

Beachwood Buzz

May 2023

Every Resident. Every Business. Every Month.

MAGAZINE

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South African Immigrants Curate a Colorful Approach

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Milan Laser
Hair Removal

Nordstrom Rack
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Letter from THE EDITOR

By Debby Zelman Rapoport

Welcome to May. Spring is in the air with flowers blooming, warmer weather, and farmers markets, all of which bring me joy. As we roll into the season, I remind you of the benefits of buying local and organic when possible.

When we buy from local sources, we are more likely to get fresh produce that has been recently harvested. This means that it will have more flavor, better texture, and may be more nutritious than produce that has traveled long distances and sat in storage for days or weeks. We also support small, family-owned farms that are closer to home, which helps promote a more sustainable and diverse food system.

Furthermore, there are environmental benefits when we reduce the distance that food has to travel because fewer greenhouse gases are emitted during transportation.

Organic food is chosen by consumers for a variety of reasons, including concerns about health, the environment, and animal welfare when talking about meat and dairy products.

Organic produce is healthier because it is grown without

the use of synthetic pesticides, herbicides, or fertilizers that contaminate the soil, water, and air. Instead, farming practices are better for the environment because the farmers focus on building healthy soil through practices such as crop rotation, cover cropping, and the use of compost and other organic matter, all of which help the soil retain more water, reduce erosion, and support a diverse range of beneficial microorganisms and insects.

Organic farmers' overall practices promote biodiversity by creating habitats for pollinators, beneficial insects, and wildlife, which helps to support a healthy ecosystem and protect endangered species.

Overall, organic farming practices are designed to promote a more sustainable and environmentally friendly approach to agriculture, which can help to protect and preserve

our natural resources for future generations.

The choice to consume organic food is a personal one that is based on a variety of bioindividual factors. When shopping, familiarize yourself with the Dirty Dozen™ and Clean 15™, terms created by the Environmental Working Group (EWG), a nonprofit organization that conducts research and advocacy in the area of environmental health.

The Dirty Dozen™ list identifies 12 fruits and vegetables that are most likely to be contaminated with pesticides, even after they are washed and peeled.

The Clean Fifteen™ list, on the other hand, identifies 15 fruits and vegetables that are least likely to be contaminated with pesticides. EWG researches and adjusts these lists based on farming trends.

Cut out the graphic below and keep it with you when you shop. Also remember the benefits of

shopping local and adding color to your plate to ensure that you get a variety of nutrients in your diet. When you eat the rainbow, you have a better chance of maintaining good health and preventing chronic diseases.

Cut out the graphic below and keep it with you when you shop. Also remember the benefits of shopping local and adding color to your plate to ensure that you get a variety of nutrients in your diet.

North Union Farmers Market has locations at Van Aken District, Shaker Square, Legacy Village, and Chagrin Falls. All vendors are local with a mix of conventional and organic growers. For details, dates, and times, visit www.northunionfarmersmarket.org.

As an ambassador of the Institute of Integrative Nutrition, I endorse its curriculum which is taught by more than 95 health and wellness experts. In addition to being a health coaching certification course, IIN challenges you to find what inspires you to live a life you love and become your healthiest, happiest self. For details, visit <https://geti.in/3STpZZX>.

DIRTY DOZEN™

- Strawberries
- Spinach
- Kale, Collard & Mustard Greens
- Peaches
- Pears
- Nectarines
- Apples
- Grapes
- Bell & Hot Peppers
- Cherries
- Blueberries
- Green Beans

CLEAN FIFTEEN™

- Avocados
- Sweet Corn
- Pineapples
- Onions
- Papayas
- Sweet Peas
- Asparagus
- Honeydew Melons
- Kiwi
- Cabbage
- Mushrooms
- Mangos
- Sweet Potatoes
- Watermelon
- Carrots



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Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

Subscriptions

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General Information

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LIFE REDESIGNED:

South African Immigrants Curate a Colorful Approach



Sometimes luck pays your destiny a visit. Other times your own design successfully guides your path. Beverley and Richard Uria are the beneficiaries of both. But risk hovered closely. The Beachwood couple's pivotal immigration from South Africa to the United States in 2002 is purely the result of need driving action, combined with the literal luck of the draw. Richard won the green card lottery, a U.S. government program enabling a specified number of foreigners in global countries conditional admittance into this country. After entering the lottery for several years, he hit pay dirt, enabling him and Beverley to emigrate together since they were married.

Story, written by June Scharf, starts on page 7.
Photos by Scott Morrison, Discovery Photo.

ROAD CLOSURE NOTICE

CITY OF
Beachwood

BRYDEN AND GREEN ROAD STORM SEWER IMPROVEMENT PROJECT

Beginning in mid-June (exact date to be determined), Catts Construction will be starting the Bryden and Green Road Storm Sewer Improvement Project. This is a very comprehensive construction project and is scheduled to be completed within 120 days of start date.

Please be advised this will affect traffic patterns in that area. Green Road will be closed from Chagrin Boulevard to S. Woodland Road with local access only. In addition, Bryden Road will be closed from Letchworth Road to Green Road with local access only. Both of these closures are effective through the duration of the Storm Water Improvement Project. Digital message signage will alert drivers a few weeks prior to the closures so alternate routes can be planned. Detour signs will be posted once the project begins.

Periodic project updates will be posted on Public Works Facebook page (@BeachwoodPublicWorks) and also on the Beachwood Public Works construction webpage, BeachwoodOhio.com/PublicWorks.

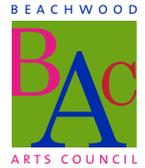
Questions regarding this project? Please call Beachwood Public Works at 216.292.1922.

BAC Presents Beachwood High School Alumni Art Exhibit

Saturday, May 13 – Saturday, June 3 • Beachwood Community Center

Gallery Hours: M-F • 8 a.m. - 4 p.m. • Weekends: Call 216.292.1970 for available hours

OPENING RECEPTION: Saturday, May 13, 5 - 7 p.m.



Beachwood Arts Council invites the community to join eight Beachwood High School alumni as they exhibit their professional collection of paintings, photography, pastels, and mixed media pieces. Artists include: Leslye Discont Arian, Eric Friedman, Julie Friedman, Marcy Feren Hayes, Pam Heller, Ileen Kaplan, Susan Cone Porges, and Bette Rini.

Leslye Discont Arian • www.leslyearian.com



Leslye, formally trained, at times feels confronted by a world that often disappoints – and even enrages. As a result, she is drawn toward abstract expressionism to point the way. Her art practice consists of 2D and 3D work that is often about impermanence. She is represented by Bonfoey Gallery and teaches at ArtHouse in Old Brooklyn.

Eric Friedman • ericfriedman32@hotmail.com



Eric enjoys the solitude and beauty of landscape photography, and is equally drawn to the vibrancy of cities and the currents of motion surrounding them. Many of his photographs are also engendered by a storm chaser's fascination with the elements and the power of nature unleashed. Things ordinary, captured with passion, can speak to the dualities of joy and adversity we all experience in our lives.

Eric enjoys the solitude and beauty of landscape photography, and is equally drawn to the vibrancy of cities and the currents of motion surrounding them. Many of his photographs are also engendered by a storm chaser's fascination with the elements and the power of nature unleashed. Things ordinary, captured with passion, can speak to the dualities of joy and adversity we all experience in our lives.

Julie Friedman • www.juliefriedmanart.net



Julie is an oil painter who explores ideas about how to live in the anxious world that surrounds us. She earned her MFA in Printmaking & Book Arts from University of Wisconsin, and a BA in Interior Design and BFA in Printmaking from Kent State University. Julie, a 20-year university-level teacher, was awarded an Ohio Arts Council grant and three-month summer residency at the Fine Arts Work Center in Provincetown, MA.

Marcy Feren Hayes • www.marcyhayesphotos.com



Creativity has always been Marcy's source of expression. She has a BFA from OSU and a teaching degree from CWRU. She taught high school art at Hathaway Brown and photography at Tri-C. Marcy has won multiple prizes and awards for her artistic photography. Pastel painting is her current media to express her love for impressionistic color renderings. She is proud to exhibit her work in her husband's jewelry gallery and at art shows.

Pamela Heller • www.pamelaheller.com



Pamela's work is inspired by ancient myths, literature, and folklore. Whether creating public art or working with photographs, fabric, or paint, she seeks ways to create an intimate and sensory experience. Pamela creates connections enabling us to reveal who we've been as well as who we are. She has been the recipient of the National Endowment for the Arts Fellowship, Memorial Foundation for Jewish Culture Fellowship, Ohio Arts Council Grants, and others.

Ileen Kaplan • www.ileenkaplan.com



As a child, color was in everything for Ileen. Numbers, letters, days of the week, and music all had colors. When she realized that she could use paint to create worlds of color and light, and then share them, her whole life changed. Ileen is represented by West End Gallery in Corning, N.Y. and State of the Art Gallery in Ithaca, N.Y.

Susan Cone Porges • www.susanporges.com



Susan received a BFA from Massachusetts College of Art. She is a Master Pastelist with the International Assoc. of Pastel Societies, and Juried Member of the Pastel Society of America and Oil Painters of America. Susan has earned many national awards and is published by Northlight Books. She teaches out of her Solon studio.

Bette Rini



After spending her teenage years in Alan Scott and Fred Christians' art room at Beachwood High School, Bette decided to build a career in art. She attended Ohio University for commercial art, worked with Warner Brothers, had an art studio on Coventry, and was an event designer. Bette's work is inspired by the American art era of the 1960s-1970s, and she is known for her use of color and whimsical aesthetic. Bette now spends many days painting in the desert oasis of the Coachella Valley.

LIFE REDESIGNED:



South African Immigrants Curate a Colorful Approach

Beverley and Richard Uria with their Goldendoodles, from left, Lexi and Jozi (named after Johannesburg).

By June Scharf

Sometimes luck pays your destiny a visit. Other times your own design successfully guides your path. Beverley and Richard Uria are the beneficiaries of both. But risk hovered closely.

The Beachwood couple's pivotal immigration from South Africa to the United States in 2002 is purely the result of need driving action, combined with the literal luck of the draw. Richard won the green card lottery, a U.S. government program enabling a specified number of foreigners in

global countries conditional admittance into this country. After entering the lottery for several years, he hit pay dirt, enabling him and Beverley to emigrate together since they were married.

This life-altering event, however, came several years after a nearly life-ending occurrence. In 1999, Richard was carjacked in Johannesburg by four men at gunpoint who dragged him into a home and held him there until the house was ransacked. Then the thieves drove away in his car with valuable property.

"I was very lucky. So often, when something like that happens, it can end very badly," Richard explained. It marked the beginning of his thinking that maybe he should get out. "Do I really want to be here?" he asked himself. He knew others who had been held up and killed. Even his close relatives were beaten up in their own homes and had possessions stolen.

Both experienced overt anti-Semitism there as well. They recall a few incidents within their own communities while growing up. And while in school, Beverley recalls slurs shouted at sporting

events. These were also the days of apartheid.

"I was not comfortable with the future of the country," Richard stated.

The Urias have put incredible distance between that perilous past and what they've shaped as a very rewarding present and future. Lately, the couple has been involved in moving their contemporary art gallery to a new location. District Gallery is owned jointly by the Urias, Margo Roth, and Karen Chaikin. It opened in The District, the Van Aken shopping and dining destination, in 2019, and because of expansion is being relocated to a nearby space.

Serendipity played a significant role in the gallery's origins. During a return flight from South Africa, Richard found himself seated next to Margo's now-deceased husband, Bob, a fervent collector of contemporary art. By the time they landed, 16 hours later, they had a plan in place to open a gallery together.

District Gallery's grand re-opening will kick off with a private event on Wednesday, May 10, followed by a public opening on Thursday, May 11. Israeli artist Orit Fuchs' artwork will be featured at these openings, with Orit in attendance. Through her art, she shares her appetite for self-expression, using a variety of media to bring her visions to life.

The gallery also recently signed David Yarrow, whose black-and-white photography has a large international following.

Collecting contemporary art is the Urias' long-held passion, as evidenced throughout their very warm and naturally lit home. Their eclectic collection has been growing for decades and features international artists, with a special place in their hearts for a few from South Africa.

"We didn't come to this country to be ordinary, we came to do good, and even great things. You must understand that America, for the rest of the world, is like the dream, so we don't want to waste any opportunities."

Beverley Uria

Richard's introduction to collecting contemporary art arrived by way of his Uncle Alan, who launched an art gallery during his retirement. It went on to become one of the largest contemporary galleries in South Africa.

"He was a mentor to me in many ways, especially in terms of collecting modern and contemporary art," said Richard of his uncle, who passed earlier this year.

Why collect? The Urias come at the practice from several directions. For Beverley, it taps into her self-described creative side. "I used to paint when I was a teenager and I've always had an affinity for art. I love color, fashion, anything in the aesthetic world that plugs into creativity. Also, my grandmother was an artist who drew as a hobby, so it's in my genes."

Richard says he also shares a genetic connection to art by way of his parents, who are avid collectors. The Urias both find

additional traction with pieces of art when they connect with artists and learn about their thought process and technique involved in creating their art. Some of their favorite artists are David Hockney, Robert Longo, and Julian Opie.

But there's another thread in the fabric of their collecting story. It goes back to the day of Richard's birth, in 1975. While his mother was in the delivery room, his father was walking around outside the hospital and discovered a stamp shop. He saw Israeli stamps in the window, so he went inside and bought one. This marked the beginning of his stamp collection which grew and was exhibited around the world.

As a philatelist, his father was particularly attracted to the Doar Ivri stamp which was the first one belonging to the newly formed country of Israel. It was secretly produced, underground in Tel Aviv, below what's now the Sarona Market, so it could be



Richard and Beverley enjoying the beauty of Chapmans Peak in Capetown, South Africa.

ready on Independence Day 1948. This early exposure to collecting stamps turned Richard into a philatelist too, in addition to the art collector he has become.

But if we were to dial back the clock to earlier days, when Beverley and Richard were growing up comfortably in Johannesburg in the 1970s and 80s – long before they became aware of their surroundings, well before they could see, as Beverley put it, "that it was not really a life we

wanted" due to the politically and socially hazardous climate during apartheid – we would find a pair of students, attending sister Jewish day schools. Their schools had the same uniforms, and their principals – funny fact – were identical twins.

"It was the best life I knew," Beverley stated, fully aware of the foreshadowing here, somewhat admitting to the subtext and reality, upon reflection, that her life was poised to undergo a major transformation.

To understand one source of attachment to the country, both Urias believe that South Africa has an ideal climate and is one of the most beautiful places to live. The majority of their grandparents arrived there from Lithuania after World War II, part of the Jewish diaspora, and entered new professions. Notable among them was Richard's father who, along with his brother, owned a steel and sign manufacturing company which was responsible for all the road signs in South Africa.



Beverley and Richard, with their children, from left, Daniel, Jordan, and Sam.

The Urias were friends in high school. Later, Beverley enrolled at the Johannesburg College of Education, and Richard enrolled at the the London School of Economics where he studied business and marketing. After graduating, Beverley taught in an elementary classroom briefly, then shifted toward creative arts when she worked for a fashion house and designed corporate uniforms. Richard took a job at an investment and securities trading firm and was involved with corporate finance.

The couple began dating in 2000, and were struck by similarities between their families. "We both came from a family of four children and we both are the youngest, and the composition of siblings is identical – three boys and one girl, and they are the same ages," Beverley pointed out.

They married in 2001, not long after the carjacking incident. This proved to be a central factor when Beverley's uncle warmly invited Richard to come to the U.S. on a work visa and accept a job with his company, Northwest Hardwoods (formerly ITL). The company, headquartered in Beachwood, is one of the United States' largest producers of hardwood lumber. Richard gladly accepted the offer.

"We saw this as a great opportunity to leave since the green card lottery seemed like a long shot," explained Beverley, who found a job working at Gross Schechter Day School in Pepper Pike.

Nonetheless, Richard still entered the green card lottery, and in 2004, he won. This required the couple to return to South Africa to demonstrate that they met all the requirements.

