon, South-Euclid Lyndhurst, and West Geauga. Students incorporate the Junior Achievement Company Program into the marketing course of study to engage in experiential entrepreneurship education.

District Gallery co-owners, Beverley and Richard Uria, Beachwood residents, left their homeland of South Africa over 20 years ago in a dramatic reshaping of their lives. Their intrepid, enterprising story will be featured next month. Karen Chaikin and Margo Roth are also gallery co-owners.

For more information, visit www.AQUACLE.com or contact Greg Perry, Beachwood Marketing/Junior Achievement teacher at gwp@beachwoodschoools.org.



AQUA Splash Party

Van Aken Launch Event and District Gallery Partnership
April 20

- Hors d'oeuvres and art at District Gallery
 - Dinner at Paloma
 - Dessert at Mitchell's Ice Cream
- Tickets are limited. Check www.aquacle.com to see if they're still available!

AQUA Installations

April 6 - April 17

Pinecrest, Orange Village

April 20 - May 1

Van Aken District, Shaker Heights

May 4 - May 15

Crocker Park, Westlake

May 19 - May 30

*Huntington Park, Fairport Harbor
(Underwritten by The J.M. Smucker Company)*

June • *City of Beachwood*

AQUA and Eriesponsible Beach Cleanup

In honor of Earth Day
Sunday, April 23

10 a.m. - 12 p.m.

Huntington Park,
Fairport Harbor

Help to restore cleanliness to Lake Erie's beaches! Volunteers receive a free T-shirt, donuts, a gift card to Fairport Creamery, and volunteer hours. Plastic buckets and grabbers will be provide. Register at www.aquacle.com.

Since The J.M Smucker Company underwrote the Fairport Harbor installation and Fairport Creamery is a sponsor, students will create specialty ice cream flavors using The J.M. Smucker Company ingredients, which will be available for purchase at Fairport Creamery during the AQUA installation.

How can we create meaningful change and impact together?

- **Become a sponsor. The following levels are available:**
 - \$5,000 • Location Sponsor
 - \$5,000 • Surf Club Sponsor
 - \$1,000 • Shore Club Sponsor
 - \$225 • Beach Club Sponsor
- Funds raised so far: \$88,425
- **Purchase a sweatshirt**
- **Participate in the beach cleanup**
- **Spread awareness by posting pics and stats on social media**
- **Learn the facts, which you'll find at www.aquacle.com, and do your part**



What Beachwood Students Say

We asked Beachwood students why AQUA is important to them and what steps they would like people to take. Here's what they said:



CALEB BERNS

AQUA is important to me because raising awareness and creating sustainability for Lake Erie and the Great Lakes is key to helping preserve the world's largest supply of fresh water for generations to come. Through AQUA's social marketing campaign, led and organized by 39 high school seniors from local Northeast Ohio school districts, we plan to not only help financially support clean water initiatives for Lake Erie but will also physically make a difference while organizing a beach clean-up alongside nonprofit Eriesponsible. Through our efforts, we hope to make a long-lasting impact to help start and continue efforts for upholding Lake Erie's health.

SEPANTA ENTEZARI

I want our company to inspire others to look deep into their daily lives to notice the small changes in behavior that can make a significant impact on the world around them. AQUA's mission is to bring awareness to the importance of clean fresh water – a resource that is sometimes easily taken for granted. Our lives would alter drastically if clean water wasn't accessible to us, so I hope we're able to spread our message and help others recognize the importance of Lake Erie and the other Great Lakes.

EVAN WARNER

I want people across Northeast Ohio to not only hear about what we are promoting but to also implement changes into their everyday lives. Even a minimal change can make a difference.





LUKE BENNETT

Everyone should be more aware of the daily things they do that use water, from little things like leaving the sink running to taking extra long showers. We are fortunate to have a huge source of fresh water near us, and it is important that we do our part in conserving it and keeping the Great Lakes clean.

BEN LAWRENCE

We created AQUA to highlight an important issue in our region. Our community relies on Lake Erie, so we built our venture around clean water. Living near a plentiful fresh water source does not mean we can take it for granted, and by collaborating with Eriesponsible, AQUA has the opportunity to support our region's future.

Above: From left, Ben Lawrence, Taylor Blackwell, and Luke Bennett.

Below: From left, Owen Shook, Braylen Eaton, and Brett Zawatsky.

Opposite page: From left, Caleb Berns, Sepanta Entezari, and Evan Warner.

TAYLOR BLACKWELL

AQUA is important to me because my family lives here. As I graduate and move out of state, I would love to have the feeling of security that my family doesn't have to worry about a shortage of clean fresh water – a basic necessity needed to live. AQUA is truly a great cause and I'm overjoyed that people are willing to take the steps needed to keep Lake Erie clean for many years to come.

OWEN SHOOK

AQUA is an important first step in our careers. Not only in the sense that we get real experience developing a company, but also in the empowerment that comes from seeing our effort make real change. As our past six months of work culminate at the Splash Party and beach cleanup respectively, we get to see and feel what we can do if we put in the time and work together. If a group of seniors from all over Ohio can come together and raise over \$80,000 to support the Lake Erie ecosystem in just six short months, what can we do in the next five years? With the confidence that our success at AQUA has given us, the limit seems pretty far away to me.



BRAYLEN EATON

I want people to think hard and realize the amount of water we use and waste everyday. There are so many things we can be doing in order to better the environment and save water. AQUA brings awareness to things that the community can do to help, as well as action steps to take.

BRETT ZAWATSKY

AQUA is important to me because I like to spend a lot of my free time relaxing in nature and fishing. Over the years, I have noticed the amount of trash that has been accumulating in the lakes and ponds. On numerous times that I have gone to release the fish, I have had to pull out plastic strands. It has ranged from grocery bags to the plastic that holds the eight-packs of Gatorade. Thanks to AQUA and its partnership with Eriesponsible, we are getting closer to making the lakes cleaner.

Find Your Voice Now

Support for Women in Toxic Relationships

Find Your Voice Now is a nonprofit organization founded by Annie Roth and Mary Ellen Bartlett with the mission of supporting women in toxic relationships who are feeling unheard. Whether the relationship is with a controlling, emotionally abusive partner, or a friend, sibling, parent, or co-worker, Find Your Voice Now welcomes women who feel alone and are searching for strength to believe in themselves.

Annie lives in Beachwood and Mary Ellen in Detroit. They met on a flight to Seattle and struck up a conversation, talking about their previous relationships (both very unhealthy and toxic), and their current, healthy marriages. They encountered each other again, serendipitously, on the same flight home. Annie shared that she's a certified wellness coach, and that a dream of hers was to write a book or create a support group for women dealing with toxic relationships, something that wasn't available to her when she needed it.

This dream resonated with Mary Ellen, who said she wanted to partner with Annie. The two established a friendship with this goal in mind and kicked off Find Your Voice Now by forming meetup chapters in Cleveland and Detroit, along with creating a flourishing online community.

"This group was established as a safe space to share, discuss, and/or simply listen to other women who may be going through similar hardships," Annie told us. "We are not therapists. This is a support

group that discusses topics that relate to helping women find their own inner strength to be happy.

"The idea for this support group had been brewing for many years, from a time when I needed help and truly had nowhere to go," Annie continued. "Private therapy was not always affordable. It was challenging to find support that would help navigate toxic relationships

"I didn't have, or hadn't yet acquired the strength and confidence to say, 'This is not acceptable'; to set boundaries or to even acknowledge my own capabilities. Giving in was often easier than arguing," she said. "Breakthroughs happened when I started believing in myself again, loving myself again, and stopped doing things that didn't feel right."

Find Your Voice Now meets every Thursday, alternating times to accommodate different schedules. Upcoming meetings are April 6 at 12 p.m., April 13 at 7 p.m., April 20 at 12 p.m., and April 27 at 7 p.m., on Zoom. Each one-hour session provides a safe space for women to share their stories with others for support and



Annie Roth and Mary Ellen Bartlett, founders of Find Your Voice Now.

understanding. Plans for guest speakers will include psychologists, counselors, and social workers to add insight and assistance. The group also discusses a variety of books that are educational and supportive in nature.

"When I was going through this difficult time," says Annie, "I did not have anyone to turn to who truly understood me and what I was going through. I was insecure, had low self-esteem, and felt very alone. A domestic counselor helped me find my own voice and now I want to pay it forward. Find Your Voice Now will always be a free support group so that anyone and everyone can afford the support they seek; any woman who is dealing with a toxic relationship, whether personal or at work, who wants support navigating and finding her voice, is welcome."

Find Your Voice Now currently has 240 members from all over the world. Its goal is to have local chapters throughout the United States and beyond where women have a safe space to share their feelings, find their voices, and feel heard.



For more information, contact Annie at findyourvoice613@gmail.com or visit www.findurvoicenow.org. Find Your Voice Now is also on Facebook, Instagram, and Meet-Up.

Find Your Voice Now will always be a free support group so that anyone and everyone can afford the support they seek; any woman who is dealing with a toxic relationship, whether personal or at work, who wants support navigating and finding her voice, is welcome.

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 Cleveland Clinic

The Meaning Within the Letters

by Debby Zelman Rapoport

A powerful exhibit on display at The Temple-Tifereth Israel Through April 12

Nancy Schwartz-Katz is a talented artist whose drawings, paintings, and paper cuts tell stories of individuals, organizations, and history. Nancy's art is in the collections of synagogues, hospitals, foundations, and hundreds of homes, and you can now see it through April 12 at The Temple - Tifereth Israel.

When Sue Koletsky, former director of The Temple Museum of Jewish Art, Religion, and Culture at The Temple-Tifereth Israel in Beachwood, reached out to Nancy to create an exhibit, Nancy inceptioned a concept based on the 22 letters in the Hebrew alphabet. To her surprise, each letter builds on one another and has in-depth meaning.

"I read commentaries about Jewish and non-Jewish views of the letters and then, over three years, consolidated and interpreted the texts to create my synopsis of each letter's meaning," Nancy told us. "I am not providing my own critical commentary as much as I am expanding on the letters as an experience, a way of thinking and exploring our presence in the world."

Nancy's research and creativity culminated in the current not-to-miss exhibit, *The Meaning Within the Letters/A Framework for Connection*.

"This exhibit is incredibly powerful. It opens a new world because you're literally drawn into every aspect of each image. I love how Nancy invites viewers to think as they view all of the intricate details," said Sue. "She takes the art of paper cutting to the next level. I'm so impressed with the beauty and quality of each piece. Nancy really wants people to connect with these letters and has hosted many art talks about them. Once people get past the visual impression and dig into the meaning, they look deeper and deeper and see more and more."

I fully agree. The exhibit is stunning. It takes viewers on a thought-provoking journey that seamlessly draws you from one letter to the next. We are fortunate to have the exhibit available for view right here in Beachwood.

With limited time left before the exhibit is boxed and shipped to its next location, I encourage you to expand your knowledge (as described in the Hebrew letter *mem*) through this creative, educational experience.

About Nancy

Nancy has been specializing in Judaic art for over 30 years. Her love of drawing and storytelling started when she was a young girl, encouraged by her grandfather, an artist who had to leave art school in 1931 because of the Great Depression. She is a graduate of Parsons School of Design, where she majored in Illustration. She worked through her 20s in a high-pressure, high-profile job in New York City, recognized that she wanted to be an illustrator, and moved to Cleveland with a focus in that direction.

Nancy's commissions to create *Ketubot* (Jewish marriage contracts) grew, which led to the creation of paper cuts, laser cuts, and selling art to stores. As her business expanded, the vision for her plan to move back to NYC became clearer.

In 1995, Nancy exhibited her artwork at the Mandel Jewish Community Center Gallery. At the art opening, Jordan Katz, a 1983 BHS grad who had just moved back to Cleveland from Washington D.C., saw her from across the room and thought, "This is the girl I will marry!"

"He wouldn't take no for an answer," Nancy recalled. "He swept me off my feet, we got married, and visit New York City often!"

Nancy continually drives herself to be better. She participates in workshops, teaches, recently completed a drawing a day for 100 days, and invests in herself for continued growth.



Sue Koletsky and Nancy Schwartz-Katz in front of Aleph, the first letter of the Hebrew alphabet.

The exhibit is stunning. It takes viewers on a thought-provoking journey that seamlessly draws you from one letter to the next.

Her advice to budding artists? "Figure out what your dream may be and put forth the effort to make it happen. Take a leap of faith to make it work."

More information about Nancy's art, exhibits, commissions, and permanent collections may be found at www.nancy-schwartz-katz.com or @nschwartzkatz on Instagram.



To view the exhibit, contact Debbie Friedman at dfriedman@titi.org or 440.488.2340.

MEM

The flowing stream in the illustration, above, represents a source of wisdom and is like the soul flowing down into the body from above. We are made mostly of water- and like the osmosis of water, we are constantly moving and growing. Mem is like this, a metamorphosis letter- a person is always learning and growing in knowledge. For instance, when one graduates or finishes a book, you are moving forward with the information you have learned. Now, in school, there may have been things you missed, or do not know. The open mem represents the things you will learn and have learned. The closed mem is the information you will never know.



