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Letter from THE EDITOR

By Debby Zelman Rapoport

hanging our mindset, like any other habit, is something we need to practice if we'd like to have a more positive outlook on life's challenges. Even if you have a good mindset, there's always room for improvement. Although research varies on how long it takes to change a habit, the average is about two months.

Last month, to work on my own mindset, I accepted a 21-day challenge from my dear friend, Heidi DuBois*, to write down three things daily that I appreciate about myself, without repeating anything. There are many benefits to self-appreciation that impact our mental and emotional wellbeing. They include:

- Improved Self-Esteem: When we recognize and value our strengths and achievements, we can boost our selfconfidence and self-worth.
- Enhanced Mental Health:
 When we view ourself kindly, it can reduce symptoms of anxiety and depression.
- Resilience: Self-appreciation builds resilience, making it easier to cope with stress and setbacks.

Motivation and Productivity:
 When we acknowledge our accomplishments, we often have momentum to stay motivated and productive.

• Better Relationships:

A healthy sense of self-

appreciation can improve relationships with others, as it fosters self-respect and reduces the need for external validation.

- Reduced Negative
 Self-Talk: Our focus on
 positive attributes counteracts
 negative self-talk, which leads
 to a more balanced self perspective.
- Personal Growth:
 Recognizing our strengths and achievements can support personal growth.

When doing this 21-day challenge, I compiled this list to trigger thoughts of what I truly appreciate about myself.

Abilities Adaptability Authenticity Compassion Confidence Courage Creativity Curiosity Dedication **Empathy** Fairness Gratitude Honesty Integrity Generosity Kindness Loyalty Open-mindedness Patience Positivity Respectfulness

Sense of Humor Thirst for Learning Thoughtfulness Wisdom

These words were only cues to get me started. The challenge is not about saying, "I appreciate my creativity," and leaving it at that. It's about digging deeper to be more specific about why I appreciate my creativity: I appreciate that I can see something, paint it, and make it my own; I appreciate that I have a good sense when it comes to creating a composition; I appreciate that I have the creative ability to put this magazine together every month.

Overall, this 21-day challenge raises self-awareness and helps us treat ourselves with the same kindness and understanding we would offer to a friend.

With all the craziness in this world, I challenge you to find your own calm by doing this 21-day challenge. In addition to reaping the benefits listed in this column, I'm confident that you will find more inner peace and happiness along the way.

Have a great month!



*Heidi is a certified life coach, certified happiness coach, and tarot card reader. For more information, visit www.heididubois.com.



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City of Beachwood Acquires Fairmount Temple Property



he City of Beachwood recently entered into an agreement with Anshe Chesed Fairmount Temple (Fairmount Temple) to buy the temple's property at 23737 Fairmount Blvd. for \$8 million.

"This parcel of land right in the heart of our city isn't just a piece of property; it is a canvas upon which we will paint the next chapter of Beachwood's story," said Mayor Justin Berns.

Full story, written by Debby Zelman Rapoport, starts on page 7.



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Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

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Jewish Federation of Cleveland to Launch 2025 Campaign for Jewish Needs with Super Sunday Kickoff on Sept. 8

he Jewish Federation of Cleveland is launching its 2025 Campaign for Jewish Needs on Sunday, Sept. 8, with a Super Sunday Kickoff event for the entire community. The Campaign for Jewish Needs is the Cleveland Jewish community's annual fundraising campaign that provides the critical dollars necessary to help keep our diverse, local community safe, strong, and welcoming, as well as serve the needs of the global Jewish community.

"Super Sunday is a wonderful tradition that highlights our diverse community's generosity, teamwork, and dedication to keeping Jewish Cleveland strong," said Amir Jaffa, general campaign chair. "I look forward to seeing everyone on Sept. 8 as we come together to help make our Jewish community better today and even stronger in the future."

This year, Super Sunday Kickoff attendees will:

 Join hundreds of community members to raise funds for the Campaign for Jewish Needs

- Participate in children's activities, outdoor games, family friendly activities, and more
- · Enjoy kosher food

Super Sunday Kickoff will take place on Sunday, Sept. 8, 10 a.m. to 4 p.m., at the Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building (25701 Science Park Dr. in Beachwood). Family activities will begin at 1 p.m. Attendees can come to the event for a few hours or all day as their

schedule allows. Kosher food will be provided.

The Federation is the only organization in Cleveland that considers the needs of the Jewish community as a whole and plans for its future. Ninety-one cents of each dollar donated goes directly to the community. The 2025 Campaign for Jewish Needs will conclude on Dec. 11, 2024.

For more information, visit www.jewishcleveland.org, email Imarkowicz@ jewishcleveland.org, or call 216.593.2905.



"I look forward to seeing everyone on Sept. 8 as we come together to help make our Jewish community better today and even stronger in the future."

– Amir Jaffa, General Campaign Chair



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City of Beachwood Acquires Fairmount Temple Property

By Debby Zelman Rapoport

Ihe City of Beachwood recently entered into an agreement with Anshe Chesed Fairmount Temple (Fairmount Temple) to buy the temple's property at 23737 Fairmount Blvd. for \$8 million.

The purchase proved the interests of the City of Beachwood and Fairmount Temple were in alignment. Mayor Justin Berns and the administration saw the situation as a once-in-a-lifetime opportunity to purchase 17 acres on a well-known thoroughfare, with the idea that the appropriate use of the property would come later, after an open and transparent public process. The City Council unanimously supported the acquisition during the open City Council meeting on June 18. By purchasing the land, the City now controls the specifics of how the land will be used or developed.

"This parcel of land right in the heart of our city isn't just a piece of property; it is a canvas upon which we will paint the next chapter of Beachwood's story," said Mayor Justin Berns. "By purchasing this land, we, the city, hold the reins of its future. Rather than negotiating with a self-interested developer, most likely offering a binary choice, we will, instead, engage in a public process to determine its best use."

"Once we became aware of this opportunity, we carefully examined the costs and long-term benefits associated with this purchase. We asked tough questions of the administration and our experts, and we discussed possible uses for the property. It became apparent to us that this acquisition held immense potential for Beachwood," City Council president Alec Isaacson stated. "Together, we will continue to shape the Beachwood of tomorrow, ensuring

it remains a place where community and opportunity thrive in harmony. All options remain open at this early stage."

Fairmount Temple, founded in 1842, has called Fairmount Boulevard home since 1957. The decision to sell the property is the result of the synagogue's historic merger with The Temple-Tifereth Israel to become Congregation Mishkan Or. The new congregation is located at the Jack & Lilyan Mandel Building, on Shaker Boulevard, where The Temple-Tifereth Israel was formerly located.

"When the city approached us with interest in purchasing our property, we entered into the discussions with the shared idea that the sale of the property to the city would secure the property's future in a way that benefits the community we've been part of for close to 70 years," said Michele Krantz, president of Fairmount Temple. "Although the sale of our beloved home marks the end of an era, it also represents the beginning of a new chapter filled with opportunities."

By selling the property directly to the city without listing it on the market, Fairmount Temple saved time and the additional costs related to hiring a broker. By owning the property, the city has the ability to help determine the future use, rather than if it was in the hands of a private developer who likely would seek zoning changes.

Built in the 1950s, the temple facilities included the main sanctuary, educational wings, and other communal spaces on 17 acres of land. The city officially took ownership on July 30 and will allow access to Fairmount Temple for an additional six weeks to remove personal property and religious fixtures that are stipulated in the purchase agreement.



A Message From Mayor Justin Berns

This purchase marks a pivotal moment in the history of Beachwood—a moment that reflects our unwavering commitment to shaping our own destiny and ensuring a bright future for our community.

This parcel of land right in the heart of our city isn't just a piece of property; it is a canvas upon which we will paint the next chapter of Beachwood's story. For decades, our city has thrived

under the visionary leadership and foundation created by mayors like George Zeiger and Harvey Friedman, who understood that property dictates destiny. The pro-growth mentality and strategic developments they helped to create have given us a vibrant community life supported by commerce and industry.

From the establishment of Commerce Park in 1962 to the rise of our first shopping center, LaPlace, in 1969, and the expansion of our major office complexes and corporate parks, our city has masterfully balanced growth while still preserving residential tranquility. Our community has evolved into a more diverse community, as well as a center of Jewish life, with temples, synagogues, shuls, and communal institutions that enrich the lives of everyone in the city, regardless of religion, along with enviable public and private schools.

The acquisition of Fairmount Temple and its 17-acre property is a testament to our commitment to maintaining that balance. By purchasing this land, we, the city, hold the reins of its future. Rather than negotiating with a self-interested developer, most likely offering a binary choice, we will, instead, engage in a public process to determine its best use, whether for community recreation, civic purposes, or potential development tailored to our needs.

Imagine a space where families gather, children play, and community bonds are strengthened. Picture a development that enhances our city's amenities while respecting the character of our residential neighborhoods. This is our opportunity to dream, to plan, and to build together.

Our city's success lies in its ability to innovate while honoring our roots. With a diverse tax base that supports our exceptional amenities and remarkably low property taxes, we have proven that strategic development benefits us all.

I thank City Council president Alec Isaacson for his leadership and City Council for supporting this effort. I also thank Eric Silver, chair of Fairmount Temple's Real Estate Committee; Michele Krantz, president of Fairmount Temple; and their entire board for entrusting the city with the property the temple called home for the past 67 years.

Our collective actions will create a legacy that future generations will cherish.



A Message from Michele Krantz, co-president of Congregation Mishkan Or and former president of Anshe Chesed Fairmount Temple

The Anshe Chesed Fairmount Temple Board of Directors, acting upon the unanimous recommendation of our Real Estate Task Force, approved the sale of our Fairmount Boulevard property to the City of Beachwood for \$8 million.

The sale of Fairmount Temple's beloved home marks the end of an era, but it also represents the beginning of a new chapter filled with opportunities. The proceeds from this sale will contribute to our ability to provide outstanding services, programs, and resources for Congregation Mishkan Or in the Jack & Lilyan Mandel Building on Shaker Boulevard, our new spiritual home.

The favorable agreement with the City of Beachwood offered numerous benefits, including:

· Saving brokers fees, commission, and the cost of operating expenses.

- · A closing date of July 30, with an additional six weeks of access to the building to facilitate our move.
- · A cash sale with proceeds in the bank to earn interest.
- By selling directly to the City rather than a developer, we did not have to discount our price to account for demolition costs or a rezoning contingency.

Finally, with the City as the owner, we can be assured that the future of this treasured property will be determined through a thoughtful community engagement process, resulting in a vision that reflects the needs of the community. We believe this approach aligns with our legacy of serving the broader community we have been a part of for close to 70 years.

Now, as part of the new Congregation Mishkan Or, we have the opportunity to create new memories and new connections, explore innovative ways of worship, engage with each other and the world, and celebrate Judaism in ways we have only imagined.



A Message from City Council President Alec Isaacson

When Mayor Berns came to City Council with the proposal to purchase the Fairmount Temple property, I knew that we were being presented with one of the most significant opportunities our city has had in many years.

I also knew that if we didn't pursue this, history would show our inaction to be irresponsible. This isn't just about acquiring land; it's about seizing a moment to shape our city's future.

Our residents expect us to make decisions that safeguard and enhance our community's prosperity, and we've been doing just that. Once we became aware of this opportunity, we carefully examined the costs and long-term benefits associated with this purchase. We asked tough questions of the administration and our experts and discussed possibilities for the property, and it became apparent to us that this acquisition held immense potential for Beachwood.

Now that we own the property, we will follow an open process to determine what we will do with it. We envision a future where this land becomes a cornerstone of our city's identity – a place that reflects our values and meets our collective needs.

As we move forward, we will engage with residents, stakeholders, and experts to explore possibilities for this land. Whether it becomes a recreational haven or a civic space, it will be a decision made by and for the people of Beachwood.

Together, we will continue to shape the Beachwood of tomorrow, ensuring it remains a place where community and opportunity thrive in harmony.

I thank the leadership of Fairmount Temple for recognizing that this was a win-win for both entities and for being a tough but fair negotiating partner. I also thank all of my council colleagues for voting in favor of this purchase, and our staff for their professionalism. Most important, I thank the residents of our city. It's you who have made Beachwood what it is today, putting us in the position of being able to take this historic step forward.



