

Beachwood Buzz

November 2023

Every Resident. Every Business. Every

MAGAZINE



Museum-Quality Art Transforms UH Ahuja's Halls and Walls

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Here's to the next 50!

Letter from THE EDITOR

By Debby Zelman Rapoport



The past month in Israel has been horrific. The terrorist murders and violence are inhumane and beyond comprehension – the worst massacre of Jews since the Holocaust. Nobody should be subjected to the heinous actions that so many have endured. As a community, regardless of religion, let's pray for peace, for the people of Israel, and for innocent civilians whose lives are being destroyed. ***Israel needs our support and we can help.*** Please see the article on page 12, submitted by my brother, Dan Zelman, Jewish Federation of Cleveland board chair.

Individually, we need coping skills to support our own and others' well-being. Mel Robbins, on a recent podcast, shared five ways to cope when we're feeling lost in a dark world.

- **Spiritual practices:** Prayer, meditation, journaling, nature, and other practices may support compassion, healing, and peace.
- **The 10/5 rule:** Whenever you're 10 feet away from another human being, just look them in the eyes, smile, and hold it for 3 seconds or more. When 5 feet away, do it again. This will signal their mirror neurons and tell them that you're a friendly, safe connection. Most likely, they'll mirror your response because humans are wired for connection.
- **Stay informed, don't inundate yourself with the news:** The amount of time you spend being informed has no correlation with how much you care about

what's going on. When we let our mental health diminish, we can't navigate reality as well as when we protect it. Focus on showing how much you care by your actions, not by how much news you're ingesting.

- **Reach out and check in on people:** Please let friends know they're not alone in this and that you care about them. End conversations by saying that they don't need to respond. People often don't have the energy to check in with you.
- **Think about the metaphor of a lighthouse:** We each have a light inside of us that shines in all directions. When we see despair, respond with hope. When we feel sorrow, respond with love. When we're met with agitation, respond with kindness. Let your light shine!

Healing in a destructive world is a complex, ongoing process. It's important to remember that seeking

help and support is a sign of strength, not weakness, and that healing takes time.

Healing in a destructive world is a complex, ongoing process. It's important to remember that seeking help and support is a sign of strength, not weakness, and that healing takes time.

Maintaining positive beliefs supports well-being, hope, community connection, and problem-solving. It's not about denying reality, it's about finding the motivation and resilience to address it. It's about finding our beacon of light and letting it shine!

With Thanksgiving just a few weeks away, let's do our best to support ourselves, to help others, and to believe in the good of humanity, the beauty of each day, possibilities, and healing.

November 30 will mark eight years since my sister, Darcy Alter, lost her life to cancer. She left with us a legacy, her "I Believe" list, which is reprinted on page 15.

Darcy shared this list on October 3, 2015, at the bat mitzvah of her daughter, Sadie. Rabbi Rob Nosanchuk then shared it again, less than two months later, on December 3, 2015, at Darcy's funeral.

With Thanksgiving just a few weeks away, let's do our best to support ourselves, to help others, and to believe in the good of humanity, the beauty of each day, life's possibilities, and emotional healing. With all the atrocity, sadness, destruction, and inhumanity happening in today's world, please try to slow down, take a deep breath, and recognize all for which you feel grateful.



November 7 Election

On November 7, it is our responsibility to select the candidates whom we believe will best serve our interests. There are eight candidates running for four seats on Beachwood City Council and four candidates running for two seats on the Beachwood School Board. Please do your homework before you vote. View their ads in this issue and review each candidate's statement from last month's issue, at www.beachwoodbuzzmag.com, under the "Archived Issues" tab. I commend each candidate for putting themselves out there with a goal of making Beachwood stronger.



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Beachwood Buzz

Every Resident. Every Business. Every Month.

Buzz
MAGAZINE

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Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

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General Information

Beachwood Buzz is a privately owned independent community magazine that supports the City of Beachwood and Beachwood Board of Education. We reserve the right to accept or decline any advertising or content.

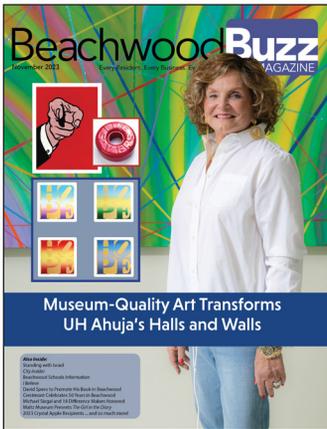
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Healthcare treatment isn't the only thing being delivered at University Hospitals Ahuja Medical Center. All those who enter its doors will also receive a healthy dose of exceptional contemporary art, most of which was donated by generous community members who see the value of having work on display in a venue that operates 24/7, 365 days a year.

Cover: Former Beachwood resident Penni Weinberg poses with *Rainbow Fantasy*, acrylic, that she donated; *Hey You*, silkscreen, by Roy Lichtenstein, gift of Bob and Darlene Duvin; *Get Me Out of Here Series*, cast resin, purchased from the Fine Arts Fund; *Seasons of Hope*, silkscreen, by Robert Indiana. Gift of Brenda and Marshall Brown, Barry Feldman, Paul Wehn, Bettyann Helms, Margaret Singerman, and Larry Singerman. Negative space creates a medical cross.

Complete story, written by June Scharf, begins on page 7.

Photos by Scott Morrison, Discovery Photo.

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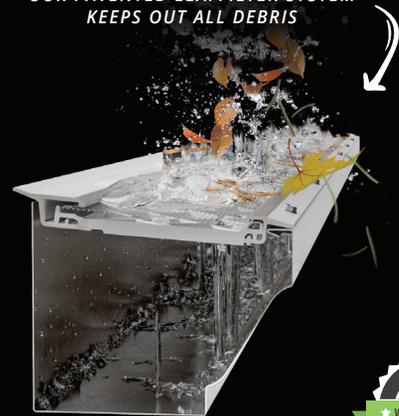
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Museum Quality Art Transforms UH Ahuja's Halls and Walls

Tom Huck, UH art curator, poses in front of ***Basketball Blooms***, by **Brandon J. Donahue-Shipp**
Purchase from the Fine Arts Fund

Brandon's artwork and research are rooted in community engagement with an emphasis on sports and spirituality. To create this artwork, he searched for and collected basketballs and shoestrings.

By June Scharf

Healthcare treatment isn't the only thing being delivered at University Hospitals Ahuja Medical Center. All those who enter its doors will also receive a healthy dose of exceptional contemporary art. And most of it was donated by generous community members who see the value of having work on display in a venue that operates 24/7, 365 days a year.

"The process of selecting pieces that seamlessly blend aesthetic appeal with the healing environment was both challenging and rewarding," said Tom Huck, UH art curator. "Each artwork was chosen with meticulous consideration, aiming to create an atmosphere that fosters tranquility and inspiration for patients, staff, and visitors alike.

Tom acquired 150 pieces of fine art, with an additional 300 reproductions, for the hospital's newly completed Phase II expansion, which includes the Drusinsky Sports

Medicine Institute. *The mission:* to elevate the experience of being in a hospital environment and to help visitors take their minds off of medical issues.

"The mission of the hospital is, *To Heal. To Teach. To Discover,*"

Tom said. "That is the catalyst of the fine art collection as well. With at least one of these in mind, we have achieved our goal."

Blue Breaking Wave, by Peter Bremers

Kiln cast crystal

Peter is a master of light, depicting the sublimity that occurs in nature in his sculptures. His fascination with the cultural and natural diversity of our planet is one of his greatest inspirations. Gift in honor of Monte and Usha Ahuja.



Case in point: Tom reports that a patient said, "I was late for my colonoscopy because I was looking at art!"

"From masterfully crafted paintings, prints, and photography to thought-provoking sculptures, the collection reflects our commitment to uplifting spirits and promoting a sense of well-being," Tom said. "The juxtaposition of colors, themes, and artistic styles serves as a testament to the careful thought invested in every selection."

"From masterfully crafted paintings, prints, and photography to thought-provoking sculptures, the collection reflects our commitment to uplifting spirits and promoting a sense of well-being," Tom said.

Spreading tranquility and contributing energy are certainly among Tom's goals, especially for those who work long hours and for those who could benefit from exposures that lift their spirits.

The UH fine art program is guided by its National Art Leadership Council, which has a number of glass collectors among its members, so that has been an influence. Additionally, the expansion space has wide hallways, enabling the inclusion of larger, three-dimensional objects.

Overall, Tom explained that his choices reflect the works of national and international artists who have diverse backgrounds across multiple cultures, and whose work features a mix of subjects and techniques, all meant to resonate with a wide range of tastes. Regional artists also hold a particular appeal, with many examples of their work on display.

As patients traverse the facility from one end to another, the art can serve an additional purpose: to help them navigate. "It's so interesting how often people use the art for wayfinding," he said. "For example, elevator lobbies can look similar, but the art offers recognition and a sense of place."

Nothing was installed by chance. There's a reason for the placement of each piece. Whether it's a common color that leads your

eye down a hall or the ability to view a piece from outside when it's dark, thought was put into all placements.

Some of his primary considerations involve how a space is used. "Will people be sitting in a spot for a long time, or more like 30 seconds? Will the piece be in an exam room, in close proximity? What is the audience for the treatment area – children or adults?"

And with such high caliber art spread throughout the spaces, Tom proudly declared, "It's as if a museum landed in Beachwood."

Art was truly a meager part of the construction budget, but it was still a critical element of the overall interior design. The gap was filled by the contributions of donors who were either downsizing or upsizing, who understood the impact that art has on the hospital's walls and halls.

"I am particularly proud of the collaborative effort that went into this project, involving artists, gallerists, designers, and the leadership teams," Tom



said. "The synergy of creativity and functionality is evident throughout the facility, offering a unique and enriching experience for everyone who

From top:
Inner Child (Mickey)
by Pablo Dona

Mixed media
Purchase from the Fine Art Fund.

Pablo takes viewers on a journey where everything is possible, even to be a child again. Look closely to see how this was constructed.

Festival of Love
by Max Patté

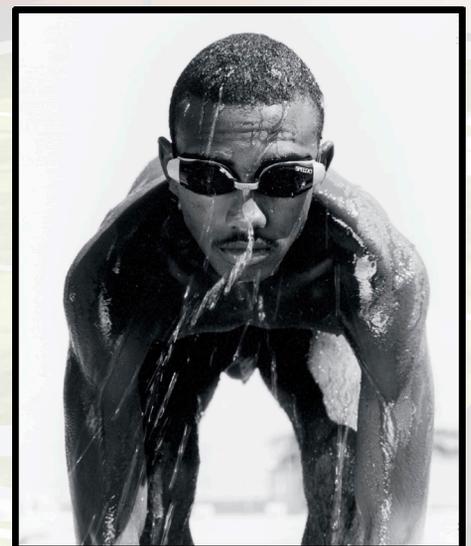
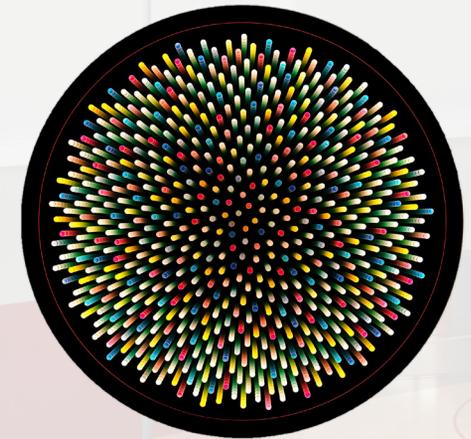
Mixed media and LED light
Gift of the UH National Arts Leadership Council, in honor of Sheila Fox.

Max aims to produce work that offers a multi-sensory experience that provokes an emotional response.

Havana, Cuba
by Walter looss

Archival pigment print
Gift of Michael and Marci Moses' Family Art Collection.

Walter has created more than 300 *Sports Illustrated* covers, the first at age 17.



“And with such high caliber art spread throughout the spaces, it’s as if a museum landed in Beachwood.”

– UH Art Curator Tom Huck

walks through our doors. It is our hope that the community we serve will experience the transformative power of art within our healthcare spaces, highlighting the significance of investing in environments that contribute positively to the healing process.”

Donors may contribute to UH’s Fine Art Fund which enables Tom to make purchases or commission an artist to create site-specific work. With those funds, he sourced pieces from a few local businesses, including Art Source in Beachwood, Contessa Gallery, District Gallery, and individual artists.

He reported that the gallerists and artists were eager to work with UH because they were very empathetic to people in the healthcare realm. They also delighted in the idea that people didn’t need to seek out the art. Instead, it’s right there, in plain view.

Reactions to the collection have been overwhelmingly positive, says Tom. “It makes me feel good, like I’ve done my job, although this isn’t entirely a job to me. It’s my life and my passion. And by working in a hospital setting, the reach is endless.”

Tom has been involved with art for the past 40 years, beginning with his attendance at the Cleveland Institute of Art where he earned a degree in ceramic art. For 15 years, he owned a gallery on Murray Hill in Little Italy, and for the past 12 years, he has worked as UH’s sole curator.

While the white walls and hallways are dramatically affected by the art, so too are the people within the spaces, and Tom realizes that some members of that audience may have never visited a museum or gallery. Part of his thrill in curating the art is knowing that he can potentially enhance their lives through exposure to this incredible collection.

For those interested in a 45-minute tour of the UH Ahuja expansion art collection, led by UH curator Tom Huck, or for those interested in donating funds or art, contact Tom at art@UHhospitals.org.

If you’d like to honor a family member or medical team, your appreciation credit will be noted on the accompanying plaque.

“It is our hope that the community we serve will experience the transformative power of art within our healthcare spaces.”

– Tom Huck



Top:
Phonebook
by Hijack

Bronze and mixed media
Purchase from the Fine Arts Fund.

Hijack is inspired by the spirit of music and the poetry of everyday moments, and believes his artwork creates colorful and meaningful perspectives on life. This sculpture leads visitors to Teddy Bear, a sculpture seen when exiting the elevator in the children’s area.

Right:
Teddy Bear
by Brendan Murphy

Mixed media
Gift of James and Christine Heusinger, in memory of Robert H. Lang.
Brendan is inspired by art’s potential to transmit positive energy and the effect that this positive energy has on society as a whole.





Clockwise, from
background:

Rainbow Fantasy,
Blue Over You, and
Color Me Red



PENNI WEINBERG

Living Life In Full Color

By June Scharf

The vibrancy! The beauty! And the complete sense of abandon! This is how one could capture both Penni Weinberg and her art – they are totally reflective of each other.

The former Beachwood resident lives life large and in full color, and every one of her paintings replicates that intense approach. Her canvases are typically 6 feet by 4 feet, and she mixes all of her own cheerful colors from acrylic paints. But more unexpected than anything else, she just started painting four years ago.

The 77-year-old sassy and foxy lady is no stranger to whimsy, and she bows to no particular conventions. Such was the

“I just painted for something to do, and never in a million years did I think it would go so well!”

case when a friend said over lunch that she was going to take a painting class in their neighborhood, offered through Frenchman’s Creek Country Club, in Palm Beach, Florida. Penni said she would go along, too. But when the instructor set a 1-foot-by-1-foot canvas in front of her, she declared, “I’m not going to take this class,” as mouths dropped around the room.

Why not? “You and I are not on the same page,” she told the teacher. And with that,

she left and bought a much larger canvas. She’s never taken a lesson either. “I don’t want anybody to get inside my head,” she says.

Six of her paintings now adorn walls in the new Ahuja South Pavilion and the Drusinsky Sports Medicine Institute. They also are prominently displayed throughout her homes in Moreland Hills and Palm Beach. Additionally, they have taken up residence in many other homes after people purchased them in several shows, including those at White Space Gallery

in West Palm Beach and Onnesimo Fine Art in Palm Beach Gardens where the supply was sold out during each exhibit. A total of 70 paintings have been purchased, with \$8,500 as the highest price tag.

The whole commercial experience was very surprising and a bit stressful, Penni says. "When the gallerist says she wants 30 paintings, I'm required to show up with 45 so the selection can be curated and there can be extras in the storeroom in case clients want additional options."

Her first show was especially nerve wracking, she notes. "I thought people wouldn't like them, but everyone loved them, although I still find that reaction amazing."

The downtime provided by the pandemic is what offered her the greatest concentration of painting opportunity. "I just painted for something to do, and never in a million years did I think it would go so well!"

How does she describe her artistic approach? It's all about the hues. "I just love color! And it's very ungapatchka!" (Yiddish: busy and ornate.)