Reproductive Rights Will (Likely) Be On The Ohio Ballot This November

by State Senator Kent Smith

This Fall, Ohioans will not just be voting for mayors, city council members, school board members and local judges, they will also be deciding who has the right to dictate medical care for half of Ohio's population – patients and doctors, or judges and politicians.

The November 2023 ballot will not just decide who is locally elected. There will also (likely) be a reproductive rights/abortion access constitutional amendment on the ballot. Let me explain what has happened and what will happen next.

The organization behind the ballot referendum is Ohioans United For Reproductive Rights (OURR), which is composed of Ohio Physicians for Reproductive Rights (a new organization) and several longstanding abortion rights organizations, including the ACLU of Ohio, the Abortion Fund of Ohio, New Voices for Reproductive Justice, Ohio

Women's Alliance, Planned Parenthood Advocates of Ohio, Preterm – Cleveland, and Pro-Choice Ohio, among others.

Every citizen-driven Ohio Constitutional amendment goes through three phases: an elections administration phase, a signature gathering phase, and a campaign phase.

The elections administration phase requires the actual ballot language for the proposed constitutional amendment to be approved by state agencies. Based upon decisions rendered in March by the Ohio Attorney General and the Ohio Ballot Board, the Reproductive Rights/

Abortion Access Constitutional Amendment ballot referendum has been approved and is allowed to proceed to the next phase.

The second phase is the signature gathering phase. Supporters of the Reproductive Rights/Abortion Access proposed amendment have to gather enough petition signatures by July 5, 2023, to place it on the ballot. They must submit approximately 414,000 valid signatures from 44 of Ohio's 88 counties. To make sure they achieve the signature requirement, OURR is hoping to collect 700,000 signatures before the deadline.

If OURR can gather enough signatures by the July deadline, then the campaign phase will begin (on both sides of the issue) because the amendment will be on every Ohioan's November 2023 ballot.

For more information, visit www.ProtectChoiceOhio.com or www.OhioansForReproductive-Freedom.org.

State Senator Kent Smith represents Ohio's 21st Senate District which includes most of the East Side suburbs of Cuyahoga County and about 33% of the City of Cleveland.

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Andrew Lorand: Still Making Music After All These Years

Andrew Lorand has always had a passion for music. His first band was *The 007's* in third grade. "Perhaps you've never heard of us. Not surprising given we only did one song, and that was lip syncing to *Wipeout*, which was an instrumental," said Andrew. Other bands and projects would follow. An optometrist by day, Andrew tries to find the time to slip back into the creative zone, writing music and performing with musicians who share his passion.

He and his wife, Sharon Freudenberger, moved from Los Angeles to Beachwood in 2008 when Sharon accepted a job offer from Metro Health. While in L.A., Andrew would often play open mic nights at a coffeehouse called the Iguana Cafe, a quasi-bohemian hangout frequented by songwriters and poets. "It was a performers' space, where people listened and performers were met with honest applause, regardless of the performer's imperfections," said Andrew. "A good place to test the waters, and grow."

Although Andrew physically left L.A., relationships with fellow musicians he'd met there play on. Because of the wonders of modern technology, he and his friends continue to produce songs from remote locations. "Our last two albums were created largely through email, with tracks sent from Japan, Australia, and all over the USA," Andrew told us.

Oregon Public Radio said that Andrew writes "intelligent, witty songs, some serious, some hilarious, some a touch of each." He also writes at an aggressive pace. He is part of a songwriting group that originally met in 1988 at a guitar shop, and now meet on Zoom. "We have to bring in a new song every week. If I didn't have deadlines, I'd never get anything done."

Andrew's writing has gone in streaks. "There were 17 years between the first Puppets of Castro album and the second, as I enjoyed raising my boys, Yakov, Baruch, Yehuda (who created the album's artwork), Ian, and David. Now that they're older, I've dived right back in."

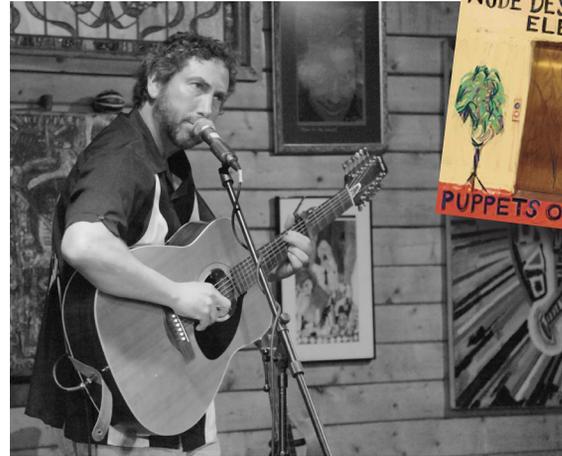
Over the years, Andrew's style has changed. "My songs used to be sillier. I had one where I sang the ingredients of a Twinkie, and another where Bob Dylan bowls a 300 game. Now I try and dig a little deeper, with the occasional joke thrown in."

Andrew's band, Puppets of Castro, just released their third album, *Nude Descending an Elevator*. He wrote all the songs and shares singing duties with the noted Americana singer/songwriter Darryl Purpose. Why that particular album title? "The title is a play on words of the painting *Nude Descending a Staircase*," Andrew explained. "If one out of 10 people get it and laugh, that's good. I am clearly not a marketing genius."

Back in the Iguana days, Andrew met Dan Bern, who went on to write music for several movies, including *Get Him To The Greek*. He describes Andrew's new album as "catchy philosophical pop that ranges from radio-friendly rockers to tunes that could be a Murakami short story set to music."

In recent years, although Andrew's concentration has been on recording, he also started to play live again, recently opening for Dan Bern in Columbus. "It was a nice reunion. I hadn't seen Dan in 25 years."

Andrew had released three albums under his own name, but felt that perhaps his name was not all that memorable. "So while playing one night I called to the audience, 'Hey, anyone have a good name for a band?'; and someone called out 'Puppets of Castro.' I said thanks, and that was that."



Andrew performing a few years ago at the Barking Spider, which used to be located at University Circle, pictured with Puppets of Castro's new album cover.

Some song titles on the new album include *Broken Arrow*, which paints the picture of a small town watering hole where love and time have a tendency to slip away; and the very funny songs *Thank You At The Grammys* and *Living The Dream*, the latter about a band only slightly more accomplished than *The 007's*. *Wasting Time* and *Pretty Good Day* deal in a quirky way with maintaining a positive attitude and appreciating what life offers you.

"There is a trove of great writers that nobody ever hears. So much great art is lost. To get heard, you must have a combination of talent, opportunity, charisma, money, time, and determination. Everything must come together," Andrew realistically explained.

"We are hardly a household name," says Andrew. "We get some airplay on WJCU and other college radio stations across the country, for which I am most grateful. It's a thrill to hear your song on the radio while driving to work. Something I dreamed of as a kid."

Suggestions for aspiring musicians or writers? "Don't be

afraid of empty pages. Take a chance and get started! Good ideas sometimes come from bad ideas, as one thing leads to another."

"We get some airplay on WJCU and other college radio stations across the country, for which I am most grateful. It's a thrill to hear your song on the radio while driving to work. Something I dreamed of as a kid."

Andrew also composes music and plays in the JoAnJo Trio, with Beachwood residents Johanna Modey, who sings and writes the lyrics, and Joey Steiner on bass. They are putting together a new album and will soon schedule a house concert at a local venue.

You can listen to Puppets of Castro on Spotify or www.bandcamp.com, and can view the release of their new video for the song *Living The Dream* at www.puppetsofcastro.com or on YouTube. Andrew plans to have a CD release party in the near future.

Beachwood K-12 Art Show

The Beachwood K-12 Art Show, presented by Beachwood Arts Council, is on display at the Beachwood Community Center through Sunday, April 9. Gallery hours are Monday-Friday, 8 a.m. - 4 p.m. For available weekend hours, call 216.292.1970. Stop by to view the creative talents of Beachwood K-12 students at this exhibit of collages, jewelry, paintings, drawings, and sculptures!



Pictured, clockwise from middle left: Tic-Tac-Toe Sculpture, by Avraham Haas, grade 7; Chinese Decorative Fan, by Chase Muttillio, grade 1; Fused Glass Ring, by Katie Roush, grade 8; Tic-Tac-Toe Sculpture, by Etel Pearlman, grade 8; Color Harmony Collages, by students in grades 7 and 8; Fall Tree, by Sofia Cerquera, grade 2; IndianElephant, by Patrick Srithai, grade 2; Nature Watercolor, by Danalyn Berndt, grade 5; and Clay Weaving, by Luna Lee, grade 4.

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Beachwood Grad Scores Big in Professional Baseball Sports Medicine

By Arlene Fine

Treating a sports-related injury has come a long way from applying ice packs, rubbing dirt on a wound, or just “walking it off.” Just ask Jeremy Harris, the Cleveland Guardians’ assistant director of medical services. As a physical therapist and athletic trainer, Jeremy and his team practice the latest state-of-the-art sports injury prevention and treatment methods to keep players healthy on and off the field.

Athletic trainers are healthcare professionals who have extensive training in working with injured athletes. They may diagnose athletes’ injuries and develop rehabilitation plans with the goal of full recovery. They also work closely with athletes to prevent injuries and improve players’ strength and mobility when they return to the field, and care for emergency situations if they arise.

Jeremy, 31, a Beachwood High School graduate (’09), earned his BA in athletic training, pre-physical therapy, and biology at Baldwin-Wallace College; a Doctor of Physical Therapy at the University of Pittsburgh; and a fellowship in the Upper Extremity at the Ohio State University Medical Center. He joined the Cleveland Guardians in 2018 and quickly rose through the ranks.

Jeremy discovered his “dream” career path while at BHS. “I always enjoyed playing sports, but I wasn’t the most athletically gifted, to be quite honest,” he said. When Jeremy’s parents, Lynn and Sam Harris, suggested looking into athletic training as a career, they were on to something. Jeremy discussed this possible career with BHS’s athletic trainer and did his own research.

“I knew right away this was the field for me,” he said. “I’m eternally grateful to my parents’ guidance; I absolutely love what I do.”

Being part of the Guardians’ medical team involves working with injured athletes at the team’s Spring Training facility outside of Phoenix, Arizona,

where Jeremy and his wife, Emily, live year-round. He makes frequent trips to Cleveland, the Dominican Republic, and Columbus to work with the medical teams at each of the Guardians’ minor league levels.

“I wear a lot of different hats,” said Jeremy. “When I visit the team’s affiliates, I spend time working closely with the team’s athletic trainers and do re-assessments on athletes with prior injury history. We see a lot of shoulder and elbow issues, along with soft tissue injuries to the lower body like hamstring strains. We do our best to help players stay ahead of their health and wellness to help prevent serious issues.”

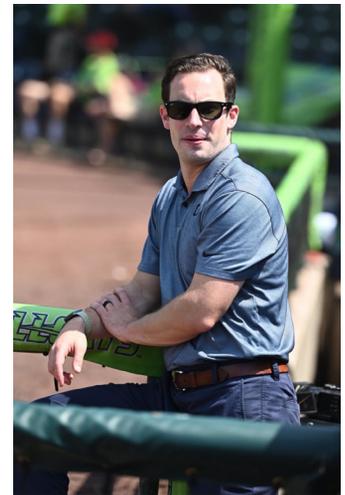
Spring training, when all the Guardians’ team members gather in Goodyear, Arizona, is a chaotic time for Jeremy, who often works 12-13 hours a day. “The Guardians’ entire medical team is under one roof,” he said. “We evaluate each player’s condition and ensure that every athlete is safe to play at his peak performance for the season. It’s a hectic time, but also a very collaborative and professionally fulfilling part of the year for me.”

Jeremy said working for his hometown team and getting to know the players is a big perk of the job. “I’ve had this life-long bond with the Guardians (formerly Cleveland Indians) and feel so lucky to work for such a wonderful, supportive organization that cares so deeply for every aspect of their players’ well-being,” he said.

Jeremy’s advice to student athletes is to get to know their school’s sports medicine professionals and develop a comfort level and trust.

“Come to us even if you don’t have a problem and learn what we can provide,” he said. “Then, if some problem should arise, you will recognize that athletic trainers are a great resource for injury prevention and treatment. It’s never too early to invest in yourself and learn what can keep you healthy.”

During the recent World Baseball Classic 2023, Jeremy was part of Team Israel’s sports medicine team when they competed in round-robin games in Miami. “I feel very fortunate the Guardians’ management gave me the opportunity to do this,” he said. “Working with Team Israel and standing with the players when Hatikvah (Israel’s national anthem) was played was a very emotional experience for me – something I will never forget – and is a testament of what sports can do to bring people together.”



Jeremy Harris, the Cleveland Guardians’ assistant director of medical services, has found his dream job.

I feel so lucky to work for such a wonderful, supportive organization that cares so deeply for every aspect of their players’ wellbeing.

~ Jeremy Harris



Jeremy Harris, right, with Team Israel members.

Beachwood Arts Council Programs at the Beachwood Community Center

Beachwood K-12 Art Show

On display through Sunday, April 9

Gallery Hours: Monday - Friday • 8 a.m. - 4 p.m.

Weekends: Call 216-292-1970 for available hours

View the creative talents of Beachwood K-12 students at this exhibit of collages, paintings, drawings, and sculptures.