"We underwent numerous medical tests and an interview in Cape Town to prove that we were in good health, that we wouldn't

be a burden to society, and that we had job security in the U.S.," Beverley explained. "The green card is not granted automatically."

Though this transition represented a very attractive opportunity, the Urias struggled to say good-bye to their families and friends.

"We left our roots and traditions," explained Richard, adding, "It's a different culture here, it's not like moving from Ohio to Indiana." And Beverley pointed to a range of other contrasts: "Our food was different, the weather was much milder, we drove on the other side of the road, and though we speak English, some of our words are different, like saying 'robot' for a traffic light and 'boot' for a trunk."

Some of that heritage still clings to their daily lives, particularly in the kitchen where Beverley likes to prepare the South African barbecue, known as Braai, along with other traditional dishes. They also speak in the Afrikaans language whenever they don't want their children to understand what they are saying.

"We will always have South African blood and a South African pulse, that's what I tell people," Beverley noted.

They feel very fortunate to have aunts, uncles, and cousins here who have been supportive and helpful with the assimilation process. Upon arrival, they rented an apartment at The Hamptons (now The Vantage), then they bought a home in Lyndhurst where two of their three sons were born. Their move back to Beachwood came 17 years ago when they bought another house here, in a city they adore.

"We love our street (Woodside) and our great neighbors," Beverley said. "The city is well run and well



District Gallery owners Richard Uria, the late Bob Roth, and Karen Chaikin. Not pictured: Beverley Uria and Margo Roth.

District Gallery Public Re-Opening

Featuring Orit Fuchs

Thursday, May 11 | 11 a.m. - 5 p.m.
3393 Tuttle Rd. | Shaker Heights



Artwork by Israeli artist Orit Fuchs, who will be in attendance at District Gallery's grand re-opening.

"We will always have South African blood and a South African pulse, that's what I tell people."

Beverley Uria

maintained." They enjoy taking advantage of Barkwood, the fitness area, and the aquatic center, and they're looking forward to the new pickleball courts.

Their family includes Daniel, 19, who attends Miami University; Sam, 17, who is a BHS student; and Jordan, 13, who is enrolled at Gross Schechter Day School and will attend BHS in the fall. Goldendoodles Jozi (named after Johannesburg) and Lexi round out the household.

Thanks to Richard and Beverley's experience, and their connection with a sizable and vibrant South African ex-pat community, Beverley's immediate family gradually established themselves

in the Cleveland area. Her parents and two of three brothers are here, while one brother lives in Dallas.

Richard's family is more scattered, with one brother living in Australia, a sister in Israel, and his parents and another brother remaining in South Africa. The Urias return to South Africa with their children every other year to visit Richard's parents and other family members.

"We came to this country for the work opportunity, but also due to the pull of (extended) family," noted Richard. They were never certain, though, that other family members would follow them. Beverley recalls her parents telling her, "Go, and one day we'll join you," but I didn't



"We came to this country for the work opportunity, but also due to the pull of (extended) family."

Richard Uria

believe they would do it." However, 13 years ago, her parents, Helen and Dr. Dennis Israelstam, made the move to be with their children and grandchildren. It's further proof of an old adage: For this family, "blood runs thicker than water" is more than just a saying.

When the Urias put 8,376 miles between themselves and their former home, they ultimately turned to each other for their greatest sources of strength. And their chemistry is a fine alchemy of complementary elements. Richard – confident, forthright, ambitious and sharp mannered – dovetails well with Beverley's kind, supportive, generous and keenly observant demeanor. In

their words, after arriving here, they mostly had each other, morning, noon, and night, which bonded them like cement. They also admit to being each other's biggest cheerleaders.

"On this journey, we endured so much stress and uncertainty while we were in our early 20s to make this move happen," Richard notes. The foundation for their relative equanimity seems to trace back to their upbringings.

"Our parents taught us to be kind and to take care of our siblings," says Beverley. "We respect our parents and are a very close family."

Their extended family here often celebrates Shabbat together, with up to 20 guests around the table. In the South African tradition, they also gather for Sunday afternoon teas.

The Urias earned their citizenship in 2009 which required a great deal of work.

They learned about American history, including all of the presidents and the years they served, and "lots of other trivia."

For 21 years, Richard worked for Northwest Hardwoods. He was director of sales and business development and traveled frequently to cover his territory, which included the Eastern Seaboard, from Maine to Miami. In April, he pivoted and accepted an offer to become president at Orthobrain, located in Richfield.

Aside from professional pursuits, both are civic-minded. They are members of Solon Chabad and are involved with the Jewish Family Experience (JFX). They have a strong sense of connection to Israel that has manifested itself in several ways. They are members of Friends of the Israeli Defense Forces, and as a part of the organization, Richard was part of the group that initiated in Cleveland the annual Guys Nights Out, now in its 12th year. They have served as chairs of the Ohio chapter for the past five years.

Beverley participates in the women's division for JFX and led a mission to Israel last fall with Ruchi Koval. This fall, they are leading a couples FIDF trip to Israel. She also serves on the development committee at the Jewish Community Federation (JCF).

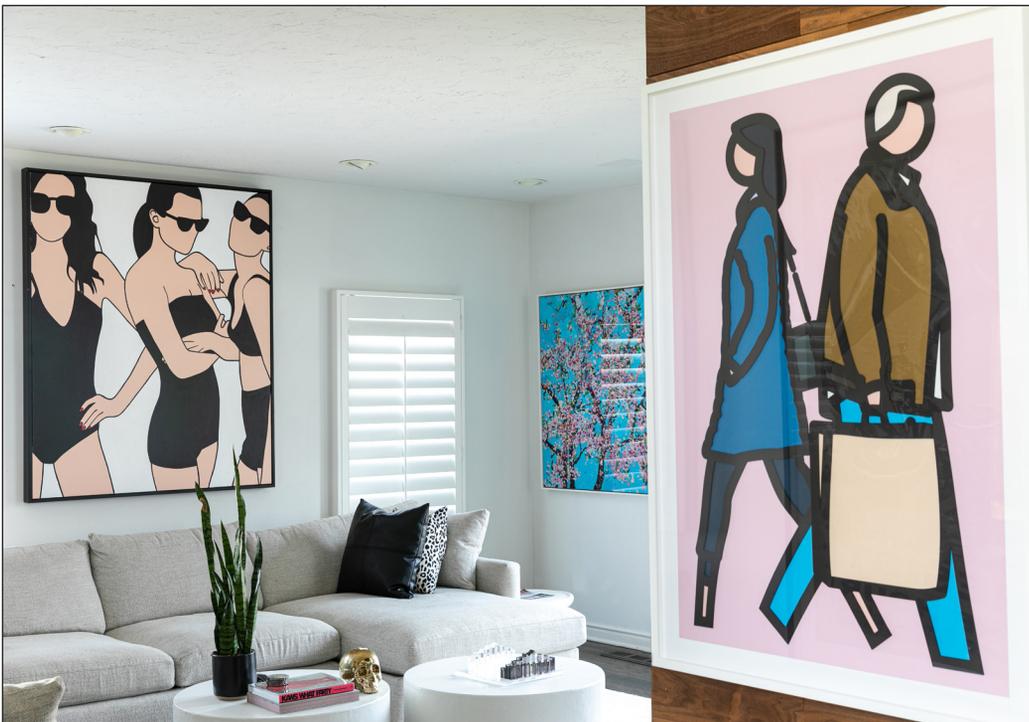
Richard also brings his sensibility surrounding art to serve on art councils at University Hospitals and the JCF. He has helped bring Israeli artists to the Cleveland area as well.

"We didn't come to this country to be ordinary, we came to do good, and even great things," said Beverley. "You must understand that America, for the rest of the world, is like the dream, so we don't want to waste any opportunities."

She puts her philosophy succinctly.

"Life begins at the end of your comfort zone."

They both have fully embraced that space.



Top left: Artwork by South African artist Neill Wright.

Bottom left: Artwork by Orit Fuchs, Damien Hirst, and Julian Opie.

Bottom right: Artwork by South African artist William Kentridge.

Block Parties Made Easy!

Build community pride, meet your neighbors, and enjoy some family fun with a Beachwood Block Party – complete with complimentary supplies!

That's right, a free trailer full of supplies will be sent to your street and the city will assist with road closure. Supplies include two 10-by-10-foot tents, five 6-foot tables, 40 chairs, three 5-gallon coolers, two street barricades, two lawn games, cornhole

boards with a set of bags, and a selfie frame.

Block party reservations can be made by filling out a form at www.BeachwoodRec.com or by visiting Beachwood City Hall. Questions? Contact Beachwood Community Services at 216.292.1970.



Woodside Lane 2022 Block Party.





Spring Has Sprung

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Friendship Circle Awards Gala

Friendship Circle invites the community to attend its Annual Awards Gala on Tuesday, May 23, in celebration of 20 years of blossoming friendships. The event, which will take place at Beachwood High School, will recognize compassionate teens along with honorees James and Lindsay Sulzer, and Dr. Ira and Barbara Taub.

Attendees will enjoy delicious food, great music by FC band and incredibly talented live musicians (including Matisayhu's drummer), inspirational speakers, and a wonderful warm atmosphere. For details,

visit www.FriendsCleveland.com. To volunteer, email Yosef@FriendsCleveland.com; to learn about programs, email Bree@FriendsCleveland.com; and to donate, contact Eli@FriendsCleveland.com.

Congratulations to all award recipients, including Beachwood residents Dalya Berezovsky, Ephraim Blau, Fruma Brown, Jacob Goldman, Jude Holz, Nate Jacobs, Aaron "Calev" Kahn, Rebecca

Lawton, Elisheva Leeson, Akiva Lovinger, Chanoch Lovinger, Noah Rosner, and Eli Rubeck. We reached out to these caring individuals and here's what they say about Friendship Circle:

Dalya Berezovsky

Dalya joined FC to be a best friend to others, feeling that everyone should know they have a friend to always count on. "FC makes me so happy. I feel like my giving heart makes others feel not so alone. You can change the world for someone by just being a special friend. It truly makes you a happier person knowing you are making someone feel not so alone."

Ephraim Blau

Ephraim joined FC to create friendships with individuals who don't get the same opportunities for friendships as he does. He enjoys creating real change in this world and making an impact on individuals' lives. "Throughout my years at FC I've developed a friendship that has been life-changing. The constant loyalty and devotion of our friendship will stay with me no matter where I end up in life."

Jacob Goldman

Jacob joined as a meaningful and substantive way to help our community. "FC widened my perspective and allowed me to see the impact that a person can have on another. One of my favorite memories was when my friend and I were playing baseball. He rarely ever talked, but when we were playing he was very verbal and was obviously enjoying himself. When I would pitch to him, he would slam the ball with his bat

and cheer. If you are thinking about volunteering, I strongly encourage you to do so. It is very rewarding and very easy to sign up. You'll be glad you got involved!"

Jude Holz

Jude joined to give back to our community and create new friendships. "Friendship Circle has completely changed my perspective on what it means to be an active community member. I have developed many skills around kindness, patience, and understanding. My advice for volunteers is to be ready for new experiences."

Nate Jacobs

Nate joined FC because of the inspiring stories he'd heard from siblings and friends. "FC helps me feel a sense of belonging and responsibility. I know that I'm helping others when I come to FC. My advice to new members is to keep trying, even if at first your experience is uncomfortable, because you'll have a really meaningful experience."

Rebecca Lawton

Rebecca joined as soon as she was old enough because of her sister's positive experience. She has since spent hundreds of hours making meaningful connections. "Volunteering makes me feel happy and fulfilled. It makes my day to make others smile and feel joy. FC has also empowered

me to recognize my ability to make a positive difference in the world around me. I highly recommend that others get involved and see for themselves what makes this volunteer experience so special. Everybody in the community is incredibly welcoming and understanding."

Akiva Lovinger

Akiva, a member since last summer, wanted the experience of being a buddy and developing a friendship with someone who has special needs. "My advice is to be friendly and kind toward your buddy and to be respectful to your buddy's needs."

Chanoch Lovinger

Chanoch joined eight months ago to learn how to interact with someone with disabilities. "FC helps me learn

the challenges of having special needs and how to help overcome them. Overall, my advice is to support and encourage others to do things, even when it's difficult."

Noah Rosner

Noah joined about 7 years ago, after moving here from New Jersey, to hang out with friends and have fun. He says, "Just do it. People always need more friends."

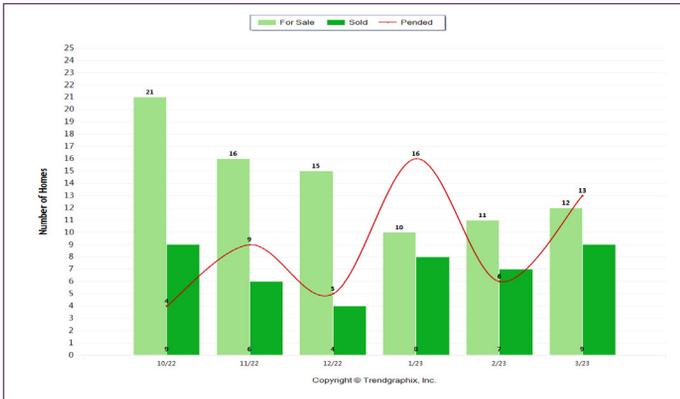
Eli Rubeck

Eli joined for volunteer opportunities, and soon valued the strong friendships and bonds available to all, and the importance and power of kindness. "I have a different perspective on life and am more empathetic. The atmosphere is supportive and warm, and we make a difference in other kids' lives."



Volunteers Dalya Berezovsky and Rebecca Lawton. *Front row:* Chanoch Lovinger and Akiva Lovinger. *Back Row:* Yosef Peysin, Ephraim Blau, Eli Rubeck, Calev Kahn and Nate Jacobs.

Real Estate Statistical Update by Sharon Friedman



We remain in a Seller's market as the trend has continued for the past 2 years.

The number of for sale listings was up 9.1% from the previous month of February 2023 and the number of sold listings increased 28.6% month over month. In addition, the median sold price increased by 1.2% from last month.

The average sold price also increased by 16% from last month. Based on the 6 month trend, the average sold price trend was "appreciating" and the median sold price trend was "appreciating". Overall, the Market is showing the traditional increase in sales during the warmer months, although inventory is still suppressed making it a good time to sell. Northeastern Ohio continues to be a desirable location, attracting new residents from out of state, while Beachwood remains very competitive due to the quality and age of the housing stock and the excellence of schools and community amenities.

— Sharon Friedman

Homes SOLD in Beachwood January 13, 2023 – April 13, 2023

Street	Days	List	Sold	LP/SP%	Bed	Bath	Built
Belvoir	83	\$210,000	\$190,000	90%	3	2	1957
Ramsay	53	\$300,000	\$215,000	72%	3	2	1958
Edgehill	185	\$330,000	\$300,000	91%	5	3	1954
Woodway	2	\$339,900	\$305,000	90%	4	3	1954
S Woodland	134	\$355,000	\$332,000	94%	3	3	1968
Fenway	6	\$359,900	\$352,000	98%	4	4	1959
Letchworth	26	\$399,900	\$391,390	98%	3	2	1957
E Silsby	6	\$380,000	\$407,000	107%	4	2	1952
Glenhill	3	\$409,900	\$410,000	100%	3	3	1954
Bridgeton	33	\$519,000	\$450,000	87%	4	3	1970
Hurlingham	112	\$600,000	\$557,500	93%	4	3	1957
Beechmont	3	\$599,000	\$670,500	112%	4	3	1966
Belvoir	20	\$750,000	\$775,000	103%	4	4	1949
Beachwood	47	\$780,000	\$780,000	100%	5	4	1960
Annesley	156	\$1,349,000	\$1,225,000	91%	5	6	2022
Deborah	4	\$1,395,000	\$1,330,000	95%	5	6	2022

Beachwood Market Update from January 13, 2023 – April 13, 2023

This data was provided by Sharon Friedman, courtesy of NEOHREX.

Data provided was accurate at the time of reporting.

The source for the spreadsheet is MLS Now.

The market data is from Trendgraphix, Inc.

Information is believed to be accurate, but not guaranteed.

Data does not reflect sales of property not included in MLS.