Penni is highly prolific, with nearly 200 paintings produced in her home studios. Typically, she works on several paintings simultaneously. While one is drying, she's working on another. With 10 layers of paint usually applied, it can take weeks to complete a single painting.

Since her canvases are so large, her process requires her to lay them flat and walk around them. She coats them with an acrylic resin to give them a glossy finish. Her habit is to paint four to five times per week, for about an hour each session. Since she says she only needs about five hours of sleep, she has plenty of time to be productive early in the morning, even at 3 or 4 am.

She and her husband, Steve, spend most of their time in Florida, and the best way to accommodate her painting endeavors was to turn their pool house into a studio. She says Steve is very proud of her and her work, and he's grateful that she doesn't paint with oils because the potent smell would permeate their lives.

Other reactions? No one is surprised. "I've always been Type A, creative and very high energy."

Her family includes daughters Pam Kahn, Jennifer Dinner, and Stephanie Miller, eight grandchildren, and one great grandchild. They've all witnessed her other creative outlets, including needlepoint (not just pillows!), home decorating, cooking, and a



recent project, pictures made with colored feathers. She even won a *Dancing with the Stars* benefit event in Florida, last April, when she competed with a professional and wore a short red dress.

Penni also mentioned that her daughters are sartorially more conservative and as a reaction to her style, she earned the nickname "Jazzabelle." Her carefully curated wardrobe is testament to her colorful inclinations, with evidence in her "flamboyant" (her word) clothing choices.



Despite her commercial success, Penni insists that painting is just a hobby, one that has caught the attention of many, including representatives at the Maltz Jupiter Theater, in Jupiter, Florida, where a large piece, measuring 10 feet by 8 feet, was commissioned.

If one attempted to trace the genetic origin of Penni's talent, it would likely lie with her father, Joseph Mandel. While he was in his 60s, he discovered his own artistic abilities and began making sculptures from steel that involved welding. "He was very, very good, and he had no training!" He

lived to age 103. "He was something," Penni recalls. "At age 95, we needed to take away the keys to his Ferrari!"

"I wish he could have lived to see my work. He would have been excited by it, especially with my lack of training, too."

In an attempt to explain herself to an inquisitive reporter, she summed it up saying that she doesn't think about boundaries, she's fearless and a risk taker, and she's not afraid to fail. But what would that even look like? She's also an independent thinker and doesn't go along with the crowd.

Penni is deeply philanthropic with her time and funding, too. She serves on several boards in Cleveland and Florida, and nationally on the Joint Distribution Committee, an organization serving the Jewish community, and internationally for charities in Israel.

When pressed to consider her next creative adventure, she says she has no idea, but she loves to travel – that's a prime passion.

Her advice to others is the same mantra to which she adheres: "Go for it! Everyone should experiment and have fun, that's all you need to do!"

Penni's artwork was gifted to the hospital. For more information about Penni's art, visit whitespacecollection.com/penni-weinberg.



Standing With Israel

By Daniel N. Zelman, Jewish Federation of Cleveland board chair

Israel is at war. On the morning of October 7, the terrorist organization Hamas launched a surprise attack on Israel at an unprecedented size and scale. The fact that this war was launched on the 50th anniversary of the Yom Kippur War – and, again on a holy day of the Jewish calendar – is no coincidence, but another example of the depths this terrorist organization will go to create maximum trauma to the Israeli people.

The loss of innocent life is in the thousands and climbing. Thousands more are injured or missing. We continuously pray for the safety of the people of Israel.

During this tragic time, Jewish Cleveland's support for Israel is unwavering. Just two days after the attacks began, the Jewish Federation of Cleveland hosted 2,000 community members from across Jewish Cleveland and Greater Cleveland for a gathering to show our unbreakable commitment to Israel and the Israeli people. At this event, it was also announced that Federation has already sent \$1.2 million to support the victims of terror in Israel.

Now more than ever, Israel needs our support:

Federation is in close contact with international partners on the ground in Israel, including the American Jewish Joint Distribution Committee (JDC) and Jewish Agency for Israel (JAFI) to provide the humanitarian relief needed right now, as well as to understand what will be needed to address emerging needs. Your financial support will provide emergency support to those most vulnerable in the line of fire. It will also provide psychological assistance, and will help families deal with funerals, and so much more. To donate to the Israel Emergency Relief Campaign, visit: <https://donate.jewishcleveland.org/israel>.

Federation is also working to deepen awareness and understanding among elected officials and civic leaders of the war that was launched against Israel by Hamas. We've already seen several local officials and representatives in Cleveland, Columbus, and Washington, D.C. make strong statements in support of Israel. If you would like to view these messages, you can do so at www.ohiojc.org/statementsinsupportofisrael.

Federation beneficiary agencies Bellefaire JCB and the Jewish Education Center of Cleveland have resources to help you discuss the war in Israel with your children, including:

- Resources for learning and talking about Israel with children and teens: <https://makomisrael.org/>
- Responding to crisis: <https://jeccrespondingtocrisis.weebly.com/israel.html>
- Stories and resources on Israel for young children: <https://pjlibrary.org/israel>

If you or someone you know needs mental health assistance at this time, please contact Access Jewish Cleveland at www.accessjewishcleveland.org.

We are here for you.

The Cleveland Jewish community has a long-time reputation and commitment to be responsive in times of need. This is the time and you can be sure that Jewish Cleveland stands with Israel.



On October 7, Daniel N. Zelman, Jewish Federation of Cleveland board chair, addressed the crowd of more than 2,000 community members who gathered to show our unbreakable commitment to Israel and the Israeli people.

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Jewish Federation
OF CLEVELAND

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Your financial support will provide emergency support to those most vulnerable in the line of fire. It will also support psychological assistance, and will help families deal with funerals, and so much more. To donate to the Israel Emergency Relief Campaign, visit: <https://donate.jewishcleveland.org/israel>.

COMMUNITY VOICES

IN SUPPORT OF JOSEPHINE CHAN & MEGAN WALSH



Board of Education Member

KIM ALLAMBY

"I strongly support Megan and Josephine's reelection to the Beachwood Board of Education. As Board President, Megan **leads with integrity and compassion**. Josephine has been an **insightful and ardent champion** for our students. Both are deeply committed to ensuring educational excellence for all of our students. They are the right choice for Beachwood, our families and our children."



Board of Education Vice President

JILLIAN DELONG

"**Megan Walsh and Josephine Chan are true leaders in the community** who will always base decisions on the core values of academic achievement, intercultural awareness, and mental wellness. Over the past several years the schools have celebrated major milestones under their leadership that will positively impact generations to come."



Bryden PTO Representative

ASHLEY LANPHEAR

"I have been thoroughly impressed with Josephine and Megan, both personally and professionally. They have served on the school board through a very challenging pandemic environment and a formidable elementary facilities planning process. **Josephine and Megan are proven and inclusive advocates for all students.**"



Board of Education Member

WENDY LEATHERBERRY

"I am honored to serve with Josephine and Megan. Each of them brings a **unique perspective and is a skilled listener**. They work hard to hear from our community and always aim to ensure all of our students, families, staff and community members are well-served by our schools. The number one priority is always our students. I urge all Beachwood community members to vote for Josephine Chan and Megan Walsh this November."



Neurodiversity Family Network President

YIN-MEI LIM

"Under their leadership, we will get new elementary buildings that will bring our infrastructure up to date in terms of safety, technology, and functional space. **Josephine and Megan's backgrounds give them insight into mental health issues, racial sensitivity, and intercultural awareness** - themes that are so important in this day and age. They have a proven track record and we should all feel confident that our support of them will ensure that Beachwood remains a strong school district."



Former City Councilperson

JAMES PASCH

"The Beachwood Board of Education led our district by earning broad community support for the building of two new elementary schools that will set our district up for continued success. Josephine and Megan's dedication to the growth and well-being of our children is evident in their tireless work. Most importantly, **their efforts with Board colleagues and school administrators to create a district that prioritizes equity and embraces our diversity will create a stronger Beachwood for generations to come.**"



Former Board of Education Member

DR. BRIAN WEISS

"Megan and Josephine represent everything we want and need in school board members, because they care. **They care about education, equity, our community, finances and most importantly, our kids!** While working with Megan as a board colleague, she was always collaborative and strived for complete transparency, both of which are essential and important to the public. Keep our school board strong by voting for Josephine Chan and Megan Walsh."

Endorsed by the Beachwood Democratic Ward Club & The Matriots

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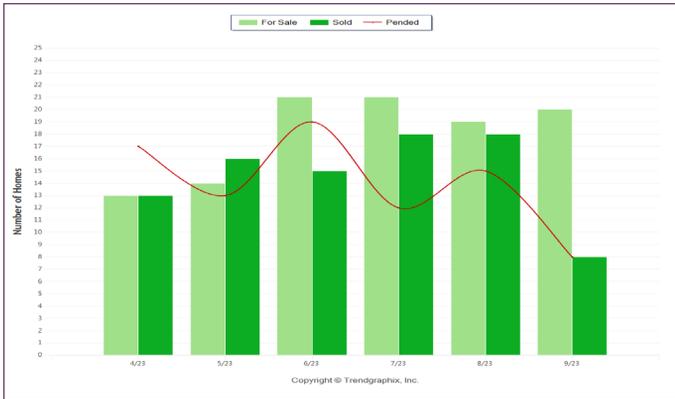
Paid for by Friends of Josephine Chan & Friends of Megan Walsh



JOSEPHINE CHAN
MEGAN & WALSH

Beachwood Board of Education

Real Estate Statistical Update by Sharon Friedman



"We continue to remain in a Seller's market as the trend has continued for the past two years. While the average sold price per square foot increased by 12.3% in September, the overall Median Sold Price dropped a smidgen more than 20%. Average Days on Market also decreased by a lot, with the number of days being 18 versus a previous month's total of 47, as buyers move to purchase before the winter months. This data suggests a continued lack of homes for sale, combined with a softening of prices. Overall the Market is neutral, however well priced homes in Beachwood are still enjoying brisk sales. Northeastern Ohio continues to be a desirable location attracting new residents from out of state, while Beachwood remains very competitive due to the quality and age of the housing stock and the excellence of schools and community amenities."

— Sharon Friedman

Homes SOLD in Beachwood July 12, 2023 – October 12, 2023

Street	Days	List	Sold	LP/SP%	Bed	Bath	Built
Cedar	276	199,000	163,500	82%	4	2	1955
Halburton	3	265,000	265,000	100%	2	1	1956
Bryden	68	399,900	365,000	91%	2	2	1950
Ramsay	74	365,000	376,000	103%	3	3	1956
E Silsby	8	379,900	380,000	100%	3	3	1952
Cedarview	1	389,900	400,000	103%	3	3	1958
Richmond	8	395,000	410,000	104%	4	3	1985
Cedarview	80	449,900	440,000	98%	4	3	1970
Halburton	12	450,000	450,000	100%	3	2	1955
Bryden	3	369,000	451,250	122%	4	2	1951
Greenlawn	26	470,000	460,000	98%	3	3	1962
Roxbury	16	499,900	465,000	93%	3	3	1986
N Woodland	27	489,900	475,000	97%	4	3	1974
Hawthorne	22	549,900	493,430	90%	4	4	1961
Shaker	185	529,500	505,000	95%	4	5	1957
Richmond	72	525,000	515,000	98%	3	4	1989
Buckhurst	29	515,000	517,500	100%	3	2	1956
Belvoir	4	459,000	525,000	114%	5	4	1952
Hermitage	22	549,000	525,000	96%	5	4	1958
Richmond	52	569,000	525,000	92%	3	3	2018
Annesley	4	500,000	530,000	106%	3	4	1983
Allen	57	599,000	580,000	97%	4	3	1968
Halburton	4	549,900	585,000	106%	4	4	1975
Sulgrave	85	595,000	590,000	99%	4	4	1961
Fernwood	63	639,000	600,000	94%	6	4	1951
Hampton	57	669,000	600,000	90%	3	4	1985
Roxbury	63	649,000	620,000	96%	3	3	1987
Hampton	8	650,000	672,500	103%	2	3	1985
Wendover	98	755,000	755,000	100%	4	4	1977
Bernwood	2	699,900	770,000	110%	4	4	1985
Annesley	56	875,000	830,000	95%	4	6	1985
Orchard	6	1,000,000	920,000	92%	5	6	1989

Beachwood Market Update

This data was provided by Sharon Friedman, courtesy of NEOHREX. Data provided was accurate at the time of reporting. The source for the spreadsheet is MLS Now. The market data is from Trendgraphix, Inc. Information is believed to be accurate, but not guaranteed. Data does not reflect sales of property not included in MLS. Consult a Realtor® if you have questions about the market.

SHARON LISTS AND SELLS BEACHWOOD!

FOR SALE!



24376 Hazelmere Road
List price \$409,900
3 Bed, 2.5 Bath SPLIT LEVEL

NEW PRICE!



25404 Bryden Road
List price \$365,000
3 Bed, 2.5 Bath RANCH

FOR SALE! BEACHWOOD SCHOOLS



23425 Bryden Rd in Shaker Hts
List price \$350,000
3 Bed, 1.5 Bath RANCH

PENDING!



24423 Bryden Road
List price \$350,000
4 Bed, 2.5 Bath RANCH

Sharon's Recent Beachwood Listings & Sales

- SOLD 10/23** 19 Deerfield Lane in The Village
listed at \$409,900
- SOLD 10/23** 7 Deerfield Lane in The Village
listed at \$375,000
- SOLD 9/23** 24301 Bryden Road
listed at \$399,900
- SOLD 6/23** 24410 Greenwich Lane
listed at \$850,000
- SOLD 6/23** 3 Hyde Park in The Village
listed at \$549,900
- SOLD OVER LIST IN 3 DAYS 6/23** 24860 Bryden Road
listed at \$475,000
- SOLD OVER LIST IN 4 DAYS 5/23** 2745 Sulgrave Road
listed at \$574,900
- SOLD IN 1 DAY 4/23** 2426 Brian Drive
listed at \$549,900
- SOLD 4/23** 5 Sherwood Court in The Village
listed at \$475,000

"Wishing A Happy Thanksgiving to the Residents of Beachwood!"

Thinking of Selling?
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At 216-338-3233!



Sharon Friedman

Sharon Friedman
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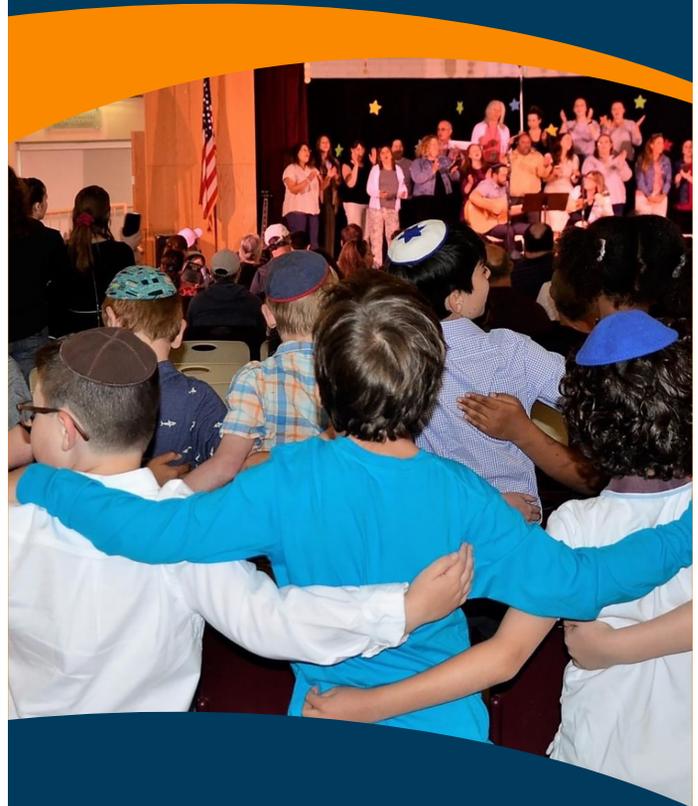
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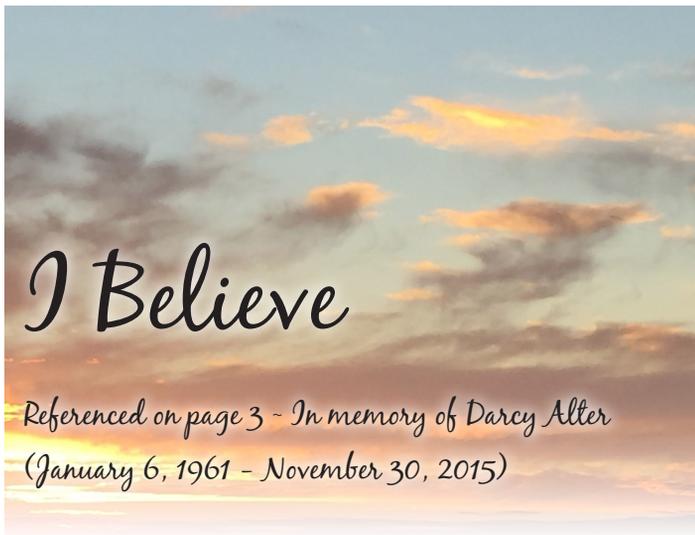


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I Believe

Referenced on page 3 - In memory of Darcy Alter
(January 6, 1961 - November 30, 2015)

I believe that we don't have to change friends if we understand that friends change.