Just Jazz Concert

Sunday, April 23 • 2-3 p.m.

The six-piece group presents smooth jazz and swinging pop sounds of today and yesterday and offers a collection of best-loved songs to the American Songbook. Free. Sponsored by a grant from the Cleveland Foundation.



Create Your Own SHERO Workshop by Annie Peters

Saturday, May 6 • 9:30 a.m. - 12 p.m.

Using simple step-by-step drawing methods and beginning watercolor techniques, participants will create and paint their own SHERO character. Come with an idea and leave with a piece of art. Reservations are required by April 15 (limited capacity); call 216.595.3400. The cost (payable to Beachwood Arts Council) is \$15 for BAC members/\$20 for non-members.



Ileen Kelner Juried High School Art Show

The Ileen Kelner Juried High School Art Show, an annual show sponsored by the Beachwood Arts Council, was recently on display at the Beachwood Community Center. This show featured inspiring artwork from students representing 22 high schools, with 88 student artists/participants from Northeast Ohio. Thirteen awards were presented: 1st Place, 2nd Place, 3rd Place, and 10 Honorable Mentions. Judges were well-known local artists Anna Arnold, Augusto Bordelois, and Susan Cone Porges.

"There was so much great work, but the piece by Phoebe Yao, of Aurora High School, was a standout for its creativity and expressiveness," said Susan. "Well done, Phoebe, on your 1st Place win!"



1st Place Winner, Phoebe Yao • 12th Grade • Aurora High School
Phil's Fiddle Fumble
Teacher: Sean Berrodin

Beachwood High School Alumni Art Exhibit

May 13 - June 3, 2023

The exhibit will showcase oil and acrylic paintings, photography, pastels, and mixed media pieces of BHS alumni artists.

Gallery Hours: Monday - Friday • 8 a.m. - 4 p.m.

Opening Reception • Saturday, May 13 • 5-7 p.m.

Amethyst String Quartet Concert

Sunday, May 21 • 2-3 p.m.

Whether on stage at Severance Hall with the Cleveland Pops Orchestra or in the orchestra pit for touring Broadway shows at Playhouse Square, these musicians bring their passion for music to these and other venues, as well as being backup for performers such as Andrea Bocelli and Barry Manilow, along with other well-known musicians. Founder, violinist Mary Beth Ions, believes that live music goes to places in the heart that words cannot. Free. Sponsored by a grant from the Cleveland Foundation.



The Beachwood Arts Council's mission is to encourage the development and appreciation of the visual and performing arts and provide access to quality art reflecting the diversity of Beachwood and Northeast Ohio.



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Sunday, April 30 | 1:00-3:00pm

\$10 donation* requested
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You Are So Beautiful

By Jen Stern

That's Where You Find It

You search for your beauty in the mirror, in photographs, in the label of clothes, when you really should be searching through the messages sent to you by grateful friends, the cards written to you on special days or in times of need, the memories of smiles you created from tears. Your beauty lies in all the ways you touch and care for those around you, my friend – the jokes you made on a gloomy day and the music you shared to inspire – the times you showed up when no one else did and the invisible net of love, laughter, and light you have spread across this planet without glory or vanity. That's where you find your beauty.

~ Donna Ashworth

Finding validation and worth on social media has become a shallow and toxic distraction from living authentically, from living well, from living present and connected. Anxiety, depression, and self-doubt are at an all-time high. The comparison of one's reality to another's curated moment is dangerous, distorted, unobtainable. Perfect (beauty, happiness, relationship) does not exist. If you find yourself triggered by (or lost in) social media, put boundaries in place. Be aware of and replace triggered feelings (lonely, jealous, insecure) or fears (not being enough or like ...) to the intentional development of personal strengths, goals, purpose. Redirect your time and energy to self-care and care of others.



Replace triggering or numbing social media time with intentional time spent discovering personal interests, and endless opportunities to play, learn, grow.

Instead of longing to be like or have the curated life of someone else, be a positive influencer on your own life! Build/strengthen relationships that are healthy, supportive, positive and *real*.

Find constructive and inspiring ways to engage your mind and body. Walk in nature. Go to museums. Take a class. Meet people with similar values and interests through volunteering. Listen to podcasts or audio books that expand your mind, normalize your phase of life, or create a positive distraction.

Write letters of appreciation

to those who have touched your life in meaningful ways. Put positive energy into the universe – it feels good!

Make plans with friends and family or join a meetup hiking/kayaking/sailing/knitting group, pickleball team, or book club. Broaden the scope of where your time and attention go.

You will discover your true beauty and confidence by living present and meaningfully engaged in your life.

Your beauty lies in all the ways you touch and care for those around you, my friend. ~

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243, or visit www.transformativegrief.com and sign up for monthly posts.

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BAKED by Abbie • Pavlova

A pavlova is an elegant, meringue-based confection topped with whipped cream and fresh fruit. It was created to honor the Russian ballerina Anna Pavlova, who toured Australasia in the late 1920s.

According to a 2007 paper delivered at Tasting Australia, the first recipe for pavlova appeared in New Zealand in 1929. Per Britannica.com, both New Zealanders and Australians compete for ownership of this iconic delicacy.

Since meringues and pavlovas are both made of whipped egg whites and sugar, many ask, what

is the difference? Pavlovas have a crispy exterior with a pillowy soft marshmallow inside, whereas meringues are dry and crisp all the way through. Whether made to conclude a Passover or Easter holiday meal, any pavlova will be a stunning finale. Showcase your spring dessert with seasonal fruit like strawberries, apricots or kiwis.



Recipe adapted from allrecipes.com

Ingredients

- 4 large egg whites at room temperature
- 1 cup granulated sugar, pulsed in a food processor
- 1 - 1 ½ teaspoons vanilla
- 2 teaspoons cornstarch (for Passover, substitute 2 tablespoons potato starch, sifted)
- 1 teaspoon lemon juice (or vinegar)
- 1 pint of heavy whipping cream (or non-dairy creamer) plus 1-2 teaspoons granulated sugar
- Berries for garnish

Directions

- Preheat oven to 350°F. Line a baking sheet with parchment paper.
- With an electric mixer, beat egg whites in a large bowl until stiff but not dry. Gradually add sugar, about 1 tablespoon at a time, beating well after each addition. Continue beating until thick and glossy. Add vanilla. Beat. Gently fold in cornstarch and lemon juice with a flexible spatula.
- Spoon mixture onto parchment paper shaping into an 8 to 9-inch circle. Working from center and using the back of a large spoon, spread mixture toward the outside edge to build a distinct decorative edge with a nice depression inside.



- Reduce oven to 250°F. Bake until lightly golden and dry and hollow when tapped, about 1 hour 20 minutes. Turn off oven and cool meringue in closed oven for an additional hour. Cool on wire rack for another hour.
- Beat heavy cream (with desired amount of sugar to sweeten to taste) in a medium bowl until stiff peaks form. Set aside. Remove meringue from parchment paper and place on a flat serving plate. Top meringue with whipped cream and fresh fruit to serve.

Abbie Nagler Sender, a licensed, award-winning baker, is the owner of BAKED by abbie, a home bakery that offers customized baked goods with a Jewish twist. For more information, visit www.BAKEDbyabbie.com and like her Facebook business page, BAKEDbyabbieCLE.



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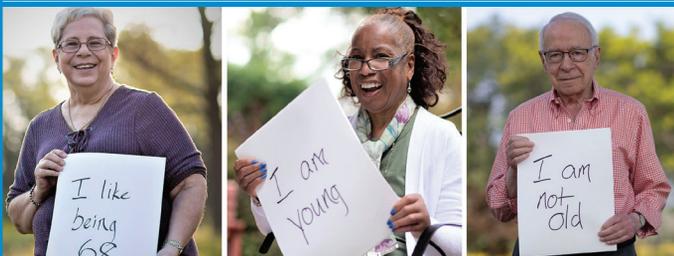
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Jewish Cleveland Celebrates Yom Ha'atzmaut

The Jewish Federation of Cleveland and community partners will celebrate Yom Ha'atzmaut with two major community events.

On Tuesday, May 9, 7:30 p.m., the Federation will host A Concert for Yom Ha'atzmaut with The Shalva Band at the Mimi Ohio Theater in Playhouse Square. The Shalva Band, composed of eight talented musicians with disabilities, gained much of its fame when it was in contention for possibly representing Israel in the Eurovision contest in 2019. They changed how millions of people view and embrace disability with their performances. To purchase tickets, visit www.playhousesquare.org/events/venue/ohio-theatre or call 216.241.6000.

On Sunday, May 14 – the date David-Ben Gurion signed the Israeli Declaration of Independence in 1948 – the Federation will host a family-friendly IsraelFest! for Yom Ha'atzmaut at the Mandel Jewish Community Center's Safran Park from 2-5 p.m. More than 1,000 Clevelanders are expected to attend this event and enjoy Israeli musicians, flag dances by local Jewish Day Schools, and activities and Israel-focused experiences for families. Registration information will be available soon.

"Given Jewish Cleveland's deep connection with and passion for Israel, it was impossible for us to limit the Yom Ha'atzmaut celebration in Israel's Diamond Anniversary to just one event," said Lynne Cohen, Israel at 75 co-chair. "We are thrilled to be able to provide our community with two unique opportunities to come together in honor of the modern-day Israel."

"These Yom Ha'atzmaut celebrations are a key component of our year-long

Israel at 75 series through which we hope to demonstrate our connection to the people of Israel and explore the complexity of the country," said James Ratner, Israel at 75 co-chair. "I look forward to seeing everyone at our special Yom Ha'atzmaut events, as well as at our other thoughtful Israel at 75 programs."

To honor Israel at 75, the Federation also invites organizations and individuals to apply for microgrants to host their own unique Israel program for the community.

"We are thrilled to be able to provide our community with two unique opportunities to come together in honor of the modern-day Israel!"

For more information about Jewish Cleveland's Israel at 75 celebration and Yom Ha'atzmaut, visit www.jewishcleveland.org/israel75.



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June 5 - 9 • 10 am - 2 pm

Beginner/Intermediate Camp Week 2
June 12 - 16 • 10 am - 2 pm

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June 26 - 30 • 10 am - 1 pm

Beginner/Intermediate/Advanced Prep for 2023-24 Season
August 7 - 11 • 10 am - 1 pm

Cost: \$250/student

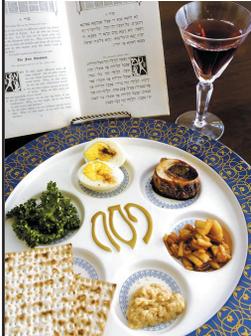
216.260.4343
23408 Commerce Park Drive
Beachwood, Ohio 44122
www.ClevelandFencingAcademy.com
info@ClevelandFencingAcademy.com



LET YOUR CHILDREN GO!

When they give you the afikoman, give your children

A GIFT OF ISRAEL



Open an account that offers matching funds to help save for your children's educational trip to Israel.

Annual Enrollment and Deposits Due by May 31, 2023

For more information and to apply:
www.jecc.org/israel
216.371.0446
agiftofisrael@jecc.org

A partnership of the Jewish Federation of Cleveland and the Jewish Education Center of Cleveland

2030 South Taylor Road, Cleveland Heights, Ohio 44118
P: 216.371.0446 | F: 216.371.2523 | W: www.jecc.org

The Community is Invited to Watch Maltz Museum's 15th Annual Stop the Hate Awards Ceremony

The Maltz Museum is proud to announce its 15th Annual **Stop the Hate® Youth Speak Out & Youth Sing Out** Awards Ceremony. Through the generosity of a donor, the Maltz Museum annually awards \$100,000 to Northeast Ohio middle and high school students, teachers, and schools who are speaking out against bias and discrimination through individual essays and group songs.

Winners will be named on Wednesday, April 19, via Zoom. The event is free and open to the public; advance registrations are required to receive the Zoom link. Register at www.maltzmuseum.org/sth23.

Be inspired by young people of different cultures, backgrounds, and identities raising their voices to effect positive change in their communities.

- Meet Northeast Ohio's Youth Speak Out essay contest finalists from grades 6-12.
- Hear the essays of finalists in grades 11 and 12 competing for a \$20,000 college scholarship.
- Discover which schools wrote the winning Youth Sing Out song lyrics.
- Celebrate the 2023 Stop the Hate Teachers of the Year.
- Find out how your student or school can participate next year.

Stop the Hate is now in its 15th year. As of 2023, the total amount of scholarships, prizes, and anti-bias education grants awarded through the contest to Northeast Ohio students and schools will be \$1.5 million. An estimated 50,000+ students have participated across 12 counties.

Using object-based learning, students learn what it means to be a bystander, upstander, or perpetrator in global events like the Holocaust and national events like the civil rights movement. Reflecting on this history, students are asked to consider examples of discrimination they experience or witness today, and they respond to the question of how they can be a light for others in their community.

Each of the 1,500+ contest participants will receive a congratulatory Upstander Certificate for their participation in Stop the Hate. Participating schools also share an award, and two Stop the Hate Teachers of the Year will be named.

Rooted in the Jewish value of respect for all humanity, the Maltz Museum is known for its excellence in using object-based learning to explore complex histories in order to better understand the present and consider a more inclusive future. Connecting with young audiences is at the heart of this work.

