# Beachwood Buzz August 2025 Every Resident. Every Business. Every Month. Beachwood Buzz MAGAZINE









# JFSA at 150

A Legacy of Compassion, A Future of Possibility



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City Insider • Beachwood City Schools

Protect the Children: A Song for the Soul

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# Letter from THE EDITOR

By Debby Zelman Rapoport



Science confirms that spending time in nature significantly benefits our mental, emotional, and physical well-being. Even short, mindful moments outdoors – what the Japanese call *shinrin-yoku* or forest bathing – can reduce stress hormones, lower blood pressure, improve mood, and boost immune function.

Plus, nature invites us to live in the present moment. We don't have to travel far from home to step into nature. It's literally right outside our door.

I love beginning my day – or breaking up my day – by taking a quiet walk, often with my camera to capture moments, like the

n our fast-paced world, it's easy to move through life on autopilot as we scroll, rush, multitask, and plan what we will do next. How often do you just take a breather – step outside, observe the clouds, listen to the birds, and enjoy the feeling of being grounded in the present? When we do that, something shifts. Nature has a way of reminding us that we don't always have to be doing something. Instead, it's a gift to ourselves when we take the time to breathe deep and shift from *doing* to *being*.

ones pictured, as they unfold. I love to hear the rustle of leaves or the song of a bird, and watch the clouds above and the shifting light – all of which gently anchor me in the present and set the tone for a calm, centered day.

In all transparency, these routine walks are seasonal!

Enjoying the great outdoors is as simple as:

- Drinking your morning coffee outside.
- Taking a slow walk in a nearby park without your phone or headphones.
- Sitting outside your home and observing your surroundings.
- Noticing the cloud shapes or the scents around you.

The key is to pay attention by noticing your surroundings. When we do so, we start to feel more present and alive.

In nature's stillness, we often hear our inner voice more clearly and gain fresh perspective on the thoughts that have been quietly – or noisily – stirring within us. We're also gently reminded that growth, change, rest, and renewal are all essential parts of the human journey.

You don't need hours to benefit. Just a few minutes of mindful time outside each day can make a difference. Over time, these moments add up to nurture resilience, creativity, and a deeper sense of peace.

I encourage you to take a deep breath, step outside, and truly notice your surroundings. This simple, mindful practice can strengthen your resilience, support healing, boost your energy, and recharge your spirit.



"In every walk with nature one receives far more than he seeks."

– John Muir

## Benefits of Spending Time Outdoors

- Lowers blood pressure and heart rate
- Boosts immune system function
- Reduces inflammation
- Improves sleep quality
- Encourages physical activity and movement
- · Reduces stress and anxiety
- Improves mood and emotional well-being
- Decreases symptoms of depression
- Enhances creativity and problem-solving
- Promotes mindfulness and presence

- Improves focus and concentration (especially in children)
- Reduces mental fatigue and restores attention
- Enhances memory and cognitive performance
- Builds resilience and emotional regulation
- Fosters a sense of awe and wonder
- Strengthens connection to something greater
- Encourages gratitude and reflection
- Provides space for solitude or meaningful connection











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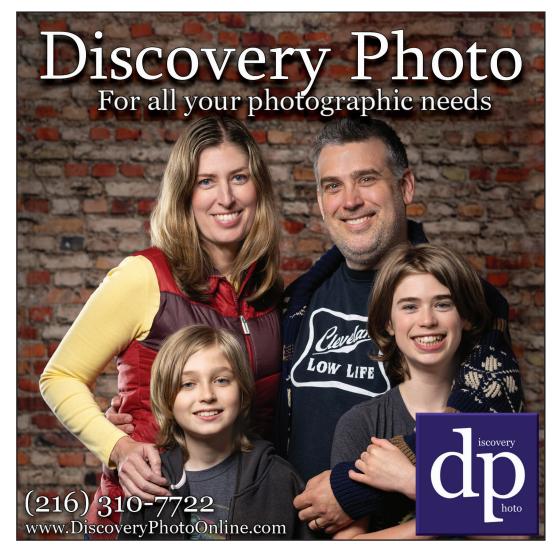
#### JFSA at 150: A Legacy of Compassion, A Future of Possibility



In 1875, a small group of business leaders and volunteers in the Jewish community gathered to meet a growing need. They sought to help poor Jewish immigrants arriving in Cleveland who were in search of shelter, food, and a path forward in a new country. Their solution was the formation of the Hebrew Immigrant Aid Society, an organization grounded in enduring Jewish values of chesed (kindness), tzedakah (justice), and tikkun olam (repairing the world). That early effort would become Jewish Family Service Association of Cleveland (JFSA) - a pillar of hope and healing in Northeast Ohio for 150 years.

Complete story starts on page 7.

Do you have a story to share? If so, please email beachwoodbuzz@gmail.com!



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#### **Article Submissions**

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#### **General Information**

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## Letter to the Community from Dr. Robert P. Hardis

Last month, Gov. Mike DeWine signed Ohio's Biennium Budget bill, which includes support for public education. That is great news for school districts across the state, including Beachwood City Schools. Thanks to everyone who reached out to state legislators to advocate for our schools.

#### Your voices made a difference.

The final budget did not include HB 335, a property tax reform bill which would have eliminated the collection of inside millage (property taxes) for schools. If it passed, Beachwood Schools would have faced substantial loss in revenue moving

forward. Although HB 335 could still be enacted, we are pleased that it was not passed along with the budget bill.

Additionally, Gov. DeWine vetoed a provision that would have established a 40% cap on school cash carryover balances. This is important for Beachwood Schools, where maintaining healthy reserve funds allows us to plan for the future, support long-term projects, and protect against unexpected costs. The governor's veto allows Beachwood Schools to continue our fiscally conservative practices that benefit district taxpayers.

The biennium budget school funding formula provides a slight increase in Beachwood's state funding and also includes bonus payments for school districts based on strong state report card performance, from which Beachwood will also benefit. Combined with the funds received from the recent Chagrin Highlands legal settlement, the legislative outcome of the state budget positions Beachwood City Schools for continued financial stability and success.

We will continue to monitor any new developments and keep you updated if your advocacy is needed in the future. Thank you for your continued support of our schools and students.

Sincerely, Dr. Robert P. Hardis Superintendent Matt Brown Treasurer/CFO



## Let Your Voice Be Heard

**Are you a Beachwood resident?** If so, the Beachwood Board of Education wants to hear from you as it updates the district's goals. Please take a few moments to complete a short survey by scanning this QR code or visiting www.beachwoodschools.org.

As a thank you, you'll be entered into a drawing to win a \$25 Mitchell's Ice Cream gift card!







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# JFSA at 150

A Legacy of Compassion, A Future of Possibility

n 1875, a small group of business leaders and volunteers in the Jewish community gathered to meet a growing need. They sought to help poor Jewish immigrants arriving in Cleveland who were in search of shelter, food, and a path forward in a new country. Their solution was the formation of the Hebrew Immigrant Aid Society, an organization grounded in enduring Jewish values of *chesed* (kindness), *tzedakah* (justice), and *tikkun olam* (repairing the world). That early effort would become Jewish Family Service Association of Cleveland (JFSA) – a pillar of hope and healing in Northeast Ohio for 150 years.

As the needs of Cleveland's Jewish community evolved, so too did the organization. In 1883, it merged with the Hebrew Relief Association, and by the 1920s, it was moving beyond basic relief toward structured

"They loved him – and they loved me too." – Sherry Lehman

# "This is the best job in the world."

- Dr. Susan Bichsel

social work. The name

changed to the Jewish Social Services Bureau in 1924, reflecting a broader mission. That same year, Violet Kittner became the agency's first executive director. She forged a groundbreaking partnership with Western Reserve University, helping professionalize casework as a respected discipline and laying the foundation for the agency's long-standing commitment to excellence in care.

Even then, the agency was looking not just to assist, but to transform lives. "The Jewish Social Service Bureau," Kittner wrote in 1934, "believes its work to be in the fields of prevention and

**Above photo from left:** JFSA President and CEO, Susan Bichsel, Ph.D., and Board Chair, Patty Rubin, on a recent trip to Washington, D.C., advocating for Medicaid funding.

# "It's a privilege to sit with someone and hear their story firsthand."

reconstruction: salvaging families from disaster and guiding youth away from the sorrows of broken homes." That emphasis on prevention and resilience – rather than just rescue – would become a guiding philosophy.

During the Great Depression, JFSA (as it would eventually be known) served as a lifeline to struggling families. With limited staff, it expanded its reach across the county, offering financial relief and case management at a time of widespread hardship. As the 1940s brought the devastation of the Holocaust, the agency became a key resettlement partner helping Holocaust survivors find homes, jobs, and lost family members. Under Executive Director Rae Carp Weil, who led the agency from 1940 to 1970, services expanded again to include marriage counseling, returning veteran support, and new programs for family crisis prevention. In 1943, the agency formally adopted the name Jewish Family Service Association, signaling the widening scope of its work and the increasingly complex needs it was addressing.

These changes weren't just structural; they were deeply personal for the families served. And for many, JFSA was more than an agency. It was a lifeline.

Sherry Lehman still vividly remembers the moment JFSA stepped into her life. "About 32 years ago, I was at my wits' end," she said. "My son, Michael, was in his 20s, living at home, and there weren't many programs that fit his needs. It was hard – for both of us." JFSA worked with her and a group of families to establish supervised apartments with on-site support. "Michael thrived. He had a wonderful roommate for 32 years, a job he loved, and a full, independent life," she recalled. "The staff were angels. They loved what they did – and they loved my son. They loved me too. JFSA let me live. They really did."

In the decades that followed, JFSA continued to meet the moment with compassion and innovation. The 1970s and '80s brought rising divorce rates, addiction, and the emergence of HIV/AIDS. JFSA didn't hesitate. It created Divorce Mediation Services, Parent Guidance Services, and public health education campaigns like "Living With HIV/AIDS." It developed some of the first group homes in Ohio for Jewish adults with mental illness (Council House, 1979) and intellectual disabilities (Lomond House, 1987). And in the 1990s, it launched Cleveland's first domestic violence program in the Jewish community – Project Chai.

The scope of services grew alongside the agency's reputation for effectiveness and empathy. From financial literacy education to home health care, from services for Russian immigrants to youth violence prevention programs, JFSA's menu of support addressed challenges at every life stage.

Through all of this, leadership stability played a key role in maintaining mission integrity. Remarkably, JFSA has had only eight executive directors in



Terri Steindler, JFSA Volunteer Services Committee Co-Chair, gathers gift bags to deliver to homebound older adults for Rosh Hashanah.

its 150-year history. Dr. Susan Bichsel, who has served as president and CEO since 2008, first joined the organization in 1991 to lead programming for individuals with serious mental illness, including schizophrenia. She remembers the decision to take the job as both professional and







Left: JFSA Former Board Member Sherri Lehman

Center: JFSA Volunteer Frika Gold

Right: JFSA Life Director Dee Kleinman

personal. "This is the best job in the world," she said. "As a mother of young kids at the time, I was able to integrate my worlds by including my children in meaningful volunteer opportunities. That's what makes JFSA so special – it connects deeply to every part of your life."

Board Chair Patty Rubin had a similar realization. Coming from a financial background, she initially assumed she understood nonprofit operations. But JFSA surprised her. "The breadth of what we do – from the food bank to group homes – is staggering," she said. "To walk into one of our programs or buildings is to witness something remarkable. What makes me most proud is how we treat people – with privacy, dignity, and humanity. Susie leads with her social work heart even before her business head, and that sets the tone for everyone."

Today, JFSA is a \$35 million organization with more than 500 employees and an extensive network of volunteers. One in four staff members has been with the agency for more than a decade a testament to both organizational culture and the deep meaning employees find in their work. And volunteers continue to play a vital role, offering human connection that enriches every service JFSA provides.

For people like Terri Steindler, volunteering with JFSA has been a decades-long journey. She first got involved in the 1980s working with adults with mental illness, and today she co-chairs the Volunteer Committee and serves as an interviewer for the Holocaust Survivor Legacy Project. "It's a privilege to sit with a survivor, someone who was a child during the Holocaust, and listen to their story firsthand," she said. "It's life changing. From what they've told me, having someone outside of their family listen, document, and honor their experience means the world to them."

That same deep impact is evident in the agency's continued work with Holocaust survivors. Erika Gold, herself a survivor, has been involved with JFSA for 28 years – both as a recipient of support and as a volunteer on the Holocaust Survivor Advisory Committee, which allocates funds to survivors in need. "There are more survivors than people realize, and many live on very little," she said. "JFSA helps them live with dignity. They also do so much more than people know. My favorite program is YouthAbility: It's just amazing to see young people with disabilities grow through service."

how much this agency really does." - Dee Kleinman

The Horvitz YouthAbility program is just one example of JFSA's commitment to empowerment. The program, launched in 2001, helps teens and young adults with disabilities build confidence, develop leadership skills, and give back to the community. Its impact has been recognized locally and nationally, including with the Ruderman Prize for Inclusion.

# "JFSA helps us live with dignity."

- Erika Gold

Innovation is also at the heart of JFSA's mental health work. The Center for Cognition and Recovery (CCR), directed by longtime staff member Wendy Maayan, trains clinicians nationwide in Cognitive Enhancement Therapy (CET) – a groundbreaking approach for people living with schizophrenia. "We've trained more than 43 groups in 12 states," said Wendy. "Most people don't realize that JFSA has a national footprint. But we also never forget our roots. During the pandemic, we were on the ground supporting our local community, just like always."

That blend of local and national impact is one of JFSA's greatest strengths. And as the organization grows, it continues to honor its



JFSA staff meets with families to learn about the challenges and issues they face (1954).

## "JFSA is where people turn when they don't know where to turn."

- Patty Rubin

Jewish foundation while expanding its reach across all backgrounds and faiths. It remains the central culturally sensitive resource for Jewish families in Cleveland – and a trusted, inclusive provider for the community at large.