I believe that no matter how good a friend is, they're going to hurt you every once in a while and you must forgive them for that.

I believe that true friendship continues to grow, even over the longest distance.

I believe that you can do something in an instant that will give you heartache for life.

I believe you can keep going long after you think you can't.

I believe we are responsible for what we do, no matter how we feel.

I believe that either you control your attitude or it controls you.

I believe that sometimes the people you expect to kick you when you are down will be the ones that help you get back up.

I believe that my best friend and I can do anything or nothing and still have the best time.

I believe I have the right to be angry, but it doesn't give me the right to be cruel.

I believe that maturity has more to do with the types of experiences you've had and what you've learned from them, and less to do with how many birthdays you've celebrated.

I believe that it isn't always enough to be forgiven by others. Sometimes you have to forgive yourself.

I believe that our background and circumstances may have influenced who we are, but we are responsible for who we become.

I believe that even when you think you have no more to give, when a friend needs you, you will find the strength to help.

I believe that credentials on the wall don't make you a decent human being.

I believe the happiest of people don't necessarily have the best of everything, they just make the most of everything they have.

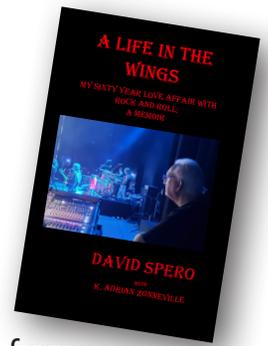
I believe that you should always leave loved ones with loving words. It may be the last time you see them.



David Spero to Promote His Book in Beachwood

A Life in the Wings My Sixty Year Love Affair with Rock and Roll: A Memoir

By Debby Zelman Rapoport



Beachwood Arts Council invites the community to attend David Spero's interview and book signing on Thursday, Nov. 16, at the Beachwood Community Center. The interview, with co-writer Charlie Weiner, will take place from 7-9 p.m., and books will be available for sale. David was inducted into the Beachwood High School Gallery of Success in 2000, and he looks forward to sharing his story with a Beachwood audience.

David and Charlie wrote 90% of the book at Jack's Deli, during the pandemic.

"Writing the book was the greatest, most fun project I have ever participated in," Charlie told us. "And appearing with David to talk about it is both fun and gratifying!"

David was destined to be part of rock and roll's history. Starting at age 13, he worked on his father Herman's *Upbeat* TV show, holding cue cards and later serving as talent coordinator. *Upbeat* was seen in over 100 cities between 1964 and 1971. David has since produced four *Upbeat Live* shows on Cleveland television, garnering three Emmy nominations.

His radio career started in 1968 at WXEN-FM in Cleveland. Stints at WNCR, WMMS, M105, and WNCX helped establish David as a top disc jockey in the then new and emerging field of FM radio.

David always knew that when he grew up he wanted to be in show business. He shared this dream with his dad, who said, "You can either grow up or be in show business, but you can't do both. If you want to be in show business, you have to have a young mind. It's the only thing that will keep you relevant."

Hanging around with recording stars evolved into the creation of David Spero Management, formed in 1973, to build a career in artist management. He then steered the careers of local icon Michael Stanley and producer Bill Szymczyk, best known for working with the Eagles, Who, and Bob Seger.

David took a 13-year break from rock and roll when he accepted a job as managing director/midwest for Columbia/Tri Star Pictures, where he coordinated the regional releases of such pictures as *Ghostbusters*, *The Natural*, *Tootsie*, and *Gandhi*.

Rock and roll then called again in 1990 when Joe Walsh asked David to manage his career. He then managed the careers of additional artists, including Harry Nilsson, Vanilla Ice, Eric Carmen, and Ian Hunter. He also produced *The Joe Walsh/Glenn Frey Tour*, which was the precursor to *The Eagles: Hell Freezes Over Tour*.

The rigors of touring took their toll. In 2000, David retired and accepted the position of vice president of programming and education at The Rock & Roll Hall of Fame. In this position, he produced the successful MTV show, *Live At The Rock Hall*, which aired for two seasons and featured such artists as Linkin Park, John Meyer, Godsmack, Avril Lavigne, and Alicia Keyes.

In 2003, again antsy for that rock and roll lifestyle, David Spero Management was back in business, representing the careers of Billy Bob Thornton, Hall of Famer Dickey Betts, Yusuf Islam/Cat Stevens, Survivor, Nelson, Don Felder, JD Souther, and The Funk Brothers. Recent additions include Bad Company, Petula Clark, Paul Rodgers, and Patty Smyth.

David humbly told us that, throughout his career, he didn't solicit musicians for work. "They approached me to represent them," he said. "And



David Spero with his partial collection of gold and platinum albums earned over the years. Photo by Chris Abood.

I always believed in and stuck to a standard: If I can't wear the T-shirt, I can't represent the band, because I've first been a fan of everyone I've represented."

David is a member of the Rock & Roll Hall of Fame Board of Directors, an inductee of the Ohio Broadcasting Hall of Fame, and, most recently, was inducted into the Personal Managers Hall of Fame, in Las Vegas, which is the highest honor bestowed upon a personal manager.

An upcoming documentary on David's life is also in production.

Completing this book was a major accomplishment for David and Charlie. They had a great time walking together down memory lane and agreed that if the project ever got in the way of their friendship, they would stop. Gratefully, they completed the project, have documented iconic behind-the-scenes events, and share David's stories about listening, watching, and helping so many talented individuals build their careers from the wings.

"It's incredibly exciting to come back to my hometown to talk about my career," said David. "Beachwood is where it all started."

David said that his biggest success is his 46-year marriage. He and his wife, Ellen, live in South Euclid. They have a son, Adam, 44, who is a graduate of John Carroll University and currently resides in San Diego.



David Spero Interview
and Book Signing

A Life in the Wings
My Sixty Year Love Affair
with Rock and Roll:
A Memoir

Beachwood
Community Center

Thursday, Nov. 16

7-9 p.m.

Free and
open to the community

SHOYKHET DELONG TAYLOR STERN



FOR BEACHWOOD CITY COUNCIL

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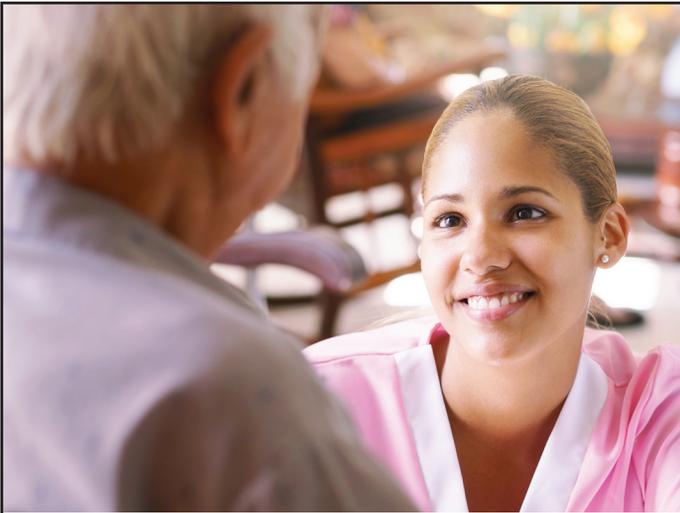
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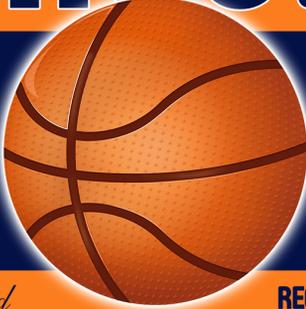
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GRADES

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City of Beachwood **REGISTER TODAY!**

Beachwood Boys Youth Basketball: The league will be divided into grades 3-4 and grades 5-6. Practices begin in December with games starting in January. Game times and schedules will be determined as soon as possible.

Bison Girls Youth Basketball: The program begins with clinics to teach fundamentals and form rosters in December. Teams participate in the Eastside Girls Youth League playing games in Beachwood and surrounding communities. Games on Thursdays or Sundays.

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Cleveland Jewish News Honors Michael Siegal and 18 Difference Makers

Michael Siegal of Beachwood will receive the Sam Miller Lifetime Achievement Award at the ninth annual *Cleveland Jewish News* 18 Difference Makers reception and awards ceremony on November 30.

The award will be presented to Michael, along with the 2023 Class of CJN 18 Difference Makers, at 6 p.m. at Park Synagogue in Pepper Pike.

Michael is the first person to have been honored as one of CJN's Difference Makers (in 2016), and then to go on to receive the Sam Miller Lifetime Achievement Award.

Past award recipients include: Lois Goodman in 2022, Peter and Aliko Rzepka in 2021, Milton and Tamar Maltz in 2019, Roe Green in 2018, Norma Geller in 2017, Sam Miller in 2016, and Harlan Diamond in 2015. There was not an honoree in 2020 due to the COVID-19 pandemic.

Michael is executive chairman of the board of Olympic Steel, Inc., in Bedford Heights. He is a congregant of Park Synagogue, has worked tirelessly for the Jewish community here and in Israel, and is a past chair of the Jewish Federations of North America, the Jewish Federation of Cleveland, and Israel Bonds.

Along with his wife, Anita, he helped to establish the Michael and Anita Siegal One Happy Camper Scholarship Fund, a partnership between the Foundation for Jewish Camp and Jewish communities across North America.

In November 2022, Michael received the Israeli Presidential Medal of Honor from President Isaac Herzog. This highest civil medal awarded by the president of Israel was presented in recognition of his extraordinary commitment to the Jewish nation and to advancing ties between Israel and North American Jewry.

"Michael is an exemplary role model who has worked tirelessly to strengthen the Jewish community and the bonds between North

American Jewry and the state of Israel," JFNA president and CEO Eric Fingerhut, a former Cleveland resident, had previously said. "I am inspired by Michael's vision, leadership, and commitment to serving the Jewish people, and this award (Presidential Medal of Honor) is a celebration for our entire Federation system."

JFNA board chair Julie Platt had previously said, "President Herzog's deep commitment to Diaspora Jewry and recognition of the unique role our communities play in Israel's ongoing story is exemplified by his choice to bestow this award upon Michael Siegal. This tribute represents the unbreakable bonds between Israel and Diaspora Jewry, a vital mission that Michael has dedicated his life toward. Michael is so deserving of this award and I am delighted to wish him a mazal tov on this tremendous honor."

Additional boards he has served on include the Cleveland-Cliffs Natural Resources Inc., Metals Service Center Institute, University Hospitals of Cleveland, Rock & Roll Hall of Fame, and Twin City Fan Companies.

Michael has been honored by the Metals Service Center Institute with a Lifetime Achievement Award and has received recognition for his professional achievements, including Ernst & Young's Entrepreneur of the Year, the *Metal Center News'* Steel Man of the Year, and induction into the *Inside Business Northeast Ohio* Business Hall of Fame.

In addition to celebrating Michael and the 18 Difference Makers, the Wuliger family will be honored with the Generation Award, sponsored by Karen Krause, which recognizes

the enduring legacy of Tim, Sandy, Sandy, Elissa, Jason and Allison Wuliger.



Congratulations to the 2023 Class of CJN 18 Difference Makers

- **Sheila Allenick**, consultant, Allenick Financial Consulting
- **Jeffrey S. Davis**, president, Davis Development Group and CEO, Davis Automotive Group
- **Regina Eisenberg**, investor and philanthropist
- **Dan Geller**, owner, Fish Furniture
- **Steven S. Kaufman**, counsel, Ulmer & Berne LLP
- **Laura Kleinman**, executive director, Senior Transportation Connection
- **Adena Klineman**, community volunteer
- **Earl Leiken**, senior fellow, Levin College of Public Affairs, Cleveland State University
- **Judy Immerman Payne**, founder and executive director, Goods Bank NEO and co-founder, Cleveland Kids' Book Bank
- **Dr. Michael (Meir) Pollack**, gastroenterologist, Cleveland Clinic Foundation and president, Bikur Cholim of Cleveland
- **Erin Huber Rosen**, executive director and founder, Drink Local Drink Tap
- **Shawna Rosner**, director of Legal Solutions Group, Direct Recruiters, Inc.
- **Dr. Fred C. Rothstein**, retired president, University Hospitals, and **Jackie Rothstein**, community volunteer
- **Eileen Saffran**, founder and former CEO, The Gathering Place
- **Michael Stovsky**, partner and chair, Intellectual Property Practice Group, Benesch
- **Warren "Renny" Wolfson**, partner, Tanglewood Country Club and board chair, JFSA
- **Robert Zelwin**, owner, Adjer Industries
- **Jill Zimon**, executive director, Ohio Debate Commission and regional president, AJC Cleveland Regional Office

2023 Class of Cleveland Jewish News 18 Difference Makers Thursday, Nov. 30 • 6 p.m. • Park Synagogue, Pepper Pike Tickets now on sale at www.cjn.org/18dm.

Single tickets are \$118 for cocktail reception, sit-down dinner, and awards ceremony. The event is catered by 56 Catering under Park Synagogue's supervision. Glatt Kosher by Kantina available upon request by emailing Gina Lloyd, events manager, at glloyd@cjn.org. Table sponsorships are \$1,500 and can also be purchased at www.cjn.org/18dm.

Presenting Sponsors: Classic Lexus, Cleveland Jewish News Foundation, and McCarthy, Lebit, Crystal & Liffman Co., LPA;

Generation Award Sponsor: Karen Krause

Supporting Sponsors: Feldman-Wehn Family/Kottler Metal Products, MAI Capital Management, Debbie and Jim Strassman, and shark&minnow.

Venue Sponsor: Park Synagogue

Crestmont Cadillac Celebrates 50 Years

Congratulations to Crestmont Cadillac, led by CEO Jay Park, president Alex Park, and executive vice president Andrea Park Zadd, on its 50-year anniversary. The organization also includes Crestmont Buick GMC (since 2020), in Beachwood, and Crestmont Hyundai and Genesis (since 2007), in Brunswick.

On October 5, Crestmont held a 50-year anniversary event to thank employees. Heartfelt words of gratitude were spoken and a historic timeline that led into the future was then presented. Food was provided by Salt, Butter & Cream, and Mayor Justin Berns presented a city proclamation on behalf of himself and City Council.

"We are proud to have such a solid business in Beachwood with a remarkably long history of 50 years in a prime, highly trafficked commercial district," said Mayor Berns. "Crestmont Cadillac's success is directly attributable to consumer recognition of the associates, their daily diligence, and the great vehicles they sell."

"Crestmont Cadillac has been in our family since 1991," said Alex. "We celebrate our success because of our incredible team who helped us reach this incredible milestone."

"Beachwood has changed a lot since we've been here and we're grateful to be in the heart of it all," he added. "As Beachwood continues to thrive, so does Crestmont, which has been Ohio's largest-volume Cadillac store many times, including in 2022, which we credit to location and staff."

Beachwood is also home to Alex and Andrea. Alex and his family moved here in 2015, followed by Andrea in 2017.

"We moved here because of the city services and location," Andrea said. "We strongly believe

in supporting our community and it's easy to support a community in which we work and live. We found a home we love, and we enjoy use of the pool, park, and access to the outdoors. Plus, it doesn't hurt that our business is just around the corner!"

"Our success is driven by the people who work here," Alex added. "We can't do this on our own, so we celebrate our staff who get things done on a day-to-day basis. They depend on our businesses to support their families and our success is definitely a team effort."

Crestmont proudly supports the city and schools in events and programs that included February Freeze, Fall Festival, and Beachwood Football.

"None of this would be possible without the people who work here," Alex reiterated. "I'm very grateful for our people and our community, and I hope we'll be here for another 50 years."