Additional information:

Funding

Funds for this purchase were transferred from a reserve fund where monies are normally invested in federal bonds and CDs. This purchase represents approximately 15.7% of the City's reserve fund balance and will not affect other parts of the budget or credit rating. If the property is used for anything other than municipal or public use, the City will recoup the cost.

What's Next?

• Use of the property will be determined after an open public process to see what best fits our community. A few possibilities include public use of the existing building, playing fields, other recreational uses, or development that is unknown at this time.

Does this affect other projects?

· This purchase does not preclude spending money on lighting, sidewalks, or other community necessities and amenities. City Council looks forward to receiving community input on these possible expenditures and then making decisions on the issues.

Why was this purchase important?

 This purchase ensures that the future use of the property will be determined through a public process, involving input from the community. The City now has ultimate control over final use.

Seventh Annual Leaf Party!

n Tuesday, July 9, the City of Beachwood held its seventh annual Leaf Party, a celebration unlike any other. It came to fruition due to the passion of 22-year-old Bartu Hatipoglu, a Beachwood resident who doesn't let autism get in the way of his unique ability to connect with others through nature.



Bartu understands nature and has developed a special relationship with trees and the environment in general. He can often be spotted in the neighborhood planting bulbs, nursing plants back to life, and hauling fallen tree limbs back to the woods in his backyard.

In 2017, Bartu began sharing his love for leaves with former pool manager Missy Bystrom and other employees at the Beachwood Family Aquatic Center. His pure spirit and unconditional joy were contagious.

"Little by little, Bartu began bringing leaves to the pool," Missy explained.
"Leaves then turned into small branches that Bartu shared with pool patrons.
Children would then follow him around the lazy river chanting 'leaf party' as they swung their branches with leaves above their heads. It is so heartwarming to see how the community continues to embrace Bartu's connection with trees and leaves."

Karen Carmen, former Community Services director, completely supported his enthusiasm. In 2018, she and Missy spearheaded the first official Leaf Party, which turned into an annual event at the Beachwood Family Aquatic Center.

Bartu is a local legend with the summer campers who rush over to see him while lifeguards chant "leaf party" with the patrons. Community Services director Derek Schroeder has helped the event expand with leaf-themed crafts, garlands, crowns, T-shirts and more.

This year's event was proudly supported by University Hospitals Diabetes & Metabolic Care Center. Leaf Party T-shirts will be available at the Beachwood Family Aquatic Center for \$15 while supplies last, with proceeds benefiting Milestones Autism Resources.

Although it isn't officially documented in Beachwood history, employees are fairly certain that Bartu is the first resident to do a flip off the high dive while holding leaves.

For more information, visit BeachwoodRec.com.











Top: Bartu with pool staff; middle left: Bartu in action; middle right: Bartu with campers; left: Jerry Tribout (UH); Elizabeth Pop (UH) and her daughter; Betul Hatipoglu (Bartu's mother, UH); Mayor Justin Berns; and Bartu. right: Council member Danielle Schoykhet and Bartu.

Beachwood Schools Foundation News

The Beachwood Schools Foundation (BSF) has wrapped up an amazing year of celebrating student and school successes, and is now working toward making the 2024-2025 school year its most active year yet.

This past year, BSF presented 41 scholarships to Beachwood High School seniors that totaled more than \$34,000, a record amount.

In addition to the managed scholarships, BSF created several grants, including one to support social-emotional learning through choir programs at Hilltop **Elementary School and** Beachwood High School. This program tied together social-emotional intelligence with musical skills. Hands-on activities encouraged students' development in self awareness,

self management, self esteem, empathy, and teamwork.

A second award was created to support the BHS MAC Scholars to facilitate a trip to visit Historically Black Colleges and Universities in Ohio.

BSF also continued to provide new books for its book vending machine at Bryden Elementary School.

The community is invited to attend BSF's second annual Tailgate and FUNdraiser on Friday, Sept. 20, 7 p.m., at BHS. Join the celebration and stay for the evening football game to cheer on the Bison to victory!

Are you or someone you know a former BSF scholarship recipient? If so, BSF would like to connect! Please send an email to beachwoodschoolsfoundation@ amail.com.







Financial Literacy Opportunities

Sherri Kitzberger, founder and CEO of Olympia Wealth & Life Management and a partner with Stratos Wealth Partners, is on a mission to educate women about finance. From presenting at colleges to developing a program for divorced women, Sherri is driven to inspire women to identify their goals, take action, and pursue them.

"We provide wealth and life advice for every stage of life," Sherri said. "We have found that many women do not feel as confident as they would like about making financial decisions. We want to give them that confidence."

An advocate of women and their financial independence, Sherri and her team developed an entire financial education curriculum. Upcoming programs that are free and open to the community include:

Financial Literacy Workshop (Virtual)

Aug. 6 • 6 p.m.

This program will educate young adults and anyone wanting to know more about finance. The curriculum includes education regarding breaking down an offer letter, understanding retirement plans and insurance benefits, importance of investing early in life versus later, etc. Participants of all ages are invited.

Women & Wealth Educational Workshop (In-Person) Aug. 22 • 6 p.m. 3750 Park East Drive, Suite 200

This workshop will provide financial support and education that will give women the confidence they need to independently navigate their finances. You will leave this workshop feeling more confident to approach your finances. A Q&A session will follow.

Wine, Women, and **Wealth Networking Event** Oct. 16 • 5:30 p.m. **Winery Location TBD**

This event will draw women together to network. It will be a great opportunity for women in all careers to empower each other by learning what others are doing in the community. Wine and hors d'oeuvres will be included. Stay tuned to find out who the keynote speaker will be.

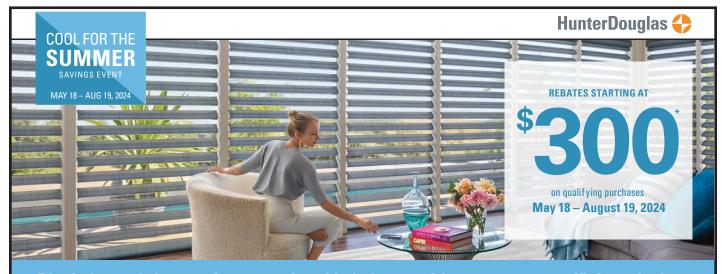
To attend these programs, please RSVP on the website at www.olympiawlm.com or via email to McKayla Hajjar at mckayla@olympiawlm.com.

Sherri is also a Certified Divorce Financial Advisor (CDFA) who helps women understand their finances before, during, and after a divorce. She is on a mission to challenge the misconceptions clients have had in the past regarding what they



are entitled to and empower them to approach the divorce process with a clear financial picture. Most people use only a lawyer during divorce. A CDFA works alongside a lawyer and makes your financial future their full priority. A CDFA is beneficial, especially for someone who doesn't know what their finances look like.

For more information, call 440.505.5746, visit www.olympiawlm.com, or email info@olympiawlm.com.



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Juneteenth Celebration

Beachwood High School's African American Affinity Group, in partnership with the City of Beachwood, hosted its second annual Juneteenth celebration on Wednesday, June 19, at the Beachwood Family Aquatic Center.

An estimated 2,000 attendees enjoyed outdoor games, music, line dancing, food trucks, a bounce house, dance and cheer performances, skating, face painting, balloon twisting, vendors, and more.

Juneteenth honors the day in 1865 when 250,000 enslaved people in Texas were declared free, marking the end of slavery in the United States. Juneteenth traditions often include family gatherings, community celebrations, music, dance, storytelling, parades, picnics, and readings of the Emancipation Proclamation.

"This event honors the past, celebrates freedom, and promotes unity within the community," said Kandi Kee-Bey, president of the African American Affinity Group. "Our hope is that this celebration will become an annual staple in the Beachwood community that everyone looks forward to.

"Our Juneteenth celebration was created to celebrate diversity, promote inclusivity, and spark meaningful conversations about racial equality and reconciliation," she added.

"We hope this event fostered a deeper understanding of the struggles and contributions of African Americans throughout history, leading to increased empathy, solidarity, and a commitment to social justice within the community. Ultimately, we hope Juneteenth encourages positive change and fosters a more equitable and just society for all."

"Ultimately, we hope Juneteenth encourages positive change and fosters a more equitable and just society for all."

Special thanks go to the Beachwood Community Services Department, Beachwood Public Works Department, Beachwood Police Department, Beachwood Fire Department, and city staff for support of this event.

To learn more about the African American Affinity Group, visit www.beachwoodschools. org/african-american-affinity-group.













Top row from left:

Cathy Bieterman, Sophia Byrnes, and Caroline Bieterman; Riku Noshiro, Sota Noshiro, Kotaro Mitsui, and Yuka Mitsui; Brooklyn Durham and Kailyn Robinson.

Middle row from left: Members and officers of the African American Affinity Group: Sherrie Parker, Maya Perkins, and Robin LeFlore; Charisse Harper, Danelle Edwards, Kandi Kee-Bey, Lori Crump, and Sharnez Payne.

Bottom row: Maxene, Ari, and Sidney Zion.





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Jiacheng Kuang Selected as District 11's Winner of the 2024 Congressional Art Competition

Congratulations to Beachwood High School rising junior Jiacheng Kuang on being selected as Ohio's 11th Congressional District winner of the 2024 Congressional Art Competition. This annual competition celebrates artistic achievements of the nation's high school students. Each year, House members may honor one high school student from their district by selecting a piece of their artwork for inclusion in an exhibit at the U.S. Capitol, in the Cannon Tunnel, which is viewed by millions.

From a dozen entries, judges selected Jiacheng's oil painting, Looking Forward, citing his technique, details, use of shading and lighting, and contrast in colors. One judge noted, "This piece demonstrates great artistic talent."

"I was shocked when I found out that I won," Jiacheng said. "When I told my teachers, they were thrilled to hear the news and congratulated me."

"Jiacheng's great artistic talent was evident in our first drawing assignment. Even his simple sketchbook entries were beautiful," said BHS art teacher Heather Grano. "His portfolio shows talent and discipline. I especially like this awarded artwork because it reflects how much of his work is very personal."

Congresswoman Shontel Brown met with Jiacheng on June 27 when he and other winners were recognized at the Capitol.

"It was an honor to meet with Jiacheng and congratulate him on his winning submission," said Congresswoman Brown. "His work will hang in the halls of the Capitol for the rest of the year for lawmakers and visitors from around the world to see.

"There is so much talent and creativity among our students here in Northeast Ohio," she added. "Anything we can do to encourage them to pursue their passions and expand their skill sets is a positive."

While at the Capital, Jiacheng and his family viewed the exhibit, attended the grand ceremony, met staff, and learned about the history of Congress. Artists were then asked to stand up and share information about their artistic creations.

After the event, he and his family toured Washington, which expanded his understanding of American history.

"Having read the history of our ancestors who dedicated themselves to freedom, and knowing that freedom is not easily won, reminds us to cherish the peaceful, beautiful life we have now," Jiacheng reflected.

"I thank staff of the OH-11 constituency, with special thanks to Congresswoman Brown who patiently accompanied us and took a group photo as a souvenir," Jiacheng said.

Jiacheng's family immigrated to the United States from China when he was in ninth grade. "I faced a lot of challenges and difficulties, as well as different cultures and languages," he said. "These challenges gave me a new perspective on the future and drilled in a message to face the light and never give up. That's why I chose to spread this idea through the painting of my portrait, titled, Looking Forward. It signifies facing the future and recognizing that everything will be just fine.

"I wish for warm sunshine to shine on every corner of the world," he continued. "This painting best fits my circumstances. With it, I send my blessing for peace to every place in the world."

Jiacheng's earliest art memory goes back to age 5, on a cold winter day, in Beijing. "I took painting tools into our community, found a place to sit, and painted a landscape of trees and buildings," he said. "It took me about four hours, during which time many people





Jiacheng Kuang with Congresswoman Shontel Brown at the winners' exhibition of the 2024 Congressional Art Competition in the U.S. Capital's Cannon Tunnel.

"There is so much talent and creativity among our students here in Northeast Ohio. Anything we can do to encourage them to pursue their passions and expand their skill sets is a positive."

Congresswoman Shontel Brown

watched and praised me, which inspired me a lot."