In recent years, JFSA has grown through strategic acquisitions, including PLAN of Northeast Ohio, JFSA Akron, and the Cleveland Chesed Center. In 2023, it opened the Kindness Center – a vibrant, inclusive space for socialization, wellness, and day support programming. And in 2025, the agency anticipates the launch of the JFSA Foundation, a critical step in building a sustainable philanthropic future.

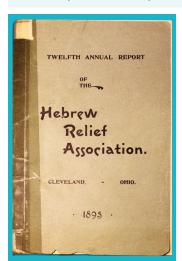
Life Director Dee Kleinman, who has been involved with JFSA for more than 25 years, sees that future through a lens of deep appreciation. "When I first started, I didn't know half of what JFSA did. Elder care, scholarships, group homes, financial assistance – it's overwhelming in the best way. I honestly don't know who would take care of all these people if JFSA didn't exist. It's a very unique organization that meets needs no one else does."

That sentiment is echoed by many who have walked through JFSA's doors – not just for services, but for purpose, connection, and community. "JFSA is where people turn when they don't know where to turn," said Patty. "It's the backbone of our Jewish community – and a gift to the entire region."

As JFSA marks its 150th anniversary, it does so not only as a celebration of its past, but as a commitment to the future, a future that promises compassion, innovation, and unwavering care – no matter what tomorrow may bring.



**Above:** Brochure describing JFSA's Homemaker Service, which provided volunteers to assist families with young children when the mother was ill (1935). **Below:** 1895 Hebrew Relief Association Annual Report; JFSA Leadership (from left): Violet Kittner, executive director, 1924-1940, and Rae Weil, executive director, 1940-1970.







## JFSA Today

JFSA's impact in Northeast
Ohio is inspiring. Whether
through JFSA Cleveland, JFS
Akron, Hebrew Shelter Home,
or the Cleveland Chesed
Center, individuals and families
find solutions to face life's
challenges with confidence.
Last year:

**35,720** kosher meals were delivered to older adults bu volunteers.

**1,279** nights of temporary emergency shelter were provided by the Hebrew Shelter Home.

499 Holocaust survivors received assistance with reparations, personal care, case management and help obtaining food, clothing and medical care.

**556** individuals living with mental illness received mental health services.

**725** families received
Kosher for Passover groceries
easing their financial burden at
Passover time.

**700** medical appointments in podiatry, ophthalmology, dentistry and geriatrics were provided through Alyson's Place Medical Clinic.

200 domestic violence survivors were helped with services throughout the community.

**382** students received \$1.8 million in grants, loans and scholarships for the 2023-2024 school year.

For more information, call JFSA at 216.292.3999 or visit jfsa-cleveland.org





## JFSA Cleveland helps individuals and families with solutions to face life's challenges with confidence.



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# Too Tight to Feel Right?

How Muscle Stiffness Can Lead to Pain (and What to Do About It)

# **Best Practice Tips** for Stretching:

- Stretch after muscles are warm (e.g., after light aerobic activity).
- Hold each stretch for at least 30-60 seconds without bouncing to avoid triggering the stretch reflex.
- Breathe deeply to promote relaxation.
- Repeat each stretch 4-5 times per session for best results.
- Avoid pain with stretching as this can indicate muscle tearing / strain.

Behm et al. (2016) – Noted that 30–60 seconds of static stretching post-exercise improves flexibility and may aid in injury prevention when done consistently.



## Why 30–60 Second Holds Works Best:

- Studies have shown that holding a stretch for at least 30 seconds allows the muscle spindle reflex (which resists change in muscle length) to relax, promoting actual elongation.
- Stretches held for > 60 seconds may offer additional benefits for adults with significant muscle tightness, reduced flexibility, or orthopedic conditions.
- Shorter durations (e.g., 10–20 seconds) may help with warm-up or temporary mobility, but are less effective for lasting lengthening of muscle fibers.

## **Stretching the Truth:**

## Why Flexibility Really **Does Matter**

Ever wake up feeling like the Tin Man before his morning oil can? You're not alone. Muscle tightness and reduced flexibility are common culprits behind many everyday aches and pains – especially as we age, sit more, and move less. While that stiff feeling might seem like a minor annoyance, it can lead to some major issues down the road – especially in the lower back, feet, knees, and neck.

Let's take a closer look at a few sneaky muscles that love to stir up trouble when they get too tight!

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# Too Tight To Feel Right? How Muscle Stiffness Can Lead to Pain (and What to Do About It)

### 1. The Psoas: A Deep Core Trouble-Maker

This deep hip flexor muscle (pronounced so-as) connects your spine to your femur and plays a big role in walking and posture. But when you sit for long periods – hello, desk jobs and TV marathons – it can tighten up like a drawstring. A tight psoas pulls on your lower back and pelvis, often leading to low back pain, stiffness, and even that "tilted forward" feeling.

Gentle Stretch: Try a half-kneeling lunge. Kneel on one knee like you're proposing marriage to your physical therapist, gently shift forward until you feel a stretch in the front of your hip, and hold for 30-60 seconds.



## 2. The Gastroc-Soleus Combo: A Sneaky Cause of Foot and Heel Pain

The gastrocnemius and soleus muscles – aka your calf muscles – attach to your heel via the Achilles tendon. When these muscles are tight, they can tug on the heel and contribute to Achilles tendon pain or plantar fasciitis, making every step feel like a punishment for taking a walk.

Gentle Stretch: Stand facing a wall, one foot forward and one foot back. Keep both heels down and bend your front knee. For the gastroc, keep your back leg straight. For the soleus, bend both knees slightly. Hold for 30-60 seconds each.

## 3. The Quadriceps: When Front-Thigh Tightness Hits the Knees

Your quadriceps – the four large muscles at the front of your thigh – are powerhouses for walking, standing, and climbing stairs. But when they get too tight (often from too much sitting or too many squats), they can tug on the kneecap and lead to knee pain, especially when going down stairs or getting up from a chair.



Gentle Stretch: While standing and holding a chair or wall for balance, bend one knee and grab your ankle behind you. Gently pull your heel toward your buttocks until you feel a stretch along the front of your thigh. Keep your knees close together and don't arch your back. Hold for 30-60 seconds.

## 4. The Hamstrings: A Hidden Pain in the Butt-Puller

Tight hamstrings, located at the back of your thighs, often get blamed for low back pain – but they also pull on the pelvis and can create deep buttock pain or discomfort when sitting. They're especially tight in people who sit a lot or haven't seen a yoga mat since 1997.



Gentle Stretch: Lie on your back with one leg bent and the other lifted straight in the air. Loop a towel or strap around the raised foot and gently pull it toward you until you feel a stretch in the back of your thigh. Hold for 30 -60 seconds, then switch sides.

## 5. The Pecs: Tight Chest, Tense Neck, Posture Problem Maker

Posture check! Are your shoulders creeping forward? Blame tight pectoralis muscles – those chest muscles that can pull your shoulders into a slouched position. This can lead to neck strain, shoulder pain, and a lovely bonus: tension headaches.

Gentle Stretch: Place your arms out to the side with your palms facing up and pull your arms back until a gentle stretch is felt in your chest.

Breathe deeply and hold for 30–60 seconds.

Perform this at different angles and try using a door

#### Why It Matters

way to support your arms.

Muscle tightness doesn't just make you feel stiff – it throws your whole body off balance. Tight muscles can change how you move, overload your joints, and set the stage for pain and injury. But here's the good news: you don't have to live like a rusty robot.

At Balance Solutions Physical Therapy, we specialize in identifying these muscle imbalances and helping you move better, feel better, and yes – stretch smarter. Whether it's low back pain from a tight psoas, heel pain that's ruining your morning walks, or knee pain that sneaks up the stairs with you, we're here with personalized care and expert hands.

Feeling tight? Don't wait until the wheels fall off. Call Balance Solutions Physical Therapy to schedule an evaluation today.

#### Your future self will thank you!

- Kelly Beaudoin, CEO Balance Solutions Physical Therapy, Inc

## Juneteenth in Beachwood

Rainy skies could not dampen the spirit at Beachwood's Juneteenth Celebration on June 19 as the event once again brought the community together in a display of unity. Event organizers closely monitored the weather conditions throughout the day and initially delayed the start of the event by one hour in hopes of keeping the festivities outdoors at Beachwood Stadium. However, persistent rain showers prompted a move indoors to the high school gymnasium.

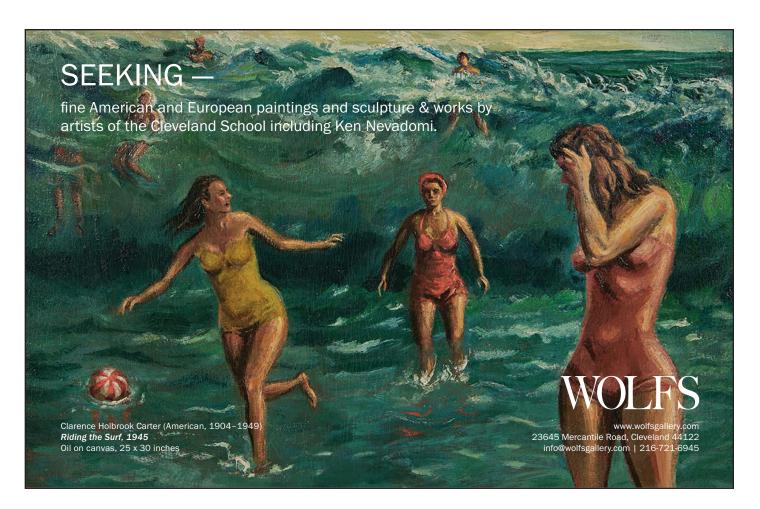
Despite the quick shift indoors, guests were welcomed by several booths from local Black-owned businesses, music, and family-friendly games and activities. Food trucks remained stationed outside, serving up a variety of meals, and once the rain finally passed through the area, the outdoor roller skating rink opened to guests.

This was the third year that Beachwood City
Schools hosted the event in partnership with the
City of Beachwood and with collaboration from the
Beachwood Schools African
American Affinity Group. The event continues to grow into a joyful celebration and tribute to freedom and unity.

"Despite the weather challenges, our community came together with resilience and joy. Moving the celebration indoors on short notice didn't dampen the spirit of Juneteenth – it only brought us closer, reminding us of the strength and unity this day represents," said Mayor Justin Berns.

"We're incredibly grateful to Beachwood City Schools and the African American Affinity Group for their outstanding partnership in hosting this important event," he added. "Their support is instrumental in creating a meaningful and memorable annual celebration for our entire community."







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## Protect the Children: A Song for the Soul

n a world that often moves too fast to pause for reflection, music can be the vessel that helps us remember, reconnect, and feel deeply again. Few songs have a story as poignant and enduring as *Protect the Children*, a powerful new track released by singer Katie Egan that was written long ago by local producer Allan Licht and lyricist Dianne Baumgartner.

Back in 1994, when Northeast Ohio was shaken by the disappearance of Amy Mihaljevic in Bay Village, Allan poured his heart into a song that captured the grief, urgency, and hope that so many felt. The lyrics, co-written with Dianne, were a call to awareness - a musical plea for protection, for attention, for love. It was recorded quietly at Beachwood Studios by an extraordinary group: Ann Cochran, David Byrd, and Michael Cavanaugh. Despite the talent and passion behind it, the recording sat - untouched - for 31 years.

"Perhaps the world wasn't ready," Allan said. "Or perhaps it was waiting for Katie."

In 2025, moved by the continued challenges faced by children – abduction, violence, neglect, online exploitation, and emotional isolation – Allan returned to the song, rewriting the bridge to reflect today's truths. Then, in the humble heart of Voracity Studios (formerly Beachwood Studios), the song was reborn.

Katie, with her hauntingly pure and heartfelt vocals, brings new life to the message. "There's something undeniably real in her voice," Allan said. "A trembling strength that carries both sorrow and fierce compassion. It's the kind of voice that doesn't just sing, it reaches you."

In *Protect the Children*, Katie doesn't just sing a song. She gives a voice to every child who has been silenced, hurt, or forgotten.

Produced and arranged entirely by Pete Tokar, this updated version of *Protect the Children* isn't just a tribute to the past, it's a wake-up call to the present. It's a reminder that every child matters and that it is our

shared responsibility to look out for them – to truly protect them.

Allan's devotion to music has always come from a place of deep emotion. He writes not just to entertain, but to move, to connect, to heal. His commitment to children – to their safety, their voice, their future – is what makes this release a gift, a lifeline, and a legacy.

To listen to *Protect the Children* is to turn a moment of your day into something sacred. It is to honor not just Amy Mihaljevic, but every child who has been overlooked, neglected or discounted. It is also to hear a message that echoes deeply: "Together, as a community – not on our watch."

Deepest gratitude to everyone who helped bring this powerful song to life. This song, under the ABL Records 2025 label, is available on all streaming platforms.



## The Reason We Sing

Following the long-awaited release of *Protect* the Children, another powerful song written by Allan in 1994 has now found its voice. The Reason We Sing, originally composed for The Singing Angels, remained unrecorded for over 30 years – until last month.

"I'm very grateful to have had the opportunity to have the group perform and record this song now," Allan shared. "When I first wrote *The Reason We Sing*, it was meant to reflect the joy,



hope, and unity that music can bring – not just to the performers, but to everyone who listens. To hear it finally come alive through these incredible young voices, all these years later, is deeply moving. It reminds me why we create in the first place – to lift each other up and to leave something lasting behind."

Fifteen Angels came together to bring this heartfelt piece to life: Grace Bailey, Alison Gigax, Ariana Louise, Gabriella Alafi, Isabella Martin, Aiden Baranovic, Jonathan Wright, Ryley Wright, Makayla Walton, Denali Washington, Gael Cano, Bella Cano, Josie Brady, Peter Zarcone, and Byron Andrew Nicol.