In addition to Crestmont celebrating its 50-year anniversary, so are Jay and Sunny Park. Congratulations to all and thanks for choosing Beachwood!

For more information, visit www.crestmontcadillac.com.

Pictured from left: Owners Andrea Park Zadd, Jay Park, and Alex Park

Jay and Sunny Park

Mayor Justin Berns presents a proclamation to Alex Park and Crestmont staff

The Crestmont team



New Holocaust Exhibition Makes Cleveland Premiere

The Girl in the Diary: Searching for Rywka from the Lodz Ghetto

The Girl in the Diary: Searching for Rywka from the Lodz Ghetto tells the remarkable story of a diary discovered in the liberated Auschwitz-Birkenau Camp in 1945. The diary was written by Rywka Lipszyca, a 14-year-old Jewish girl who documented her life in the Łódź Ghetto between October 1943 and April 1944. It tells the story of a young girl who lost her siblings and parents, but never lost hope or faith. Through historical artifacts and documents, interactive touch screens, documentary videos, and photographs, the exhibition explores the story of Rywka's fight for survival and reconstructs what may have happened to her.

Tomasz Strug, deputy director and chief curator of the Galicia Jewish Museum in Kraków, Poland, created this program, which now travels the world.

"As a museum, we are determined to make important exhibitions that will not only allow visitors to learn something about the past, but also ones that will move them, keep them captivated, and make them reflect on their own lives and the world around them," said Tomasz. "One of the best ways to achieve that is by telling stories of particular people, families, or groups of friends.

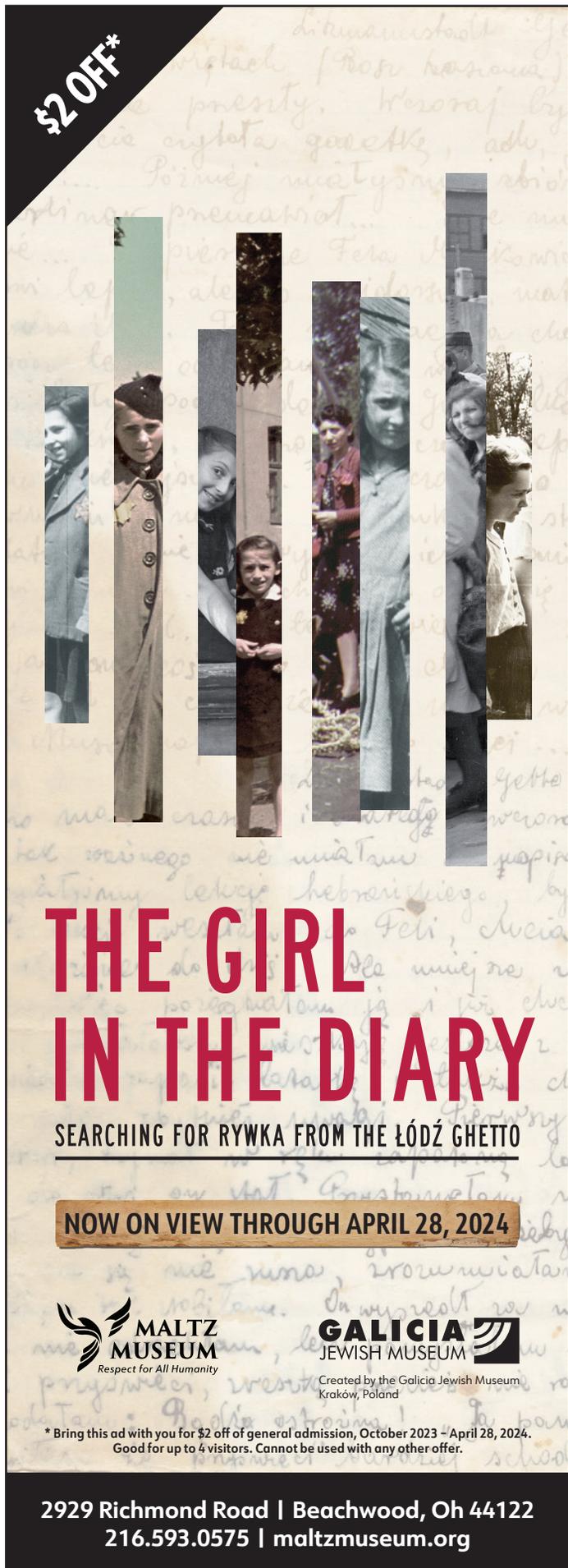
"Working with Holocaust history, one learns that every story is unique, unbelievable, and impossible to comprehend," he added. "When you hear them, you instantly understand they need to be told."

The diary, found in the rubble of the gas chamber in Auschwitz, was saved, taken deep into Russia, inherited by the founder's granddaughter, brought to the U.S., read, deciphered, and researched by a number of scholars just to find out who Rywka was and what became of her. This is an incredible story, one that also shows how much effort – and luck – is necessary to get to know something about a single victim of the Holocaust.

"Visitors can learn a lot from the exhibition. Mostly, we want them to learn one name: Rywka Lipszyc. We want them to get to know the story of one particular victim of the Holocaust," Tomasz said. "We want you to know not only about her life with the genocide happening, but also about her feelings, hopes, dreams, and fears, which all made her a unique person. At the same time, we want you to realize that such uniqueness can be multiplied by millions."

Rywka's world was filled with women, which lays the groundwork of how the story is told. "We found female experts in the field to shed some light on particular diary entries and to analyze and explain the deeper context and meaning," Tomasz said. "Although historians allowed us to understand Rywka's reality, we went beyond this by having a rabbi explain her religious perspective, and a doctor and dietician explain her condition, by telling us in brutal details what it does to a person to eat two slices of bread daily for a given time. We also had an expert look at her writing style, and a psychologist explain her mental state, relations with those around her, grief over the loss of siblings, and hope after the war, based on her entries."

The Girl in the Diary: Searching for Rywka from Lodz Ghetto is on view through April 28, 2024, at the Maltz Museum. For more information, ticket pricing, and group tour discounts, visit www.maltzmuseum.org or call 216.593.0575.



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Longevity

By Jen Stern

Dan Buettner has the most fascinating life-affirming documentary on Netflix, called, *Live to 100: Secrets of the Blue Zones*. He explores communities where people live actively, healthfully, and joyfully well into their 100s.

This documentary introduces you to extraordinary people from Japan, Italy, California, Greece, Costa Rica, Singapore, Minnesota, and Arizona, all of whom have tapped into the fountain of youth. You will find yourself smiling, inspired, and hopeful at what he discovers about longevity in the Blue Zones.

Common themes include:

- Laughter brings longevity. Find joy. Practice gratitude.
- Focus energy on what you can control. Practice letting go of the rest.
- Stop eating when 80% full!
- 60% of our diets should be fruits, vegetables, legumes, and nuts.
- Faith (religion, traditions, ritual).

- Move naturally and often throughout your day (garden, walk, take the stairs, dance).
- Spend time with family and/or friends who are invested in living a healthy and active lifestyle. Find positive and meaningful connections that inspire best-life living. A strong and caring community is so important.
- Contribute to the world. Volunteer/work. It is important to have a daily purpose and reason for getting out of bed and into the world every day.
- Engage in proactive, preventative healthcare by moving your body, eating healthy and mindfully, connecting with others, having a purpose, and staying positive, as well as staying

- current on all preventative medical appointments.
- Take care of others.

My takeaway was the importance of an active mind and body, having meaningful connections, a positive and resilient mindset, and daily purpose. Dan said, and I believe this is true, "The things that help us to live a long and healthy life are the things that make life worth living."

The places explored were not wealthy, indulgent communities with easy access to medical care, education, or grocery stores. The people were not career or money focused. They lived in support of, not in competition with, others. They were not focused on acquisition of material things.

They were communities that fostered connection, daily activity, healthy eating (no processed foods), and caring for others across the lifespan.

Beachwood provides much of what *The Blue Zone Project* encourages: sidewalks; walking paths; parks and green space; opportunities for community activities, such as gardening, pickleball, tennis, basketball, and a swimming pool; and many opportunities to reduce loneliness, to continue learning, and to connect with others at our community center.

Check out this documentary and explore what strategies you might integrate into your daily life.

Jennifer Stern, LISW, can be reached at 216.464.4243.

SCAN TO EXPERIENCE HARBORCHASE

RETIRE IN STYLE

Whether it's exceptional dining in our signature eateries, engaging events, or personalized care you're seeking, our luxury senior living community allows you to thrive.

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Physical Therapy



PROVIDING EXCELLENCE IN PHYSICAL THERAPY INTERVENTION

Physical therapy private practice established in 2003, offering highly skilled intervention and wellness services with a 93% success rate alleviating pain and dizziness to help you enjoy an active lifestyle!

This Month Only!

Call now to schedule one of these FREE services!



FREE Fall Risk Screening



FREE Postural Analysis



FREE Pain Intervention

This amazing offer is for a limited time only!

WHY CHOOSE US?

- ✓ Personalized Plan of Care
- ✓ Full Gym & Private Treatment Rooms
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- ✓ Skilled One on One Intervention
- ✓ Free Convenient Parking & NO Facility Fees!



SCHEDULE NOW!

OUR SERVICES:

- ✓ Vestibular Rehab
- ✓ Balance Training
- ✓ Fall Prevention
- ✓ Strength Training
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- ✓ McKenzie Method
- ✓ Pelvic Floor Therapy
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- ✓ Myofascial Release
- ✓ Massage Therapy
- ✓ Dry Needling
- ✓ Deep Tissue Laser Therapy
- ✓ Pilates Reformer / Mat



440-449-3400



BalanceSolutions.com



Balancesolutions@sbcglobal.net

Stay Active and Pain-Free: Balance Solutions Guide to Physical Therapy for Adults



As we age, our bodies undergo various changes that can impact our physical abilities and overall quality of life. One of the most effective ways to combat the challenges of aging is through physical therapy. Whether you are dealing with chronic pain, recovering from an injury, or simply looking to maintain your mobility and independence, physical therapy can play a crucial role in helping adults stay active and pain-free.

Understanding the Benefits of Physical Therapy:

Physical therapy is not just for rehabilitation: At Balance Solutions Physical Therapy we take a proactive approach to maintaining and improving your physical well-being.

Here are some key benefits that adults at any stage can gain from physical therapy:

Pain Management: Physical therapy can help alleviate chronic pain caused by conditions like arthritis, back pain, fibromyalgia, neck pain and headaches, and joint issues.

Improved Mobility: Maintaining flexibility and range of motion is essential for staying active and preventing injuries.

Alleviate Vertigo/Dizziness: Physical therapists specializing in vestibular disorders can resolve symptoms associated with inner ear conditions such as Benign Paroxysmal Positional Vertigo (BPPV) and vestibular neuritis, as well as cervicogenic dizziness and post concussive syndrome.

Balance and Fall Prevention: Physical therapists can develop exercises and techniques to enhance your balance and reduce the risk of falls.

Posture Correction: Poor posture can lead to pain and discomfort. Physical therapy can address posture-related issues and prevent long-term damage.

The Role of Exercise in Aging Gracefully:

Exercise is a fundamental component of physical therapy for adults of all ages. Here are some exercise tips to consider:

- **Low-Impact Aerobics:** Activities like swimming, brisk walking, and cycling are gentle on the joints while providing cardiovascular benefits.
- **Strength Training:** Building and maintaining muscle mass is crucial for overall strength and stability as well as maintaining strong bones and preventing or improving osteoporosis.
- **Stretching:** Regular stretching exercises can improve flexibility and reduce the risk of injury.
- **Core Strengthening:** A strong core is essential for good posture and balance.

- **Balance Training:** Balance exercises improve overall stability, sharpen reflexes, and reduce the risk of falling.

Incorporating Physical Therapy into YOUR Lifestyle:

- **Consistency:** Stick to your physical therapy regimen for longterm benefits.
- **Home Exercise:** Learn exercises and stretches you can perform to complement your therapy sessions.
- **Lifestyle Modification:** Simple changes in your daily routine can support your physical therapy efforts.



Physical therapy is a valuable tool for adults over 50 who want to maintain an active and pain-free lifestyle. By understanding its benefits, incorporating exercise into your routine, addressing common age-related conditions, and working with a qualified physical therapist, you can age gracefully and enjoy a higher quality of life well into your golden years.

- Kelly Beaudoin, CEO
Balance Solutions Physical Therapy

Don't let age be a barrier to the active, pain-free life you deserve – embrace the power of physical therapy with Balance Solutions by calling (440) 449-3400 today!

MAYOR'S MESSAGE

Engaging With Business Owners

One of my priorities as Mayor has been to engage with business owners throughout the city. As such, I'm looking forward to our special event this month, the Mayor's Business Reception at Beachwood's Canterbury Country Club on Nov. 9, 4:30 – 7:30 p.m. Canterbury offers a relaxed environment where we can get together for casual networking and engaging with business owners and key commercial stakeholders.

One of our primary objectives for this event is to foster increased collaboration and partnerships among businesses, educational and governmental institutions, along with the Beachwood Chamber of Commerce. Promoting partnerships and collaboration within the community is crucial for generating fresh ideas and cultivating future investments in our growing city.

Along with our Economic Development Director, Catherine Bieterman, we have been working with various departments to support initiatives that demonstrate loyalty, as well as support for local businesses and vendors working and/or living in the city. We have created a new purchasing page on our website that allows local and minority businesses to register with the city and provides information about

our purchasing process. We are also hosting our first annual Minority and Women-Owned Businesses Open House on November 15 to encourage engagement between these businesses and our city departments.

The more we collaborate and work together, the greater our collective strengths become.

The City of Beachwood comprises a variety of businesses from solid Fortune 500 companies to start-up ventures specializing in innovation. Collectively, Beachwood significantly contributes to our regional economy. The more we collaborate and work together, the greater our collective strengths become. We look forward to meeting with businesses, large and small, that will share their thoughts and ideas with not only me, but other businesses and community leaders.



Mayor Justin Berns
MayorBerns@beachwoodohio.com



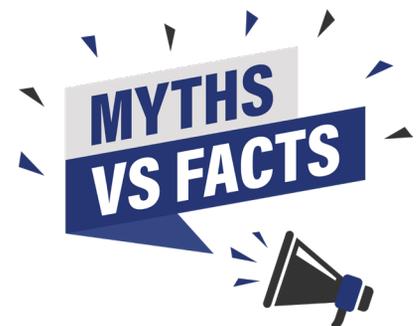
COMMUNICATION IS KEY - FACTS MATTER

With all the events and projects happening in the city, communication is a key component.

Our approach to social media is to disseminate crucial news, updates and events that directly affect you, the residents, and the business community. What we unequivocally do not and will not use social media for is engaging in debates. We also refrain from disputing falsehoods and misinformation often propagated on these platforms.

Considering this, we strongly encourage everyone to seek accurate information and details about city plans and projects through several means. A wealth of information is readily available on our official website, BeachwoodOhio.com, where transparency and accessibility are paramount. Additionally, you can enhance your knowledge by viewing live and archived videos of city meetings, conveniently found online at BeachwoodOhio.com/WatchMeetings.

Also, we extend an open invitation to everyone to attend our meetings in person. You will witness how the administration, responsible for managing our plans and projects, is composed of dedicated professionals and public servants who are deeply committed to the welfare of our community. One of our foremost priorities is to deliver exemplary services, a cornerstone of Beachwood's identity. Consequently, we take immense pride in our work, and we willingly invest our time and energy to generously serve you.



THE INSIDER



Beachwood City Hall
25325 Fairmount Blvd.
Beachwood, OH 44122



216.464.1070



BeachwoodOhio.com



@BeachwoodOH

DEPARTMENTS

AUDITOR
216.595.3712

BUILDING DEPARTMENT
216.292.1914

CLERK OF COUNCIL
216.595.5493

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE
216.292.1913

FIRE & RESCUE
216.292.1965

LAW
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE
216.464.2343

PUBLIC WORKS
216.292.1922

EMERGENCY
Dial 9-1-1 or
216.464.1234

LEGISLATIVE RECAP

The legislation below includes the September 18, October 2 and October 16 council meetings.

2023-89 – Council passed legislation authorizing the Mayor to engage Hennes Communications to provide professional communications services for complex matters. Hennes Communications' practice is focused on helping clients prepare for and manage complicated topics.

2023-90 – Council approved the Bills Ordinance authorizing payment for various professional services totaling \$27,035.25.

2023-91 – Council passed legislation amending appropriations for 2023.

2023-92 – Council adopted legislation declaring 3 police vehicles as surplus property and authorized their sale on Govdeals.