From a very young age,
Jiacheng began participating
in environmental art activities
including Love the Ocean, Love
the Environment, hosted by The
Beijing Ocean Museum; A Zero
Hunger World, hosted by the
Food and Agriculture
Organization of the United
Nations; and No-Boundaries:
One Tree, One City, hosted by
Columbia Global Centers.

Looking toward the future, Jiacheng is interested in art and programming. He is a self-taught programmer who uses Lua, Python, Javascript, PHP, and Vue to write applications and create websites. Throughout the programming process, he especially enjoys working on design and overall aesthetics. He is the official website designer and programmer of the Bison Robotics Team 695, and a developer for the team scouting project.



Fighting Fear By Growing Stability

By State Senator Kent Smith

braham Maslow's Hierarchy of Needs reminds us that people first want safety before they want belonging. An authoritarian political leader is counting on that – which is why they will attempt to lay a groundwork of fear in society. By developing an environment of *fear*, citizens will seek *solutions* to make themselves feel safe. Without fear, subjects within an authoritarian nation will not yield their rights.

Americans are not immune to those traps, but it usually comes within the discussion of crime. As we think about crime, politicians who talk about crime, who is at fault for crime, and what should be done about it, let's remember that simplified slogans can often have disastrous outcomes. The war on drugs put addicts behind bars and did not decrease the supply of illegal substances.

We need to be serious about public safety and the conditions that create safer neighborhoods and communities. Public safety is about stability. If you invest in stability, you get safer streets. If more resources are invested

in mental health treatments, addiction services, and education support, less criminal activity will take root.

Poverty, the opposite of stability, is the daily reality for 40 million Americans. Our nation should fight poverty, not the poor. By expanding the Child Tax Credit and increasing the Supplemental Nutrition Assistance Program (SNAP), we can keep food on the table and increase stability in working class households.

Do police need additional funding, technology, and resources? Of course. But they also need helpful governmental policy as opposed to the current strategy of "thoughts and prayers." It is common sense that weapons of war should not be able to be purchased without a background check. If someone is too dangerous to buy a plane ticket, let's keep a semi-automatic rifle away from them too.

But overall, we must invest in stability to create safe communities. Our country is not so much divided as it is disconnected. We get past fear when we know each other and have each other's backs. Turning to a despot to feel safe is not the answer.

Our country is not so much divided as it is disconnected.

We get past fear when we know each other and have each other's backs. Turning to a despot to feel safe is not the answer.

State Senator Kent Smith represents Ohio's 21st Senate District which includes most of the East Side suburbs of Cuyahoga County and about 33% of the City of Cleveland.



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Massage Therapists!

The Benefits of Medical Massage: A Path to Healing and Wellness

Medical massage, a specialized form of massage therapy, is tailored to address specific medical conditions and ailments. Unlike relaxation or spa massages, medical massage focuses on therapeutic outcomes, guided by a healthcare professional's diagnosis and recommendations. In this article, we explore the numerous benefits of medical massage and how it contributes to overall health and well-being.

440-449-3400
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23175 Commerce Park - Beachwood - Ohio

The Benefits of Medical Massage: A Path to Healing and Wellness



Pain Relief & Management

One of the primary benefits of medical massage is its effectiveness in pain relief and management. It can alleviate chronic pain conditions such as lower back pain, neck pain, TMJ, headaches, and fibromyalgia. By targeting specific muscle groups and connective tissues, medical massage helps to reduce inflammation and promote healing. Techniques such as deep tissue massage, trigger point therapy, and myofascial release are commonly used to address pain at its source, providing long-lasting relief without the need for medication.



Improved Circulation & Lymphatic Drainage

Medical massage enhances blood circulation and lymphatic drainage, which are crucial for maintaining overall health. Improved circulation ensures that oxygen and essential nutrients are efficiently delivered to tissues and organs, promoting faster recovery and healing. Enhanced lymphatic drainage helps in removing toxins and waste products from the body, boosting the immune system and reducing the risk of illness. This is particularly beneficial for patients

recovering from surgery or those with conditions like lymphedema.

Enhanced Mobility & Flexibility

Medical massage plays a vital role in improving mobility and flexibility, especially for individuals suffering from musculoskeletal conditions. By relaxing tense muscles and breaking down adhesions (scar tissue), medical massage enhances the range of motion and joint flexibility. This is particularly beneficial for athletes, elderly individuals, and patients recovering from injuries. Improved mobility and flexibility can lead to better posture, reduced risk of injuries, and enhanced physical performance.

Stress Reduction & Mental Health Benefits

Chronic stress can have detrimental effects on both physical and mental health. Medical massage helps in reducing stress levels by promoting relaxation and lowering the production of stress hormones like cortisol. The therapeutic touch involved in medical massage stimulates the release of endorphins, the body's natural "feelgood" hormones, which help in alleviating anxiety and depression.



YOU

Could Benefit From a

Medical Massage

Call and schedule today!

Regular sessions can lead to improved sleep patterns, enhanced mood, and overall mental well-being.

Support for Specific Medical Conditions

Medical massage is often used as a complementary therapy for various medical conditions. For instance, it can aid in the management of conditions like migraines, plantar fasciitis, and sciatica by addressing the underlying muscular issues contributing to these ailments. Additionally, medical massage can support patients with chronic conditions such as diabetes and hypertension by improving circulation and reducing stress.



Conclusion:

In conclusion, medical massage offers a plethora of benefits that go beyond mere relaxation. Its therapeutic effects on pain relief, circulation, mobility, stress reduction, and specific medical conditions make it an invaluable tool in the realm of healthcare. By incorporating medical massage into treatment plans, we can offer a holistic approach to healing, ensuring that our patients not only recover from their ailments but also achieve a higher quality of life. Whether used as a stand-alone treatment or in conjunction with other therapies, medical massage holds the potential to transform lives through its profound healing properties.

- Kelly Beaudoin, CEO Balance Solutions Physical Therapy, Inc



Acceptance

By Jen Stern

My happiness grows in direct proportion to my acceptance and in inverse proportion to my expectations." – Michael J. Fox

What an important awareness: one that we can all learn from. It's a perspective to be practiced through self-talk, reframing to gratitude, and letting go of what cannot be controlled.

When we replace resistance, raging against, and avoiding what is real with a practice of acceptance - by managing expectations of life, others, and ourselves - peace, contentment, and even moments of happiness can be experienced.



Jennifer Stern, LISW, is a loss and bereavement specialist in Beachwood. For more information, visit www.transformativegrief.com and sign up for her monthly posts, or call 216.464.4243.

Beachwood Chamber of Commerce Business to Business Expo and Women's Entrepreneur Summit

The Beachwood Chamber of Commerce will be hosting a Business to Business Expo and Women's Entrepreneur Summit on Wednesday, Oct. 9, 1-6 p.m., at Tri-C Corporate East. Sponsorships and vendor opportunities are now available!

This expo and summit will provide access to a wealth of resources, insight, and opportunities to enhance professional growth. Benefits of being a sponsor or vendor include:

- · Networking with fellow business owners
- Accessing industry experts
- Discovering new business opportunities

Beachwood Chamber of Commerce

- Participating in empowering break-out sessions
- Listening to inspiring stories from female entrepreneurs
- Accessing mentors and support
- · Becoming involved in our community
- · Celebrating the Beachwood business community Visit www.beachwood.org today for details. Booth space is limited. The early bird prices are in effect through Sept. 9.

Highlights from the Beachwood High School Gallery of Success 2024 induction ceremony can now be viewed online! For details, see page 44.

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Beachwood FOPA Lodge 88 Scholarship

Beachwood FOPA Lodge 88 recently offered a scholarship opportunity for children of Beachwood Police Department employees who are or will be furthering their education at an accredited college, university, or institution.

Those who submitted essays competed for a \$500 scholarship.

"We asked students to write an essay that explained why they would be a good candidate for consideration for the award," said Rob Marimberga, FOPA Lodge 88 president. "Our goal was to present the scholarship to a student who has a commitment to academic excellence, community service, and leadership."

Congratulations to Nicole Krakora, daughter of Beachwood Police Sgt. James Krakora, as this year's scholarship recipient. Nicole consistently challenges herself to perform at her best. She is determined, dedicated to her studies, and committed to community service. She also has a love for learning, leads by example, works collaboratively with others, and has a desire to excel in all that she does.

"Receiving the Beachwood FOPA Lodge 88 scholarship would not only provide me with financial assistance for my college education but also serve as a recognition of my hard work, dedication, and potential. It would empower me to continue striving for excellence and making a difference in my community," Nicole wrote in her essay. "I am committed to upholding the values that this scholarship represents and am confident that I will make the most of this opportunity."

A congratulatory ceremony was held at the Beachwood Police Department on June 15.



Rob Marimberga, right, presents scholarship check to Nicole Krakora, who is pictured with her parents, Dina and Sgt. James Krakora. *Photo by Scott Morrison, Discovery Photo.*

The mission of Beachwood FOPA Lodge 88 is to support law enforcement and our community. To learn more, visit the group's Facebook page, Fraternal Order of Police Associates, Lodge 88, Beachwood, Ohio or contact Rob at rob2u@aol.com or 440.539.0243.

Introducing the 2024 Class of Honorees

Cleveland Jewish News and Classic Lexus 12 Under 36: Members of the Tribe

Dena Balk Erica Fitzpatrick Katie Foster Alyssa Giterman Lauren Henkin Rabbi Joshua Jacobs and Rabbi Alexandra Rosenbaum Jaime Sussel Kravitz Adam Levine Rachel Oscar Michael Pollak Evan Schumann Betsy Tucker

Join us for an awards celebration at

Glass Asylum 2 event space | August 22 • 6:00 p.m.

Tickets include vegetarian appetizers, beer, wine, soft drinks and dessert

Questions? Contact Gina Lloyd at 216-342-5196 or glloyd@cjn.org

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REGISTER TODAY AT CJN.ORG/12UNDER36

Cent'Anni: A Cozy Gem in Little Italy

by Debby Zelman Rapoport

ent'Anni, a cozy gem in the heart of Little Italy, is a neighborhood bar that celebrates the Italian drinking culture. It resulted from an initiative that started with Description residents David Orloff, vice president, specialty life at Oswald Companies, and Bob Reiner, Starte Blood with Mike Fratello, former head coach of the retired former owner of Joshen Paper, along with Mike Fratello, former head coach of the Cleveland Cavaliers.

"A few years ago, Bob, Mike, and I visited a local speakeasy and thought it was a cool concept," David said. "We owned some property in Little Italy, loved the neighborhood, and thought that creating an upscale bar with crafted cocktails would be well embraced because the area has a nice vibe."

Then, Terry Tarantino, the owner of La Dolce Vita, an Italian restaurant in Little Italy, introduced the group to Michael Paley, a radiologist and former Little Italy resident who has a passion for hospitality and cocktails.

Michael liked what they were doing, became a partner, and implemented his vision to bring Cent'Anni to life.

Additional partners include Jay Lucarelli, owner of Minutemen Staffing; Nicholas DiCello, partner at Spangenberg Shibley & Liber LLP; Marc Glassman, owner of Marc's; and Valerio Iorio, owner of Valerio's, an Italian restaurant in Little Italy.

Together, they purchased the building next to Valerio's and opened Cent'Anni, which is located off an alley that is strung with lights. When you step inside the space, which used to be a one-bedroom apartment, you step back in time.



Partners Bob Reiner, Michael Paley, David Orloff, and Valerio Iorio gathering at Cent'Anni.

"This project really came together nicely," David said. "We wanted to operate the bar from the building and we also held the liquor license. Valerio wanted to run a cool wood-fired pizza place from the garage, so we partnered to serve food and specialty drinks." A patio that seats 40 customers separates the two structures.

"There wasn't a grand-performa plan," David offered. "We were a bunch of guys who wanted to do something fun."

Michael Paley's thirst for knowledge is endless. He has visited the best bars in the world and has educated himself along the way. said. "We want people to come in for a crafted cocktail before or after dinner, and to patronize other restaurants and businesses in the area while they're down here.

"We create an overall experience," he added. "The drinks include vermouth, simple syrup, lemon and lime juice, garnishes, and other fresh ingredients. There's nothing like tasting a cocktail that looks beautiful and is perfectly balanced."

Michael then explained the intricacies of hospitality. "It is much more than knowing how to pour a drink," he said. "It's about knowing the history of each beverage, how each product is made, in what type of barrel it is distilled, how to stir, shake, cut garnishes, and so much more. It's also about building relationships with customers."