Consult a Realtor® if you have questions about the market.

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NEW PRICE!

3 Hyde Park in The Village
List price \$549,900
2 Bed, 2.5 Bath RANCH Condo w/Library



PENDING!

5 Sherwood Ct. in The Village
List price \$475,000
3 Bed, 2.5 Bath Condo, Master on 1st



PENDING!

2618 Deptford Drive
List price \$439,000
3 Bed, 2 Full Bath Ranch



PENDING IN 24 HOURS!

2215 Campus Road
List price \$419,000
3 Bed, 2.5 Bath Colonial

Sharon's Beachwood Listings & Sales in 2023/2022

PENDING 2/23 2745 Sulgrave Road
listed at \$574,900

PENDING IN 1 DAY 2/23 2426 Brian Drive
listed at \$549,900

PENDING 3/23 22655 Chagrin Blvd #406 in Stratton House
listed at \$164,900

SOLD 1/23 2180 Fenway Drive
listed at \$359,900

SOLD AT LIST 12/22 23212 Greenlawn Avenue
listed at \$449,900

SOLD 12/22 23785 Glenhill Drive
listed at \$269,000

SOLD 8/22 14 Kenwood Court in The Village
listed at \$475,000

SOLD 4/22 25300 Letchworth Road
listed at \$795,000

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BCC Welcomes David Lapierre

The Beachwood Chamber of Commerce recently hired a new executive director, David Lapierre, to further build its membership and expand networking opportunities.

Prior to joining the chamber, David's career has been as a professional sales and marketing executive, most notably working for a Switzerland-based global manufacturing company as director of sales for the United States and Canada teams. In that role, he demonstrated a record of success through effective marketing strategies, customer relationship management, M&A teams, and new product introductions.

David is also a former SCORE/SBA volunteer mentor, a board member of the Cuyahoga Valley Chamber of Commerce, a member of the French American Chamber of Commerce, and an usher for his local church, St. Basil the Great.

David accepted this position because, "Beachwood is thriving, there's a lot going on here, and the people are nice," he told us. "I'm so impressed by the enthusiastic support I've received from the board, members, and residents throughout the community. People are enthusiastic to pitch in to strengthen the chamber, which represents Beachwood."

David's big-picture vision is threefold: to make sure members are networking and connecting, to make sure they understand the chamber's benefits, and to grow and thrive.

"The chamber grew in the first quarter and is now 300-plus members strong. There are 2,500 in Beachwood – plus many in surrounding communities – so there's a lot of room for growth," he said. "Businesses join to be a part of the community once they're aware of our networking opportunities and benefits."

Thanks to support of dedicated volunteers, BCC is now offering in-person events every month. Last month was Cheers With the Chamber and an informal meet-and-greet program. This month, members and non-members alike are invited to a Chamber Luncheon, May 31, at the Beachwood Community Center, where there will be networking opportunities and presentations by Ohio Means Jobs and chamber benefits' providers.

"Ohio Means Jobs will talk about hiring challenges and how to overcome them, and our benefits' providers will explain savings opportunities that are offered to members," David explained.

"I'm excited about possibilities and opportunities we have here," David further explained. "My vision is aligned with those of our

board members and volunteers. All of us want to strengthen the chamber's foundation to further benefit local businesses through membership. I'm getting out regularly to meet people and to learn of their goals and expectations. That's who I am.

"The more members we bring in, the more diverse we become and the stronger we'll be," he added. "When we get together to see what other members are doing, we realize we can use each others' services, which feeds on itself, and all members benefit."

BCC's mission is to connect and engage the Beachwood community through business development, networking, and access to reduced-cost opportunities, such as health insurance, BWC premiums, utility bills, office supplies, and more. Plus, BCC current member-to-member discounts are offered by *Beachwood Buzz*, BuyRite, Discovery Photo, TXI Digital, and Visible Innovations,

"We are in this for the long term. We are in this for the businesses and we'd love to have you join us," David said. "We welcome help and ideas to make our solid chamber stronger, and are only as successful as the people who join and volunteer."

To join the chamber, attend the upcoming luncheon, or learn more about this supportive group, visit www.beachwood.org or contact David at director@beachwood.org.

David and his wife, Janet, have three children. Jason is a CPA, Carli a data analyst, and Samuel, a mechanical engineer. Jason and Carli reside in the Cleveland area and Samuel recently accepted a job assignment in Scotland. When not working, David is a mediocre but enthusiastic golfer. He also enjoys biking and supporting Cleveland sports.



Chamber Luncheon

May 31 • Time TBA
Beachwood Community Center
Join us for networking opportunities, and presentations by Ohio Means Jobs and Beachwood Chamber benefits' providers.
For details, visit www.beachwood.org.

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The Worst Housing Burden in Ohio is Right Here

By State Senator Kent Smith

// An investment in housing is an investment in family stability, children's success, and the economic health of our entire state."

– Ned Lamont, governor of Connecticut.

In March 2023, the Center for Community Solutions released its Legislative Fact Sheet demographic data for each State House and State Senate District. Senate District 21 was #1 in two very disturbing categories related to housing burden costs.

Housing burden is when 30 percent or more of your annual household income goes toward paying for housing-related costs. As you can probably guess, there are two types of families in housing: owners and renters. Housing burden can affect both of these groups. Unfortunately, Senate District

21 has the highest percentage of households experiencing housing burden among all 33 State Senate Districts in both categories.

The state average for renter households experiencing housing burden is 43.8%; in Senate District 21 that percentage is 52.5%. The state average for housing burden among owner occupied dwellings is 17.2%; in Senate District 21 it's 22.8%.

The reason for this is incomes, even with their post pandemic gains, have not kept up with rising housing costs. In Greater Cleveland, rents increased

16.2% from August 2021 to August 2022.

Again, from Center for Community Solutions data, "In 2018, the living wage for a single adult (converted to annual salary) across Ohio's 88 counties ranged from \$20,363 to \$23,004. The minimum wage in Ohio was \$8.30 in 2018, resulting in an annual wage of \$17,264, or a deficit of approximately \$3,099 to \$5,740 in living wage.

"In 2022 however, the living wage for a single adult was calculated to range between \$30,742 to \$34,923 annually. Minimum wage currently sits at

\$9.30, meaning an annual wage of \$19,344. Therefore, a person earning minimum wage in Ohio in 2022 is earning anywhere from \$11,398 to \$15,579 less than the determined living wage."

"Housing is absolutely essential to human flourishing. Without stable shelter, it all falls apart." – Matthew Desmond, Pulitzer Prize winning author of *Evicted*.

State Senator Kent Smith represents Ohio's 21st Senate District which includes most of the East Side suburbs of Cuyahoga County and about 33% of the City of Cleveland.

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IT TAKES

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Beachwood Senior Reflects on Aging Gracefully

By Arlene Fine

Gloria Mattlin Rogen doesn't need a winning bingo card to hit the jackpot. At age 96, the Beachwood resident lives independently in her two-bedroom apartment. "I'm a very, very lucky old lady," she said.

An accomplished artist and a graduate of the Cleveland Institute of Art, Gloria began teaching art in her teens. Her first job was at the Euclid Avenue Temple (the forerunner to Fairmount Temple). "During the war, when so many men had joined the military, I was reassigned from being an art teacher to teaching religion to first-graders," she said. "Judaism has always been a big part of my life and I was very close with many Fairmount Temple rabbis."

Gloria recalls growing up in a rented two-family home at the corner of Cedar and Renrock Roads in Cleveland Heights. "Paul Newman's family lived down the block from us," she said.

"But when the Newman family became wealthy from their sporting goods business they moved to Shaker Heights. One of my cousins dated Paul Newman's brother, Arthur, for a while."

The years that Gloria spent growing up in the Heights were very good ones. "One of my cousins by marriage owned a wonderful ice cream parlor in Cleveland Heights at the corner of Cedar and Taylor," she said. "When I was a girl there was nothing past Taylor Road, just a large golf course," she recalled. "That changed after the war and the baby boomers needed housing."

That's also when realty companies like Joseph Laronge became prominent – and

where Gloria, a realtor, made her professional mark. "This was a wonderful time in my life, and I still have a cabinet filled with thousands of index cards detailing each sale I made," said Gloria. "Eventually I became the first female manager of our office and stayed with the company for my 40-year career." Gloria's late husband, Merle, who owned Rogen's Mens and Boys Wear in Kent, Ohio, eventually joined her at the realty company.

*"Never settle –
and remember to listen
to your heart's desire."
– Gloria Mattlin Rogen*



Above: Gloria and her great-grandson on her 95th birthday.

Below: Gloria and her husband, Merle, on their wedding day.



Living in Beachwood has been a wonderful bonus for Gloria, who has built close relationships with her neighbors and attends the weekly bingo game. She also takes advantage of the city's senior services. "The community services department sends a van to take me to all my doctor's appointments," she said. "I'm so grateful to be living here."

Gloria's advice for young people mirrors her own life. "Always follow your passion and your talents," she said. "Never settle – and remember to listen to your heart's desire."

Although Gloria is grateful for each day, the downside of living a long time is "losing everyone you love, one by one," she said. "Along with losing Merle in 2009, I've buried almost everyone I worked with at the real estate office, plus many relatives, neighbors, and close friends. I had 22 first cousins, but there are only two of us left. I've learned not to dwell on the losses but on all the good things in my life."

These good things include Gloria's loving family consisting of children Jonathan (Cindy Letzt), Dr. Bruce (Christine), and Julie Ann (Maurey) Voorhees. She also has four grandchildren and one great-grandson. "The Mattlins are known for selling and playing the piano and I'm so thrilled that one of my grandsons recently took up piano," said Gloria, who has a piano in her apartment. "It makes me happy that our family legacy continues."



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Saturday, Sept. 2, 2023 • 6:30 p.m.
Elle Restaurant & Lounge
3730 Bainbridge Rd., Solon



Attention Classmates,

Please RSVP, volunteer to help, and join our Facebook page at www.facebook.com/events/744276647415805?active_tab=about.

Tagged Deer Research Project

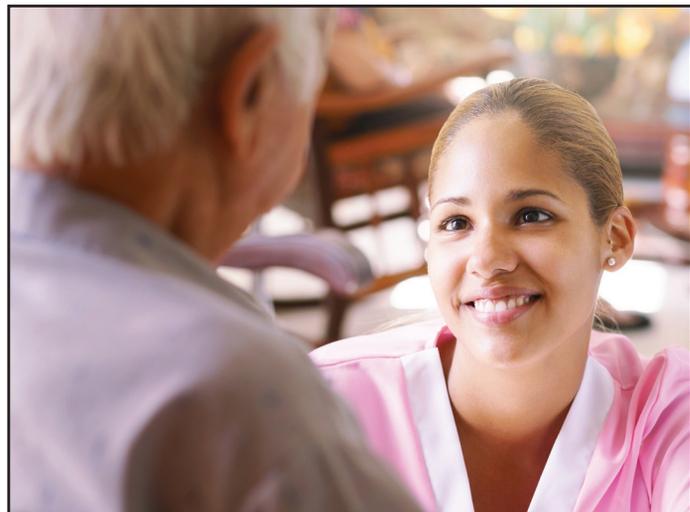
Have you seen tagged deer on or around your property? The tagged deer are part of a research project in South Euclid that is looking at how a combined approach to urban deer management using both lethal and sterilization together works.

The primary reason for the tags is to serve as a marker to know which deer were sterilized. Tags also allow the researchers to assess the deer population in South Euclid through a camera survey. The reporting of tagged deer also allows them to look at deer movements in and around South Euclid and to know how far female deer roam in that area.

If you see tagged deer, please report them by filling out a form at <https://tinyurl.com/SEDeerSurvey> or by sending an email to Geoffrey.westerfield@dnr.ohio.gov. Information requested is the date of sighting, address of sighting, tag color, and tag number.



Tagged deer spotted last month on Glenhill Drive.



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Support The Gathering Place

By Jen Stern

My Mom was a wise, authentic, strong woman. She taught me so many invaluable lessons. The Gathering Place was not in existence when my Mom was diagnosed with glioblastoma. I was young, overwhelmed, and scared as her primary caregiver. There was little support available and even less compassion. The doctors treated her as the cancer, not the extraordinary woman who she was.

There weren't support groups or experiences to enhance the quality of her life during/ after treatment, or information presented in an accessible way to increase her understanding of her diagnosis. And there was no caregiver support. At all.

After a brutal experimental treatment that left her never to be the same, I drove her home from the hospital, took out the Yellow Pages, and called Visiting Nurse and Hospice to come into our home and help me ensure a compassionate and respectful end of life, a good death. It was an isolating and surreal time.

Thankfully, she died peacefully, with dignity, surrounded by love.

Every year in her honor (as well as the many friends and family whose lives have since been touched by cancer), I create a team for Race for the Place in support of The Gathering Place, named *Team Support the Place*.

The Gathering Place offers free support services to anyone whose life has been touched by cancer. Support groups, nutrition, a healing garden, massage, reiki, dance, informational and educational programming ... The library is an incredible resource (as is the medical librarian, Eileen Coan).

Race for the Place is Sunday, June 4, at Beachwood Place. For more information about The Gathering Place, visit www.touchedbycancer.org, call 216.455.1505, or visit

23300 Commerce Park Drive, Beachwood.

To register for the race, support *Team Support the Place*, or make a donation, visit www.racefortheplace.org.

23rd Annual Race for the Place Sunday, June 4 • Beachwood Place

Celebration Village Activities • 8 a.m.
National Cancer Survivors Day Ceremony • 8:45 a.m.
Race • 9 a.m.
(1-mile walk or 5K run)
Awards Ceremony • 10:30 a.m.
Register at www.racefortheplace.org



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Clevelanders to Celebrate Israel's 75th Year of Independence with the Grandson of Israel's First Prime Minister

A pioneer of Jewish independence. The founder of the State of Israel. David Ben-Gurion was all these things and more, but for Alon Ben-Gurion, he was, above all, saba (grandfather). On Thursday, May 4, at 8 a.m., the grandson of Israel's first prime minister will be speaking at Jewish National Fund-USA's Annual Breakfast for Israel during a community-wide celebration marking the 75th year of Israel's independence.

In a recent interview with Southwest Florida's NPR station at the organization's Breakfast for Israel in Naples, Alon Ben-Gurion quoted his grandfather's vision for the State of Israel: "Our historic yearning has been for a new society built on liberty, equality, tolerance, mutual aid, and love for man," he said. "A society without exploitation and discrimination, slavery, or tyranny. Our stance in the world will not be determined by our supposed material wealth nor by our military might but by the moral light of our understanding. And although there are some

shadows, among them heavy shadows in our lives now, we have the grounds to believe that we can be an example nation."

The complimentary event, chaired by Nancy and Joel Kay, and Rob Singer, will take place at Beechmont Country Club and will center around the theme of how David Ben-Gurion's legacy, hopes, and dreams are being brought to life through Jewish National Fund-USA's work spanning Israel's Negev and Galilee regions.

Since 1901, Jewish National Fund-USA has been building a strong, vibrant future for the land and people of Israel

through bold initiatives and Zionist education. The organization supports critical environmental and nation-building activities in Israel's north and south, connects the next generation to Israel, and creates infrastructure and programs that support ecology, people with disabilities, and heritage site preservation, all while running a fully accredited study abroad experience through its Alexander Muss High School in Israel.

Attendees are encouraged to pre-register at jnf.org/BFICleveland but are welcome



Alon Ben-Gurion

to register upon arrival. For additional information, contact Ari Milgrom, director, Northern Ohio at amilgrom@jnf.org or 216.292.8733.

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BAKED by Abbie Cinnamon Buns

Recipe adapted from Sallysbakingaddiction.com

With Mother's Day and graduation season approaching, here's a crowd-pleaser recipe that is sure to help you begin those special days in a sweet way. While sticky, gooey cinnamon rolls can be a rich treat, combat those qualms about indulging knowing you are using wholesome ingredients and that cinnamon is loaded with antioxidants, reduces inflammation, and is associated with various

other health benefits. In other words, simply enjoy!