2023-93 – Council authorized the Mayor to renew its agreement with Public Entities Pool of Ohio (PEP) for the City's liability insurance.

2023-94 – Council placed an ordinance rezoning PPN# 741-29-020 on North Woodland Road from U1 to U-2A on first reading and referred it to the Planning and Zoning Commission. This is the first step in a lengthy process that will include a Public Hearing.

2023-95 – Council adopted legislation accepting the Planning Commission's recommendation for the requested variances located at 21515 Chagrin Blvd. (dental office).

2023-96 – Council authorized an ordinance giving the Director of Transportation consent to complete the Rehabilitation of Chagrin Blvd. drainage structure west of Green Road (ODOT).

2023-97 – Council passed legislation authorizing the purchase of extrication tools for the Beachwood Fire and Rescue Department in the amount of \$44,764.

2023-98 – Council approved an ordinance authorizing the City of Beachwood to again partner with the City of Shaker Heights and enter into a contract with Precision Wildlife Management LTD for deer removal for the 2023-2024 season in an amount not to exceed \$100,000. More information about our Deer Management program including our residential surveys and public discussion can be found on our website.

2023-99 – Council approved the Bills Ordinance authorizing payment for various professional services totaling \$52,545.88.

2023-100 – Council authorized the reimbursement of funds to Beachwood 23550 Commerce Park LCC for our portion of natural gas for this building in the amount of \$2,116.40.

2023-101 – Council amended our "Peace Disturbances" Codified Ordinance Chapter 648 adding section 648.12 Lights in Residential Areas. The purpose of this ordinance is to make sure no exterior lighting is unnecessarily shining, glaring, reflecting, or being directed into or towards another residential property.



MAYOR
JUSTIN BERNS
216.292.1901



COUNCIL PRESIDENT
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JUNE
TAYLOR
216.533.7640

HOW TO EMAIL YOUR COUNCIL MEMBER:

FirstName.LastName@beachwoodohio.com
Ex: alec.isaacson@beachwoodohio.com



2023-102 – Council placed an ordinance amending Chapter 1121 and 1101 related to certain uses in a U-4 Integrated Business District on first reading and referred it to the Planning Commission. The amendment proposes to update our code as it relates to Dollar Stores, Second-Hand Stores, Vape Shops, Hookah Lounges, and Paraphernalia Outlets. The intent is to make sure they are not adjacent to residential areas. This is the first step in a process that will include a public hearing.

2023-103 – Council approved the Bills Ordinance authorizing payment for various professional services totaling \$13,585.16.

2023-104 – Council passed legislation amending the 2023 Budget appropriations.

2023-105 – Council authorized legislation accepting a tentative agreement with the City of Beachwood Fraternal Order of Police (Police Officers) Union regarding wages and benefits.

2023-106 – Council approved legislation authorizing the Mayor to continue its agreement with the Cuyahoga County Health Department to provide health services for the City of Beachwood for 2024 and 2025.

2023-107 – Council passed legislation accepting a bid from Catts Construction for the Timberlane/Green Sanitary Relief project. This project is part of a 5-year sewer program recommended by the Northeast Ohio Regional Sewer District (NEORS). MCIP funds will cover 50% of the total project costs.

The legislative recap continues on the last page of the City Insider, located beneath Economic Development.

UPCOMING CITY MEETINGS

City Council:
November 6 at 7:00 p.m.
November 20 at 7:00 p.m.

Planning & Zoning:
December 7 at 6:30 p.m.

Architectural Board of Review:
November 6 at 4:30 p.m.
November 20 at 4:30 p.m.

WORK-LIVE-LEARN...THRIVE

BRIAN ROENIGK APPOINTED AS NEW BUILDING COMMISSIONER

The City of Beachwood is pleased to announce the promotion of Brian Roenigk (pronunciation: rennick) to the role of Building Commissioner. Since November 2022, he has served as a building inspector in Beachwood. Brian has worked in construction for more than 39 years and has 17 years of building department experience, including serving as the Assistant Building Commissioner for the City of Strongsville until 2022. He officially started this role October 2.

His previous employment involves longtime service in other local municipalities' building departments, including the City of Avon Lake, the City of North Ridgeville, Lorain County and the City of Westlake. Brian has earned the following certifications: Chief Building Official, Building Inspector, Electrical Safety Inspector, Plumbing Inspector and Residential Building Official.

He has two daughters, one of whom works in Beachwood with the Emily Program which addresses eating disorders, and the other is writing her dissertation in psychology. Both attended Ohio University. As a side pursuit, he operates a small business building guitars on weekends. Also, he was born in Iceland, and he has a 5-pound Chihuahua, Daisy.

Bill Griswold will continue working as a Beachwood Building Commissioner until the end of 2023.



Brian Roenigk

VETERANS DAY CEREMONY: Sunday, November 12, beginning at 11:00 a.m., Beachwood Cemetery off Green Road. Join city officials and the Beachwood Historical Society for a salute to our Veterans.

BEACHWOOD RECEIVES 27-YEAR TREE CITY USA AWARD; HOSTS ANNUAL AWARDS CEREMONY

On September 20, Beachwood Public Works hosted its first Tree City USA Awards Ceremony at the Beachwood Community Center. With an invitation list of over 50 cities and an attendance of more than 115 consisting of urban foresters, members of council, city administrators and mayors, the event was a success. Many complimented the *Tree-riffic Art Exhibit* that filled the Community Center, which was composed of work by local artists, with many living here in Beachwood. Representing Beachwood at this event was Danielle Shoykhet, Council Member; Chris Arrietta, Public Works Director; Derek Schroeder, Community Services Director; Chris Vild, Environmental Manager; Matt Markiewicz, Mat Atkinson, John Behm and Matt Olson, Tree Crew; Alison Ingham-Smith and Michelle Miller, Public Works Administration; Susan Merdler, Senior Adult Manager; Howard Oliver and Darnell Payne, Community Center Staff. Mayor Justin Berns was regrettably unable to attend due to not feeling well and his presence was missed.

Public Works would like to thank the following for their contributions:

OUR SPONSORS

Balance Solutions, Middlefield Banking Company, Northeast Ohio Regional Sewer District, Northwest Hardwoods

VENDORS AND RAFFLE CONTRIBUTORS

Arborwear, Bur Oak, Davis Nursery, The Flower Loft at Gali's, Giovanni's Ristorante, JRM Chemical, Klynn Nursery, Lake County Nursery, Schichtel's Nursey

SPECIAL APPRECIATION

Matt Leiden and Stephanie Miller, ODNR Regional Urban Foresters

Beachwood has been a proud Tree City USA member since 1997 and the city received its 27-year award. We would also like to congratulate the City of Lakewood for their award of 46 years, the longest in Northeast Ohio. We were excited and proud to share our beautiful city with all those in attendance.



Alison Ingham-Smith, Beechie (Beachwood's Beech Tree Mascot) and Chris Vild accepting Beachwood's 27-year award.



An award ceremony introduction by Matt Leiden and Greg Guess of the ODNR Division of Forestry.

WHEN IT COMES TO LIGHTING, BE CONSIDERATE OF YOUR NEIGHBORS

Beachwood City Council recently passed legislation regarding Lights in Residential Districts. The purpose of this ordinance is to make sure no exterior lighting is unnecessarily shining, glaring, reflecting, or being directed into or toward any other home. A resident who is being affected by the light from another property should call the Building Department to issue a complaint. Since lighting is not generally an issue during the day, any pictures and/or examples that can be provided to the Building Department are appreciated. Alternatively, if you wish to contact the Police Department regarding a lighting complaint at night, the Police Department can come out and make a report and provide additional information to our building department for follow-up.



THANKSGIVING RUBBISH COLLECTION

Due to the Thanksgiving holiday on Thursday, November 23, please note the following:

- If your normal rubbish/recycling day is Monday, Tuesday or Wednesday, your schedule will not change.
- If your normal rubbish/recycling day is Thursday, your collection will be Wednesday, November 22, for that week only.
- Please refrain from placing rubbish/recycling at the curb after Wednesday, November 22.
- If you have a lot of holiday rubbish, please place it curbside no earlier than 6:00 p.m. Sunday but before 7:30 a.m. Monday, November 27 (otherwise it will be in violation of Ordinance 660.21). Contact the office on Monday, November 27, to arrange for a special collection.

TINA TURICK CELEBRATES 35-YEAR MILESTONE

Congratulations to Tina Turick, City Administrator, for 35 years with the City of Beachwood! We appreciate your daily dedication and commitment to the city. You make an incredible difference and positively impact the lives of so many people.



Right: Tina celebrating 35 years following a staff meeting on October 2.



PRESCRIPTION

DRUG DROP BOX:

Unwanted or unused prescription drugs are accepted via a drop box during regular business hours (Mon.-Fri., 8:00 a.m.-4:30 p.m.) in the Police Department lobby at 2700 Richmond Rd.

RUN ON TIME WITH YOUR RUBBISH

Public Works is still receiving multiple complaints regarding residents who are placing their trash and/or recycling at the curb too early or leaving their cans curbside after collection.

Please remain mindful of Codified Ordinance 660.21: Rubbish should be placed on the tree lawn no earlier than 6:00 p.m. the evening before the collection day and no later than 7:30 a.m. on day of collection. Empty cans must be removed no later than 9:00 a.m. the day after collection and stored in an area that is not visible from the street. Public Works has been giving notices to those who are in violation, but we will be increasing our efforts to further limit these occurrences. Anyone who is in violation of Codified Ordinance 660.21 will receive a warning violation notice on their door; repeated violations will result in an issued citation which can include a fine and court appearance.

Many residents walk in our wonderful city and trash cans are unsightly. Please help keep your city beautiful!

Don't be early! Don't run late!

Rubbish should be placed on the tree lawn no earlier than 6:00 p.m. the evening before the collection day and no later than 7:30 a.m. on day of collection.



Empty cans must be removed no later than 9:00 a.m. the day after collection and stored in an area that is not visible from the street.

NOVEMBER RECREATION GUIDE

PICKLEBALL TAKES OFF IN BEACHWOOD WITH NEW COURTS

The Beachwood Pickleball Courts celebrated their grand opening and ribbon cutting on Wednesday, October 4, with an enthusiastic crowd ready to hit the courts. The event was highlighted by a ceremony and ribbon cutting with Mayor Berns and all seven city council members plus pickleball-themed giveaways, a target game for all ages and a demo match with Professional Pickleball Registry certified pro and instructor, Bill Tennant. Special thanks to Rosemary Nemeth who helped organize the remaining courts for open play.

The six pickleball courts are part of the recreation area project that also includes the permanent home for the community gardens, fence repairs at the existing tennis courts and two new sand volleyball courts. Courts will remain open on a first-come, first-served basis throughout the off-season. Nets will stay up year-round in anticipation of Northeast Ohio's occasional winter warm-ups! The area promises to be a hub of activity for many years to come.

Fall pickleball lessons sold out in short order. Look for an expanded offering of clinic and lesson opportunities in the spring recreation guide. For more information, visit BeachwoodRec.com.



Mayor Berns cutting the pickleball ribbon with council members (left to right) Alec Isaacson, Josh Mintz, June Taylor, Danielle Shoykhet, Barbara Bellin Janovitz, Mike Burkons and Eric Synenberg.



Players wasted no time and lined up for play across the six courts following the ribbon cutting.



A group of enthusiastic Beachwood players joined by council member Josh Mintz (far left) prior to the ceremony on October 4.



The large crowd of all ages enjoyed games and giveaways.

BEACHWOOD ART GALLERY: African-American Doll & Quilt Guild | Nov. 8 - Dec. 7 | Reception on Nov. 11 from 5:00-7:00 p.m. A cultural experience with countless stories weaved in fabric. Presented by Beachwood Arts Council.

CALL FOR ARTISTS, WINTER WONDERLAND EXHIBIT

The Beachwood Art Gallery within the Community Center announced a call for artists for a *Winter Wonderland* exhibit, December 13, 2023, through January 6, 2024. This exhibit will focus on the warmth and beauty of winter.

This opportunity is open to professional and amateur artists 18 years and older (2D and 3D works, weight limit 25 lbs.), all mediums welcomed, original work only. All hanging work must be backed, dry and wired for hanging. Any work deemed by Beachwood Art Gallery to be too fragile for public display or not wired sufficiently will not be accepted. No sawtooth hooks.

Please call 216.292.1911 by November 8 to submit your name and for more information.





STRATEGICAL CRIME PREVENTION

**Sunday, November 19
9 AM–Noon**
Beachwood Community Center



A **free** classroom based **self-defense course** led by the Beachwood Police Department Subject Control Officers.



REGISTER:
BeachwoodRec.com
or 216-292-1970

Gain the knowledge needed to prevent crime in everyday situations. Tactical advantages and enhancements will be taught that help deter criminals and give increased reaction time. Physical defense options will also be discussed and participants will be given the option to partake in basic hands-on personal defense techniques. Recommended minimum age for participants is 16. Participants under 18 need to be accompanied by an adult.

 25325 Fairmount Blvd, Beachwood, Ohio, BeachwoodOhio.com

YOUTH PROGRAMS & CAMPS

- **Youth Karate**
Mondays/Thursdays, November 9-December 21
5:45-6:45 p.m., Beachwood Community Center,
Ages 4-17 (*Adult classes also available!*)
Residents \$89, Non-Residents \$107
(No class on November 23.)
- **Parent & Me Warrior Yoga**
November 16, 6:00-7:00 p.m.
Beachwood Community Center, Grades K-6
Residents \$20, Non-Residents \$24
- **Mad Science Brixology: From Here To There**
Wednesdays, November 29-December 20
3:25-4:25 p.m., Bryden, Grades K-2
2:40-3:40 p.m., Hilltop, Grades 3-5
Residents \$88, Non-Residents \$106
- **Challenge Island Polynesia & Winter Wonderland Camp**
December 26-December 29, 9:00 a.m.-Noon
Beachwood Community Center, Grades K-5
Residents \$169, Non-Residents \$203
- **Challenge Island STEAM-Warts Wizardry**
January 2-January 5, 9:00 a.m.-Noon
Beachwood Community Center, Grades K-5
Residents \$169, Non-Residents \$203
- **Winter Break Chess Camp**
January 2-January 5, 9:00 a.m.-4:00 p.m.
Beachwood Community Center, Grades K-8
Residents \$220, Non-Residents \$264
(Half day options also available.)

BEACHWOOD SENIORS

UPCOMING PROGRAMS & TRIPS

- **Beginner Mahj Lessons**
Monday, Nov. 6, Nov. 13, Nov. 20 & Tuesday, Nov. 28, 12:30-2:30 p.m.
Community Center, Residents \$40, Non-Residents \$48
Mahj provides countless hours of fun and socialization! This class is for beginners only. Note that the final class is on Tuesday, November 28.
- **Medicare 101 Presentation**
Monday, November 13, 10:30 a.m., Community Center, Free
Ivy Kopit of the KAZ Company will present an informational session. Please RSVP at least three days prior to the presentation.
- **Literary Lunch Club**
Friday, November 17, Noon, Community Center, Free
Discuss *The Spectacular* by Fiona Davis. RSVP by November 14. Please bring a lunch. Discussion facilitated by Margaret Reardon.
- **Hairspray at Playhouse Square**
Tuesday, December 5, 6:15 p.m., Depart from Pepper Pike Learning Center
Residents \$99, Non-Residents \$119
Tease that hair a mile high and join us for the opening night of *Hairspray*, Broadway's Tony Award-winning musical comedy. Register by November 5.

SENIOR DAY OUT

Ohio Notables, Our Presidential Past
Thursday, November 16, at Noon
Beachwood Community Center

Residents \$13
Non-Residents \$16
Program Only \$5

Register by November 8.

Ohio has produced more U.S. presidents than any other state in the nation, a legacy that has earned the state the nickname, "Mother of Presidents." Join Chief Curator Eric Rivet to learn about the truth behind this claim and to hear stories about the men from Ohio who have held the nation's highest elected office.

Meal choices include a turkey breast sandwich or bistro salad. All entrees served with a cup of vegetable soup, beverage and dessert.

December Senior Day Out: A musical afternoon with Mike Wojtila on December 21!

Register for events at BeachwoodRec.com,
City Hall or call 216.292.1970.

WHERE BUSINESS IS BOOMING!