Michael learned a lot through BarSmarts and BarStarts, two programs developed to educate and certify individuals in the art of bartending and mixology. Then, he passed the Beverage Alcohol Resource (BAR) 5-Day Program®, a premier educational program on distilled spirits and craft cocktails, held at the Culinary Institute of America in Hyde Park,



New York, through which he was selected to be featured in a documentary being produced by KTF Films about hospitality opportunities as a career choice.

The Cent'Anni menu focuses on amarocentric cocktails to celebrate the Italian drinking culture. Amaro refers to any one of hundreds of herb-infused Italian liqueurs that are commonly consumed as after-dinner digestifs. They can be enjoyed neat or used in cocktails where their unique, bittersweet flavor notes shine.

When I asked Bob how they came up with the name, he said, "Cent'Anni's literal translation is, 'May you live 100 years.' It is the Italian version of *l'chaim*, a Hebrew word that means, 'To life.' Our interpretation is, 'A toast to good luck and prosperity,' which is our hope for this business and all who come in."

Beachwood residents Herb Schoen and Cindy Cohen also played key roles in the bar's creation. Herb was the general contractor and Cindy, an interior designer, created the blueprint for how the space could work.

Then, Megan Featherston of VNTG Home worked with Michael to select all finishing touches, including the bar, a relic from the Terminal Tower; stained glass; and artwork that originally hung on the walls of Higbee's, in downtown Cleveland.

"A great bar focuses on hospitality, not profitability," Michael said. "It's about clear ice, fresh juice, stirring everything right, the proper glassware, seltzer with the highest amount of carbonation, and everything else that creates a world-class experience. Our goal is to be in the conversation of best bars in the world."

The menu includes amaro-centric cocktails, spritzes, aperitifs, Italian wines, and beer from Market Garden Brewery, because management is cognizant of supporting local businesses. It also lists pizza, olives, chips, nuts, ricotta bites, veggie bites, and charcuterie boards.

Cent'Anni is located at 12403 Mayfield Rd. Hours are Wednesday and Thursday, 4-11 p.m.; Friday 4 p.m. - 1 a.m.; Saturday, 1 p.m. - 1 a.m.; and Sunday, 1-10 p.m. Aperitivo hours are Wednesday through Friday, 4-6 p.m.; and Saturday and Sunday, 1-6 p.m. Prices during these times are not discounted. They are priced higher to include olives, chips, and nuts, which are commonly served with cocktails in Italy.

For more information, visit www.centanni-cle.com or like @centanni_cle on Instagram.

"There wasn't a grand-performa plan," David offered. "We were a bunch of guys who wanted to do something fun."





THE INSIDER



KEEPING YOU CONNECTED TO THE CITY OF BEACHWOOD!

August 2024

THE MAYOR'S MESSAGE

TOGETHER WE THRIVE

Dear Residents of Beachwood,

As our community continues to grow and thrive, I am excited to share some significant developments and initiatives our City Departments are working on to benefit Beachwood residents, businesses, and visitors.

Pedestrian and School Bus Safety

As we approach the new school year, it's crucial to prioritize the safety of our children. Students who walk to and from school or wait for the bus are especially at risk, and we need drivers to be aware of strict safety measures in place. Parents, students, and drivers should be mindful of pedestrian crossings, use caution in school zones, and follow bus stop rules, which can help prevent accidents and save lives.



Our Police Officers and School Resource Officers (SROs) will be vigilant in enforcing laws such as motorists stopping for school buses when picking up or dropping off children and school zone speed limits. Let's work together as a community to prioritize these safety measures and ensure all students have a secure and successful start to the school year.

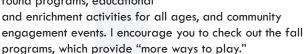
Phase 2 of the 2024 Road Program

The Public Works Department has initiated Phase 2 of the 2024 road program. This project is part of our ongoing efforts to maintain the highest standard of infrastructure improvements. We kindly ask for your patience when traveling through the areas affected by these road, curb, and apron upgrades. The specific locations included in this phase of the project are as follows:

- Timberlane Drive (Beachwood to Halcyon)
- Fire Station Drive
- Letchworth Road (Green to Bryden)
- Wendover Drive (Beachwood to Halcyon)
- Sections of Shaker Boulevard are undergoing extensive asphalt repairs.

Fall Recreation Guide

Beachwood's Community Services Department is putting the finishing touches on its fall recreation guide. The department continues to offer a variety of yearround programs, educational



Same-Gender Swimming Program

After reviewing the feedback received and holding an inperson town hall meeting, the City of Beachwood held a samegender swimming pilot program. We are examining community

"Thank you for your continued support and engagement in making Beachwood a wonderful place to work, live, learn, and thrive."

engagement in the program to determine how to proceed in the

I thank the residents who provided feedback for this program and want to assure all residents that we are committed to listening to and responding to their ideas.

Thank you for your continued support and engagement in making Beachwood a wonderful place to work, live, learn, and thrive. Your engagement is what makes our community so unique.

Sincerely,

Mayor Justin Berns

Chester Down

MayorBerns@beachwoodohio.com

BEACHWOOD CITY COUNCIL



How To Email A Council Member: FirstName.LastName@BeachwoodOhio.com



ALEC ISAACSON COUNCIL PRESIDENT 216.291.2797



DANIELLE SHOYKHET COUNCIL V.P 216.212.9212



DELONG 216.509.3514



Joshua 650,464,6788



240.706.7478



ERIC SYNENBERG 216,401,0074



216.533.7640









AUDITOR 216.595.3712

BUILDING DEPARTMENT 216.292.1914

CLERK OF COUNCIL216.595.5493

COMMUNITY SERVICES 216.292.1970

ECONOMIC DEVELOPMENT 216.292.1915

FINANCE 216.292.1913

FIRE & RESCUE 216.292.1965

LAW 216.595.5462

MAYOR'S OFFICE 216.292.1901

POLICE 216.464.2343

PUBLIC WORKS 216.292.1922

EMERGENCY Dial 9-1-1 or 216.464.1234

LEGISLATIVE UPDATE

JUNE 10, 2024 - JULY 15, 2024

The city is focusing on six key areas essential for the city's advancement, which serve not only as a roadmap, but as a guiding light for our city's progress. Each legislative update highlights ordinances and resolutions within these critical focus areas, underscoring the measures we are undertaking within each.

June 10 City Council Meeting

Fiscal Responsibility: The City Council approved a 2024 budget amendment with careful planning and execution. One part of the amendment authorized the transfer of funds from the General Fund to the Capital Projects Fund. This ordinance provided the city with cash in preparation for the purchase of the Fairmount Temple property.

Public Safety: The City Council approved the sale of the Fire Department's ladder truck for \$450,000. The funds from this sale (minus a broker fee) will offset the cost of the department's new aerial ladder fire truck, which was delivered in February and is now in service.

Infrastructure Improvements: Phase 2 of the 2024 road program is underway after City Council approved a bid from CA Agresta to complete the required improvements. The company has completed work for Beachwood in the past. The project includes the following upgrades:



Ceremonial push-in of the new fire truck at Station #1.

- Timberlane Drive (Beachwood to Halcyon) Repair and resurface with 25% curb/apron replacement.
- Fire Station Drive Resurface with minor base and curb repairs.
- Letchworth Road (Green to Bryden) Resurface with minor base and curb repairs.
- · Wendover Drive (Beachwood to Halcyon) Repair and resurface, replacement of all curb and aprons.
- Shaker Boulevard Large area asphalt repairs.

Infrastructure Improvements: The City Council Chambers will get a tech upgrade. The council passed an ordinance funding a new control system that will replace several audio fixtures and 11 monitors. The current system is 10 years old and requires frequent and costly repairs.

VIEW LIVE & RECORDED CITY COUNCIL MEETINGS

Scan the QR code with your mobile device or visit our website at BeachwoodOhio.com/WatchMeetings.



STAY ENGAGED IN YOUR COMMUNITY:



Meeting agendas, minutes including legislation, live and recorded meetings are available on our website at BeachwoodOhio.com or please attend an upcoming meeting.

June 18 Special City Council Meeting

Economic Development: Council Members authorized Mayor Berns to enter a real estate agreement for the city to purchase the Anshe Chesed Fairmount Temple for \$8 million. The future use of the 17-acre property will be determined through a public process, welcoming input from the community.

July 15 City Council Meeting

Public Safety: Council members voted to extend the current adult-use cannabis moratorium for an additional six months. This means applications and other permits enabling the cultivation, processing, distribution, or sale of cannabis for recreational use will be delayed until Jan. 15, 2025.

Public Safety: The Beachwood Family Aquatic Center will soon have a new diving board. Council members approved a resolution to purchase and replace the facility's 3-meter diving board. The new board will include increased safety measures, including a railing system and a new, U-shaped stairway with a safety landing.

Note: Only the focus areas with relevant action are highlighted above.



Aerial view of Anshe Chesed Fairmount Temple. Photo Credit: Jason Smalcer, LizSueProductions.com

For a complete list of all our ordinances, resolutions, or motions passed by City Council, or for more information regarding these agenda items and backup materials, please visit our city website at BeachwoodOhio.com/AgendaCenter.

Work-Live-Learn-Thrive



CITY WELCOMES COMMUNICATIONS MANAGER

Congratulations to Beachwood's new Communication Manager, Ben Lombardi. Ben will expand the city's day-to-day internal and external communication strategy.

His role will work closely with the Mayor's office, city leaders, and the community to provide consistent and transparent messaging to Beachwood residents, businesses, and city departments. Welcome to Beachwood!

Communications Manager Ben Lombardi (right) with Mayor Justin Berns.



COMMUNITY COMPLIMENT

"I just wanted to thank Beachwood Community
Services for the lovely afternoon that I spent on
June 20 at the lunch and program about the British
Royal Weddings, it was most enjoyable. I thought the

lunch was extra special, the food was really lovely, served beautifully, and the table was very festive. I just thought you should know that your effort was appreciated."

Senior Adult Manager Susan Gordon Merdler pouring tea.



Mavis Klein, Resident

PATRIOTIC PAINTING

An annual Fourth of July tradition brings larger-than-life stars and stripes to Beachwood. The city's Community Services Department paints an American flag on the City Hall lawn to celebrate the national holiday. The flag display is approximately 60 feet wide and 30 feet tall. The City of Beachwood has been painting the flag on the City Hall lawn for over a decade.

A special shoutout to Derek Schroeder, Community Services Director, and Shannon Diamond, Program Manager, for their dedication to continuing this holiday tradition.



The flag has been painted annually for over a decade.



Derek Schroeder, Community Services Director



Shannon Diamond, Community Services Program Manager



FINAL FREE COMMUNITY **SHRED DAY OF 2024**

Bring personal documents, mail, and files to have them shredded on-site. This is a free service for Beachwood residents! Proof of residency (driver's license) is required. Please use paper bags and banker boxes only; no plastic grocery bags.

A Recycling Awareness Grant from the Cuyahoga County Solid Waste District supports this community service.

Join us Sunday, Sept. 8, from 9 a.m. to noon in the Beachwood Community Center parking lot, rain or shine.



Beachwood

ONLY THESE ITEMS GO IN YOUR RECYCLE CAN

If an item is not listed to the right, it is not recyclable in Beachwood's curbside program. Don't be a wish-cycler; This is when non-recyclable items are placed in the recycle can with hope they will be recycled. A truck's entire load cont any wish-cycling could be diverted to the landfill. In addition, the City of Beachwood could be charged a fee for the load contamination.

Please help by doing your part to keep the City of Beachwood recycling fees low and assure all recyclables are processed properly.

Public Works will periodically check recycle can contents and give notices to those who are not compliant.



CANS Empty & Rinse





GLASS Empty & Rinse



PLASTIC BOTTLES & JUGS NEWSPAPER & Empty, Rinse & Replace Cap



MAGAZINES



WHEN IN DOUBT, THROW IT OUT!