To learn more about the Maltz Museum or the Stop the Hate contest, visit www.maltzmuseum.org and register for the free Zoom event on April 19 to hear the inspiring words of Northeast Ohio students making a difference in the community!

Maltz Museum Presents

STOP THE HATE AWARDS CEREMONY

SEE THE LIVE REVEAL ON WEDNESDAY, APRIL 19

Meet the top 20 *Youth Speak Out* essay contest finalists from 6th – 12th grades

Hear the essays of the 11th & 12th grade finalists competing for a \$20,000 college scholarship

Discover which schools wrote the winning *Youth Sing Out* song lyrics

Celebrate the 2023 *Stop the Hate* Teachers of the Year

REGISTER & LEARN MORE AT MALTZMUSEUM.ORG/STH23

MAYOR'S MESSAGE

I am excited to announce news of a premier property in our City and its significant transformation. We have begun a conversation with the Cuyahoga County Public Library (CCPL) to be a partner involved with its plan to replace the Beachwood branch building with a new, state-of-the-art facility.

It's anticipated that the proposed new building will be constructed in 2024 at an estimated cost of \$21 million. The facility is intended to showcase new elements including two floors, a play space, additional green space and an impressive 500-seat community auditorium. This project is part of the CCPL's facilities master plan.

In addition to conversations regarding a partnership with the City of Beachwood, the Beachwood City Schools will also be a partner since the site sits on land owned by the Beachwood school district.

With the Beachwood branch being the busiest on the east side in terms of volume of materials loaned, the opportunity to have a reimagined library affects not only Beachwood, but the surrounding communities as well. It will tip the balance favorably for us in terms of our ability to see incredible speakers much closer to home in our own auditorium as part of the CCPL's regular programming. Presently, the Parma-Snow branch is the primary site for this type of event.

This is great news for Beachwood since the library is such a tremendous attraction, and with the improvements, it will continue to serve us well for decades to come. Best of all, it will not directly cost Beachwood residents anything. The CCPL has obtained funding for the project from a county levy passed in 2020.

While this project is in the very early stage, Beachwood is squarely a target for improvement,

according to studies handled by San Francisco-based architectural firm Group 4, engaged by CCPL, which evaluated all of the branches. In February, the CCPL's board of trustees approved of advertising for Requests for Proposals for design services for the new Beachwood branch. The two-floor design is a unique element, but it's necessary to accommodate the auditorium.



Regarding the branch's history, it opened in 1982 and was the first to use an automated circulation system. In 2012, it underwent a \$1.1 million renovation which added new children and teen areas. Also, an entrance was relocated to the north side and a drive-up window was added to the west side.

CCPL Executive Director, Tracy Strobel, is very supportive of this new development and is working cooperatively with the

Superintendent of Beachwood Schools, Dr. Bob Hardis, and myself. Her intent is to reach out soon to both City Council and the School Board in an effort to move the project forward.

I hope you are as excited as I am to witness this jewel in our community become an even more treasured asset.

Mayor Justin Berns
MayorBerns@beachwoodohio.com

“(The new library) will tip the balance favorably for us in terms of our ability to see incredible speakers much closer to home in our own auditorium as part of the CCPL's regular programming. Presently, the Parma-Snow branch is the primary site for this type of event.”

THE INSIDER



DEPARTMENTS

AUDITOR
216.595.3712

BUILDING DEPARTMENT
216.292.1914

CLERK OF COUNCIL
216.595.5493

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE
216.292.1913

FIRE & RESCUE
216.292.1965

LAW
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE
216.464.2343

PUBLIC WORKS
216.292.1922

EMERGENCY
Dial 9-1-1 or
216.464.1234

EATON RINGS OPENING BELL ON 100TH ANNIVERSARY

Beachwood-based Eaton celebrated the 100th anniversary of its listing on the New York Stock Exchange (NYSE) by ringing the famous opening bell on Tuesday, March 7. Chairman and CEO Craig Arnold traveled to New York with members of the company's senior leadership team to mark the historic moment. In Beachwood, hundreds of employees filled the company's atrium for breakfast and to celebrate the occasion. Employees also packed meals for Rise Against Hunger, adding a community service element to the day.

Today, Eaton is a global intelligent power management company with operations in 170 countries, more than 91,000 employees and \$20.8 billion in revenues in 2022, with approximately 90% of profits coming from its aerospace and electrical businesses.



CEO Craig Arnold and Eaton's senior leadership

GIRL SCOUTS ATTEND CITY COUNCIL

A big thank you to Grade 4 Girl Scout Troop 71962 which led City Council in the Pledge of Allegiance at the council meeting on Tuesday, February 21! Their leader, Jillian DeLong, accompanied them. Each member also described a variety of cookie that the troop offers. Great work, girls!



Troop 71962 pictured in front of city officials and council members on Tuesday, February 21.

HOW TO EMAIL YOUR COUNCIL MEMBER:

FirstName.LastName@beachwoodohio.com
Ex: alec.isaacson@beachwoodohio.com



PUBLIC WORKS DEPT. 2022 YEAR END TOTALS

- Tons of Rubbish Picked Up: 3,360.02
- Tons of Recycling Materials Generated: 19,172.1
(Includes construction materials)
- Tons of Leaves Collected for Recycling: 1,740
- Tons of Brush Collected for Recycling: 609.6
- Tons of Computers Collected for Recycling: 8.67
- Tons of Tires Collected for Recycling: 3.97
- Tons of Household Hazardous Waste Collected for Recycling: 1.3
- Dead Animals Picked Up: 214
- Tree Lawns Repaired: 88
- Appliances Picked Up: 70
- Skunks Caught: 19
- Special Rubbish Pickups: 3,160
- Special Recycle Pickups: 519
- Resident Requests Completed: 7,408
- Signs Repaired or Replaced: 316
- Catch Basins Cleaned: 394
- Catch Basins Repaired: 10
- Sewer Action Orders Responded/Completed: 350
- Tons of Cold Patch Used: 19.85
- Tons of Asphalt Used: 14.95
- Sewer Laterals Televised: 143
- Tons of Concrete Poured & Finished: 513
- Trees Planted: 116
- Total Tree Work Completed: 448



MAYOR
JUSTIN BERNS
216.292.1901



COUNCIL PRESIDENT
ALEC ISAACSON
216.291.2797



COUNCIL V.P.
ERIC SYNENBERG
216.401.0074



MIKE
BURKONS
216.832.6771



BARBARA
BELLIN JANOVITZ
216.406.5914



JOSHUA
MINTZ
650.464.6788



DANIELLE
SHOYKHET
216.212.9212



JUNE
TAYLOR
216.533.7640

UPCOMING CITY MEETINGS

City Council:
April 3 at 7:00 p.m.
April 17 at 7:00 p.m.

Planning & Zoning:
April 27 at 6:30 p.m.

Architectural Board of Review:
April 3 at 4:30 p.m.
April 17 at 4:30 p.m.

WORK-LIVE-LEARN..THRIVE



CITY OF
Beachwood

BEACHWOOD
FIRE **BFD** **RESCUE**
• Est. 1949 •
10

Fire Department
OPEN HOUSE

SUNDAY, MAY 7, 12-3 PM
PUBLIC SAFETY CENTER
3777 Richmond Road, Beachwood

FREE EVENT • TOURS • FOOD TRUCKS
DEMOS • KIDS CHALLENGE • VENDORS



THANKS PUBLIC WORKS

This past month, I needed the sewer services of the Public Works Department. My first communication was with Michelle Miller, absolutely awesome! She took charge and got the ball rolling. When your group couldn't initially solve the issue, she informed me that the county would get involved. The next day, your city team worked with the county, and ultimately solved the problem. I would like you to give my heartfelt thanks to all of them for a great experience!

Peter Moisia
Resident

HYDRANT FLUSHING

Spring hydrant flushing is scheduled for April 29 through May 6. Please be aware that hydrant flushing may occur on your street any day during that week. Should you encounter rusty water, run the cold water until it becomes clear. You can call the Beachwood Fire Department at 216-292-1965 if you have questions.



EARLY BIRDS GET A VIOLATION

Public Works has received multiple complaints regarding residents who are placing their trash and/or recycling at the curb too early for collection. Please remain mindful of Codified Ordinance 660.01: Rubbish should be placed on the tree lawn no earlier than 6:00 p.m. the evening before the collection day and no later than 7:30 a.m. on day of collection. Empty cans must be removed no later than 9:00 a.m. the day after collection and stored in an area that is not visible from the street. Public Works has been giving notices to those that are in violation, and will increase our efforts to further limit these occurrences. Anyone who violates Codified Ordinance 660.01 will receive a warning notice on their door; repeated violations will result in an issued citation which can include a fine and court appearance.

Many residents walk in our wonderful city and trash cans are unsightly. Please help keep Beachwood beautiful!

PLASTIC PLEASE

Are you getting rid of your old mattress and box spring? As a safety precaution, please place them in a mattress bag that has been sealed with tape prior to placing at the curb for pick-up. Mattress bags are available at most big-box stores and are fairly inexpensive. If a new mattress was purchased, that bag can be used as long as it is not torn and can be sealed with tape. Have questions? Call Beachwood Public Works at 216-292-1922.



FREE COMMUNITY SHRED DAY ON MAY 12

Beachwood's upcoming free community shred day is scheduled for Friday, May 12, from 3:00-6:00 p.m. in the Community Center parking lot. Bring personal documents, mail and files to have them shredded on-site at no charge.

A maximum of six banker boxes or 12 blue grocery bags are permitted. Please bring your driver's license or ID as proof of residency.



Nick Soria, Tony Aveni, Mayor Justin Berns and Tim Kolat during last year's shred day.

CITY RECEIVES RECYCLING GRANT

The Cuyahoga County Solid Waste District has approved the 2023 Community Recycling Awareness grant in the amount of \$5,888 for the City of Beachwood for two shred days, a garbage truck wrap and recycle right door hangers. For information about the city's curbside recycling program including acceptable items, visit the Public Works webpage at BeachwoodOhio.com.

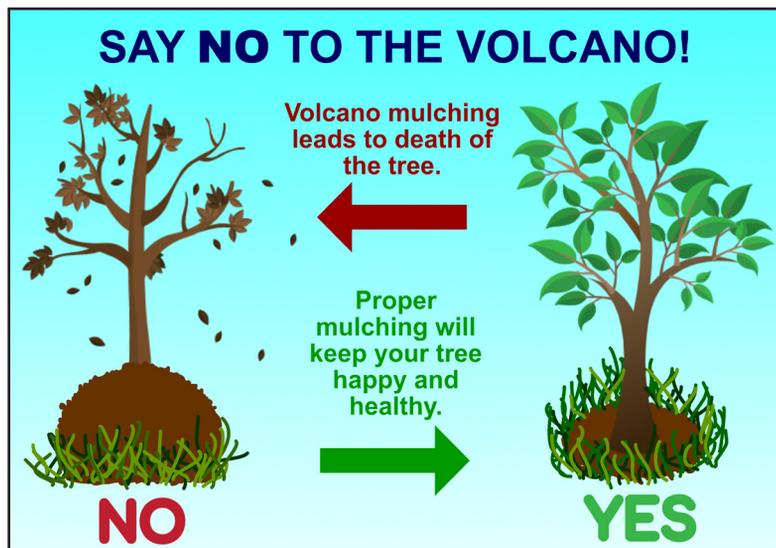
GREEN ROAD CLOSURE

Phase 2 of the Green and Bryden Sewer Project will begin in late April or early May. Green Road will be closed from Chagrin Boulevard to South Woodland with local access only for the length of the project.



KEEPING YOUR TREE HEALTHY

The birds are chirping, the days are getting longer and many will be starting landscape projects. Mulch can either be your tree's best friend or a slow death. Volcano mulching leads to a multitude of issues including root rot, decay of the trunk, pest infestation, weakened roots, nutrient deficiencies and tree death. Proper mulching should be 2-4 inches deep, keeping it away from the tree trunk. It should resemble a donut with little to no mulch in the middle near the tree trunk and a thicker layer along the perimeter of the mulch bed.



THE DO ON DOG DOO

With spring comes lots of rainfall. Dog poop is a contributor to many water-quality problems. When it rains, the runoff takes just about everything off the ground with it, including but not limited to lawn chemicals, litter, road salt, debris, cigarette butts and bacteria from dog poop. Cleaning up after your pet is a simple way to help keep our neighborhoods, local waterways and Lake Erie clean. An average pile of doggie doo produces 3 billion fecal coliform bacteria. Dog droppings can also contain other bacteria such as E. coli, Salmonella and Giardia. Dog poop is not a fertilizer; doggies eat a high protein diet that results in highly acidic waste. Please do not drop your dog's poop into the storm drain. Most storm drains flow directly to local streams, not a wastewater treatment plant. Always take a bag with you (biodegradable preferred) on your walks and scoop that poop! Just scoop it, bag it and throw it in the trash. That is the right do on the doo!