THE LATEST NEWS FROM ECONOMIC DEVELOPMENT

BUILD YOUR NETWORK WITH THE CHAMBER OF COMMERCE

The Beachwood Chamber of Commerce is a wonderful business organization designed to connect and engage business owners here within the City of Beachwood. New Director, David Lapierre, has been hosting an array of new networking meetings. There is a women's networking event held the second Thursday of every month in the morning. There are several after-hours events with the next one hosted on December 14 at 4:30 p.m. at Mabel's BBQ. There is also a Spirit of Success Awards Banquet on January 18 which will be hosted in the evening at the Marriott. Additional events and membership info can be found on the chamber website at beachwood.org.



A recent women's networking event and presentation held by the Beachwood Chamber of Commerce.

WORKFORCE DEVELOPMENT AND TRAINING DRIVE GROWTH

To take advantage of growth opportunities, employers are being called upon to increase their training efforts in order to cultivate the skills and talent they need to succeed.

Some frequently used programs that can support these efforts include the Skill-Up Program offered through the Cuyahoga County Department of Development. On-the-job training grants, are another incentive offered to help job seekers with skill gaps for employers hiring Ohio Means Jobs Cleveland-Cuyahoga County jobseekers. A number of other services available to employers can be found through Ohio Means Jobs such as hiring events, pre-employment screening and assistance with market labor information.

For more information about workforce development and training opportunities, please visit our website at BeachwoohOhio.com under the Economic Development resources page or call Catherine Bieterman, Economic Development Director, at 216.292.1915.

ELEVATE YOUR BUSINESS, LET'S CONNECT!



Learn more about how Beachwood is a location that checks all the boxes for your business.

Catherine Bieterman, Economic Development Director
Office: 216.292.1915
catherine.bieterman@beachwoodohio.com

LEGISLATIVE RECAP CONT.

2023-108 – Council authorized the Mayor to renew an agreement with Glaus, Pyle, Schomer, Buns and DeHaven for traffic engineering services in 2024 for an amount not to exceed \$36,000.

2023-109 – Council approved legislation authorizing the Mayor to renew a contract with Hall Public Safety for repairs, maintenance, changeovers, and installation of equipment in city vehicles (2024) for an amount not to exceed \$50,000.

2023-110 – Council approved legislation appointing the Law Firm of Roetzel & Andress LPA and Attorney R. Todd Hunt as interim Law Director for the City of Beachwood effective November 1, 2023.

Council also passed the following resolution(s) and motion(s):

2023-8 – A Resolution accepting the amounts and rates as determined by the County Budget Commission and authorizing the necessary tax levies and certifying them to the County.

2023-9 – A Resolution in support of Israel, mourning the lives lost, condemning the attacks, and hoping that peace and justice is swiftly restored.

2023-10 – A Resolution supporting the creation of a Revolving Loan Fund to promote the attraction and retention of employment opportunities, business growth, commercial revitalization, and sustainability.

A Motion authorizing the Clerk to advertise for bids for the Cedar Road Culvert Rehabilitation Project.

A Motion authorizing the Clerk to advertise for bids for the acquisition and installation of 5 heating units at our Public Works building garage.

A Motion to authorize the Clerk to advertise for bids for LED light replacement and installation in city parking lots and rejecting all previous bids.

A Motion authorizing the Clerk to advertise for bids to purchase a Pole Mounted Security Camera which will be an invaluable law enforcement tool.

More information regarding these agenda items and back-up materials can be found at BeachwoodOhio.com/AgendaCenter.

Beachwood Schools 2023 Crystal Apple Awards

Congratulations to Beachwood Schools 2023 Crystal Apple Award recipients Chunny Hahn and Danny MacVeigh.

Chunny is a visual arts teacher at Bryden Elementary and the Fairmount Early Childhood Center. Danny is head custodian at Beachwood Middle School.

Arianna DeGeorge, principal of Bryden Elementary and the Fairmount Early Childhood Center, shared the following words about Chunny:

It is my honor to announce our certified Crystal Apple Award recipient. This teacher's dedication and compassion for students is immeasurable. She cares so deeply for our students and truly takes the time to get to know them and their families.

One of her nominations stated that she is one of the warmest people they know. She is so caring and compassionate. She knows every student in the district and always goes above and beyond to attend to things outside of her contracted day. It is so nice to see how kids react to seeing her at a sporting event or the art show. They all love her.

It has been a true pleasure working with Ms. Hahn. She is extremely deserving of this award. Please join me in congratulating Chunny Hahn as our Crystal Apple Award recipient!

Tony Srithai, principal of Beachwood Middle School, then shared this information about Danny:

I have the honor today of presenting the Crystal Apple to a most deserving, classified staff member. This award is presented today to recognize one employee's dedication and

pride in their work. Today's recipient consistently goes above and beyond the call of duty to better serve our entire school community.

For those of you unfamiliar with the process, the selection of each year's winner often involves intense debate amongst our district's administrators. Though we usually keep it pretty civil, the process is made all the more difficult by the simple fact that so many of our staff are deserving of this award. And unfortunately, in most of our day-to-day work, the reality is that we don't always get to see all of the wonderful things going on in our district as exemplified by each of you. This staff member, however, has worked in many buildings, in many different capacities. In his role, he touches the lives of so many staff and students on a regular basis. So much, that upon seeing this nomination, there was little need for debate amongst our committee.

When Danny moved buildings and took on the middle school, the year was 2020, and boy it was a year. He joined our team as the true embodiment of dedication, hard work, and the very spirit of service. We often overlook the incredible efforts that go into maintaining the environment in which our students work, learn, and grow. The halls we walk, the rooms we gather in, and the spaces we cherish would not be as welcoming without the meticulous attention and care provided by today's winner. The work of his team may occur behind the scenes, late at night, or behind a snowblower at 5 a.m., but its impact is profoundly felt in every corner of our building.



2023 Crystal Apple Award recipients Chunny Hahn and Danny MacVeigh.



In 2020, Danny received the PTO's Beaming Bison award, having been nominated by a staff member with the following message: "He always cares about the students and staff members. He greets everyone with a warm welcome every day, and he will help anyone with whatever they need. He cares about Beachwood Middle School in every possible way."

A parent echoed this sentiment in stating, "He stands outside the middle school door each day when I drop

off my sixth grader. He is not only ensuring safety, but has a friendly 'good morning' for every student who enters. No matter the weather, he has been there as one more adult in our kids' lives, spreading positivity, encouragement, and confidence."

Please join me in celebrating, from the bottom of my heart, this staff member for his unwavering dedication and the positive impact he has on us all. Congratulations and thank you, Danny MacVeigh.

"All our dreams can come true, if we have the courage to pursue them."
– Walt Disney,

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

2024 National Merit Commended Scholars

Beachwood Schools proudly announces six students earned the distinction of National Merit Commended Scholars, recognizing their exceptional academic ability based on their junior year PSAT performance. These talented students represent the top 4% of U.S. high school students. Join us in celebrating the following students for their outstanding accomplishment.



Ye Eun Ahn



Blane Ehasz



Nina Mayers



Probir Mukherjee



Allen Yu



Anna Zhao

EVENTS CALENDAR



Election Day (No School)

Tuesday, November 7, 6:30 a.m. - 7:30 p.m.
Find your polling location at VoteOhio.gov.

ElderClass

Thursday, November 9, 12 - 2:15 p.m.
Beachwood High School
25100 Fairmount Blvd.

Beachwood High School Orchestra Concert

Thursday, November 16, 7:30 p.m.
25100 Fairmount Blvd.

Elementary Facilities Community Input Session

Tuesday, December 5, 7 - 8:30 p.m.
Beachwood Board of Education
24601 Fairmount Blvd.



**VIEW THE
FULL CALENDAR**

beachwoodschoools.org/Calendar.aspx

Hilltop Elementary Celebrates National Walk to School Day

Beachwood Schools joined forces with the Beachwood Police Department and University Hospitals Safe Kids Coalition to commemorate National Walk to School Day on Wednesday, October 4. This event, spearheaded by Officer Colton Pekarski, director of security, highlighted the benefits of walking and physical activity for children. The U.S. Department of Health and Human Services recommends that children and adolescents engage in at least one hour of physical activity daily, as research shows that active kids are more likely to grow into healthy, active adults. Hilltop Elementary students learned about pedestrian safety and were treated to goodies such as pencils, frisbees, stickers, and gift cards, all courtesy of the event's partners. This initiative represents a fantastic way to instill healthy habits in students from a young age, promoting their well-being and safety.



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Empowering Students for Civic Engagement

Helping the leaders of tomorrow realize the impact they can have on their community and beyond is at the heart of Beachwood Schools' comprehensive K-12 social studies curriculum. Through immersive project-based learning experiences, students gain essential skills for civic engagement in the 21st century.

Building a Caring Community

At Bryden Elementary, the foundation for civic participation is laid as students learn how to cultivate a caring community at school. The district-wide Be H.E.A.R.D. behavior expectations, an integral part of Beachwood's revamped positive behavioral interventions and supports program, serve as a guide for teaching students how to get along in a community. Be H.E.A.R.D. is an acronym for Be Honorable, Be Encouraging, Be Accountable, Be Respectful, and Be Determined. Tara Warner's first-grade class recently delved into a lesson on being encouraging, where they learned how to welcome new members into their community. This skill proves invaluable not only in a multicultural classroom but also in a world rich with diverse backgrounds and perspectives. "Our students have an amazing multicultural school experience," says Mrs. Warner. "Even though our classrooms are made up of students from many different cultures with many different life experiences, we find a way to build a classroom community and become a team based on mutual respect and support."

Community and Culture

In Vicki Challenger's third-grade social studies class, the City of Beachwood becomes a vibrant focal point for young learners. Here, students explore the evolution of their community over the decades, and history comes to life through hands-on projects and enriching field trips. These experiences allow students to interact with experts, artifacts, and primary source documents. A highlight of the year is a visit to Beachwood City Hall, where students meet Mayor Justin Berns and other city officials, fostering a sense of connection between the students and their local government. Students also explore the rich tapestry of cultures that make up our global society. It begins with an exploration of their own cultural backgrounds, sharing newfound knowledge with classmates through posters, brochures, and multimedia presentations. "Understanding different cultures prepares students for life," says Ms. Challenger. "It's important for them to know it's OK to have differences and be respectful of all cultures. That's my biggest message."

Digital Citizenship

Garth Holman's seventh-grade social studies class bridges leadership and digital citizenship. Students learn early on that making a positive difference doesn't have to wait. On the very first day of class, Mr. Holman challenges his students with the question, "Why wait to do awesome

things when you can start now?" Students explore the concept of a "digital footprint" incorporated with discussions on leadership and the transformative power of kindness. Mr. Holman encourages students to "make digital footprints worth following," empowering them to make a difference beyond Beachwood. Throughout the year, students build sophisticated digital museums about a topic of their choice. They curate these museums by interviewing experts, producing podcasts and movies, employing virtual reality technology, and even writing historical fiction that showcases diverse perspectives on their topic. With this project, Mr. Holman says, "Students have an opportunity to excel at what they're best at. Many surprise themselves by realizing their untapped potential and the positive impact they can have on others."



Fostering Civic Involvement

At Beachwood High School, students come to realize that a thriving democratic government relies on individuals equipped with the essential skills for active civic participation. A key aspect of their education is the ability to critically evaluate information, particularly from online sources. Students spend significant time learning how to analyze public records, surveys, and research data while examining issues from all angles. In their junior and senior years, students apply these skills to address societal problems through the political process. As of this writing, students in Pam Crossman's government class are in the midst of organizing a community-wide "Meet the School Board Candidates Night." This event aims to foster awareness about the November 7 general election, providing an opportunity for students and community members to get to know the candidates and learn their positions on educational matters. By actively participating in political processes, students learn the art of consensus-building, compromise, and negotiation. Dominic Velotta, chair of the social studies department, underscores the department's commitment to preparing students for the 21st century. "As a department," he says, "we've always worked to ensure students are prepared for life beyond high school, especially as informed and engaged citizens."

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Beachwood Schools Achieves Five-Star Rating on Ohio School Report Card

Beachwood Schools achieved a perfect five-star rating in all components on the 2023 Ohio School Report Card, tying for sixth place in the state overall. This remarkable accomplishment further solidifies the District's reputation for excellence and dedication to providing the highest quality education to its students. Here are some key highlights:

- ★ Beachwood Schools achieved a performance index (PI) of 106.3, securing the coveted five-star rating from the state.
- ★ The District PI is at 97.7% of the Maximum Possible PI Score.
- ★ Beachwood High School showed substantial progress, with its PI rising from 97.5 to 103.5.
- ★ The District earned a five-star rating for "Progress," indicating that Beachwood Schools exceeded expectations in student growth.
- ★ The Graduation Rate earned a five-star rating, with a rate of 98.6% for the Class of 2023.
- ★ Third-graders excelled in the early literacy component, as they were all promoted to fourth grade with the necessary literacy skills.

- ★ Notably, students identified as "gifted" achieved scores in the top 2% among all Ohio districts.
- ★ Beachwood demonstrated significant growth in English language arts and math scores for distinct populations, including English learners and various racial groups.

Superintendent Dr. Robert P. Hardis expressed his pride in Beachwood Schools' exceptional performance, stating, "We are proud of the District's 2023 state report card. It is one of many important measures of the high-quality teaching and learning that takes place in our schools every day. Beachwood Schools' staff is dedicated to offering our students myriad opportunities to demonstrate achievement, creativity, innovation, and determination. These opportunities are possible because of the community's steadfast support of education."



Elementary Facilities Community Input Session

Beachwood Schools is inviting residents, families, and staff to join in the design process for two new elementary schools, a significant project approved last May by voters as part of a \$65 million master plan. The District has entered the schematic design phase, led by Willoughby-based ThenDesign Architecture, which has been working closely with school staff to gather insights and ideas. Staff members have actively participated in collaborative sessions, focusing on aspects such as safety, professional collaboration spaces, flexible learning environments, inclusivity, and technology integration.

The community is now invited to contribute their vision at a second community input session on Tuesday, December 5, from 7 to 8:30 p.m. at the Beachwood Board of Education. Dr. Ken Veon, assistant superintendent of Beachwood Schools, emphasized the importance of community involvement, stating, "Beachwood Schools believes every voice matters. Together, we can create an educational environment that reflects the needs and expectations of the community."

The master plan, initiated in 2022, aims to update the Fairmount Early Childhood Center and construct two new state-of-the-art elementary schools: Bryden Elementary for kindergarten to second grade and Hilltop Elementary for third to fifth grade. Funding for these projects comes from a bond issue approved by Beachwood voters in May 2023. For more information and updates, visit www.beachwoodschoools.org/ElementaryFacilitiesUpdates.aspx.

BOARD OF EDUCATION NEWS



Recent Resolutions

- Recognized National Merit Commended Scholars
- Hired Hammond Construction as Construction Manager at Risk
- Approved Out of District Trips for Model UN, MAC Scholars, and Hiram House

Upcoming Board Actions

- Approve District's Five-Year Financial Forecast
- Hear Elementary World Language Presentation
- Hire Commissioning Agent for Elementary Project

Board Meeting Calendar

- Wednesday, November 15 @ 7 p.m.
- Monday, November 27 @ 7 p.m.



**VIEW AGENDAS
& MINUTES**

beachwoodschoools.org/BOE.aspx

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Dr. Linda LoGalbo, Director of Curriculum & Instruction · (216) 464-2600 ext. 2208 · lhl@beachwoodschoools.org



beachwoodschoools.org

Alumni Spotlight: Alexander Hohl (Class of 2012)



Alex Hohl has carved an impressive path in the legal world in mergers and acquisitions for the New York-based firm Cravath, Swaine & Moore. Yet, the former varsity football quarterback remains grounded by his Beachwood roots and the enduring friendships of his formative years.

The seeds of his legal career were planted during Alex's senior year of high school, thanks to mentors who were lawyers themselves. They highlighted the versatility and potential that a legal education could offer. The Beachwood grad's legal aspirations took shape at the College of Wooster, where he excelled academically and graduated in 2016 with a bachelor of arts degree in urban studies and economics.



Before embarking on his legal journey, Alex took a detour after college to gain practical work experience. He spent two years in Washington, D.C., working in consulting and finance before transitioning to the tech industry as a go-to-market strategist in advertising technology for Google. Alex's experience in the corporate world was characterized by professional growth and personal fulfillment, beginning at Black-owned regulatory compliance firm, Compliance Technologies, Inc. Compliance Tech is where Alex says he cut his teeth and "grew up" through the training and mentorship of firm founders Michael Taliefero and Maurice Jourdain-Earl.