Please no "Wish-cycling" or bagged recyclables. If it is not specifically listed above, throw it out as contaminated loads lead to higher recycling

BEACHWOOD PUBLIC WORKS ●23355 MERCANTILE RD ●216.292.1922

PLEASE HELP SAVE OUR RAPTORS

If you love birds or understand the vital role they contribute in our eco-system, please refrain from using rodenticide (poison bait) to control rodents in or outside of your home. Rodenticide (poison bait) impacts more than just the rodent. It exterminates birds of prey that feed on the poisoned rodents such as owls, hawks, eagles, falcons and even turkey vultures. In addition, foxes and other prey mammals that are vital to maintain the ecosystem balance are also falling victim. Many wild animal rehabbers are reporting an increase in these poisonings to our vital prey population.

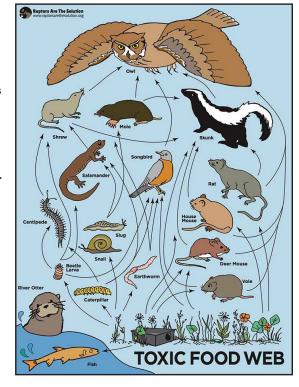
Rodenticides are also a threat to groundwater, storm water, rivers and streams. As the poisoned deceased animal naturally decomposes, the poison leaches into the ground. Earthworms, snails and other insects are then contaminated effecting frogs, toads, salamanders, songbirds, snakes, and fish that feed on them

What can be used instead?

Snap traps are the best option, with enclosed plastic box models available to make disposal easier. If you use an exterminator, please ensure non-poison methods are used.

"There is a deep interconnectedness of all life on earth, from the tiniest organisms, to the largest ecosystems"

Bryant McGill



DEER MANAGEMENT Survey Results

The City of Beachwood would like to thank all residents who participated in the survey regarding deer management. Your feedback will help shape the future of the program.

Scan the QR code for results or visit BeachwoodOhio.com/ DeerManagement.





COYOTE AWARENESS FOR RESIDENTS

Coyotes are common throughout Ohio in both rural and urban settings. They are most active at dawn and dusk. If a coyote is in your yard:

- 1. Identify that the canine is truly a coyote and not a stray dog. If the animal is a stray dog, contact Beachwood Police.
- 2. Remove all "attractants" to deter the coyote from returning. This includes removing garbage and pet food before nightfall and cleaning up around grills.
- 3. Keep small dogs and cats inside or supervise them at night. Coyotes are curious but generally fearful of humans. Clap your hands and shout to scare off coyotes.
- 4. If the coyote seems to lack a fear of humans or is presenting a conflict even after removing attractants, call the Division of Wildlife at 1-800-WILDLIFE (945.3543) for a list of nuisance trappers or visit www.wildohio.com.

AUGUST RECREATION GUIDE

SENSATIONAL SUMMER EVENTS BRINGING THE COMMUNITY TOGETHER



See extended coverage of Beachwood's Juneteenth celebration on page 14.



The Seventh Annual Leaf Party with Bartu! See page 10.



A sweet treat at Luau Pool Party Night!



Family-friendly activities highlighted the Juneteenth event.







Event photography by Discovery Photo.

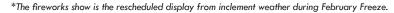
BEACHWOOD ART GALLERY:

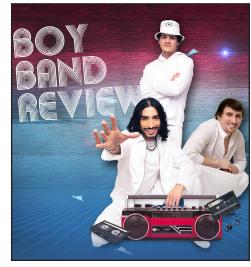
Sunday Afternoon Salon | Aug. 11, 1:00-3:00 p.m. | Artists' Reception & Original Readings Explore the Mixed Media & 3-D exhibit while enjoying original readings from poets and writers.

KICKOFF FALL FEST WITH A BLAST; CONCERT & FIREWORKS ON SEPT. 28

Hailing from Chicago, Boy Band Review has captured the hearts of fans and transported audience members back in time with the best of NSYNC, Backstreet Boys, New Kids on the Block, and more! On Saturday, Sept. 28, they'll hit the stage to kick off Beachwood's Seventh Annual Fall Festival, presented by Crestmont, at 7:30 p.m. outside the Community Center. Having sold out venues nationwide and even secured a Las Vegas residency, their world-class harmonies, choreography, and frosted tips make for a can't-miss concert experience for all ages.

Before we say *Bye Bye Bye* at the end of the night, we'll cap off the evening with a blast! That's right, a spectacular fireworks show will follow immediately after the last song. Admission is free. Beer, wine, and refreshments will be available for purchase. Please bring your own chairs. Learn more about the Fall Festival at BeachwoodRec.com.













BEACHWOOD SENIORS

UPCOMING PROGRAMS & TRIPS

• Toast To & For You

Wednesday, Aug. 21, 10:30 a.m., Community Center Free, RSVP required by Aug. 15.

Your kindness, dedication and fortitude is to be celebrated every day and especially on National Senior Citizens Day! Enjoy some toast with us, be it avocado or cream cheese, rye, challah, bubbly or non-bubbly. Join us!

• Senior Strong & Stable

Mondays & Wednesdays, Sept. 4-Oct. 23, Community Center Residents \$69/\$75, Non-Residents \$83/\$90

Led by instructor Kirsi Cochell, this strength-based class will improve functionality, mobility, balance and more. Small class sizes for maximum attention. Both morning and afternoon sessions with the option of floor work or no floor work for a beginner-friendly routine. See BeachwoodRec.com.

Music Appreciation with Marshall

Mondays & Wednesdays, Sept. 4-Sept. 18, 2-3 p.m., Community Center Residents \$50, Non-Residents \$60, Register by Sept. 3.

Join Marshall Griffith, composer-pianist and music educator, for an adventure in music appreciation. The program includes live performances covering different eras of music each session. Register at BeachwoodRec.com.

AUGUST EAT & MEET

The Final Witness Thursday, Aug. 15, at Noon Beachwood Community Center

Residents \$13 Non-Residents \$16 Program Only \$5

Register by Aug. 8.

Paul Landis is one of only two Secret Service agents still alive who accompanied President John F. Kennedy and his wife, Jacqueline, to Dallas, Texas, on Nov. 22, 1963. His memory is sharp, particularly as he recounts the tragic details of Kennedy's assassination. Paul will be with us to share his story, breaking his silence after 60 years.

Meal choices include beef bolognese or grilled garden vegetables with couscous. All entrees served with sweet corn gazpacho soup, bread selection, beverage and dessert.

September Eat & Meet (9/19): We'll be joined by Carl Fernstrum, musician extraordinaire!

Register for events at BeachwoodRec.com, City Hall or call 216.292.1970.

Where Business Is Booming!

THE LATEST NEWS FROM ECONOMIC DEVELOPMENT

PORSCHE BEACHWOOD OPENS NEW BEACHWOOD DEALERSHIP

Porsche Beachwood has embarked on a new journey with the opening of its dealership at 3750 Orange Place. This new center features an impressive showroom, a state-of-the-art service station led by a team of trained auto technicians, and a large stock of aftermarket parts.

The team at Porsche Beachwood embodies the Porsche brand, housing the most experienced automotive professionals with great passion for the industry. Penske Automotive Group has outdone itself with this fantastic destination facility showcasing the newest Porsche vehicles along I-271.



The showroom at the new Porsche Beachwood, located at 3750 Orange Place.



EDUCATING FUTURE BUSINESS LEADERS

The Economic Development Office is working with seven dedicated interns this summer, six of whom are Beachwood High School students. They are working on several projects, including creating a storyboard on the history of Beachwood's well-known companies, creating marketing pieces for destination retail and dining in Beachwood, and community outreach to support entrepreneurship development. "I am excited to see their passion, creativity, and enthusiasm to support the projects we have this summer," says Catherine Bieterman, Beachwood's Economic Development Director. "In the very short time they have been with us, they have worked as a team to start to engage in projects for the department and the business community."

The interns are gaining real-world experience by creating customized marketing pieces, meeting with local businesses and business professionals and providing One-Stop Business Resource Center market research support. They are also preparing a roundtable discussion with the collaborative chambers of commerce. This year's student interns include Elizabeth Liu and Radha Pareek, both returning for a second year as interns for our Economic Development office. Joining them are Shreya Chellu, Sam Park, Frank Yin, Maria Zarjetskiy, and Lyndia Zheng.

CHAMBER BUSINESS TO BUSINESS EXPO & WOMEN'S ENTREPRENEUR SUMMIT

The Chamber of Commerce is hosting a business expo and women's summit this fall to gain exposure for area businesses and highlight its chamber members' unique products and services.

This year's expo will include local entrepreneurs, leaders, and innovators coming together to share ideas, create connections, and showcase their ventures. The summit will also feature lnes Rehner, CEO of Sweet Design Chocolatier, as the keynote speaker. She will share her story of building a successful confection business from scratch.

More information for this year's event, along with sponsorship opportunities, can be found on the chamber website at beachwood.org. This year's expo will include multiple speakers highlighting topics such as Challenges in Today's HR Space, Business and the Law Today, Starting and Developing a Resilient Business, the LinkedIn Triangle, and a panel discussion featuring graduates from Goldman Sachs 10,000 small businesses program.



Ines Rehner, CEO of Sweet Design Chocolatier, will be featured as the keynote speaker.

ALWAYS BE AN INSIDER, STAY CONNECTED!

OFFICIAL SOCIAL MEDIA PAGES









Facebook Pages:

- @BeachwoodOH
- @BeachwoodPolice
- @BeachwoodFire
- @BedchwoodFire
- @BeachwoodOHRec
- @BeachwoodPublicWorks
- @BarkwoodDogPark

X Accounts:

- @BeachwoodOH
- @BeachwoodPolice

Instagram Account:

- @BeachwoodOhio
- LinkedIn Account:
- @CityOfBeachwood

Partnership with UH Ahuja Medical Center Brings Hands-On Learning to Beachwood Students

Beachwood High School students explored the exciting world of healthcare during the Beachwood Medical Academy camp, hosted June 18-21 in partnership with University Hospitals Ahuja Medical Center.

Throughout the camp, students gained exposure to experts at University Hospitals in the fields of cardiology, pulmonary medicine, nursing, and more by participating in activities including lung and heart dissections, seminars, and live demonstrations. They also explored advanced topics such as surgical robotics and healthcare administration.

"We want students to be excited about careers in healthcare and this camp provides unique insight into all the ways students can one day make a difference," said David Rosenberg, MD, MPH, pulmonologist and medical director of the University Hospitals Ahuja Lung Center.

The Beachwood High School alum (Class of '66) helped establish the Beachwood High School Medical Academy in 2014. The program prepares teens for competitive pre-med programs through advanced coursework and hospital immersion experiences.

"We are incredibly grateful to Dr. Rosenberg for his leadership in providing our students with authentic learning experiences that offer a glimpse into what it's like to work in the medical profession," said Linda LoGalbo, Ed.D., director of curriculum and instruction at Beachwood Schools.

Getting hands-on with surgical equipment and technology was a highlight for Sydney Johnson, 13. "I liked dissecting the [sheep] lungs because I want to be a surgeon," she said.

Nimisha Kasliwal, 15, agreed that the opportunity for career exploration was a major draw of the camp. "I've always had an interest in medicine, so I thought it would be really fun to learn more about the different subspecialties."

Nimisha, who hopes to pursue a career in biomedical engineering, enjoyed exploring the Da Vinci surgical robot system. The robot is operated from a console where surgeons use a viewer to control the robotic arms with precision. "There are a lot of different buttons, but it's very userfriendly," she said. "It was really cool. This experience has made me more excited to work with this kind of technology in the future and open up new horizons in medicine."

Moses Yarngo, 14, found the ultrasound technology fascinating, experiencing it both as a volunteer patient and from the clinician's perspective. Seeing ultrasound images of his classmates "was a new experience for me."

In addition to the seminars at Ahuja, students participated in a poverty simulation at the Greater Cleveland Food Bank to learn about social determinants of health, such as food insecurity. Avery Feuerman, 14, and her classmates put their compassion into action by assembling 600 meal kits for those in need. "It was definitely a good feeling because we packaged so many meals," she said.

Reflecting on the camp, Matthew Rosner, 14, said he highly recommends it to classmates interested in healthcare. He said, "The camp got me one step forward to becoming a doctor."

Special thanks go to students from the Case Western Reserve University Physician Assistant program for inspiring students who participated in the Beachwood Medical Academy.

Over an engaging three-day program, these PA students

explored with Medical Academy participating students the major organ systems through lectures and an anatomy lab.