VOTING LOCATION CHANGES

Attention, voters: There are voting location changes for the May 2 primary election. Voters who live in Beachwood precincts A and G have been moved out of the Hilltop Elementary School and will now vote at the Beachwood Community Center at 25325 Fairmount Blvd. Voters who live in Beachwood precinct B have been moved out of the Beachwood High School and will now vote at the Beachwood Community Center at 25325 Fairmount Blvd.



APRIL RECREATION GUIDE

Programs & Events For All Ages!

Recreation Guide

Spring and Summer 2023

BFAC Membership
See page 6

CITY OF Beachwood
BEACHWOODREC.COM

- ▶ **Youth Summer Camps**
Beachwood & Specialty Camps - Page 14
- ▶ **Adult Day & Overnight Trips**
Tennessee, Ann Arbor & More - Page 32

VIEW THE GUIDE ONLINE!
BeachwoodRec.com

LAST CALL FOR TENNESSEE

A new adventure is calling your name! Join us as we explore Nashville and Memphis with a brief stop in Louisville from May 21 through May 26. Transportation, 13 meals, 5 nights lodging, admissions and gratuities are all included. Payment due by April 14, \$2,200 for double occupancy or \$2,875 for single. Full itinerary and registration at BeachwoodRec.com. Questions? Call 216-292-1970.

Beachwood SAFETY TOWN

Fairmount Early Childhood Education Center

July 31-Aug. 4

Resident registration begins April 10 for \$30 per child. Visit BeachwoodRec.com!

AQUATIC CENTER MEMBERSHIPS

Beachwood Family Aquatic Center memberships are on sale now. Better yet, you're able to spring into savings with a 20% preseason discount for purchasing prior to May 27. Children 3 and under are free. Memberships can be purchased in-person at Beachwood City Hall. Two forms of identification for residency are required. A driver's license or photo ID and a utility bill are preferred. Opening day is Saturday, May 27!

SAVE 20% WITH PRESEASON RATES!

Membership Type	Prior to 5/27	5/27 & After
Per Person	\$60	\$72
Family of 2	\$115	\$138
Family of 3	\$165	\$198
Family of 4	\$175	\$210
Each additional member	\$25	\$30
Seniors (60 & over)	\$35	\$42
Governess	\$70	\$84
Employed in Beachwood*	\$110	\$132

*Restrictions apply



SUMMER SPLASH PARTIES

Booking begins April 10 at City Hall! Splash parties are available to residents only for \$85 which includes 10 admission wristbands and use of the pavilion with eight picnic tables. Additional wristbands are available for \$6 each with a maximum of 50. Members do not need wristbands.

Splash parties are offered on Saturdays and Sundays from 12-3 p.m. or 4-7 p.m., June 3 through August 27 only. Two forms of identification for residency are required if you are not already a BFAC member. Limit two parties per household during the season.

FEBRUARY FREEZE WARMS UP WINTER

Beachwood's 2nd annual winter festival was a sight to see on Sunday, February 26. Over 1,000 attendees gathered for live entertainment, unique light installations, a paint balloon art wall, trackless train rides, edible cookie dough, fireworks and more. The family fun, smiles and laughter warmed up the community's winter. The event was sponsored by Crestmont with support from Sweet Kiddles Flexible Childcare Center.



An on-stage performance by the Rockin' Robots.



The paint balloon art wall.



Photography captured by Discovery Photo.

**BEACHWOOD
ART GALLERY:**

Beachwood K-12 Art Show & Music Program | Through April 9 | Presented by BAC
Cuyahoga Weavers Guild Exhibit | April 14 - May 6 | Reception on April 30, 1-2:30 p.m.

BEACHWOOD SENIORS

UPCOMING EVENTS

- Collage Creation with Shari Wolf**
 Thursday, April 27, at 1:00 p.m. | Residents \$42 | Non-Residents \$50
 Draw inspiration from assemblage artist Louise Nevelson as you work on your very own creation. No art experience needed. Register by April 21.
- Mah Jongg Tournament**
 Monday, May 1, at 12:30 p.m. | Cost - \$17 per person
 The tournament has returned! If you've joined us before, you know how much fun it will be. Includes snacks and prizes. Register by April 21.
- Bagels with Berns**
 Wednesday, May 3, at 10:15 a.m. | Free, preregistration required
 Come enjoy a bagel and conversation with Mayor Berns as he proclaims May as Older Americans Month. Preregister at no cost by April 28.
- The Mind Challenge**
 Wednesdays, May 10-24, at 1:00 p.m. | Free, preregistration required
 Join Team Beachwood for a regional trivia competition held at Shaker Heights. Call 216-292-1970 to join the roster by April 26.

Register for events at BeachwoodRec.com, City Hall or call 216-292-1970.

SENIOR DAY OUT

Awesome Artist
Thursday, April 20, at Noon
Beachwood Community Center

Residents \$13
 Non-Residents \$16
 Program Only \$5

Register by April 13.

Louise Nevelson, an internationally famous artist, will come to life through a portrayal by actress Ruth Pangrace from Women in History. Louise is noted for her striking assemblages and flamboyant personality. Come and meet this amazing woman! Register at City Hall, online at BeachwoodRec.com or call 216-292-1970.

ATTENTION BEGINNER MAHJ PLAYERS:

Gather and learn from one another at our new "Welcome Beginners Table" on Monday and Wednesday afternoons from 12:30-3:30 p.m. at the Community Center. Meet some fellow players and have a great time with us!

WHERE BUSINESS IS BOOMING!

THE LATEST NEWS FROM ECONOMIC DEVELOPMENT

SWEET KIDDLES OPENS DOORS FOR CHILDCARE

Welcome to Beachwood, Sweet Kiddles! Congratulations to founder and CAO Andrea Kimmel and staff on the grand opening of your flexible childcare center located at 3365 Richmond Rd., Suite 260. Sweet Kiddles can be contacted at 216-410-8762 or online at sweetkiddles.com. Mayor Justin Berns and council members Danielle Shoykhet and Joshua Mintz enjoyed attending your ribbon cutting.



Mayor Justin Berns and council members Danielle Shoykhet and Joshua Mintz at the grand opening celebration on March 11.

TRAILHEAD BIOSYSTEMS GRAND OPENING

Trailhead Biosystems held a grand opening on February 17 for its new Beachwood headquarters. The company has created an innovative platform for generating specialized human cells for use in therapeutic cell development, drug discovery, organ-on-a-chip development, 3D organ printing, and human disease modeling. The 35,000-square-foot office is located in Commerce Park. Mayor Justin Berns thanked the company for its investment in the city.



The event was attended by Mayor Berns and council members Barbara Janovitz, Joshua Mintz and Danielle Shoykhet.

LOANS AVAILABLE TO MINORITY, WOMEN-OWNED BUSINESSES

A total of \$10 million in loan funding remains available to help minority and women-owned businesses throughout Ohio to grow and expand their operations. The Women's Business Enterprise Loan Program and Ohio Micro-Loan Program are priority initiatives of the state. In 2022, more than \$9.34 million in loans were dispersed to more than 100 minority and women-owned businesses through the programs. More than \$4.6 million remains available through the Women's Business Enterprise Loan Program, and more than \$6.5 million through the Ohio Micro-Loan Program. The loans are administered by the Ohio Department of Development's Minority Business Development Division. Information about the loans and other capital programs including loan applications can be found online at Minority.Ohio.Gov.

ALWAYS BE AN INSIDER, STAY CONNECTED!

Facebook Pages:

- @BeachwoodOH
- @BeachwoodPolice
- @BeachwoodFire
- @BeachwoodOHRec
- @BeachwoodPublicWorks
- @BarkwoodDogPark

Twitter Accounts:

- @BeachwoodOH
- @BeachwoodPolice

Instagram Accounts:

- @BeachwoodOhio

Beachwood eList:

Sign up at BeachwoodOhio.com



University Hospitals Cutler Center for Men Coming to UH Ahuja Medical Center



A visionary approach to men's health and wellness

Men have a complicated relationship with health care. Though studies show men in the U.S. want to be healthy, good intentions are often not enough. Fewer than 50 percent of men nationwide have a primary care provider, and 250,000 fewer men than women see a doctor each year in Cleveland alone. Generally, men view health and well-being as worries for another day – resulting in shorter life expectancy than women, higher rates of cancer, behavioral health issues, and more.

University Hospitals (UH) Cutler Center for Men at UH Ahuja Medical Center, part of the hospital's Phase 2 expansion, will offer a wide variety of services making it the epicenter for men's health in Northeast Ohio.

"Our team aims to redefine well-being for men through thoughtful, personalized touchpoints that provide lifelong, comprehensive support," explained Lee Ponsky, MD, FACS, Executive Director, UH Cutler Center for Men; Professor & Chairman, UH Urology Institute; Leo & Charlotte Goldberg Chair in Advanced Surgical Therapies; and Master Clinician in Urologic Oncology. "UH Cutler Center for Men is more than just another healthcare experience. Creating an environment and experiences that empower and ease tension will help men be more proactive and holistic about their care, catch issues earlier, and improve the length and quality of their lives."

Health experts and resources

Anticipated to open this summer, UH Cutler Center for Men will provide unprecedented access to the health experts, services, and resources needed for a lifetime of good physical, mental, and emotional health, including:

- Advanced Urology Services
- Primary Care & Preventative Screenings
- Chronic Disease Management
- Specialty Wellness Services
- World-Class Amenities
- Enhanced Customer Experience
- Seamless Check-In to Follow-Up

Specialty programs and events

To help men expand their definition of health care and adopt practices for "full-life fitness," event and program categories will include:

- Behavioral, Spiritual & Emotional Health
- Relationships & Parenthood
- Intimacy & Sexual Health
- Finance & Legal Wellness
- Career & Education
- Nutrition & Fitness
- Grooming & Lifestyle
- Safety & Preparedness

"UH Cutler Center for Men was designed to give 'wow experiences' to each and every patient who walks through our doors," said Dr. Ponsky. "In addition to advanced healthcare services, an inviting demeanor, personal touches and extreme attention to detail are guaranteed for guests in the space."

Amenities that go above and beyond

Whether you enter UH Cutler Center for Men for an appointment or simply need a space to sit for a bit, you'll find that it is not your average doctor's office. The hospitality zone will feature:

- **Amenities** – Offering free and for purchase snack, beverage and special retail items.
- **Skybox Seating** – Open after hours for viewing of the 45-yard football field on the building's first floor.
- **Zen Area** – Comfortable seating surrounding a large screen for meditation and mindfulness practices.

- **Interactive Display** – Sports bar-style screens for live-action viewing, interactive entertainment, and other useful information.
- **Game Tables** – Challenge the closest guest to a game of billiards or foosball.
- **Contactless Check-In** – Roaming attendants and kiosks replace your standard front desk.

UH Cutler Center for Men is both an in-person experience and a digital presence that travels with patients, giving them access to providers and services that deliver preventative, specialty, and full-life care. When patients become members of UH Cutler Center for Men, they get access to exclusive invites and insights to help them get and stay healthy. Members also gain access to the Joe Team – a band of men's health guides who specialize in helping navigate services at UH and in the community.

For more information about UH Cutler Center for Men or to become a member, visit UHhospitals.org/CutlerCenter.

Pictured: Lee Ponsky, MD, FACS
Photo Credit: Kim Ponsky Photography

"UH Cutler Center for Men was designed to give 'wow experiences' to each and every patient who walks through our doors."

– Dr. Lee Ponsky



Projected to open this summer, UH Cutler Center for Men's flagship location will deliver comprehensive men's health services in a setting unlike any other. To learn more about UH Ahuja Medical Center's Phase 2 Expansion, visit: UHhospitals.org/AhujaExpansion.

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Board of Education Names New Treasurer

The Beachwood Board of Education has named Matthew Brown as the District's new Treasurer/Chief Financial Officer, effective August 1. The Board unanimously voted to hire Mr. Brown during a regular meeting on Monday, March 13. Mr. Brown currently serves as the Treasurer/CFO of Nordonia Hills City School District. He will succeed Michele Mills, who retires in July after 35 years as Beachwood Schools Treasurer/CFO. "Mr. Brown's experience, professionalism, and demeanor are the best fit for Beachwood," said Board President Megan Walsh in a message to the Beachwood Schools staff and families. "He brings a wealth of experience in school finance that will ensure a smooth transition in the treasurer's office."

With 20 years of professional experience in school finance and governmental accounting, Mr. Brown previously served as the Euclid City Schools Treasurer/CFO from 2019-2021 and Assistant Treasurer from January 2016. Before entering public education, he worked for a private accounting firm where he managed governmental projects and provided consulting services for governmental accounting standard implementations. Mr. Brown graduated from the University

of Akron in 2003 with a bachelor of science in business administration. He was selected from a pool of eight candidates in a process that included two community and staff input sessions. "Community engagement is a priority of the Board, and the input from these sessions weighed heavily in our decision making," said Ms. Walsh. "I appreciate everyone who participated in this process, and I hope you will join me in welcoming Mr. Brown when he begins as Beachwood's treasurer on August 1, 2023."



Matthew Brown

The incoming treasurer will advise the Board of Education on all financial related matters and oversee the District's financial operations, including ensuring the accuracy and timeliness of state and federal reporting and leading the development of the annual District operating budget and five-year forecast. Superintendent Robert Hardis stated: "I am looking forward to partnering with Matthew Brown to maintain the fiscal prudence and financial stability that have been the hallmarks of Beachwood Schools since I started here."