As with *Protect the Children*, this track was recorded by Pete Tokar at Voracity Studios and released under the ABL Records 2025 label. Both songs are now available on all streaming platforms – timeless messages, finally shared with the world.

## Papa's Path™ Announces Third Annual Walk and Parade

apa's Path™, a nonprofit initiative created by the Babbush family in honor of Chuck "Papa" Babbush's Parkinson's journey, proudly announces its Third Annual 24-Hour Walk for Parkinson's, set for 9 a.m., Saturday, Aug. 2, through 9 a.m. on Sunday, Aug. 3. Participants will gather at Beachwood High School's track for 24 hours of continuous walking, symbolizing the ongoing challenges of those living with Parkinson's.

Then, on Sunday at 9 a.m., the event will transition to a 2.3-mile community parade from Beachwood Middle School to UH Ahuja Medical Center, followed by a family-friendly celebration beginning at 10 a.m. at UH Ahuja's Parking Lot C.

This year's event will feature expanded programming with hands-on movement classes, creative therapies, and interactive vendor activities, enhancing support for individuals with Parkinson's, their caregivers, and families. It will also include food trucks and family-friendly fun for all who attend - whether for an hour or the full 24 hours.

Funds raised support the Babbush Family Fund for Parkinson's Education. Research, and Innovation, which partners with University Hospitals to expand clinical research, train neurologists and care teams, and provide practical resources through the Steady Essentials Toolbox™, a tested collection of adaptive daily living tools to assist those with Parkinson's. Since launching in 2023, Papa's Path has raised over \$230,000 to directly improve the lives of individuals with Parkinson's.

The Babbush family's hope is to continue building a community that supports and uplifts everyone touched by Parkinson's.

There is no registration fee and anyone can participate whether for an hour or 24 hours – in person or virtually. Visit www.papaspath.org for details and registration, or contact Amy Eisenberg at aeisenberg0510@gmail.com.

## PAPA'S PATH Our journey with Parkinson's

#### About Papa's Path™

Founded by the Babbush family after Chuck Babbush's Parkinson's diagnosis and DBS surgery, Papa's Path is an established 501(c)(3) nonprofit organization dedicated to improving daily life for those affected by Parkinson's through community, innovation, and education.

#### **Papa's Path New Branding**



The elephant is more than a meaningful mark – it's a symbol of resilience, strength, and togetherness. Like elephants, those living with Parkinson's face daily challenges but keep moving forward, adapting to obstacles and relying on their circle for support.

This elephant was painted by "Papa" himself – a compassionate surgeon turned artist who found hope and healing through art after his Parkinson's diagnosis. His spirit of persistence and creativity is at the heart of the organization's mission: to keep moving forward with courage and community.

Every step with Papa's Path brings greater awareness, understanding, and hope. Like the elephant, we are stronger together.

Don't miss this meaningful event! Admission is free. Join the Babbush family and our community to make a difference for those living with Parkinson's.

Be sure to visit www.papaspath.org, a newly rebranded website, where you'll find resources, support, and inspiration to empower individuals and families navigating Parkinson's.

#### Third Annual 24-Hour Walk for Parkinson's

Registration: Saturday, Aug. 2 • 9 a.m. • Beachwood Middle School Walk: Beachwood High School Track, 24 hours

Parade: Sunday, Aug. 3 • 9 a.m, ending at UH Ahuja Medical Center Celebration: Sunday, Aug. 3 • 10 a.m. • UH Ahuja Medical Center, Parking Lot C

**Registration Fee:** Free (donations and sponsorships welcome)

Sponsorship opportunities are available at all levels. Visit www.papaspath.org for details.

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## BAKED by Abbie

## German Apricot Cake – Aprikosenkuchen

pricots originated in Central China and Central Asia around 3000 BC. They were introduced to Europe through the Silk Road by the Romans and Greeks and to North America by French and Spanish explorers in the 17th and 18th centuries.

Today, apricots are cultivated on every continent except Antarctica, with world production dominated by Turkey. Turkish apricots are known to have more subtle flavor and less natural acidity than others, likely due to the perfect growing climate there. In this country, California is the largest producing state, followed by Washington, with the growing season peaking in early summer.

The short and unreliable growing season has given rise to the common Egyptian

Arabic expression "filmishmish," meaning "in apricot season," which is used similarly to, "when pigs fly" (Wikipedia).

This recipe was adapted from Florence Fabricant's *New York Times* recipe.



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#### Ingredients

- 1/2 C unsalted butter, softened
- 34 C all-purpose flour + 2 T, divided use
- ¾ t baking powder
- 1/4 t salt
- 1 t cinnamon (optional)
- 1 C light brown sugar
- 3 eggs
- 1 t vanilla extract
- ½ 1 t almond extract (optional)
- 1 t lemon zest
- ½ 1 t apricot brandy or schnapps (optional)
- 8-10 small ripe apricots, halved and pitted (canned apricots can be substituted if fresh ones are unavailable)
- 2 T sugar, either granulated, vanilla, cinnamon or turbinado

#### **Directions**

Preheat oven to 350° F. Use a little of the butter to grease a 9-inch spring-form baking pan. Dust the pan with 1 T flour and shake off excess. Wrap the bottom of the pan with foil to catch leaks. Sift ¾ C flour with baking powder, salt and cinnamon if using, in a small bowl and set aside.



- With a mixer, cream remaining butter with brown sugar. Beat in the eggs, one at a time. Add the flour mixture. Mix. Add vanilla and almond extracts, lemon zest, and booze if using. Mix.
- Spread batter into prepared pan. Dip cut side of apricot halves into the last T of flour before arranging on top.
  Bake for about 25 minutes, until the top of the cake looks firm and is beginning to brown.
- Sprinkle with 2 T sugar of choice. Bake another 10-15 minutes until cake is nicely browned.
- Cool cake for 10 minutes before removing sides.
- Garnish with a light dusting of powdered sugar and slivered almonds.

Abbie Nagler Sender, a licensed, award-winning baker, is the owner of BAKED by abbie, a home bakery that offers customized baked goods with a Jewish twist.





## Will the Trump Tax Bill Close Ohio Rural Hospitals?

By State Senator Kent Smith

ith the passage of President Trump's tax and budget priorities legislation, Ohio hospitals are at risk – especially those in rural areas. In fact, the American Hospital Association projects that, due to new federal cuts to Medicaid, a national health insurance program that serves millions

of low income and disabled Americans, Ohio's rural hospitals will lose an estimated \$2.5 billion.

Only three other states will see a larger loss of rural Medicaid funding.

More than 300 hospitals could be at risk for closure under the Republican bill, according to an analysis by the Cecil G. Sheps Center at the University of North Carolina at Chapel Hill, which tracks rural hospital closures. Their analysis suggests that the loss of federal funds will put 11 rural Ohio hospitals at risk of closure.

The loss of a hospital would be a double whammy for smalltown Ohioans as it will not only

put healthcare services at risk for thousands of families, but it will also have a devastating financial impact due to the loss of jobs. Almost all hospital jobs pay a living wage and in many of these rural counties, the hospital is the largest employer.

As the impact of the Medicaid cuts become more evident, the Ohio General Assembly will be forced to grapple with how to support rural communities that may be losing their access to healthcare and thousands of jobs. Stay tuned.

#### **Townhall Meetings**

In August, Sen, Kent Smith will host 13 townhall meetings in 16 days – beginning in Beachwood. Dates are listed. Please visit ohiosenate.gov/ members/kent-smith for times and locations.

- Beachwood Library Tuesday, Aug. 5 • 6:30 p.m.
- · Aug. 6 · Bedford
- Aug. 8 Maple Heights
- Aug. 9 University Heights
- Aug. 10 Cleveland Heights
- Aug. 11 South Euclid
- Aug. 12 Richmond Heights
- Aug. 13 Warrensville Heights
- Aug. 15 Orange
- Aug. 16 Shaker Heights
- · Aug. 16 · Collinwood
- Aug. 18 Garfield Heights
- · Aug. 20 · Euclid

State Senator Kent Smith represents Ohio's 21st Senate District which includes most of the East Side suburbs of Cuyahoga County and about 33% of the City of Cleveland.



## We The People By Jennifer Stern



rowing up – even when raising my kids – I took so much for granted. How fortunate I was to have had the luxury of such naivety, living without true thought to the protection and preservation of democratic values (democracy in principle, not political party). These values are the true foundation of what makes America great – and they remain true whether a Republican or Democrat holds the presidency.

Nixon, Ford, Carter, Reagan, Bush, Clinton, George W. Bush, Obama, and Biden – all flawed, all imperfect, yet each steadfast in their commitment to protect our democracy and uphold the founding principles that made America feel, for the most part, safe, respected, and united. Our presidents once represented the entire nation – speaking on behalf of all Americans, not turning against those who held different policy views.

Many of you may feel angry, annoyed, or dismissive about my perspective. *I get it!* This isn't about being Republican or Democrat. I no longer recognize either party, as both have been overtaken by extremist voices chasing the loudest sound bites.

The middle path – where collaboration, compromise, and the desire to work on behalf of we the people, across the aisle – has completely disappeared. It's been replaced by vengeance, an us against them mentality, forgetting that we are all citizens of the United States. It's also been replaced by an obsession with being right, even when the consequence for claiming so threatens to destroy the very core values of Democracy.

I believe in protecting the core values of our democracy – and I believe more of us do than don't. Yet many elected officials on both sides have become complicit. Their voices and their spines have been weakened by divisiveness, extremism, and the fear of political ruin for daring to honor – and fight for – the shared values that truly make America great:

#### • Individual Freedom:

Democracy protects the right to assemble peacefully. Democracy protects the rights of individuals to express their opinions and practice their religion freely.

- Rule of Law: Everyone, including those in power, is subject to and accountable under the law.
- Free and Fair Elections:
  Regular elections with
  universal suffrage (the
  right of all citizens to vote)
  are essential to choose
  representatives and hold them
  accountable. The peaceful
  transfer of power is imperative.
- Respect for Human Rights:
   Democracy upholds inherent dignity and rights of all individuals, ensuring they are protected from oppression and discrimination.
- Equality: Democracy strives for equal rights and opportunities for all citizens, regardless of background or social status.
- Justice: A democratic system aims to be fair and impartial in its application of the law and its treatment of all citizens.
- Tolerance: Democracy recognizes the diversity of

opinions and beliefs within society and encourages respect for those who hold different views.

- Civic Engagement: Active participation of citizens in the political and social life of their community is crucial for a healthy democracy.
- Transparency and Accountability: Democratic governments should be open and honest in their actions and decisions, and those in power should be answerable to the people.
- Separation of Powers:
   Dividing governmental power among different branches
   (legislative, executive, judicial)
   helps prevent any one branch from becoming too powerful.
- Independent Judiciary: An impartial and independent court system is essential for upholding the rule of law and protecting individual rights.

I am not speaking for or against a political party. I am speaking for the intentional and united protection and preservation of our core democratic values so that the United States doesn't lose what truly makes us a great **Democracy**. We the people must not become apathetic, complicit, or hopeless.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243, or visit www.transformativegrief.com and sign up for monthly posts.

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## Partnership with UH Ahuja Medical Center Brings Hands-On Learning to Beachwood Students

niversity Hospitals Ahuja Medical Center recently hosted an immersive medical academy with Beachwood High School designed to give students real-world experience in healthcare.

Students excited about careers in healthcare gained valuable insight into the many ways they can one day make a meaningful difference. The medical academy was founded in 2014 by Dr. David Rosenberg, MD, MPH, pulmonologist, and medical director of the University Hospitals Ahuja Lung Center. Dr. Rosenberg is a Beachwood High School graduate.

During the two-day academy, students gained exposure to experts at University Hospitals in the fields of cardiology, pulmonary medicine, nursing, and more. Hands-on activities, including lung and heart dissections, interactive seminars, and live demonstrations, offered real-world insights. Students also explored advanced topics like surgical robotics and healthcare administration, broadening their understanding of the diverse opportunities within the healthcare field.

"Experiential activities can often be more stimulating and impactful for young minds than traditional classroom instruction," said Dr. Rosenberg. "This has become the foundation for many activities designed for the Beachwood Medical Academy. Through these activities, we want to excite high school students about potentially pursuing

careers pertaining to healthcare delivery and the health sciences."

"The Beachwood Schools are fortunate to have developed a strong partnership with UH Ahuja over the last 10 years," added Linda LoGalbo, Ed.D., director of curriculum and instruction

at Beachwood Schools. "We are extremely thankful to Dr. Rosenberg and the entire UH Ahuja team for providing meaningful learning opportunities that provide our students with real-world experiences and valuable insight into careers in the medical field."



Dr. Rosenberg leads students through a lung dissection.



#### **Sharon Agin Rosenberg**

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# Believe in Dreams: Fulfilling Dreams for Resilient Youth in Northeast Ohio

Believe in Dreams, located in Beachwood, is transforming the lives of local children who have faced profound non-medical adversity, helping them access opportunity, connect to their community, and believe in their futures.

Founded in 2014 by Cleveland entrepreneur John DiJulius III and his son, Cal, Believe in Dreams was born from both personal tragedy and deep empathy. John, who rose from humble beginnings with the support of his family and community, lost his wife, Stacy, in 2009. Cal witnessed firsthand how vital community support and resources were in helping his own family heal – support that too many other children never receive. Together, they recognized how opportunity and belief can change a child's path, especially for those who have survived trauma without a safety net.

From that vision grew Believe in Dreams, an organization dedicated to granting individualized dream experiences for youth ages 5–18 who have endured non-medical traumas such as foster care, loss of a parent, incarceration of a parent, or other adverse events.