Jereme Mellenthin, assistant professor at CWRU's PA program, shared, "We love Beachwood. The students are really engaged and excited. There's a chance that some of these students may apply to our program to become a PA, and that's pretty cool."





From top: Nimisha Kasliwal practices with DaVinci surgical robot. Dr. Rosenberg leads students through a lung dissection.

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Extracurricular Clubs and Activities for a Well-Rounded Education

Beachwood Schools offers an extensive array of clubs and activities to ignite your child's curiosity, whether they are passionate about community service, the arts, or science and math. Here's a look at some of the exciting offerings for the 2024-2025 school year.

Hilltop Art Club

The Hilltop Art Club, advised by Sarah Krieger, offers fourth and fifth graders a vibrant space to experiment with various art materials, learn about famous artists, and take on large projects that enhance the school's beauty. Last year, the club created an origami "ART" mural, photo props and decorations for the Hilltop Love Dance, Be H.E.A.R.D. posters, teacher gifts, and recycled tire planters. "Students who join the art club are joining a family of like-minded individuals who value art and creative thinking," says Ms. Krieger.

EVENTS CALENDAR



Back-to-School Celebration

August 11, 3 - 5 p.m. Beachwood High School 25100 Fairmount Blvd.

Athletic Boosters Golf Outing

August 23, 11 a.m. Pine Ridge Country Club 30601 Ridge Rd.

Homecoming Football Game vs. Saint John School

September 6, 7 p.m. Beachwood High School 25100 Fairmount Blvd.



VIEW THE FULL CALENDAR

www.beachwoodschools.org/calendar



Council for Exceptional Children

The Council for Exceptional Children, guided by Josh Davis and Nina Falkenstein, promotes inclusive interactions between students receiving general education programming and students with exceptional learning needs in grades nine through 12. Council members take part in monthly after-school activities and volunteer in intervention classrooms. Highlights from last year included collaborating with a music therapist, songwriting, yoga sessions, and interactive games. According to Mr. Davis, these activities help all students develop empathy and build meaningful friendships. Ms. Falkenstein adds, "We encourage Beachwood students to join our events and volunteer in the intervention classrooms. It is an incredibly enriching experience for all students."

MAC Scholars

MAC Scholars, short for Minority Achievement Committee Scholars, promotes academic excellence, cultural awareness, and leadership among students in grades four through 12. To earn a kente cloth stole for graduation, MAC Scholars must maintain a cumulative 3.0 GPA and participate in 75% of the program's activities. Recent activities included a tour of Historically Black Colleges and Universities, hosting Black History Recognition Night, and holding a dinner and line dancing fundraiser. "We are grateful to the Beachwood community for supporting us and attending events," says co-advisor Gabby Greer-Jones.

BOARD OF EDUCATION MEMBERS

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beachwoodschools.org

Explore our full range of clubs and activities at beachwoodschools.org.



Destination Imagination

Destination Imagination, advised by Shelly Lewis and Tara Warner, fosters creativity and teamwork in students from kindergarten through 12th grade. By working on STEAM-based challenges, teams learn creative problem solving. Last year, Beachwood sent four teams to the Global Finals, with team DI3 placing fifth in the world for Elementary Level Improv. Ms. Lewis says students participating in Destination Imagination learn "skills they can apply in other aspects of their lives and shape the way they approach important tasks or projects in the future."

Science Olympiad

Science Olympiad, advised by Dr. Rakhee Banerjee, celebrates outstanding achievement in science and technology through local, regional, and national tournaments. Through Science Olympiad, students in grades six through 12 develop innovative scientific ideas, design and build devices, and enhance teamwork skills. In the 2024-2025 school year, both divisions will participate in invitational competitions, regional competitions in March, and state finals at The Ohio State University in April. "Students conduct research in 23 different scientific areas while participating in this club," says Dr. Banerjee, adding that the club "boosts morale and self-confidence as students compete with a partner against 50 to 60 teams."

Model United Nations

Model United Nations allows students in grades six through 12 to explore world affairs and debate current issues. Participation in Model UN significantly enhances public speaking, writing, research, and critical thinking skills as students act as UN delegates to develop solutions to complex global challenges, according to high school advisor Dominic Velotta. Last year, the high school team won the Fall Cleveland Council on World Affairs Conference in the big-school division with 19 individual awards. They also placed first in the small-school division at the 2024 Spring Cleveland Council on World Affairs Conference with 13 individual awards. "The maturity and work ethic that these kids have amazes me," says Mr. Velotta.

BOARD OF EDUCATION



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Recent Resolutions

- Approved the Certification of the 2024 Beachwood High School Graduates
- Approved the Hiring of Rose Wiley, School Psychologist, for Bryden and Hilltop
- · Approved School Handbooks and Program of Studies

Upcoming Board Actions

- · Hear Transportation and Operations Update
- · Approve 2024-2025 Bus Routes
- · Recognize Students Who Earned the Seal of Biliteracy

Board Meeting Calendar

- · August 12 @ 7 p.m.
- · August 26 @ 7 p.m.



VIEW AGENDAS & MINUTES

www.beachwoodschools.org/BOE

BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience

Sports Recap

Beachwood's spring athletes set new records and showcased exceptional talent and determination.

High School Track and Field

The Bison track and field team advanced six athletes to compete at the Ohio High School Athletic Association (OHSAA) track and field state championships, held at Dayton's Welcome Stadium on May 31 and June 1. Senior Dakota Houston capped off her historic career by finishing as state runner-up in the 200-meter dash, eighth in the 100-meter dash, ninth in the long jump, and running anchor for the 4 x 100 relay, which finished 10th. Joining Houston on the 4 x 100 relay were sophomore Ambyr Paul, freshman Marley Readance, and senior Kylie Walters. Long-distance standout Sasha Kheyfets, a sophomore, finished eighth in the state in the 3,200-meter run, while our field event superstar Madison Torbert, a senior, finished 14th in the state.

Other notable achievements include both the girls' and boys' teams winning the Chagrin Valley Conference division championship. Houston, along with senior Joshua Rosenberg and junior Osita Ogor, were awarded Chagrin Valley Conference Most Valuable Performer honors. Coach Willie Smith was awarded the CVC Coach of the Year honors for both boys and girls. Houston broke two school records this season: the 400-meter dash with a time of 59.29 seconds and the long jump with a distance of 18'4". Osita Ogor broke the school record in the 60-meter dash with a time of 7.06 seconds and tied the school record in the 200-meter dash with a time of 22.26 seconds.





Baseball

Standout Bison baseball player Joshua Rosenblitt, a junior, had another remarkable season on the mound, dominating every time he pitched. He finished his junior season with a record 246 career strikeouts, tying the record set by Bison alum Bradley Goldberg in 2008. Goldberg is currently the Cleveland Guardians bullpen coach. Rosenblitt, an Oakland University commit, earned First Team CVC honors, as did his teammate Cole Schreibman, also a junior. Sophomore Ethan Malek and junior Jaycob Zabell both earned Second Team CVC honors.

ADMINISTRATION

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Diana Maher, Assistant Treasurer · (216) 464-2600 ext. 2210 · dmaher@beachwoodschools.org

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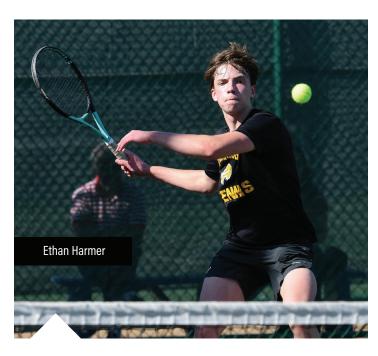
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Dr. Linda LoGalbo, Director of Curriculum & Instruction · (216) 464-2600 ext. 2208 · Ihl@beachwoodschools.org

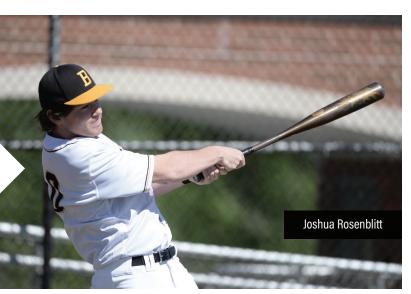


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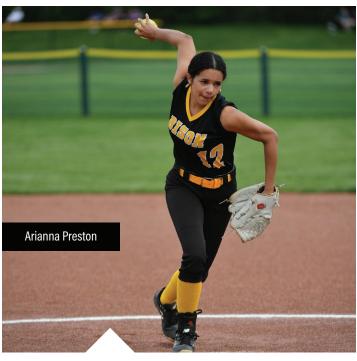
Boys' Tennis

The Bison boys' tennis team had another strong season, finishing with an 8-3 record and defeating some of the top tennis powerhouses in the state, including St. Edward, Archbishop Hoban, Ursuline, Brecksville-Broadview Heights, and Bay high schools. Senior Landis Teren led the Bison as he was sectional runner-up and advanced to the district championship. Junior Ethan Harmer also advanced to the district championships, marking his first trip to the event. Also helping to lead the Bison this season were senior Sam Uria, junior Jude Landes, and freshmen Ari Synenberg, Joseph Mo, and Yasha Cohen.



"Tennis is just the vehicle. It's really about the players becoming great young men and taking the lessons they've learned on the court into college and beyond."

- David Cole, Head Coach, Boys' Tennis



Softball

The Bison varsity softball team had another fantastic season, finishing with a 10-4 record and securing second place in the CVC. The team was led by standout pitcher Arianna Preston, a senior, who was named to the CVC First Team for the second year in a row. Preston is also a four-time Beachwood team Most Valuable Performer. Other standouts for the Bison softball team included sophomore Allison Rindsberg, who was named to the Second Team CVC, along with sophomores Mattie Spaller, Ela Sasmaz, Sawyer Borland, and freshman Lily Grover.

"Our team had great chemistry and finished the season with a winning record."

- Michael Coreno, Head Coach, Softball

Beachwood Pickleball Tournament 2024

n July 13, the City of Beachwood and Beachwood Historical Society hosted the seventh annual Beachwood Historical Society Pickleball Tournament. More than 30 teams had fun dinking and driving the pickleball on Beachwood's fabulous new courts. The tournament included men's, ladies' and mixed divisions.

Spectators enjoyed watching the competition and cheering on the players. Many City Council members played in the tournament and Mayor Justin Berns was there to cheer on the players.

Medals and prizes were distributed at the awards ceremony that followed the tournament. Thanks to all who played and congratulations to the winners.

Special thanks to staff of Beachwood Public Works; Derek Schroeder, Ryan Kennedy and Frank Vicchiarelli from Community Services; pickleball monitor Barb Leeson; and Beachwood Historical Society members Sandy Buzney, Jim Nemeth, and Rosemary Nemeth.

Remember to stay out of the kitchen and enjoy the fastest growing sport in America! Come see serves that are real dilllights. Come and play on our new courts. Happy people play pickleball!

Men's Division

- · 1st Place:
- Jordan Rose, Jake Finkenthal, Brett Dubin, and Craig Fuller
- 2nd Place:
 Tim Williams, Joseph
 Hengoed, Bryan Cohen,
 and David Sobel
- 3rd Place:
 Nathan Meyers, James Chen,
 Brett Cohen, and Brad Greene

Women's Division

- · 1st Place:
- Emma Podolsky and Hayley Dubin
- 2nd Place:
 Amy Finkenthal and
 Shannon Fetherolf
- 3rd Place:
 Lana Zachlin and
 Rosemary Nemeth

Mixed Division

- · 1st Place:
- Shannon Fetherolf and Jake Finkenthal
- · 2nd Place:
- Scott Margolis and Nancy Hart
- · 3rd Place:
- City Council Members Josh Mintz and June Taylor







Over 30 teams had fun dinking and driving the pickleball on Beachwood's fabulous new courts.











Top row, from left: First-place players Jordan Rose, Jake Finkenthal, Brett Dubin, Craig Fuller, Shannon Fetherolf, and Jake Finkenthal.

Right: First-place players Emma Podolsky and Hayley Dubin.

Below: Pickleball players from more than 30 teams had fun dinking and driving the pickleball on Beachwood's fabulous new courts.





A Celebration of Family

Final Month to See Two Collections That Explore the Diverse Families That Form the Fabric of America

Now on view at the Maltz Museum is a new exhibition celebrating diverse families found in America. The Museum's A Celebration of Family exhibition combines two collections with interactive children's activities and is on view through Sept. 1.