Dough

- 2¾ cups all-purpose flour
- ¼ cup granulated sugar
- ½ teaspoon salt
- ¾ cup whole or buttermilk
- 3 Tablespoons unsalted butter
- 1 Tablespoon nonfat dry milk powder
- 2 ¼ teaspoons yeast (1 standard packet)
- 1 large egg

Filling

- 3 Tablespoons unsalted butter, very soft
- ½ cup light or dark brown sugar, packed
- 1 ½ Tablespoons ground cinnamon

Cream Cheese Icing

- 4 ounces full-fat block cream cheese, room temperature
- 2 Tablespoons butter, room temperature
- ⅔ cups confectioners' sugar
- 1 teaspoon vanilla and/or 1 teaspoon lemon extract/juice

Directions:

- To make dough, whisk flour, sugar and salt together in a large bowl.
- Combine milk and butter in a heatproof bowl. Microwave or heat until butter has melted and mixture is warm. Whisk in yeast until it dissolves. Pour mixture into the dry ingredients, add the egg and mix with a sturdy spatula or spoon.
- Using lightly floured hands, knead dough in bowl for

- 3 minutes into a smooth ball, adding a little flour if necessary. Place soft dough in a lightly greased medium bowl. Cover with a towel and rest for 10 minutes.
- Roll dough into a 14-by-8-inch rectangle. Spread softened butter on top and then sprinkle layer of a mixture of the brown sugar and cinnamon. Roll into a 14-inch log. With a sharp knife, cut log into 10-12 even rolls. Arrange in a lightly greased 9- or 10-inch pie dish or square baking pan.
- Cover the dish with a towel allowing rolls to rise in a warm environment for 60-90 minutes to double in size.
- Preheat oven to 375°F. Bake for 20-25 minutes, until lightly browned. Cool.
- To make icing, use a hand mixer to beat cream cheese and butter in a medium bowl on high until smooth and creamy. Beat in confectioners' sugar, vanilla and/or lemon. Spread over warm rolls and immediately enjoy! Caramel drizzle optional.

Abbie Nagler Sender, a licensed, award-winning baker, is the owner of BAKED by abbie, a home bakery that offers customized baked goods with a Jewish twist. For more information, visit www.BAKEDbyabbie.com and like her Facebook business page, BAKEDbyabbieCLE.

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BAC Programs at the Beachwood Community Center



Create Your Own SHERO Workshop by Annie Peters

Saturday, May 6 • 9:30 a.m. - 12 p.m.

Using simple step-by-step drawing methods and beginning watercolor techniques, participants will create and paint their own SHERO character. Come with an idea and leave with a piece of art. Reservations are required (limited capacity); call 216.595.3400. The cost (payable to Beachwood Arts Council) is \$15.



Beachwood High School Alumni Art Exhibit

Saturday, May 13 – Saturday, June 3

Gallery Hours: M-F • 8 a.m. - 4 p.m.

Weekends: Call 216.292.1970 for available hours

OPENING RECEPTION:

Saturday, May 13 • 5-7 p.m.

To learn about the artists, see article on page 12.

Amethyst String Quartet Concert

Sunday, May 21 • 2-3 p.m.

Whether on stage at Severance Hall with the Cleveland Pops Orchestra or in the orchestra pit for touring Broadway shows at Playhouse Square, these musicians bring their passion for music to these and other venues, as well as being backup for performers such as Andrea Bocelli and Barry Manilow, along with other well-known musicians. Founder, violinist Mary Beth Ions, believes that live music goes to places in the heart that words cannot. Free. Sponsored by a grant from the Cleveland Foundation.



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Transforming Hardship into Hope

Our Experience Raising Funds and Awareness for St. Baldrick's Day

By Radha Pareek and Elizabeth Liu

Bison Buddies, a peer-to-peer learning program at Beachwood High School, recently co-organized an initiative to raise funds and awareness of the St. Baldrick's Foundation, which raises money for kids with cancer, on St. Patrick's Day. As we sat down to plan, memories of our elementary school's fundraising project with Pennies for Patients, a fundraiser for the Leukemia & Lymphoma Society, came flooding back to us. With this initiative, instead of collecting pennies, we wanted to make a difference in the fight against childhood cancer.



From left: Bison Buddies' club coordinators Elizabeth Liu and Radha Pareek raise awareness of St. Baldrick's Foundation and donate hair to cancer patients at UH Rainbow Babies and Children's Hospital.

The St. Baldrick's Day initiative allowed us to take action and make a real difference by creating widespread awareness of cancer, a disease that has engulfed countless innocent lives and indelibly scarred families and communities. Its diagnosis often comes as a death sentence in our own families, our neighbors' lives, and so many others around us.

We felt helpless and hopeless until we learned about new research and therapies being explored, thanks to grants from St. Baldrick's.

To spread awareness, we created an interactive fundraiser and hosted a bake sale, where numerous students baked goods and came together over food to discuss how cancer had impacted their lives. Many students expressed that they personally knew people suffering from cancer and shared their experiences to teach our community that we must, in our individual ways, forge strength and meaning from this hardship to envision a future unburdened by the past. These discussions brought our common human bond to the fore, urging us to look beyond the surface in all communication and continually cultivate empathy.

To further spread the word, we encouraged teachers to donate hair or go green to spread awareness and stimulate conversation.



We then donated our hair at UH Rainbow Babies and Children's Hospital. From the moment we walked in, we were greeted by heroes who made us feel like heroes, making us realize the strength of the contagious spirit to combat noncontagious diseases. From talking to the front desk, meeting the therapy dog, and having moving conversations with our hairdressers, this experience opened our eyes to see a diverse community united in its endeavor to translate passion found amidst pain as a means to help others.

We were amazed by the support we received from our school and the wider community and we look forward to expanding this project next year because a shaved head means a full head of hair for someone else and a full heart for yourself.

Most importantly, we realized that St. Baldrick's Day should be every day and we hope to actualize this mindset as a school. As we reflect on this experience, we realize that the national-level legislation and magnitude of the St. Baldrick's Foundation's efforts will eternally be our inspiration, and we hope that our contributions, albeit small, will create a ripple effect that echoes through Beachwood and beyond.

To learn more or to make a donation, visit Beachwood High School's team page at www.stbaldricks.org.

About St. Baldrick's Foundation

St. Baldrick's Foundation provides grants for childhood cancer research through head-shaving events and other fundraisers across the globe so kids with cancer can live long, healthy lives. Like many crazy, world-changing ideas, St. Baldrick's Foundation started in a pub. Three friends challenged each other to shave their heads bald at a St. Patrick's Day party to raise money for kids with cancer.

The challenge was so successful – raising a whopping \$104,000 and resulting in 19 bald heads – that the founders started to think bigger. Soon, those two seemingly unrelated concepts (baldness and St. Patrick's Day) were put together and – ta-da! – the St. Baldrick's Foundation was born. Today, this volunteer-driven charity is the largest private funder of childhood cancer research grants.

About Bison Buddies

Bison Buddies is a student-initiated peer-to-peer learning program that connects high-school students with middle-school students who are interested in or are recommended for tutoring or mentoring. In addition, they aspire to involve these students in raising awareness for prevalent social issues. For details, visit <https://beachwoodbisonbuddies.weebly.com> or @bwbisonbuddies on Instagram.

Congratulations to Stop the Hate Winners

Now in its fifteenth year, and as timely as ever, the Maltz Museum is proud to name this year's Stop the Hate Youth Speak Out and Stop the Hate Youth Sing Out Awards.

This year, 3,000 Northeast Ohio students participated in the contests by submitting individual essays or group songs for their chance to win prizes for themselves and their schools. All the entries were inspirational, celebrating the voices of young people who are creating a more accepting and inclusive society.

Although every student who participated in the contest received a congratulatory Upstander Certificate and all participating schools shared an award, the big awards went to the essay finalists in grades 6-12 who were vying for prizes and scholarships ranging from \$100 all the way to \$20,000. Two Stop the Hate Teachers of the Year were also named.

Through the generosity of Milton and Tamar Maltz, the Maltz Museum's Stop the Hate Youth Speak Out and Youth Sing Out contest annually awards a grand total of \$100,000 to Northeast Ohio middle and high school students, teachers, and schools who are standing up to bias and discrimination through individual essays and group songs. Winners were named on Wednesday, April 19, during a virtual ceremony.

Congratulations to Tia Tian, Annaya Jain, and Ritika Iyer, all Beachwood residents, who won prizes in their age groups. Tia, grade seven, was awarded second place and received \$100. Annaya, grade eight, was awarded first place and received \$400; and Ritika, grade eight, was awarded second place and received \$100.

Tia is a seventh grader at Hathaway Brown School. She plays the piano and likes going to museums. She enjoys all her classes at school. Tia really wants to see the Eiffel Tower and to go to Italy. She wants to improve on everything she does now so she can make use of her talents and interests in the future.

Annaya enjoys graphic design, coding, and computer science. She is interested in biology and math and also likes writing. She plays tennis and is a member of the Science Olympiad and MATHCOUNTS clubs. In her free time, Annaya loves listening to music and spending time with family. She visits her family in India every year. In the future, Annaya plans to design and code platforms, databases, and websites, possibly related to the genetic/biomedical sciences.

Ritika loves to cook, play tennis, and learn about world languages. Biology is one of her favorite subjects in school. In the future, she may work in a data analysis field. In her spare time, Ritka also wants to travel the world and experience new cultures.

Congratulations also go to Gianna Miller, Rocky River High School, who won the grand prize of \$20,000; Misa Huls, Avon Lake High School, first runner up, who received \$10,000; Naomi Glass, Green High School, second runner up, who received \$5,000; and all winners!

Be sure to read top essays in next month's issue of *Beachwood Buzz*!

Maltz Museum Presents

STOP



THE

HATE



**CONGRATULATIONS TO
BEACHWOOD RESIDENTS
ANNAYA JAIN, TIA TIAN,
AND RITIKA IYER, ALL
WINNERS IN THE STOP THE
HATE ESSAY CONTEST**

In addition to their personal awards, Beachwood City Schools will receive an Anti-Bias Education Grant to be used in the year ahead to benefit many more students!

LEARN MORE AT MALTZMUSEUM.ORG

MAYOR'S MESSAGE

As a runner who hits the pavement regularly, I witness all of the seasonal changes in great detail. Trees coming back to life, birds chirping more and spring flowers blooming everywhere. A range of seasonal opportunities also is on the horizon for residents with the programming that our recreation department offers. The staff spends many hours planning and delivering creative activities that should appeal to a full spectrum of interests.

Please consider the following highlights of what lies ahead:

Fire Department Open House

- May 7, Noon-3:00 p.m., Public Safety Center (3777 Richmond Rd.)
- Featuring tours, food trucks, demonstrations, a kid's challenge, vendors and a QR code video tour to enhance your experience.

Juneteenth Community Picnic - New

- June 19, 1:00-3:00 p.m., Playground area outside BFAC
- Come together as a community for an afternoon of food trucks, games and a DJ outside the aquatic center. All are welcome!

Barkwood Brunch - New

- June 25, 11:00 a.m.-1:00 p.m., Beachwood Truck Park (24619 Chagrin Blvd.)
- Barkwood members are invited for drink specials, food trucks, games and socializing. Dogs welcome, of course!

Outdoor Movie Nights

- All movies start at 5:00 p.m., Community Center Parking Lot
- Each night features a special theme.
- June 25: *The Addams Family 2*
Theme: Halloween Costume Night
- July 23: *DC League of Super Pets*
Theme: Super Hero Costume Night
- August 20: *Super Mario Bros. Movie*
Theme: Beachwood School Family Night

Disco Night - New

- July 13, 8:00-10:00 p.m., Beachwood Family Aquatic Center
- Swim under the lights, enjoy dessert trucks, music and games. Members are \$3, residents are \$5 and non-resident guests can attend for \$8. Register beginning May 29.

National Night Out

- August 1, 5:00-7:00 p.m., City Hall Parking Lot
- Activities, demos, entertainment, food trucks and more. A nationwide celebration of police and community partnerships.

As always, the Beachwood Family Aquatic Center is a highlight of our community and it will certainly be a summer hotspot in addition to these events. Remember, you can still save 20% with preseason membership pricing through May 26. Opening day is May 27.

Many city departments play supporting roles with much of this programming, so I'd like to recognize their contributions as well. We all hope you and your families are able to engage with these activities, along with so many others included in the new summer recreation catalog, available at BeachwoodRec.com.



Mayor Justin Berns
MayorBerns@beachwoodohio.com



DEPARTMENTS

AUDITOR
216.595.3712

**BUILDING
DEPARTMENT**
216.292.1914

**CLERK OF
COUNCIL**
216.595.5493

**COMMUNITY
SERVICES**
216.292.1970

**ECONOMIC
DEVELOPMENT**
216.292.1915

FINANCE
216.292.1913

FIRE & RESCUE
216.292.1965

LAW
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE
216.464.2343

PUBLIC WORKS
216.292.1922

EMERGENCY
Dial 9-1-1 or
216.464.1234

HILLTOP STUDENTS TOUR CITY HALL

Third-grade students from Hilltop Elementary returned for their annual City Hall tour for the first time since the pandemic on Monday, April 3. Upon arrival, students were greeted in council chambers by Mayor Justin Berns who offered encouraging words prior to a question and answer session. Classes then paired up with department directors who led tours through various sites around City Hall including the mayor's office, community center, building department and more.



Mayor Justin Berns hosting a question and answer session.



Students meeting K9 Jorik.



Visiting the Building Department.



Looking at the city history wall.



Viewing the proposed playground.



**MAYOR
JUSTIN BERNS**
216.292.1901



**COUNCIL PRESIDENT
ALEC ISAACSON**
216.291.2797



**COUNCIL V.P.
ERIC SYNENBERG**
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BURKONS**
216.832.6771



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**JOSHUA
MINTZ**
650.464.6788



**DANIELLE
SHOYKHET**
216.212.9212



**JUNE
TAYLOR**
216.533.7640

HOW TO EMAIL YOUR COUNCIL MEMBER:

FirstName.LastName@beachwoodohio.com
Ex: alec.isaacson@beachwoodohio.com



DEER MANAGEMENT RESIDENT SURVEY

The City of Beachwood implemented a deer management program in partnership with the City of Shaker Heights this past season. As outlined in our deer management program, we would like to collect feedback from our residents before we determine how to proceed in the future. We encourage each household to complete the 2023 survey by the May 15 deadline at BeachwoodOhio.com.



UPCOMING CITY MEETINGS

City Council:
May 1 at 7:00 p.m.
May 15 at 7:00 p.m.

Planning & Zoning:
May 25 at 6:30 p.m.

Architectural Board of Review:
May 1 at 4:30 p.m.
May 15 at 4:30 p.m.

WORK-LIVE-LEARN..THRIVE



CITY OF
Beachwood

BEACHWOOD
FIRE **BFD** **RESCUE**
• Est. 1949 •
10

Fire Department
OPEN HOUSE

SUNDAY, MAY 7, 12-3 PM
PUBLIC SAFETY CENTER
3777 Richmond Road, Beachwood

FREE EVENT • TOURS • FOOD TRUCKS
DEMOS • KIDS CHALLENGE • VENDORS



FREE COMMUNITY SHRED DAY, MAY 12

Beachwood's upcoming free community shred day is scheduled for Friday, May 12, from 3:00-6:00 p.m. in the Community Center parking lot. Bring personal documents, mail and files to have them shredded on-site at no charge.

A maximum of six banker boxes or 12 blue grocery bags are permitted. Please bring your driver's license or ID as proof of residency.



MEMORIAL DAY

City Hall will be closed on Monday, May 29, in observance of Memorial Day. Rubbish collections will be delayed one day throughout the week. Regular Monday collections will shift to Tuesday, regular Tuesday collections will shift to Wednesday and so on.



LIGHT OHIO BLUE WEEK, MAY 14-20

Light Ohio Blue is a statewide campaign to show support for the law enforcement personnel who protect our communities throughout Ohio. We encourage our residents and businesses in Beachwood to change their exterior lights to blue to show support for law enforcement.