Believe in Dreams partners with more than 100 nominating organizations – schools, coaches, mental health professionals, community groups, synagogues, churches, and others – who identify youth who have shown extraordinary character and motivation despite significant hardships. Nominees are generally at or near poverty levels and unable to access opportunities that many peers take for granted, like classes, equipment, lessons, or even a bed of their own.

Once identified, the Believe in Dreams team works with each child to design a customized dream experience. These dreams might include art classes, a computer, sports equipment, music lessons, or a special celebration – anything that helps a young person grow, connect to their community, and build hope.

Avery, a University Heights resident, was nominated by her therapist after losing her father. Despite this loss, she has shown incredible resilience, intelligence, and kindness. Avery's dream was to celebrate with a Bat Mitzvah party. Believe in Dreams partnered with several companies to make that dream come true, culminating in a special day of bowling at RollHouse with her friends and family – creating lifelong memories.

"As a result, Avery has deepened her connection to her Jewish identity," said Lauren, Avery's mom. "She made meaningful connections and we are excited to see what her future holds as a young Jewish woman.

"Seeing Avery's dedication has encouraged my own spiritual growth," Lauren added. "I have also been greatly impacted by the support of BID and the community. The amount of care and love that we have received has been immeasurable."

Unlike many wish-granting programs, Believe in Dreams maintains lasting relationships with dreamers through alumni events, mentorship opportunities, and skills training programs. The organization also partners with researchers at Case Western Reserve University to measure impact through pre- and postdream surveys, ensuring that each child's progress is supported and tracked.

Dreams are made possible by generous sponsors, donors, and volunteers. Whether you're an individual who wants to help, a business interested in sponsorships, or someone with a unique in-kind auction item to contribute, Believe in Dreams invites you to get involved. Opportunities include:

- Dream Granter: Provide items, tickets, services, or job-shadowing opportunities.
- Youth Mentor: Spend
   1-2 hours a month with a young dreamer, through a partnership with Big Brothers
   Big Sisters of Cleveland.
- Event Volunteer: Assist with an exciting community fundraiser.
- Friends of BID Committee:
   Join a group of professionals working to expand Believe in Dreams' mission and reach.

"Our volunteers, sponsors, and donors ensure that youth in our community have the chance to build a brighter, more resilient future," said Katie Eichenauer, executive director. "We strive to make a lasting impact on dream recipients and their families. That's why we're here. We thrive on working with the community





Avery's dream of having a Bat Mitzvah party came true. Photo courtesy of Believe in Dreams.

to make kids' dreams come true.

"In addition to soliciting for current dreams, we welcome last-minute opportunities – like theater or sports tickets – which are gifted to program alumni to further support them," she added.

Since its inception in 2014, Believe in Dreams has fulfilled more than 820 dreams – including 106 in 2024 alone – a powerful testament to how community, hope, and opportunity can change the trajectory of a child's life.

## Believe In Dreams 2025 Pickleball for Purpose Saturday, Oct. 4 • 4:30-10 p.m.

Western Reserve Racquet & Fitness Club 11013 Aurora Hudson Rd. • Streetsboro

Gather your loved ones and make unforgettable memories at Believe In Dream's Pickleball for Purpose. This first-time event will offer a Round Robin Social, Competitive Tournament, and Spectator and/or 1-Mile Walk.

For complete details and to register, visit believeindreams.org and click on the events link, or contact katie@believeindreams.org.





## Rising Talent: Gryffin Wu Hits High Notes on the Piano Stage

en-year-old Gryffin Wu of Beachwood is making waves in the classical music world with his growing list of piano achievements. A passionate musician and disciplined student, Gryffin has been playing piano for just four years but is already demonstrating remarkable skill and dedication.

In the past year alone, Gryffin has earned top honors in several prestigious competitions. Most notably, he was named Grand Prix Winner at the 2024 Stars of Summer competition. He also took Second Place at the Paul E. Graves Piano Competition in Columbus in March 2025, a highly competitive statewide event.

This past fall, Gryffin won the Ohio Music Teachers

Association (OMTA) Buckeye District Competition, proudly representing Northeast Ohio. He then advanced to the Buckeye State level that took place in Miami University, Oxford, on June 14, where he received an Honorable Mention - a notable accomplishment among many talented young pianists from across the state.

Beyond competitions, Gryffin's journey with music is deeply personal. His love for piano shows in the time he commits to his craft and the joy he brings to every performance. His family, teachers, and local community are excited to see where his musical path leads next.

Gryffin is just getting started, and Beachwood will be cheering him on every step of the way.



### **BHS Class of 2005 Reunion**

The Beachwood High School class of 2005 will hold its 20-year reunion on Friday, Nov. 28,

7:30 p.m., at PINS Mechanical, 1880 W. 25th Street. There is no cost to attend.

**Ouestions? Contact Alex Gardner** at BeachwoodHSClassof2005@ amail.com.





# The Imst



Keeping you connected to The City of Beachwood!

August 2025

## The Mayor's Message

## **Stronger Together: How Partnerships Are Shaping Beachwood's Success**

#### Dear Beachwood Residents.

One of the greatest strengths of any community lies in its ability to work together and, here in Beachwood, collaboration continues to drive meaningful progress across every corner of our city. As mayor, I believe authentic leadership is built on partnership — working side by side with residents, city council, businesses, schools, safety forces, and regional allies to move forward together.

"As mayor, I believe authentic leadership is built on partnership working side by side with residents, city council, businesses, schools, safety forces, and regional allies to move forward together."

This spirit of cooperation is most evident in the city's growing partnership with the Beachwood City School District. This year, we once again co-hosted the annual Juneteenth Community Celebration, a meaningful event that reflects our shared commitment to inclusion, education, and unity. We've also expanded collaboration between the district's summer school

program and our city's summer camp, giving students a seamless blend of academic and recreational opportunities.

We know that strong schools are the foundation of a thriving community. That's why we've deliberately structured our city's tax budget to keep taxes flat from 2024 through 2026. By collecting just 1.6 mills and suspending 2.4 mills, we're ensuring that our residents, local businesses, and the school district all benefit from thoughtful financial stewardship.

Safety is another area where partnerships are essential. Through mutual aid agreements with neighboring cities, Beachwood can expand its emergency response capabilities and share resources when seconds matter most. We also maintain a strong relationship with federal law enforcement; one of our officers is currently serving on the FBI's Joint Terrorism Task Force (JTTF). Additionally, our collaboration

with the Jewish Federation of Cleveland helps us stay ahead of emerging threats while building community resilience.

Economic growth doesn't happen in isolation;

it's fueled by teamwork and regional vision. Through our partnership with Team NEO, Beachwood successfully welcomed Millennium Control Systems as they relocated their global headquarters to our city. We also work closely with the Beachwood Chamber of Commerce, which continues to play a vital role in supporting our business community and hosting events such as the annual State of the City address.

Looking ahead, one of our most exciting developments is the result of Beachwood's partnership with the City of Cleveland to finalize the purchase of nearly 43 acres in Chagrin Highlands. This acquisition opens the door for new development opportunities that will strengthen Beachwood's position as a regional hub for innovation and investment.

Each of these initiatives is a reflection of what we can achieve when we work together. As we look to the future, I remain committed to leading with transparency and collaboration while advancing the partnerships that empower our community to thrive. Thank you for continuing to be an essential part of Beachwood's success. Together, we are stronger.

Sincerely,

**Mayor Justin Berns** 

MayorBerns@beachwoodohio.com

#### Beachwood City Council



How To Email A Council Member: FirstName.LastName@BeachwoodOhio.com



Alec Isaacson Council President 216.291.2797



Danielle Shoykhet Council V.P. 216.212.9212



Iillian DeLong 216.509.3514



Ioshua 650.464.6788



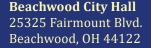
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Stern 240.706.7478



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BUILDING DEPARTMENT 216.292.1914

CLERK OF COUNCIL 216.595.5493

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## **Legislative Update**

June 16 Council Meeting

The city is focusing on six key areas essential for the city's advancement, which serve not only as a roadmap, but as a guiding light for our city's progress. Each legislative update highlights these areas.

**Public Safety:** The City Council approved a temporary exception to add one extra Police Dispatcher position. This will ensure the dispatch center stays fully staffed while a new dispatcher is trained to replace a staff member who is expected to retire this fall.

**Fiscal Responsibility:** City Council voted to approve the 2026 tax budget. The city will continue to collect just 1.6 mills, with 2.4 mills suspended—deliberately structured from 2023 to 2026 to keep taxes flat, benefiting all Beachwood residents, our business community, and the Beachwood City School District. 2026 is the final year of this agreement with Beachwood Schools.

**Community Engagement:** Council members approved a contract with SuperGames to rent inflatables, games, and other equipment for the City of Beachwood's 2025 Fall Festival.

## New Community Resource Available: The Citizen's Guide to City Council

Beachwood residents now have a new tool on the city's website to help them engage more actively with their local government: The Citizen's Guide to City Council.

This easy-to-use digital guide is designed to help community members understand how the Beachwood City Council operates, participate in meetings, and access key information. Whether you're new to local government or simply want to stay informed, the guide provides clear and helpful insights into the council process.

Active resident involvement is essential for a transparent and collaborative community. The Citizen's Guide aims to make participation more accessible for Beachwood residents.



Scan the QR code or visit BeachwoodOhio.com.

STAY ENGAGED IN YOUR COMMUNITY:



Meeting agendas, minutes including legislation, live and recorded meetings are available on our website at BeachwoodOhio.com or please attend an upcoming meeting.

## 2025 Summer Scenes & Celebrations



Beachwood Family Aquatic Center's June 26 Pool Party



BFAC Leaf Party Day



Teen Night at the Courts



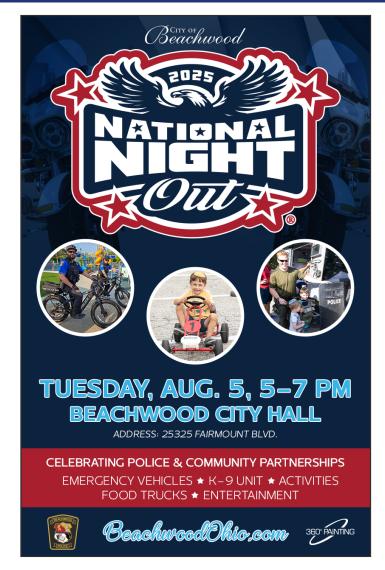
Mayor Berns pictured with the African American Affinity Group.





See more about the Junteenth Celebration on page 14.

## Work - Live - Learn - Thrive



## **Patriotic Painting**

Each Fourth of July, the City of Beachwood honors America with a patriotic tradition. The Community Services Department paints a massive American flag on the City Hall lawn, creating a unique tribute to the nation's birthday.

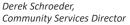
This display has been a Beachwood staple for over a decade, symbolizing both community spirit and national pride.

Special thanks to Community Services Director Derek Schroeder and Program Manager Shannon Diamond for their continued leadership in bringing this tradition to life each year.



An overhead look at the American flag painted on the City Hall lawn.







Shannon Diamond, Program Manager

## Stay Alert for School Zones and Traffic Laws

With the new school year beginning on Aug. 13 for Beachwood City Schools, the City of Beachwood urges all residents to stay alert and prioritize student safety, both on the roads and in school zones.

Children walking to and from school or waiting at bus stops are particularly vulnerable. It's everyone's responsibility—parents, students, and especially drivers—to remain attentive and cautious. Be sure to watch for pedestrian crossings, reduce your speed in school zones, and strictly follow all school bus stop laws. These simple steps can help prevent accidents and protect young lives.

To help ensure a safe environment, Beachwood Police and School Resource Officers will be actively monitoring traffic near schools. Drivers are reminded to come to a complete stop for school buses when students are boarding or exiting and to obey all posted speed limits in designated school zones.

Understanding and complying with Ohio's school bus laws is critical:

 On roads with fewer than four lanes, drivers traveling in both directions must stop at least 10 ft. from a stopped school bus with



flashing lights and an extended stop arm. Drivers need to remain stopped until the bus moves or the driver signals it is safe to proceed.

• On roads with four or more lanes, only drivers moving in the same direction as the school bus are required to stop.

By staying informed and alert, we can work together to ensure every student enjoys a safe start to the school year.



## Help Keep Our Neighborhood and Waterways Clean: Proper Disposal of Dog Waste

Dog ownership comes with many joys — and a few responsibilities. One of the most important is properly disposing of your pet's waste. While it may seem like a small act, where and how you throw away dog feces has a significant impact on both our community and the environment.

#### **A Growing Concern**

Lately, Beachwood Public Works noticed an increase in improper disposal of dog waste in our neighborhood. Some residents have been placing dog feces in:

- Other people's garbage or recycling hins
- Brown paper bags intended for yard and landscape waste
- Catch basins and storm drains

While these may seem like harmless shortcuts, they create real problems.



#### Why It Matters

Dog waste contains bacteria, parasites, and nutrients that can be harmful to people and the environment. When it ends up in catch basins or storm drains, it doesn't get treated — it flows directly into local rivers and lakes, polluting our water and harming wildlife.

Putting it in landscape waste bags contaminates organic material that's meant for composting. And using someone else's bin is simply inconsiderate — no one wants to open their trash to find a surprise.

#### The Right Way to Dispose of Dog Waste

Always bag your dog's waste and place it in your own blue garbage bin designated for regular trash. This ensures it's handled properly by the municipal waste system and doesn't interfere with recycling or composting.

#### Let's Work Together

Keeping our neighborhood clean and protecting our local waterways is a shared responsibility. By disposing of dog waste correctly, you're not only being a responsible pet owner — you're also contributing to a healthier, more respectful community and environment.

## **Use Your Recycle Cart**

It might not seem like a big deal, but tossing regular rubbish into your recycling cart can cause a lot of problems. Even a few wrong items can mean an entire load gets sent to landfill instead. It also makes recycling more expensive and puts extra pressure on the people who have to sort it all out by hand.