Growing Up Jewish – Art & Storytelling and Love Makes a Family: Portraits of LGBTQ+ People and Their Families present paintings, photographs, and interviews from families of all walks of life.

An essential aspect of the Museum's mission is to educate visitors on the lived experiences of Jewish and other minority populations to foster a more inclusive world for all. This exhibition acts as a firsthand account that brings the stories of individuals and families to life. In that sense, Growing Up Jewish and Love Makes a Family honor the foundation of American life: the family.

"Growing Up Jewish and Love Makes a Family beautifully showcase the many types of families that make up our diverse communities," said Reneé Chelm, board chair at the Maltz Museum. "This exhibition is an opportunity to see the different ways Jewish and LGBTQ+ families live their lives, but it's also a way to see how much we all truly have in common living in America."

Both exhibitions include interactive children's activities designed by globally recognized exhibit designer, Karen Katz. Throughout the galleries, interactive components invite visitors on a creative journey. Younger visitors can also immerse themselves in play activities connected with exhibition themes.

Growing Up Jewish – Art **& Storytelling** is an exhibition of 42 contemporary paintings and personal narratives by artist Jacqueline Kott-Wolle that explore the key people, experiences, and community that shaped her distinctly North American brand of Jewish identity. This powerful collection speaks to the resilience of newcomers who must navigate a painful past, contend with tradition, and summon optimism for the future. Painted in a fresh palette of color, the exhibition traces the story of one North American Jewish family through five generations.

Love Makes a Family: Portraits of LGBTQ+ People and **Their Families**, produced by the Family Diversity Project, is a traveling exhibit that includes 43 photographs and interviews with families that have LGBTO+ members. Through first-person accounts and positive images, this exhibit seeks to challenge and change damaging myths and stereotypes about LGBTQ people and their families. The narratives are designed especially for younger children.

This collection can help prevent bullying behaviors and discrimination. By encouraging people of all ages to affirm and appreciate the diversity of sexual orientation and gender identity, this exhibit contributes to dismantling the destructive power of prejudice and intolerance. The mission of Love Makes a Family is to make the world safer for everyone.

Rooted in the Jewish value of respect for all humanity, the Maltz Museum explores diverse stories of courage from history and today for a more inclusive tomorrow. For tickets or more information, call 216.593.0575 or visit www.maltzmuseum.org.



Final month! On view through September 1, 2024

Join us this summer as we explore the rich tapestry of families found in America. A Celebration of Family combines two art exhibitions with interactive children's activities



Growing Up Jewish

Art and Storytelling

Paintings and Personal Narratives by Jacqueline Kott-Wolle



Love Makes a Family

Portraits of LGBTQ+ People and Their Families

Photographs and Narratives by Family Diversity Projects

* Bring this ad with you for \$2 off of general admission, June 2, 2024 – Sept 1, 2024. Good for up to 4 visitors. Not valid on programs. Cannot be used with other offers.

maltzmuseum.org

Beachwood Arts Council Programs

The following programs, free and open to the community, will take place at the Beachwood Community Center. They are being sponsored by grants from Cuyahoga Arts & Culture and Ohio Arts Council. Refreshments will be served following the performances.

Retro Playlist Sunday, Sept. 15 • 2-3 p.m.

Julie Matthews and Debi Lewin from The Pop Tarts will be your DJ hosts for an afternoon of entertainment, playing all your favorite hits of the 50s, 60s, and 70s. They will be spinning the tunes, taking requests, singing a few, and offering music trivia for prizes.



Julie Matthews



3 Birds and The Wire Sunday, Oct. 27 • 2-3 p.m.

3 Birds and The Wire brings you lush three-part harmony inspired by the iconic girl groups of the 50s-70s. Enjoy the fabulous music of beloved pop gems, reborn!

Watch for more information in next month's issue of Beachwood Buzz!



Pickleball: The Friendship Game

A children's book that teaches teamwork, kindness, and respect

Pickleball: The Friendship Game, written by Beachwood resident Amy Finkenthal, takes young readers on a journey through the whimsical world of pickles and the exciting game of pickleball, imparting essential values such as teamwork, kindness, and respect.

The story introduces readers to a diverse group of pickles, each with their own unique personality, playing the fun and strategic game of pickleball. The book introduces characters such as Mr. Sour and Mr. Moody, who initially make the pickleball game less enjoyable with their negative attitudes. However, they soon learn valuable life lessons from Mrs. Pickle Sweet and Mrs. Dill, who embody the spirit of friendliness and kindness.

Parents, educators, and children alike will enjoy this lighthearted story that entertains and instills important life lessons. Through engaging storytelling and vibrant illustrations, readers will discover the importance of sportsmanship, inclusiveness, and developing positive relationships.

"I wrote this book for children with the purpose of teaching them to find the good in everyone and to learn how to share positivity from a young age. Additionally, I wanted to convey to the competitive world of youth sports the importance of respect for others, whether in victory or defeat," explains Amy.

Key messages include:

- Teamwork: The characters learn to support and cheer each other on, making the pickleball game more enjoyable for everyone.
- Kindness: Mr. Sour and Mr. Moody's transformation, alongside Mr. Kosher, highlight the power of kindness and how it can change one's outlook and interactions.

 Respect: The book emphasizes the importance of respecting others, regardless of winning or losing.

Educators recommend this book because its sends a message to children and adults about letting go of judgement and practicing compassion, which are a few of the greatest gifts we can offer.

Pickleball: The Friendship Game is now available on Amazon. Visit www. pickleballfriendshipgame.com and click on the "Buy Now" button at the top of the home page. You can also follow this book title on Facebook and Instagram.





About the Author

Amy loves creativity and rhyming is always fun. After one of her pickleball games, while counting her blessings because of the friends she's made through this sport, she decided to challenge herself by writing a book.

"I put friendship, pickleball, humor, and manners together," she said. "Then I started creating and envisioning characters, with an intentional message for children. I had this idea and just rolled with it."

Amy is a social worker, invitation designer, and advocate for building a kinder and more inclusive world for our children. She plans to share this book with schools, libraries, families, parents, sporting goods stores, and more.





Question: When is the right time for my adult child with developmental disabilities to attend a day support program?

Answer: Deciding when to send your adult child with developmental disabilities to a day support program is a significant and personal decision that depends on various factors. Here are some considerations to help determine the right time:

Readiness and Interest: If your child shows interest in participating in structured activities, socializing with peers, or learning new skills, it might be a good indication they are ready for a day support program. Pay attention to their enthusiasm for new experiences and their ability to engage in group settings.

Daily Structure Needs: If your child thrives on routine and benefits from structured activities, a day support program can provide a consistent schedule that can enhance their daily life. This structure can also help in developing new skills and fostering independence.

Socialization Opportunities: Day support programs offer valuable opportunities for social interaction. If your child enjoys being around others and can benefit from social skills training and peer support, this environment can be beneficial.

Caregiver Support: Consider your own needs as a caregiver. If you require respite or assistance in providing care, a day support program can offer a break while ensuring your child is in a safe and supportive environment.

Skill Development: If there are specific skills you want your child to develop, such as vocational training, communication, or life skills, day support programs often offer tailored activities and support to help achieve these goals.

Health and Safety: Ensure the day support program can meet your child's health and safety needs. Visit potential programs, talk to staff, and observe the environment to make sure it is a good fit for your child's specific requirements.

Community Integration: Programs that focus on community integration can help your child feel more connected to their community. If fostering a sense of belonging and participation in community activities is important, look for programs that emphasize these aspects.

Feedback from Professionals: Consult with healthcare providers, therapists, and educators who know your child well. Their insights and recommendations can be invaluable in determining the right time and type of program for your child.

Trial Periods: Some programs offer trial periods or part-time options. This can be a way to gradually introduce your child to the new environment and assess their comfort and adaptability before committing fully.

Remember, each individual is unique and there is no one-size-fits-all answer. The right time to send your adult child to a day support program is when it aligns with their needs, interests, and your family's circumstances. Open communication with your child, if possible, and a thorough evaluation of available programs will help ensure a positive and enriching experience.



JFSA's Adult Day Support program is available for adults with developmental disabilities. If you would like more information, contact Buffy Ramos LSW at bramos@jfsa-cleveland.org or 216.372.1860. If you would like to submit a question to "Ask JFSA," email it to info@jfsa-cleveland.org.



JFSA's **Caring at Home** services can help you help your parents with cooking, shopping, laundry, housekeeping, as well as their bathing, grooming, and dressing needs. We can also help with post-hospital recovery and rehabilitation. You don't need to do this alone.

We can help.

Call **216.378.8660** today for a free assesment, or visit **jfsa-cleveland.org**.





JFSA Cleveland helps individuals and families with solutions to face life's challenges with confidence.

Beachwood Resident Becomes Death Doula

by Dahlia Fisher

iz Shapiro is a death doula. Although it's not a job title she learned about in grade school, supporting people at the end of their lives came to her as a natural progression. A Beachwood resident for 21 years and a massage therapist for over a decade, Liz studied specifically to support geriatric patients in nursing homes.

Her clients often suffered from a variety of ailments and illnesses unique to an aging population, such as Alzheimer's or Parkinson's, and many had mobility issues. On more than one occasion, she would arrive at a facility with her massage table in tow, only to discover that clients were taking their last breaths. As a result, Liz became open to the reality of death.

What does a death doula do?

The Cleveland Clinic's website compares a death doula to a birth doula, as follows.

"Birth doulas and death doulas function like two sides of the same coin. A birth doula is a trained professional that assists someone before, during, and after childbirth. They work alongside your healthcare team to provide emotional and physical support, education, and guidance to make sure you have a positive birthing experience.

Similarly, a death doula – also known as an end-of-life doula, end-of-life coach, death midwife or death coach – assists a dying person and their loved ones before, during, and after death. An end-of-life doula provides emotional and physical support, education about the dying process, preparation for what's to come, and guidance while you're grieving."

Making death less scary

Often, people fear death, but not Liz. Through her work as a massage therapist specializing in geriatric care, she had come to understand that everyone must eventually leave this world, so she questioned if there was a way she could use her skills and experience to make her clients' journeys to the other side more comfortable.

When her stepfather passed, she stepped in and provided the same services as a death doula would, except she didn't know there was a name for it. Signs popped up all around her pointing her in the direction of formal training. She entered a program for certification and started her business, LizA Death Doula.

The majority of her clients have thus far been middle-aged and up (although she wouldn't turn away a younger person) and predominantly are diagnosed with cancer, Alzheimer's, Parkinson's, or Amyotrophic Lateral Sclerosis (ALS).

"Illnesses require different things," she says.
"Some geriatrics need loving touch and others need range of motion (moving of the muscle tissue) or ambulation (moving from one place to another), which is where massage therapy comes into play. How ambulatory someone is will determine what kind of care they will need and how fragile they are, which can indicate how close they are to death."

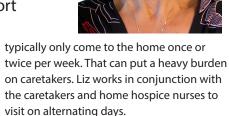
Liz asks her clients what they want to be remembered for, helping them create a legacy project, which could be as simple as collecting old photographs to create a book or as complex as preparing an art installation.

She asks them what kind of sights, sounds, and smells they enjoy. If they are bed bound, staring at the ceiling, what do they want to look at? A family photograph? Their favorite painting? A beach scene? When it comes to sounds, one person might want to hear jazz on the record player, while someone else might ask to listen to birds chirping in the rustling woods. The same goes for smells. One person might be comforted by pasta sauce cooking on the stove, while someone else is delighted by the smell of fresh cut grass.

Liz's explained that people have choices about what they want their experience to be as they are dying, and there is a benefit to understanding what happens to their bodies as the process progresses. For example, a study was done that proved hearing is the last of a person's senses to stop working when the body is shutting down.

"Education is the key," she explains. "I make sure my clients are educated on what will happen on their path to death." This includes educating their loved ones.

According to Liz, families don't always know what to expect during the home hospice experience and it can come as a surprise that a home hospice nurse will



"My goal is to help each patient make their transition more comfortable, especially once they are bed bound. We are all going to die one day. The purpose of my work as a death doula is to make death less scary," she said.

Taking stress off the family

Liz offers support to the family before, during, and after their loved one's death. She may arrange the funeral and/or coordinate the shiva, acting as the point person for friends who want to provide meals, for example. She does whatever it takes to reduce the family's stress.