Stop by Beachwood City Hall beginning May 1 to pick up your blue light bulb (supplies are limited) to place in your porch light for the week. Can't change your bulb? Wrap your tree with a blue ribbon, place a blue spot light in your yard or wrap blue cellophane around your light.

The Thin Blue Line and flag meanings: The blue line represents the men and women of law enforcement who stand in the gap between the lawless and the innocent. The black background represents the men and woman who have died defending that line.

BPD AWARDED GRANT TO PROMOTE OFFICER WELLNESS

The City of Beachwood's Police Department was recently awarded a \$29,750 grant to bolster its wellness opportunities. With these funds, the department will offer PowerLine, a wellness app that anonymously connects first responders with the support they might need in a judgment-free space to talk about any challenges they are facing.

The nationwide network allows officers to chat anonymously with other responders who share their experiences, along with their rank or title and experience level – someone who gets it. Officers also can join topic-specific group sessions that are always anonymous.

“Law enforcement officers face an extraordinary variety of challenges throughout their careers, and their bravery and resilience in serving the greater good can come at a personal cost,” explains Chief Kate McLaughlin. “With this in mind, we wanted to offer our police force easily accessible support, and the PowerLine app delivers on that interest.”

It's estimated 15% of all law enforcement officers in the U.S. experience symptoms of PTSD.

The average rate of PTSD symptoms in the general population is 3.5%, according to research. Law enforcement officers also report much higher rates of depression, burnout and other anxiety-related health conditions than the general population. They can experience more stress and trauma in a single shift than civilians will in their entire lifetime.

“Setting up preventative measures and creating a solid support structure are powerful tools, which is why direct access to help through the PowerLine app is now being offered, and I fully support its use,” states Mayor Justin Berns.



TOO EARLY FOR COLLECTION

Please remain mindful of Codified Ordinance 660.01: Rubbish should be placed on the tree lawn no earlier than 6:00 p.m. the evening before collection day and no later than 7:30 a.m. on the day of collection. Empty cans must be removed no later than 9:00 a.m. the day after collection and stored in an area that is not visible from the street. Public Works has been issuing warning notices; repeat violations will result in an issued citation which can include a fine and court appearance.

RECYCLE RIGHT IN BEACHWOOD

Recycling is a simple and easy way to make a difference in saving the planet. Ways to recycle right:

- Leave recyclables loose – not bagged. Plastic shopping bags can be recycled at many retail locations, including Giant Eagle, Lowe's Home Improvement, Marc's, Target and Walmart stores.
- Make sure it's clean and empty. Rinse containers, bottles and jars or any other recyclable that may contain food particles.
- Keep it dry. When it comes to paper and cardboard, keeping it dry is imperative for the recycling process. Please flatten all cardboard boxes.
- Think you can throw everything into your recycling bin and it will get sorted out at the recycling plant? Think again. Recycling only these five core items is paramount: cans, glass, paper, cardboard, plastic bottles and jugs.

More information at BeachwoodOhio.com/PublicWorks or call 216.292.1922.



COMMUNITY COMPLIMENT

“On Saturday morning, March 25, I called 911 as I was having chest pain and difficulty breathing. The dispatcher was extremely caring and kept me informed throughout our conversation. The squad arrived at my house within five minutes of my call. The three EMTs (Chris Hogya, Wes Unger and Charlie Roach) kept me and my husband calm in what could have been a very serious situation. While on our way to Ahuja ER, they assured me that while my blood pressure and heart rate were slightly elevated, it was nothing too alarming. Their excellent communication was extremely reassuring. We even had a few laughs along the way.

Exemplary services such as this, and too many others to start listing, are the reason we are hesitant to move out of Beachwood. Both of our children live out of state, and as much as we want to move closer to them, we just can't leave yet! My husband and I have been residents for over 50 years and are proud to tell people that we live in this wonderful city.”

Vickie Diamond
50+ Year Resident

SENIOR RUBBISH ASSISTANCE

Are you 80+ years of age or disabled with no one in your single-family home to assist you with your rubbish and recycling bins? The City of Beachwood Public Works Department can help; please call 216.292.1922 to register.



MAY RECREATION GUIDE

BROADWAY BABIES TAKE A BOW



Beachwood Community Theater's winter showcase cast following their March performance.

Congratulations to the Broadway Babies cast and crew for an outstanding showcase on March 19, led by directors Julie Matthews and Debi Lewin.



CAST MEMBERS:

Aya B.	Bria H.	Eloise N.
Tanalie B.	Sally J.	Zara R.
Vanessa B.	Roman K.	Esther R.
Raaya C.	George L.	Cindy S.
Harper C.	Eli M.	Emma V.
Wrenna D.	Audrey M.	Charlotte W.
Jaden F.	Max M.	

NIAGARA-ON-THE-LAKE TRIP

Join Beachwood Community Services as we travel to Niagara-on-the-Lake for the Shaw Festival and more, August 8-10. We will explore downtown, see two shows, head into Toronto for an afternoon, visit a winery and on the way home, we will make a stop at the Duty-Free Shop!

The trip includes transportation, two nights at The Prince of Wales Hotel, two performances (*Gypsy* and *The Shadow of a Doubt*), tour of CN Tower, Casa Loma, wine tour and tasting, five meals and gratuities. Double occupancy is \$1,150 per person and single occupancy is \$1,420 per person. A \$200 deposit is due upon registration. The final payment is due by June 30.



Downtown Niagara-on-the-Lake



The Prince of Wales Hotel

SUMMER CONCERT SERIES

Beachwood Beats is back with a free summer concert series on Tuesday and Thursday evenings!

Outdoor Concerts - Family Aquatic Center, 6:30 p.m.

- June 6: Masterpiece - Motown, Funk, R&B
- June 13: FM77 - 70s Tribute Band
- June 20: Tischler Klezmer Orchestra - European Soul
- June 27: Rachel Brown & The Beatnick Playboys - Oldies, Country, Honky Tonk
- July 11: Blue Lunch - Swing & Blues
- July 18: Funkology - 50s Music Through Today
- July 25: Risk Factor - The Rock Spectrum

Indoor Concerts - Community Center, 6:30 p.m.

- June 8: Red Light Roxy ***50 Year Resident Salute***
- June 15: Light of 2 Moons - Doo Wop Music
- June 22: Piano Cleveland - Details to follow
- June 29: Marshall Griffith & Virginia Crabtree
- July 6: Moss Stanley Duo - Pianist & Vocalist
- July 13: Nick Puin Quartet - Great American Songbook
- July 20: The Four Kings and a Queen - Motown
- July 27: Dan Zola Orchestra - Big Band

50 YEAR RESIDENT SALUTE, JUNE 8:

The City of Beachwood would like to invite all residents who have lived here for 50 years to join us for a moment of special recognition at the June 8 concert. Newly minted 50-year residents will receive a commemorative gift. If you have not been recognized previously, RSVP by calling Community Services at 216-292-1970 prior to June 1.

CITY OF BEACHWOOD
family aquatic center
SAVE 20% ON MEMBERSHIPS THROUGH MAY 26!

PICKLEBALL TOURNAMENT

Prizes, competition and fun on Saturday, July 15, at the municipal tennis courts. Play begins at 9:00 a.m. The annual tournament is proudly presented by the Beachwood Historical Society. Register your team beginning Monday, May 1, for \$35 online at BeachwoodRec.com.

BEACHWOOD OUTDOOR

Movie Nights

FREE!

Community Center Parking Lot - 5 PM
Bring chairs and blankets. Snacks and refreshments for purchase!

JUNE 25: The Addams Family 2
Halloween Costume Night!

JULY 23: DC League of Super Pets
Super Hero Costume Night!

AUGUST 20: Super Mario Bros.
Beachwood Schools Family Night!

THANK YOU DEBRA

"I had an excellent experience with a Beachwood employee. Debra (receptionist) was attentive, responsive and diligent in helping with the concern my wife and I presented, signing up our granddaughters for Beachwood camps. Debra clearly made a difference for my wife and I as we dealt with a registration difficulty. We are both most appreciative of the attention and assistance Debra provided."

Loren Shapiro
Beachwood Resident

Beachwood Family Aquatic Center

DISCO NIGHT

July 13
8-10 PM

- Swimming
- Dessert Trucks
- Music & Games

Members \$3, Res. \$5, Non-Res. \$8
Register beginning May 29
at BeachwoodRec.com!

BEACHWOOD ART GALLERY:

Cuyahoga Weavers Guild Exhibit | Open through May 6

Beachwood High School Alumni Exhibit | May 13 - June 3 | Reception: May 13, 5:00-7:00 p.m.

BEACHWOOD SENIORS

UPCOMING PROGRAMS & TRIPS

- **Beginning Line Dancing**

Wednesdays, May 17-June 21, 12:30-1:30 p.m., Community Center
Residents \$42, Non-Residents \$50

Want to learn how to line dance with confidence? Do you simply want to get moving and have fun? Come learn basic line dancing with instructor Beth Parnin at the Beachwood Community Center!

- **The Fitness Park for Seniors**

Monday, June 5, 11:00 a.m.-Noon, Fitness Park (City Park East)

A free introduction to the Fitness Park equipment and a basic workout with trainer Glenn Pisching. Preregistration required, call 216.292.1970.

- **Hartville Day Trip**

Monday, June 12, 8:45 a.m.-5:00 p.m., Depart from Community Center
Residents \$48, Non-Residents \$58

The Hartville Marketplace & Flea Market is our June 12 destination. A variety of shops and a stop at the infamous hardware store await you! Lunch will be on your own. Transportation included. Register by May 8.

Register for events at BeachwoodRec.com, City Hall or call 216.292.1970.

SENIOR DAY OUT

Marvelous May

Thursday, May 18, at Noon

Beachwood Community Center

Residents \$13

Non-Residents \$16

Program Only \$5

Register by May 9.

Carl Fernstrum will tickle the ivories and sing standards from the Great American Songbook for an aMAYzing afternoon. He received his B. A. in Music from Wayne State University in Michigan and attended New York University's Tisch School of the Arts Graduate Musical Theatre Writing Program as a composer. He received his Master's degree in Vocal Performance from The University of Akron. Be ready to clap your hands, tap your toes and sway to the songs!

Meal choices include an all-beef hot dog or grilled portobella mushroom on a bun. All entrees served with a picnic side, beverage and dessert. Register at City Hall, online at BeachwoodRec.com or call 216.292.1970.

WHERE BUSINESS IS BOOMING!

THE LATEST NEWS FROM ECONOMIC DEVELOPMENT

WELCOME CLUB RECHARGE

The City of Beachwood would like to congratulate Club Recharge on their grand opening at 23400 Mercantile Rd., Ste. 6. The 3,300-square-foot facility features a wide range of holistic wellness services and many well-designed treatment rooms. For more information, visit RechargeBeachwood.com or call Club Recharge at 440-567-4338.



Left to right: Founder & CEO Robert Wallace, President of Operations Kenneth Wallace, Owner & CEO Alexa Wallace, council member Josh Mintz, council member Danielle Shoykhet, Chamber of Commerce Executive Director David Lapierre

CHAMBER OF COMMERCE HIRES EXECUTIVE DIRECTOR

David Lapierre has joined the Beachwood business community as the recently hired Executive Director for the Chamber of Commerce. The city would like to extend a warm welcome to David and we look forward to working together in the future. To read more, see page 14.



RACE FOR THE PLACE

Race for the Place, in support of The Gathering Place, is set for Sunday, June 4, beginning at 7:30 a.m. The 5K and 1-mile run/walk is a celebration of cancer survivors and an opportunity to raise money to support services benefiting children, teens, adults, individuals and families while on the cancer journey. The race is held annually at Beachwood Place.

For more information and registration, visit their website at TouchedByCancer.org/race-for-the-place.



ALWAYS BE AN INSIDER, STAY CONNECTED!

Facebook Pages:

- @BeachwoodOH
- @BeachwoodPolice
- @BeachwoodFire
- @BeachwoodOHRec
- @BeachwoodPublicWorks
- @BarkwoodDogPark

Twitter Accounts:

- @BeachwoodOH
- @BeachwoodPolice

Instagram Accounts:

- @BeachwoodOhio

Beachwood eList:

Sign up at BeachwoodOhio.com



Beachwood Theater Camp Opens the Curtain for a New Era

Beachwood joins forces with Shaker Heights under the direction of Keith Nagy

The stage is set for a new and exciting era of Beachwood Theater Camp, now a combined effort with the City of Shaker Heights under the direction of Keith Nagy. The summer camp is a combination of dance, musical theater, scene work, and more that participants have always loved – and it embraces the philosophy, “Every camper gets their moment.”

“Theater has always been an important part of the community and even personally to myself,” expressed Community Services Director Derek Schroeder, who regularly attends shows at Playhouse Square and has a passion for the arts. “Upon meeting Keith, reviewing his credentials, and discussing his vision for this combined effort with Shaker Heights, we knew it was the perfect fit. Campers will have a great time this summer!”

Keith is a semi-retired assistant professor from John Carroll University who is now teaching part-time at Notre Dame College and JCU. He served as technical director for Shaker Heights Summer Youth Theatre from 2001 until 2017. Last summer, Keith became producing director for Shaker Heights. He brings over 21 years of experience, during which he helped direct, design, and produce over 75 shows at JCU. Keith’s experience also spans the Cleveland area where he designed and directed for the Cleveland Public Theatre, Dobama Theatre, Great Lakes Theatre Festival, Lakeland Theatre, Verb Ballets, and more. He is a Beachwood resident with his two daughters, his better half, and his dog.

Camp will be held at Beachwood Middle School, June 12 through July 14, from 9 a.m. to 3:30 p.m.

As in previous years, Keith will be assisted by Justin Sheck, a teaching artist at Playhouse Square. Justin has been working throughout Northeast Ohio as a professional actor, director, and educator for the past 13 years. He received his B.A. in Theatre Arts from Cleveland State University. This year will mark the 10th year Justin has been associated with the Beachwood Community



Theater’s Summer Camp and he is excited to return and provide a wonderful experience for all who attend.

Theater camp will conclude with a final showcase where the production staff will focus on each camper’s area of interest. Campers won’t be forced into a mold where everyone has to specifically sing or dance; each camper deserves the spotlight to showcase their interests and talents.

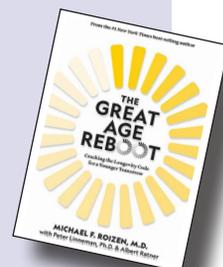
Theater camp will conclude with a final showcase where the production staff will focus on each camper’s area of interest. Campers won’t be forced into a mold where everyone has to specifically sing or dance; each camper deserves the spotlight to showcase their interests and talents.

“Registration has been outstanding so far and we have a limited number of spots remaining,” explained Derek. “In addition to theater, campers will take a number of field trips and enjoy time at the Beachwood Family Aquatic Center. For those interested, please call 216.292.1970 or sign up at BeachwoodRec.com.

Park Synagogue presents: 30th Annual University Day

Wednesday, May 10 • 9 a.m. - 2:45 p.m.
Park Synagogue East
27500 Shaker Blvd. • Pepper Pike
Registration Required by May 5

Keynote Lecture by
Dr. Michael Roizen and
Albert Ratner on
The Great Age Reboot



The community is invited to attend this special day of education, designed for adults of all ages, which begins with a light breakfast and opening remarks by Rabbi Joshua Skoff. The Weinberg Keynote Lecture will follow with Albert Ratner and Dr. Michael Roizen, co-authors of *The Great Age Reboot: Cracking the Longevity Code for a Younger Tomorrow*, discussing why they feel 90 is the new 40 and how we can all take advantage of the new science to achieve our best health. Signed books will be available for purchase.

The remainder of the day will feature morning and afternoon workshops on a variety of topics by area experts, including: The Fascinating Art of Siona Benjamin, Great Getaways Close to Cleveland, Celebrating the 100th Anniversary of Playhouse Square, Book Banning and Censorship in Ohio Schools and Libraries, Creating a Jewish State: David Ben-Gurion and Israeli Society, and The Second Century of the Cleveland Metroparks. The day will end with a piano recital by Gaston Frydman, an Argentinian Master’s student at CIM, in a program of classical, romantic, Jewish, and Argentinian pieces.