When in doubt, throw it out (in the rubbish cart). If you're running out of space in your rubbish cart, you can buy an extra one for \$80, by credit card, by calling Beachwood Public Works at 216.292.1922.

A little effort goes a long way. Let's keep rubbish out of the recycling cart and make sure our recycling actually gets recycled!

## Final Free Community Shred Day of 2025

Residents can bring personal documents, mail, and files to have them shredded on-site. This is a free service for Beachwood residents! Proof of residency (driver's license) is required. Please use paper bags and banker boxes only, no plastic grocery bags.

A Recycling Awareness Grant from the Cuyahoga County Solid Waste District supports this community service.

Join us Friday, Sept. 12, from 3 – 6 p.m. at the Fairmount Temple property (23737 Fairmount Blvd.) parking lot, rain or shine.





Our furry friends always have a great time at Barkwood, but want to remind you that, "We fetch, you scoop! Be a responsible paw-rent and keep Beachwood beautiful." (Photo: Alyse M.)



## August Recreation Guide

## **Taylor Swift Takeover for Fall Festival Concert**



Are you ready for it? Taylor Swift's biggest hits are coming to Beachwood's annual Fall Festival — with a twist! The Miss Americanas, an electrifying Taylor Swift tribute band formed in 2023, will headline this year's Fall Festival kickoff concert. Rather than impersonating the pop icon, this powerhouse group delivers high-energy vocals, creative mashups, and bold rock arrangements that celebrate all of Taylor's eras — from *Fearless* to *Midnights*. It's the ultimate *Enchanted* evening for fans of all ages, completely family-friendly.

Join us on Saturday, Sept. 27, at 7:30 p.m. outside the Community Center for an unforgettable night under the stars, capped off with a dazzling firework show. Admission is free and open to the public.

Before and during the concert, families can get in on the fun with friendship bracelet crafts, a photo booth, and other Swiftie-inspired activities. Light snacks and refreshments will be available for purchase.

The 2025 Fall Festival is proudly presented by Crestmont Automotive.

The Miss Americanas is the Ultimate Unofficial Live Band Taylor Swift Tribute. The Miss Americanas and all events are fan-sponsored and are not endorsed by or affiliated with TAS Rights Management, Taylor Swift, or their affiliated entities.



BEACHWOOD ART GALLERY:

Color. Light. Place. | July 14 - Aug. 31 | Located inside the Beachwood Community Center An immersive exhibition featuring work by Maureen Lanza, Richard Litwin, and Marilyn Shaker.



## Beachwood Community Theater Announces *Grease: The Musical*

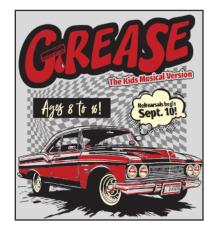
Calling all young stars! Beachwood Community Theater's fall youth production of *Grease: The Musical* is revving up for an exciting showcase of singing, dancing, and T-Bird-approved fun. Led by Marquee Showcase Productions, this high-energy program is open to kids ages 8-16 who are ready to shine. Great role opportunities are available for boys interested in singing!

Rehearsals will take place on Wednesdays, Sept. 10-Oct. 29, from 4:30-6:30 p.m. at the Beachwood Community Center. The final performances are set for November 1 and 2 at 2:00 p.m. at Beachwood Middle School.

All registered participants will audition on the first day, Sept. 10, to determine roles. Audition materials will be emailed in advance, so

kids can come prepared to steal the show.

To sign up, visit our webiste at BeachwoodRec.com or call 216.292.1970. The production fee is \$300 for residents and \$360 for non-residents. Don't miss your chance to be part of this iconic musical — because this fall, *Grease* is the word!



## **BFAC Back-to-School Hours**

The fun in the sun isn't over yet! Please note our back-to-school hours at the Beachwood Family Aquatic Center which are in effect from Aug. 13 through Sept. 1.

During this time, we do our very best to keep all amenities open and available as often as possible. However, certain areas of the pool may be temporarily closed or placed on a rotation due to attendance and/or lifeguard staffing levels. Our top priority is maintaining a safe environment for all patrons.

- Monday-Wednesday CLOSED
- Thursday-Friday
   6:15-8:30 a.m. (Lap Swim)
   4:00-8:00 p.m. (Open Swim)
- Saturday-Sunday
   9:00-10:45 a.m. (Lap Swim)
   11:00-7:30 p.m. (Open Swim)









## **Beachwood Seniors**

- Seniors Create Boho Flower Wall Hanging
   Wednesday, Sept. 3, 1:00 p.m., Beachwood Community Center
   New! Create a a decorative flower wall hanging craft
   upcycled from egg cartons. Led by Shannon Diamond.
   Residents are \$15, non-residents are \$18.
- Drawing Class Insects
   Tuesdays, Sept. 9-Oct. 21, 10:00 a.m. or 1:00 p.m.
   Beachwood Community Center
   Drawing with Marlene Weinstein returns with a new insect inspired theme. All levels welcome whether novice or experienced hand. Residents are \$79, non-residents are \$89.

## **August Meet & Eat**

Murder Mystery Lunch Thursday, Aug. 21, Noon, Community Center Residents \$13, Non-Residents \$16, Program Only \$5 Register by Aug. 14.

Step right up into the center ring ... if you dare! Welcome to the most death-defying spectacle known to man as Beachwood's Murder Mystery Lunch takes on a circus theme. Can you uncover the killer among us during this interactive Meet & Eat experience full of twists and turns?

Meal choices include a quarter-pound kosher style hot dog, a one-third pound all beef hamburger, or a veggie burger. All entrees served with baked beans, chips, a beverage and an ice cream novelty.

## Where Business Is Booming!

The Latest News From Economic Development

# **Business Compass Podcast: Fostering Economic Growth featuring Mayor Justin Berns**



Left to right: Cathy Bieterman, Economic Development Director; Justin Berns, Mayor

The latest episode of the Beachwood Business Compass Podcast features an engaging conversation with Mayor Justin Berns, offering a look at the business opportunities on the horizon for Beachwood. Joined by the city's Economic Development Director, Mayor Berns outlines the strategic initiatives underway to attract and retain key businesses that align with Beachwood's growing and emerging industry clusters.





Listeners will learn about the city's thoughtful and proactive approach to economic development, including the use of targeted tools and partnerships designed to foster sustainable growth. Mayor Berns highlights the importance of collaboration between his administration and City Council to ensure that new developments not only enhance the city's economic base but also support the premier amenities for the residents of Beachwood.

Looking ahead, Mayor Berns shares his commitment to advancing long-term projects that strengthen infrastructure, support business expansion, and improve access and public safety, solidifying Beachwood's position as a top-tier community in the region.

Tune in to hear how strategic leadership and forward-thinking policies are shaping the future of Beachwood's economy.

## Millennium Control Systems Opens Global Headquarters in Beachwood

Millennium Control Systems, a leading provider of industrial automation and control systems, has officially opened its new global headquarters in the City of Beachwood. After an extensive search spanning over a year, the company selected the newly renovated facility at 23550 Commerce Park as its new home.

The building, revitalized through a public/private partnership between the City of Beachwood and Industrial Commercial Properties (ICP), proved an ideal fit for Millennium's operations. The city played a key role in supporting the relocation, recognizing the company's alignment with Beachwood's growing industrial sectors and its potential to diversify the local economy by bringing both manufacturing and corporate operations.

"Millennium's decision to headquarter in Beachwood highlights our city's strength as a center for innovation and growth," said Mayor Justin Berns. "We look forward to a lasting partnership rooted in shared values — advancement, opportunity, and community."

The grand opening event featured remarks from Beachwood Mayor Justin Berns, Lieutenant Governor Jim Tressel, Grenzebach President and CEO John Fluker, Millennium Corporation President and CEO Joseph Chuhran, and Team NEO CEO Matt Dolan. Guests then toured the facility and joined in a celebration with more than 70 employees and their families — now proud members of the Beachwood community.



Ribbon cutting at 23550 Commerce Park.



Left to right: Mayor Justin Berns, Lieutenant Governor Jim Tressel, and Team NEO CEO Matt Dolan.

## Always Be An Insider, Stay Connected!

Official Social Media Pages









#### **Facebook Pages:**

@BeachwoodOH
@BeachwoodPolice
@BeachwoodFire
@BeachwoodOHRec
@BeachwoodPublicWorks
@BarkwoodDogPark

#### X Accounts:

- @BeachwoodOH @BeachwoodPolice
- Instagram Account: @BeachwoodOhio
- LinkedIn Account:
  @CityOfBeachwood

Michelle Nizen Named Principal of Bryden Elementary and Fairmount Early Childhood Center

eachwood City Schools is pleased to announce the appointment of Michelle Nizen as the next principal of Bryden Elementary and Fairmount Early Childhood Center.

Michelle joins Beachwood from Aurora City Schools, where she served as principal of Leighton Elementary School since 2020. At Leighton, she oversaw the day-to-day operations of the building, supported student academic and social-emotional development, developed and implemented state-mandated PBIS systems of school-wide support, and built strong relationships with families and the community.

Prior to her time in Aurora, Michelle was principal at Jordak Elementary in the Cardinal School District and an assistant principal at McKinley Elementary in the Fairport Harbor School District. She spent the first 13 years of her career in education as a kindergarten and first-grade teacher in Fairport Harbor.

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"We are excited to welcome Michelle as the next principal of Bryden Elementary and Fairmount Early Childhood Center," Superintendent Dr. Robert Hardis said. "She is an outstanding leader with multiple experiences that have prepared her for this role. Michelle's dedication to student success and strong commitment to creating a positive environment make her an excellent fit for our school community."

"I love the diversity of the Beachwood community and the celebration of each student as an individual," Michelle said. "It is exciting to work alongside educational professionals who possess the same high standards for excellence, a love of learning, a keen sense of professionalism, and a desire to keep our students at the center of all we do."

Michelle is excited to lead the Bryden and Fairmount communities, noting that the care, support, and shared passion for doing what is best for students is inspiring.

"I am looking forward to building relationships and getting to know all of our students, staff, and families," Michelle said. "I'm excited to support our students and staff in continuing to provide high-quality instruction and safe, supportive, and nurturing learning environments that support the whole child. Beachwood is a special community where everyone supports one another in creating the best educational experience for our learners."

Michelle is a graduate of John Carroll University with



a Bachelor of Arts Degree in Early Childhood Education and Reading Endorsement. She went on to earn Master's degrees in Curriculum and Instruction and Educational Administration from Ashland University.

"It is exciting to work alongside educational professionals who possess the same high standards for excellence, a love of learning, a keen sense of professionalism, and a desire to keep our students at the center of all we do."

- Michelle Nizen

## Jewish Federation of Cleveland to Launch 2026 Campaign for Jewish Needs with Super Sunday Kickoff on September 7

The Jewish Federation of Cleveland will launch the 2026 Campaign for Jewish Needs on Sunday, Sept. 7, with a Super Sunday Kickoff event for the entire community. The Campaign for Jewish Needs is the Cleveland Jewish community's annual fundraising campaign that provides the critical dollars necessary to help keep our diverse, local community safe, strong, and welcoming, as well as serve the needs of the global Jewish community.

This year, Super Sunday Kickoff attendees will:

- Join hundreds of community members make their own pledge and help fundraise on behalf of the Campaign
- Participate in family friendly activities
- Enjoy kosher food

Super Sunday Kickoff will take place from 10 a.m. to 4 p.m. at the Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building (25701 Science Park Drive in Beachwood). Attendees can come to the event for a few hours or all day as their schedule allows.



The Federation is the only organization in Cleveland that considers the needs of the Jewish community as a whole and plans for its future. Ninety-one cents of each dollar donated goes directly to the

community. The 2026 Campaign for Jewish Needs will conclude on Dec. 10, 2025.

For more information or to register, visit www.jewishcleveland.org.

## BEACHWOOD CITY SCHOOLS

Developing Intellectual Entrepreneurs with a Social Conscience



## **Beachwood Schools Receives Best Communities** for Music Education Award

For the 20th consecutive year, the Beachwood City School District has been honored with the Best Communities for Music Education designation from The National Association of Music Merchants (NAMM) Foundation for its outstanding commitment to music education.

Now in its 25th year, the award program recognizes outstanding efforts by teachers, administrators, parents/ guardians, students and community leaders who have made music education part of a well-rounded education.

"This award is not only a recognition of excellence in the classroom, but also of the support provided by the District and the entire Beachwood community," said Shelley McKenzie, Beachwood Music/Choir teacher. "Thank you to everyone for the efforts in teaching, supporting, and promoting our musicians."

Beachwood is one of just 53 districts in Ohio to receive this year's award and one of 935 honored throughout the country.



**Back-to-School Celebration** August 10 | 3:00-5:00 p.m.

A Seat at the Table September 17 | 5:45 - 8:45 p.m.

**Homecoming Football Game** 

September 26 | vs. Brooklyn, 7:00 p.m.



**VIEW THE FULL CALENDAR** 

www.beachwoodschools.org/calendar

## **Student Entrepreneurs Wrap Up Record Breaking Hope Heroes Program**

Students from 10 local high schools participating in the Excel TECC Marketing/Junior Achievement program at Beachwood High School concluded their Hope Heroes initiative with a dedication ceremony on May 20 at District Gallery in the Van Aken District.

Launched to support critically ill children through the power of facility and service dogs, Hope Heroes raised \$228,000, surpassing their original goal of \$200,000. This marks the largest total raised by a group in the 19-year history of the Junior Achievement Program. At the campaign's grand finale event, students announced donations to the following organizations:

- \$50,000 to University Hospitals in support of a Facility Dog for Rainbow Babies and Children's Hospital.
- \$50,000 to Akron Children's Hospital in support of the K9 Facility Dog Program.
- \$50,000 to Wags 4 Kids in support of two Service Dogs.
- \$15,000 to Metro Health in support of the Loving Paws Therapy Dog Program.