EVENTS CALENDAR



Softball Stadium Grand Opening

Wednesday, April 12, 3:45 p.m.
Beachwood High School Softball Field
25100 Fairmount Blvd.

SpongeBob: The Musical

Friday, April 14 - Sunday April 16
Beachwood High School Auditorium
25100 Fairmount Blvd.

For tickets and showtimes visit
www.beachwoodschoools.org/Tickets.aspx

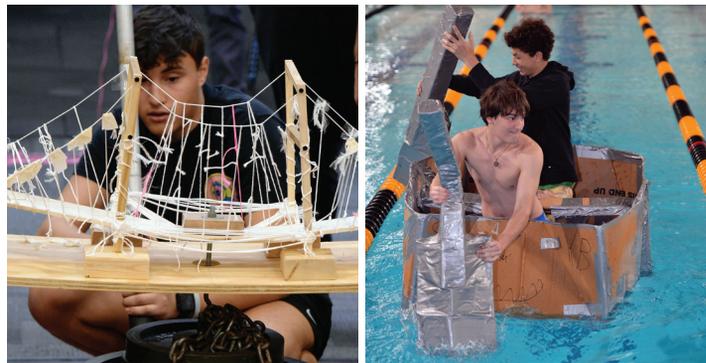
New Date: White & Gold Talent Show

Tuesday, April 18, 7 p.m.
Beachwood High School Auditorium
25100 Fairmount Blvd.

Bison Talk

Thursday, April 27, 8:30 a.m. - 9:30 a.m.
Beachwood Board of Education
24601 Fairmount Blvd.

High School Hosted Chagrin Valley Conference STEM Wars



Beachwood High School hosted the 2023 Chagrin Valley Conference STEM Wars on Friday, March 3. Students from 11 Northeast Ohio districts competed in a series of science, technology, and engineering events, including a cardboard boat regatta, paper rocket launch, 9V motor challenge, CO2 car race, mousetrap vehicle competition, suspension bridge competition, magazine cover design, and movie clip production.

Competing teams included Beachwood, Hawken, Crestwood, Cuyahoga Heights, Lakeside, Lutheran West, Grand Valley, Cardinal, Wickliffe, Geneva, and Independence. Seniors Brett Zawatsky and Ben Lawrence took third place in the 9v motor challenge. "The CVC STEM Wars is a great event that allows students to showcase their talents in the STEM fields," said Brett. "Competing against other schools and seeing their projects and designs is so fun."



VIEW THE
FULL CALENDAR

beachwoodschoools.org/Calendar.aspx

BOARD OF EDUCATION MEMBERS

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beachwoodschoools.org

Cultivating Scientific Habits of Mind

Children are born investigators. At Beachwood Schools, a primary goal is to teach students scientific habits of mind that will prepare them for a technology rich, scientifically complex world. Across the K-12 science curriculum, students learn to think like scientists as they investigate, model, and explain the world.

“These scientific practices are used in everyday life,” said fourth-grade science teacher Gabriela House. “We are constantly making predictions about what is happening in our world, defending why we think the way we do, and interpreting data to form conclusions. Once students know how to do these scientific practices, they are going to feel more competent in other areas of life.”



Sixth grader Abby Gourley learns about condensation by imploding a *Coca-Cola* can.



Fourth graders Julianna Chan and Yuka Hashiba build a simple circuit to turn on a light bulb.

Reasoning with Evidence

As scientists develop theories, they must evaluate their own and each other’s ideas. Beachwood students learn that debate is a normal part of scientific discourse.

“Students have to make sure they have evidence and data to support their claims,” said Ms. House. “That goes along with what they’re learning in English-Language Arts class. When they write a persuasive or informative argument, they have to support their reasoning. I tell them that it’s the same thing in science. If a circuit they are building doesn’t work, they have to tell me why and give evidence to support that claim.”

During a recent unit on electricity, Ms. House’s class hummed as students worked in small groups to build circuits to turn on light bulbs. Students jotted notes in their lab journals and engaged in friendly debates about how to place the wires and bulbs. The young scientists used their prior knowledge of electrical conductors and insulators to choose materials and test various configurations for closed, series, and parallel circuits. Student Julianna Chan said she loves open-ended science explorations such as this. “I like trying different possibilities to make something work,” she said.

Developing and Using Models

Another core practice students learn is to create models to explain natural phenomena. Models range from simple drawings and graphs to sophisticated computer simulations and mathematical computations. During a unit on matter and energy, students in Robb Ristau’s sixth-grade science class created three-dimensional electron cloud models. “We talked about how the model developed over time based on new evidence,” said Mr. Ristau. “When evidence changes, it makes you adjust to a new conclusion.”

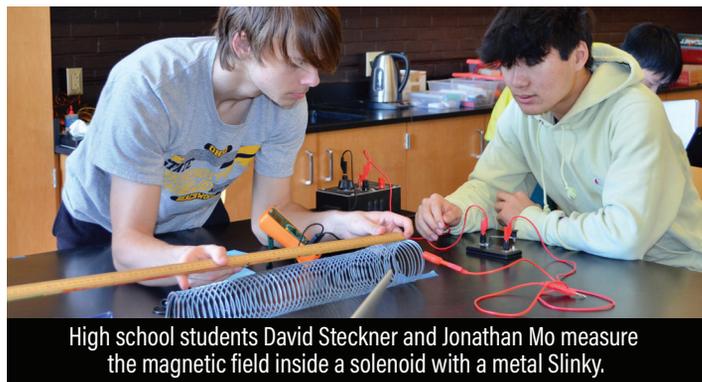
Models allow students to go beyond what they can observe to imagine worlds unseen. Mr. Ristau incorporates technology such as PhET computer simulations to help students visualize subatomic particles, linear motion, and kinetic energy.

“Computer simulations allow us to observe particles we can’t see and turn off gravity or friction—things you wouldn’t be able to do in a real situation,” said Mr. Ristau. “Computer simulations reveal the theoretical science in a way that we may not be able to achieve in a lab.”

By the time students graduate from Beachwood High School, they are adept at thinking like scientists. They can link models and evidence to theories and analyze data systematically to look for patterns and form conclusions.

Nowhere is this more apparent than in Michael Lerner’s advanced placement physics classes. In a recent lab, seniors huddled in small groups to measure the magnetic field inside a solenoid using a metal Slinky. Mathematical equations filled up an entire whiteboard in preparation for the lab, which had practical applications in technologies ranging from simple locking devices and automotive gearboxes to medical equipment. When students struggled to calculate a constant of nature related to magnetism, Mr. Lerner prompted them to look at the data. “You don’t need me to be the answer key,” said Mr. Lerner. “Reality is your answer key.”

Helping students develop scientific habits of mind is one of the most rewarding aspects of teaching for Mr. Lerner. “As a physics teacher, I love the fact that I can change the way students see the physical world,” said Mr. Lerner.



High school students David Steckner and Jonathan Mo measure the magnetic field inside a solenoid with a metal Slinky.

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Board of Education Approves Fine and Performing Arts Diploma Seal



Graduating seniors may now earn a Seal of Fine and Performing Arts on their Beachwood High School diploma. The Beachwood Board of Education approved the new diploma seal at its February 27 meeting. Diploma seals demonstrate academic, technical, and professional readiness as students transition to their next steps after high school. Students are required to achieve a total of two seals to graduate. To earn the Seal of Fine and Performing Arts, students must complete four years in a curricular ensemble or visual art class, participate in a high school drama experience, participate in at least one adjudication experience, and attend an arts or culture-related speaker series. "The Beachwood Fine and Performing Arts Program provides students with robust and engaging opportunities to excel," said Linda LoGalbo, Director of Curriculum and Instruction. "The Seal of Fine and Performing Arts is yet another way for our district to recognize our talented students."

World Languages Added to Elementary Curriculum

Elementary students in kindergarten through fifth grade will learn Chinese and Spanish as part of the unified arts rotation starting in the 2023-2024 school year. Students will gain exposure to both languages through a semester of Chinese and a semester of Spanish on a rotating basis. In addition, when Beachwood students enter middle school, they will have the opportunity to select Chinese, Hebrew, or Spanish as sixth graders and progress through all three years studying that language before advancing to Beachwood High School with a terrific foundation. Research shows that children gain many cognitive advantages from learning a world language, including improved critical thinking, increased listening and memory skills, and enhanced literacy in English. Learning world languages also increases students' cultural awareness, allowing them to build connections with people from different cultures and backgrounds.

Beachwood Bison Theater Announces Spring Musical



The Beachwood Bison Theater is proud to present *SpongeBob: The Musical*, April 14 - 16. The family-friendly production features the beloved characters from the hit animated series *SpongeBob SquarePants* created by Stephen Hillenburg. The musical plunges audiences into the zany world of Bikini Bottom where SpongeBob, Patrick, and friends emerge as unlikely heroes. Showtimes for the Bison Theater production are Friday, April 14, at 7 p.m.; Saturday, April 15, at 7 p.m.; and Sunday, April 16, at 1 p.m. Tickets range from \$5 - \$30. Purchase tickets at www.beachwoodschoools.org/Tickets.aspx.

BOARD OF EDUCATION NEWS



Recent Resolutions

- Hired Treasurer/CFO Matthew A. Brown
- Approved BMS and BHS trip for Science Olympiad to attend the state competition in Columbus
- Approved Marketing/Junior Achievement students incentive trip to Key Largo, Florida
- Approved an agreement with Projector LLC

Upcoming Board Actions

- Approve trip to Global Finals for Destination Imagination
- Hire Director of Security
- Hire Assistant Treasurer
- Hire Director of Operations

Board Meeting Calendar

- April 10, 2023 @ 7 p.m.
- April 24, 2023 @ 7 p.m.



**VIEW AGENDAS
& MINUTES**

beachwoodschoools.org/BOE.aspx

Join Us for a Bison Talk

The Board of Education invites the Beachwood community to connect, ask questions, and share your ideas at the next Bison Talk on Thursday, April 27, from 8:30 a.m. to 9:30 a.m. at the Beachwood Board of Education (24601 Fairmount Blvd.). Board President Megan Walsh and Member Kim Allamby will be present, along with Director of Curriculum & Instruction Linda LoGalbo and Director of Communications Lauren Meade.

ADMINISTRATION

Dr. Robert Hardis, Superintendent · (216) 464-2600 ext. 2201 · rph@beachwoodschoools.org
Michele Mills, Director of Finance/Treasurer · (216) 464-2600 ext. 2211 · mm@beachwoodschoools.org
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beachwoodschoools.org

Alumni Spotlight: Ben Ducoff and Amnon Carmi

Class of 2011 alumni Ben Ducoff and Amnon Carmi have been best friends and creative partners for more than 20 years. They met as fourth graders at recess, where Ben says they instantly clicked over a shared sense of humor and love of storytelling. Growing up, they made dozens of short films in and around Beachwood. Today, the New York-based filmmakers are still at-it-collaborating professionally to produce their first feature film, *Yaniv*, and mentoring teens through their youth employment program, HERO Films.

Both credit their education at Beachwood Schools for nurturing their passion for storytelling, and they continue to find support and mentorship in their former teachers. Professionally, Ben juggles his time as an actor, producer, and U.S. history teacher at H.E.R.O. High School in the Bronx. He holds a Bachelor of Fine Arts in Theatre Arts from Boston University and a master's degree in secondary special education from the City College of New York. Amnon currently runs his own film production company, Roof Dragon Entertainment. He holds a Bachelor of Science in Media Studies from the New School. Previously, he owned a freelance graphic design company while living in Tel Aviv and worked in the marketing division of the financial technology company Alviere, where he produced, directed, and edited video advertisements. As a director, Amnon says he loves how quickly the needs of a production evolve. "I get to wear many hats and creatively navigate high stress and, at times, ethically challenging dilemmas on and off film sets," said Amnon. "It's a good fit for me because I work best under pressure."

Making *Yaniv*

Yaniv, which Ben and Amnon wrote together, is loosely based on Ben's experiences teaching in the South Bronx. The two spent more than a year raising funds, casting the talent, assembling a crew, and finding locations before they were ready to begin filming in 2022. Ben stars as Bernstein, a high school teacher trying to save the school musical after funding cuts. Actress Catherine Curtin (*Stranger Things*, *Orange is the New Black*, *Homeland*) plays Principal O'Donnell and is one of the film's executive producers. Other cast members include Eli Boskey, Annabel Steven, Mitchell Fields, Adam B. Shapiro (*The Normal Heart*, *Master of None*, *The Marvelous Mrs. Maisel*), Amnon Carmi, Ben Salus (*The Food That Built America*), and Nik Sadhnani (*Standing*



Actress Annabel Steven with Ben Ducoff during the 2022 filming of *Yaniv*

Up, Falling Down, Bull, The Week Of). The film is currently in post-production. "Filming took place in Detroit and New York, but there was a lot of Beachwood and Cleveland in this movie, in front of and behind the camera," said Ben. "Mitchell Fields, the legendary English and drama teacher who retired from Beachwood High School in the early 1990's, plays my grandfather, a part we wrote especially for him."