University Day is open to all adults in the community with a cost of \$30 for Park members and \$35 for guests, which includes a light breakfast, kosher box lunch, workshops and lectures, and piano recital. Prepaid reservations are required by May 5 by registering at www.parksynagogue.org/events.

For more information, contact Ellen Petler at epetler@parksyn.org or 216.371.2244, ext. 122.

Everyone has a story to tell. Let us tell yours in *Beachwood Buzz!*
Email details to beachwoodbuzz@gmail.com today.

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Many Cultures, One Bison Summit Fosters Community and Acceptance *Photos by Jessie Gao*

Students at Hilltop, Beachwood Middle School, and Beachwood High School came together to celebrate diversity and unity as “One Bison” during the Many Cultures One Bison Summit 2.0, held March 22-23. The student-led summit featured a distinguished panel of lecturers that included authors, professors, and Beachwood community members with expertise in equity and inclusion. Trained

student facilitators led small-group discussions with their peers on how to promote a culture of belonging at school and beyond.

The two-day summit was organized by students in the Many Cultures, One Bison leadership team, which met weekly before school to listen to speakers, participate in facilitation training, and develop the Many Cultures, One Bison pledge:



I will...

- Gain knowledge of our various perspectives and opinions
- Earn respect from others
- Be aware of the weight of my actions
- Celebrate what makes each of us unique
- Create a worthwhile impact on our community

Eighth-grader Jaden Commander said that collaborating with his peers to plan the summit was a rewarding experience. “During my first meeting, I saw a great community of students working together to make Beachwood a better place inside and outside of school,” said Jaden. “I wanted to be part of that and make a difference in this community.”

EVENTS CALENDAR



ElderClass

Thursday, May 4, 12 p.m. - 2:15 p.m.
Beachwood High School
25100 Fairmount Blvd.

Parent Orientation for Incoming Kindergarten Students

Thursday, May 18, 4 p.m.
Bryden Elementary
25501 Bryden Rd.

Senior Awards

Thursday, May 25, 8:30 a.m.
Beachwood High School
25100 Fairmount Blvd.

Class of 2023 Commencement

Tuesday, May 30, 7 p.m.
Severance Hall
11001 Euclid Ave.



“By developing these student leaders’ ability to lead discussions, the foundation has been laid for students to hold Many Cultures, One Bison activities to build community and inclusion throughout the coming years,” said Kevin Houchins, director of equity and community engagement. Many Cultures, One Bison was started in 2018 by students from the Beachwood High School MAC Scholars and student council who sought to provide their peers with opportunities to explore different cultures and learn about diversity.

Participants in this year’s summit said the lectures and discussions increased their understanding of the diverse perspectives represented in the Beachwood school community. “This summit helps us understand each other so we can build a stronger and better community,” said 10th-grader Taylor Greer-Jones.

“I hope that everyone can apply what they have been taught today, not just in school but wherever they are,” said eighth grader Mustafa Elmalik.



**VIEW THE
FULL CALENDAR**

beachwoodschoools.org/Calendar.aspx

BOARD OF EDUCATION MEMBERS

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Fab Lab Brings Ideas to Life at Beachwood Middle School

The Career Design and Exploration program at Beachwood Middle School was introduced during the 2022-2023 school year to expose students to STEM opportunities through hands-on, project-based learning. Working in a state-of-the-art fabrication lab, students in grades six through eight learn the principles of creativity, design thinking, and prototyping as they generate ideas for projects and puzzle out solutions to design challenges.

Aligned with Ohio's Learning Standards for Design and Technology, the course serves roughly 300 students through the Unified Arts rotation. "The course exposes students who perhaps wouldn't take an engineering class to STEM content," said Career Design and Exploration teacher J.C. Lenk. "Students gain a lot of confidence from trying something new."

As students tinker, invent, and create, they explore engineering and design techniques using computer-assisted design software and fabrication equipment. The fab lab is stocked with 3D printers, laser and vinyl cutters, a CNC router, woodworking machinery, and power tools. Student-generated projects have ranged from functional websites to engraved chess boards and phone charging stations. "Students choose what they do, which helps them take more ownership in the project," said Mr. Lenk.



During a recent visit to the fabrication lab, sixth-grader Bohdan Didenko put the finishing touches on a mousetrap vehicle using a drill press and band saw. "You can go to a shop and buy a racing car, but here you can make it," he said. "I like learning what I can do."

"I like how we have creative freedom," said classmate Kennedy Kee-Bey, adding that she appreciates how Mr. Lenk encourages students to work through problems on their own. "Mr. Lenk helps us become more independent."

"I like the trust we are given with the equipment to create our own works," commented Parker Borland. "My dream job is to be an aerospace engineer, and this class is the first step in learning how to design."

"The performances showed them that the hard work they're doing here in Beachwood can earn them support and new audiences in other places."

Students and the Beachwood Band and Drill Team Boosters raised funds for the trip, which was chaperoned by Mr. Luddington, music teacher Shelley McKenzie, and several parents. Throughout the tour, students performed selections from the *Guardians of the Galaxy* soundtrack as well as popular tunes by Taylor Swift, Marvin Gaye, and Bruno Mars.

"There's always a time crunch for these performances," said Mr. Luddington. "I was really proud of the way they helped us to stay on time and on schedule throughout the tour. The students were wonderful representatives of Beachwood and collaborated to make this tour successful."

Despite a demanding performance schedule, the band made time for fun as they enjoyed a scavenger hunt through the parks. "A valuable aspect of this travel opportunity is that we're building community together," said Mr. Luddington.

Ultimately, Mr. Luddington hopes the tour inspires students to stay active with their instruments. "I want lifelong musicians to leave our District," said Mr. Luddington. "I want students to be better listeners and supporters and continue playing after they graduate."

Band Students Shine During Orlando Tour



The Beachwood High School band program reached all new heights with a once-in-a-lifetime opportunity to perform alongside industry professionals at Disney World and Universal Studios. Band students traveled to Orlando over spring break, where they marched in a parade at Universal Studios and performed on stage at Ron Jon Surf Shop. Students also learned to record a feature film score and create movie sound effects during a performing arts workshop at Disney.

"It was unique for students to have the opportunity to play for so many audiences who have never interacted with them as musicians before," said band director David Luddington.

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Board of Education Hires Assistant Treasurer

The Beachwood Board of Education approved the hiring of Diana Maher as the assistant treasurer, effective June 1. She will succeed Kathleen Stroski, who is retiring after 33 years with Beachwood Schools. In her role as assistant treasurer, Ms. Maher will work closely with newly hired treasurer Matthew Brown to oversee the District's financial operations and ensure the accuracy and timeliness of all state and federal reporting.

Ms. Maher joins Beachwood Schools with a decade of experience in the field of education as both a teacher and administrator. She holds a bachelor of arts degree in early childhood education from John Carroll University and a master's degree in educational leadership studies from Johns Hopkins University. She began her career as a Teach for America educator in Tulsa, Oklahoma. In 2015, Ms. Maher was hired as a K-3 data manager for the Warner Girls' Leadership Academy in Cleveland. Her demonstrated leadership helped her land a position as the assistant principal for the Global Ambassadors Language Academy, where she created budgets using \$1.5 million in ESSER funds and helped develop accounting systems to aid



Diana Maher

teachers in tracking annual classroom budgets. Ms. Maher obtained her Ohio treasurer license and has served as assistant treasurer with Brooklyn City School District since 2021.

"I had a passion for analytics," she said. "I found the treasurer's office to be a great place to utilize my skills."

"It is such an honor to be hired for this position," said Ms. Maher. "Treasurer Michele Mills and Assistant Treasurer Kathleen Stroski are leaving a rather prolific legacy. I'm looking forward to working with Matthew Brown and continuing their track record of excellence."

Officer Colton Pekarski Named Director of Security

Beachwood Schools welcomed Officer Colton Pekarski as the District's new director of security. Officer Pekarski has five years of law enforcement experience with both the City of Beachwood and City of Cleveland Police Departments. A Beachwood resident, Officer Pekarski is known as a relationship builder who goes above and beyond the call of duty to form positive connections with the community.



Officer Colton Pekarski

"I am excited to take on this important leadership role to ensure we implement the most up-to-date school safety measures at Beachwood Schools to protect our students and faculty," said Officer Pekarski.

Officer Pekarski's passion for school safety led him to become a certified ALICE and Rescue Task Force instructor. He holds both a bachelor of science degree and a master's degree in criminal justice from the University of Cincinnati. During his first months on the job, Officer Pekarski said, "I am most looking forward to the opportunity to forge strong relationships with the community and make a positive impact on our youth."

Prior to moving to Beachwood, Officer Pekarski grew up in Cortland, Ohio, and graduated from Lakeview High School. Outside of work, he enjoys traveling, spending time with family and friends, and taking his rescue dog, Kiko, to the Barkwood Dog Park.

In a message to Beachwood Schools families and staff, Superintendent Robert Hardis stated, "We are excited to welcome Officer Pekarski and continue the important work of Beachwood Schools' security program, which has been a model of collaboration between the District and our city."

BOARD OF EDUCATION NEWS



Recent Resolutions

- Approved collective bargaining agreement with the Beachwood Union of Support Staff
- Approved out-of-district trips for Beachwood High School culinary arts students, Beachwood High School robotics team, and Beachwood Middle School math club
- Hired Assistant Treasurer

Future Resolutions

- Approve District's five-year financial forecast
- Hire Director of Operations
- Hire staff for summer extended learning programs
- Approve summer curriculum writing and training for staff

Board Meeting Calendar

- May 8, 2023, 7 p.m.
- May 22, 2023, 7 p.m.



VIEW AGENDAS & MINUTES

beachwoodschoools.org/BOE.aspx

ADMINISTRATION

Dr. Robert Hardis, Superintendent · (216) 464-2600 ext. 2201 · rph@beachwoodschoools.org
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Lauren Broderick, Interim Administrator-Pupil Services · (216) 464-2600 ext. 2218 · ljb@beachwoodschoools.org



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Alumni Spotlight: Mia Knight (Class of 2018)



Mia Knight

Mia Knight is a recent legend in Bison track and field. In 2018, she broke the state record for the 100 and 200-meter dash and won the team title. Mia continued her success at the University of Pennsylvania as an athlete on the women's track and field team. Her accolades included Women's Indoor and Outdoor Ivy League Champion in 2019 and 2020. She also took the No. 2 spot in the University of Pennsylvania's program record book for the 60-meter dash.

"Being ambitious, goal oriented, while giving 110% despite the outcome has been a true motto for me," Mia said.

Mia currently lives in Atlanta and works as an account manager at Google. In this role she runs the advertising accounts for multinational companies, including American Express and J.P. Morgan Chase. She credits her experience on the Bison track and field team for creating structure and discipline in her life that has carried over to her career.

"The relationships and team connections I experienced during my time as a student athlete created an amazing transition to both my collegiate and career success to include self discipline, resilience, learning to lead, and handling fear and failure," she said. "The supportive family that was vested among my peers and coach provided me the space to develop and grow in these areas."

Even more impressive than her athletic success is how Mia performed in the classroom and beyond. At the University of Pennsylvania, Mia excelled academically as an economics major, graduating a year early in 2021.

Alumni: Share Your Story! Go to www.beachwoodschoools.org/alumni.aspx.

Social Scene

@BeachwoodBison



Beachwood Schools
2m · 🌐

The varsity girls softball team opened its new stadium yesterday with a 17-3 win over Chagrin Falls! The team commemorated this special milestone with a ribbon-cutting ceremony and proclamation from Mayor Justin Berns. In an enthusiastic show of support for the Bison softball program, the stands were packed with alumni, coaches, community members, city officials, and Beachwood Schools staff. Special thanks to our fans for making this an unforgettable celebration! "I'm really excited that I can share this day with my team," said team captain Nia Brown.

"This day is exciting," added varsity softball team captain Maya Greller. "It's a stance that girls' sports at school matter." #BisonStrong

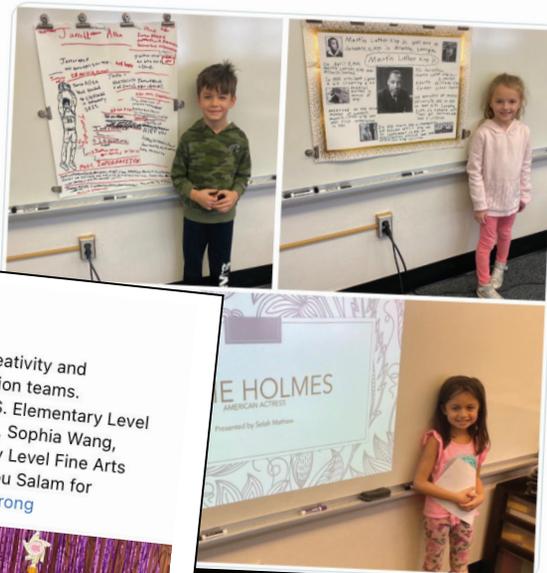


Beachwood Schools
2d · 🌐

We are so very proud of all the hard work, creativity and determination of all our Destination Imagination teams. Congratulations to two Hilltop teams - O.A.T.S. Elementary Level Improv members Oscar Liang, Tanishka Singh, Sophia Wang, Athena Yu and The Cultural Turtles Elementary Level Fine Arts members Yuka Hashiba, Helen Matthews, Korou Salam for advancing to the Global Tournament! #BisonStrong



B Beachwood Schools @BeachwoodBison · Mar 31
Mr. Holmes' students completed their first major research projects! Students had the task of completing thorough research on a public figure of their choosing. We heard presentations about Olympic athletes, singers, scientists, activists and more. It was an awesome experience!



Beachwood Schools Preschool & Kindergarten Registration

Registration is open for preschool at the Fairmount Early Childhood Center and kindergarten at Bryden Elementary. To register your child for the Fairmount Early Childhood Center, please visit www.beachwoodschoools.org/PreschoolRegistration.aspx.

For questions about preschool registration, please contact preschool director Karen Leeds at kml@beachwoodschoools.org or 216.464.2600, ext. 2101.

Families with a child entering kindergarten in the 2023-2024 school year should complete the online

registration form at www.beachwoodschoools.org/NewKindergarten.aspx. For questions about registering for kindergarten, please contact district registrar Grace Perryman at gperryman@beachwoodschoools.org or 216.464.2600, ext. 2107.



32nd Annual Art in the Village Helps Kick Off Summer Art Festival Season June 3-4

The 32nd Annual Art in the Village with Craft Marketplace kicks off the summertime art festival season with a long-standing showcase that welcomes the nation's finest artists to Legacy Village. This year's free, two-day event takes place Saturday, June 3, from 10 a.m. to 7 p.m. and Sunday, June 4, from 10 a.m. to 6 p.m.

One hundred of the country's leading artists and fine crafters will come together to display fine jewelry, exquisite works of art, and hand-crafted apparel and decor. The festival will also include a full craft market with handmade

organic soaps, live plants, tasty edibles, affordable and practical artisan-created works, and more. Ample parking is available and pets on leashes are always welcome.

Presented by Howard Alan Events (HAE), producer of the

nation's finest juried art shows, the Annual Art in the Village with Craft Marketplace represents original, hand-crafted artwork selected by an independent panel of expert judges from hundreds of applicants. HAE's

careful vetting process also ensures a wide array of mediums and price ranges will be offered during the event. For more information, visit www.artfestival.com, email info@artfestival.com, or call 561.746.6615.

Beachwood Resident Stuart Goldlust to Exhibit at 32nd Annual Art in the Village

Over the past 5 years, Stuart Goldlust has turned his woodworking hobby into a successful creative career. The Beachwood resident designs unique, one-of-a-kind furniture and accessories from reclaimed wood and metal from Northern Ohio.

Stuart describes his collection as functional art for home and office. Each design is constructed from unusual trees that were destined to be discarded as firewood or landfill and repurposed into a meticulously hand-crafted *functioning* work of art. He doesn't want his work to be only admired; he builds his pieces to last for generations with extra reinforcement and specific coatings.

After working as the manager of training and documentation at the NASA Glenn Research Center in Brookpark, Stuart founded his own IT consulting business, traveling internationally for both government and private industries.