In 2020, Alex enrolled in law school at Columbia University, where he recently graduated with honors in 2023. He knew early on that his passion lay in transactional law, where he could offer strategic legal and business advice to companies undergoing transformative changes. Alex's firm, Cravath, Swaine & Moore, works on a number of high-profile deals, recently including IBM's acquisition of Polar Security and ESPN's partnership with PENN Entertainment to launch ESPN BET.

What Alex loves most about transactional legal work is being a team player and strategic advisor – skills he cultivated leading the Bison football team as quarterback. "Mergers and acquisitions lawyers are the quarterbacks of the transaction," he says, "often coordinating between sub-practice groups such as tax, intellectual property, and executive compensation and benefits."

Beachwood Schools: A Foundation for Success

Alex's journey from Beachwood to New York is underscored by the lasting impact of his time at Beachwood Schools. One of his proudest moments is winning "Company of the Year" as a senior in Greg Perry's Junior Achievement/

Marketing program. Alex served as the CEO of a student-run venture called the Green Dream. Alongside his classmates, he organized an eco-friendly business expo that featured 130 green-technology vendors. The event drew 4,500 people and raised \$70,000 in sales and sponsorships. Proceeds from the event helped create the Ultimate Green Classroom at Beachwood High School.

Today, Alex is passionate about offering career guidance and mentorship to young people of color, especially those aspiring to attend law school. He's dedicated to boosting the presence of underrepresented groups in fields like law, business, and consulting, a commitment he's held since high school. "I want young students of color at Beachwood to believe in themselves and realize their potential," he says.

His advice to current students? "Hard work and determination can really get you far," he says. "Set lofty goals, believe in yourself, and be willing to work for what you want."

Alumni: Share your story! Go to www.beachwoodschoools.org/alumni.aspx.

Nominate Outstanding Alumni for the 2024 Gallery of Success!

Do you know a remarkable Beachwood High School graduate who exemplifies our mission to nurture "intellectual entrepreneurs with a social conscience"?

We're on the lookout for individuals who shine in:

- ★ Leadership
- ★ Service
- ★ Humanitarianism
- ★ Creativity
- ★ Courage
- ★ Impactful Career Contributions

Help us celebrate these exceptional alumni by submitting your nominations by November 10. Download the nomination form today, and be a part of honoring those who inspire and lead the way!

BEACHWOOD HIGH SCHOOL
GALLERY OF
SUCCESS
2024



BAKED by Abbie

Bourbon Chocolate Pecan Pie

Pecan pie, with its sticky-gooey filling and satisfying nutty crunch, is a delightful end to a Thanksgiving meal.

For those who need their treat kicked up a notch or two, there's Kentucky Derby Pie. A favorite among Southerners, this confection, properly called Kentucky Bourbon Pie, is pecan pie made more decadent by the addition of chocolate chips and a kick of bourbon.

To get this dessert's history, created in 1954, I turned to *Southern Living*. The originators of this popular treat, the Kern family, owned an inn in Louisville, Kentucky. When they could not come up with a name for their new confection, they drew names out of a hat and pulled out *Derby Pie*. Given its name and addictive taste,

it became popular to serve this sweet treat on the day of the Kentucky Derby. In time, many bakeries served what *they* called derby pie. Yet, in 1964, the Kerns applied to trademark the dessert as Derby-Pie®. Years of legal battles with other bakeries, and even *Bon Appetit* magazine, ensued. Over the years, this controversial recipe has been referred to as "We-Can't-Call It-Derby-Pie Pie."

Ina Garten's Bourbon Chocolate Pecan Pie, *New York Times*, November 16, 2022, adapted from her 2022 *Go-To Dinners* cookbook.



Ingredients

- ½ cup light brown sugar, lightly packed
- ½ cup granulated sugar
- ½ cup all-purpose flour
- 1 tsp salt
- ½ cup (1 stick) unsalted butter (or margarine), melted and slightly cooled
- 2 extra-large eggs
- 1 tsp vanilla extract
- 2 ½ T good bourbon
- 1 ¼ cups semisweet chocolate chips
- 1 cup whole pecans, large-diced
- 1 9-inch store-bought pie crust

Directions

- Pre-heat oven to 350°F.
- In a medium mixing bowl, combine the brown sugar, granulated sugar, flour and salt.
- In a smaller bowl, whisk together the butter, egg, vanilla and bourbon.
- Pour the liquid ingredients into the dry ingredients and

- stir with a rubber spatula until combined. Stir in the chocolate chips and pecans.
- Place the pie crust on a sheet pan lined with parchment paper. Pour the filling into the pie crust and smooth the top. Bake for 40 to 45 minutes until the filling is evenly golden brown on top and as firm in the middle as it is at the edges.
- Remove from oven. Cool completely.
- Serve with vanilla ice cream or whipped cream.

Abbie Nagler Sender, a licensed, award-winning baker, is the owner of BAKED by abbie, a home bakery that offers customized baked goods with a Jewish twist.

For more information, visit www.BAKEDbyabbie.com and like her Facebook business page, BAKEDbyabbieCLE.

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– William Arthur Ward



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Beachwood Arts Council Events

The following show and concert will be held at the Beachwood Community Center. For details, visit beachwoodartscouncil.org or call 216.595.3400.

The African American Quilt and Doll Guild Exhibit

“Threads Intertwined Hold and Bind”

Wednesday, Nov. 8 – Thursday, Dec. 7

Art Gallery Hours:

Monday – Friday, 8 a.m. – 4 p.m.

Weekends • Appointment only, call 216.292.1970

Opening Reception: Saturday, Nov. 11 • 5-7 p.m.

This free exhibit features quilts and dolls created by 18 members of the AAQDG that are inspired by African American history and culture.



Yiddishe Cup Klezmer Band

Sunday, Dec. 3 • 2-3 p.m.

Yiddishe Cup was founded in 1988 and has been called one of the top Klezmer Bands in America. The group has played throughout the United States at festivals, colleges, and hundreds of Jewish celebrations. Now, Beachwood Arts Council is pleased to present the band at a free concert as part of its Sunday Sounds Series.

Blending Eastern European Jewish folk music, American swing, Yiddish theater tunes, and Israeli

horas, the group will be playing Klezmer and Jewish-themed music from shows like *Fiddler on the Roof*.

Yiddishe Cup has performed at the Chautauqua Institution Amphitheater, Brooklyn Center for the Performing Arts, and many times locally, at Cain Park. The band has also made five trips to Florida, four to Missouri, and three to Texas, and has played internationally in Windsor, Ontario. It has



also been featured in an exhibit at the Jewish Museum in New York.

This free concert is sponsored by Ohio Arts Council and Cleveland Foundation.

Beachwood Arts Council thanks its sponsors!

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Cleveland Jewish Book Festival Showcases Acclaimed Authors and Podcasters

The Mandel Jewish Community Center is pleased to host its 24th annual Cleveland Jewish Book Festival, one of the premier Jewish book festivals in the country. Bringing unique ideas and perspectives to the forefront, the 2023-2024 festival features a lineup of 17 nationally and internationally acclaimed authors, including two authors with local ties, plus award-winning podcasters. The festival runs from November 7, 2023 through March 20, 2024.

The Cleveland Jewish Book Festival features books highlighting Jewish life, Israel, history, sports, faith, women in history, leadership, and more. Authors share the stories behind their books during presentations that are accompanied by Q&A sessions. In addition to in-person events, many programs are free and presented virtually. The annual festival is presented in partnership with the Jewish Book Council.

“We look forward to connecting our community with these talented authors,” said Beth Rosenthal, Mandel JCC arts and culture program associate. “They will share insights and explore interesting topics and themes that span all genres. We are grateful to partner with local organizations and to bring these authors to Cleveland, providing a platform for thought-

provoking literary works and engaging our community in meaningful discussions.”

Book Festival Highlights

The festival kicks off with a **November 7 opening event**. This is a specially curated program developed by the award-winning podcast *Israel Story*. Created for Israel’s 75th anniversary, the program is a live, literary, multimedia performance – part history lesson, part contemporary social commentary – based on the story around Israel’s original Declaration of Independence.

The **November 20 Keynote Event** features former Israel Ambassador Michael Oren. In his book, *2048: The Rejuvenated*

State, Oren sets out his vision for Israel in honor of Israel’s 75th Independence Day 25 years in the future.

A **Kids Day** event will be held November 19. Families can meet *Only Kidding! My First Book of Jewish Jokes* author Sari Kopitnikoff and join her for a fun morning strengthening their funny bones.

To purchase tickets, visit mandeljcc.org/bookfest.



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Diversity Center of Northeast Ohio 69th Annual Humanitarian Award Celebration

The Diversity Center of Northeast Ohio will host its esteemed 69th Annual Humanitarian Award Celebration on Tuesday, Nov. 14, at the Renaissance Cleveland Hotel, located at 24 Public Square.

The evening will commence with a cocktail reception at 5:30 p.m., followed by the program and dinner at 6:30 p.m. This year, The Diversity Center is proud to honor Robyn Minter Smyers, partner at Thompson Hine, and Christopher Gorman, chairman, CEO, and president of KeyCorp, for their outstanding commitment to justice, equity, diversity, and inclusion.

The Diversity Center of Northeast Ohio's mission is to eliminate bias, bigotry, and racism. Serving over 4,000 people in eight counties throughout Northeast Ohio, its goal is to help individuals and organizations recognize, understand, appreciate, leverage, and celebrate diversity. More information can be found at www.diversitycenterneo.org.



Robyn Minter Smyers



Christopher Gorman

An evening with **FORMER ISRAELI PRIME MINISTER NAFTALI BENNETT**

WEDNESDAY, NOVEMBER 15, 7:30 PM

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Israel @ 75



An Evening with Former Israeli Prime Minister Naftali Bennett

Wednesday, November 15 • 7:30 p.m.

**B'nai Jeshurun Congregation • 27501 Fairmount Blvd, Pepper Pike
\$25 per person**

Join the Jewish Federation of Cleveland for a conversation with former Israeli Prime Minister Naftali Bennett to discuss the challenges and opportunities facing Israel in her 75th year. Prime Minister Bennett became Israel's 13th Prime Minister in 2021, leading the most diverse

government in the nation's history. The government, under his leadership, included left and right, religious and secular, and for the first time in Israel's history, an Arab party in the coalition.

To register, visit www.jewishcleveland.org.



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CELEBRATING JEWISH LIFE

Celebrating Jewish Life With Rabbi Rosie Haim

Striking a successful balance between the social and the sacred aspects of Judaism, Rabbi Rosette Barron Haim has created the sixth year of Celebrating Jewish Life, a subscription series of six Jewish holiday experiences to engage adults in ways that recapture the Jewish spirit and reconnect them to the Jewish community.

Rabbi Haim has served the Cleveland Jewish community for more than 35 years and brings a wealth of life cycle, pulpit, and counseling experience with her. She is serving as the first female chair of the Israel Bonds National Rabbinic Advisory Council, and has instilled a sense of Jewish pride, confidence, and connectedness in people of all ages. Song leader and musician Chuck Fink will join her to enhance each experience.

Rabbi Haim, also affectionately known as Rabbi Rosie, explained, "We are thrilled to launch the sixth year of our series to address the largest population of the Cleveland Jewish community – those unaffiliated adults seeking ways to find greater meaning, identity, and purpose in their Jewish experiences, and those wishing to enrich their other Jewish involvements."

With more than 150 subscribers, this innovative program creates an opportunity for anyone to be involved in Jewish holiday experiences, especially empty-nesters, full-lifers, millennials, baby boomers, retirees, and those who want to share holidays with others and enjoy their Judaism.

Celebrating Jewish Life centers on building community through gathering at creative venues to share a festive meal and to honor Jewish heritage and tradition. Although the six-experience subscription series is already underway, guests are



Rabbi Rosie and song leader/musician Chuck Fink lead the Celebrating Jewish Life holiday experiences.

To learn more, participate, or sponsor a holiday experience, please contact Rabbi Rosie Haim at 216.223.8736 or info@celebratingjewishlife.com, or visit www.celebratingjewishlife.com.

invited to enjoy the remaining individual experiences, as listed:

- Friday, Dec. 8 • 6 p.m.
Hanukkah Shabbat at Kitchen 216 (Beachwood)
Join us for candle lighting, service, dinner, and holiday activities.
- Sunday, March 24 • 5 p.m.
Purim at D-Bat (Solon)
Get your game on for Spring Training! Megillah reading, dinner, and delicious hamentaschen. Use of batting cages is included for fun and entertainment.
- Tuesday, April 23 • 6 p.m.
Passover Second Night Seder at Kitchen 216 (Beachwood)
Join us for seder, dinner, and desserts.

- Friday, June 7 • 6 p.m.
Shavuot Shabbat at Mayfield Country Club (South Euclid)
Join us for service, festive meal, and Oneg.

Celebrating Jewish Life also offers Zoom and a pickup option for meals.

Additionally, Rabbi Rosie hopes to channel her passion for social change that strengthens the Jewish community and creates Jewish leaders who may enjoy engaging with local and nationally based organizations such as Jewish Federation of Cleveland, Israel Bonds, AIPAC, Jewish National Fund, Na'amat, ORT, and more.



"You cannot do a kindness too soon because you never know how soon it will be too late."
– Ralph Waldo Emerson

Beachwood 100 Happy Hour Slide Show

September 18
Beachwood Truck Park

Food Trucks • Games
Raffles • Sideboards
Browns vs. Steelers



Above:
Congratulations to Samantha Ciriaco on winning the Sideboard Raffle!

Below:
Attendees Michael Shanes, Andy Simon, Anthony Jordan, and Jodi Turk.





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Cogmotion Learning Is Now Open

Beachwood resident Wendy Marks Firestone, Ed.S., NCSP, a licensed school psychologist, recently opened Cogmotion Learning, which provides personalized coaching and strategic psycho-educational support for healthy social, emotional, and cognitive growth. If your child encounters learning differences, attention challenges, or social-emotional obstacles, a personalized assessment may offer invaluable insights and expert guidance.



Wendy Marks Firestone

Cogmotion Learning is also about knowledge-sharing, so Wendy has generously offered to provide a "tips corner" for parents, teachers, and/or

students about issues related to executive functioning and practical strategies for increasing productivity or reducing emotional barriers to

successful task completion. This month's article is, "Why Does Motivation Matter?"

For more information, call Wendy at 216.250.1209 or email

info@cogmotionlearning.com. Learn more about Wendy and her motivation to start this business in next month's issue of *Beachwood Buzz*.

Why Does Motivation Matter?

by Wendy Marks Firestone

Motivation is like having extraordinary energy and perseverance to accomplish challenging tasks. Imagine having your own cheering squad that keeps you going when the going gets tough. When you are motivated, you are not only learning but also able to reach new heights and achievements.

Motivation: Fact or Fantasy?

There is science behind the relationship between motivation and learning. Carol Dweck, one of the world's leading researchers on motivation and mindset, found that when you believe you can improve at a skill and grow, your motivation skyrockets. This is referred to as "growth mindset," which can turn every learning opportunity into a positive adventure (Dweck, 2006).

How Do I Begin Building My Motivational Prowess?

The good news is that you can fire up your motivational engines even when the subject matter is a bit tricky or not-so-exciting. Here are ways to begin:

- **Discover the why.** Your job is to discover the *why* behind a lesson or subject. How does the topic connect to your life or the world? While you may not love learning to write paragraphs or math formulas, why are they important in the bigger picture? By learning how to master a task, does it lead you closer to a goal? Did having this skill lead someone in history to complete an important discovery, work of art, or invention? Once you are able to connect the dots, you can see the bigger picture, which becomes more exciting.
- **Set Mini Goals:** Sometimes motivation declines because we expect too much of ourselves too soon. We cannot climb Mount Everest if we have not practiced climbing smaller mountains first. It is important to break daunting tasks into smaller, doable steps. Each step conquered becomes a small victory. If the first goal we set for ourselves is still too challenging, we can break it down

further. Baby steps are perfectly acceptable.

- **Celebrate Your Progress:** Imagine you are on an epic adventure and every step you take is a milestone. Celebrate your progress. Whether it's merely screaming *yahoo!* or doing a personal happy dance, you have reached a goal. I love crossing out an item on my "to do" list and seeing the number of tasks reduce. It is very rewarding for me.
- **Fuel Your Curiosity:** You can unlock secrets in the universe by diving into a subject with curiosity. It is important to ask questions, explore items of interest, and discover the hidden gems within topics. Imagine yourself living in a certain time period, having to communicate certain information to influential people, or navigating your way through an adventure.
- **Connect with Others:** Share cool facts that you have learned, challenge each other by sharing related ideas, and create games or grand adventures where you can learn more about topics. Sharing information and having opportunities for discussion also promote learning.