Inspiring Mentors

Amnon and Ben met Mr. Fields as students at the Chagrin Falls Performing Arts Academy, which is part of the Excel TECC consortium. "We developed a close bond and stayed in touch after graduating," said Ben. "He mentored me as I began teaching and inspired Amnon as he began directing. I have always admired how he balanced a fulfilling career as an educator while enjoying success as an actor and director. It was really special to have him in the film, and he was easily the most popular guy on set."

They also tapped Ben's former Bryden Elementary teacher, Steve Jurkovic, for his feedback on the script. Mr. Jurkovic has been a longtime mentor to Ben. "He saw potential in me at such a young age, encouraged me to write stories on my own, and happily read whatever I gave him," said Ben. "He is one of the few people to have seen a rough cut of *Yaniv*."

As Ben and Amnon continue to lean on their mentors in Beachwood, they hope to pay it forward by guiding a future generation of filmmakers. In 2022, they launched HERO Films in partnership with the New York City Department of Youth and Community Development. The paid internship program trains aspiring filmmakers in screenwriting, cinematography, editing, and producing. As mentors, Ben and Amnon encourage teens to take creative risks and view setbacks as a springboard for growth. "There is nothing more valuable than lessons learned from simple trial and error," said Ben. "As Samuel Becket said, 'Fail better.'"

Amnon's advice to students? "If you feel daunted by the prospect of choosing a college or career path after high school, just pick what interests you the most (or deters you the least)," he said. "Life has an interesting way of altering your course and pointing you in the right direction."

Alumni: Share Your Story!

Go to www.beachwoodschoools.org/alumni.aspx.



Filmmakers Amnon Carmi and Ben Ducoff

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Beachwood Middle School Boasts Two Indoor Track State Champions

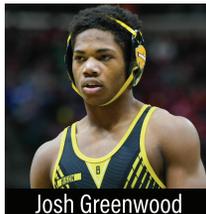


Meena Abdul-Basser

Eight middle school students competed in the Ohio Association of Track and Cross Country Coaches Junior High School State Indoor Championships last month in Logan, Ohio. The team had a fantastic day, bringing home two championship titles for individual and relay competitions. Seventh-grader Meena Abdul-Basser won the state title for the girls 400 meter dash. Another state title went to the boys 4 x 400 meter relay team: Artiom Tkachenko, Asher Hardis, Sean Taylor and Braylon Moultrie. The girls team finished fifteenth overall, and the boys finished seventh. Congratulations to our middle school track athletes for an amazing season!

Seniors Shine at Wrestling State Championships

Senior wrestlers Josh Greenwood (150 lbs.) and Uzonna Nzekwe (215 lbs.) competed in the OHSAA State Wrestling Championships at the Schottenstein Center in Columbus. Both wrestlers had outstanding tournaments Uzonna finished third in the State, and Josh finished as a State Runner Up. Congratulations, Uzonna and Josh!



Josh Greenwood

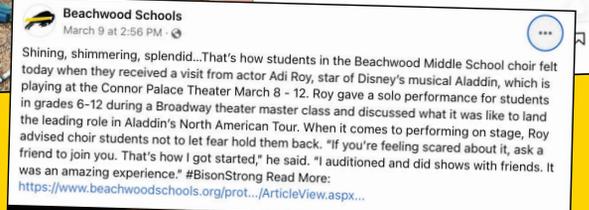
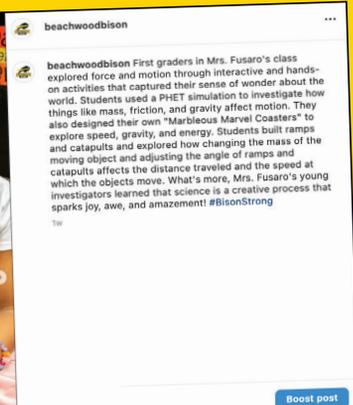


Uzonna Nzekwe

Softball Stadium Grand Opening

The Beachwood community is invited to cheer on the girls varsity softball team on Wednesday, April 12, as they play their first-ever home game at the brand new stadium. The grand opening kicks off at 3:45 p.m. with free hot dogs, popcorn, and snow ice for fans. The program includes speeches from members of the Bison athletics department, school and city officials, alumni, and team captains followed by a ribbon cutting. Game time starts at 4:45 p.m. Designed and constructed by Strollo Architects and Greenspace Construction Services, the revamped stadium includes a new playing surface, masonry dugouts, backstop fencing, visitor bleachers and scoreboard. The new press box features an upgraded PA system with wireless mics and bluetooth capabilities along with additional individual storage space for maintenance and athletics. The stadium is located at Beachwood High School at 25100 Fairmount Blvd. Rain dates are April 13 and April 14.

Social Scene



BHS Grad Performs with Internationally Renowned Tamburitzans

The internationally renowned Tamburitzans performing ensemble, based in Pittsburgh, is the longest running stage show in the United States. Since 1937, the Tamburitzans have dazzled audiences, bringing musical entertainment to millions throughout their tenure as artistic ambassadors.

The show, which represents the rich cultures of Ukraine, Greece, Bulgaria, Croatia, and Serbia, includes music, songs, and dances that feature Jewish traditions. Hundreds of original costumes, intricate choreographies, sophisticated lighting, and passionate music are all captured in this two-hour-long live performance.

Beachwood High School graduate Lexi Glova, Class of 2020, has been a violinist and dancer in the ensemble since 2021. "Thanks to the outstanding orchestra curriculum at Beachwood Schools, I learned the violin skills that made this possible," she shared. "I'm excited that this year's performance includes songs and dances that highlight Jewish traditions, and a finale dedicated to Ukrainian culture."

The Tamburitzans perform live in Cleveland, at the Breen Center for the Performing Arts at St. Ignatius High School, on Sunday, April 23, 3 p.m. Advance tickets are available at https://tamburitzanscleveland_2023.eventbrite.com/

or at the door. Tickets are \$30 for adults and \$25 for seniors and students.

Thanks to the outstanding orchestra curriculum at Beachwood Schools, I learned the violin skills that made this possible,"



Right photos: BHS graduate Lexi Glova. Below: Ukrainian Hopak finale.



Cleveland Kosher Food Pantry Runs Annual Passover Campaign

"All who are hungry, come and eat" is a particularly relevant line recited from the Haggadah at the Passover Seder. And Cleveland Kosher Food Pantry makes it happen!

A partner agency of both Greater Cleveland Food Bank and Hunger Network, Kosher Food Pantry is one of the busiest food relief facilities in Northeast Ohio – no one is turned away. In regular times the Pantry provides food for over 5,000 people per month, but



weekly drive-thrus for families and via bi-monthly door-to-door deliveries to seniors in 10 low-income apartment buildings.

KFP's annual Passover fundraising campaign is underway. While charitable donations enable the Pantry to operate all year long, funds are needed now due to the extra expenses of providing traditional Passover items

such as matzah, grape juice, and matzah meal along with additional eggs, fruits, and vegetables.

"We nourish souls as well as bodies," states Mrs. Devorah Alevsky, director of KFP. "At Pesach, it's especially important to help our struggling neighbors by giving them what they need to celebrate the holiday with joy and dignity. I want to personally thank the



community for supporting us in this great mitzvah."

Tax-deductible donations may be sent to 2004 S. Green Rd., South Euclid, Ohio, 44121. Donations are also accepted online at kosherfb.org or by calling 216.382.7202.

Pictured: KPF volunteers Anita Weinberg and John Siff pack Passover goods.



2004 S. Green Road, Cleveland OH 44121 / 216-382-7202 / info@kosherfb.org / kosherfb.org

Cleveland Museum of Natural History Receives Gift To Enhance Planetarium

The Cleveland Museum of Natural History has received a \$3 million gift from the children of Nathan and Fanny Shafran and their spouses that will support renovations and technological upgrades to the Nathan and Fanny Shafran Planetarium.

“The Shafran family has always valued the importance of picturing ourselves not just in the story of life on Earth, but also in the larger story of the Universe,” says Sonia Winner, the museum’s president and CEO. “This generous gift will enable our planetarium and its programs to expand our visitors’ understanding of all the ways the forces of the Universe affect our everyday lives.”

Twenty years ago, a contribution from Nathan and Fanny Shafran was instrumental in the founding of the Shafran Planetarium. Since its opening, the planetarium has allowed Museum visitors to virtually explore the Universe, enjoying immersive views of planets, constellations, and other wonders of astronomy.

“Nathan and Fanny were so proud of the extraordinary planetarium that they helped establish, and of the education and wonderment it has provided to countless people for two decades,” said Joe Shafran, a Beachwood resident. “My sisters and I are honored to help continue our parents’ legacy.”

Among many other improvements, this gift will support a technology upgrade that will enable the planetarium to produce brighter, sharper images – resulting in a seamless full-dome display rendered in the highest resolution possible.

“When the planetarium was new, it was truly state-of-the-art,” says Dr. Gavin Svenson, the museum’s chief science officer. “Now it will once again be the gold standard for planetariums worldwide – a virtual spaceship with the ability to display any point in our galaxy with superb visual clarity and, just as important, to display current astronomical data with accuracy.”

“The upgraded planetarium will allow the museum to help visitors grasp the connections between the science of astronomy and the biological processes here on Earth,” said Joan Shafran.

The museum’s transformation project is pioneering a new model for how natural history museums explore the interconnectedness of humans, nature, and the physical world.

As the museum redesigns all its exhibits to help visitors see themselves in a broader context, the Shafran family’s gift is particularly timely.

“We feel that doing all we can to help people rely on science, both for answers and for understanding, is a crucial step in addressing many of the challenges facing our country and planet today.”

“When our family discussed with Dr. Svenson the potential philanthropic impact of our gift on the planetarium, he explained how increasing its capabilities would help the museum amplify science literacy,” says Paula Krulak. “We feel that doing all we can to help people rely on science, both for answers and for understanding, is a crucial step in addressing many of the challenges facing our country and planet today.”

The Nathan and Fanny Shafran Planetarium was updated most recently in fall 2022, with enhancements including a software upgrade to Digistar 7, a repainted interior, and new seating that allows for more customized and creative configurations. Now open to the public, the planetarium is featuring a new live program, *Unfolding the Universe*, which highlights NASA’s James Webb Space Telescope. This immersive journey through space and time allows guests to explore the earliest eras of the Universe, witness galaxies in the midst of titanic collisions, peer deep into majestic stellar nurseries, and continue the search for life beyond our Solar System – all while viewing the telescope’s latest images in unprecedented detail. *Unfolding the Universe* is included in general admission.

For more information about the Cleveland Museum of Natural History, and its renovations and technological upgrades to the Nathan and Fanny Shafran Planetarium, visit CMNH.org.



Museum exterior and Shafran Planetarium.

CityMusic Cleveland Presents:

April 20 • 7-9 p.m.

Holocaust Remembrance: WWII-Era Jewish Composers
CityMusic Cleveland's Pantheon Ensemble
The Temple-Tifereth Israel • Free

Lesser-known music by early 20th century Jewish composers will be the highlight of a moving Holocaust remembrance concert presented by CityMusic Cleveland's Pantheon Ensemble. Musicians include Mari Sato, violin;

Masha Andreini, violin; Yael Senamaud-Cohen, viola; Martha Baldwin, cello; Tracy Rowell, bass; and Elizabeth DeMio, piano. For details, visit www.citymusiccleveland.org/current-season/holocaust-remembrance-9dh3f.

May 13 • 7-9 p.m.

Clarinet Dialogues
CityMusic Cleveland
Praxis Fiber Workshop • 15301 Waterloo Rd. (Arts District) • Free

From a whimsical musical depiction of the Tour de France to the melodic mastery of Mendelssohn, this concert will feature musicians Ellen Breakfield, clarinet; Daniel Gilbert, clarinet; and Donna Lee, piano. Daniel and Donna, husband and wife,

are Beachwood residents, and it's always exciting to see them perform together. Watch for more information about this concert in next month's issue of *Beachwood Buzz*. For details, visit www.citymusiccleveland.org/current-season/.



CityMusic Cleveland's Pantheon Ensemble;



Ellen Breakfield, Daniel Gilbert, and Donna Lee, members of CityMusic Cleveland Chamber Orchestra.

A Message from Chaya Dalya

Hi! My name is Chaya Dalya. You may have seen me in *Beachwood Buzz* before and I am back. I was born with cancer, spent a lot of time in the hospital as a baby, am a survivor, and will be celebrating my 18th golden birthday on May 18.

My mom, Wendy, started a nonprofit called Sweet Dreams for Kids. We give new pj's to kids in the hospital and I would love to raise \$1,800 before my 18th birthday.

I love to make others happy and smile. We have given over 30,000 new pj's to kids all around the world. I always say, "I am the president of Sweet Dreams for Kids."

I ask for your donation! Please visit www.sweetdreamsforkids.org or our Facebook page to help us reach this goal. We are grateful for donations in any amount because every dollar supports this program to help more kids in the hospital.

Look for more info about our upcoming pj party to help Sweet



Dreams for Kids. You will not want to miss the fun!

Questions? Please reach out to Wendy at 952.994.0818 or wendy@sweetdreamsforkids.org.

We are grateful for donations in any amount because every dollar supports this program to help more kids in the hospital.