His woodworking hobby became a creative counterpart to his technical business. He constructed the first few pieces of furniture for his children and eventually started displaying his work in various art shows in Ohio. The response to his work was so enthusiastic that he decided to turn his hobby into a new career.

Be sure to visit Stuart at Art in the Village at Legacy Village. The name of his company and website is www.StuartGlobalDesign.com.



Stuart Goldlust's process, from forest to furniture.

Don't Miss the Best PJ Party Ever!

Come celebrate Chaya Dalya's 18th birthday – it's a PJ party! Eighteen is her "chai" birthday, which means life in Hebrew. In honor of this milestone, Chaya Dalya invites the community to attend her party, also a fundraiser, with all proceeds benefiting Sweet Dreams for Kids.



Chaya Dalya knows from personal experience that it's not fun to be in the hospital and that everyone feels better when they're comfortable. That's why she and her mom started Sweet Dreams for Kids: So patients could spend their days in new, cozy, comfortable pajamas.

"When we distribute new PJs, it puts smiles on kids' faces, which make me smile too," Chaya Dalya told us. "That's why I continue to raise awareness, fundraise, and collect PJs."

As a community, let's support Chaya Dalya and her mission to provide as many PJs as possible to children in the hospital. Chaya Dalya's birthday party is Sunday, May 21, 1-4 p.m., at Embassy Suites Beachwood, 3775 Park East Dr.

Admission is \$20 per person, \$18 for seniors, \$15 for ages 4-12, and free for children 3 and under. Enjoy food, music, raffle prizes, a magic show, a take-home prize, and many more surprises. Questions? Contact Wendy at 952.994.0818.



Registration Open for the 2023 Milestones National Autism Conference

Virtual annual event to feature 70+ sessions, sponsor expo, and networking for autism community

Milestones Autism Resources will celebrate its 21st year as an educational resource and thought leader in Northeast Ohio with its Milestones National Autism Conference, held virtually, June 14-15. Targeted toward autism professionals, autistic individuals, and their family members, the event will offer practical strategies to use at work, school, and home. This year, the highly renowned event will feature:

- Nationally recognized speakers, including non-speaking self-advocate Elizabeth Bonker, BA, as keynote
- Discounted rates and scholarships
- CEUs in 12 disciplines

To become a sponsor, exhibitor or advertiser, contact Vanetta Perry at vperry@milestones.org. To learn more, visit www.milestonesconference.org or call 216.464.7600, ext. 200.

CityMusic Cleveland Presents:

May 13 • 7-9 p.m. • Clarinet Dialogues

CityMusic Cleveland

Praxis Fiber Workshop • 15301 Waterloo Rd. (Arts District) • Free

From a whimsical musical depiction of the Tour de France to the melodic mastery of Mendelssohn, this concert will feature musicians Ellen Breakfield, clarinet; Daniel Gilbert, clarinet; and Donna Lee, piano. Daniel and Donna, husband and wife, are Beachwood residents, and it's always exciting to see them perform together.

CityMusic Cleveland is a professional chamber orchestra dedicated to making classical music accessible through free concerts and innovative programming throughout Northeast Ohio. It is and is also committed to advancing arts education access. To learn more, visit www.citymusiccleveland.org.



Ellen Breakfield, Daniel Gilbert, and Donna Lee, members of CityMusic Cleveland Chamber Orchestra.

Yarn Over Beachwood

Yarn Over Beachwood members knit, crochet, and loom items for different organizations and charities throughout Northeast Ohio. Goup members share ideas, patterns, projects, websites, links to patterns, and more.

The group meets the first Friday of each month, 10-11:30 a.m., at the Beachwood Library. Upcoming dates are May 5, June 2, and July 7.

Participants create varied projects that include hats, bird

nests, lapghans, and more – and yarn donations are always welcome!

To participate or donate yarn, contact Iris November at lbertyclub@gmail.com or 216.375.9111.



Crafters created hats for "Hats not Hate," the group's project against bullying. This is an ongoing project.

Jill Koslen-Freireich Introduces One Of A KIND Theater Company

Jill Koslen-Freireich, the founding director of the Beachwood Community Theater and former director of Beachwood Theater Camp, introduces her new act, One Of A KIND Theater Company, which will provide yearly fundraisers and features a new Summer Theater Camp.

Jill began her new theater company in October of 2022 with her first community project inspired by a request from Shalom Plotkin, founder and president of the Cleveland Senior Network, to create a musical to benefit The Longest Day program of the Alzheimer's Association. The Longest Day, the day with most light, is when people from across the world fight the darkness of Alzheimer's through fundraising activities of their choice.

Not A Day Over Fabulous, Jill's first act under her theater's new name, resulted from this request.

"The show is about aging – something that both actors and audiences can relate to," Jill shared. "It draws humor to



the realities of aging, whether aches and pains or menopause, because it's easier to laugh at yourself than complain."

Shalom added, "I saw this as an opportunity to unleash Jill's creativity, which always sparkles. I've wanted to support the Longest Day with this type of production for years because aging doesn't have to be a downer; it can be about celebrating life and having fun together, which is what we're doing with this production."

Beachwood residents Bruce Bogart and Amy Finkenthal have been influential in assisting with the writing.

Beachwood actors include

Bruce, Cheryl Eitman, Jazzy Gold, Larry Mittman, and Molly Markowitz.

Melinda Smith and Liv Passe have also been supportive in this endeavor.

The shows will take place

Saturday, June 10, 7:30 p.m., and Sunday, June 11, 2:30 p.m., in Anshe Chesed Fairmount Temple's Brickner Auditorium. Tickets are available online at www.clevelandseniornetwork.org or at the door. You may also make a donation to the Alzheimer's Association at the above link.

"Being able to create a musical to benefit a great nonprofit is what this new theater company is all about," said Jill. "As always, I have two goals in mind: to produce an outstanding final product for audiences to enjoy and to create tikkun olam (a better world) in the process by doing something that will benefit others."

Lead sponsors are Right at Home, in-home care and assistance, and Shapiro Funeral Care. There are still a couple of roles that have not yet been cast. If you're interested in performing or becoming involved, please reach out! For more information, contact Shalom at 216.357.1547.



One of a KIND Theater Company presents:

Not a Day Over Fabulous to benefit The Longest Day program of the Alzheimer's Association

Saturday, June 10 • 7:30 p.m.

Sunday, June 11 • 2:30 p.m.

Anshe Chesed Fairmount Temple's Brickner Auditorium

Ticket may be purchased at www.clevelandseniornetwork.org or at the door.

One of a KIND Theater Partners with Hawken's Summer Programming to Create Hawken's Performing Arts Camp

This new camp will run from June 20 through July 28, and is open to students entering grades 3-8.

"Creating this partnership has been a long haul. When Mark Nestor and Hawken came into the mix, I knew it was the perfect fit," Jill told us. "This business is a labor of love. I do this for the kids; the rewards are infinite!"

Theater has been an outlet for Jill to teach her performers/students that acts of kindness

can be incorporated into daily routines and that paying it forward brings harmony that may snowball into something miraculous. To endorse these concepts, campers will perform in an original musical, *Songs About Rainbows*, which will celebrate diversity, acceptance, tolerance, and the freedom to be who one chooses to be. Jill also promises great instruction in acting, vocal performance, improv, dance, and crafts,

along with weekly showcases to feature all that the students learn in workshops.

Registration information is available at www.summer.hawken.edu.

A master program is also offered for students in grades 9-12 who would like to assist in workshops and be trained as junior counselors. Master students will also receive instruction from professionals in Northeast Ohio. Those interested in applying for the program must

schedule an interview prior to registering by emailing Jill at 1ofakindtheatre@gmail.com.

Theater has been an outlet for Jill to teach her performers/students that acts of kindness can be incorporated into daily routines and that paying it forward brings harmony that may snowball into something miraculous.

Menorah Park and Kol Israel Present: Walk the Story

Menorah Park and Kol Israel invite the community to attend Walk the Story, a self-guided experience with insights about the Holocaust, on Sunday, May 21, any time from 1-5 p.m.

- Hear the rare voices of survivors and witnesses to history.
- Discover the historical overview of the Holocaust and timeline of events to present day.
- Gain insight as speakers, docents, and residents share their stories by exploring the variety of paths designed to maximize and individualize your experience through choices of five walking stations (approximately 20 minutes each), presentations, and informal sit-downs.
- Join together to reaffirm commitments to our calling to never forget.

Walk the Story will take place at Wiggins Place, 27070 Cedar Rd., Beachwood (additional parking located on the Menorah Park

campus, on the south side of Stone Gardens, with shuttle service).

To RSVP or learn more, please call 216.360.8202 or email communityrelations@menorahpark.org by Monday, May 15.

Additional information:

- All are welcome and generations are encouraged.
- Light refreshments with Kosher Dietary Laws observed.
- Kol Israel Foundation's Face to Face® program provides Holocaust education to students and community groups. We believe learning about the atrocities of the past is the surest way to teach about dangers of hate and intolerance.
- Menorah Park provides residential options and health care services in a culture of innovation and excellence guided by Jewish values. We are stewards of our community and recognize history and education as vital components of our mission.

BHS Earns College Board AP Computer Science Female Diversity Award

Beachwood High School earned the College Board AP Computer Science Female Diversity Award for expanding young women's access to AP Computer Science Principles. Research shows that female students who take AP computer science are more likely to major in computer science. Trevor Packer, senior vice president, Advanced Placement and College Readiness at the College Board, praised AP Computer Science teacher Craig Alexander for his leadership in introducing underrepresented groups to the field of computer science. "Your leadership in creating more equitable access to computer sciences is helping prepare more

young women for the high-paying, in-demand jobs of the future, and giving them the opportunity to solve some of society's greatest challenges," stated Trevor. "We recognize Craig for contributing to this great achievement."



AP Computer Science teacher Craig Alexander with senior Ámbar Cáceres Brenes.

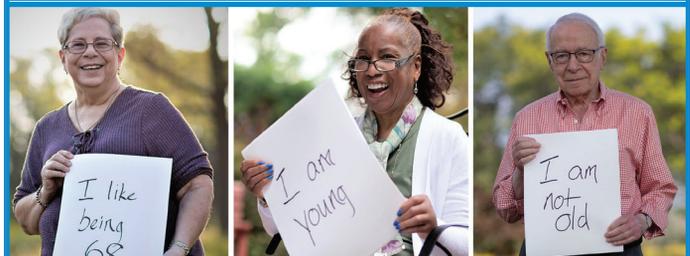
Age isn't chronological.
IT'S PERSONAL.



At Menorah Park, we think that the age on your driver's license is only a small part of who you are. It doesn't tell the whole story. We believe you're never too old to be young. That's why we're here: to help keep you dreaming, learning, living. To help you keep being you.

Menorah Park is dedicated to offering a wide variety of programs and support to meet each individual's needs . . . from therapy to brain health, to residential care and more.

Join our community today. Explore our many residential options for a place that's perfectly you!



MENORAH
PARK

EXCELLENCE IN CARING®

Menorah Park.org
216-831-6500

Locations in Beachwood and Chagrin Valley

Two Great Ways to Celebrate Yom Ha'atzmaut

Join us to celebrate Israel's Independence Day with two major community events this May!

Yom Ha'atzmaut Concert with The Shalva Band

Tuesday, May 9 • 7:30 p.m.
Mimi Ohio Theatre
1511 Euclid Ave., Cleveland

The Shalva Band, composed of eight talented musicians with disabilities, performed on Season 6 of *The Rising Star* in Israel. Hundreds of thousands of people tuned into the popular broadcast to watch their performances.

Tickets are available at <https://tickets.playhousesquare.org/>. Use code JFED for \$12 discounted tickets.

IsraelFest! for Yom Ha'atzmaut

Sunday, May 14 • 2-5 p.m.
Mandel JCC – Safran Park
26001 S. Woodland Rd.

Celebrate 75 years since the signing of the Israeli Declaration of Independence on May 14, 1948. This celebration of Israel will include fun for all ages:

- Door prizes and raffles
 - Music and entertainment
 - Free swag
 - Activities and games
 - Crafts for unique Mother's Day gifts or special family keepsakes
 - Delicious kosher food
 - A shuk (Israeli marketplace) shopping experience
- Register at www.jewishcleveland.org.

119th Annual Meeting of the Jewish Federation of Cleveland

Monday, May 22 • 7:30 p.m.
Park Synagogue
27500 Shaker Blvd., Pepper Pike

Celebrate our community and what we've accomplished together and hear:

- Remarks by Dr. Kenneth W. Stein, professor emeritus at Emory University and founding president and chief

content officer at the Center for Israel Education

- Presentation of the 2023 Charles Eisenman Award for Exceptional Civic Contributions to Global Cleveland
 - Election of Federation trustees
- Register at www.jewishcleveland.org.



Beachwood Duo Among Schechter Students Awarded at Northeast Ohio Science & Engineering Fair

On March 16, students from the Gross Schechter Day School seventh-grade class participated in the Northeast Ohio Science and Engineering Fair (NEOSEF) on the campus of Cleveland State University. The fair was the culmination of nearly five months of hard work and research under the tutelage of middle-school science teacher Nicole Glavovich.

"The students chose an area they were interested in and developed their project from there," said Nicole. "Though I advised them during their research, the experiment and data were all done on their own. I couldn't be more proud of the class and their accomplishments."

The students, who qualified for NEOSEF after their projects were judged by science professionals earlier in the month, presented in a variety of fields, including chemistry and behavioral science. Beachwood residents Isabella Bodzin and Miriam Shapiro were among the Schechter students who were honored in a field of over 600 students from more

than 80 schools. Miriam received a third-place award in the field of Behavioral Science. Isabella placed second in the same category and received a special individual recognition from the Cleveland Clinic Department of Psychiatry and Psychology.

Head of School Ginny Galili echoed the positive feelings. "Our students, who worked closely with Nicole, sought knowledge and solutions to real-world questions. They learned to utilize an analytical lens and scientific methods. It is no exaggeration to say that an astounding number of awards in a wide variety of fields of study were earned by our seventh-grade class this year.



Schechter middle-school students show off their awards from the 2023 NEOSEF. Beachwood residents Miriam Shapiro (sixth from left) and Isabella Bodzin (far right) received special commendations at the ceremony.

HarborChase Luxury Senior Living Community Comes to Shaker Heights

The demand for high-quality senior living communities is growing exponentially. Beyond the expectations of personalized care, seniors today are searching for communities customized for their independent lifestyle. They want better dining choices, exceptional events, well-appointed apartments, and resort-style amenities that complement their personal lifestyle without foregoing their freedom – and rightfully so.

HarborChase of Shaker Heights is the area's newest senior living community. Managed by Harbor Retirement Associates (HRA), amenities include a full-service salon and spa, fitness center designed to accommodate all levels of mobility and professional exercise classes, beautiful outdoor living spaces, and dedicated Life Enrichment program that guarantees a wide range of events are always happening.

Five on-site signature eateries range from casual fare to fine dining. Dining options within spaces that provide both communal and private occasions are imperative to the HarborChase

promise of delivering exceptional hospitality while celebrating senior living every day. With all the freedom and amenities of a luxury resort, retirees who choose a senior living community like HarborChase of Shaker Heights also get the reassurance that – should they need a higher level of care down the road – they need not look beyond their own front door.

Karin Bateman, HRA's Chief Operational Officer, said, "Meticulous attention to details in our Shaker Heights community supports our 21-year commitment to the creation and refinement of successful senior living communities in which we

ourselves envision living. We are thrilled to bring the HarborChase lifestyle to Shaker Heights and the Greater-Cleveland area."

Now open to the public, personalized tours are available by reservation only. Walk-ins

are welcomed during our Open House, each Saturday in May, from 10 a.m. to 2 p.m. Charter Club memberships are available through May 31. For more information, visit HarborChase.com or call 216.910.5457.



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Congregation Shaarey Tikvah Receives Ohio Historical Marker

Congregation Shaarey Tikvah (CST), a close-knit, vibrant conservative synagogue located in Beachwood, is happy to announce that it has received an official Ohio Historical Marker.