Get ready to unleash your motivation and make your learning journey an admirable adventure. We can help you find your *why* at Cogmotion Learning today.

Reference: Dweck, C.S (2006). *Mindset: The New Psychology of Success*, Random House.



CWRU's Siegal Lifelong Learning

Case Western Reserve University's Siegal Lifelong Learning offers personal enrichment courses and lectures both online and in person. All information can be found at case.edu/lifelonglearning. Some upcoming programs include:

More World-Changing Ideas of Rabbi Lord Jonathin Sacks

Mondays, Nov. 27 – Dec. 18
1-2:30 p.m. • In person
Presented by Jeremy Bruce, rabbi, executive director, Rabbi Sacks Foundation (North America).

The Creative Nonfiction Dance

Mondays, Nov. 27 – Dec. 18
1-2:30 p.m. • In person
Presented by Lee Chilcote, instructor of Lifelong Learning.

Bare Necessities: Food, Clothing, and Shelter in American Jewish Humor

Wednesdays, Nov. 29 – Dec. 13
7-8:30 p.m. • Remote
Presented by Ted Merwin, Ph.D., senior writer, Jewish Federations of North America.

Three Revenge Plays by Euripides

Thursdays, Nov. 30 – Dec. 21
10-11:30 a.m. • Remote
Presented by Janice Vitullo, instructor of Lifelong Learning.

Yarn Over Beachwood

Yarn Over Beachwood (YOB) members knit, crochet, and loom items for different organizations and charities throughout Northeast Ohio.

Group members share ideas, patterns, projects, websites, links to patterns, and more. The group meets the first Friday of each month, 10-11:30 am, at the Beachwood Library. Upcoming dates are November 3 and December 1.

With winter coming, requests have increased:

Warmup Cleveland needs hats, gloves/mittens, and scarves for the homeless and needy; and a nearby school needs caps, mittens, and scarves for 10-to-12-year-old children.

Please join us, and/or bring finished items to the November 3 meeting. Items may also be

dropped off at the security gate of Point East Condominiums, 27500 Cedar Rd., marked with Iris November's name, #803; or at Fairmount Temple, 23737 Fairmount Blvd., second entrance, in the box/receptacle by the door, between November 10-19. Please mark items with Yarn Over Beachwood, your name, and the number of items included.

In the past five years, YOB has made and donated 2,417 items. Since its inception in 2009, the group has donated more than 11,000 items. For more information, contact Iris November at lbtrtyclub@gmail.com or 216.375.9111.

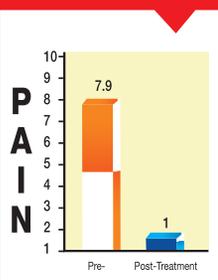
"Gratitude will shift you to a higher frequency, and you will attract much better things." – Rhonda Byrne

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Beachwood Schools Homecoming Weekend

Beachwood Schools Homecoming Weekend, held October 6-7, brought together students, Alumni, and the community for a spirited celebration of White and Gold.

The festivities began during the Friday football game against Cuyahoga Heights. Fans were treated to cider and doughnuts, eye black, light-up gifts, face painting, and balloon artists. The halftime ceremony saw the crowning of Beachwood's Homecoming Royalty: Eli Silver, Joshua Rosenberg, Lea Keren, Dakota Houston, and Alexis Mercado. The entertainment continued with performances by the Beachwood High School Marching Band and Drill Team, as well as a heartwarming appearance by the Alumni Band and Drill Team. Beachwood Schools thanks everyone who came out to make Homecoming Weekend a resounding success. Let's keep the White and Gold spirit alive all year long!



Top row: Bison cheerleaders ignite the pre-game excitement; Beachwood's regal Homecoming Royalty, Eli Silver, Joshua Rosenberg, Lea Keren, Dakota Houston, and Alexis Mercado, are all smiles during their shimmering moment; Bison fans adorn their faces with sparkling, spirited designs.

Middle row: Beachwood students don Hawaiian leis, submerging into the enchanting *Under the Sea* homecoming theme; Beachwood alumni reunite in the Alumni Homecoming Marching Band; whimsical balloon creations infuse an extra dash of festivity into the homecoming celebration.

Bottom row: Students, lost in a sea of rhythm and lights, dance into the night at the homecoming dance; face paint and glitter create a kaleidoscope of school spirit; fans savor the essence of fall with free doughnuts and cider; student photographer Junae Simmons expertly captures the exuberant spirit of homecoming attendees.

Nicole Samala Named Semifinalist in the 69th National Merit Scholarship Program

Congratulations to Beachwood resident and Laurel School senior Nicole Samala on being named a Semifinalist in the 69th National Merit Scholarship Program. Nicole is one of seven Laurel students recognized as a Semifinalist this year, a total of 17% of the entire class.

The Semifinalists all have an opportunity to continue in the competition for close to 7,140 National Merit Scholarships worth nearly \$28 million that will be awarded next spring. To be considered for a Merit Scholarship award, Semifinalists must fulfill several requirements to advance to the Finalist level of the competition. Roughly 95% of the Semifinalists are expected to attain Finalist standing and approximately half of those

Finalists will go on to win a National Merit Scholarship. Over 1.3 million juniors from across 21,000 high schools entered the 2024 National Merit Scholarship Program by taking the 2022 Preliminary SAT/National Merit Scholarship Qualifying Test. The nationwide pool of Semifinalists, which represents less than 1% of U.S. high school seniors, includes the highest-scoring entrants in each state.



Merit Scholar designees are selected on the basis of their skills, accomplishments, and potential for success in rigorous college studies.

Thank you!

Beachwood Arts Council thanks Rachel Hartwig's Art Club at Beachwood Schools for creating artwork for its Free Little Art Gallery. One of her students said, "It's a good thing we signed these, so the people who collect our artwork can put it on eBay when we're famous artists someday!"

FLAG is located outside the Beachwood Community Center. Stop by, take a piece, leave a piece, and spread the arts throughout Beachwood!



"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough." – Oprah Winfrey.

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From the Beachwood Library

All CCPL branches will close early on Wednesday, Nov. 22, at 5:30 p.m., and will be closed Thursday, Nov. 23, for Thanksgiving. Storytimes for fall run September 1 – November 30. To register or learn more, call 216.831.6868 or visit www.cuyahogalibrary.org.

Toys for Tots Annual Toy Drive

November 1 - December 11
Donate a new, unused toy to benefit children in need this holiday season.

Ahuja Medical Center: Stroke Symptom Awareness

Monday, Nov. 6 • 2-3 p.m.
Heather Dickinson, Ahuja Medical Center's stroke coordinator, will share her knowledge on stroke symptom awareness and the importance of stroke prevention. Register at <https://attend.cuyahogalibrary.org/event/8362963>.

Empowering Epilepsy Presents: The History of Epilepsy

Thursday, Nov. 9 • 7-8 p.m.
Leigh Goldie, founder and

executive director of Empowering Epilepsy in Beachwood, presents the history of epilepsy. Register at <https://attend.cuyahogalibrary.org/event/8685361>.

Veteran's Day Concert

Saturday, Nov. 11 • 2-3 p.m.
Join us to honor veterans and listen to patriotic music played by the 122nd Army Band Brass Quintet. Register at <https://attend.cuyahogalibrary.org/event/8659365>.

Meet Author Ross Gay

Wednesday, Nov. 15 • 7-8 p.m.
Author Ross Gay will visit to discuss his new collection, *The Book of (More) Delights*. Register at <https://attend.cuyahogalibrary.org/event/8873661>.

Meet Author Curtis Chin

Thursday, Nov. 16 • 7-8 p.m.
Author Curtis Chin will visit to discuss his new memoir, *Everything I Learned, I Learned in a Chinese Restaurant*. Register at <https://attend.cuyahogalibrary.org/event/8703478>.

Que Bueno Music Program

Friday, Nov. 17 • 2-3 p.m.
A musical performance of Latin music by the Victor Samalot Duo. Register at <https://attend.cuyahogalibrary.org/event/8607142>.

Poverty Simulation

Monday, Nov. 27 • 2-3 p.m.
An immersive empathy experience. Ages 18+. Register at <https://attend.cuyahogalibrary.org/event/8647543>.

Blood Drive

Wednesday, Nov. 29 • 12-6 p.m.
Donate blood today. To make an appointment, visit www.redcrossblood.org or call the American Red Cross at 800-RED-CROSS (800.733.2767).



Children's Programming

Art of Writing

Thursday, Nov. 16 • 4-5 p.m.
Learn about the art and history of writing, fountain

pens, pen collecting, and the importance of handwriting and personal expression in communication. Sponsored by the Pen Collectors of America® and Friends of the Beachwood Library. Registration required.

Art Explorers • Grades K-5

Thursday, Nov. 16 • 4-4:45 p.m.
Get creative while learning something new. Hear about the life of a famous artist and get inspired to create your own works of art. Registration required.

Friday Family Fun

All ages with caregiver
Friday, Nov. 24 • 10:30-11:15 a.m.
Gather together to read a story and enjoy a fun activity or craft. Registration required.

Kindergarten Countdown

Children entering kindergarten next fall and their caregiver
Tuesday, Nov. 28 • 6:15-7:15 p.m.
Help build kindergarten readiness skills in a program aligned to Ohio's Early Childhood Standards. This month's theme is the ABCs. Registration required.

From the Beachwood Garden Club

Last month, the Beachwood Garden Club celebrated autumn at Beachwood City Park West's Pavilion by hosting workshops to paint gourds, create birdhouses, and carve pumpkins. It also hosted Archaeology Day, where guests met archaeologists, viewed artifacts, threw an atlatl, viewed a flint-knapping demo, and learned about native plants. Archaeology Day was presented in cooperation with the Beachwood Historical Society.



Nature lovers Rosemary Nemeth, Lisa Skufca, and Frani Shagrin painted gourds that will become birdhouses.



Hayley Grunau makes a point.



Archaeologist Mark Kollecker shows Nic Pucella-Martin one of his arrowheads.



Archaeologist Beth Hoag helps Maria Nemeth throw an atlatl, once used by Native Americans for hunting.



InMotion Hits Record Attendance at 2023 Pals In Motion

The seventh annual Pals In Motion event to support services provided by InMotion for those facing Parkinson's disease hit record attendance on Sunday, Sept. 10, at Beachwood High School. Thanks to the generosity of sponsors and donors, the 2023 event raised more than \$463,000.

The 2023 event, presented by The Allan Goldberg Family, included a competitive 5K run, a 5K walk, 1-mile family walk, obstacle course, and 100-yard dash relay. Pals In Motion hosted a record 1,410 participants, including more than 100 volunteers, up from 1,075 participants last year.

Funds raised by Pals In Motion directly support InMotion's holistic wellness programs for people with Parkinson's disease and their families. The event, which provides a significant portion of InMotion's operating budget, enables the organization to deliver its programming free of charge to clients and their care partners.

Pals In Motion was also supported through in-kind community partner donations from the City of Beachwood, Beachwood City Schools, Beachwood Police Department, University Hospitals Emergency

Medical Services, and the Cleveland Water Department.

"We were thrilled to welcome a record-breaking number of event participants. Supporters of the event helped ensure that our programs remain free of charge to anyone living with Parkinson's disease," said InMotion CEO Cathe Schwartz. "The day was filled with friendship, hope, and joy, and everyone who joined us left with a smile on their face."

"We are always grateful for the overwhelming support from the community, including our sponsors and donors, in making our annual Pals In Motion event so

successful," said InMotion board president Bruce Goodman. "The classes and programs we provide for people with Parkinson's disease are possible only because of this generous support."

The 2024 Pals In Motion event is scheduled for Sunday, Sept. 15, 2024, at Beachwood High School. More information about the event is available at www.palsinmotion.org.

About InMotion:

InMotion uses a community-based group approach to help people with Parkinson's disease feel better every day. Through

evidence-based exercise, arts, support and education programs, it helps clients take control of their symptoms and learn to live positively and constructively with their disease. InMotion's research shows that, in aggregate, Parkinson's symptoms among regular participants in InMotion programs remain stable or improve. InMotion, a nonprofit 501(c)(3) organization, serves approximately 1,000 active clients and their care partners at its facility in Beachwood. More information about InMotion, including how to become a client or supporter, is available at www.beinmotion.org.



Breathe Easier

Fall and winter bring a greater risk of respiratory viruses that can cause serious illness, especially in seniors whose immune systems may be compromised and who often have underlying health conditions. Heart disease, chronic lung disease, and obesity can put seniors at higher risk of getting very sick from respiratory viruses.

Menorah Park chief medical officer Ranjit Tamaskar offers advice for remaining healthy during this season.

Be Prepared

Most people are familiar with flu and COVID vaccines. Both are available easily. Please make sure you and your family members are vaccinated. RSV vaccine is new. This disease is very common in children but seniors are affected by it too.

Be Healthy

Exercise and stay as active as possible. Take advantage of sunshine, even for short periods. Eat fresh fruits, vegetables and whole grains. Stay hydrated.

Be Sensible

If you are sick, stay home. Use a mask. If your family members have symptoms, they should stay home. Wash your hands and practice good hygiene. If you have worsening symptoms of respiratory disease, call your healthcare provider.

Be Informed

Keep an eye on reliable news outlets for reports of outbreaks and public health guidelines. Take additional precautions when necessary.

Menorah Park wants our community to stay healthy throughout the year, and especially during the tough months of winter. We offer a wide range of services and programs to support our residents, patients, families, and caregivers. From nutritious meals and exercise

to learning opportunities and healthcare, we hope you'll take advantage of the activities and services designed to keep our seniors healthy, happy, and secure.

Menorah Park wants our community to stay healthy throughout the year, and especially during the tough months of winter.

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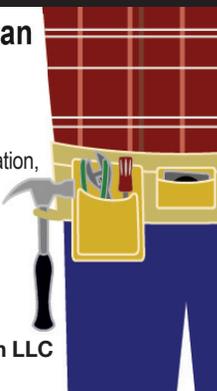
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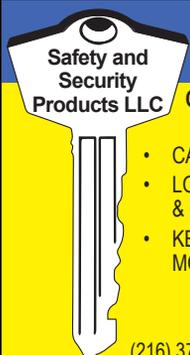
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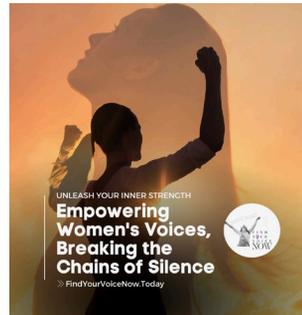
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Find Your Voice Now

Annie Roth found her voice and now helps other women find theirs. Find Your Voice Now, a nonprofit organization founded by Annie and Mary Ellen Bartlett, supports women in toxic relationships: women who are feeling unheard and alone, and are searching for the



strength to believe in themselves. Its mission is, "To create a network of women to help support and navigate through emotionally abusive relationships and to discover their own voice; to offer a safe space to become empowered to live their healthiest and happiest of lives."

This group was established as a safe space to share, discuss, and simply listen to other women who may be going through similar hardships. It now has 550 members, continues to build its Instagram following, @findyourvoice.now, and recently launched its new website, www.findyourvoicenow.today.

"We offer a loose agenda. After introductions, I ask if anyone has anything pending or if someone needs help right now. These women communicate – they share stories they wouldn't share anywhere else," Annie told us. "That's the safe space we want to provide. It's support when

you need it. We work on your timeframe. "Support is different than therapy," she added. "Group support is horizontal. We're all equal and there is no judgment. We're on the same plane and are all there to hear, share, comfort, and help each other heal. We don't have to face our problems alone."

Find Your Voice Now meets every other Thursday. Upcoming online events will be held on November 2, 16, and 30. You may join a one-hour session by visiting meetup.com/find-your-voice-a-women's-support-group/.

The Cleveland and Detroit chapters will both hold in-person meetings starting in 2024.

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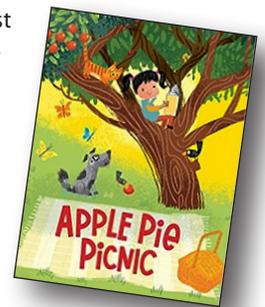
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or 216. 338.7823

November StoryWalk®

The November StoryWalk is *Apple Pie Picnic*, by Alicia Duran, illustrated by Brian Fitzgerald. Meet Rosa and her familia, and journey through the year as the trees change from flower to fruit. Then, join the celebration where apple pie takes center stage.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg- Hubbard Library to help build

childrens' interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Anne.



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