Students managed all aspects of the campaign, including budget planning, organizing events, sponsorship sales, and branding. To bring the campaign mascot to life, students partnered with District Gallery and artist Josh Mayhem, creator of the "Blown Away Balloon Dog," which was featured on all Hope Heroes branding and merchandise. Limited-edition balloon dog sculptures were presented to top-level donors at the grand finale event, helping celebrate their role in making the vision of Hope Heroes a reality.

Led by Greg Perry, Marketing/Junior Achievement teacher at Beachwood High School, the Junior Achievement program has contributed a collective \$1.9 million to various community and social causes over nearly two decades.



#### **BOARD OF EDUCATION MEMBERS**

Megan Walsh, President  $\cdot$  (216) 287-4657  $\cdot$  mwalsh@beachwoodschools.org Kim Allamby, Vice President  $\cdot$  (216) 533-3358  $\cdot$  kimallamby@beachwoodschools.org Dr. Josephine Chan · (216) 235-1129 · jchan@beachwoodschools.org Rini Ghosh · (631) 629-9441 · rghosh@beachwoodschools.org Wendy Leatherberry • (216) 409-2211 • wleatherberry@beachwoodschools.org



beachwoodschools.org

## **Destination Imagination Teams Perform at Globals**

Four Beachwood Destination Imagination (DI) teams had the opportunity to compete at the Global Finals in Kansas City, Missouri, on May 22-25. The young innovators competed with more than 600 other teams from around the world, culminating a year of creative challenges in science, technology, engineering, arts, and community service. Led by advisors Tara Warner and Shelly Lewis, Beachwood sent two middle school and two Hilltop teams to Globals this year.

"We are so proud of all the hard work and dedication that each of our teams put in throughout the year, and the support we received from so many people," Warner said. "This year's competition was particularly fierce and each team should feel proud because they gave their best effort."

## **Beachwood Schools Celebrate Arbor Day with Tree Plantings**



Beachwood City Schools celebrated Arbor Day with treeplanting celebrations that brought together students of all ages. These ceremonies showcased a commitment to the city's status as a Tree City USA community.

At Beachwood High School, students planted four trees that are native to Ohio — Hornbeam, Yellowwood, Tupelo, and River Birch—completing the final step in earning the prestigious Tree Campus K-12 designation from the Arbor Day Foundation. Led by Environmental Sciences teacher Marquiza Russell, and supported by the City of Beachwood and the PTO, the event showcased student research in tree identification, soil chemistry, and carbon sequestration. Student speakers highlighted the year's environmental learning and the benefits of trees in the ecosystem.

Preschool students at Fairmount Early Childhood Center also had their day to celebrate, gathering to plant trees near the Beachwood Community Center. The students planted four trees - Hot Wings Maple, American Hornbeam, Heritage Oak, and Sienna Glen Maple. Joined by Mayor Justin Berns and other city leaders, the students learned fun facts about trees and sang a tree-themed song before helping to shovel soil around the new trees.



- O.A.T.S., a seventh grade team, earned an exceptional sixth place finish out of 43 teams in Improvisational. Team members are Oscar Liang, Athena Yu, Tanishka Singh, and Sophia Wang.
- · DI3, a sixth grade team of Julianna Chan, Nam Nguyen, and Joshua Holt, came in 20th place out of 43 teams in Improvisational.
- · Living Dangerous, a fifth grade team of Emily Su, Olivia Chen, Leah Wang, Cindy Sun, Khloe Wang, and Audrey Mischick, came in 17th place out of 33 teams in Engineering.
- The fourth grade team of Geoffrey Lane, Johnny Zhai, Hansen Zhang, Iris Liu, and Jacob Holt placed placed 24th out of 33 teams in Engineering.

# BOARD OF EDUCATION NEWS



#### **Recent Resolutions**

- Approved certification of the 2025 Beachwood High School graduates.
- Approved appointment of Michelle Nizen as principal of Bryden Elementary and Fairmount Early Childhood Center.

#### **Upcoming Board Actions**

- Approve 2025-2026 bus routes.
- Hear update from Transportation Department.
- · Approve calendar for 2027-2028 school year.

#### **Board Meeting Calendar**

- August 11 @ 7:00 p.m.
- August 25 @ 7:00 p.m.



## **VIEW AGENDAS** & MINUTES

www.beachwoodschools.org/BOE

## **BEACHWOOD CITY SCHOOLS**

Developing Intellectual Entrepreneurs with a Social Conscience

## **Spring Sports Recap**

The spring athletics campaign was a memorable one for Beachwood's student-athletes as they delivered standout performances and set new records throughout the season. From the track to the diamond and courts, Bison student-athletes showed growth and excellence, earning multiple accolades while representing their school and community.

#### **Track and Field**

The 2025 track and field season was one for the record books at Beachwood High School, as the Bison made their mark at the Ohio High School Athletic Association (OHSAA) Track and Field Championship with historic performances that included a state title in one event and state runner-up finish in another en route to a seventh place finish in Division II.

Headlining the appearance at the state meet was the girls 4x200-meter relay team, who sprinted to a state championship with a time of 1:39.40. The gold-medal team consisted of freshmen K'Dyn Harris-Tate, Meena Abdul-Basser, and Kyrsten Ginn, and sophomore Marley Readance. The same quartet - along with support from alternate Ambyr Paul who ran one of the legs in the semifinals - clocked a 48.41 in the 4x100-meter relay to finish as the state runner-up.

Individually, Abdul-Basser earned a third place finish in the 400-meter run and finished 11th in the 200-meter dash, while Ginn placed eighth in the state in the 100-meter and 200-meter dashes. On the boys side, Levi Turell capped his career with a 12th place finish in the 400-meter run.

The state meet capped an exceptional season for the Bison. Both the boys and girls teams captured Chagrin Valley Conference (CVC) titles, marking the fifth straight conference title for the boys and third straight for the girls. Eleven student-athletes received First Team All-CVC honors, while Ginn and Turell were named CVC Most Valuable Performers.





#### **ADMINISTRATION**

Dr. Robert Hardis, Superintendent · (216) 464-2600 ext. 2201 · rph@beachwoodschools.org

Matthew Brown, Treasurer/Chief Financial Officer · (216) 464-2600 ext. 2211 · mbrown@beachwoodschools.org

Diana Maher, Assistant Treasurer · (216) 464-2600 ext. 2210 · dmaher@beachwoodschools.org

Dr. Ken Veon, Assistant Superintendent · (216) 464-2600 ext. 2202 · kev@beachwoodschools.org

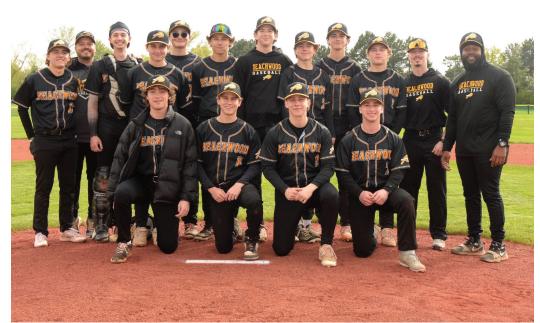
Dr. Jennifer Polak, Director of Pupil Services · (216) 464-2600 ext. 2215 · jpolak@beachwoodschools.org

Kevin Houchins, Director of Equity & Community Engagement · (216) 464-2600 ext. 2207 · kth@beachwoodschools.org

Dr. Linda LoGalbo, Director of Curriculum & Instruction · (216) 464-2600 ext. 2208 · lhl@beachwoodschools.org



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#### Baseball

Senior Josh Rosenblitt concluded his standout career as one of the most accomplished players in program history. He set BHS career records for wins (20), strikeouts (343), ERA (1.08), innings pitched (201) and was a three-time first team all-conference selection. Rosenblitt, who will continue at Oakland University, concluded his career with a spot on the Honorable Mention All-Ohio team. This marked his third selection to an All-Ohio team (2023, 2024, 2025). He was joined on the all-conference team this year by second team selections Ethan Malek and Caleb White, and honorable mention picks Gavi Lappen and Jacob Thomas.





#### **Boys Tennis**

The doubles team of Joseph Mo and Ari Synenberg led the Bison this spring with a fourth place finish at sectionals, which qualified the duo for the district tournament. As a team, the Bison placed fourth at the Chagrin Valley Conference tournament as Jude Landes and Yasha Cohen both earned Honorable Mention All-CVC accolades. The team pulled off some big wins during the season, including triumphs over Youngstown Ursuline, West Geauga, Geneva, and Gilmour.

#### Softball

The Bison wrapped up another rewarding season, led by seniors Kelsey Cohen, Taylor Greer-Jones, and Rachel Wolf, who provided leadership and experience throughout the year. Sophomore Lily Grover earned First Team All-CVC honors, while junior Allie Rindsberg was recognized on the second team. Junior Mattie Spaller and sophomore Amaya Brown received Honorable Mention All-CVC honors for their strong contributions.

## **Beachwood Arts Council**

### Si and Shirley Wachsberger Arts Scholarship Award Recipient

Congratulations to Hailey
Kochis, this year's recipient of the
\$1,000 Si and Shirley Wachsberger
Arts Scholarship Award in Music.
Hailey, a Laurel School graduate,
will be attending the Conservatory
of Performing Arts at Baldwin
Wallace University, majoring

in piano performance with an emphasis in collaboration.

Pictured: Hailey Kochis, center, with the Wachsberger family, from left: Norm Pollack, Sue Pollack, Bob Wachsberger, Don Wachsberger, and Judi Wachsberger

## Pickleball for a Purpose

Find Your Voice Now, a nonprofit organization committed to helping women break free from personal and/or professional toxic relationships, invites you to support their efforts by participating in Pickleball for a Purpose, Sunday, Aug. 24, at Highland Heights Community Park.

This family-friendly event will bring together players,

sponsors, and community advocates for a day of fun, awareness, and fundraising.

Proceeds will directly fund the organization's outreach, curriculum development, support resources, and expansion of global partnerships. To register or for more information, visit www.findyourvoicenow.org.

Questions? Contact Annie at annie@findyourvoicenow.org or 440.591.8422.





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## BSF Seeks Board Members



The Beachwood Schools Foundation is looking for a few Beachwood residents to join its board of directors. Board members support BSF activities by raising money through community events, seeking new scholarship opportunities for students, and awarding grants through the Above and Beyond fund.

Interested residents should send an email to beachwoodschoolsfoundation@gmail.com, by Aug. 31, stating why they would like to participate in this role.

Questions? Contact Shana Wallenstein, president, at shanarene@gmail.com.



#### **Mandala Workshop**

#### Saturday, Sept. 27 • 10 a.m. - noon • Beachwood Community Center

Please join artist/author
Carolyn Frankel, who will
lead us in making our own
personal mandala or art that is
a representation of our inner
self. Described in the ancient
Sanskrit language of Hinduism
and Buddhism as a "circle,"
a mandala is traditionally a
geometric design or pattern that
is an expression of one's own
thoughts, emotions, and life.
As explained by one artist, it's

all about finding peace in the symmetry of the design and of the universe. \$20/BAC members; \$25/non-members. Please call 216.595.3400 by September 20 to register for the workshop.





Beachwood Arts Council is commemorating its 60th anniversary by raffling off a 14-karat, yellow gold FJ Kashi diamond circle pendant, valued at \$1,000. This gem features round, brilliant-cut diamonds weighing a combined total of .50 carats set in a prong setting.

Raffle entries cost \$10 for 10 entries and \$25 for 30 entries. The winning entry will be chosen on Saturday, Oct. 4.

Please scan the QR code and follow the link to purchase entries or visit http://go.rallyup.com/bac60.

Sales, which end Wednesday, Oct. 1, at 6 p.m., help support the intergenerational art activities sponsored by Beachwood Arts Council.





## When Pain Takes Over, We Help You Take Back Control

hen you're in pain, your quality of life can decrease dramatically – affecting everything from work and hobbies to your relationships and mood. But having a painful condition doesn't mean you have to live with discomfort every day.

At University Hospitals Beachwood Medical Center, our pain management specialists are dedicated to helping you find relief. We offer state-of-the-art treatments and patient education for both acute (sudden) and chronic (long-lasting) pain.

As part of a leading academic health system, UH Beachwood provides access to innovative therapies and advanced pain management techniques you won't find anywhere else in Northeast Ohio.

"We believe that no one should have to live with debilitating pain," said Samer Narouze, M.D., Ph.D., Chief of the Division of Pain Medicine at University Hospitals. "At UH, we're dedicated to exploring every innovative avenue and tailoring our approach to each individual, ensuring the safest and most effective path to lasting comfort."



Melinda Lawrence, M.D.

#### **Meet Our Pain Management Specialists**

ur team at UH Beachwood includes nationally recognized physicians with advanced training in anesthesiology, physical medicine, behavioral health, and addiction medicine:

- Salim Hayek, M.D., Ph.D. Expert in minimally invasive pain interventions focused on restoring function.
- Melinda Lawrence, M.D. Provides comprehensive care for chronic pain, with expertise in advanced interventional and neuromodulation techniques.
- Elinor Naor, M.D. Specializes in personalized diagnostics and long-term pain management strategies.
- Samer Narouze, M.D., Ph.D. Leader in innovative interventional procedures for spine, head, and face pain.



Samer Narouze, M.D., Ph.D.

#### How UH Beachwood Pain Management Can Help You

- Personalized treatment plans tailored to your specific condition and lifestyle
- Advanced noninvasive and minimally invasive therapies
- Support for both physical and psychological aspects of pain
- Focus on minimizing opioid use with careful monitoring
- Convenient appointments in-person and virtually

#### **Common Conditions Treated**

- Chronic back, neck, and joint pain
- Neuropathic and nerve-related pain
- · Post-surgical and injury-related pain
- Arthritis and musculoskeletal disorders
- Headache and face pain
- · Complex regional pain syndrome

**Learn more about Pain Management** in the Beachwood area by visiting uhhospitals.org/BeachwoodPain or by scanning the QR code. To make an appointment, please call 216.844.3771.