"There are no set rules. I accommodate each family's individual, unique needs, which vary," she said. "No two lives are alike and no two death experiences are alike, but what I hope to make consistent is the idea that transitioning can be peaceful."

If given the opportunity to know in advance that death is near, Liz says her mission is to create a knowledgeable, loving, and peaceful passing.



Liz's Message

"People have the right to live a quality life and the right to a quality death. My role as a death doula is to give people a quality of life in death, with the ability to die with dignity," said Liz.

If you have questions or to learn more, email Liz@lizadeathdoula.com.

Celebrating a Year of Success: The Rise of Money with Maverick

t's been quite the transformative year since the launch of Maverick Peters' financial literacy podcast, Money with Maverick. In just 15 minutes each week, Maverick has created a platform where financial experts share invaluable insights, making complex financial concepts accessible. In just one year, Money with Maverick has skyrocketed to success, with over 30 episodes published and more than 40 recorded, exceeding all expectations and growing far beyond Maverick's initial vision.

Maverick created this brand after recognizing that many people in his age group don't know much about managing their finances.

"Practical finance knowledge, like balancing a checkbook and maintaining a high credit score, wasn't taught in school. Nor was it a priority to be taught at home," he said. "When Tehila and I were newly married, we didn't have the financial literacy to succeed so we did our own research to become financially competent."

Here are some Money with Maverick highlights from the past year:

- · Reach and Engagement: Money with Mayerick achieves between 100 to 300 listens per episode by people who choose to be interactive.
- · Acclaimed by the Media: The podcast has garnered local and national attention from prominent financial magazines and news outlets. It also caught the attention of ABC News, showcasing its impact and relevance in the world of financial literacy.
- · Social Media Presence: With more than 5,000 Instagram followers and 13,000 to 16,000 social media impressions per post, Money with Maverick has built a vibrant online community that is engaged with behind-the-scenes content, financial tips, and interactive discussions.
- Targeted Audience **Demographics:** The demographic, 20-35, attracts an audience that is eager to learn about finance and wealth management. By catering to

this targeted audience, Money with Maverick serves as a valuable resource for money enthusiasts looking to enhance their financial acumen.

- Strong Advocacy and **Support:** Money with Maverick has more than 20 dedicated ambassadors who actively share the podcast within their own networks.
- Star-studded Guest Lineup: The podcast features an incredible lineup of financial experts. Stay tuned!
- Diverse Financial Topics: The podcast carries a wide range of financial topics, from banking, saving, and budgeting to investing, insurance, and making big purchases. Other topics include taxes, credit card points, miles, and travel hacking.
- Expanding Horizons: Because of the podcast's success, Maverick is now opening the door for sponsorships and partnerships. Companies and businesses looking to reach a money-savvy audience can now run commercials on the show, creating new avenues for growth.
- Upcoming Financial **Literacy Course:** To expand opportunities, Maverick plans to release a financial literacy course specifically designed for young newlyweds. More details on this exciting new venture will be announced soon.

"I'm so proud of how far this podcast has come over the past year," Maverick said. "It's fun and people are engaged. My goal is to bridge the gap

between the young generation and financial literacy."

You may listen to Money with Maverick anywhere you listen to your favorite podcasts. You may also connect with Maverick at moneywithmaverick@gmail.com and on Instagram, @moneywithmav.



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Jamerican Kitchen Cafe Opens in Beachwood

america Kitchen Cafe, a vibrant culinary destination that has been serving delicious fusion Jcuisine since 2017, is now open in Beachwood.

Owner Sidonna Turner was born and raised in Jamaica. and recalls early memories of cooking with her grandmother. "I remember how much pride my grandmother had when cooking and feeding the community, a trait that I inherited," Sidonna said. "Since then, cooking has been my passion."

Sidonna attended cooking school in Jamaica, opened her own restaurant, migrated to the United States at age 23 to be with her family, and always knew that she wanted to open another restaurant. "Cooking for others is my expression of love," she said.

"Our restaurant and cafe blend Jamaican and American flavors to create a unique and exciting dining experience. From flavorful jerk chicken (pictured) to mouthwatering stewed

oxtails, our diverse menu offers something for everyone," she added. "Come savor the taste of our island-inspired dishes in a cozy, inviting atmosphere."

Jamerican Kitchen was formerly located on Taylor Road in Cleveland Heights.

"I live in Beachwood, wanted my restaurant in Beachwood. and found the perfect location at 3365 Richmond Rd., Suite 125," Sidonna said, "A neighboring restaurant had outgrown the space, which was perfect for our new location."

Sidonna invites guests to come to Jamerican Kitchen Cafe's grand opening on Thursday, Aug. 1, at 1 p.m. Restaurant hours are Monday through Saturday, 7 a.m. - 8 p.m. For more information, visit jamericankitchen.com.

Sidonna invites guests to come to Jamerican Kitchen Cafe's grand opening on Thursday, Aug. 1, at 1 p.m.

Sidonna's message to the community:

"I came here with nothing and worked hard to get to where I am now. Success is possible for anyone who is determined.

"I hire and train disabled staff. This is a safe space for individuals to work and enjoy time. We don't define people by their disability because they are able bodied and can do what anyone else can do. The energy here is positive and we support people along the way."









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and the Jewish Education Center of Cleveland



A Gift of Israel

Gift of Israel is a seven-year student savings and matching funds program that encourages families to save for a future educational trip to Israel.

Families deposit a minimum of \$175 per child per year into an interest-bearing savings account. The Jewish Federation of Cleveland will contribute \$100 per child per year and \$300 for their Bar/Bat Mitzvah year.

The family contributions, together with the generous grants from the Federation and congregations (if applicable) make future approved trips to Israel more affordable.

Families can enroll as early as pre-K if the child is in a Jewish educational program. Funds are available for use once the child has been actively participating in A Gift of Israel for a minimum of three years through age 26.



Invest in a long-lasting and far-reaching educational experience that helps enrich and shape Jewish identity in a unique and powerful way. This opportunity is too good to ignore!

Deadline for enrollment and annual deposits is May 31.

To learn more, visit www.jecc.org/israel, call 216.371.0446, or email agiftofisrael@jecc.org.



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For membership & Religious School registration, please call 440-473-5120. The 2024-2025 school year begins on Sunday, Aug. 25th.

Jeff Fine, President Chaia Teomi, Religious Education Director Matthew Eisenberg, Rabbi



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(*\$54 supply fee per student).

Beachwood High School **Celebrations**



BHS Classes of 1964 and 1965 **Combined Reunion • 60 Years**

Saturday, Sept. 14 • 6:30-11 p.m. **Restaurant Europa**

30519 Pinetree Rd. • Pepper Pike Dress is Party Casual \$65/Person • Cash Bar All reservations and money are due no later than Aug. 15.

Questions, comments, or ideas? Call Sherry Miller Blackman at 216.534.0744 or Karen Zavell Kreinberg at 216.789.3282.

Class of 1964:

Please make out your check to James Joseph and mail it to 306 W. Edinburgh Dr. Highland Hts., OH 44143-3814

Class of 1965:

Please make out your check to Karen Zavell Kreinberg and mail it to 23112 Greenlawn Ave. Beachwood, OH 44122

BHS Class of '72 Casual Get Together We're 70 this year, let's celebrate!

Friday, Aug. 16 • 6:30-10 p.m. Van Aken Market Hall 3441 Tuttle Rd • Shaker Hts.

Your only cost is food and beverages from the various

restaurants in the food hall. Stop in or hang out! Tables will be reserved. Look for the BHS white and gold balloons. Please spread the word!

Gallery of Success Videos Now Available Online

Since 1986, the Beachwood High School Gallery of Success has recognized Beachwood alumni who exemplify the district's mission to "develop intellectual entrepreneurs with a social conscience." Honorees have made above and beyond contributions in leadership, service, courage, humanitarianism, creativity,

and/or their chosen careers. improving both local and global communities and serving as inspiring role models for current and future students.

You can now view video interviews and highlights of the April 19, 2024, induction ceremony by scanning the QR code below.

- David A. Arnold ('86), Stand-Up Comedian, Sitcom Writer, Producer, Actor
- Marshall E. Barron ('74), President. **Barron Pharmacy**
- · Monique Davis Gordon ('96), Vice President, Global Local & Cultural Innovation, The Estée Lauder Companies
- · Gayle I. Horwitz ('98), Civil Rights Attorney at U.S. Department of Education

- Rebecca Boroff Suhy ('95), Co-founder, Allison Rose Foundation
- Dr. Brian Weiss ('76), Podiatrist and Past President of the Beachwood Board of Education
- Alex Wyse ('05), Actor, Writer, Director, Producer



Beachwood Library Happenings

August StoryWalk® **Beachwood City Park East**

The August Storywalk® is I Got the School Spirit, by Connie Schofield-Morrison, illustrated by Frank Morrison.

As a new school year begins, a young girl is filled with school spirit as she zips her book bag shut, rides the bus, enjoys her classes, and eagerly anticipates the next day.

The StoryWalk® Project was originally created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg-Hubbard Library to help build childrens' interest in reading, while encouraging healthy activity for children and adults. StoryWalk® is a registered service mark owned by Anne.

Art Explorers

Grades K-5

Thursday, Aug. 8 • 4-4:45 p.m.

Hear about the life of a famous artist and get inspired to create your own works of art.

Read with a Therapy Dog

Grades 1-5

Friday, Aug. 16 • 4-5 p.m.

Practice reading judgment free with a certified therapy dog. Reading slots are limited to 10 minutes each, with 5 slots per event.

STEAM Club

Grades 2-5

Tuesday, Aug. 20 • 4-4:45 p.m. Join us and learn about science, technology, engineering, art, or math.

The Life and Death of Free Jazz Pioneer Albert Avler

Wednesday, Aug. 7 • 7-8 p.m. Author Richard Koloda will talk

about his book, Holy Ghost.

Blood Drive

Saturday, Aug. 10 • 10 a.m. - 3 p.m. Donate blood today. For more information or to make an appointment, visit www.redcrossblood.org or call the American Red Cross at 800.733.2767.

Through the Eyes of the Artist: Henri Matisse

Friday, Aug. 16 • 10-11 a.m.

Art historian Felicia Zavarella Stadelman will present on the life and works of French artist Henri Matisse.

The Music of Jerome Kern with Debbie Darling

Friday, Aug. 23 • 2-3 p.m.

Debbie will perform the hits of prolific songwriter Jerome Kern, with piano accompaniment by Dan Maier.

Identity Theft

Wednesday, Aug. 28 • 2-3 p.m.

This session will provide tips to help you and your loved ones prevent and report identity theft. Presented by U.S. Bank, Beachwood.

Registration is required for all events. To register, visit https:// attend.cuyahogalibrary.org/ events or call 216.831.6868.

2024 Ohio Sales Tax Holiday

↑ Ith the passage of Ohio's most recent budget bill, House Bill 33, the State of Ohio Sales Tax Holiday now applies to restaurants as well as retail stores.

Therefore, Cleveland Independents, the organization of locally owned independent restaurants, joins Cleveland Shops, the organization of locally owned independent retail stores, to celebrate this opportunity.

This year's sales tax holiday starts on Tuesday, July 30, and runs through Thursday, Aug. 8.

Sales of dine-in food at restaurants are now included. However, alcoholic beverages and taxable services are not. From a retailer's perspective, titled watercraft, motor vehicles, tobacco vapor products, and items containing marijuana are excluded.

All eligible purchases with a selling price of \$500 or less are included in this promotion. Purchases or dining checks may not be split so that a portion is under \$500 and the remainder is charged separately. If \$500 or more is spent, the entire bill is taxable.

If discounts or coupons (including loyalty card programs) reduce the price of an eligible item to \$500 or less, it will qualify. For Cleveland Independents, this means that all gift certificates and gift cards comply.

For member listings of Cleveland Independents and Cleveland Shops, please visit www.clevelandindependents. com or clevelandshops.org.

For more information, visit https://tinyurl.com/OhioSaves.



Visit any of our member locations and celebrate the savings. **JULY 30-AUGUST 8**





*Valid on purchases totaling under \$500. Cleveland Shops and Cleveland Independents certificates and gift cards are eligible. Does not include alcohol.

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