The historical marker, titled *Gates of Hope for Jewish Immigrants*, was awarded by the Ohio History Connection after the congregation applied in 2021. Furthermore, the William G. Pomeroy Foundation awarded the synagogue a grant to cover all associated costs. Founded in 1940 by German Jewish Holocaust refugees and named Shaarey Tikvah – Gates of Hope, the synagogue's 83 year history tells the story of Jewish immigration to Ohio.

"We were thrilled to learn that the Ohio History Connection and the William G. Pomeroy Foundation found our story to be so compelling as to award us the honor of the Ohio Historical Marker. It is truly a tribute to our synagogue's founders and to the entire Cleveland Jewish immigrant story," said Martha Sivertson, executive director at Congregation Shaarey Tikvah.

Jewish immigrants have long settled in the Cleveland area; since 1839, Jews have contributed significantly to Cleveland's social, industrial, medical, and religious life. After over 100 years of growth in Cleveland, the Jewish population began moving east, necessitating local synagogues and Jewish institutions to also migrate east.

Congregation Shaarey Tikvah is planning an installation ceremony and unveiling of the marker at 9 a.m. on Sunday, May 28. Members of the community, including the press, are invited to attend.

In 1942, Shaarey Tikvah – Gates of Hope moved from private home gatherings to above the Tasty Shop Bakery on Euclid Avenue near East 105th Street in Cleveland before settling in a "streetcar barn" at Superior Avenue and East 123rd Street. As the congregation's membership grew, so did the need for a full-time rabbi. After the insightful leadership of Rabbi Hans Zucker and Dr. Manfred Strauss, Dr. Enoch H. Kronheim became the congregation's first full-time rabbi in January 1946. In October 1950, the congregation purchased the Heights Presbyterian Church at Mayfield and Pryer Roads in Cleveland Heights and changed its name to the Mayfield Temple. It became a member of the United Synagogues of America in 1957. Jacob Shtull was installed as Rabbi in 1958. A Canadian immigrant, ardent Zionist and political activist, Rabbi Shtull was the first English



speaking rabbi at Shaarey Tikvah. He served the congregation for 35 years. After two more name and location changes, Congregation Shaarey Tikvah dedicated their Fairmount Boulevard address in 1986 as the first Conservative Jewish congregation in Beachwood.

Congregation Shaarey Tikvah is planning an installation ceremony and unveiling of the marker at 9 a.m. on Sunday, May 28. Members of the community, including the press, are invited to attend.

AJAS Names Meisel Trustee of the Year

Longtime Menorah Park advocate and community leader Peter Meisel received the Trustee of the Year Award from AJAS, the Association of Jewish Aging Services. This prestigious and well-deserved award is presented to an outstanding trustee whose facility is a member of AJAS, when the trustee has demonstrated a significant contribution by enriching the lives and well-being of Jewish elderly, displayed a personal commitment to the life of the organization, and provided outstanding leadership to the organization and the community at large.

According to Don Shulman, president and CEO of AJAS, "As the Awards Committee put forward Peter's nomination as their recommendation for our Trustee of the Year Award, it was clear to understand their unanimous decision. Peter possesses the winning combination of balancing not only a professional and family life but the energy and support for the Jewish community as well. Peter holds a quiet dedication, altruistic spirit, and level of empathy. He believes strongly in

giving back to the community. What better exemplifies the spirit of serving with a Jewish heart?"

Menorah Park Board member Larry Mack joined in presenting the honor at the AJAS conference held in late March, saying, "Peter, simply put, embodies our Jewish values. We find him to be a model we all desire to emulate to the best of our abilities."

As the award submission notes, while fully committing professionally to a business

started by his grandfather, Peter extends equal devotion toward family and the community he finds so dear. He is a man who consistently responds to lift people higher.

AJAS president and CEO Don Shulman, award recipient Peter Meisel, and Menorah Park board member Larry Mack.



Community-Wide Tikkun Leil Shavuot 5783

Join together to commemorate the giving of the torah at the 2023 community-wide Tikkun Leil Shavuot program, free and open to the community, on Thursday, May 25, 7 p.m., through Friday, May 26, 7 a.m., at B'nai Jeshurun Congregation, 27501 Fairmount Blvd., Pepper Pike. Doors open at 6:45 p.m. Come for one session or the entire event. Select sessions will be streamed. This program is presented by B'nai Jeshurun Congregation and the Estelle & Dr. Milton Rosenberg Tikkun Leil Study Session Fund.

Highlights will include nine sessions with more than 30-plus presenters include an eclectic mix of topics, Festival Shavuot evening services, grand dessert buffet, breakfast bar, Kabbalistic wedding ceremony, and Shavuot morning sunrise services. For a detailed schedule, visit <https://cutt.ly/bnajeshurun-tikkun2023>.

Twenty-one co-sponsors, in addition to the B'nai Jeshurun Congregation and the Estelle and Dr. Milton Rosenberg Fund, are involved. Presenters include rabbis, cantors, university professors, Jewish

communal professionals, and leaders from across Jewish denominations and affiliations. Many of the co-sponsors and teachers are from Beachwood.

Pre-registration is required for in-person attendance by Tuesday, May 23, at noon. To register, visit <https://cutt.ly/registration-tikkun2023>.

For more information, contact Shani Kadis at shanikadis@bnajeshurun.org or 216.831.6555, ext. 131. Committee members include: Harriet Rosenberg Mann, Richard Berkowitz, Senior Rabbi Hal Rudin-Luria, Rabbi Josh Foster, and Shani Kadis.

Sample topics include:

- A "Free" Press – Today's News Landscape, by Kevin Adelstein
- Rembrandt & the Jews in 17th-Century Amsterdam, by Samantha Baskind
- Torah Yoga, by Halli Kiwi
- Torah in Our Hands: Scribing Our Way to Shavuot, by Rabbi Bec Richman
- A Jewish Understanding of Christian Pentecost, by Rabbi David Komerofsky
- The Rise of Jewish Fundamentalism in Israel, by Jay Leberman
- Embodied Torah: Receiving the Wisdom of our Bodies, by Yoshi Silverstein
- Weird Jewish Practices and Helpful Curses, by Cheryl Gordon
- Israel Update, by Rabbi Peter Haas
- Respecting Our Parents, by Rabbi Shalom Plotkin
- Does Prayer Work? by Rabbi Lauren Werber
- Midnight Hike to Mt. Sinai (outdoors), by Rabbi Hal Rudin-Luria



My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver

Join us as former Wisconsin Governor Martin J. Schreiber continues the most important campaign of his life when he discusses the challenges of being an Alzheimer's caregiver. Like many thrown into the heartbreaking Alzheimer's world, Schreiber knew little about the disease as he cared for his spouse of more than 60 years. What Governor Schreiber found most disturbing was that even healthcare providers don't know the degree to which Alzheimer's impacts the person who lives with it and his or her family. During this event, Schreiber will share what he has learned so others do not experience the learning curve he did.



A free copy of Governor Schreiber's book will be given to all attendees.

After the seminar, Governor Schreiber will include time for questions, answers and suggestions from other caregivers. He will also be available to sign copies of his books.

Thursday, May 18, 2023

5 p.m. – 5:30 p.m. Registration
5:30 p.m. – 6:15 p.m. Seminar
6:15 p.m. – 7 p.m. Q&A Session and Book Signing

RSVP: 440-543-6766 or ChagrinFallsArdenCourts@promedica.org



Guest Speaker Martin J. Schreiber
Former Governor for Wisconsin
Author, *My Two Elaines: Learning, Coping, and Surviving as an Alzheimer's Caregiver*
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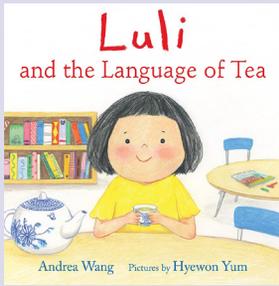
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May StoryWalk®



In recognition of Asian American and Pacific Islander Heritage Month, the May StoryWalk® will be *Luli and the Language of Tea*, written by Andrea Wang, pictures by Hyewon Yum.

While her parents attend a community ESL class, Luli connects with other immigrant children by sharing a love of tea. Informed by her own experience as the child of Chinese immigrant parents, Andrea Wang makes the point that when you're looking to communicate with people, you look for a common bond. The word for "tea" is similar in many languages, and tea becomes the unifying metaphor that brings a diverse group of children together.

The word for "tea" is similar in many languages, and tea becomes the unifying metaphor that brings a diverse group of children together.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg- Hubbard Library to help build children's interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Anne.

Acupuncture: Concepts and Practice

Holistic medicine implies considering the whole body when treating a symptom. Acupuncture is one such holistic science. The history of acupuncture dates back more than 3,000 years and has been documented in works like *The Yellow Emperor's Classic of Internal Medicine*, written around 100 B.C. and *The Great Compendium of Acupuncture and Moxibustion*, written during the Ming Dynasty (1368–1644), which is the foundation of current acupuncture practice.

Acupuncture as practiced in these ancient times has evolved with influences from the West, better needles, introduction of electricity and lasers to stimulate points, and research into the science behind what changes these treatments have in the body and why they work. Needles today are disposable, filiform and solid, made of stainless steel, gold, and silver, and they come in pre-sterilized single and multipacks. They are machine made for various lengths and diameters to suit different treatments.

The concept of acupuncture is to prevent disease by balancing the body and treating symptoms by approaching the root cause and the perceived symptom. Treatments are planned based on patient complaints and may involve several modalities. The entire body has more than 300 acupuncture points with each one affecting an area, a symptom, a deficiency, or an excess. The acupuncturist may make use of points on the body, ear (ear acupuncture), head (scalp acupuncture) or hands (Korean hand therapy) based on symptoms or the acupuncturist's training and preference.

So, what condition can you treat with acupuncture? The most widely known indication is pain, which may be acute or chronic. However, almost every symptom may be treated, including difficult symptoms



like those of Parkinson's Disease, tremors, anxiety, depression, and addictions, amongst others. Gastrointestinal, respiratory, orthopedic, and ENT symptoms are also within this scope. However, acupuncture will not cure cancer or stop a terminal disease from advancing, although it may allay symptoms.

Although needles are the most common instrument of this practice, children and needle-shy patients may be treated with ear seeds, cold lasers, and acupressure. Treatments can vary from 15 minutes for a focused treatment to over an hour for complex issues.

Side effects are not very common but can occur and may include bleeding, bruising, pain, dizziness, and nausea. More serious side effects, although rare, should be discussed with your acupuncturist.

Most symptoms respond in about 6-8 treatments. However, chronic symptoms may require more treatments. Some symptoms may require maintenance treatments to prevent recurrence. Facial rejuvenation, for example, will most definitely require maintenance treatments.

So why should you seek treatment with an acupuncturist? In China, acupuncture is done routinely as a means to stay healthy. The West sees it as a modality to

help heal tissues and alleviate symptoms that may not be responding to conventional treatment options, or it may be used as a supplemental therapy to manage symptoms. Whatever the reason, most symptoms may be treated with acupuncture and it is a minimally invasive therapy with few contraindications or side effects. So, do explore if this option may be suitable to alleviate your symptoms.



Every part of the body is represented on the ear because it is a microsystem, hence it can be used as a stand-alone treatment or can augment body acupuncture.

This information was provided by Dr. Massarat Zutshi MD, DABMA, who was trained as a colorectal surgeon and an acupuncturist. She now practices acupuncture at The Darling Building, 23300 Chagrin Blvd., Suite 105, Beachwood, offering acupuncture, microcurrent, and red light therapy.

Dr. Zutshi opened her office in Beachwood because she has practiced here for many years, it's accessible by freeways, and has quality office space. She may be reached at 614.329.4113, mzacupuncture21@gmail.com, or www.mzacu.com.

No Joke. Laughter is Good Medicine

by Ellen Wohl

Jimmy Buffett sang it. Robert Frost wrote it. "If we couldn't laugh, we would all go insane."

The American Association for Therapeutic Humor (yes, it's real) defines therapeutic humor as "any intervention that promotes health and wellness by stimulating a playful discovery, expression, or appreciation of the absurdity or incongruity of life's situations." In other words, things that make us laugh relieve stress and anxiety.

Renowned author and professor Norman Cousins, who was known for his perpetual optimism and positive attitude, developed "laugh therapy." Guess what? It's nothing to laugh at. There's scientific proof.

Working with Loma Linda University School of Medicine, he found that people watching a funny show or movie for 60 minutes had a considerable drop in the stress hormones cortisol and adrenaline. The study discovered that laughter could release a brain chemical that produces endorphins, one of four happiness hormones.

Something as simple as laughing at a good joke breaks the cycle of mental and physical pain when the mind is shifted in a different direction. I have a friend who starts every conversation with, "Have you heard this one?" and proceeds to share the latest joke. Even if it's a clunker, a grimace is all it takes to make me giggle. (Ba-dum-dum!)

The idea of laughter being beneficial was first documented in the Bible. In Proverbs 17:22, we learn that "a joyful heart is good medicine." Laughing can improve not only spiritual but physical health as well. While it's corralling those stress hormones, it's building immune cells and infection-fighting antibodies. A good hearty laugh forces you to take in oxygen-rich air, which improves circulation to the brain and heart, reduces blood pressure and increases pain tolerance. No joke!

Laughter Yoga (or hasna yoga) is a combination of simple yoga breathing and movement. No jokes or even having a sense of humor are required. The idea is that the body can't tell the difference between real and forced or fake laughter. Dr. Madan Kataria, originator of modern laugh yoga, noticed the similarities between laughing and pranayama yogic breathing. The "ha-ha" yoga warmup is reminiscent of the old children's game of "ha-ha" where you'd lay on the floor head to belly and start with a single "ha." Then "ha-ha." Then "ha-ha-ha" and so on. Before long, the fake laughter turns into real laughter, with everyone rolling on the floor in hysteria.

What did we do before 2013 when there was no such thing as binge watching? Laughter is now

easier to access on a daily basis. Video streaming and the DVR revolutionized the way we watch TV. Old comedies and movies are available to us with the press of a button. Not everyone has the same sense of humor which makes the world of comedy a great, big, crazy variety show.

In the 21st century, we still believe that laughter is good medicine, and a daily dose is the perfect prescription with everyone rolling on the floor in hysterics!

What makes you laugh? Situational comedy (the great TV shows like *Seinfeld* and *Friends*), slapstick (remember *The Three Stooges*?) and let's not forget satire (I always look forward to the next Randy Rainbow video). Of course, some people laugh at things that aren't normally funny. Think of the iconic *Mary Tyler Moore Show* episode, with Mary Richards suppressing her laughter and finally losing control at the funeral of Chuckles the Clown.

In the 21st century, we still believe that laughter is good medicine, and a daily dose is the perfect prescription with everyone rolling on the floor in hysterics!



Library Programs

Summer Reading Program

It's time to get ready for CCPL's Summer Reading Program, "All Together Now." Take the summer reading challenge to earn prizes. Pre-registration begins May 1. Visit ccplsummerreading.org to register or visit your CCPL branch. The program runs from June 3 through August 13 and is open to community members of all ages.

The library will be closed on Sunday, May 28, and Monday, May 29, in recognition of Memorial Day. There will be no storytimes during the month of May. Check event listings for the full schedule at <https://cuyahogalibrary.org>.

Hebrew Language Storytime

Families
Wednesday, May 3 • 4-4:30 p.m.

Hear stories, songs, and fingerplays in Hebrew and English. Presented in collaboration with the Mandel Jewish Community Center.

Adapted Storytime

Ages 3-5 years with caregiver
Friday, May 5 • 10-11 a.m.

Children with varying learning styles and abilities will learn together in a safe, supportive environment where respect and appreciation for differences is encouraged. Registration is required.

Chinese Language Storytime

Families
Thursday, May 11 • 4-4:30 p.m.

Hear stories, songs, and rhymes in Mandarin Chinese and stay for playtime after! Presented in cooperation with the Chinese Academy of Cleveland.

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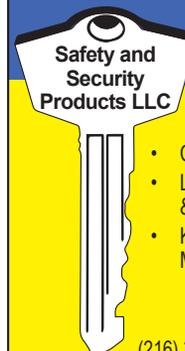
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