## Reprogramming the Art World One Piece At a Time

oah Mitchell, Beachwood High School class of 2013, didn't set out to become a pioneer in digital art. His first passion was music. He enrolled in a digital art class thinking it would complement his interest in audio engineering – and unexpectedly found himself drawn into the visual side of creativity. The class introduced him to the power of designing visuals with the use of computer coding, and it lit a new spark.

After trade school, where he studied audio engineering, Noah continued creating digital graphics for fun. Then, one day, he noticed artists online talking about selling their digital work through blockchain-based platforms. He applied to one, was accepted, and began selling his digital art, with payment in cryptocurrency like Bitcoin and Ethereum. It was the only job he could get at the time – and it launched a career.

Noah then founded Chonkly.com, a next-generation digital art platform that was built from the ground up after he experienced limitations of early digital art marketplaces. What sets Chonkly apart isn't just its sleek interface or support for crypto payments – it's the technical and philosophical DNA behind it.

On Chonkly, artists from around the world can upload their creations, sell them using cryptocurrency, and reach a global audience without needing a bank account or a tech team.

The platform empowers everyone, everywhere, to create – from total beginners to seasoned pros. Whether you want to launch your first gallery or explore 3D files with audio, Chonkly makes it possible.

Noah explained that digital art is no longer limited to screensavers or gaming avatars. From interactive holograms to animated digital art pieces, it's changing how we experience creativity. You can now hang digital works on a smart TV, display them on a tablet, or immerse yourself in them via augmented and virtual reality.

For a younger generation already used to purchasing in-game items and digital collectibles, it's a natural evolution.

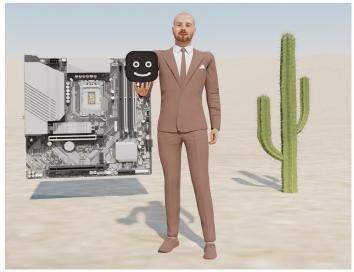
Chonkly then takes this a step further: every piece of art is verified on the Ethereum blockchain, which means each one has a digital ID tied to its creator. No forgeries. No guesswork. Just transparency, security, and easy monetization.

What sets Chonkly apart isn't just its sleek interface or support for crypto payments – it's the technical and philosophical DNA behind it.

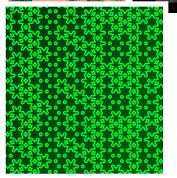
Artists on Chonkly can offer limited editions and experiment with new file types that include motion, interactivity, or audio. Noah has invented file formats that allow for unique combinations, pushing the boundaries of digital art.

With Al integration, even those with little to no coding experience can generate, enhance, and publish their creations. The platform also teaches users basic programming principles through interactive art tools, helping users bridge creativity and technology in a fun way that is not intimidating.

Noah believes that, with Al, software is going through a renaissance and Chonkly is right at the center of it. "This is about money, art, and learning," he said, "If you can monetize your work, it makes you want to learn more.







"It's a rare fusion of art, technology, and accessibility that was coded to create something that didn't yet exist," he added.

Noah is now working with individuals who have been marginalized or overlooked by traditional systems, including a homeless man who he befriended. Noah then gifted a tablet to the man to help him build his own brand to post on the Chonkly platform.



"Anyone can upload art as easily as they can post on Facebook," Noah said. "And it's not just about art. It's about Al and keeping up with the times. Those who don't keep up with technology will fall way behind."

Behind the scenes, Noah – who sometimes uses his alter ego name of Dingus Chadstein – continues to push the limits of what's possible when creativity meets tech. He also uses this name to post his own art, which can be viewed on the site.

To learn more, visit www.chonkly.com: Simple tools. Global reach. Digital art for everyone, everywhere.

#### Maltz Museum Special Exhibition Exploring the Migrant Experience at the U.S./Mexico Border to Open on Sept.18

Photographer Tom Kiefer's El Sueño Americano / The American Dream will be on view at the Maltz Museum from Sept. 18, 2025, through Feb. 16, 2026. Kiefer's stilllife photographs of the countless "non-essential" or "potentially lethal"items confiscated from migrants bring humanity to the viewer. The exhibition features nearly 300 works, along with a revealing selection of migrant belongings. For the first time, the exhibition will also feature works from contemporary Mexican American artist Elizabeth Z. Pineda.

Kiefer's contemporary still-life photographs feature the personal possessions of migrants and asylum seekers that U.S. Border Patrol agents confiscated and discarded from 2003 to 2014. Although the names and stories of the migrants are unknown, each photograph evokes a unique story bound to the lost owners of the objects. Through his lens, Kiefer provides a forum for discussions on borders, humanity, and the lengths people will go to for a better life.

Elizabeth Z. Pineda is a multidisciplinary artist, originally from Mexico City. Her work explores complex issues related to immigration, identity, displacement, and migrant

deaths in the Arizona desert. Her film, Ceremonia from the Sin Nombre en Esta Tierra Sagrada, which honors the thousands of migrant lives lost in the Arizona desert, will be shown alongside artworks from her Maíz series of cyanotype prints on corn husks and Reverencia series of printed silk banners documenting migrant deaths in the desert.

"El Sueño Americano tells a part of the migration story that many people never see. This exhibition uniquely humanizes the experience that takes place when people leave their lives behind in pursuit of the American dream," said Aaron Petersal, executive director of the Maltz Museum. "Many immigrants must give up connections to the past on their journey, and those objects tell their stories - about who they are and what is important to them. Kiefer's photography, alongside Pineda's imagery and artwork, asks visitors to consider what it is to give up everything for a chance at a better life."

The installation includes nearly 300 works of art distributed through 12 sections. Visitors will also encounter a reflection space, where they can process the exhibition and explore ways to take action.

#### **Additional Programs**

#### Writing Workshop: Full Circle -Stories in the Making

Wednesday, July 30 • 6-8:30 p.m. Part workshop, part open mic, this event celebrates the belief that everyone has a story to share.

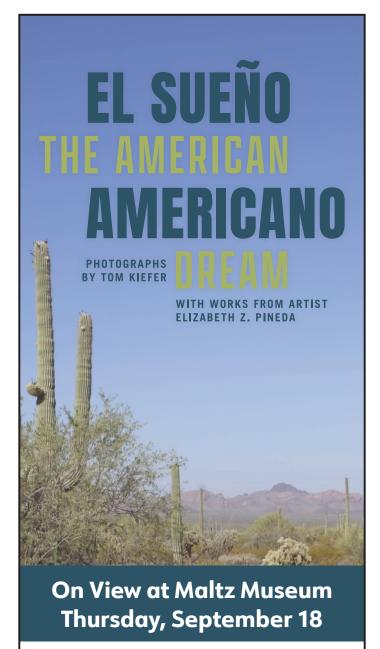
#### **Fighting Antisemitism with** Ballet: Oy, Mi Genté!

Wednesday, Aug. 13 • 7-8:30 p.m. Discover how one Jewish dance artist is working to create an atmosphere of acceptance through ballet.

#### A Summer of Jewish Cinema

Wednesday, Aug. 27 • 6:30 p.m. Second Chorus (1940), starring Fred Astaire and Artie Shaw, music by Artie Shaw, produced by Boris Morros, from a story by Ben Hecht, with art direction from Boris Leven.

For details about these events and a full listing of programming at Maltz Museum, visit maltzmuseum.org/calendar.



Photographer Tom Kiefer's El Sueño Americano / The American Dream documents the migrant experience at the U.S./Mexico border.

For the first time, the exhibition will also feature works from contemporary Mexican American artist Elizabeth Z. Pineda.

Open to the public on September 18 visit maltzmusuem.org for more info

2929 Richmond Rd., Beachwood, OH 44122

## Bertman Celebrates 100 Years of Flavor and Tradition

t all started with a tangy, golden mustard crafted in a garage on East 147th Street. A century later, Bertman Original Ball Park Mustard is still spicing up Northeast Ohio – a monumental achievement for an iconic family-owned brand.

Founded in 1925 by Joe Bertman, a Polish immigrant with a knack for spice blends and a love of baseball, Bertman Original Ball Park Mustard was started in his garage. Bertman Foods Co. was then created, and grew from a modest food distribution business into a Cleveland icon. Today, Bertman's signature brown mustard is inseparable from the experience of cheering on Cleveland sports teams. You can find Bertman all through Progressive Field and Rocket Arena.

Since 2014, that legacy lives on under the Mintz family ownership, whose mission is to preserve the flavor and heart of the Bertman brand while expanding its reach to new generations.

"Bertman Foods is more than iust mustard," said Michael Mintz, CEO. "It's Sunday afternoons at the ballpark and family cookouts, and it is the taste of Cleveland history. Our mission is to keep this history alive."

Over the past decade, Bertman Foods has updated operations while maintaining the original recipe that made Bertman mustard famous. The iconic mustard is now sold in grocery stores across the Midwest, and served in stadiums, delis, diners, and golf courses that know a hot dog isn't complete without it.

To kick off their centennial celebration, Michael had the great honor of throwing out the first pitch on May 11, at the Phillies vs. Guardians' game. Plus, in December, Bertman will be recognized by The Western Reserve Historical Society as part of its 100 Year Club.

True to its roots, the company remains headquartered in Cleveland, where it all began.

"Reaching 100 years is not just about longevity - it's about love, community, and flavor that stands the test of time," said Michael. "I'm proud to share this story, which has brought smiles to millions of people over the past century."

Bertman mustard was one of the original vendors at League Park and Cleveland Municipal Stadium, and is now served at Progressive Field, Rocket Arena, Universal Studios (Orlando and Hollywood), Goodyear Park (Arizona), and the National Mustard Museum, in Wisconsin.

As the mustard's reach grows, so does its popularity in marinades, salad dressings, and many other recipes. Rachael Ray called it "the best mustard on the planet," and Michael Symon uses it as a main ingredient for his Mabel's BBQ sauce. Bertman also won a gold medal in the spicy brown category at the Napa Valley Worldwide Mustard Competition.

"Our goal is to continue being a Cleveland and national favorite, to continue helping families make memories as they share a hot dog at the ballpark, and to continue being a key ingredient for favorite recipes at home," said Michael. "We also created a

Bertman Foods offers its Original Ball Park Mustard, Original **Great Lakes Brewing Company** Mustard, and Original Horseradish Sauce at many local grocery stores, local Walmarts, and Amazon.

For more information on Bertman Foods and to view their free seasonal recipe books, visit bertmanballparkmustard.com.

"Reaching 100 years is

longevity - it's about

love, community, and

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not just about

test of time."

- Michael Mintz, CEO



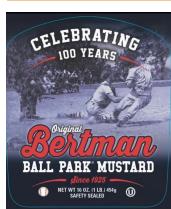
centennial label and have some zesty new recipes in the works stay tuned for the tangy details in the coming months."

Pleveland



Pictured, clockwise, from right: Michael throws out the first pitch at Progressive Field May 11; Bertman Foods unveils its centennial label; a classic article, published in 1976, that features Joe Bertman; and Michael with Moondog, one of the official mascots of the Cleveland Cavaliers.







# ump Start **Gymnastics**



Jump! Start Gymnastics offers gymnastics classes for boys and girls ages 4–17, welcoming all experience levels—from beginners learning developmental skills to athletes training for competitive gymnastics. Our programs provide a fun and supportive environment for children to explore gymnastics for the first time, build on existing skills, or lay a strong foundation for competition. At Jump! Start Gymnastics, we believe that gymnastics is for everyone. It's a fantastic way to develop physical fitness, improve coordination for all sports, and support overall children's health.

#### DEVELOPMENTAL CLASSES

Twister Classes | Ages 20 months-6 years

Little Twisters (with adult)

Age: 20 months-31/2 yrs | Length: 45 min

The Little Twisters class is geared toward children 2-3 years old participating with an adult caregiver. During the 45 minute class, the students are introduced to basic gymnastics skills and shapes in fun and energized atmosphere. They develop their motor and social skills while utilizing appropriately sized equipment.

#### Swinging Twisters Age: 3-41/2 yrs | Length: 1 hr

The Swinging Twisters class for children begins with fun, fast-paced stretching and warm-ups. During the hour-long class, students are introduced to basic gymnastic positions and skills utilizing appropriately sized gymnastics equipment. The students rotate through stations involving obstacle courses that are fun, easy to follow, and centered around skill progression

#### Tumbling Twisters Age: 4-51/2 vrs | Length: 1.25 hr

The Tumbling Twisters class for children begins with a fun, fast-paced warm-up designed to promote. It is geared towards 4- to 5-year-olds who are ready for a slightly longer class. The class focuses on gymnastic elements, shapes, skills, and strength while utilizing appropriately sized equipment. The class rotations are obstacle courses based on fun, proper progression, skill acquisition, and school readiness preparation.

#### Supersonic Twisters Age: 5-6 vrs | Length: 1.25 hr

The Supersonic Twisters class for boys & girls. The class is focused on developing gymnastics elements, shapes, skills, and strength on appropriately sized equipment. The fundamental gymnastic skills learned serve as the foundation for physical fitness, coordination in all sports, and readiness, as well as the Flips for Boys & Girls program.