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Beachwood Hometown Heroes • Nominate by April 7!

The Beachwood Historical Society and City of Beachwood are once again collaborating to celebrate Hometown Heroes in 2023. The annual program celebrates up to a dozen of the city's most impactful residents and working professionals who are making a positive difference.

The deadline for nominations is Friday, April 7. You can nominate yourself or someone else, and time is running out!

Heroes will be celebrated with a special ceremony on Wednesday, May 10, at the Hometown Heroes garden display in Beachwood's City Park West on Shaker Boulevard.

The nomination form is at www.BeachwoodOhio.com/HeroNominations. It's a quick, easy process. For more information, call Beachwood Community Services at 216.292.1970.

William N. Skirball Writers Center Stage Series

The Cuyahoga County Public Library Foundation's signature event, the William N. Skirball Writers Center Stage Series, will resume in April at the Maltz Performing Arts Center on the campus of Case Western Reserve University.

This popular series brings the world's best literary authors to Greater Cleveland. The spring lineup includes remarkable authors such as Jonathan Franzen, Elif Batuman and Gary Shteyngart, and Silvia Moreno-Garcia.

International best-selling author Jonathan Franzen will be the first to take the stage on Tuesday, April 11. Jonathan was originally known for writing nonfiction until *The Corrections* (2001) was released and became an international bestseller. His most recent novel, *Crossroads* (2021), was named Best Book of the Year by former President Obama, *Newsweek*, NPR and *The Washington Post*.

Next, Elif Batuman will be in conversation with Gary Shteyngart on

Tuesday, May 9. Elif's critically acclaimed collection, *The Possessed: Adventures with Russian Books and the People Who Read Them*, was a finalist for the National Book

Critics Circle Award. Gary is known for writing satire. His first novel, *The Russian Debutante's Handbook* (2002), received the Stephen Crane Award for First Fiction and the National Jewish Book Award.

The 2022-2023 series will wrap up on Monday, June 19, with Silvia Moreno-Garcia. Silvia is Mexican by birth and Canadian by inclination. Her bestselling book, *Mexican Gothic*, was named "One of the Best Books of the Year," by *The New Yorker*, NPR and *The Washington Post*.

CCPL will also announce the 2023-2024 series lineup on June 19. In-person and Livestream tickets are available now. Visit www.cuyahogalibrary.org to check out the author's books and get tickets. Proceeds raised by this series help support Cuyahoga County Public Library, one of the nation's best and busiest public library systems.

Beyond the Art: History and Culture in Tudor England

The following programs are being offered by Case Western Reserve University's Siegal Lifelong Learning and are designed to complement *The Tudors: Art and Majesty in Renaissance England*, which is on display at the Cleveland Museum of Art through May 14. There is much more to each program than the title can tell. Be sure to visit the link below to get a full description of each program. In-person programs take place at the Landmark Centre Building, in Beachwood. For details and pricing, visit <https://case.edu/lifelonglearning/courses/beyond-art-history-and-culture-tudor-england>.

Passion, Murder and Majesty: Henry VIII and the 8 Tudor Queens

Tuesdays, April 11-May 2
10-11:30 a.m. • Remote

Reading and Writing in the Private Sphere of Tudor Houses

Thursday, April 13
11 a.m.-12:30 p.m. • In-person

Music and Majesty in Tudor England

Friday, April 14
11 a.m.-12:30 p.m. • In Person

Hilary Mantel's *Wolf Hall*

Mondays, April 17-May 22
2-3:30 p.m. • Remote

From the Jewish Genealogy Society

The Jewish Genealogy Society of Cleveland is celebrating its 40th anniversary, and its celebration will begin with a series of programs by Daniel Horowitz, genealogy expert at MyHeritage. JGSC is working in partnership with the North East Ohio Genealogy Round Table (an undertaking of the Ohio Genealogical Society); the Cuyahoga West Chapter, OGS; and the Cuyahoga Valley Chapter, OGS, to make hybrid presentations available to members and the public at no charge. Registration is required for the following programs, which take place in-person or on Zoom. For complete details, visit jgscleveland.org.

Saturday, April 22 • 10 a.m. - 12 p.m.

- If I Only I Knew Then What I Know Now! Doing Genealogy the Right Way
- What, Who, Why, Where, When, and How Genealogy – The Anthropology of Genealogy

Saturday, April 22 • 2-4 p.m.

- Where There's a Will There's a Way to Research Your Family
- Don't Believe Everything You Read

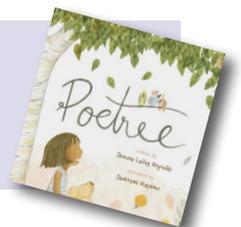
Sunday, April 23 • 2 - 4 p.m.

- Reuniting Holocaust Survivors ... Not Mission Impossible
- Research Israel Genealogical Resources from Your Couch

StoryWalk®

StoryWalk for April will be *Poetree*, by Shauna LaVoy Reynolds, illustrated by Shahrzad Maydani. A shy girl celebrates winter's end by writing a poem to a tree and is surprised when the tree writes back.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg- Hubbard Library.



HELLO SPRING

IT'S TIME TO SPRUCE UP YOUR HOME

Spring is here and it's time to freshen up! Whether you're looking to remodel, update, schedule maintenance, landscape, buy flowers, sell your home, buy a new one, or treat yourself to something nice, we've got you covered! Please support independent businesses and, when you patronize our advertisers, please tell them you saw them in *Beachwood Buzz!*



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At Eastside Landscaping, "Details Make the Difference"

Spring is here and it is time to start thinking about the outside of your home. When Eastside Landscaping sends a crew to your yard, they remove leaves and debris from the lawn and beds, trim groundcover, cut down remaining grasses and perennials, and establish bed edges.



Installing mulch in garden beds, seeding bare areas of the lawn, or replacing unhealthy or dead plants will add instant curb appeal. An addition of perennials will provide color and texture that will return year after year, while a planting of annual flowers will give you the opportunity to install a fun, splashy color theme that you can change according to next year's whim.



If you're seeking a new look for your outdoor living space, you might want to consider replacing a walk or patio, making drainage improvements, or installing landscape lighting. The addition of a custom screened porch, a handcrafted fence

or pergola, a custom outdoor fireplace or firepit, a water feature, or a state-of-the-art outdoor kitchen will enliven your yard and provide you with an entertainment space to enjoy with family and friends.

your existing one, a well-thought-out plan will transform ideas into a functional and aesthetically pleasing yard. Allow the designers at Eastside Landscaping to discuss all of the details with you. Eastside is a full-service landscaping company that has been providing snowplowing, landscape maintenance, and design/build construction services for homeowners on Cleveland's east side for more than 36 years.

This spring, allow us to spruce up your property. At Eastside Landscaping, "Details Make the Difference."

For more information, call us at 216.381.0070 or visit www.eastside-landscaping.com.

Whether you plan to install a new landscape or renovate your existing one, a well-thought-out plan will transform ideas into a functional and aesthetically pleasing yard.

Whether you plan to install a new landscape or renovate

Details make the difference!

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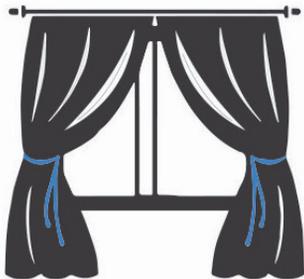
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Buying or Selling This Spring?

Get Your Home Ready to Sell in This Busy Market

When thinking of sprucing up your home, some of you may be looking to start fresh by selling your home. If so, it's time to take spring cleaning to a whole new level!

Many experts on HGTV, or home stagers, recommend you start by de-cluttering. Get a few bins from a dollar store and organize your belongings in three categories: purge, save or donate. This can be done with clothing, tools and all items throughout your home.

Clothing is usually the first to go. If you have not worn it in a year or two, let it go. There are many organizations in need of gently-worn clothing, and there are resale and consignment stores as an alternative when getting rid of things.

If you're getting rid of books, local libraries are a great resource for disposal. They regularly have book sales and would love to include them in their inventory.

Next – dishes, bric a brac and collectibles. Many young people today, regrettably, do not want grandma's dishes. As with clothing, there are organizations that will pick up donations, and consignment shops are always an option. The same goes for furniture, and the tax deduction/benefit you will receive is often greater than what a used sofa will sell for on the open market. If you find there is still clutter in your home after sorting through your items, it may be wise to rent a short-term storage unit



Recent Sale – 2745 Sulgrave Road, Beachwood

until your home is sold; and, if you have difficulties sorting through items, you may want to hire a professional organizer to help you.

When putting your home on the market, in addition to cleaning, remember – less is more. Clean the garage. Counters should be free of ancillary items. If you have a lot of personalized items, put them away. Stage your home so prospective buyers can see

themselves living there. And, if repairs are needed, make them.

As an experienced realtor, I can assist with many of these recommendations and can provide referrals to help get your home in tip-top condition. The cool trend you may be looking for this spring is a new home – and I can help you with that, too!

~ Sharon Friedman

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Sharon's Beachwood Listings & Sales in 2023/2022

PENDING 2/23 2745 Sulgrave Road
listed at \$574,900

PENDING 3/23 22655 Chagrin Blvd #406 in Stratton House
listed at \$164,900

SOLD 1/23 2180 Fenway Drive
listed at \$359,900

SOLD AT LIST 12/22 23212 Greenlawn Avenue
listed at \$449,900

SOLD 12/22 23785 Glenhill Drive
listed at \$269,000

SOLD 8/22 14 Kenwood Court in The Village
listed at \$475,000

SOLD 4/22 25300 Letchworth Road
listed at \$795,000

The Spring Market is Heating Up!
Lack of Inventory = More \$\$ For You!

Thinking of Selling?

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Smylie One specializes in residential add-on and

replacement, along with light commercial, heating, air conditioning, and plumbing installations and services.

The reputation of Smylie One today rests with Steven Smylie and Gary Rosen, and sons Jordan Smylie and Joseph Rosen. Working together, they bring experience and expertise in all phases of HVAC, both residentially and commercially. For innovative solutions to all of your comfort needs, Smylie One is the company to call.

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Smylie One asks, when was the last time you had your cooling system tuned up and inspected by a professional HVAC company? We recommend that you have this done yearly. Our comprehensive maintenance includes over 20 checkpoints that will determine

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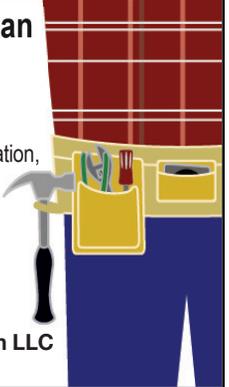
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Art Collection Tours of CLE: A Tuesday Night Series

Cleveland Arts Prize (CAP), a nonprofit organization that funds the highly revered annual CAP Awards, is organizing a series of tours, entitled, "Art Collection Tours of CLE: A Tuesday Night Series." This first-of-its-kind series highlights Cleveland and Akron's most coveted art collections, including those of Cleveland Clinic (April 18), MetroHealth (May 30), Summa Health (July 25), The Union Club of Cleveland (June 20), and UH Ahuja Medical Center (August 29). Progressive was featured last month.

You now have the unique opportunity to tour local art collections, learn about their history, the artists within the collection, and other interesting facts about acquisitions. As an added bonus, each tour will highlight a work in the collection that was created by an artist who has received a Cleveland Arts Prize. The artist will be present to provide their personal explanation of the work.

"All monies raised will go directly to the Cleveland Arts Prize Fund which distributes \$50,000 annually to regional artists in visual art, literature, performing arts and design along with scholarships to local high school and college students," said Aseelah Shareef, board chair.

Tickets, for \$125 per person for each tour, are on sale. Each tour will be followed by a post-tour reception of wine and light refreshments for socializing and further discussion of the art. Space is limited for each tour so guests are encouraged to reserve early. The cost of parking is not included. For complete details, visit www.clevelandartsprize.org.

Park Synagogue Programs Held at Park Synagogue, 27500 Shaker Blvd.

Commemorate Earth Day 2023 at Climate Change: How We Can Withstand – and Survive – Its Effects

Wednesday, April 19 • 7:30 p.m. • Pre-register by April 14
Featuring Valerie Katz, Deputy Director of Sustainability for the Cuyahoga County Office of Sustainability and Marc Lefkowitz, Sustainability Consultant and Freelance Journalist
Learn about strategies for addressing climate change and get updates on local progress regarding sustainability, national priorities, and Jewish values commanding action on the environment. This free program is sponsored by Park Synagogue's Social Action Committee.

The Holocaust & Resistance: Artists of World War II from the Contemporary Jewish Museum in San Francisco

Sunday, April 23 • 1 pm • Pre-register by April 18
Co-sponsored by Park Synagogue and Kol Israel Foundation.
Enjoy a virtual tour of three exhibits from the Contemporary Jewish Museum in San Francisco that explore the life stories of artists before and during World War II, and their determination to resist the Nazi regime and survive. Learn about photographer Roman Vishniac, artists Claude Cahun and Marcel Moore, and puppeteers, Mike and Frances Oznowicz, parents of legendary Muppet creator, Frank Oz. Discussion to follow.

Register at www.parksynagogue.org or by contacting Ellen Petler at epetler@parksyn.org or 216.371.2244, ext. 122.

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