#### Flip & Twist Transitional Class Age: 6-8 yrs | Length: 1.25 hr

The Flip & Twist Transitional class for girls focuses on developing gymnastics elements, shapes, skills, and strength, transitioning between the Twister & Flip Program. Fundamental gymnastic skills learned are the base for physical fitness, coordination for all sports & readiness for the Flips Girls program

#### **GymSkills for Boys** Age: 5-7 yrs | Length: 1.25 hrs

The GymSkills for Boys class focuses on developing strength, flexibility, and coordination through learning fundamental skills on floor, vault, parallel bars, and Tumble Track while building body awareness and agility and progressing from basic movements like rolls and handstands to more advanced skills like front & back handsprings

#### **DEVELOPMENTAL FLIPS CLASSES**

Ages 7-17 years old

**GymSkills for Boys** 

Age: 7-12 yrs | Length: 1.25 hrs

The GymSkills for Boys class focuses on developing strength, flexibility, and coordination through learning fundamental skills on floor, vault, parallel bars, and Tumble Track while building body awareness and agility and progressing from basic movements like rolls and handstands to more advanced skills like front &

#### Flips for Girls: Beginner & Intermediate Age: 7-10 yrs | Length: 1.25 hrs

Whether you're looking for a new activity or have been active in gymnastics for years, Flips For Girls is perfect for girls ages 7 and over who love gymnastics! Our encouraging coaches work with the girls to help them establish a strong foundation of skills in all areas of gymnastics. The gymnasts will be instructed on all the Olympic events (floor, beam, vault, and bars) and our 50-foot Tumble Trak. From beginner to advanced, this class is structured to meet the needs of all levels of gymnasts and work with them to help them reach their goals. Groups are organized by age and skill level.

#### Flip & Salute: Beginner & Intermediate Age: 10-17 yrs | Length: 1.25 hrs

The Flip & Salute class is similar to our Flips for Girls class, except everyone is 10 years or older! It is an excellent gymnastics class for beginners as well as experienced gymnasts. The class includes instruction on all the Olympic events (vault, bars, beam, and floor), but is structured with an emphasis on tumbling skills utilizing our 50-foot of Tumble Track trampoline, Air Trax, in-ground trampoline & spring loaded floor exercise mat!

#### Flip, Salute, & Medal: Advanced Gymnastic Class for Girls Age: 9-17 yrs | Length: 1.5 hrs / twice per week

Our encouraging coaches work with the girls to help them establish a strong foundation of skills, progressing to advanced skill sets in all gymnastic events. Flip, Salute, & Medal! Advanced Gymnastics class is for girls 9-17 years old and is geared toward athletes who want to commit to gymnastic practice 2 days a week & have mastered basic gymnastics skills. A skill evaluation is required before registering for this class.

#### Jump Stars: Prep-Team

#### Age: 6-12 yrs | Length: 1.5 hrs / twice per week

Our encouraging coaches work with the girls to help them establish a strong foundation of skills in all areas of gymnastics. The Jump Stars Team for Girls aged 6-12 years is geared toward the gymnast who would like to commit to gymnastic practice 2 days a week.

23700 Merantile Rd. • Beachwood • 216.896.0295 www.jsgymnastics.com · jsgymnastic@jsgymnastics.com

## Yarn Over Beachwood

Participants of Yarn Over Beachwood knit, crochet, and loom items for different organizations and charities throughout Northeast Ohio. The group shares ideas, patterns, projects, websites, links to patterns, and more. Meetings are held the first Friday of each month from 10-11:30 a.m. at the Beachwood Library. Upcoming meetings are Aug. 1 and Sept. 5.

Participants create varied projects, including hats, scarves, bunnies, bears, lapghans, soap sacks, and more. Winter items are needed and yarn donations are always welcome.

Since YOB's inception in 2009, the group has donated over 13,750 items to more than 37 organizations – making a difference, one item at a time.

For more information or to donate yarn, contact Iris November at 216.375.9111 or lbrtyclub@gmail.com.



#### **Crocheted Jar Opener**

A new, easy, fun item to make is a crocheted jar opener, which provides a nonslip grip for opening jars. To make one, you'll need yarn, a crochet hook, and a shelf-liner material, cut into potholdersized squares. Start in one corner and single crochet around the square, double crochet, or get as fancy as you'd like!

## Beachwood FOPA Lodge 88 Awards Annual Scholarship

Beachwood FOPA Lodge 88 is proud to award annual scholarships to the children of Beachwood Police Department employees who plan to further their education at an accredited college, university, or institution.

Congratulations to this year's \$500 scholarship recipient, Jack Korinek, son of Capt. John Korinek of the Detective Bureau.

"We asked students to write an essay explaining why they would be a strong candidate for the award," said Rob Marimberga, president of FOPA Lodge 88. "Our goal is to recognize a student who demonstrates academic excellence, community service, and leadership."

Jack opened his essay by writing: "No one truly deserves anything in life, but I believe we can earn opportunities through hard work, integrity, and staying true to the values that shape us. That belief is what guides me in everything I do, and it's why I'm applying for this scholarship."

He concluded with: "My own goals are rooted in both ambition and family. I've always dreamed of starting my own business – not to chase money or status, but because I want to build something meaningful that can support the life I want to create. Receiving this scholarship would not only help me financially, but it would also give me more freedom to focus on what really matters:

growing as a person, following my faith, serving others, and building the future I've always envisioned. Thank you for your time and consideration. I'm excited for what lies ahead, and I'm committed to using every opportunity, including this one, to grow, give back, and lead with purpose."

Congratulations, Jack! We wish you continued success in all your endeavors.



*Pictured from left:* Police Chief Dan Grispino, Beth Korinek, Jack Korinek, Capt. John Korinek, and Rob Marimberga, Beachwood FOPA Lodge 88 president.

Photo by Scott Morrison, Discovery Photo.

## Thank You Letter

Thank you, Beachwood Buzz, for your excellent coverage of the Community-wide Tikkun Leil Shavuot, presented by B'nai Jeshurun Congregation on June 1 and 2. This 12-hour celebration and study program was successful due to the community-wide partnerships



Rabbi Scott Roland, Shaarey Tikvah, co-sponsor.

that reflect the continuum of Jewish life and identity in Northeast Ohio. Thank you to the 24 co-sponsoring organizations and 35 teachers, many located in Beachwood. Five hundred people atended in-person and there were 350 views of the streaming classes. We look



Participants Rachel and Richard Berkowitz, Ruth Dobres, and Robert Berkowitz.

forward to partnering again for next year's Community-wide Tikkun, which will take place on Thursday, May 21, 2026.

Sincerely, Harriet Rosenberg Mann, chair, Community-wide Tikkun Leil Shavuot Committee



Cantor Kathryn Sebo, Congregation Mishkan Or, co-sponsor.



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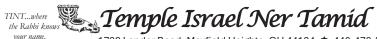
**Religious School Tuition** 

Our hamish congregation believes so strongly in Jewish education, we offer it at no cost\* for members in good standing for their children and grandchildren.

Your child will flourish in an environment that's fun and supportive, with teachers dedicated to nurturing our Jewish heritage...all in our new Religious School wing that features state-of-the-art technology, new classrooms, a children's library, atrium and more.

For membership & Religious School registration, please call 440-473-5120. The 2025-2026 school year begins on Sunday, August 24th.

Matthew Eisenberg, Rabbi • Mark Friedman, President • Chaia Teomi, Religious Education Director



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## From the Beachwood Chamber of Commerce

#### Upcoming Events • For complete details, visit www.beachwood.org

**Beachwood Chamber Luncheon** 

Sponsored by City of Beachwood and Crestmont Cadillac

Wednesday, Aug. 20 • 11:30 a.m. - 1 p.m.

Heck's Cafe • 3355 Richmond Rd. Members: \$25 • Non-members: \$35

Enjoy networking and a presentation about business fraud and prevention, by the Cleveland office of the FBI.

To register, visit www.beachwood.org.

Wednesday, Sept. 17 • 4:30-6:30 p.m.

Crestmont Automotive/Crestmont Cadillac • 26000 Chagrin Blvd.

Members: No charge • Non-members: \$10

Cleveland Marriott East • Details to follow!

Join us for networking and to see the newest cars that Cadillac has to offer.

Save the Date! Spirit of Success Awards • Wednesday, Dec. 3

**Networking After Five** 

## Friday Food Trucks Are Back!

Brought to you by the Beachwood Chamber of Commerce • Hosted by Buy Rite Office Products

23715 Mercantile Rd. 11:30 a.m. - 1:30 p.m.



Join us every Friday at this weekly lunchtime event that brings the community together over great eats and company.

Each week, a rotating lineup of popular food trucks rolls in with something for everyone. It's the perfect opportunity to discover new local flavors, support small

businesses, and enjoy the lively vibe of outdoor dining. Whether you're meeting friends, mingling with colleagues, or just grabbing a bite solo, we invite you to network with fellow professionals, meet new faces, and connect with the Beachwood business

community. Picnic tables are available, or feel free to bring your own folding chair and soak up the sunshine.

Come hungry, leave happy, and make Fridays the tastiest day of your week. For more information, contact Michelle at 216.292.7112.

## Boos, Brunch & Bingo

**Beachwood Schools** Foundation invites you to attend Boos, Brunch & Bingo on Sunday, October 26, 10 a.m., at Cleveland Marriott East at Harvard Park.

Boos, Brunch & Bingo offers the perfect blend of spooky spirit and school pride. Make some hocus pocus happen for Beachwood - your gift funds

the real magic: student success. Sponsorships are available. For details, visit https://tinyurl.com/ BoosBrunchBingo.



## History Book Club

he History Book Club, originally held at the Beachwood Library, is alive and well in its 16th year. The group meets virtually, every six weeks, and is free and open to all. New members are always welcome – with no participation requirements. The club has an exciting and eclectic list of titles, author visits, and other surprises on the horizon.

For the Zoom link and to be put on the email list, contact Margaret Reardon at margaretreardon22@ gmail.com or 216.272.4277.

Tuesday, Aug. 26 • 7 p.m. Opus: The Cult of Dark Money, Human Trafficking and Right-Wing Conspiracy Inside the

Catholic Church, by Gareth Gore Tuesday, Oct.

7 • 7 p.m. Feeding Ghosts: A Graphic Memoir, by Tessa Hulls

Boarding Schools, by Mary Annette Pember

## Picture-Perfect Family Memoir Scrapbooks

By Arlene Fine

f memory is a paradise in which we can never be turned away, then Iris November has put out the welcome mat.

The Beachwood resident has recently published a series of memory stimulating children's scrapbooks, Goodnight, Shoebox; Laila Tov, Shoebox; and Buenas Noches, Shoebox – the same books, each with a different focus.

Each softcover memoir activity book includes 26 individual pages for children to write a paragraph or draw a picture about their favorite person (mother, dad, grandparent, sibling, teacher, aunt, uncle, babysitter, etc.). The page beside it includes ample room to attach a photo of that person.

"The idea is for children to connect with the important people in their lives they might not see every day, and to know a story about them," said Iris. "The book is also a powerful way for children with disabilities or people experiencing memory loss to see their loved ones' faces whenever they want."

Iris developed the Goodnight, Shoebox concept based on her own experience. Her granddaughter, Holland, who lived in New York, was given a shoebox briming with memoryladen pictures by Iris's daughter, Anita. The shoebox was filled with family photos that Anita and Holland looked at every evening at bedtime.

"Before she went to sleep, Anita would tell Holland a story about every person in the shoebox and then Holland would pick up each picture and say goodnight," said Iris. "Even though we lived far apart, my granddaughter faithfully said goodnight to me each evening. You can't imagine how special that was to me, and I wanted others to experience that same kind of joyful connection."

The positive feedback Iris has received from her books validates her belief in the importance of passing down family history. "Sharing and preserving family history is a treasure to the next generation,"

Reaching out to help others is nothing new to the 92-yearold philanthropic Beachwood resident. The founder of the Yarn Over Beachwood knitting club, Iris and her close-knit team of crafters have made thousands of



Author Iris November with the three memoir activity scrapbooks she wrote to encourage the sharing of family history.

items to give to people in need locally and internationally. These include warm blankets, winter hats and scarves, crocheted sacks that hold a bar of fresh soap, and "get a grip" jar openers with a crocheted border.

Whether she is creating the series of memory keepsake books or knitting warm caps for inner city kids, Iris continues to follow her personal philosophy, "to help one child helps many, much like a ripple in a pond," she said.

The Goodnight, Shoebox series can be purchased on Amazon or by contacting Iris directly at lbrtyclub@gmail.com.

"The idea is for children to connect with the important people in their lives they might not see every day, and to know a story about them," said Iris. "The book is also a powerful way for children with disabilities or people experiencing memory loss to see their loved ones' faces whenever they want."

## Select Programs at the Beachwood Library

#### **AARP Presentation: Downsizing and Decluttering**

Monday, Aug. 4 • 2-3 p.m. Learn about organizing and how streamlining your things could help you feel happier, less stressed, and more productive. Register at https://attend. cuyahogalibrary.org/ event/13545845

#### Through the Eyes of the Artist: **Edgar Degas**

Friday, Aug. 8 • 10-11 a.m. Join art historian Felicia Zavarella-Stadelman as she presents on the life and works of French artist Edgar Degas. Register at https://attend. cuyahogalibrary.org/ event/13179349

#### **Author Brandy Shillace**

Thursday, Aug. 14 • 7-8 p.m. Join author Brandy Schillace as she discusses her latest novel,

The Dead Come to Stav. Register at https://attend. cuyahogalibrary.org/ event/14001718

#### Female Composers of the **Great American Songbook** with Debbie Darling

Friday, August 15 • 2-3

Enjoy a musical journey through the lives and hits of little-known women whose works contributed to the Great American Songbook. Register at https://attend. cuyahogalibrary.org/ event/13102634



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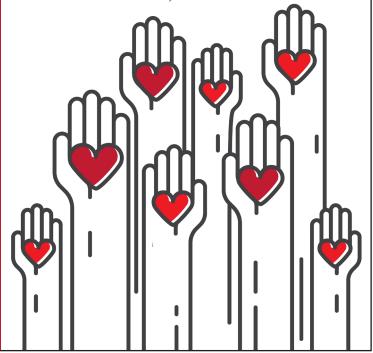


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